

THE CLOCKWORK CHARITABLE TRUST

England & Wales · Charity number 1181923

Details

Status Registered

Legal form CIO

Registered 2019-02-07

Register [View on the Charity Commission register](#)

Contact

Address 4 Field Court
Oxted
Surrey
RH8 0PD

Phone 07958343233

Email enquiries@clockwork.org.uk

Website clockwork.org.uk

Activities

Objects: TO RELIEVE THE NEEDS OF THE YOUNG PEOPLE SUFFERING FROM MENTAL HEALTH IN OXTED, SURREY AND SURROUNDING DISTRICT BY:1. THE RELIEF OF FINANCIAL HARDSHIP, IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF FINANCIAL ASSISTANCE SO THAT THEY CAN ACCESS COUNSELLING AND OTHER MENTAL HEALTH SERVICES 2. THE PRESERVATION AND PROTECTION OF GOOD PHYSICAL AND MENTAL HEALTH SUCH AS PEER SUPPORT LISTENING TO SUCH PEOPLE IN NEED

Activities: To relieve the needs of the young people suffering from mental health in Oxted, Surrey and surrounding district by the relief of financial hardship, by the provision of financial assistance so that they can access counselling and other mental health services and the preservation and protection of good physical and mental health, such as peer support listening to such people in need.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People

Geography

- Surrey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£70,720	£73,097	-	-
2024-12-31	£67,807	£63,897	-	-
2023-12-31	£64,418	£55,537	-	-
2022-12-31	£22,658	£27,668	-	-
2021-12-31	£31,780	£25,454	-	-
2020-12-31	£20,162	£8,053	-	-

Trustees

Name	Role	Appointed
MATTHEW JAMES HAYES	Chair	2019-02-07
Kelly Dawn Doughty		2021-10-12
Peter Green		2020-07-28
ROBIN CHARLES SUNDT		2018-11-27

THE CLOCKWORK CHARITABLE TRUST

England & Wales - Charity number 1181923

Accounts

The Clockwork Charitable Trust

Registered Number 1181923



Working for the mental well-being of young people

Trustees' Annual Report for 2025

The Clockwork Charitable Trust

Trustees' Annual Report for the period from 1st January 2025 to 31st December 2025.

Charity's Registration Number: 1181923

Charity's principle address: 4 Field Court, Oxted, Surrey RH8 0PD

Structure, Governance and Management

The Clockwork Charitable Trust ("Clockwork") is a Charitable Incorporated Organisation ("CIO") governed by a Constitution.

The names of the four Trustees, each of whom served throughout 2025, are as follows:

Matthew Hayes

Peter Green

Robin Sundt

Kelly Doughty

Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Clockwork's Constitution and full range of current Policies are available on our website:

http://www.clockwork.org.uk/policy_docs/

Clockwork is a member of the British Association for Counselling and Psychotherapy (BACP) and the National Council for Voluntary Organisations (NCVO).

Objectives and Activities

The objectives of the charity set out in its governing document are as follows:

To relieve the needs of the young people suffering from mental health in Oxted, Surrey and surrounding district by:-

1. The relief of financial hardship, in particular but not exclusively, by the provision of financial assistance so that they can access counselling and other mental health services.
2. The preservation and protection of good physical and mental health such as peer support listening to such people in need.



Trustees' Annual Report for 2025

Summary of the main activities in relation to those objectives:

Clockwork provides free one-to-one counselling to young people in the Oxted area. In addition, Clockwork provides free to the students one-to-one counselling in Oxted School, one of the largest secondary schools in Surrey. Clockwork is currently providing 25 counselling sessions per week during term time.

The provision of counselling in the local area and within Oxted School helps to alleviate significant problems resulting from unacceptably long waiting lists for support from NHS sources. This provides a significant public benefit and helps families and individuals to cope with mental health issues.

While, by definition, the provision of one-to-one counselling hopefully provides benefits to the individual concerned, the Trustees confirm that the provision of such counselling addresses, and goes some way to alleviating, a public need for better mental health support for individuals, families and the general community and, as such, conforms with Charity Commission Guidance on Public Benefit.

Financial Review

On 31st December 2025, the Charity's bank balance was £111,171.(2024 £113,548.57) held in unrestricted funds. The Charity has no restricted or endowment funds and has no other assets. During the year, Clockwork received £38,683 (2024 £38,063), all in the form of donations plus £30,473 as income from Charitable Activities (2024 £28,780). Administrative expenses for the year amounted to a total of £5,377 (2024 £4,357) and charitable expenditure on counselling for the year was £67,720 (2024 £59,540). Clockwork has only one part time hourly paid administrator whose total remuneration in 2025 was £2,745 (2024 £2,205).

Clockwork has a "Reserves" policy which stipulates that the Charity's reserves must not be allowed to drop below the expected net expenditure for the next 12 months. Currently the charity's reserves significantly exceed the anticipated cost for 2026.

An income and expenditure account is attached, along with the Examiner's Report.

Trustees' Annual Report

During 2025, the Charity continued to provide counselling to young people in the Oxted area through our contracted counsellors. Expenditure on this local counselling amounted to £20,595 in 2025 (2024: £16,925). In March and June 2025, Clockwork recruited two additional counsellors to provide additional counselling in the local community in the newly opened "Hub" in Oxted's Master Park. It is planned to increase this availability as demand continues to increase.



Trustees' Annual Report for 2025

In contrast to NHS mental health services, which have waiting times measured in multiple months, Clockwork has typically been able to provide access to one-to-one counselling sessions for young people within one to two weeks.

Clockwork continues to provide significant levels of one-to-one counselling within Oxted School, one of the largest Secondary Schools in Surrey. Clockwork now has five counsellors working in the School providing an average of 25 sessions per week in the School. Regular meetings with the School Principal and the Safeguarding team ensure close communication and feedback.

At the conclusion of every series of sessions with a young person, we send out a confidential feedback form. Some comments received from parents include:

"They've been so helpful for his wellbeing, and he seems to be making some progress, particularly with being able to articulate what he finds difficult about attending school. His mood is also improving because he feels supported and heard."

"I can't thank you enough. Navigating all of this has been difficult for all of us, and you have been one of the few positives we've come across."

