

Charity registration number: 1181729

Bounce! Brighter Futures Foundation

Annual Report and Financial Statements
for the Year Ended 31 March 2024



Bounce! Brighter Futures Foundation

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Bounce! Brighter Futures Foundation

Reference and Administrative Details

Trustees:	Peter Graham, Chair (appointed 13 June 2023)
	Eunice Hinds
	Alicia Balfour
	Samantha Julianne Slater
	Hayley Graham (resigned 13 June 2023)
Charity Registration Number	1181729
Principal Office	33 St Peter Street Tiverton Devon EX16 6NW
Independent Examiner	Westcotts (SW) LLP 47 Boutport Street Barnstaple Devon EX31 1SQ

Bounce! Brighter Futures Foundation

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2024.

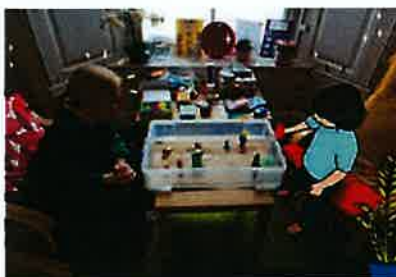
Introduction & Overview

I founded BOUNCE! in January 2019, but the idea had first come to me way back in 2005 when my youngest son had started to struggle with his mental health and I'd discovered that finding appropriate help was just about impossible! In response, I'd embarked on psychotherapy training, first in adult psychotherapy and then later in child psychotherapy.

In this way, we found a way through, and my son is now doing well, but over the years, and knowing just how hard things can be, I never let go of my idea of trying to find a way to help families who might find themselves in a similar situation to us.

Today Bounce is made up of a thirteen strong team of committed mental health professionals with a high level of training and a wealth of relevant experience. A management team of four, and half a dozen volunteers, including our trustee group, who are passionate about mental health and work hard to support the therapists and the organization.

Our focus is on delivering accessible high-quality psychotherapy and counselling to children, young people and their families. We work with a wide range of difficulties including anxiety, depression, trauma, loss and relationship problems and currently provide specialist support to around 70 families a week who live mainly in Mid-Devon.



BOUNCE! continues its mission to provide mental health support to children, families, and educators across Mid Devon. This past year has seen significant progress, with an expansion in partnerships, new service offerings, and increased financial sustainability.

BOUNCE! remains committed to delivering high-quality, accessible psychotherapy and counselling for those in need. In the last year we provided over 3,700 therapy sessions, helping children, young people, and families build resilience and improve mental well-being.

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

Objectives and Activities

BOUNCE! is a charity providing mental health services to children, families and educational staff within schools and the broader community. We're based in Tiverton, Mid Devon. We aim to improve mental health and build resilience in children, their families and the wider community; improve learning outcomes and create happier learners, families, and communities.

At BOUNCE! we want every child and family to be able to look forward to a brighter future and believe passionately in the power of early intervention to help those in need. We have established an innovative, accessible, and holistic service.

We are a team of committed mental health professionals with a high level of training and a wealth of relevant experience including:

- Child and adolescent psychotherapists and counsellors
- Adult psychotherapists and counsellors
- Clinical psychologists
- Art psychotherapists

Our commitment is:

- To put children, young people and families at the centre of everything we do.
- To provide high-quality, accessible counselling and psychotherapy to those in need.
- To develop and grow our service so we can reach more children, young people and families.
- To build on our existing expertise and develop new and innovative ways of working with children, young people and families

