

**REGISTERED COMPANY NUMBER: CE016395 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1181861**

**Report of the Trustees and**  
**Unaudited Financial Statements for the Year Ended 31 August 2025**  
**for**  
**Evolve Counselling**

George Hay Partnership LLP  
Chartered Accountants  
Brigham House  
High Street  
Biggleswade  
Bedfordshire  
SG18 0LD

**Contents of the Financial Statements  
for the Year Ended 31 August 2025**

	<b>Page</b>
<b>Reference and Administrative Details</b>	1
<b>Report of the Trustees</b>	2 to 5
<b>Independent Examiner's Report</b>	6
<b>Statement of Financial Activities</b>	7
<b>Balance Sheet</b>	8
<b>Notes to the Financial Statements</b>	9 to 14
<b>Detailed Statement of Financial Activities</b>	15

**Reference and Administrative Details  
for the Year Ended 31 August 2025**

<b>TRUSTEES</b>	Mr M Ward Treasurer Ms S R A Gros Ms L Levytska (appointed 21.10.24) Ms K A P Buniel Chair designate (appointed 21.10.24) Mr R Brock (appointed 16.6.25) Mr S Jones (appointed 14.8.25) Ms M Munro (appointed 15.8.25) Mr K Bottrell Chair (resigned 31.7.25) Ms F Amor (resigned 21.2.25) Mr G Cook (resigned 14.10.25) Mr W Price (resigned 8.1.25) Mr N McKelvey (appointed 10.7.25)
<b>REGISTERED OFFICE</b>	Brigham House 93 High Street Biggleswade Bedfordshire SG18 0LD
<b>REGISTERED COMPANY NUMBER</b>	CE016395 (England and Wales)
<b>REGISTERED CHARITY NUMBER</b>	1181861
<b>INDEPENDENT EXAMINER</b>	George Hay Partnership LLP Chartered Accountants Brigham House High Street Biggleswade Bedfordshire SG18 0LD
<b>CHIEF EXECUTIVE OFFICER</b>	Mr G F Ackroyd

**Report of the Trustees  
for the Year Ended 31 August 2025**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 August 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

Evolve is a charitable organisation, a CIO, working to improve the emotional and psychological wellbeing of its clients. Evolve conducts its mission to deliver counselling services to adults at the lowest possible cost, wherever possible seeking to subsidise sessions for those on low incomes. By working to grow and foster a membership body of professional counsellors, Evolve strives to improve access to quality counselling and psychotherapy for all, and to create a positive working environment for those in the profession.

**ACHIEVEMENTS AND PERFORMANCE**

**Charitable activities**

The Charity has continued to deliver high quality mental health counselling throughout the year to private individuals and the staff of corporate organisations. Evolve is continuously expanding its active number of counsellors, making training available to them to achieve better standards in the sector, and running an internal business improvement programme to help work to flow efficiently.

**Report of the Trustees  
for the Year Ended 31 August 2025**

**ACHIEVEMENTS AND PERFORMANCE**

**Achievements**

The Trustees set several objectives for the year, against which fair progress was made, despite the financial and operational pressures being faced by our key client sectors, and some internal personnel challenges making business continuity and efficiency difficult to achieve. In a year of mixed results, Evolve highlights the following.

Efforts continued to control any deficit and to move Evolve into a surplus, with an unrestricted development fund on which to draw. Aiming for cost savings, Evolve continued to outsource basic business functions and kept a tight rein on other recurring costs. 'One-offs' - such as the high cost of interim support while Evolve was recruiting its counselling lead - were a regrettable but inevitable consequence of three unfortunate hires. These forced personnel changes and gaps undoubtedly hampered good service delivery to our clients, impacting on session numbers and a fall in revenue.

As in the previous year, Evolve focused attention on key clients as a path to financial stability. In addition, Evolve initiated and pursued an opportunity for potential takeover of a similar mental health service provider, and for close collaborative partnership working with another. Despite stepping back from these, Evolve remains committed to scaling up and broadening its offer, to meet more clients' needs in a sustainable model.

