

**BOUNCE! BRIGHTER FUTURES  
FOUNDATION**

**UNAUDITED**

**TRUSTEES' REPORT**

**AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED  
31 MARCH 2022**

**CHARITY NUMBER  
1181729**

**Bounce! Brighter Futures Foundation**  
**Charity Number 1181729**

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**Bounce! Brighter Futures Foundation**  
**Charity Number 1181729**

**Legal and administrative information**

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**Status**

Bounce! Brighter Futures Foundation is a CIO Foundation registered 24 January 2019.

**Charity number** 1181729

**Business address** 33 St Peter Street  
Tiverton  
Devon  
EX16 6NW

<b>Trustees</b>	Hayley Graham Samantha Slater Irene Hill Alicia Balfour Eunice Hinds	Chairperson    (Appointed 28th October 2021)
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**Accountants** Westcotts  
47 Boutport Street  
Barnstaple  
Devon  
EX31 1SQ

**Bankers** Nationwide Building Society  
11 Fore Street  
Tiverton  
Devon  
EX16 6LW

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## **Objectives and Activities**

BOUNCE! is a charity providing mental health services to children, families and educational staff within schools and the broader community. We're based in Tiverton, Mid Devon. We aim to improve mental health and build resilience in children, their families and the wider community; improve learning outcomes and create happier learners, families, and communities.

At BOUNCE! we want every child and family to be able to look forward to a brighter future and believe passionately in the power of early intervention to help those in need. We have established an innovative, accessible, and holistic service.

We are a team of committed mental health professionals with a high level of training and a wealth of relevant experience including:

- ▶ Child and adolescent psychotherapists and counsellors
- ▶ Adult psychotherapists and counsellors
- ▶ Clinical psychologists
- ▶ Art psychotherapists

We also have a group of volunteers passionate about mental health who support the therapists and the organisation.

Our focus is on delivering accessible high-quality psychotherapy and counselling to children, young people and their families.

We work with a wide-range of difficulties including anxiety, depression, trauma, loss and relationship problems.

'You do a fantastic job at Bounce with children and parents, and I have heard many accounts from patients that they are really happy to have had help from you so thank you.'  
Tiverton GP

Our commitment is:

- ▶ To put children, young people and families at the centre of everything we do.
- ▶ To provide high-quality, accessible counselling and psychotherapy to those in need.
- ▶ To develop and grow our service so we can reach more children, young people and families.

To build on our existing expertise and develop new and innovative ways of working with children, young people and families

### **Main activities**

In the report period BOUNCE! provided:

- ▶ Over 2700 therapy sessions
- ▶ Over 450 school staff consultations
- ▶ Over 500 parent support sessions
- ▶ Over 100 school reflective practice sessions

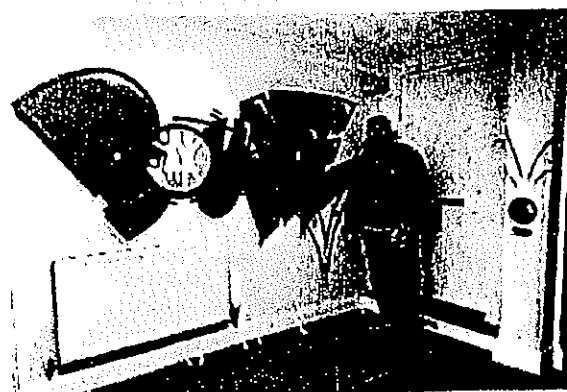
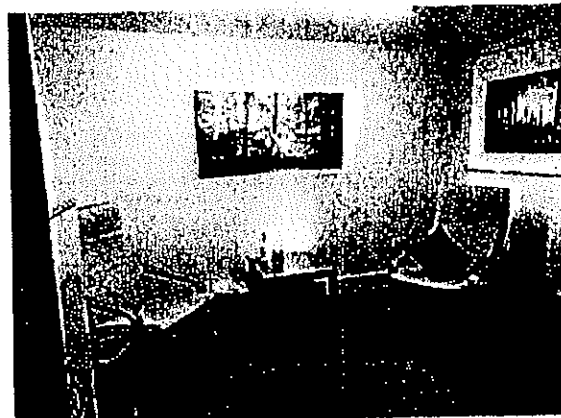
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This represents an over 100% increase on 2020/21.