Clockwork enters into a written contract with each independent counsellor to provide as many sessions as they are happy to fit into their busy workload (typically three to eight per week). Clockwork pays the counsellors a commercial rate and provides the counsellors with comprehensive information about the individuals who are referred to them through a confidential database system.

The total cost to Clockwork of providing counselling services in 2025 was £67,720 (2024: £59,540). During 2025, Oxted School made a significant contribution towards that cost of £30,473 (2024: £28,780).

Clockwork does not receive any government funding, and so we are totally reliant on the generosity and efforts of those who donate to us, and raise money in our name, to be able to continue our work helping young people in the local community.

During 2025, Clockwork received a number of significant donations for which we are extremely grateful. Total donations received in 2025 amounted to £38,683 (2024: £38,063). Significant donations were received from NFU Mutual, the United Reformed Church, Marshall Wace, George Trapp, the Royal Warrant Holders Assn, Oxted School, Titsey Trail 10k, the Hare & Hounds, Titsey Rotary Club and the North Downs Drummers. These donations have enabled Clockwork to expand our counselling capacity in 2025 without reducing our reserves.

In 2023, Clockwork produced a video, which can be viewed on our website at clockwork.org.uk or on YouTube at <https://youtu.be/YeQRs7l4FVk>. The video features music from the Queens of the Stone Age album "Like Clockwork", used with their support and approval and features three of Clockwork's Trustees talking about their experiences.

The Clockwork Charitable Trust

Registered Number 1181923



Trustees' Annual Report for 2025

Working for the mental well-being of young people

All Clockwork's policies, our constitution, and details of our Trustees and Advisors are available on our website and we regularly update our website and our social media accounts with our latest news and information. We always welcome correspondence, enquiries and feedback by email.

Email: enquiries@clockwork.org.uk

Facebook: [@clockworkcharity](https://www.facebook.com/clockworkcharity)

Instagram: [@clockworkoxted](https://www.instagram.com/clockworkoxted)

Website: www.clockwork.org.uk

Counselling enquiries: support@clockwork.org



Section A

Independent Examiner's Report

Report to the trustees

The Clockwork Charitable Trust

On accounts for the year
ended

31st December 2025

Charity no
(if any)

1181923

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2025.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

9/7/26

Name:

Matthew Griffiths

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

27 Barrow Green Road

Oxted Surrey RH8 0NJ

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.



Charity Name The Clockwork Charitable Trust		No (if any) 1181923	
Receipts and payments accounts			
CHARITY COMMISSION FOR ENGLAND AND WALES	For the period from	To	Period end date 31/12/2025
			CC16a

Section A Receipts and payments				
		Unrestricted funds	Restricted funds	Endowment funds
		to the nearest £	to the nearest £	to the nearest £
A1 Receipts				
Donations	38,683	-	-	38,683
Interest	1,564	-	-	964
Income from Charitable Activities	30,473	-	-	28,780
Sub total(Gross income)	70,720	-	-	67,807
A2 Asset and investment				
sales (see table).	-	-	-	-
Sub total	-	-	-	-
Total receipts	70,720	-	-	67,807



Working for the mental well-being of young people

Trustees' Annual Report for 2025

A3 Payments

Administration	2,996	-	-	2,996	2,205
Subscriptions	295	-	-	295	312
Insurance	505	-	-	505	491
Internet & Software	1,095	-	-	1,095	1,071
Fundraising Costs	486	-	-	486	278
Charitable Activities - Counselling	67,720	-	-	67,720	59,540
Sub total	73,097	-	-	73,097	63,897

A4 Asset and investment purchases (see table)

	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments

	73,097	-	-	73,097	63,897
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Net of receipts/(payments)

	(2,377)	-	-	(2,377)	-
A5 Transfers between funds	-	-	-	-	3,091
A6 Cash funds last year end	113,548	-	-	113,548	109,638
Cash funds this year end	111,171	-	-	111,171	113,548

Section B Statement of assets and liabilities at the end of the period

Categories

Details

B1 Cash funds

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Lloyds Current A/C	58,644	-	-
Lloyds Saving A/C	52,527	-	-
Barclays Bank	0	-	-
Total cash funds	111,171	-	-

(agree balances with receipts and payments account(s))

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
Details	Fund to which asset belongs	Cost (optional)	Current value (optional)



Working for the mental well-being of young people

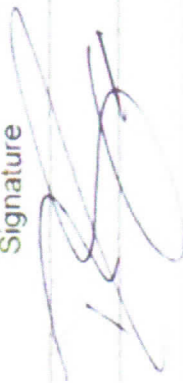
Trustees' Annual Report for 2025

**B4 Assets retained for the
charity's own use**

B5 Liabilities

Signed by one or two trustees on
behalf of all the trustees

Details			
	Fund to which liability relates	Amount due (optional)	When due (optional)

Signature	Print Name	Date of approval
	Robin Sundt	23/03/2026

THE CLOCKWORK CHARITABLE TRUST

England & Wales - Charity number 1181923

Accounts



Trustees' Annual Report for 2024

The Clockwork Charitable Trust

Trustees' Annual Report for the period from 1st January 2024 to 31st December 2024.

Charity's Registration Number: 1181923

Charity's principle address: 4 Field Court, Oxted, Surrey RH8 0PD

Structure, Governance and Management

The Clockwork Charitable Trust ("Clockwork") is a Charitable Incorporated Organisation ("CIO") governed by a Constitution.

The names of the four Trustees, each of whom served throughout 2024, are as follows:

Matthew Hayes

Peter Green

Robin Sundt

Kelly Doughty

Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Clockwork's Constitution and full range of current Policies are available on our website:

http://www.clockwork.org.uk/policy_docs/

Clockwork is a member of the British Association for Counselling and Psychotherapy (BACP) and the National Council for Voluntary Organisations (NCVO).

Objectives and Activities

The objectives of the charity set out in its governing document are as follows:

To relieve the needs of the young people suffering from mental health in Oxted, Surrey and surrounding district by:-

1. The relief of financial hardship, in particular but not exclusively, by the provision of financial assistance so that they can access counselling and other mental health services.
2. The preservation and protection of good physical and mental health such as peer support listening to such people in need.



Trustees' Annual Report for 2024

Summary of the main activities in relation to those objectives:

Clockwork provides free one-to-one counselling to young people in the Oxted area. In addition, Clockwork provides free to the students one-to-one counselling in Oxted School, one of the largest secondary schools in Surrey. Clockwork is currently providing 25 counselling sessions per week during term time.

