

THE LIVING ROOMS - NORTHALLERTON

England & Wales - Charity number 1181883

Details

Other names	THE LIVING ROOMS
Status	Registered
Legal form	CIO
Registered	2019-02-05
Register	View on the Charity Commission register

Contact

Address	5 Garthway Arcade Northallerton DL7 8NS
Phone	01609786287
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Website	www.thelivingrooms.org.uk

Activities

Objects: 1. THE RELIEF OF PEOPLE IN POOR PHYSICAL AND MENTAL HEALTH IN NORTHALLERTON AND THE SURROUNDING AREAS, IN PARTICULAR BY THE PROVISION OF COUNSELLING AND SUPPORT, WITHIN A CHRISTIAN ETHOS.2. TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT IN NORTHALLERTON AND THE SURROUNDING AREAS BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY, WITHIN A CHRISTIAN ETHOS.FOR THE PURPOSE OF THIS CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT; POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS; CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY).3. TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS, IN NORTHALLERTON AND THE SURROUNDING AREAS, WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, FINANCIAL HARDSHIP OR SOCIAL CIRCUMSTANCES WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE, WITHIN A CHRISTIAN ETHOS.

Activities: The Living Rooms Northallerton offers a drop in centre for people experiencing trauma or distress in their lives. The centre provides a relaxed and safe space with trained volunteers who will listen and support people in need. In addition the centre also offers a holistic programme of activities to promote the health and well being of vulnerable people including crafts, gardening and meditation.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** NORTHALLERTON AND THE SURROUNDING AREAS
- North Yorkshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£53,963	£52,468	-	-
2024-03-31	£65,926	£44,556	-	-
2023-03-31	£25,668	£50,492	-	-
2022-03-31	£18,746	£42,703	-	-
2021-03-31	£88,167	£31,369	-	-

Trustees

Name	Role	Appointed
STEPHEN SINCLAIR COWIE	Chair	2018-07-01
HOWARD JAMES ELLIS		2025-03-14
Ian Butler		2024-11-08
Iris Smith		2025-09-05
Kenneth Andrew Bayston		2024-09-13
Margaret Wood		2025-07-03
Nicola Ruddick		2024-01-01
Rachel Smith		2024-03-15
Rev Ian Ring		2024-01-01

THE LIVING ROOMS - NORTHALLERTON

England & Wales - Charity number 1181883

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CHAIRMAN'S ANNUAL REPORT – 31 MARCH 2025

We reached our 5-year milestone at The Living Rooms – Northallerton (TLR) in December 2024, which was duly celebrated by all at TLR and our community. This was acknowledged by our local MP The Rt. Hon. Rishi Sunak MP who wrote to us with his congratulations. In his letter he wrote:

'The Living Rooms has become such an important part of our community in Northallerton. Having visited the project, I know what a difference it makes to those members of our community who need the welcome support you provide. Be assured that the work you do is very much appreciated by me and all the people who benefit from it.'

TLR has continued to serve and support those in most need in Northallerton and the surrounding areas by being a community hub in the centre of town, open to all. We particularly support those with poor wellbeing and mental health and the lonely, isolated and social excluded, by being a place of welcome, care and hospitality – at the core of which is our Renew Wellbeing service where it's 'ok not to be ok.'

Our culture at TLR is that every individual counts and is of immense value and although we serve an increasing number of adults and young people, we are 'there for the one!'

Our adult wellbeing sessions, run every weekday have seen an increase in attendance over the past year and consideration is being given to more opening times going forward. Our amazing volunteers, of whom we have 40 have given 4,116 hours of their time over the past year hosting 2,452 individual visits. We truly appreciate and thank all our volunteers, without whose dedication, commitment and heart for TLR we would simply not be able to operate.

Weekly 'Unwind' sessions for 11 – 18 year-old young people are now into their second year and the numbers attending have increased. Mental health issues with young people are widely known and we believe our offering is playing a part in providing support and care.

One of our young visitors to these sessions is Hannah, who told us:

'I enjoy coming to Unwind to spend time with people who I don't normally see, having fun trying new games (there's an endless selection!!) and spending a little bit of time reflecting on my week. When I come to Unwind, I always feel a warm welcome and there's always someone to ask about how my day was, there's also hot chocolate and toast and we do so many fun activities including baking and crafts. My favourite part is at the end of the session spending a little time together sharing how our weeks were with everyone. I love Unwind for all the friends I've made and the fun we have together.'

