

Yorkshire Health and Sport Limited

1181760

Financial Statements
YEAR ENDED 31 DECEMBER 2023

REGISTERED OFFICE

Tavern Works, Skinner Lane
Pontefract, England
WF8 3FB

Yorkshire Health and Sport Limited

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For the year end 31 Dec 2023**

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Yorkshire Health and Sport Limited

Independent Examiners Report

Independent Examiners Report to the trustees of Yorkshire Health and Sport Limited

I report to the charity trustees on my examination of the accounts of Yorkshire Health and Sport Limited for the year end 31 Dec 2023 which comprise the Statement of Financial Activities, the summary Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the Requirements of the Companies Act 2006('the 2006 Act')

Having satisfied myself that the accounts of the charity are not required to be audited under part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act

Independent Examiner's Statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Richmonds Accountants Limited
Chartered Certified Accountants
Leeds
LS7 3JB

Trustee Report

Year Ended 31-12-2023

Introduction:

Yorkshire Health And Sports Limited (YHS) presents the Charity Trustee Report for the financial year ending 31-12-2023, outlining our activities, achievements, and financial position amidst a deficit.

Activities:

Throughout the year, YHS continued its efforts to promote health and fitness within the Yorkshire community despite financial challenges. We sustained the following activities:

1. Health and fitness classes: Despite financial constraints, we maintained a schedule of classes to encourage regular exercise and healthy lifestyle choices among our members.
2. Community outreach: YHS persisted in engaging with local schools, community centers, and organizations to promote health education and awareness despite limited resources.
3. Sports events: We managed to organize and support sports events and competitions, fostering community spirit and physical activity despite financial limitations.
4. Wellness initiatives: YHS remained committed to launching initiatives focused on mental health awareness, stress management, and holistic well-being, albeit on a smaller scale due to financial constraints.

Achievements:

Despite facing a deficit, YHS achieved several notable accomplishments during the reporting period:

1. Sustained operations: Despite financial challenges, YHS maintained operational continuity, ensuring that essential services and programs were still available to the community.
2. Community impact: Despite limited resources, our programs and initiatives continued to positively impact the health and well-being of individuals within the Yorkshire community.
3. Volunteer support: YHS received continued support from dedicated volunteers who contributed their time and efforts to sustain our programs and operations.

Financial Position:

YHS encountered financial difficulties during the year ending 31-12-2023. Key financial details include:

1. Total income: 365,441
2. Total expenses: 415,626
3. Net deficit: 50,185
4. Reserves: YHS's reserves have been significantly depleted due to the deficit, necessitating careful financial planning and management in the coming year.

Outlook:

Despite the deficit, YHS remains committed to its mission of promoting health and fitness in the Yorkshire community. Our priorities for the coming year include:

1. Financial recovery: YHS will focus on implementing strategies to address the deficit and rebuild reserves through fundraising, cost-saving measures, and seeking additional sources of revenue.
2. Program sustainability: We will prioritize the sustainability of essential programs and services, ensuring that they remain accessible to the community despite financial challenges.
3. Stakeholder engagement: YHS will continue to engage with stakeholders, including members, volunteers, donors, and partners, to garner support and strengthen our collective efforts towards financial recovery and organizational resilience.

Conclusion:

In conclusion, YHS acknowledges the financial challenges faced during the past year but remains steadfast in its commitment to promoting health and fitness in Yorkshire community. We extend our gratitude to our dedicated members, volunteers, staff donors, and partners for their continued support and resilience during this challenging time. As trustees, we are committed to navigating through these financial difficulties with transparency, prudence and determination, ensuring the long-term sustainability of Yorkshire Health and Sports Limited

