

Charity registration number: 1181729

Bounce! Brighter Futures Foundation

Annual Report and Financial Statements
for the Year Ended 31 March 2025



Bounce! Brighter Futures Foundation

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Bounce! Brighter Futures Foundation

Reference and Administrative Details

Trustees: Peter Graham, Chair
Eunice Hinds
Alicia Balfour
Samantha Julianne Slater

Charity Registration Number 1181729

Principal Office 9 Park Road
Tiverton
Devon
EX16 6AU

Independent Examiner Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Bounce! Brighter Futures Foundation

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2025.

The trustees present their annual report together with the financial statements of the charity for the period 1 April 2024 to 31 March 2025.

Introduction & Overview

BOUNCE! was founded in January 2019, inspired by lived experience and a determination to improve access to mental health support for children and families. The idea first emerged in 2005, when the founder's youngest son struggled to access appropriate help. This experience led to extensive training in both adult and child psychotherapy and ultimately to the creation of BOUNCE! as a way to ensure other families would not face the same barriers.

During the 2024-2025 tax year, BOUNCE! was supported by a team of **thirteen highly trained mental health professionals**, alongside a management team of four and a dedicated group of volunteers, including our trustees. Together, we provided accessible, high quality psychotherapy and counselling to children, young people, and families across Mid Devon. We supported around 70 families each week, working with a wide range of emotional and psychological difficulties including anxiety, depression, trauma, loss, and relationship challenges

Over **3,700 therapy sessions** were delivered during the year, helping children and families build resilience and improve mental wellbeing.

Objectives and Activities

BOUNCE! provides mental health services to children, families, and educational staff within schools and the wider community. Based in Tiverton, Mid Devon, our aims are to:

- Improve mental health and resilience in children and families
- Support learning outcomes and emotional wellbeing
- Create stronger, healthier communities
- Deliver early intervention to prevent escalation of mental health difficulties

Our multidisciplinary team includes:

- Child and adolescent psychotherapists and counsellors
- Adult psychotherapists and counsellors
- Clinical psychologists
- Art psychotherapists

We remain committed to:

- Placing children, young people, and families at the centre of all we do
- Providing high quality, accessible counselling and psychotherapy
- Growing our service to reach more families
- Developing innovative, evidence informed approaches to mental health support

Key Achievements in 2024–2025

A. Software & Safeguarding Upgrades

To strengthen governance, efficiency, and safeguarding:

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

- **MyConcern** was introduced to streamline safeguarding reporting and ensure immediate alerts to safeguarding leads.
- **UpShot**, a secure cloud based referral and case management system, was implemented to support GDPR compliant data handling and real time access to client information.

B. Volunteer Engagement

We welcomed additional volunteers, including individuals passionate about mental health and therapy students seeking frontline experience. Their contribution has strengthened our capacity and broadened community involvement.

Financial Overview & Sustainability

During 2024–2025, BOUNCE! delivered **3,700 therapy sessions**, averaging **90 sessions per week**.

Income Overview

A significant proportion of income was generated from non grant sources, including:

- Low cost counselling fees
- Room hire
- Partnerships with schools and social services

We also secured funding from several key supporters, including:

- **BBC Children in Need**
- **Devon Community Foundation (DCF)**
- **The Kelly Family Charitable Trust**
- **Viscount Amory's Trust**
- **Sedel Collings Foundation**

In addition, we continued contracted work with the Tiverton PCN. These partnerships have strengthened our financial position and supported the delivery of subsidised and fully funded therapy sessions. Our reserves policy ensures financial stability and protects service continuity during periods of economic uncertainty.