**BOUNCE! in the community**

Our community hub in central Tiverton opened in February 2021.



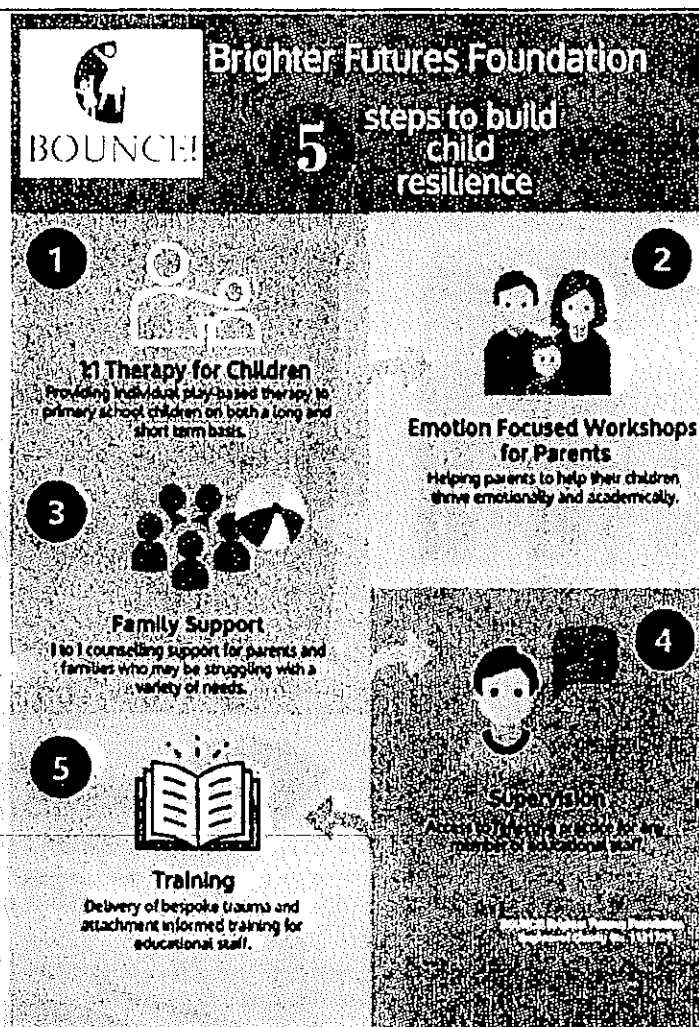
Fully establishing a community-based service has been a major achievement in this reporting period. Clients can self-refer or be referred in by their GP, school or other services. This has significantly broadened the reach of BOUNCE! and we have been able to offer subsidised sessions to a large number of children, adults, and families who would otherwise be unable to access a counselling or psychotherapy service. Currently there are 10 associate BOUNCE! therapists providing sessions from the hub.

In addition we started to utilise the hub as a community resource and have hosted a range of other activities such as parenting support groups and coffee mornings. The rooms have also been available for private hire and this has created a small income stream to support BOUNCE! services.

**BOUNCE! in schools**

BOUNCE! continued with SLA's to provide a service in eight schools and provided ad hoc support to others as requested. This additional work was only feasible through using the community hub as an access point. The core model remained the same, as set out in the infographic.