The provision of counselling in the local area and within Oxted School helps to alleviate significant problems resulting from unacceptably long waiting lists for support from NHS sources. This provides a significant public benefit and helps families and individuals to cope with mental health issues.

While, by definition, the provision of one-to-one counselling hopefully provides benefits to the individual concerned, the Trustees confirm that the provision of such counselling addresses, and goes some way to alleviating, a public need for better mental health support for individuals, families and the general community and, as such, conforms with Charity Commission Guidance on Public Benefit.

Financial Review

On 31st December 2024, the Charity's bank balance was £113,548.57 (2023 £109,638.38) held in unrestricted funds. The Charity has no restricted or endowment funds and has no other assets. During the year, Clockwork received £38,063 (2023 £41,124), all in the form of donations plus £28,780 as income from Charitable Activities (2023 £23,294). Administrative expenses for the year amounted to a total of £4,357 (2023 £3,489) and charitable expenditure on counselling for the year was £59,540 (2023 £52,048). Clockwork has only one part time hourly paid administrator whose total remuneration in 2024 was £2,205 (2023 £1,505).

Clockwork has a "Reserves" policy which stipulates that the Charity's reserves must not be allowed to drop below the expected net expenditure for the next 12 months. Currently the charity's reserves significantly exceed the anticipated cost for 2025.

An income and expenditure account is attached, along with the Examiner's Report.

Trustees' Annual Report

During 2024, the Charity continued to provide counselling to young people in the Oxted area through our contracted counsellors. Expenditure on this local counselling amounted to £16,925 in 2024 (2023: £23,294). This decrease was due to losing one counsellor, who moved away from the area, and restrictions placed upon availability by another. As a result, Clockwork has moved to recruit additional counsellors to enable local counselling to be increased in 2025 with a target to double the availability of local community counselling by the end of 2025.



Trustees' Annual Report for 2024

In contrast to NHS mental health services, which have waiting times measured in multiple months, Clockwork has typically been able to provide access to one-to-one counselling sessions for young people within one to two weeks.

Clockwork continues to provide significant levels of one-to-one counselling within Oxted School, one of the largest Secondary Schools in Surrey. For the Spring and Summer terms, Clockwork provided an average of 22 sessions per week in the School. In the Autumn Term, Clockwork recruited an additional counsellor and increased counselling to 25 sessions per week with the approval and support of the School.

At the end of the Summer term the Oxted School Safeguarding Team wrote:

“We just wanted to formally write our gratitude to Clockwork for the phenomenal support they are providing our students. Clockwork provides one to one counselling for our students. Schools have struggled to be given the mental health support needed as many services have been cut over the years and services such as CAMHS have very long waiting lists. Clockwork have been a saviour to the students at our school. Working alongside the school to provide high quality and regular counsellors. The team of counsellors are incredible – so compassionate and professional.”

Clockwork's existing counselling in Oxted School has significantly reduced attempted suicides in the school and helped to improve the mental health of students. Clockwork intends to significantly increase our direct counselling in the community in the new Master Park “Hub” in Oxted, which is due to open in Spring 2025.

Clockwork enters into a written contract with each independent counsellor to provide as many sessions as they are happy to fit into their busy workload (typically three to eight per week). Clockwork pays the counsellors a commercial rate and provides the counsellors with comprehensive information about the individuals who are referred to them through a confidential database system.

The total cost to Clockwork of providing counselling services in 2024 was £59,540 (2023: £52,047). During 2024, Oxted School made a significant contribution towards that cost of £28,780 (2023: £23,294).

Clockwork does not receive any government funding, and so we are totally reliant on the generosity and efforts of those who donate to us, and raise money in our name, to be able to continue our work helping young people in the local community.

During 2024, Clockwork received a number of significant donations for which we are extremely grateful. Total donations received in 2024 amounted to £38,063 (2023: £41,124). Significant donations were also received from Croham Hurst Golf Club, The United Reformed Church, Schroeders, George Trapp, Tandridge District Council, The Broughton Family Charitable Trust, the Howard Partnership, Warlingham Horse Club, Titsey Rotary Club, Matthews of Oxted, M.J. Davies and both the Caterham and the

The Clockwork Charitable Trust

Registered Number 1181923



Trustees' Annual Report for 2024

Working for the mental well-being of young people

Godstone Lions Clubs. These donations have enabled Clockwork to expand our counselling capacity in 2024 without reducing our reserves.

In 2023, Clockwork produced a video, which can be viewed on our website at clockwork.org.uk or on YouTube at <https://youtu.be/YeQRs7I4FVk>. The video features music from the Queens of the Stone Age album "Like Clockwork", used with their support and approval and features three of Clockwork's Trustees talking about their experiences.

All Clockwork's policies, our constitution, and details of our Trustees and Advisors are available on our website and we regularly update our website and our social media accounts with our latest news and information. We always welcome correspondence, enquiries and feedback by email.

Email: enquiries@clockwork.org.uk

Facebook: [@clockworkcharity](https://www.facebook.com/clockworkcharity)

Instagram: [@clockworkoxted](https://www.instagram.com/clockworkoxted)

Website: www.clockwork.org.uk

Counselling enquiries: support@clockwork.org



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

The Clockwork Charitable Trust

On accounts for the year ended

31st December 2024

Charity no (if any)

1181923

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

23/7/25

Name:

Matthew Griffiths

Relevant professional qualification(s) or body (if any):

FCCA

Address:

27 Barrow Green Road

Oxted Surrey RH8 0NJ



Section B **Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

The Clockwork Charitable Trust

Registered Number 1181923



Working for the mental well-being of young people

Trustees' Annual Report for 2024

Charity Name The Clockwork Charitable Trust	No (if any) 1181923
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Receipts and payments accounts

CC16a



CHARITY COMMISSION
FOR ENGLAND AND WALES

For the period from	Period start date 01/01/2024	To	Period end date 31/12/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	38,063	-	-	38,063	41,124
Interest	964	-	-	964	-
Income from Charitable Activities	28,780	-	-	28,780	23,294
Sub total(Gross income)	67,807	-	-	67,807	64,418
A2 Asset and investment					
sales (see table).	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	67,807	-	-	67,807	64,418