Financial Goals for 2025 - 2026

Looking ahead, our financial priorities for 2025 - 2026 are to:

- Increase self generated income to support long term sustainability
- Expand adoption and fostering support services
- Grow income from room hire and other earned income streams
- Strengthen relationships with local businesses and philanthropic partners
- Increase the number of funded and part funded therapy places through the **Fund a Family** scheme

Looking Ahead: Priorities for 2025–2026

1. Expand Low Cost Adult Counselling

- Increase the number of weekly low cost adult sessions

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

- Grow the placement programme to support delivery
- Strengthen referral pathways for adults affected by trauma, anxiety, and family stress
- 2. Increase Placement Capacity**
 - Recruit a new cohort of placement students in starting in October 2025 and again in March 2026
 - Develop a structured training and supervision pathway
 - Build partnerships with additional universities and training providers
- 3. Grow the Fund a Family Scheme**
 - Secure long term business partners
 - Increase the number of fully funded therapy places
 - Develop impact reporting to demonstrate outcomes to donors
- 4. Strengthen Community Fundraising**
 - Develop a year round community fundraising calendar
 - Increase engagement with local businesses and community groups
- 5. Broaden Access to Therapy**
 - Increase capacity for children and families on waiting lists
 - Expand outreach into schools and community groups
 - Ensure affordability through a mix of funded, subsidised, and low cost services
- 6. Strengthen Digital Presence**
 - Improve online referral processes
 - Enhance accessibility and clarity for families and professionals

Acknowledgements

We extend our sincere thanks to our staff, therapists, volunteers, funders, partner schools, and supporters. Your commitment enables BOUNCE! to continue providing vital mental health support to children, young people, and families across Mid Devon.

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

Structure, governance and management

BOUNCE! is established as a CIO. The Charity is overseen by the Trustees. Trustees are appointed from those who wish to volunteer as trustees by a majority vote at the Annual General Meeting. The trustees meet on a regular basis. From an operational perspective the Chair of Trustees also acts as Clinical Director and co-ordinates the day to day running and fundraising activities. Currently this element is provided pro bono. The Chair also undertakes clinical work for which she is paid the same charitable rate as all other professional associates. This has been agreed with the Charity Commission.

BOUNCE! has a comprehensive set of governance and operational policies in place. These include:

- Safeguarding and Child Protection Policy
- Safeguarding Adult Policy
- Complaints Policy
- Equal Opportunities Policy
- Privacy Policy
- Remote Working Policy
- Reserves Policy

All BOUNCE! associates have an individual letter of engagement which specifies compliance with BOUNCE! policies. This also includes requirements for:

- DBS and identity checks
- Checks on qualifications and registration
- Compliance with registering body code of ethics

Governance, Internal Control and Risk Management

The trustees have reviewed the major risks of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

The insurance policies are reviewed annually and amended if appropriate.

As the Charity works with children, DBS checks are always carried out on staff and any volunteers before they take up a position within the charity.

Financial review

BOUNCE! started the financial year with circa £36k funds. Over the accounting period expenditure was circa £176k and we finished the year with circa £37k in the bank having raised over £176k.

Reserves Policy

For Core service provision we agree there should always be at least one full terms fund secured prior to work beginning or continuing in a school-based programme of support. Whilst it is envisaged to be an exceptional circumstances this allows sufficient time to exit the service and manage ending sessions with vulnerable clients appropriately.

We agree that at any point we will hold a reserve of unrestricted funds to cover 3 months of fixed costs. As at the 31 March 2025, £37,164 was held in unrestricted reserves, which is equivalent to just under 6 months of fixed costs (expenditure less therapist fees).

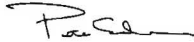
- To give financial support to existing activities, if required
- To give financial support to assist the development of new activities and services
- To purchase additional equipment and/or replace existing equipment if required
- To support training needs of Bounce! associates/volunteers/committee members

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

- To support volunteers through provision of volunteer expenses for travel and associated costs
- To promote the Bounce! service

The annual report was approved by the trustees of the charity on 4th Feb 2026 and signed on its behalf by:



.....
Peter Graham
Trustee

Bounce! Brighter Futures Foundation

Independent Examiner's Report to the trustees of Bounce! Brighter Futures Foundation

I report to the trustees on my examination of the accounts of Bounce! Brighter Futures Foundation for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of Bounce! Brighter Futures Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Bounce! Brighter Futures Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Bounce! Brighter Futures Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Catherine Williams FCA DChA
Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Date: 4th February 2026