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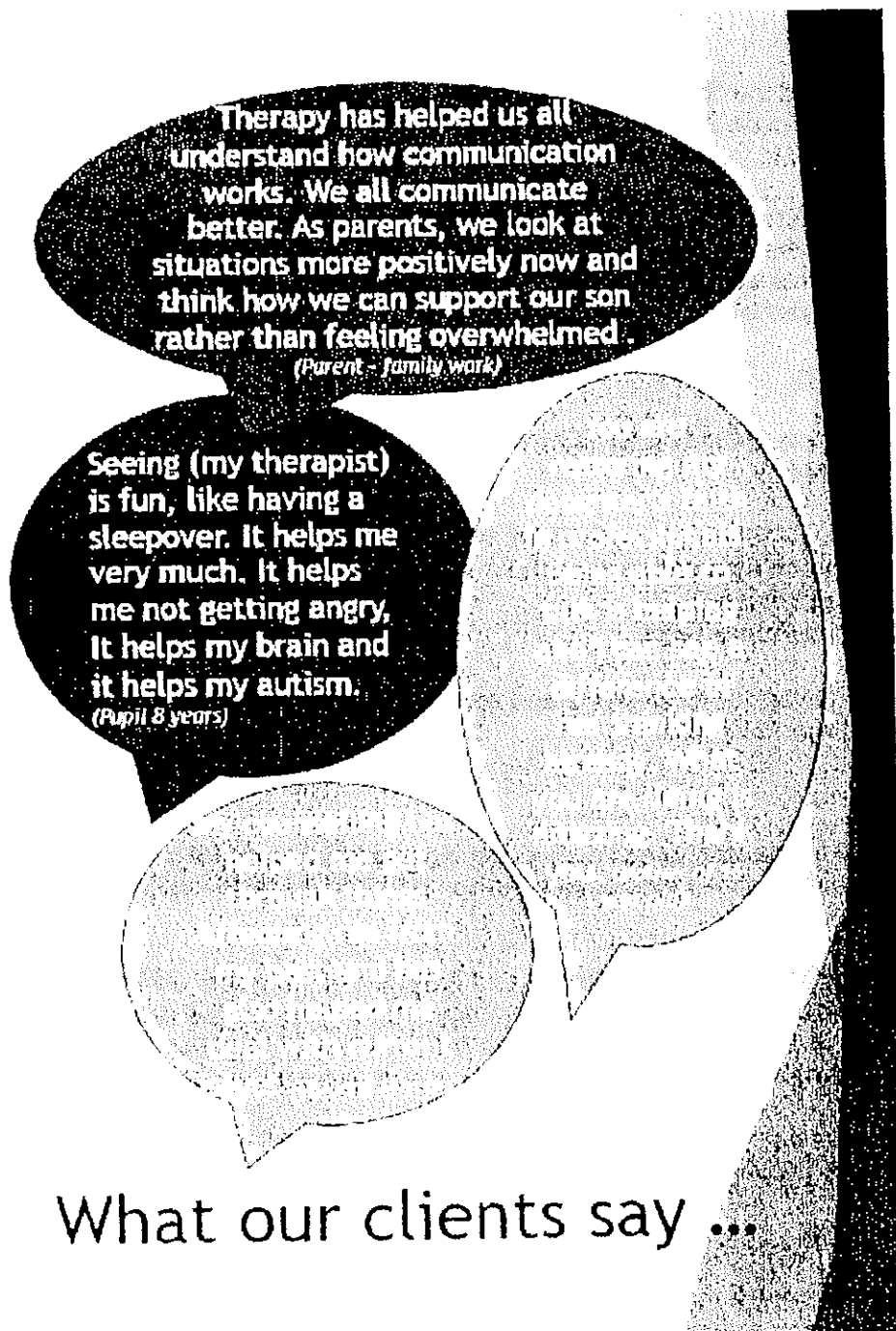


“The art-based sessions that are delivered, enable children to find a supported way to come to terms with and manage the traumas and attachment difficulties that they have faced in their lives. This equips the children to be able to better manage in a mainstream classroom environment, and therefore engage meaningfully with opportunities to learn alongside their peers. We are able to see that children prior to the intervention that were making little or no progress, are now making steps towards closing learning gaps.