The Clockwork Charitable Trust

Registered Number 1181923



Working for the mental well-being of young people

Trustees' Annual Report for 2024

A3 Payments

Administrator	2,205	-	-	2,205	1,505
Subscriptions	312	-	-	312	389
Insurance	491	-	-	491	463
Internet & Software	1,071	-	-	1,071	733
Fundraising Costs	278	-	-	278	399
Charitable Activities - Counselling	59,540	-	-	59,540	52,048
Sub total	63,897	-	-	63,897	55,537

A4 Asset and investment purchases (see table)	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments	63,897	-	-	63,897	55,537
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Net of receipts/(payments)	3,910	-	-	3,910	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	109,638	-	-	109,638	100,757
Cash funds this year end	113,548	-	-	113,548	109,638



Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Current A/C	62,585	-	-
	Lloyds Saving A/C	50,963	-	-
	Barclays Bank	0	-	-
	Total cash funds	113,548	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)



Trustees' Annual Report for 2024

Working for the mental well-being of young people

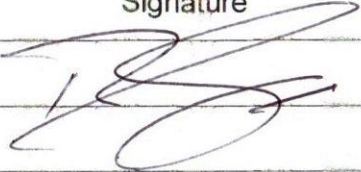
B4 Assets retained for the charity's own use

		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Robin Sundt	20/08/2025

THE CLOCKWORK CHARITABLE TRUST

England & Wales - Charity number 1181923

Accounts



Trustees' Annual Report for 2023

The Clockwork Charitable Trust

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While, by definition, the provision of one-to-one counselling hopefully provides benefits to the individual concerned, the Trustees confirm that the provision of such counselling addresses, and goes some way to alleviating, a public need for better mental health support for individuals, families and the general community and, as such, conforms with Charity Commission Guidance on Public Benefit.

Financial Review

On 31st December 2023, the charity's bank balance was £109,638.38 (2022 £100,757.14) held in unrestricted funds. The charity has no restricted or endowment funds and has no other assets. During the year, Clockwork received £41,123.97 (2022 £22,658.25), all in the form of donations plus £23,294 as income from Charitable Activities (2022 £Nil). Administrative expenses for the year amounted to a total of £3,489 (2022 £3,091) and the cost of counselling for the year was £52,048 (2022 £24,577). Clockwork has only one part time hourly paid administrator whose total remuneration in 2023 was £2,105 (2022 £880).

An income and expenditure account is attached along with the Examiner's Report.

Trustees' Annual Report

During 2023, the charity continued to provide counselling to young people in the Oxted area through our four contracted counsellors. Expenditure on this counselling amounted to £23,394 in 2023 (2022: £15,243). Much of this increase was as a result of increased costs per session, so the number of sessions was about 400 in 2023 (2022: 380) or approximately 7.7 sessions per week. In contrast to NHS mental health services, which have waiting times measured in multiple months, Clockwork has typically been able to provide access to one-to-one counselling sessions for young people within one to two weeks.

As reported in last year's Trustees' Report, in November 2022 the in-house counselling facility in Oxted School ceased to function due to the resignation of the manager and counsellors who were providing the counselling leaving the School with almost no counselling or in-house mental health



Trustees' Annual Report for 2023

support. Clockwork had been providing a grant to Oxted School to fund additional counselling sessions but this grant terminated when the counselling stopped.

Clockwork held a series of meetings with the School Principal and the School Safeguarding Team to see what could be done to help the School in both the short term and the long term. As a result, Clockwork was able to recruit qualified counsellors who could be contracted to Clockwork to work within the School to provide a certain number of counselling sessions in the School each week. It is difficult to find suitably qualified counsellors to work with young people and those that do exist are extremely busy, often with waiting lists of their own. However, by contracting for a limited number of sessions each week, Clockwork was able to find three suitable counsellors who began work in Oxted School in February 2023 doing 12 sessions per week. This gradually increased until, by the middle of the summer term, Clockwork had four counsellors in the School providing 22 sessions per week. That level of service continues.

The total cost to Clockwork of providing counselling services in 2023 was £52,047 (2022: £24,577). During 2023, Oxted School made a significant contribution towards that cost of £23,294 (2022: Nil), so the net cost of counselling to Clockwork in 2023 was £28,753.

At the beginning of 2023, Clockwork did not know if it would be possible to recruit suitable counsellors to help Oxted School, nor how much it would cost. However, the Trustees agreed that the clear public need justified the potential expenditure in the short and medium term given the existing reserves of the charity. The Trustees believed that it was better to use the available funds to further our charitable objectives rather than keep the funds sitting in the bank. In the end, the project has been incredibly successful and the funding put on a sustainable basis for the future, with no small thanks due to the support from Oxted School. Clockwork also instituted a "Reserves" policy that the charity's reserves must not be allowed to drop below the expected net expenditure for the next 12 months. Currently the charity's reserves are more than double the anticipated cost for 2024.

Clockwork does not receive any government funding, and so we are totally reliant on the generosity and efforts of those who donate to us, and raise money in our name, to be able to continue our work helping young people in the local community.

During 2023, Clockwork received a number of significant donations for which we are extremely grateful. Total donations received in 2023 amounted to £41,124 (2022: £22,658), a significant increase on previous years mainly in the form of individual donations including £9,664 through CAF. Significant donations were also received from NFU Mutual, Tandridge District Council, Miss Kelly Doughty and Mr. Philip Vowles, Alex Jones, the Royal Warrant Association, Marshall Wallace, Oxted URC, George Trapp and Mr. Reed. These donations have enabled Clockwork to significantly expand our counselling capacity in 2023 without reducing our reserves

In 2023, Clockwork produced a video, which can be viewed on our website at clockwork.org.uk or on YouTube at <https://youtu.be/YeQRs7I4FVk>. The video features music from the Queens of the Stone Age

The Clockwork Charitable Trust

Registered Number 1181923



Trustees' Annual Report for 2023

Working for the mental well-being of young people

album "Like Clockwork", used with their support and approval and features three of Clockwork's Trustees talking about their experiences.

All Clockwork's policies, our constitution, and details of our Trustees and Advisors are available on our website and we regularly update our website and our social media accounts with our latest news and information. We always welcome correspondence, enquiries and feedback by email.

