



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

## **Trustees' annual report for the period**

**From: 1 August 2023**

**To: 31 July 2024**

**Charity name: Bristol Medico Chirurgical Society CIO**

**Charity registration number: 118 1791**

**Company number: CIO – so none**

## **Objectives and activities**

The object of the Charity is the advancement of the Art and Science of Medicine in all its branches. But not exclusively by:

- (1) providing and assisting in the provision of health related education for the public and health care staff.
- (2) bringing together in conference on health related matters representatives of voluntary organisations, Government departments, statutory authorities, individuals and members of the public.
- (3) causing to be written and printed or otherwise reproduced and circulated, including electronically, papers, books, periodicals, pamphlets or other documents or films or recorded audio and/or visual material related to the activities of the CIO.
- (4) collecting and disseminating information on all matters affecting such objects and exchanging such information with other bodies having similar objects;
- (5) providing grants to any other charity in the Bristol area which advances medicine by providing educational events.
- (6) if financially able to, providing individual grants to aid educational activities for health workers.

During this year it has carried out its activities principally by holding 9 educational meetings this year, plus a carol service and social event to foster relationships between health workers in the area.

11th October 2023, Annual General Meeting - Presidential Address by Dr Nabil Jarad:  
Living Medicine

25th October 2023 – extra meeting: The reason why junior doctors and Consultants strike -  
Dr David Baker and Dr Preetham Boddana

15th November 2023 – Meeting: Living Medicine as a manager and as a patient  
Speaker:– Deborah Lee

10th December 2023 Christmas Concert at Christ Church, Broad Street  
Chair: Rev Dr Victor Barley

10th January 2024 – Meeting - Exacerbation of COPD – a lifelong story

Speaker: Professor Wisia Wedzicha –

14th February 2024 – Meeting - Living Medicine as a General Practitioner

Speaker: Dr Monika Blackwell

13th March 2024 – Meeting -Why Chronic Illness? and the Management of Breathlessness.

Speaker: Dr Jonathan Pitts-Crick

10th April 2024 – Meeting - The Relevance of the GMC Employee Liaison Advisor to

Doctors. Speaker: Mr Paul

22nd May 2024 – Meeting - Artificial Intelligence (AI) in Chest Radiology

Speaker: Dr Jonathan Rodrigues

12th June 2024 – Meeting - Chronic Cough - The Silent Epidemic

Speaker: Dr Nabil Jarad.

10 July 2024 – Meeting – Western Herbal Medicine – Its Role Alongside Conventional Medicine

Speaker: Dr Sally Moorcroft abandoned as speaker unable to attend

20 July 2024 – Summer Party.

No grants have been made due to lack of applications. We welcome applications from health workers for small grants to cover travel and conference expenses. There is a restricted fund for this purpose.

In planning and carrying out these activities the trustees have had regard to the guidance issued by the Charity Commission on public benefit.

This 150<sup>th</sup> year of the society has seen most of the meetings held at Nuffield Hospital, Clifton and we remain grateful for their support. We have been able to livestream most of the meetings and recordings of most are kept online, accessed through our website.

We are aware that material goes out of date and review recordings at the end of each year to decide if to delete any.

We have not published any editions of the West of England Journal this year. We are looking restarting it.

We are very aware of, and grateful for, the help of volunteers in running the society.

## **Financial review**

We continue to work alongside the old Medico-surgical society who transfer any subscriptions they receive to our account. All subscribed members of this charity are members of the old charity.

The treasurer's report has been published separately. It shows that our financial position remains fragile. The subscriptions cover administration costs, Meal income covers meeting costs. The income for the old Med-Chi helps with web and other costs but this is diminishing as its subscribers reduce.

This year we have placed most of the funds of the society in a low interest bearing 35day notice account operated by NatWest who are our bankers.

At the end of the year the charity held just under £10,500 of which about £1,500 is held for grant making. Overall we would have made a loss of £500 if we have not had money from the old Med Chi.

This year has seen a high cost for the website – of over £2000 – this has been due to the hosting company prices escalating. We have spent some time discussing how to update the website – the operating system is old and not maintained but there is some debate on what the website should contain. We are now in the process of transferring the website to a much cheaper host and expect these costs to moderate this year.