Significantly for some of those children, behaviours can become difficult for them to manage in an appropriate way. What we have seen is those children that have, and are being, so successfully supported by BOUNCE! are much less likely to experience a Fixed Term Exclusion.

We are so impressed by the way BOUNCE! have worked with school to make successes of seemingly desperate situations, that we are committed to continuing our work with them”.

*SENCO Primary School*



For more information on the work of BOUNCE! and the difference we are making please visit our website [www.bouncebrighterfutures.co.uk](http://www.bouncebrighterfutures.co.uk)

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**Finances**

BOUNCE! started the financial year with circa £30k funds. Over the accounting period expenditure was circa £75k and we finished the year with circa £25k in the bank having raised almost £70k.

80% of expenditure was directly on provision of therapy services and 13% was on costs associated with the community hub. This extremely high proportion of funds being used to support our clients was only possible due to the majority of administration and management being provided *pro bono*.

**Source of Funds**

A large proportion of funding for BOUNCE! comes from charitable grants. In this period our key funders were:

• Devon Community Foundation (Feel Good grants)	£10,000
• Northbrook Foundation (for school service)	£11,000
• Blundell's School	£7,200
• Gibbons Family Trust	£2,500

We also had several smaller grants and around £4,500 from community fundraising. School contributions were £28,000.

**Key risks**

The main risk is financial in terms of continuing to secure funds for service provision. Although mental health is high priority the competition for grants has increased significantly post Covid.

The expansion to a community service and the costs of premises/ utilities / admin etc add further risk and require a new funding strategy. To mitigate risk the premises have been secured on a rolling 6 month notice period and the Chair of Trustees has underwritten the rent with the landlord should BOUNCE! not be able to raise the necessary funds.

As a professional psychotherapy service there is additional liability risk however there is a group policy in BOUNCE! name for both professional and public liability.

**Reserves Policy**

Restricted funds are a major source of funds for the BOUNCE! operating model. For core service provision we agree there should always be at least one full terms fund secured prior to work beginning or continuing in a school-based programme of support. Whilst it is envisaged to be an exceptional circumstance this allows sufficient time to exit the service and manage ending sessions with vulnerable clients appropriately.

We agree that at any point we will hold a reserve of unrestricted funds to cover 3 months of fixed costs. As at the 31st March 2022, £24,759 was held in unrestricted reserves, which is equivalent to just over 6 months fixed costs (expenditure less therapist fees).



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Surplus funds – it is envisaged that any surplus from restricted funds will be minimal and, if possible, re-allocated in discussion with the relevant funding body. From unrestricted funds in excess of agreed reserves we agree that the Trustees will consider proposals to utilise in the following way:

- To give financial support to existing activities if required
- To give financial support to assist the development of new activities and services
- To purchase additional equipment and / or replace existing equipment if required
- To support training needs of BOUNCE! associates / volunteers / committee members
- To support volunteers through provision of volunteer expenses for travel and associated costs
- To promote the BOUNCE! service

Looking forward

The psychotherapeutic model of BOUNCE! is now well established. Moving forward the key focus area for BOUNCE! are:

- ▶ Achieving long-term financial stability
- ▶ Developing the BOUNCE! organisational structure

Achieving long-term financial stability

Although BOUNCE! has been successful in attracting funding this is becoming ever more challenging. The majority of funds available are however short term and often do not cover core costs. As an organisation we need to find larger partners and bid for substantial funds, ideally across several years. Until we can achieve this, the long-term sustainability will always be in doubt. This creates a sense of insecurity which holds back organisational development.