Another new initiative has been that of hosting monthly meals for local asylum seekers, where 45 have attended. These have been of great help in embracing visitors from different countries and cultures and making them feel welcome.

A reorganisation of our staff took place last summer with Jo Swain our Hub Coordinator retiring. Jo has been a key part of TLR from the outset and has done a magnificent job in running our day-to-day operations.

We thank Jo for her dedication and passion and wish her well in her retirement. Chloe Hickford has been appointed Centre Manager and is supported by Robyn Miller our new Administrator and Paula Taylor our new Development Officer. All our staff are part time and are greatly valued. They always go above and beyond in serving our visitors and the vision TLR has for our community. This team has enabled us to accelerate a number of initiatives, including the development of our new website to be launched this summer, greater funding opportunities and strengthen our partnerships with statutory and voluntary organisations.

We are extremely grateful for the continuing support of the ONE Northallerton Churches and the fruitful partnerships we enjoy with other compatible organisations both statutory and voluntary including Jubilee Debt Advice, Hambleton FoodShare, Hambleton Community Action, North Yorkshire Council, the North Yorkshire Police, Fire and Crime Commissioners, the NHS and many more.

Plans underway for the coming year include: 'Artists in Residence' weeks where specific arts and crafts sessions led by experts will run each day; trips to external places of interest; Family Renew Wellbeing sessions, Youth activity trips and a development of our youth wellbeing work into local schools.

This year we said goodbye to one of our Trustees Jeanne Logan, who will still remain as a valued host. We thank Jeanne for her work as a Trustee. We have welcomed 3 new Trustees – Andy Bayston, Howard Ellis and Ian Butler (our Treasurer). We are so grateful to these new Trustees for being willing to give of their time in this way, along with our existing Trustees for their continued commitment and dedication. The strengthening of our Trustee Board is a key strategic objective for TLR and I believe this is now well underway.

Our finances over this year saw a small surplus with an income of £53,963. Our cash balance at the year-end also saw a small increase to £64,573. For full details please see the Financial Report and Accounts. We thank our volunteer Treasurer, Ian Butler for his work in managing TLR's finances so well over the past year and are very grateful for all grants and funds received, in particular a grant of £20,000 from The Awards for All (National Lottery). Also, we are so thankful for the valuable donations from local voluntary organisations, some local churches and the 'Friends of The Living Rooms' programme. Funding is always a challenge, and we could do so much more if we saw an increase in our income. So, we are always on the lookout for ways to achieve this.

The work at TLR is motivated by our faith in God and our desire to serve our community by showing his love in our actions. We remain committed to work hard to maintain the high standards expected by our community and the statutory and voluntary sector organisations with whom we partner.

It continues to be an honour to serve you all and our community in my capacity as Chair of Trustees. On behalf of the Trustees, I wish to express my sincere thanks to all our volunteers, partners and staff.

Steve Cowie
Chair of Trustees
www.thelivingrooms.org.uk

Registered Charity number 1181883

THE LIVING ROOMS NORTHALLERTON

Charity Number: 1181883

Receipts and Payments Account

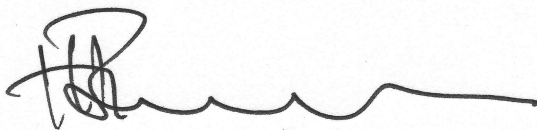
For the year ended 31/03/2025

	Unrestricted Funds	
	2025	2024
Receipts	£.p	£.p
Grants	34,117.50	27,652.25
"Friends" Donations - Gift Aid	3,792.00	3,234.00
"Friends" Donations - Non Gift Aid	2,319.91	0.00
GASDS (Gift Aid)	550.84	1,445.31
GASDS (Non-Gift Aid)	0.00	3,906.16
HMRC Gift Aid Claim 2023/24	1,428.19	862.63
Fund Raising	1,350.20	1,744.54
Fund Raising GNR related	0.00	13,732.21
Churches	3,300.00	7,000.00
Sales	10.56	0.00
Room Rentals	5,868.00	6,044.50
Bank Interest	1,225.84	304.43
Total Income	53,963.04	65,926.03
Payments		
Fabric / Property	0.00	1,062.98
Equipment	863.95	645.39
Repairs & Maintenance	1,103.46	401.70
Staff costs	27,397.05	18,114.12
Training	247.10	798.00
Rent / Rates	12,989.12	13,450.56
Utilities	2,806.29	3,395.42
Landline / Broadband / mobiles	952.02	836.40
Insurance	787.36	765.09
General Expenses	0.00	44.04
Gifts	600.00	600.00
Office / Administration	80.12	488.88
Volunteer Expenses	245.97	552.42
Fund Raising Costs	110.05	894.19
Activity Costs	1,484.61	672.52
Hospitality	658.63	583.23
Household	484.69	526.84
Website / Software / PC	1,597.97	664.89
Bank fee	60.00	60.00
Total expenses	52,468.39	44,556.67
Surplus Income / (Deficit)	1,494.65	21,369.36
Cash funds brought forward from last year	63,078.27	41,708.91
Cash Funds as at 31st March 2025	64,572.92	63,078.27

