

The Clockwork Charitable Trust

Registered Number 1181923



Working for the mental well-being of young people

Trustees' Annual Report for 2025

The Clockwork Charitable Trust

Trustees' Annual Report for the period from 1st January 2025 to 31st December 2025.

Charity's Registration Number: 1181923

Charity's principle address: 4 Field Court, Oxted, Surrey RH8 0PD

Structure, Governance and Management

The Clockwork Charitable Trust ("Clockwork") is a Charitable Incorporated Organisation ("CIO") governed by a Constitution.

The names of the four Trustees, each of whom served throughout 2025, are as follows:

Matthew Hayes

Peter Green

Robin Sundt

Kelly Doughty

Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Clockwork's Constitution and full range of current Policies are available on our website:

http://www.clockwork.org.uk/policy_docs/

Clockwork is a member of the British Association for Counselling and Psychotherapy (BACP) and the National Council for Voluntary Organisations (NCVO).

Objectives and Activities

The objectives of the charity set out in its governing document are as follows:

To relieve the needs of the young people suffering from mental health in Oxted, Surrey and surrounding district by:-

1. The relief of financial hardship, in particular but not exclusively, by the provision of financial assistance so that they can access counselling and other mental health services.
2. The preservation and protection of good physical and mental health such as peer support listening to such people in need.



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Summary of the main activities in relation to those objectives:

Clockwork provides free one-to-one counselling to young people in the Oxted area. In addition, Clockwork provides free to the students one-to-one counselling in Oxted School, one of the largest secondary schools in Surrey. Clockwork is currently providing 25 counselling sessions per week during term time.

The provision of counselling in the local area and within Oxted School helps to alleviate significant problems resulting from unacceptably long waiting lists for support from NHS sources. This provides a significant public benefit and helps families and individuals to cope with mental health issues.

While, by definition, the provision of one-to-one counselling hopefully provides benefits to the individual concerned, the Trustees confirm that the provision of such counselling addresses, and goes some way to alleviating, a public need for better mental health support for individuals, families and the general community and, as such, conforms with Charity Commission Guidance on Public Benefit.

Financial Review

On 31st December 2025, the Charity's bank balance was £111,171.(2024 £113,548.57) held in unrestricted funds. The Charity has no restricted or endowment funds and has no other assets. During the year, Clockwork received £38,683 (2024 £38,063), all in the form of donations plus £30,473 as income from Charitable Activities (2024 £28,780). Administrative expenses for the year amounted to a total of £5,377 (2024 £4,357) and charitable expenditure on counselling for the year was £67,720 (2024 £59,540). Clockwork has only one part time hourly paid administrator whose total remuneration in 2025 was £2,745 (2024 £2,205).

Clockwork has a "Reserves" policy which stipulates that the Charity's reserves must not be allowed to drop below the expected net expenditure for the next 12 months. Currently the charity's reserves significantly exceed the anticipated cost for 2026.

An income and expenditure account is attached, along with the Examiner's Report.

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During 2025, the Charity continued to provide counselling to young people in the Oxted area through our contracted counsellors. Expenditure on this local counselling amounted to £20,595 in 2025 (2024: £16,925). In March and June 2025, Clockwork recruited two additional counsellors to provide additional counselling in the local community in the newly opened "Hub" in Oxted's Master Park. It is planned to increase this availability as demand continues to increase.



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In contrast to NHS mental health services, which have waiting times measured in multiple months, Clockwork has typically been able to provide access to one-to-one counselling sessions for young people within one to two weeks.

Clockwork continues to provide significant levels of one-to-one counselling within Oxted School, one of the largest Secondary Schools in Surrey. Clockwork now has five counsellors working in the School providing an average of 25 sessions per week in the School. Regular meetings with the School Principal and the Safeguarding team ensure close communication and feedback.

At the conclusion of every series of sessions with a young person, we send out a confidential feedback form. Some comments received from parents include:

"They've been so helpful for his wellbeing, and he seems to be making some progress, particularly with being able to articulate what he finds difficult about attending school. His mood is also improving because he feels supported and heard."

"I can't thank you enough. Navigating all of this has been difficult for all of us, and you have been one of the few positives we've come across."