Key Achievements & Developments

A. Software & Website Upgrades

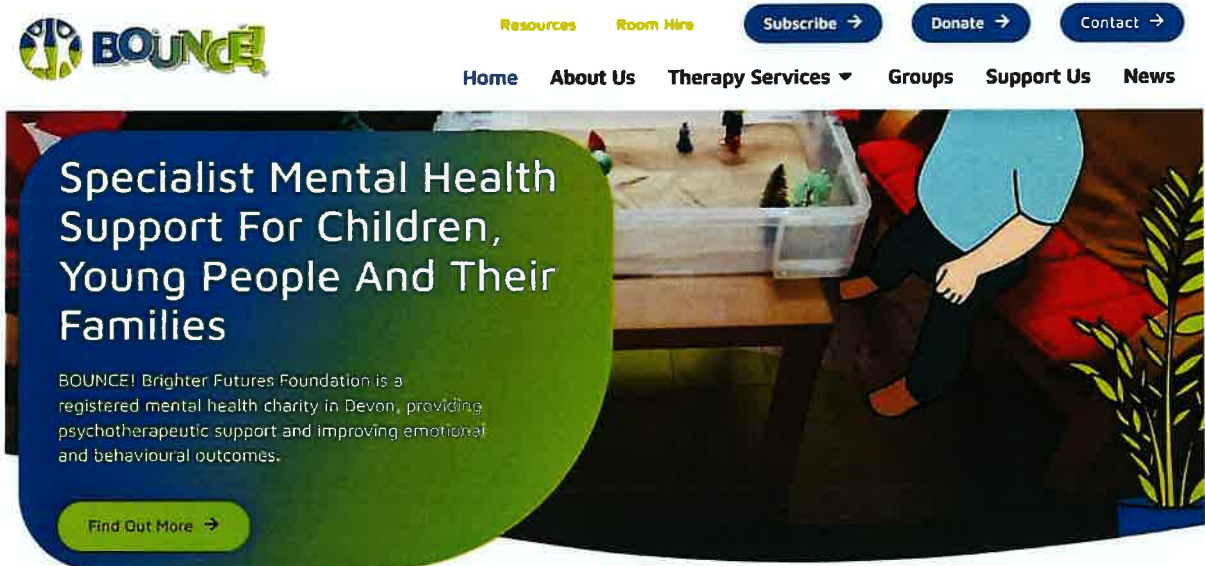
To improve efficiency and governance, BOUNCE! implemented **two new software systems**:


- **MyConcern:** A safeguarding platform allowing therapists to quickly log and report concerns, ensuring immediate notifications to safeguarding leads.
- **UpShot:** A secure, cloud-based referral management system, providing real-time access to client profiles while maintaining strict GDPR compliance.

Additionally, our new website now offers enhanced functionality, making it easier for families to submit referrals and access information about our services.

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

The banner features a background illustration of a child in a blue shirt and dark pants sitting on a red cushion, playing with a sand tray containing small figures and a green plant. A large green speech bubble is overlaid on the left side of the image.

 **BOUNCE!**

[Resources](#) [Room Hire](#) [Subscribe →](#) [Donate →](#) [Contact →](#)

[Home](#) [About Us](#) [Therapy Services ▼](#) [Groups](#) [Support Us](#) [News](#)

Specialist Mental Health Support For Children, Young People And Their Families

BOUNCE! Brighter Futures Foundation is a registered mental health charity in Devon, providing psychotherapeutic support and improving emotional and behavioural outcomes.

[Find Out More →](#)

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

B. The BOUNCE! Magazine

We have launched the first edition of The BOUNCE! Magazine, a fully self-funded publication designed to:

- Introduce our therapy team and services.
- Provide practical mental health advice for families and educators.
- Share real-life stories to raise awareness of children's mental health challenges.



C. Parental Support & The Better Together Programme

Recognizing the importance of parental involvement, BOUNCE! Is launching The Better Together Programme, a structured support group for parents. This program aims to:

- Provide insights into therapy goals and processes.
- Equip parents with tools to support their child both during and after therapy.
- Foster long-term resilience in families, reducing reliance on external services.

Parent Testimonial from The BOUNCE! Magazine:

"The support from BOUNCE! has been life-changing for our family. We now have the tools to help our child manage anxiety and school stress."