Statement of Assets and Liabilities as at 31st March 2025

Cash Funds	
Bank Deposit Account	59,195.81
Bank Current Account	5,336.68
Cash in Hand	40.43
	<u>64,572.92</u>

Signed by a Trustee on behalf of all the Trustees



Mr I Butler
30th April 2025

Independent Examiners Report

I report to the Trustees on my examination of the accounts of the above Charity for the year ended 31st March 2025.

As the charity trustees of the TLR, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act)

I report in respect of my examination of the TLR's accounts carried out under Section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under Section 145(5)b of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- *Accounting records were not kept in accordance with section 130 of the Act or
- *The accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached. I have not checked the petty cash balances held at the year end.



B K Adams
Chartered Institute of Public Financial Accountants
4 Carroll Close
Northallerton

30th April 2025

THE LIVING ROOMS - NORTHALLERTON

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CHAIRMAN'S ANNUAL REPORT – 31 MARCH 2024

Our year ending 31 March 2024 saw us move into our fifth year of operations at The Living Rooms – Northallerton (TLR) which we will complete on 5 December this year. However, this has been only our second full year of operations without Covid-19 restrictions.

TLR has continued to serve and support those in most need in Northallerton and the surrounding areas by being a community hub in the centre of town, open to all. We particularly support those with poor wellbeing and mental health and the lonely, isolated and social excluded, by being a place of welcome, care and hospitality – at the core of which is our Renew Wellbeing service where it's 'ok not to be ok.'

We are extremely grateful for the continuing support of the ONE Northallerton Churches and the fruitful partnerships we enjoy with other compatible organisations both statutory and voluntary including Jubilee Debt Advice, Hambleton FoodShare, Hambleton Community Action, North Yorkshire Council, the NHS and many more.

During this year we were open 5 mornings per week for wellbeing sessions, having increased from 4 mornings for much of last year and further increases in opening hours is under review. As a result, we hosted 2,374 individual visits in wellbeing sessions, an increase of almost 50% on the previous year providing evidence of the increased demand. Our amazing team of over 35 volunteers made this possible by contributing some 4,116 hours of their time, an uplift from last year of almost 20%. All of this was organised by our two dedicated part time staff, Jo Swain our Hub Co-ordinator and Chloe Hickford our Renew Wellbeing Co-ordinator.

We truly appreciate and thank all our volunteers, without whose dedication, commitment and heart for TLR we would simply not be able to operate. Our gratitude and thanks also go to Jo and Chloe for their passion and service in managing the day-to-day operations of TLR.

We receive so much appreciation from visitors and one card we recently received just typifies this, it read '*To The Living Rooms, thank you for supporting me and including me in everything. I don't know what I would do without your support.*' Please see the following, recorded recently at TLR: <https://thelivingrooms.org.uk/about/> - 'What our Visitors and Volunteers say', which can be found at the foot of that page.

Our culture at TLR is that every individual counts and is of immense value and although we serve many, we are 'there for the one!'

One of our major events last year was to participate in the Great North Run in Newcastle, in September. What a wonderful success that was despite the torrential rain at the end of the day. It raised the profile of TLR and over £13,000 in funds! A huge thank you to our team of 33 runners and everyone else who participated and organised the event, many of whom were new to TLR.