Developing the BOUNCE! organisational structure

This is a critical area for BOUNCE! if we are to sustain current services and expand as described above. Our governance is sound however as we grow the level of admin and management support required is increasing beyond what can reasonably be provided by voluntary hours. We have secured some short-term admin support but moving forward we will need to include management time in each of our funding bids. It is a measure of the success of BOUNCE! that our services are in demand and that we have attracted a large number of professional staff who wish to provide sessions in our charitable model. We currently have 12 therapists working in schools and in our community hub. We also have volunteers and trustees supporting BOUNCE! Whilst this is directionally very positive, we need to evolve our organisational model to the scale we are now operating at.

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**Structure and policies**

Bounce! Brighter Futures Foundation trustees are appointed from those who wish to volunteer as trustees by a majority vote at the Annual General Meeting. The trustees meet on a regular basis.

**Trustee Training**

New trustees are familiarised with the workings of the charity and their legal obligations under charity law when they are appointed. Trustees are updated regularly on any changes to their roles and duties, etc, on a regular basis.

**Governance, Internal Control and Risk Management**

The trustees have reviewed the major risks of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

The insurance policies are reviewed annually and amended if appropriate.

As the Charity works with children, DBS checks are always carried out on staff and any volunteers before they take up a position within the charity.

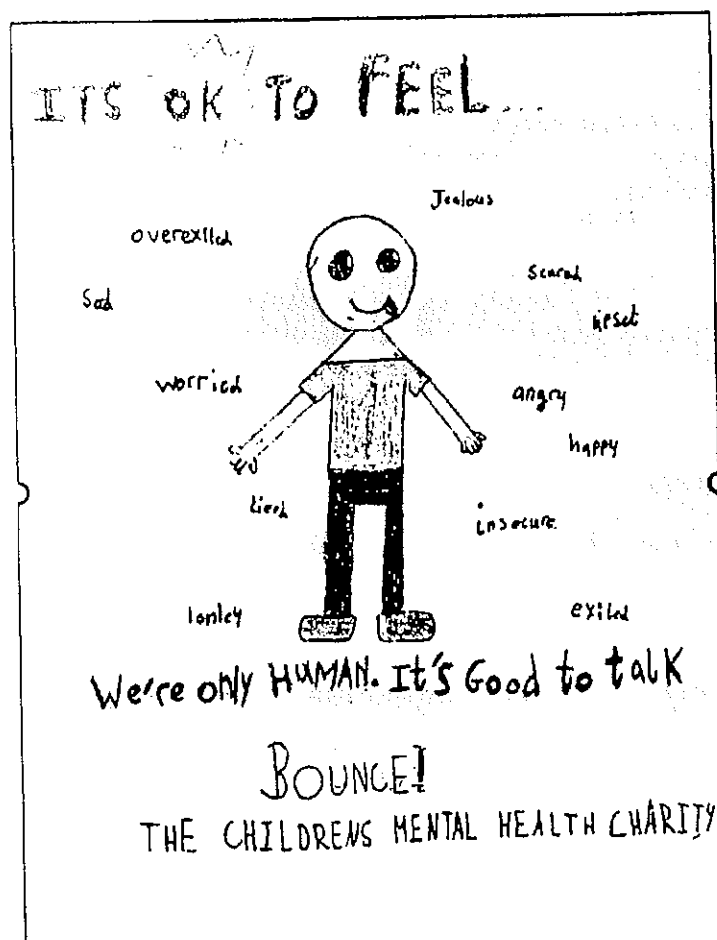
BOUNCE! is established as a CIO. The Charity is overseen by the Trustees. From an operational perspective the Chair of Trustees also acts as Clinical Director and co-ordinates the day to day running and fundraising activities. Currently this element is provided *pro bono*. The Chair also undertakes clinical work for which she is paid the same charitable rate as all other professional associates. This has been agreed with the Charity Commission.