The need for revenue growth and to replace exiting clients cutting back on mental health support, began to be addressed in August with the recruitment of a new Business Development lead. Work was immediately put in hand to review and update current or maturing contractual arrangements, and to seek out new sources of revenue funding and charitable support.

Evolve Trustees and staff met at their annual 'away day' - examining options for a development programme to be funded from surplus once a fair reserve target is achieved. Evolve agreed that further progress was needed to build a 'stable platform' - financial, people, and resources - from which to launch innovative new lowest cost/highest quality/easiest access mental health services.

A rolling programme of Trustee recruitment was launched to successfully bring the governance board up to full strength, aiming for a mix of specific counselling knowledge, business skills, charitable and public sector knowledge, and external contacts and networks to help the Evolve team.

After launching Evolve's first volunteering programme in 2023/4, further recruitment took place securing new voluntary assistance for tasks including projects support, finance, fundraising, communications, marketing, and sales development. Evolve has been favoured with very dedicated and competent individuals freely giving their time since this programme started.

Recognising there was scope to bring better control and performance management into the Operational/Service Delivery facets of Evolve, the key Head of Counselling post was, after two unsatisfactory appointments in 2024, restructured as Clinical Services Coordinator from December. Evolve's Trustees and CEO commend the immediate improvements accomplished by Hazel Bowyer-Adams in this new post. With this appointment achieved it was at last possible to carry out a business systems review and improvement programme, towards the end of 2025, which will enhance clients' and counsellors' experiences of Evolve.

A fair amount of progress was made in all the above areas, despite the huge financial and operational pressures being faced by our key client sectors across this year.

**FINANCIAL REVIEW**

**Financial review**

Total income received during the year was £182,967 compared with £257,608 in the previous year. The Charity generated a deficit of £1,510 compared to a surplus of £15,773 the previous year. As a registered charity, Evolve is exempt from Corporation Tax and Income Tax on its charitable activities.

The Trustees have set a budget for 2025/26 that continues the sound financial footing and prepares to expand the charity's activities.

**Report of the Trustees  
for the Year Ended 31 August 2025**

**FINANCIAL REVIEW**

**Reserves policy**

The Trustees' policy is to maintain a sufficient level of general reserves to enable the Charity to continue to support those clients with whom its counsellors are already working. The number of sessions this requires varies from time to time. The Charity also needs to allow for an orderly curtailment of activities and its commitments to staff and suppliers and so has designated a fund for this purpose during this year. The estimated free reserves required varies and is recalculated annually and this policy is reviewed on an annual basis.

As of 31 August 2025, the Charity held £63,531 of unrestricted reserves, £35,000 of which is designated by Trustees to cover the costs of ensuring all current clients can receive their full treatment.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**Structure**

Evolve Counselling is registered as a Charitable Incorporated Organisation (CIO) with charity number 1181861. The Charity is an organisational member of the British Association of Counselling and Psychotherapy (BACP).

Evolve is a membership organisation. Membership of the CIO is restricted to trustees and members; counsellors working for us who have applied and been appraised for having sufficient training, personal therapy, and experience to provide counselling to the Charity's clients.

The Charity delivers high quality counselling through its counsellor members. The Charity's primary areas of operation include Cambridgeshire, Peterborough, South Lincolnshire, Rutland, Northamptonshire, Hertfordshire, Bedfordshire, Norfolk, and Suffolk as well as online throughout the UK.

Counselling services are available at lowest cost to individuals aged over 18 years of age, and mental health training and awareness sessions are provided to organisations on a contractual basis. The latter clients include NHS trusts, not-for-profit organisations, local councils, and corporates of all sizes. The surplus from these contracted services allows the Charity to support those who could benefit from counselling but cannot afford the cost of fees charged by counsellors in private practice or wait for NHS care. Counselling sessions for fee-paying clients are provided on a sliding fee scale, based on client income. Evolve could not operate without the dedication and commitment of its counselling members, who offer counselling services to the Charity's clients at counselling payment rates lower than they could achieve in private practice.