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

D. Expansion of Volunteer Engagement

With increasing awareness of BOUNCE!'s mission, we have welcomed more volunteers, including:

- Individuals passionate about mental health, offering time and skills.
- Therapy students seeking front-line experience as part of their qualifications.

Financial Overview & Sustainability Plan

BOUNCE! provided **3,700 therapy sessions** in the past year, equating to 90 sessions per week.

Income & Funding Breakdown

- A significant proportion of income is generated from non-grant sources.
- Main revenue streams include:
 - Low-cost counselling service fees
 - Room hire
 - Partnerships with schools & social services

Goal for 2025:

- Increase self-generated income to 65% by September 2025.
- Strategies include:
 - Expanding adoption & fostering support services.
 - Increasing revenue from room hire business.

BOUNCE! also successfully secured funding from multiple sources, including the Sedel-Collings Foundation, Devon Community Foundation, Tiverton Education Fund, CLASP and Northbrook Foundation, among others. In addition we contracted for services with the Tiverton PCN. Our reserves policy ensures financial stability, allowing us to continue providing services even amidst economic uncertainty.

Looking Ahead: Goals for 2025-26

- Expand therapy services into additional schools and community settings.
- Strengthen financial sustainability by increasing self-generated income and securing long-term funding partners.
- Develop BOUNCE! as a Centre of Excellence for child and adolescent mental health services.
- Enhance volunteer and training programs to support the growing demand for services.
- Improve accessibility and inclusion, ensuring all children and families can benefit from mental health support.

Acknowledgments & Thank You

We extend our deepest gratitude to our staff, therapists, volunteers, funders, and partner schools who make our work possible. Your commitment and dedication have enabled BOUNCE! to grow and support more families than ever before.

Together, we are creating brighter futures for children, young people, and their families.

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

Structure, governance and management

BOUNCE! is established as a CIO. The Charity is overseen by the Trustees. Trustees are appointed from those who wish to volunteer as trustees by a majority vote at the Annual General Meeting. The trustees meet on a regular basis. From an operational perspective the Chair of Trustees also acts as Clinical Director and co-ordinates the day to day running and fundraising activities. Currently this element is provided pro bono. The Chair also undertakes clinical work for which she is paid the same charitable rate as all other professional associates. This has been agreed with the Charity Commission.

BOUNCE! has a comprehensive set of governance and operational policies in place. These include:

- Safeguarding and Child Protection Policy
- Safeguarding Adult Policy
- Complaints Policy
- Equal Opportunities Policy
- Privacy Policy
- Remote Working Policy
- Reserves Policy

All BOUNCE! associates have an individual letter of engagement which specifies compliance with BOUNCE! policies. This also includes requirements for:

- DBS and identity checks
- Checks on qualifications and registration
- Compliance with registering body code of ethics

Governance, Internal Control and Risk Management

The trustees have reviewed the major risks of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

The insurance policies are reviewed annually and amended if appropriate.

As the Charity works with children, DBS checks are always carried out on staff and any volunteers before they take up a position within the charity.

Financial review

BOUNCE! started the financial year with circa £47k funds. Over the accounting period expenditure was circa £145k and we finished the year with circa £36k in the bank having raised over £135k.

Reserves Policy

For Core service provision we agree there should always be at least one full terms fund secured prior to work beginning or continuing in a school-based programme of support. Whilst it is envisaged to be an exceptional circumstances this allows sufficient time to exit the service and manage ending sessions with vulnerable clients appropriately.

We agree that at any point we will hold a reserve of unrestricted funds to cover 3 months of fixed costs. As at the 31 March 2024, £35,744 was held in unrestricted reserves, which is equivalent to just over 9 months of fixed costs (expenditure less therapist fees).

