

Yorkshire Health and Sport Limited

1181760

Financial Statements
YEAR ENDED 31 DECEMBER 2024

REGISTERED OFFICE

Tavern Works, Skinner Lane
Pontefract, England
WF8 3FB

Yorkshire Health and Sport Limited

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For the year end 31 Dec 2024**

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Yorkshire Health and Sport Limited

Independent Examiners Report

Independent Examiners Report to the trustees of Yorkshire Health and Sport Limited

I report to the charity trustees on my examination of the accounts of Yorkshire Health and Sport Limited for the year end 31 Dec 2024 which comprise the Statement of Financial Activities, the summary Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the Requirements of the Companies Act 2006('the 2006 Act)

Having satisfied myself that the accounts of the charity are not required to be audited under part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act

Independent Examiner's Statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Richmonds Accountants Limited
Chartered Certified Accountants
Leeds
LS7 3JB

Trustee Report

Year Ended 31-12-2024

Introduction:

Yorkshire Health And Sports Limited (YHS) presents the Charity Trustee Report for the financial year ending 31-12-2024, outlining our activities, achievements, and financial position amidst a deficit.

Activities:

Throughout the year, YHS continued its efforts to promote health and fitness within the Yorkshire community despite financial challenges. We sustained the following activities:

1. Health and fitness classes: Despite financial constraints, we maintained a schedule of classes to encourage regular exercise and healthy lifestyle choices among our members.
2. Community outreach: YHS persisted in engaging with local schools, community centers, and organizations to promote health education and awareness despite limited resources.
3. Sports events: We managed to organize and support sports events and competitions, fostering community spirit and physical activity despite financial limitations.
4. Wellness initiatives: YHS remained committed to launching initiatives focused on mental health awareness, stress management, and holistic well-being, albeit on a smaller scale due to financial constraints.

Achievements:

Despite facing a deficit, YHS achieved several notable accomplishments during the reporting period:

1. Sustained operations: Despite financial challenges, YHS maintained operational continuity, ensuring that essential services and programs were still available to the community.
2. Community impact: Despite limited resources, our programs and initiatives continued to positively impact the health and well-being of individuals within the Yorkshire community.
3. Volunteer support: YHS received continued support from dedicated volunteers who contributed their time and efforts to sustain our programs and operations.

Financial Position:

YHS encountered financial difficulties during the year ending 31-12-2024. Key financial details include:

1. Total income: 396,273
2. Total expenses: 461,562
3. Net deficit: 35,008
4. Reserves: YHS's reserves have been significantly depleted due to the deficit, necessitating careful financial planning and management in the coming year.

Outlook:

Despite the deficit, YHS remains committed to its mission of promoting health and fitness in the Yorkshire community. Our priorities for the coming year include:

1. Financial recovery: YHS will focus on implementing strategies to address the deficit and rebuild reserves through fundraising, cost-saving measures, and seeking additional sources of revenue.
2. Program sustainability: We will prioritize the sustainability of essential programs and services, ensuring that they remain accessible to the community despite financial challenges.
3. Stakeholder engagement: YHS will continue to engage with stakeholders, including members, volunteers, donors, and partners, to garner support and strengthen our collective efforts towards financial recovery and organizational resilience.

Conclusion:

In conclusion, YHS acknowledges the financial challenges faced during the past year but remains steadfast in its commitment to promoting health and fitness in Yorkshire community. We extend our gratitude to our dedicated members, volunteers, staff donors, and partners for their continued support and resilience during this challenging time. As trustees, we are committed to navigating through these financial difficulties with transparency, prudence and determination, ensuring the long-term sustainability of Yorkshire Health and Sports Limited

Statement of financial activities

for the year ended 31 December 2024

| | Notes | Unrestricted Funds £ | Restricted Funds £ | Total Funds Year to 31-Dec-24 £ | Total Funds Year to 31-Dec-23 £ |
|--|-------|----------------------------|--------------------------|--|--|
| <u>Income & Expenditure</u> | | | | | |
| <u>Incoming Resources</u> | | | | | |
| Income and endowments from: | | | | | |
| Charitable activities | 2 | 396,273 | 25,000 | 421,273 | 365,441 |
| Total | | <u>396,273</u> | <u>25,000</u> | <u>421,273</u> | <u>365,441</u> |
| <u>Resources Expended</u> | | | | | |
| Expenditure on: | | | | | |
| Raising funds | 3 | 20,241 | - | 20,241 | 22,603 |
| Charitable activities | 4 | 436,044 | - | 436,044 | 393,023 |
| Total | | <u>456,285</u> | <u>-</u> | <u>456,285</u> | <u>415,626</u> |
| <u>Net Income / (expenditure) before investment gains/(losses)</u> | | | | | |
| Net income/(expenditure) | | (60,012) | 25,000 | (35,012) | (50,185) |
| Net Movement in Funds | | (60,012) | 25,000 | (35,012) | (50,185) |
| Balance Bought Forward at 1 January 2024 | | (144,421) | - | (144,421) | (94,236) |
| Balance Carried Forward at 31 December 2024 | | <u>(204,433)</u> | <u>25,000</u> | <u>(179,433)</u> | <u>(144,421)</u> |

