



Trustees' Annual Report for 2023

The Clockwork Charitable Trust

Trustees' Annual Report for the period from 1st January 2023 to 31st December 2023.

Charity's Registration Number: 1181923

Charity's principle address: 4 Field Court, Oxted, Surrey RH8 0PD

Structure, Governance and Management

The Clockwork Charitable Trust ("Clockwork") is a Charitable Incorporated Organisation ("CIO") governed by a Constitution.

The names of the four Trustees, each of whom served throughout 2023, are as follows:

Matthew Hayes

Peter Green

Robin Sundt

Kelly Doughty

Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Clockwork's Constitution and full range of current Policies is available on our website:

http://www.clockwork.org.uk/policy_docs/

Clockwork is a member of the British Association for Counselling and Psychotherapy (BACP) and the National Council for Voluntary Organisations (NCVO).

Objectives and Activities

The objectives of the charity set out in its governing document are as follows:

To relieve the needs of the young people suffering from mental health in Oxted, Surrey and surrounding district by:-

1. The relief of financial hardship, in particular but not exclusively, by the provision of financial assistance so that they can access counselling and other mental health services.
2. The preservation and protection of good physical and mental health such as peer support listening to such people in need.



Trustees' Annual Report for 2023

Summary of the main activities in relation to those objectives:

Clockwork provides free one-to-one counselling to young people in the Oxted area. In addition, Clockwork provides free to the students one-to-one counselling in Oxted School, one of the largest secondary schools in Surrey, that is currently providing 22 sessions per week during term time.

The provision of counselling in the local area and within Oxted School helps to alleviate significant problems resulting from unacceptably long waiting lists for support from NHS sources. This provides a significant public benefit and helps families and individuals to cope with mental health issues.

While, by definition, the provision of one-to-one counselling hopefully provides benefits to the individual concerned, the Trustees confirm that the provision of such counselling addresses, and goes some way to alleviating, a public need for better mental health support for individuals, families and the general community and, as such, conforms with Charity Commission Guidance on Public Benefit.

Financial Review

On 31st December 2023, the charity's bank balance was £109,638.38 (2022 £100,757.14) held in unrestricted funds. The charity has no restricted or endowment funds and has no other assets. During the year, Clockwork received £41,123.97 (2022 £22,658.25), all in the form of donations plus £23,294 as income from Charitable Activities (2022 £Nil). Administrative expenses for the year amounted to a total of £3,489 (2022 £3,091) and the cost of counselling for the year was £52,048 (2022 £24,577). Clockwork has only one part time hourly paid administrator whose total remuneration in 2023 was £2,105 (2022 £880).

An income and expenditure account is attached along with the Examiner's Report.

Trustees' Annual Report

During 2023, the charity continued to provide counselling to young people in the Oxted area through our four contracted counsellors. Expenditure on this counselling amounted to £23,394 in 2023 (2022: £15,243). Much of this increase was as a result of increased costs per session, so the number of sessions was about 400 in 2023 (2022: 380) or approximately 7.7 sessions per week. In contrast to NHS mental health services, which have waiting times measured in multiple months, Clockwork has typically been able to provide access to one-to-one counselling sessions for young people within one to two weeks.

As reported in last year's Trustees' Report, in November 2022 the in-house counselling facility in Oxted School ceased to function due to the resignation of the manager and counsellors who were providing the counselling leaving the School with almost no counselling or in-house mental health



Trustees' Annual Report for 2023

support. Clockwork had been providing a grant to Oxted School to fund additional counselling sessions but this grant terminated when the counselling stopped.

Clockwork held a series of meetings with the School Principal and the School Safeguarding Team to see what could be done to help the School in both the short term and the long term. As a result, Clockwork was able to recruit qualified counsellors who could be contracted to Clockwork to work within the School to provide a certain number of counselling sessions in the School each week. It is difficult to find suitably qualified counsellors to work with young people and those that do exist are extremely busy, often with waiting lists of their own. However, by contracting for a limited number of sessions each week, Clockwork was able to find three suitable counsellors who began work in Oxted School in February 2023 doing 12 sessions per week. This gradually increased until, by the middle of the summer term, Clockwork had four counsellors in the School providing 22 sessions per week. That level of service continues.

The total cost to Clockwork of providing counselling services in 2023 was £52,047 (2022: £24,577). During 2023, Oxted School made a significant contribution towards that cost of £23,294 (2022: Nil), so the net cost of counselling to Clockwork in 2023 was £28,753.

