



Trustees' Annual Report for 2022

The Clockwork Charitable Trust

Trustees' Annual Report for the period from 1st January 2022 to 31st December 2022.

Charity's Registration Number: 1181923

Charity's principle address: 24A Station Road West, Oxted, Surrey RH8 9EP

Structure, Governance and Management

The Clockwork Charitable Trust ("Clockwork") is a Charitable Incorporated Organisation ("CIO") governed by a Constitution.

The names of the four Trustees, each of whom served throughout 2022, are as follows:

Matthew Hayes

Peter Green

Robin Sundt

Kelly Doughty

Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Clockwork's Constitution and full range of current Policies is available on our website:

http://www.clockwork.org.uk/policy_docs/

Clockwork is a member of the British Association for Counselling and Psychotherapy (BACP).

Objectives and Activities

The objectives of the charity set out in its governing document are as follows:

To relieve the needs of the young people suffering from mental health in Oxted, Surrey and surrounding district by:-

1. The relief of financial hardship, in particular but not exclusively, by the provision of financial assistance so that they can access counselling and other mental health services.
2. The preservation and protection of good physical and mental health such as peer support listening to such people in need.



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Summary of the main activities in relation to those objectives:

Clockwork provides free counselling to young people in the Oxted area. In addition, Clockwork provided a grant to Oxted School that enabled the School to increase its in-house counselling from three days per week to five days per week during 2022.

The provision of counselling in the local area and within Oxted School helps to alleviate significant problems resulting from unacceptably long waiting lists for support from NHS sources. This provides a significant public benefit and helps families and individuals to cope with mental health issues.

While, by definition, the provision of one-to-one counselling hopefully provides benefits to the individual concerned, the Trustees confirm that the provision of such counselling addresses, and goes some way to alleviating, a public need for better mental health support for individuals, families and the general community and, as such, conforms with Charity Commission Guidance on Public Benefit.

Financial Review

On 31st December 2022, the charity's bank balance was £100,757.14 (2021 £105,766.90) held in unrestricted funds. The charity had no restricted or endowment funds and had no other assets. During the year, Clockwork received £22,658.25 (2021 £31,779.88), £2,316 from Clockwork events and the remainder in the form of donations.

An income and expenditure account is attached along with the Examiner's Report.

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During 2022, the charity continued to provide counselling to young people in the Oxted area through our four contracted counsellors. This provided approximately 380 counselling sessions in 2022 (2021: 390) or approximately 7.3 sessions per week. In contrast to NHS mental health services, which have waiting times measured in multiple months, Clockwork has typically been able to provide access to one-to-one counselling sessions for young people within one to two weeks.

In addition, Clockwork continued to provide a grant to Oxted School to enable the School to increase its provision of one-to-one in-house counselling in the School from three days per week to five days per week in term time.

Unfortunately, in November 2022 the in-house counselling facility in Oxted School ceased to function due to the resignation of the manager and counsellors who were providing the counselling. As the Clockwork grant to the School was conditional upon the provision of five days counselling within the School, the grant was suspended and then cancelled. This left the School with almost no counselling or in-house mental health support.



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Working for the mental well-being of young people

Clockwork held a series of meetings with the School Principal and the School Safeguarding Team to see what could be done to help the School in both the short term and the long term. As a result, Clockwork started to try to recruit counsellors who could be contracted to Clockwork to work within the School to provide counselling in the School. It is difficult to find suitably qualified counsellors to work with young people and those that do exist are extremely busy, often with waiting lists of their own.

Happily, Clockwork was able to find three suitably qualified counsellors who started to provide counselling within the School in February 2023 at the rate of 12 sessions per week, equivalent to approximately 2.5 days per week. Discussions with the School are ongoing to see if it is possible to increase this facility in 2023.

The total cost to Clockwork of providing counselling services in 2022 was £24,577 (2021: £23,051). With the addition of three more counsellors, the cost of counselling in 2023 is likely to increase significantly and may exceed the current annual level of donations. However, the Trustees agree that the clear public need justifies the increased expenditure in the short and medium term given the significant reserves of the charity. We believe that it is better to use the available funds to further our charitable objectives rather than keep the funds sitting in the bank.

Clockwork does not receive any fixed central or local authority funding, and so we are totally reliant on the generosity and efforts of those who donate to us, and raise money in our name, to be able to continue our work helping young people in the local community.

During 2022, Clockwork received a number of significant grants and donations for which we are extremely grateful. These have enabled us to expand our counselling capacity going into 2023. Total donations received in 2022 amounted to £22,658.25 (2021: £31,779.80), including £2,316 from Clockwork events. The underlying level of donations in 2022 remained consistent with previous years. The reduction in total donations in 2022 was mainly due to one very large donation of £10,000 in 2021 that was a one off only contribution.

All Clockwork's policies, our constitution, and details of our Trustees and Advisors are available on our website and we regularly update our website and our social media accounts with our latest news and information. We always welcome correspondence, enquiries and feedback by email.

Email: enquiries@clockwork.org.uk

Facebook: [@clockworkcharity](https://www.facebook.com/clockworkcharity)

Instagram: [@clockworkoxted](https://www.instagram.com/clockworkoxted)

Website: www.clockwork.org.uk

Counselling enquiries: support@clockwork.org



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees	The Clockwork Charitable Trust		
On accounts for the year ended	31 st December 2022	Charity no (if any)	1181923
Set out on pages			

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:  **Date:** 6/9/23

Name: Matthew Griffiths

Relevant professional qualification(s) or body (if any): FCCA

Address: 27 Barrow Green Road
Oxted Surrey RH8 0NJ



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Section B	Disclosure
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Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



The Clockwork Charitable Trust	1181923
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Receipts and payments accounts

CC16a



CHARITY COMMISSION
FOR ENGLAND AND WALES

For the period from	01/01/2022	To	31/12/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	20,342	-	-	20,342	31,780
Events	2,316	-	-	2,316	-
Sub total (Gross income for AR)	22,658	-	-	22,658	31,780
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	22,658	-	-	22,658	31,780

The Clockwork Charitable Trust

Registered Number 1181923



Working for the mental well-being of young people

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A3 Payments

Administration	880	-	-	880	800
Professional Subscriptions	302	-	-	302	287
Insurance	322	-	-	322	357
Internet and Software	857	-	-	857	736
Fundraising Costs	730	-	-	730	222
Charitable Counselling	24,577	-	-	24,577	23,052
	-	-	-	-	-
Sub total	27,668	-	-	27,668	25,454

A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments	27,668	-	-	27,668	25,454
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Net of receipts/(payments)	- 5,010	-	-	- 5,010	6,326
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	105,767	-	-	105,767	99,441



<i>Cash funds this year end</i>	100,757	-	-	100,757	105,767
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Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	100,757	-	-
		-	-	-
	Total cash funds	100,757	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-

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Working for the mental well-being of young people

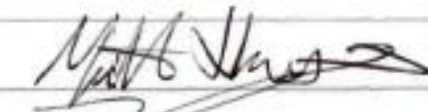
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Matthew Hayes	26/04/23
	Robin Sundt	26/04/23