Balance Sheet

as at 31 December 2024

| | Notes | <u>31-Dec-24</u> | | <u>31-Dec-23</u> | |
|---|-------|------------------|------------------|------------------|------------------|
| | | £ | £ | £ | £ |
| <u>Fixed Assets</u> | | | | | |
| Tangible Fixed Asset | 5 | 31,240 | 31,240 | 11,933 | 11,933 |
| <u>YEAR ENDED 31 DECEMBER 2024</u> | | | | | |
| Debtors | 6 | - | | 16,064 | |
| Cash In Hand and at bank | | 1,762 | | 1,123 | |
| | | <u>1,762</u> | | <u>17,187</u> | |
| Liabilities | | | | | |
| Amount falling due within one year | 7 | <u>(176,435)</u> | | <u>(131,107)</u> | |
| Net Current Assets | | | <u>(174,673)</u> | | <u>(113,920)</u> |
| Total Asset Less Current Liabilities | | | (143,433) | | (101,987) |
| Amount falling due more than one year | 8 | | (36,000) | | (42,434) |
| Total net assets or liabilities | | | <u>(179,433)</u> | | <u>(144,421)</u> |
| Funds of charity | 9 | | | | |
| Unrestricted | | (179,433) | | (144,421) | |
| Reserves | | | <u>(179,433)</u> | | <u>(144,421)</u> |
| Total Funds | | | <u>(179,433)</u> | | <u>(144,421)</u> |

The financial statements were approved by the Board on 20 October 2025 and signed on behalf by:

Simon Fletcher *Simon Fletcher*
Director

21 Oct 2025

Notes to the financial statements

for the year ending 31 December 2024

5) Schedule of Tangible Fixed Assets

YEAR ENDED 31 DECEMBER 2024

| | Land & Building | Vehicle | Total |
|---------------------------------|--------------------|---------|---------|
| | £ | | £ |
| As At 1 January 2024 | 21,428 | - | 21,428 |
| Additions/Improvements | - | 25,000 | 25,000 |
| Disposal | - | - | - |
| Depreciation at 01 January 2024 | (9,494) | - | (9,494) |
| Depreciation | (1,194) | (4,500) | (5,694) |
| As At 31 December 2024 | 10,740 | 20,500 | 31,240 |

6) Current Assets

| | 2024 | 2023 |
|---------------|------|--------|
| | £ | |
| Trade Debtors | - | 13,664 |
| Other Debtors | - | 2,400 |
| | - | 16,064 |

7) Liabilities: Amount falling due within one year

| | 2024 | 2023 |
|-----------------|---------|---------|
| | £ | £ |
| Accruals | 2,000 | 6,120 |
| Trade Creditors | 80,668 | 73,880 |
| Other Creditors | 93,767 | 51,107 |
| | 176,435 | 131,107 |

8) Liabilities: Amount falling due more than one year

| | 2024 | 2023 |
|-----|--------|--------|
| | £ | £ |
| BBL | 36,000 | 42,434 |
| | 36,000 | 42,434 |

9) Charity funds

| | Restricted Fund | Unrestricted Fund | Total |
|--------------------------------|--------------------|----------------------|-----------|
| | £ | £ | |
| Balance as at 1 January 2024 | - | (144,421) | (144,421) |
| Incoming Resources | 25,000 | 396,273 | 421,273 |
| | 25,000 | 251,852 | 276,852 |
| Outgoing Resources | 25,000 | 456,285 | 456,285 |
| Balance as at 31 December 2024 | - | (204,433) | (179,433) |

Notes to the financial statements

for the year ending 31 December 2024

1) Accounting Policies

1.1 Basis of Preparation

1.2 The accounts have been prepared under the historical cost convention and in accordance with the Charities Act 1993.

1.3 Going concern

| YEAR ENDED 31 DECEMBER 2024 | Unrestricted Fund £ | Restricted Fund £ | Total Funds Year To 31/12/2024 £ | Total Funds Year To 31/12/2023 £ |
|---|---------------------------|-------------------------|---|---|
| 2) Donations & Other Income | | | | |
| Sales | 396,273 | - | 396,273 | 365,441 |
| Donation received | - | 25,000 | 25,000 | - |
| | <u>396,273</u> | <u>25,000</u> | <u>421,273</u> | <u>365,441</u> |
| 3) Expenditure on Raising Funds | | | | |
| Pension costs | 1,040 | - | 1,040 | 2,444 |
| Subscription/Software | 13,107 | - | 13,107 | 9,298 |
| Bank Charges | 3,054 | - | 3,054 | 6,421 |
| Advertising and PR | 3,040 | - | 3,040 | 4,440 |
| | <u>20,241</u> | <u>-</u> | <u>20,241</u> | <u>22,603</u> |
| 4) Expenditure on charitable activities of the Charity | | | | |
| Heat & Light | 15,232 | - | 15,232 | 5,768 |
| Repairs & Renewals | 5,551 | - | 5,551 | 5,964 |
| Telephone | 2,070 | - | 2,070 | 4,913 |
| Insurance | 5,801 | - | 5,801 | 3,661 |
| Motor, Travel & Subsistence | 2,205 | - | 2,205 | 1,300 |
| Accountancy Charges | 2,140 | - | 2,140 | 2,760 |
| Cleaning & Sundries | 1,116 | - | 1,116 | 833 |
| Depreciation | 5,694 | - | 5,694 | 1,326 |
| Travel & Subsistence | 1,553 | - | 1,553 | - |
| Rent & Rates | 163,962 | - | 163,962 | 158,123 |
| Wages and Salaries | 87,432 | - | 87,432 | 82,350 |
| Purchases | 104,669 | - | 104,669 | 72,101 |
| Subcontractor Costs | 38,297 | - | 38,297 | 40,188 |
| Computer & Software | 2,440 | - | 2,440 | - |
| Staff Training and Welfare | - | - | - | 6,965 |
| Stationery and printing | 1,887 | - | 1,887 | 3,209 |
| Interest Payable | 990 | - | 990 | 992 |
| Other Operating income | (5,281) | - | (5,281) | - |
| Other Expense | 286 | - | 286 | 2,570 |
| | <u>436,044</u> | <u>-</u> | <u>436,044</u> | <u>393,024</u> |



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