At the beginning of 2023, Clockwork did not know if it would be possible to recruit suitable counsellors to help Oxted School, nor how much it would cost. However, the Trustees agreed that the clear public need justified the potential expenditure in the short and medium term given the existing reserves of the charity. The Trustees believed that it was better to use the available funds to further our charitable objectives rather than keep the funds sitting in the bank. In the end, the project has been incredibly successful and the funding put on a sustainable basis for the future, with no small thanks due to the support from Oxted School. Clockwork also instituted a "Reserves" policy that the charity's reserves must not be allowed to drop below the expected net expenditure for the next 12 months. Currently the charity's reserves are more than double the anticipated cost for 2024.

Clockwork does not receive any government funding, and so we are totally reliant on the generosity and efforts of those who donate to us, and raise money in our name, to be able to continue our work helping young people in the local community.

During 2023, Clockwork received a number of significant donations for which we are extremely grateful. Total donations received in 2023 amounted to £41,124 (2022: £22,658), a significant increase on previous years mainly in the form of individual donations including £9,664 through CAF. Significant donations were also received from NFU Mutual, Tandridge District Council, Miss Kelly Doughty and Mr. Philip Vowles, Alex Jones, the Royal Warrant Association, Marshall Wallace, Oxted URC, George Trapp and Mr. Reed. These donations have enabled Clockwork to significantly expand our counselling capacity in 2023 without reducing our reserves

In 2023, Clockwork produced a video, which can be viewed on our website at clockwork.org.uk or on YouTube at <https://youtu.be/YeQRs7l4FVk>. The video features music from the Queens of the Stone Age

The Clockwork Charitable Trust

Registered Number 1181923



Trustees' Annual Report for 2023

Working for the mental well-being of young people

album "Like Clockwork", used with their support and approval and features three of Clockwork's Trustees talking about their experiences.

All Clockwork's policies, our constitution, and details of our Trustees and Advisors are available on our website and we regularly update our website and our social media accounts with our latest news and information. We always welcome correspondence, enquiries and feedback by email.

Email: enquiries@clockwork.org.uk

Facebook: [@clockworkcharity](https://www.facebook.com/clockworkcharity)

Instagram: [@clockworkoxted](https://www.instagram.com/clockworkoxted)

Website: www.clockwork.org.uk

Counselling enquiries: support@clockwork.org

~~Examiner's Report is pending...~~



Charity Name
The Clockwork Charitable Trust

Report Period
2023

Receipts and payments accounts

CC16a



CHARITY COMMISSION
FOR ENGLAND AND WALES

For the period
from

01/01/2023

To

31/12/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	41,124	-	-	41,124	20,342
Events	-	-	-	-	2,316
Income from Charitable Activities	23,294	-	-	23,294	-
Sub total (Gross income)	64,418	-	-	64,418	22,658
A2 Asset and investment sales (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	64,418	-	-	64,418	22,658

The Clockwork Charitable Trust

Registered Number 1181923

Trustees' Annual Report for 2023



Working for the mental well-being of young people

A3 Payments

Administrator	1,505	-	-	1,505	880
Subscriptions	389	-	-	389	302
Insurance	463	-	-	463	322
Internet & Software	733	-	-	733	857
Fundraising Costs	399	-	-	399	730
Charitable Activities - Counselling	52,048	-	-	52,048	24,577
Sub total	55,537	-	-	55,537	27,668

A4 Asset and investment purchases (see table)

	-	-	-	-	
Sub total	-	-	-	-	-

Total payments

55,537	-	-	55,537	27,668
---------------	----------	----------	---------------	---------------

Net of receipts/(payments)

8,881	-	-	8,881	(5,010)
--------------	----------	----------	--------------	----------------

A5 Transfers between funds

-	-	-	-	-
---	---	---	---	---

A6 Cash funds last year end

100,757	-	-	100,757	105,767
----------------	----------	----------	----------------	----------------

Cash funds this year end

109,638	-	-	109,638	100,757
----------------	----------	----------	----------------	----------------



Working for the mental well-being of young people

Section B Statement of assets and liabilities at the end of the period

Section D Other monetary assets

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Barclays New A/C	573	-	-
	Barclays Old A/C	1,069	-	-
	Lloyds A/C	107,996	-	-
	Total cash funds	109,638	-	-
(agree balances with receipts and payments account(s))				
B2 Other monetary assets	Details	-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)



Trustees' Annual Report for 2023

Working for the mental well-being of young people

B4 Assets retained for the charity's own use

		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Robin Sundt	31/05/2024



Section A

Independent Examiner's Report

Report to the trustees

The Clockwork Charitable Trust

On accounts for the year
ended

31st December 2023

Charity no
(if any)

1181923

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

29/4/24

Name:

Matthew Griffiths

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

27 Barrow Green Road

Oxted Surrey RH8 0NJ

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.