**Governance**

The Trustees are responsible for the affairs of the Charity, and those who held office during the year are listed above. Evolve is governed according to a written constitution, this requires a minimum of three and a maximum of ten trustees. New Trustees are recruited through open advertising to both existing counsellors and the wider public. They have been particular in their diligence ensuring that work has been undertaken ethically in line with British Association for Counselling and Psychotherapy (BACP) standards.

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'. The decisions of the Trustees are supported, delegated to, and carried out by, a professional CEO.

**Management**

The Trustees are supported by a full-time Chief Executive Officer (CEO), who in turn leads a Clinical Services Coordinator (CSC), a Business Development Lead (BDL), and a varying roster of dedicated and skilled volunteers who assist in developing the charitable mission. Management work is supported by various committees, which bring together trustees, paid staff, volunteers and from time to time, external experts.

**Report of the Trustees  
for the Year Ended 31 August 2025**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Risk Management**

The trustees monitor risks at each Board meeting through a comprehensive risk register. All aspects of corporate risk are considered in the four separate Committees (Public Benefit & Funding; Finance Governance & Risk; Clinical Standards & Development; Operations & Management), implementing procedures to mitigate any potential impact should those risks materialize. Overall Risks and mitigation are then reported and considered at FG&R, and thus upwards to the main Trustee Board. With renewed focus on risk being 'owned' by Trustee Kat Buniel and the procedure above, Evolve is satisfied with its risk profile.

Approved by order of the board of trustees on 24th January 2026 and signed on its behalf by:

A handwritten signature in dark ink, appearing to read 'M.D. Upp', is written over a horizontal line.

-  
Trustee

**Independent Examiner's Report to the Trustees of  
Evolve Counselling**

**Independent examiner's report to the trustees of Evolve Counselling ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2025.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Colin Airey FCCA

George Hay Partnership LLP  
Chartered Accountants  
Brigham House  
High Street  
Biggleswade  
Bedfordshire  
SG18 0LD

Date: 31<sup>st</sup> March 2026



**Statement of Financial Activities  
for the Year Ended 31 August 2025**

	Notes	Unrestricted funds £	Restricted funds £	31.8.25 Total funds £	31.8.24 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		1,053	-	1,053	1,110
<b>Charitable activities</b>	3				
Charitable Activities		181,914	-	181,914	256,404
Investment income	2	-	-	-	94
<b>Total</b>		<u>182,967</u>	<u>-</u>	<u>182,967</u>	<u>257,608</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	4				
Charitable Activities		82,860	-	82,860	112,419
Support Costs		100,506	-	100,506	128,033
Governance costs		1,111	-	1,111	1,383
<b>Total</b>		<u>184,477</u>	<u>-</u>	<u>184,477</u>	<u>241,835</u>
<b>NET INCOME/(EXPENDITURE)</b>		(1,510)	-	(1,510)	15,773
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		67,249	2,651	69,900	54,127
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>65,739</u></u>	<u><u>2,651</u></u>	<u><u>68,390</u></u>	<u><u>69,900</u></u>

The notes form part of these financial statements

<b>Balance Sheet</b>			
<b>31 August 2025</b>			
	Notes	31.8.25 £	31.8.24 £
<b>CURRENT ASSETS</b>			
Debtors	9	27,374	32,101
Cash at bank		58,353	64,284
		<u>85,727</u>	<u>96,385</u>
<b>CREDITORS</b>			
Amounts falling due within one year	10	(17,337)	(22,585)
		<u>68,390</u>	<u>73,800</u>
<b>NET CURRENT ASSETS</b>			
		<u>68,390</u>	<u>73,800</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			
		68,390	73,800
<b>CREDITORS</b>			
Amounts falling due after more than one year	11	-	(3,900)
		<u>68,390</u>	<u>69,900</u>
<b>NET ASSETS</b>			
		<u>68,390</u>	<u>69,900</u>
<b>FUNDS</b>	13		
Unrestricted funds		65,739	67,249
Restricted funds		2,651	2,651
		<u>68,390</u>	<u>69,900</u>
<b>TOTAL FUNDS</b>			
		<u>68,390</u>	<u>69,900</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 August 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 August 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 24th January 2026 and were signed on its behalf by:



Trustee

The notes form part of these financial statements

**Notes to the Financial Statements  
for the Year Ended 31 August 2025**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. INVESTMENT INCOME**

	31.8.25	31.8.24
	£	£
Interest receivable - trading	-	94
	<u>          </u>	<u>          </u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2025**

**3. INCOME FROM CHARITABLE ACTIVITIES**

	31.8.25 Charitable Activites £	31.8.24 Total activities £
Membership	440	1,100
Institutional grants	-	5,830
Counselling (contract)	157,151	206,844
Counselling (private)	23,655	40,038
Contract workshops	668	2,592
	<u>181,914</u>	<u>256,404</u>

Grants received, included in the above, are as follows:

	31.8.25 £	31.8.24 £
Charitable	<u>668</u>	<u>-</u>

**4. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 5) £	Totals £
Charitable Activites	82,860	-	82,860
Support Costs	-	100,506	100,506
Governance costs	-	1,111	1,111
	<u>82,860</u>	<u>101,617</u>	<u>184,477</u>

**5. SUPPORT COSTS**

	Other £	Governance costs £	Totals £
Support Costs	99,258	1,248	100,506
Governance costs	-	1,111	1,111
	<u>99,258</u>	<u>2,359</u>	<u>101,617</u>

**6. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 August 2025 nor for the year ended 31 August 2024.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 August 2025 nor for the year ended 31 August 2024.

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2025**

**7. STAFF COSTS**

	31.8.25 £	31.8.24 £
Wages and salaries	70,496	71,179
	<u>70,496</u>	<u>71,179</u>

The average monthly number of employees during the year was as follows:

31.8.25	31.8.24
<u></u>	<u></u>

No employees received emoluments in excess of £60,000.

**8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	1,110	-	1,110
<b>Charitable activities</b>			
Charitable Activities	256,404	-	256,404
Investment income	94	-	94
<b>Total</b>	<u>257,608</u>	<u>-</u>	<u>257,608</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable Activities	112,419	-	112,419
Support Costs	127,950	83	128,033
Governance costs	1,383	-	1,383
<b>Total</b>	<u>241,752</u>	<u>83</u>	<u>241,835</u>
<b>NET INCOME/(EXPENDITURE)</b>	15,856	(83)	15,773
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	51,393	2,734	54,127
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>67,249</u>	<u>2,651</u>	<u>69,900</u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2025**

**9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.8.25	31.8.24
	£	£
Trade debtors	20,622	30,975
Prepayments	6,752	1,126
	<u>27,374</u>	<u>32,101</u>

**10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.8.25	31.8.24
	£	£
Trade creditors	4,701	11,968
Social security and other taxes	3,066	1,081
Deferred Income	7,470	7,470
Accrued expenses	2,100	2,066
	<u>17,337</u>	<u>22,585</u>

**11. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	31.8.25	31.8.24
	£	£
Provisions for liabilities	-	3,900
	<u>-</u>	<u>3,900</u>

**12. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Unrestricted funds £	Restricted funds £	31.8.25 Total funds £	31.8.24 Total funds £
Current assets	83,076	2,651	85,727	96,385
Current liabilities	(17,337)	-	(17,337)	(22,585)
Long term liabilities	-	-	-	(3,900)
	<u>65,739</u>	<u>2,651</u>	<u>68,390</u>	<u>69,900</u>

**13. MOVEMENT IN FUNDS**

	At 1.9.24 £	Net movement in funds £	At 31.8.25 £
<b>Unrestricted funds</b>			
General fund	32,249	(1,510)	30,739
Designated reserves	35,000	-	35,000
	<u>67,249</u>	<u>(1,510)</u>	<u>65,739</u>
<b>Restricted funds</b>			
Mrs Smith & Mount Trust	1,757	-	1,757
Peteborough Think Communities	894	-	894
	<u>2,651</u>	<u>-</u>	<u>2,651</u>
<b>TOTAL FUNDS</b>	<u>69,900</u>	<u>(1,510)</u>	<u>68,390</u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2025**