## **Structure, governance and management**

The charity is governed by a constitution that has been approved by the Charity Commissioners and is registered as a Charitable Incorporated Organisation – this is a registered charity that can operate legally as a company without registering as a company with Companies House. With an income under £25,000 the reporting requirements are relatively light.

We are also registered with HMRC for gift aid and as an employer of our part time administrator Ms Purver.

Trustees are automatically members of the governing committee. The committee includes the minimum of President, President Elect (and past President), and Treasurer. The committee seeks and appoints trustees, and welcome approaches from all. No body external to the committee nor person is entitled to appoint a trustee.

We have a close relationship with the old Med Chi.

## **Plans for future**

Under our President elect Prof Parag Singh we are exploring new sponsorship and using a variety of venues as well as online meetings to boost attendance. We also expect the website changes to be finalised by November.

## **Reference and administrative details**

Charity name	<b>Bristol Medico-Chirurgical Society</b>
Other name the charity uses	<b>none</b>
Registered charity number	<b>1181791</b>
Charity's principal address	<b>7C Rockleaze Bristol BS9 1NE</b>

	Trustee name	Office (if any)	Dates acted if not for whole year
1	Dr Nabil-Al-Jarad	President	
2	Dr Jonathan Pitts-Crick	Past President	
3	Dr Tom Frewin		
4	Dr Monica Blackwell		
5	Dr Peter Carpenter	Treasurer	
6	Rev Victor Barley		
7	Dr David Cahill		1/8/23 – 30/3/24
8	Mr Faisa Naaisa		1/8/23 – 30/3/24
9			

There are no corporate trustees

No trustees hold title to property belonging to the charity -

No Funds are held as custodian trustees on behalf of others

No personnel issues have been knowingly withheld

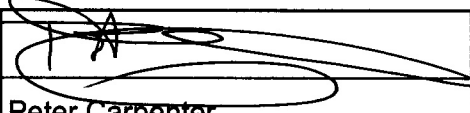
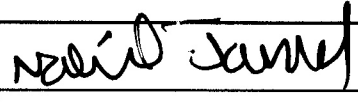
See also treasurers report sent separately.

## Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature(s)			
Full name(s)	Peter Carpenter	Nabil Jarad	
Position (for example Secretary, Chair, etc)	Treasurer	Chair / President	
Date	9/10/2024		

**Report of Hon Treasurer for Bristol Med Chi Society CIO 1181791**  
**Hon Treasurer Peter Carpenter**

We have claimed Gift aid for the last two years.

At present most in-person events occur at the Nuffield who are now starting to charge for this and for food.

Most of the money is held in a 35day notice savings account attached to account

The website costs have escalated in part due to host charges, and charges from previous years. – We are now in process of migrating the website.

The accounts for both the old Med Chi and CIO have been scrutinised for accuracy by a person not involved in handling the money.

	<b>2023 - 2024</b>		<b>2022 - 2023</b>	
	Restricted	Unrestricted	Restricted	Unrestricted
<b>At start year</b>	1444.79	6094.30	0	<b>8822.29</b>
<b>CIO Income</b>				
Subscription [£50's]		2800		3000
Meal income		1450		1170
Fundraising events & Donations & Giftaid		1475.70		217.94
transfer from Old		3400	1444.79	1231
Interest		197		
<b>TOTAL</b>	<b>0</b>	<b>9322.70</b>	<b>1444.79</b>	<b>5618.94</b>
<b>CIO Expenditure</b>				
EEF				
Nuffield /catering		-980.06		-1788.71
Secretary & committee exp		-3244.99		-3199
Website		-2155.92		-205.08
Printing		0		0
Petty Cash		0		0
Speaker exp		0		-123.79
ICO governance		-35		-35
Hardware for admin/ IT				-2995.35
<b>Total</b>		<b>-6415.97</b>		<b>-8346.93</b>
<b>Net income</b>	<b>0</b>	<b>2906.73</b>	<b>1444.79</b>	<b>-2727.99</b>
Start of year	1444.79	6094.30	0	8822.29
Income	0	2906.73	1444.79	-2727.99
End of year	1444.79	9001.03	1444.79	6094.30
	<b>10445.82</b>		<b>7539.09</b>	