An important new initiative was launched last year, our new wellbeing programme for young people from 11 -18 years old, called 'Unwind', a name chosen by the youth. This started in November and at present runs one afternoon per week. Since then, 15 sessions have been run with a total of 78 visits, made possible by 188 hours from volunteer hosts. We anticipate this growing during the coming year, working with local youth organisations and schools. This will be a key aim in our development going forward along with the hope of starting a new wellbeing programme for men. Mental health issues with young people are widely known and we believe our offering will play a part in providing support and care.

Our finances improved significantly this year with an income of £66,916 leading to a surplus of £21,369 and as a consequence our year end cash balance increased to £63,078. For full details please see the Financial Report and Accounts. We are very grateful for all grants and funds received, in particular from The North Yorkshire Police, Fire and Crime Commissioners and North Yorkshire Council. Also, we are thankful for the valuable donations from local voluntary organisations, local churches and the 'Friend of The Living Rooms' programme.

Changes to our Trustee Board during this period have been that Alan Bush has retired and Rev Ian Ring and Rachel Smith have joined. We sincerely thank Alan for his contribution and look forward to benefitting from our new Trustees. We thank all our Trustees past and present for their time and dedicated service to TLR – which is greatly valued.

Our volunteer treasure Mark Griffiths has also stepped down and we thank Mark for his valuable contribution. We are very pleased that Ian Butler has joined us as our volunteer treasure and has already become a much-valued part of our team at TLR.

The work at TLR is motivated by our faith in God and our desire to serve our community by showing his love in our actions. We remain committed to work hard to maintain the high standards expected by our community and the statutory and voluntary sector organisations with whom we partner.

It continues to be an honour to serve you all and our community in my capacity as Chair of Trustees. On behalf of the Trustees, I wish to express my sincere thanks to all our volunteers, partners and staff.



Steve Cowie
Chair of Trustees
www.thelivingrooms.org.uk

31 March 2024

THE LIVING ROOMS NORTHALLERTON

INCOME and EXPENSE REPORT

Financial Year to date as at 31/03/2024

(Financial Year from 01/04/2023)

Income

Grant - NY PCC	14,863.00	
Grant Allocation Cuppa Connect Stokesley	1,000.00	
Grant Allocation Cuppa Connect Bedale	1,008.25	
Grant Allocation Cuppa Connect Thirsk	1,000.00	
Grant NYCC	9,781.00	
"Friends" Donations - Gift Aid	3,234.00	
"Friends" Donations - Non Gift Aid	0.00	
Donations - Other GASDS (Gift Aid)	1,445.31	Includes £441 from NMC Choir Event June 23
Donations - NON GASDS	3,906.16	£120 - Romanby Ladies Golf, £500 Art Group, £177 NMC Choir
HMRC Gift Aid Refund	862.63	For 2022/23 tax year
Fund raising Other include Get up and Go	1,744.54	Includes £227 from Applegarth event June 23
Fund raising GNR Related	13,732.21	Includes Bregbies T. Sponsorship £499, Enthuse GNR total £10335
Churches	7,000.00	NLBC £250pm, All Saints £3k, Sacred Heart £1k
Partners	0.00	
Sales	0.00	
Room Rentals	6,044.50	
Bank Interest	304.43	
Total Income		65,926.03

Expenses

Refurb/Buildings/Property	(1,062.98)	
Equipment	(645.39)	
Repairs	(401.70)	
Staff costs	(18,114.12)	
Training	(798.00)	includes £300 Manual Handling Training, £300 RY Wellbeing Training
Rent / Rates	(13,450.56)	
Utility Costs	(3,395.42)	
Phone/mobile	(836.40)	
Insurance	(765.09)	
General Exp	(44.04)	
Gifts to others	(600.00)	
Office/Admin exps	(488.88)	
Advertising	0.00	
Volunteer Exps	(552.42)	
Fund Raising Costs	(894.19)	Includes Gazebo Purchase (291.95)
Activity Costs	(672.52)	
Hospitality	(583.23)	
Household	(526.84)	
COVID Cleaning	0.00	
Website / Software	(664.89)	
Bank fee	(60.00)	
Furniture/fittings/carpets	0.00	
Items for sale	0.00	
Petty cash float	0.00	

Total expenses		(44,556.67)
Surplus Income/(Loss)		21,369.36

Includes Unwind Expenditure YTD 6,838

THE LIVING ROOMS

BANK RECONCILIATION to 31/03/2024 (Financial Year from 01/04/2023)

	£
Balance per bank statement as at 31/03/2024	63,062.68
Petty cash balance	15.59
Less Exps not yet debited	
Add deposits not credited	0.00
Reconciled balance of funds as at 31/03/2024	<u>63,078.27</u>
Bank Deposit account as at n/a	<u>0.00</u>
Total funds	<u><u>63,078.27</u></u>

Check:			
Bal b/fwd 01/04/2023	Inc/exp report	New bal	Diff
41,708.91	21,369.36	63,078.27	0.00

Examiners Report

I have completed my examination and am satisfied that the records are a true and accurate record. I have not had access to petty cash funds and cannot confirm petty cash balances held. However, I have no concerns and have come across no matters to which attention should be drawn.