Clockwork enters into a written contract with each independent counsellor to provide as many sessions as they are happy to fit into their busy workload (typically three to eight per week). Clockwork pays the counsellors a commercial rate and provides the counsellors with comprehensive information about the individuals who are referred to them through a confidential database system.

The total cost to Clockwork of providing counselling services in 2025 was £67,720 (2024: £59,540). During 2025, Oxted School made a significant contribution towards that cost of £30,473 (2024: £28,780).

Clockwork does not receive any government funding, and so we are totally reliant on the generosity and efforts of those who donate to us, and raise money in our name, to be able to continue our work helping young people in the local community.

During 2025, Clockwork received a number of significant donations for which we are extremely grateful. Total donations received in 2025 amounted to £38,683 (2024: £38,063). Significant donations were received from NFU Mutual, the United Reformed Church, Marshall Wace, George Trapp, the Royal Warrant Holders Assn, Oxted School, Titsey Trail 10k, the Hare & Hounds, Titsey Rotary Club and the North Downs Drummers. These donations have enabled Clockwork to expand our counselling capacity in 2025 without reducing our reserves.

In 2023, Clockwork produced a video, which can be viewed on our website at clockwork.org.uk or on YouTube at <https://youtu.be/YeQRs7l4FVk>. The video features music from the Queens of the Stone Age album "Like Clockwork", used with their support and approval and features three of Clockwork's Trustees talking about their experiences.

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All Clockwork's policies, our constitution, and details of our Trustees and Advisors are available on our website and we regularly update our website and our social media accounts with our latest news and information. We always welcome correspondence, enquiries and feedback by email.

Email: enquiries@clockwork.org.uk

Facebook: [@clockworkcharity](https://www.facebook.com/clockworkcharity)

Instagram: [@clockworkoxted](https://www.instagram.com/clockworkoxted)

Website: www.clockwork.org.uk

Counselling enquiries: support@clockwork.org



Section A

Independent Examiner's Report

Report to the trustees

The Clockwork Charitable Trust

On accounts for the year
ended

31st December 2025

Charity no
(if any)

1181923

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2025.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

9/7/26

Name:

Matthew Griffiths

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

27 Barrow Green Road

Oxted Surrey RH8 0NJ

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Charity Name The Clockwork Charitable Trust		No (if any) 1181923	
Receipts and payments accounts			
CHARITY COMMISSION FOR ENGLAND AND WALES	For the period from	To	Period end date 31/12/2025
	CC16a		

Section A Receipts and payments				
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Donations	38,683	-	-	38,683
Interest	1,564	-	-	1,564
Income from Charitable Activities	30,473	-	-	30,473
Sub total(Gross income)	70,720	-	-	70,720
A2 Asset and investment sales (see table).	-	-	-	-
Sub total	-	-	-	-
Total receipts	70,720	-	-	70,720
				67,807



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A3 Payments

Administration	2,996	-	-	2,996	2,205
Subscriptions	295	-	-	295	312
Insurance	505	-	-	505	491
Internet & Software	1,095	-	-	1,095	1,071
Fundraising Costs	486	-	-	486	278
Charitable Activities - Counselling	67,720	-	-	67,720	59,540
Sub total	73,097	-	-	73,097	63,897

A4 Asset and investment

purchases (see table)	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments

73,097	63,897
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Net of receipts/(payments)

(2,377)	3,091
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A5 Transfers between funds

-	-
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A6 Cash funds last year end

113,548	109,638
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Cash funds this year end

111,171	113,548
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Section B Statement of assets and liabilities at the end of the period

Categories

Details

B1 Cash funds

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Lloyds Current A/C	58,644	-	-
Lloyds Saving A/C	52,527	-	-
Barclays Bank	0	-	-
Total cash funds	111,171	-	-

(agree balances with receipts and payments account(s))

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
Details	Fund to which asset belongs	Cost (optional)	Current value (optional)



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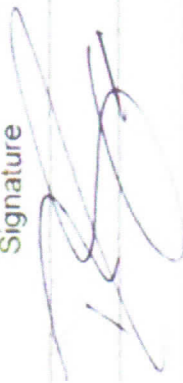
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B4 Assets retained for the
charity's own use

B5 Liabilities

Signed by one or two trustees on
behalf of all the trustees

Details			
	Fund to which liability relates	Amount due (optional)	When due (optional)

Signature	Print Name	Date of approval
	Robin Sundt	23/03/2026