Statement of financial activities

for the year ended 31 December 2023

	Notes	Unrestricted Funds £	Restricted Funds £	Total Funds Year to 31-Dec-23 £	Total Funds Year to 31-Dec-22 £
<u>Income & Expenditure</u>					
<u>Incoming Resources</u>					
Income and endowments from:					
Charitable activities	2	365,441	-	365,441	293,004
Total		<u>365,441</u>	<u>-</u>	<u>365,441</u>	<u>293,004</u>
Resources Expended					
Expenditure on:					
Raising funds	3	22,603	-	22,603	9,003
Charitable activities	4	393,023	-	393,023	302,156
Total		<u>415,626</u>	<u>-</u>	<u>415,626</u>	<u>311,160</u>
Net Income / (expenditure) before investment gains/(losses)					
Net income/(expenditure)		(50,185)	-	(50,185)	(18,156)
Net Movement in Funds		(50,185)	-	(50,185)	(18,156)
Balance Bought Forward at 1 January 2023		(94,236)	-	(94,236)	(76,080)
Balance Carried Forward at 31 December 2023		<u>(144,421)</u>	<u>-</u>	<u>(144,421)</u>	<u>(94,236)</u>

as at 31 December 2023

Notes to the financial statements

for the year ending 31 December 2023

1) Accounting Policies

1.1 Basis of Preparation

1.2 The accounts have been prepared under the historical cost convention and in accordance with the Charities Act 1993.

1.3 Going concern

	Unrestricted Fund £	Restricted Fund £	Total Funds Year To 31/12/2023 £	Total Funds Year To 31/12/2022 £
2) Donations & Other Income				
Sales	365,441	-	365,441	293,004
	<u>365,441</u>	<u>-</u>	<u>365,441</u>	<u>293,004</u>
3) Expenditure on Raising Funds				
Pension costs	2,444	-	2,444	3,142
Subscription/Software	9,298	-	9,298	3,732
Bank Charges	6,421	-	6,421	2,130
Advertising and PR	4,440	-	4,440	-
	<u>22,603</u>	<u>-</u>	<u>22,603</u>	<u>9,003</u>

**4) Expenditure on charitable activities
of the Charity**

Heat & Light	5,768	-	5,768	21,911
Repairs & Renewals	5,964	-	5,964	2,987
Telephone	4,913	-	4,913	5,713
Insurance	3,661	-	3,661	4,488
Motor, Travel & Subsistence	1,300	-	1,300	1,191
Accountancy Charges	2,760	-	2,760	2,700
Cleaning & Sundries	833	-	833	1,187
Legal Charges	886	-	886	100
Depreciation	1,326	-	1,326	1,473
Advertising and marketing	-	-	-	4,483
Rent	158,123	-	158,123	97,201
Wages and Salaries	58,522	-	58,522	65,534
Purchases	72,101	-	72,101	42,794
Subcontractor Costs	40,188	-	40,188	39,974
Direct Labour	23,828	-	23,828	9,945
Staff Training and Welfare	6,965	-	6,965	4,435
Stationery and printing	3,209	-	3,209	1,565
Interest Payable	992	-	992	1,236
Other Operating income	-	-	-	(6,760)
Other Expense	1,684	-	1,684	-
	<u>393,023</u>	<u>-</u>	<u>393,023</u>	<u>302,156</u>

Notes to the financial statements

for the year ending 31 December 2023

5) Schedule of Tangible Fixed Assets

	Land & Building	Total
	£	£
As At 1 January 2023	21,428	21,428
Additions/Improvements	-	-
Disposal	-	-
Depreciation at 01 January 2023	(8,169)	(8,169)
Depreciation	(1,326)	(1,326)
As At 31 December 2023	<u>11,933</u>	<u>11,933</u>

6) Current Assets

	2023	2022
	£	
Trade Debtors	13,664	10,605
Other Debtors	2,400	2,400
	<u>16,064</u>	<u>13,005</u>

7) Liabilities: Amount falling due within one year

	2023	2022
	£	
Accruals for grants payable	6,120	3,420
Trade Creditors	73,880	25,854
Other Creditors	51,107	48,227
	<u>131,107</u>	<u>77,501</u>

8) Liabilities: Amount falling due more than one year

	2023	2022
	£	
BBL	42,434	-
	<u>42,434</u>	<u>44,761</u>

9) Charity funds

	Restricted Fund	Unrestricted Fund	Total
	£	£	
Balance as at 1 January 2023	-	(94,236)	(94,236)
Incoming Resources	-	365,441	365,441
		271,205	271,205
Outgoing Resources		415,626	415,626
Balance as at 31 December 2023	-	(144,421)	(144,421)