Bill Harker

3rd May 2024

IAN BUTLER

TREASURER

3 MAY 2024

THE LIVING ROOMS - NORTHALLERTON

England & Wales - Charity number 1181883

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CHAIRMAN'S ANNUAL REPORT – 31 MARCH 2022

This was the second full year of operations at The Living Rooms – Northallerton (TLR) which has been dominated, as in our first year by navigating our way through the Covid-19 Pandemic.

TLR is a community hub in the centre of Northallerton established to help and support those in most need in our town and the surrounding area – particularly the lonely, isolated, socially excluded and those with poor wellbeing and mental health. Backed by the ONE Northallerton Churches, we also partner with other compatible organisations both statutory and voluntary including Jubilee Debt Advice, Hambleton FoodShare, the NHS and many more. At the core of TLR is our Renew Wellbeing service where it's 'ok not to be ok.'

In April 2021 we reopened TLR on a reduced basis because of Covid restrictions, with limited sessions and numbers of visitors, as the safety of our volunteers and visitors has always been our number one priority. Towards the end of this year, we were able to open more fully and start to relax many of the restrictions previously in place. During this year, despite these restrictions we held 230 wellbeing sessions, 20 of which were in the Secret Garden and had 1,137 individual visits, many of which were repeat visitors. This significant achievement took some considerable organisation and for this I thank our volunteers and Jo Swain our Development Coordinator. This achievement represented over 3,000 hours of amazing volunteering.

The top 6 reasons for attending as reported by our visitors were – meeting others, friendship, company, helps my mental wellbeing, understanding, and variety of art and craft work. When asked about the impact of the sessions on their wellbeing since they started attending, visitors who responded scored an average of 9.4. (1 being very negative and 10 being very positive).

We recognise that providing volunteering opportunities is also a key aspect of TLR's work. So, when asked, the top 5 reason for volunteering with us were – helping and getting alongside others, being a part in making a difference to the lives of others, giving back to the community, connecting and being part of a family with the laughter and camaraderie, and their own personal wellbeing by being useful and valued. Our volunteers said they enjoyed volunteering with TLR, felt supported and safe and would like more opportunities to get together.

Throughout this period Hambleton FoodShare continued to use our premises for the storage and distribution of food and essential family supplies, which proved to be an invaluable resource to our community. Most other partnership activities were suspended because of Covid but some groups started to return towards the end of the year as restrictions eased, including a Women's Group run by Hambleton Community Action.

I'm pleased to report that our financial position remains healthy, with a year-end cash balance of £66.5k despite a significant reduction in income, largely due to our inability to attract grant funding because of our strong financial position. Grant income was £10.5k including a most welcome £5.8k 'Making a Difference' Grant from Hambleton District Council. Other TLR partners contributed £3.5k and individual donations through our 'Friends of The Living Rooms' program were a very useful £2.6k. We are now starting to ramp up our search for additional funding which will be a key activity this coming year. Our main costs were staff, (one – Jo Swain) rent, utilities and increased cleaning with an external contractor to ensure high standards throughout the pandemic. We regularly scrutinise all our outgoings to ensure these are kept to a minimum. The Financial Report & Accounts will provide full details.

Our aim for the coming year is to return to normal and increase the number of Renew Wellbeing sessions we run as there is an increasing demand for these activities. We also plan to start Wellbeing sessions for youth and develop the use of our first-floor rooms with other compatible organisations. Other aims are to develop partnerships with other appropriate statutory and voluntary organisation and local businesses and to develop and deliver other wellbeing related services. We will be increasing our staff in the future and plans are afoot to accomplish this as part of our growth and development strategy.

We have added new Trustees to our Board during this period – a process which will continue as we wish to bolster our team and capability for the future.