Email: enquiries@clockwork.org.uk

Facebook: [@clockworkcharity](https://www.facebook.com/clockworkcharity)

Instagram: [@clockworkoxted](https://www.instagram.com/clockworkoxted)

Website: www.clockwork.org.uk

Counselling enquiries: support@clockwork.org

~~Examiner's Report is pending...~~



Charity Name
The Clockwork Charitable Trust

Report Period
2023

Receipts and payments accounts

CC16a



CHARITY COMMISSION
FOR ENGLAND AND WALES

For the period
from

01/01/2023

To

31/12/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	41,124	-	-	41,124	20,342
Events	-	-	-	-	2,316
Income from Charitable Activities	23,294	-	-	23,294	-
Sub total (Gross income)	64,418	-	-	64,418	22,658
A2 Asset and investment sales (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	64,418	-	-	64,418	22,658

The Clockwork Charitable Trust

Registered Number 1181923

Trustees' Annual Report for 2023



Working for the mental well-being of young people

A3 Payments

Administrator	1,505	-	-	1,505	880
Subscriptions	389	-	-	389	302
Insurance	463	-	-	463	322
Internet & Software	733	-	-	733	857
Fundraising Costs	399	-	-	399	730
Charitable Activities - Counselling	52,048	-	-	52,048	24,577
Sub total	55,537	-	-	55,537	27,668

A4 Asset and investment purchases (see table)

	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments

55,537	-	-	55,537	27,668
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Net of receipts/(payments)

8,881	-	-	8,881	(5,010)
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A5 Transfers between funds

-	-	-	-	-
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A6 Cash funds last year end

100,757	-	-	100,757	105,767
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Cash funds this year end

109,638	-	-	109,638	100,757
----------------	----------	----------	----------------	----------------



Working for the mental well-being of young people

Section B Statement of assets and liabilities at the end of the period

Categories		Unrestricted funds		Restricted funds		Endowment funds	
Details		to nearest £		to nearest £		to nearest £	
B1 Cash funds	Barclays New A/C	573	-	-	-		
	Barclays Old A/C	1,069	-	-	-		
	Lloyds A/C	107,996	-	-	-		
	Total cash funds	109,638	-	-	-		
(agree balances with receipts and payments account(s))		Unrestricted funds		Restricted funds		Endowment funds	
		to nearest £		to nearest £		to nearest £	
B2 Other monetary assets	Details	-	-	-	-		
		-	-	-	-		
B3 Investment assets	Details	Fund to which asset belongs		Cost (optional)		Current value (optional)	
Details		Fund to which asset belongs		Cost (optional)		Current value (optional)	



B4 Assets retained for the charity's own use

		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Robin Sundt	31/05/2024



Section A

Independent Examiner's Report

Report to the trustees

The Clockwork Charitable Trust

On accounts for the year
ended

31st December 2023

Charity no
(if any)

1181923

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

29/4/24

Name:

Matthew Griffiths

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

27 Barrow Green Road

Oxted Surrey RH8 0NJ

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

THE CLOCKWORK CHARITABLE TRUST

England & Wales - Charity number 1181923

Accounts



Trustees' Annual Report for 2022

The Clockwork Charitable Trust

Trustees' Annual Report for the period from 1st January 2022 to 31st December 2022.

Charity's Registration Number: 1181923

Charity's principle address: 24A Station Road West, Oxted, Surrey RH8 9EP

Structure, Governance and Management

The Clockwork Charitable Trust ("Clockwork") is a Charitable Incorporated Organisation ("CIO") governed by a Constitution.

The names of the four Trustees, each of whom served throughout 2022, are as follows:

Matthew Hayes

Peter Green

Robin Sundt

Kelly Doughty

Trustees are appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Clockwork's Constitution and full range of current Policies is available on our website:

http://www.clockwork.org.uk/policy_docs/

Clockwork is a member of the British Association for Counselling and Psychotherapy (BACP).

Objectives and Activities

The objectives of the charity set out in its governing document are as follows:

To relieve the needs of the young people suffering from mental health in Oxted, Surrey and surrounding district by:-

1. The relief of financial hardship, in particular but not exclusively, by the provision of financial assistance so that they can access counselling and other mental health services.
2. The preservation and protection of good physical and mental health such as peer support listening to such people in need.



Trustees' Annual Report for 2022

Summary of the main activities in relation to those objectives:

Clockwork provides free counselling to young people in the Oxted area. In addition, Clockwork provided a grant to Oxted School that enabled the School to increase its in-house counselling from three days per week to five days per week during 2022.

The provision of counselling in the local area and within Oxted School helps to alleviate significant problems resulting from unacceptably long waiting lists for support from NHS sources. This provides a significant public benefit and helps families and individuals to cope with mental health issues.

While, by definition, the provision of one-to-one counselling hopefully provides benefits to the individual concerned, the Trustees confirm that the provision of such counselling addresses, and goes some way to alleviating, a public need for better mental health support for individuals, families and the general community and, as such, conforms with Charity Commission Guidance on Public Benefit.

Financial Review

On 31st December 2022, the charity's bank balance was £100,757.14 (2021 £105,766.90) held in unrestricted funds. The charity had no restricted or endowment funds and had no other assets. During the year, Clockwork received £22,658.25 (2021 £31,779.88), £2,316 from Clockwork events and the remainder in the form of donations.

An income and expenditure account is attached along with the Examiner's Report.

Trustees' Annual Report

During 2022, the charity continued to provide counselling to young people in the Oxted area through our four contracted counsellors. This provided approximately 380 counselling sessions in 2022 (2021: 390) or approximately 7.3 sessions per week. In contrast to NHS mental health services, which have waiting times measured in multiple months, Clockwork has typically been able to provide access to one-to-one counselling sessions for young people within one to two weeks.

In addition, Clockwork continued to provide a grant to Oxted School to enable the School to increase its provision of one-to-one in-house counselling in the School from three days per week to five days per week in term time.

Unfortunately, in November 2022 the in-house counselling facility in Oxted School ceased to function due to the resignation of the manager and counsellors who were providing the counselling. As the Clockwork grant to the School was conditional upon the provision of five days counselling within the School, the grant was suspended and then cancelled. This left the School with almost no counselling or in-house mental health support.



Trustees' Annual Report for 2022

Working for the mental well-being of young people

Clockwork held a series of meetings with the School Principal and the School Safeguarding Team to see what could be done to help the School in both the short term and the long term. As a result, Clockwork started to try to recruit counsellors who could be contracted to Clockwork to work within the School to provide counselling in the School. It is difficult to find suitably qualified counsellors to work with young people and those that do exist are extremely busy, often with waiting lists of their own.