- To give financial support to existing activities, if required
- To give financial support to assist the development of new activities and services
- To purchase additional equipment and/or replace existing equipment if required

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

- To support training needs of Bounce! associates/volunteers/committee members
- To support volunteers through provision of volunteer expenses for travel and associated costs
- To promote the Bounce! service

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 25/02/2025 and signed on its behalf by:



Peter Graham
Trustee

Bounce! Brighter Futures Foundation

Independent Examiner's Report to the trustees of Bounce! Brighter Futures Foundation

I report to the trustees on my examination of the accounts of Bounce! Brighter Futures Foundation for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of Bounce! Brighter Futures Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Bounce! Brighter Futures Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Bounce! Brighter Futures Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Catherine Williams FCA DChA
Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Date: 27th February 2025

Bounce! Brighter Futures Foundation

Receipts and Payments Account for the Year Ended 31 March 2024

	Unrestricted funds £	Total 2024 £	Total 2023 £
Receipts:			
Donations	55,183	55,183	50,209
Incoming resources from charitable activities	73,672	73,672	46,066
Activities for generating funds	5,830	5,830	5,887
Total receipts	134,685	134,685	102,162
Payments:			
Establishment costs	(12,598)	(12,598)	(13,714)
Accountancy fees	(630)	(630)	(570)
Therapist fees	(96,354)	(96,354)	(60,630)
Telephone	(823)	(823)	(762)
Advertising	(151)	(151)	(120)
Admin	(5,041)	(5,041)	(3,768)
Equipment	(263)	(263)	(411)
Website	(468)	(468)	(234)
Sundry expenses	(61)	(61)	(194)
Wages and salaries	(19,070)	(19,070)	-
Staff wellbeing	(1,750)	(1,750)	-
Staff training	(8,250)	(8,250)	-
Total payments	(145,459)	(145,459)	(80,403)
Net (payments)/receipts	(10,774)	(10,774)	21,759
Cash brought forward	46,518	46,518	24,759
Cash carried forward	35,744	35,744	46,518

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2023 is shown in note 5.

Bounce! Brighter Futures Foundation

(Registration number: 1181729)

Statement of Assets and Liabilities as at [31 March 2024

	Note	2024 £	2023 £
Current assets			
Cash at bank and in hand		<u>35,744</u>	<u>46,518</u>
Unrestricted income funds			
Unrestricted funds		<u>35,744</u>	<u>46,518</u>

The financial statements on pages 10 to 14 were approved by the trustees, and authorised for issue on 25/02/2025 and signed on their behalf by:



.....
Peter Graham
Trustee

Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Accounting policies

Basis of preparation

Bounce! Brighter Futures Foundation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared on the receipts and payments basis.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

All incoming resources are included in the statement of financial activities when the charity receives the income. The following specific policies are applied to particular categories of income:

Donations are received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when received.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

The value of services provided by volunteers has not been included.

Expenditure

Expenditure is recognised on a payments basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

2 Income from donations and legacies

	Unrestricted funds General £	Total 2024 £
Donations and fundraising	4,183	4,183
Grants	51,000	51,000
	<u>55,183</u>	<u>55,183</u>
	Unrestricted funds General £	Total 2023 £
Donations and fundraising	718	718
Grants	49,491	49,491
	<u>50,209</u>	<u>50,209</u>

3 Income from charitable activities

	Unrestricted funds General £	Total 2024 £
Credit from schools	28,196	28,196
External provider payments	23,371	23,371
Client Fees	22,105	22,105
	<u>73,672</u>	<u>73,672</u>
	Unrestricted funds General £	Total 2023 £
Credit from schools	14,420	14,420
External provider payments	12,578	12,578
Client Fees	19,068	19,068
	<u>46,066</u>	<u>46,066</u>

Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

4 Taxation

The charity is a registered charity and is therefore exempt from taxation.

5 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
Unrestricted funds	46,518	134,685	(118,139)	63,064

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
General				
Unrestricted funds	24,759	102,162	(80,403)	46,518

6 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 31 March 2024 £
Current assets	35,744	35,744
	Unrestricted funds General £	Total funds at 31 March 2023 £
Current assets	46,518	46,518

7 Related party transactions