I would like to thank our team of volunteers - Hosts, Trustees and Support Staff for their dedication and commitment during these challenging times and for going 'over and beyond' in order to help those in need. Huge thanks also go to Jo Swain our Development Coordinator, without whose committed service we would not have been able to achieve all we have in such a tough year. Our volunteer team is in excess of 35 excluding Trustees, who are also volunteers and have done an amazing job for which we are all grateful and for which I give my personal thanks.

Our aspirations are fuelled by our faith in God and our desire to show his love through our actions in helping the growing number of people in need in our community and to provide a safe space where it's 'ok not to be ok' in Northallerton. I am pleased to report that through the high standards and efforts of our team at TLR, the place we occupy in our community is now accepted, well respected and supported by both statutory and voluntary sector organisations.

It continues to be an honour to serve you all and our community in my capacity as Chair of Trustees. On behalf of the Trustees, I wish to express my sincere thanks to all our volunteers, partners and staff.

The future is bulging with exciting opportunities for us to serve our community and make a difference, to which I eagerly look forward.



Steve Cowie
Chair of Trustees

31 March 2022

THE LIVING ROOMS NORTHALLERTON

INCOME and EXPENSE REPORT

01/04/2021 - 31/03/2022

Income

Grant Income	10,251.00	
"Friends" Donations - Gift Aid	2,640.00	
"Friends" Donations - Non Gift Aid	0.00	
Donations - Other	1,720.24	
Fund raising -Calendar sales	290.00	
Fund raising - Craft sales	179.40	
Churches	0.00	
Partners	3,500.00	
Gift received for Foodshare	45.00	
Room Rentals	120.00	
<u>Total Income</u>		18,745.64

Expenses

Refurb/Buildings/Property	(45.00)	
Equipment	(791.79)	
Repairs	(286.10)	
Staff costs	(13,617.12)	
Training	(500.00)	
Rent / Rates	(13,150.00)	
Utility Costs	(2,122.74)	
Phone/mobile	(977.52)	
Insurance	(675.74)	
General Exp	(1,629.65)	
Office/Admin exps	(661.25)	
Advertising	(300.00)	
Volunteer Exps	(409.45)	
Activity Costs	(560.30)	
Hospitality	(280.51)	
Household	(369.22)	
COVID Cleaning	(3,398.40)	
Website / Software	(1,960.00)	
Bank fee	(96.00)	
Furniture/fittings/carpets	(276.00)	
Cabinet in Memory Eddie Cooper	(240.00)	
Items for sale: calendars	(125.00)	
Gift sent to Foodshare	(45.00)	
In memory of Tom Boomsma	(185.95)	
Total expenses		(42,702.74)
Surplus Income/(Loss)		(23,957.10)

THE LIVING ROOMS - NORTHALLERTON

England & Wales - Charity number 1181883

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CHAIRMAN'S ANNUAL REPORT – 31 MARCH 2021

This first full year of operations at The Living Rooms – Northallerton (TLR) to 31 March 2021, has been dominated by navigating our way through the Covid-19 Pandemic.

TLR is a community hub in the centre of Northallerton established to help and support those in most need in our town and the surrounding area – particularly the lonely, isolated, socially excluded and those with poor wellbeing and mental health. Backed by the ONE Northallerton Churches, we also partner with other compatible organisations both statutory and voluntary including Jubilee Debt Advice, Hambleton FoodShare, the NHS and many more. At the core of TLR is our Renew Wellbeing service where it's 'ok not to be ok'.

When we opened our doors at TLR in December 2019 our wellbeing services were in great demand and from the start we were immediately accepted as a key part of the local community. However, in March 2020 just as we were in full swing the Covid-19 Pandemic hit which led to us closing and needing to pivot our support services. The only exception to this was the operation of Hambleton FoodShare. Over the following 12 months we operated a limited service to support our visitors as best as we could, many of whom were extremely anxious and vulnerable. This was achieved via telephone support and a telephone referral system, via social media and with Zoom video conferencing sessions. In addition, we operated a limited 'in person' service at the Secret Garden, which is outside space.

As a consequence of the pandemic the need for services to support and help those with poor wellbeing and mental health has grown dramatically. However, during this period we were very limited in what we could offer for reasons of safety and government regulations. At times we were open in a Covid secure way with booking systems and with social distancing in place and at other times we were closed and operated as previously described.