**13. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	182,967	(184,477)	(1,510)
<b>TOTAL FUNDS</b>	<u>182,967</u>	<u>(184,477)</u>	<u>(1,510)</u>

**Comparatives for movement in funds**

	At 1.9.23 £	Net movement in funds £	At 31.8.24 £
<b>Unrestricted funds</b>			
General fund	16,393	15,856	32,249
Designated reserves	35,000	-	35,000
	<u>51,393</u>	<u>15,856</u>	<u>67,249</u>
<b>Restricted funds</b>			
Harry Cureton Fund	83	(83)	-
Mrs Smith & Mount Trust	1,757	-	1,757
Peteborough Think Communities	894	-	894
	<u>2,734</u>	<u>(83)</u>	<u>2,651</u>
<b>TOTAL FUNDS</b>	<u>54,127</u>	<u>15,773</u>	<u>69,900</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	257,608	(241,752)	15,856
<b>Restricted funds</b>			
Harry Cureton Fund	-	(83)	(83)
<b>TOTAL FUNDS</b>	<u>257,608</u>	<u>(241,835)</u>	<u>15,773</u>

**Notes to the Financial Statements - continued  
for the Year Ended 31 August 2025**

**13. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.9.23 £	Net movement in funds £	At 31.8.25 £
<b>Unrestricted funds</b>			
General fund	16,393	14,346	30,739
Designated reserves	35,000	-	35,000
	<u>51,393</u>	<u>14,346</u>	<u>65,739</u>
<b>Restricted funds</b>			
Harry Cureton Fund	83	(83)	-
Mrs Smith & Mount Trust	1,757	-	1,757
Peteborough Think Communities	894	-	894
	<u>2,734</u>	<u>(83)</u>	<u>2,651</u>
<b>TOTAL FUNDS</b>	<u>54,127</u>	<u>14,263</u>	<u>68,390</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	440,575	(426,229)	14,346
<b>Restricted funds</b>			
Harry Cureton Fund	-	(83)	(83)
<b>TOTAL FUNDS</b>	<u>440,575</u>	<u>(426,312)</u>	<u>14,263</u>

**14. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 August 2025.



**Detailed Statement of Financial Activities  
for the Year Ended 31 August 2025**

	31.8.25 £	31.8.24 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Donations	1,053	1,110
<b>Investment income</b>		
Interest receivable - trading	-	94
<b>Charitable activities</b>		
Membership	440	1,100
Institutional grants	-	5,830
Counselling (contract)	157,151	206,844
Counselling (private)	23,655	40,038
Contract workshops	668	2,592
	<hr/>	<hr/>
	181,914	256,404
<b>Total incoming resources</b>	<hr/>	<hr/>
	182,967	257,608
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Clinical contractors fees	70,462	99,994
Membership costs	-	2,600
Other clinical costs	6,392	7,495
Administration	6,006	2,330
	<hr/>	<hr/>
	82,860	112,419
<b>Support costs</b>		
<b>Other</b>		
Wages	70,496	71,179
Outsourced Finance function	15,384	37,200
Website and IT costs	6,817	6,636
Other employee expenses	1,856	1,584
Subscriptions	612	450
Insurance	1,318	532
General costs	920	2,709
Legal and professional fees	1,819	7,609
Development project	-	96
Charitylog project	36	638
	<hr/>	<hr/>
	99,258	128,633
<b>Governance costs</b>		
Trustee training and expenses	1,702	783
Room Hire	657	-
	<hr/>	<hr/>
	2,359	783
<b>Total resources expended</b>	<hr/>	<hr/>
	184,477	241,835
<b>Net (expenditure)/income</b>	<hr/>	<hr/>
	(1,510)	15,773

This page does not form part of the statutory financial statements