Bounce! Brighter Futures Foundation

Receipts and Payments Account for the Year Ended 31 March 2025

	Unrestricted funds £	Total 2025 £	Total 2024 £
Receipts:			
Donations	94,320	94,320	55,183
Incoming resources from charitable activities	76,625	76,625	73,672
Activities for generating funds	5,972	5,972	5,830
Total receipts	<u>176,917</u>	<u>176,917</u>	<u>134,685</u>
Payments:			
Establishment costs	(14,822)	(14,822)	(12,598)
Accountancy fees	-	-	(630)
Therapist fees	(110,207)	(110,207)	(96,354)
Telephone	(929)	(929)	(823)
Advertising	-	-	(151)
Admin	(1,420)	(1,420)	(5,041)
Equipment	(6,396)	(6,396)	(263)
Website	-	-	(468)
Sundry expenses	(654)	(654)	(61)
Wages and salaries	(41,009)	(41,009)	(19,070)
Staff wellbeing	-	-	(1,750)
Staff training	(60)	(60)	(8,250)
Total payments	<u>(175,497)</u>	<u>(175,497)</u>	<u>(145,459)</u>
Net receipts/(payments)	1,420	1,420	(10,774)
Cash brought forward	<u>35,744</u>	<u>35,744</u>	<u>46,518</u>
Cash carried forward	<u>37,164</u>	<u>37,164</u>	<u>35,744</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2024 is shown in note 5.

The notes on pages 10 to 12 form an integral part of these financial statements.

Bounce! Brighter Futures Foundation

(Registration number: 1181729)

Statement of Assets and Liabilities as at [31 March 2025

	Note	2025 £	2024 £
Current assets			
Cash at bank and in hand		<u>37,164</u>	<u>35,744</u>
Unrestricted income funds			
Unrestricted funds		<u>37,164</u>	<u>35,744</u>

The financial statements on pages 8 to 12 were approved by the trustees, and authorised for issue on 4th Feb. 2026. and signed on their behalf by:

.....
Peter Graham
Trustee



Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Accounting policies

Basis of preparation

Bounce! Brighter Futures Foundation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared on the receipts and payments basis.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

All incoming resources are included in the statement of financial activities when the charity receives the income. The following specific policies are applied to particular categories of income:

Donations are received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when received.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

The value of services provided by volunteers has not been included.

Expenditure

Expenditure is recognised on a payments basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

2 Income from donations and legacies

	Unrestricted funds General £	Total 2025 £
Donations and fundraising	5,782	5,782
Grants	88,538	88,538
	<u>94,320</u>	<u>94,320</u>
	Unrestricted funds General £	Total 2024 £
Donations and fundraising	4,183	4,183
Grants	51,000	51,000
	<u>55,183</u>	<u>55,183</u>

3 Income from charitable activities

	Unrestricted funds General £	Total 2025 £
Credit from schools	35,042	35,042
External provider payments	5,447	5,447
Client Fees	36,136	36,136
	<u>76,625</u>	<u>76,625</u>
	Unrestricted funds General £	Total 2024 £
Credit from schools	28,196	28,196
External provider payments	23,371	23,371
Client Fees	22,105	22,105
	<u>73,672</u>	<u>73,672</u>

Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

4 Taxation

The charity is a registered charity and is therefore exempt from taxation.

5 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Balance at 31 March 2025 £
Unrestricted funds				
Unrestricted funds	<u>35,744</u>	<u>176,917</u>	<u>(175,497)</u>	<u>37,164</u>
	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
Unrestricted funds	<u>46,518</u>	<u>134,685</u>	<u>(145,459)</u>	<u>35,744</u>

6 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 31 March 2025 £
Current assets	<u>37,164</u>	<u>37,164</u>
	Unrestricted funds General £	Total funds at 31 March 2024 £
Current assets	<u>35,744</u>	<u>35,744</u>

7 Related party transactions

There were no related party transactions in the year.