Happily, Clockwork was able to find three suitably qualified counsellors who started to provide counselling within the School in February 2023 at the rate of 12 sessions per week, equivalent to approximately 2.5 days per week. Discussions with the School are ongoing to see if it is possible to increase this facility in 2023.

The total cost to Clockwork of providing counselling services in 2022 was £24,577 (2021: £23,051). With the addition of three more counsellors, the cost of counselling in 2023 is likely to increase significantly and may exceed the current annual level of donations. However, the Trustees agree that the clear public need justifies the increased expenditure in the short and medium term given the significant reserves of the charity. We believe that it is better to use the available funds to further our charitable objectives rather than keep the funds sitting in the bank.

Clockwork does not receive any fixed central or local authority funding, and so we are totally reliant on the generosity and efforts of those who donate to us, and raise money in our name, to be able to continue our work helping young people in the local community.

During 2022, Clockwork received a number of significant grants and donations for which we are extremely grateful. These have enabled us to expand our counselling capacity going into 2023. Total donations received in 2022 amounted to £22,658.25 (2021: £31,779.80), including £2,316 from Clockwork events. The underlying level of donations in 2022 remained consistent with previous years. The reduction in total donations in 2022 was mainly due to one very large donation of £10,000 in 2021 that was a one off only contribution.

All Clockwork's policies, our constitution, and details of our Trustees and Advisors are available on our website and we regularly update our website and our social media accounts with our latest news and information. We always welcome correspondence, enquiries and feedback by email.

Email: enquiries@clockwork.org.uk

Facebook: [@clockworkcharity](https://www.facebook.com/clockworkcharity)

Instagram: [@clockworkoxted](https://www.instagram.com/clockworkoxted)

Website: www.clockwork.org.uk

Counselling enquiries: support@clockwork.org



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees

The Clockwork Charitable Trust

On accounts for the year ended

31st December 2022

Charity no (if any)

1181923

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2022.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

6/9/23

Name:

Matthew Griffiths

Relevant professional
qualification(s) or body
(if any):

FCCA

Address:

27 Barrow Green Road

Oxted Surrey RH8 0NJ



Trustees' Annual Report for 2022

Section B	Disclosure
	Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).
Give here brief details of any items that the examiner wishes to disclose.	



The Clockwork Charitable Trust	1181923
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Receipts and payments accounts

CC16a



CHARITY COMMISSION
FOR ENGLAND AND WALES

For the period from	01/01/2022	To	31/12/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	20,342	-	-	20,342	31,780
Events	2,316	-	-	2,316	-
Sub total (Gross income for AR)	22,658	-	-	22,658	31,780
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	22,658	-	-	22,658	31,780

The Clockwork Charitable Trust

Registered Number 1181923



Working for the mental well-being of young people

Trustees' Annual Report for 2022

A3 Payments

Administration	880	-	-	880	800
Professional Subscriptions	302	-	-	302	287
Insurance	322	-	-	322	357
Internet and Software	857	-	-	857	736
Fundraising Costs	730	-	-	730	222
Charitable Counselling	24,577	-	-	24,577	23,052
	-	-	-	-	-
Sub total	27,668	-	-	27,668	25,454

A4 Asset and investment purchases, (see table)

	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments

27,668	-	-	27,668	25,454
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Net of receipts/(payments)

- 5,010	-	-	- 5,010	6,326
----------------	----------	----------	----------------	--------------

A5 Transfers between funds

-	-	-	-	-
----------	----------	----------	----------	----------

A6 Cash funds last year end

105,767	-	-	105,767	99,441
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<i>Cash funds this year end</i>	100,757	-	-	100,757	105,767
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Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	100,757	-	-
		-	-	-
	Total cash funds	100,757	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-

The Clockwork Charitable Trust

Registered Number 1181923

Trustees' Annual Report for 2022



Working for the mental well-being of young people

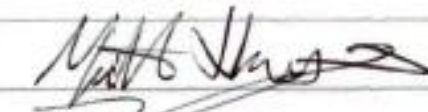
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Matthew Hayes	26/04/23
	Robin Sundt	26/04/23

THE CLOCKWORK CHARITABLE TRUST

England & Wales - Charity number 1181923

Accounts



Trustees' Annual Report for the period

Period start date
From 01 01 2021 To 31 12 2021
Period end date

Section A Reference and administration details

Charity name The Clockwork Charitable Trust

Registered charity number (if any) 1181923

Charity's principal address 24A Station Road West

Oxted

Surrey

Postcode

RH8 9EP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Matthew Hayes	Trustee		
2	Peter Green	Trustee		
3	Robin Sundt	Trustee		
4	Kelly Doughty	Trustee	From 12 th October 2021	Existing Trustees

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	Constitution
How the charity is constituted	Clockwork is a Charitable Incorporated Organisation ("CIO")
Trustee selection methods	Every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.
Additional governance issues	Clockwork's Constitution and full range of current Policies is available on our website: http://www.clockwork.org.uk/policy_docs/ Clockwork is a member of the British Association for Counselling and Psychotherapy (BACP).

Section C/D Objectives and Performance

Summary of the objects of the charity set out in its governing document

To relieve the needs of the young people suffering from mental health in Oxted, Surrey and surrounding district by

1. The relief of financial hardship, in particular but not exclusively by the provision of financial assistance so that they can access counselling and other mental health services.
2. The preservation and protection of good physical and mental health such as peer support listening to such people in need.

Trustees' Annual Report for the year 1st January 2021 to 31st December 2021.

During 2021, the charity's plans have been understandably affected by the Covid-19 pandemic; however, Clockwork was able to expand its provision of counselling and now works with four local counsellors. During 2021, Clockwork, through its four counsellors, provided approximately 390 free counselling sessions to young people in the Oxted area.

This service is provided by qualified counsellors, supported by experienced supervisors. During the Covid-19 pandemic, all sessions have been conducted on-line, although face to face sessions will be available in the future, when the Covid-19 situation allows this to be done safely. We look forward to being able to grow this service in the coming years.

Feedback indicates that Clockwork's own counselling services are effective and well received; not least because the average waiting time is about one week from receipt of information to the initial assessment. In addition, where the individual's issues are sufficiently complicated to be outside the scope of our counsellors, Clockwork and the counsellors have always managed to find appropriate alternative help in a timely fashion.