I would like to thank our team of volunteers - Hosts, Trustees and Support Staff for their dedication and commitment during these challenging times and for 'going the extra mile' in order to help those in need. Our team is in excess of 35 excluding Trustees, who are also volunteers and have done an amazing job for which we are all grateful and for which I give my personal thanks.

During this period we were supported by a grant from the Coronavirus Community Fund which enabled us to employ our first Development Coordinator on a part time basis. This had a significant and positive impact on our ability to deliver our services and to care for and manage our volunteers. We have been able to continue with this employment due to funding from the NHS, for which we were most grateful. Also, funding from individual donors grew via our 'Friends of The Living Rooms' initiative. I am pleased to report that as result of these funding streams we are in a very healthy financial position, for which I am extremely thankful.

We have added new Trustees to our Board during this period – a process which will continue as we wish to bolster our team.

Our aim is to position ourselves as originally planned pre-pandemic and develop our services from there. There is now an even greater need for our services, including the need for a youth program which is currently under development.

Our aspirations are fuelled by our faith in God and our desire to show his love through our actions in helping the growing number of people in need and to provide a safe space where it's 'ok not to be ok' in Northallerton. We have exciting plans to further develop our services in partnership with others, when we are able to do so post pandemic.

It continues to be an honour to serve you all and our community in my capacity as Chair of Trustees. On behalf of the Trustees, I wish to express my sincere thanks to all our volunteers, partners and staff.

I look forward to the future with eager expectation and anticipation.

A handwritten signature in black ink, appearing to read 'Steve Cowie', with a long horizontal flourish at the end.

Steve Cowie
Chair of Trustees

31 March 2021

THE LIVING ROOMS NORTHALLERTON

INCOME and EXPENSE REPORT

as at 31/03/21

Income

Grant Income NHS	60,000.00	
"Friends" Donations - Gift Aid	3,105.00	
Donations - Other	1,629.00	
Fund raising	0.00	
Churches & Partners	3,000.00	
In memory of Tom Boomsma	240.00	
Sale of books	97.50	
Community Fund Grant	<u>20,095.00</u>	
<u>Total Income</u>		88,166.50

Expenses

Refurb/Buildings/Property	(263.99)	
Equipment	(389.52)	
Repairs	(17.30)	
Staff Costs	0.00	
Training	(147.00)	
Rent / Rates	(6,650.00)	
Utility Costs	(1,803.57)	
Phone/mobile	(501.04)	
Insurance	(294.95)	
General Exp	(435.52)	
Prof Fees	-	
Member Fees	(244.00)	
Office/Admin exps	(96.64)	
Advertising	(160.00)	
Volunteer Exps	(47.50)	
Activity Costs	(154.22)	
Hospitality	(125.09)	
Household	(126.44)	
Website / Software	(360.00)	
Bank fee	(69.00)	
Furniture/fittings/carpets	<u>0.00</u>	
General expenses		(11,885.78)

Community Fund Grant exp:

Wages	(6,168.80)	
Add on Employer Costs	(80.00)	
Laptop/ Equipment	(1,850.00)	
Office Admin / wellbeing activities	(1,646.17)	
Premises Rent	(6,500.00)	
Insurance	(294.95)	
COVID Cleaning	(2,246.52)	
Utility Costs	<u>(696.95)</u>	
Community Fund Grant exp:		<u>(19,483.39)</u>
Surplus Income/(Loss)		<u>56,797.33</u>

The Living Rooms, Northallerton

Charity Reg No 1181883

Statement of Accounts for the Period Ending 31st March 2021

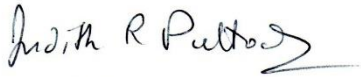
My examination was carried out in accordance with the general directions given by the Charity Commission under section 144(2) of the Charities Act 2011. The examination included a review of the accounting records kept by the charity and a comparison of the account. It included consideration of any unusual items or disclosures in the accounts and sought explanations concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In accordance with my examination no matter has come to my attention which gives me cause to believe that in, any material respect,

- Accounting records were not kept in accordance with section 130 of the Charities Act of 2011 or
- The accounts do not accord with the accounting records

I have come across no matters in connection with the examination to which attention should be drawn to enable a proper understanding of the accounts to be reached.

Signed 
Name Judith R Puttock
Address 3 Cottage Close, Northallerton. DL6 1EB
Date 27th November 2021