Throughout 2021, Relate continued to be unable to provide any extra counselling sessions, funded by Clockwork, in Oxted School. As a result, Clockwork had discussions with Oxted School and The Howard Partnership Trust to try to improve the provision of counselling within the School. The Howard Partnership Trust decided to provide counselling within the School by directly employing two counsellors who could provide counselling five days per week in the School during term-time. Clockwork agreed to provide an ongoing grant which funds two of the five days per week, subject to satisfactory feedback and performance. This new Project started in the second half of the Autumn Term, providing one-to-one counselling as well as group counselling on a preventative basis.

Clockwork does not receive any fixed central or local authority funding, and so we are totally reliant on the generosity and efforts of those who donate to us, and raise money in our name, to be able to continue our work helping young people in the local community.

During 2021, Clockwork received a number of significant grants and donations for which we are extremely grateful. These have enabled us to plan to expand our counselling capacity and we are actively seeking additional local counsellors to that end. Covid restrictions in 2021 prevented Clockwork from organising any significant fund raising events but planning is already under way for such events in 2022.

As Clockwork becomes more active in both counselling and fundraising, it was decided to appoint a fourth Trustee to help manage the Charity and, in October, Kelly Doughty was appointed in accordance with our constitution. Kelly has been part of the Advisory Group since Clockwork's inception; the loss of her own son in 2016 has always given Kelly a keen insight into the potential problems facing young people.

All Clockwork's policies, our constitution, and details of our Trustees and Advisors are available on our website and we regularly update our website and our social media accounts with our latest news and information. We always welcome correspondence, enquiries and feedback by email.

Email: enquiries@clockwork.org.uk

Instagram: [@clockworkoxted](https://www.instagram.com/clockworkoxted)

Facebook: [@clockworkcharity](https://www.facebook.com/clockworkcharity)

Website: www.clockwork.org.uk

Counselling enquiries: support@clockwork.org

Section E

Financial review

Brief statement of the charity's policy on reserves

At 31st December 2021, Clockwork's general fund bank balance was £105,766.90. There were no funds in deficit. The charity only has a general unrestricted fund and does not have any restricted funds or other assets.

Further financial review details (Optional information)

Financial Summary on a payments and receipts basis for the period from 1st January 2021 to 31st December 2021.

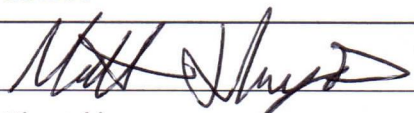
Description	2021	2020
Balance Forward:	£99,441	£87,332
Total Donations to General Fund:	31,780	20,162
Expenses:	(2,403)	(2,159)
Counselling:	(23,051)	(5,894)
Carried Forward:	£105,767	£99,441

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Matthew Hayes	Robin Charles Sundt
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	16 th March 2022.	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
The Clockwork Charitable Trust

1181923

Receipts and payments accounts

CC16a

For the period
from

01/01/2021

To

31/12/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	31,780	-	-	31,780	20,162
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	31,780	-	-	31,780	20,162
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	31,780	-	-	31,780	20,162
A3 Payments					
Administration	800	-	-	800	780
Professional Subscriptions	287	-	-	287	275
Insurance	357	-	-	357	357
Internet & software	736	-	-	736	593
Location	-	-	-	-	154
Fundraising Costs	222	-	-	222	-
Charitable Counselling	23,052	-	-	23,052	5,159
Charitable Training	-	-	-	-	735
	-	-	-	-	-
Sub total	25,454	-	-	25,454	8,053
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	25,454	-	-	25,454	8,053
Net of receipts/(payments)	6,326	-	-	6,326	12,109
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	99,441	-	-	99,441	87,332
Cash funds this year end	105,767	-	-	105,767	99,441

2

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	105,767	-	-
		-	-	-
		-	-	-
	Total cash funds	105,767	-	-
	(agree balances with receipts and payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Matthew Hayes		
		Robin Sundt		



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
The Clockwork Charitable Trust

On accounts for the year
ended

31st December 2021

Charity no
(if any)

1181923

Set out on pages

I report to the trustees on my examination of the accounts of the above
charity ("the Trust") for the year ended 31st December 2021.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation
of the accounts in accordance with the requirements of the Charities Act
2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out
under section 145 of the 2011 Act and in carrying out my examination, I
have followed the applicable Directions given by the Charity Commission
under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have
come to my attention (~~other than that disclosed below~~*) in connection with
the examination which gives me cause to believe that in, any material
respect:

- accounting records were not kept in accordance with section 130 of
the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection
with the examination to which attention should be drawn in order to enable a
proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

B N Mickels

Date:

30/05/2022

Name:

BRIAN NEIL MICKELS

Relevant professional
qualification(s) or body
(if any):

Address:

SALMONS LODGE

125 SALMONS LANE

WHYTELEAFE, SURREY, CR3 0HB

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

THE CLOCKWORK CHARITABLE TRUST

England & Wales - Charity number 1181923

Accounts



Trustees' Annual Report for the period

Period start date
From 01 01 2020 To 31 12 2020
Period end date

Section A

Reference and administration details

Charity name The Clockwork Charitable Trust

Registered charity number (if any) 1181923

Charity's principal address 24A Station Road West

Oxted

Surrey

Postcode

RH8 9EP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Matthew Hayes	Trustee		
2	Peter Green	Trustee		
3	Robin Sundt	Trustee		

Section B

Structure, governance and management

Description of the charity's trusts

Type of governing document	Constitution
How the charity is constituted	Clockwork is a Charitable Incorporated Organisation ("CIO")
Trustee selection methods	Every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.
Additional governance issues	Clockwork's Constitution and full range of current Policies is available on our website: http://www.clockwork.org.uk/policy_docs/ Clockwork is a member of the British Association for Counselling and Psychotherapy (BACP).

Section C/D

Objectives and Performance

Summary of the objects of the charity set out in its governing document

To relieve the needs of the young people suffering from mental health in Oxted, Surrey and surrounding district by

1. The relief of financial hardship, in particular but not exclusively by the provision of financial assistance so that they can access counselling and other mental health services
2. The preservation and protection of good physical and mental health such as peer support listening to such people in need

Trustees' Annual Report for the year 1st January 2020 to 31st December 2020.

The Clockwork Charitable Trust became a registered charity in February 2019, but its origins go back to the Autumn of 2016. Matt and Elie Hayes are the owners and directors of 'Idol Hands Music and Design', a shop and music school in Oxted, Surrey, and are active members of the local community. Sadly, three young people known to them, including one of their students, took their own lives in 2016. In response, they decided to do something to try to help young people in the area who were struggling with mental health issues—and so the idea for Clockwork was born.

During 2020, the charity's plans have been understandably very affected by the Covid-19 pandemic.

Since 2018, Clockwork has committed to fund an extra day's counselling at Oxted School through Relate, bringing the total number of days counselling up from three to four each week to help to reduce the waiting list for counselling that was running at two to three months wait. At Relate's request, Clockwork had committed to continue this additional support until at least the end of the 2022 academic year. In February 2020, Relate notified Clockwork that they had lost a counsellor and, effectively immediately, they would no longer be able to provide the extra day's counselling until the autumn. Clearly the subsequent pandemic had a significant effect, but Relate has been unable to provide the additional day's counselling in Oxted School since then with a predictable effect on the waiting list for counselling in Oxted School.

A very successful "Young Persons' Open Mic" afternoon was run in March in Master Park and Clockwork was set to run a seminar on "Coping with Stress for Exam Success" in Oxted School for Year 13 students just a week after Lockdown postponed it. This seminar for Year 13s, updated for the pandemic and the lack of formal exams, was eventually run in the school in November 2020, attended by approximately 300 students online.

In September, Clockwork also provided a half-day Mental Health Awareness course for 22 teachers at Oxted School. This course and the seminar were run by Christine Moran, a MHFA Trainer, who did an excellent job that was well received by all the participants despite the limitations of doing it online without the normal level of audience participation.

During the summer, Clockwork worked hard to create the ability to be able to provide counselling directly. Clockwork became a member of BACP and was able to negotiate agreements with "Head Together" (part of YMCA) and two independent counsellors to provide counselling for a range of age groups. Since September 2020, Clockwork has been able to offer free and confidential counselling to young people aged 11-24 in the Oxted area.

It has always been the aim for Clockwork to be able to provide counselling for young people outside of the school environment, and to expand the age range to include school leavers. Clockwork's own counselling services have been extremely effective and well received; not least because the average waiting time is about one week from receipt of information to the initial assessment. In addition, where the individual's issues are sufficiently complicated to be outside the scope of our counsellors, Clockwork has always managed to find appropriate alternative help in a timely fashion.

This service is provided by qualified counsellors, supported by experienced supervisors. During the Covid-19 pandemic, all sessions have been conducted on-line, although face to face sessions will be available in the future, when the Covid-19 situation allows this to be done safely. We look forward to being able to grow this service in the coming years.

Clockwork continues to work closely with Oxted School and, with Relate still unable to meet the full need for counselling in the school, negotiations have proceeded so that from autumn 2021 Clockwork will provide an extra two days per week of counselling with Oxted School itself providing three days per week so that the school will, in future, have access to full time counselling every day of term.

All Clockwork's policies, our constitution, and details of our Trustees and Advisors are available on our website and we regularly update our website and our social media accounts with our latest news and information. We always welcome correspondence, enquiries and feedback by email.

Email: enquiries@clockwork.org.uk

Instagram: [@clockworkoxted](https://www.instagram.com/clockworkoxted)

Facebook: [@clockworkcharity](https://www.facebook.com/clockworkcharity)

Website: www.clockwork.org.uk

Counselling enquiries: support@clockwork.org

Section E Financial review

Brief statement of the charity's policy on reserves

At 31st December 2020, Clockwork's general fund bank balance was £99,441.56. There were no funds in deficit. The charity only has a general unrestricted fund and does not have any restricted funds or other assets.

Further financial review details (Optional information)

Financial Summary on a payments and receipts basis for the period from 1st January 2020 to 31st December 2020.

Description	2020	07/02/2019 to 31/12/2019
Balance Forward:	£87,332	£70,465
Total Donations to General Fund:	20,162	24,518
Expenses:	(8,053)	(1,199)
MHFA Awareness Training:		(600)
Counselling:		(5,852)
Carried Forward:	£99,441	£87,332

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Matthew Hayes	Robin Charles Sundt
Position (eg Secretary, Chair, etc)	Trustee	Trustee
Date	22nd August 2021	



CHARITY COMMISSION
FOR ENGLAND AND WALES

The Clockwork Charitable Trust

Receipts and payments accounts

CC16a

For the period
from

01/01/2020

To

31/12/2020

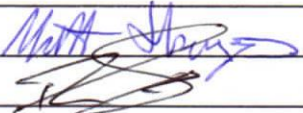
Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	20,162	-	-	20,162	24,518
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	20,162	-	-	20,162	24,518
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	20,162	-	-	20,162	24,518
A3 Payments					
Administration	780	-	-	780	361
Professional Subscriptions	275	-	-	275	-
Insurance	357	-	-	357	198
Internet & software	593	-	-	593	158
Location	154	-	-	154	482
Staff Training	-	-	-	-	600
Charitable Counselling	5,159	-	-	5,159	5,852
Charitable Training	735	-	-	735	-
	-	-	-	-	-
Sub total	8,053	-	-	8,053	7,651
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	8,053	-	-	8,053	7,651
Net of receipts/(payments)	12,109	-	-	12,109	16,867
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	87,332	-	-	87,332	70,465
Cash funds this year end	99,441	-	-	99,441	87,332

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	99,441	-	-
		-	-	-
		-	-	-
	Total cash funds	99,441	-	-
	(agree balances with receipts and payments account(s))			
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Matthew Hayes	
	Robin Sundt	22/8/21



Section A

Independent Examiner's Report

Report to the trustees/
members of

The Clockwork Charitable Trust

On accounts for the year
ended

31st December 2020

Charity no
(if any)

1181923

Set out on pages

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Brian Mickels

Date:

09/09/2021

Name:

BRIAN MICKELS

Relevant professional
qualification(s) or body
(if any):

Address:

SALMONS LODGE, 125, SALMONS LANE
WHYTELEAFE
SURREY, CR3 0HB

Only complete if the examiner needs to highlight matters of concern (see CC32. Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.