BOUNCE! has a comprehensive set of governance and operational policies in place. These include:

- Safeguarding and Child Protection Policy
- Safeguarding Adult Policy
- Complaints Policy
- Equal Opportunities Policy
- Privacy Policy
- Remote working
- Reserves Policy

All BOUNCE! associates have an individual letter of engagement which specifies compliance with BOUNCE! policies. This also includes requirements for:

- DBS and identity checks
- Checks on qualifications and registration
- Compliance with registering body code of ethics



**Bounce! Brighter Futures Foundation**  
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**Report of the trustees**  
**for the year ended 31 March 2022**

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**Statement of trustees' responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Hayley Graham  
Trustee

*Hayley Graham* 27.1.23

**Bounce! Brighter Futures Foundation**  
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**Independent examiner's report to the trustees on the unaudited financial statements of Bounce! Brighter Futures Foundation.**

**Independent examiner's report to the trustees of Bounce! Brighter Futures Foundation**  
I report to the trustees on my examination of the accounts of Bounce! Brighter Futures Foundation for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees of Bounce! Brighter Futures Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the act').

I report in respect of my examination of Bounce! Brighter Futures Foundation accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Bounce! Brighter Futures Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examinations to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Catherine Williams FCA DChA**

**Independent Examiner**  
**Westcotts (SW) LLP**  
**47 Boutport Street**  
**Barnstaple**  
**Devon**  
**EX31 1SQ**

Dated: 27th January 2023

**Bounce! Brighter Futures Foundation**  
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**Receipts and Payments Account**

**For the year ended 31 March 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
<b>Receipts</b>					
Incoming resources from generating funds:					
Donations	2	19,716	18,200	37,916	36,100
Activities for generating funds	3	1,408	-	1,408	-
Incoming resources from charitable activities	4	29,660	-	29,660	10,730
<b>Total receipts</b>		<u>50,784</u>	<u>18,200</u>	<u>68,984</u>	<u>46,830</u>
<b>Payments</b>					
Establishment costs		10,720	-	10,720	6,380
Accountancy fees		480	-	480	-
Therapist fees		42,002	18,200	60,202	37,025
Telephone		570	-	570	91
Advertising		291	-	291	23
Admin		1,966	-	1,966	2,823
Equipment		-	-	-	2,750
Training		100	-	100	-
Website		284	-	284	234
Miscellaneous expenditure		182	-	182	96
<b>Total payments</b>		<u>56,595</u>	<u>18,200</u>	<u>74,795</u>	<u>49,422</u>
<b>Net of receipts/(payments)</b>		(5,811)	-	(5,811)	(2,592)
Cash funds brought forward		30,570	-	30,570	33,162
<b>Cash funds carried forward</b>		<u>24,759</u>	<u>-</u>	<u>24,759</u>	<u>30,570</u>

All of the above amounts relate to continuing activities.

The notes on pages 14 to 17 form an integral part of these financial statements.

**Bounce! Brighter Futures Foundation**  
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**Statement of Assets and Liabilities**

**As At 31 March 2022**

	Notes	£	2022	£	£	2021	£
<b>Cash funds</b>							
Bank and cash		24,759			30,570		
		<u>24,759</u>			<u>30,570</u>		
<b>Assets and liabilities</b>			<u>24,759</u>			<u>30,570</u>	
<b>Funds</b>	5						
Unrestricted income funds			24,759			30,570	
<b>Total funds</b>			<u>24,759</u>			<u>30,570</u>	

The financial statements were approved by the trustees on 27.1.23 and signed on its behalf by

**Hayley Graham**  
**Trustee**



The notes on pages 14 to 17 form an integral part of these financial statements.

**Notes to the financial statements**  
**for the year ended 31 March 2022**

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**1. Accounting policies**

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

**1.1. Basis of accounting**

The financial statements are prepared under the receipts and payments basis and in accordance with FRS102, the Charities SORP (FRS102) and the requirement of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Charities SORP (FRS102) and the Charities Act 2011.

**1.2. Cashflow**

The charity has taken advantage of the exemption in FRS102 from the requirement to produce a cashflow statement as it is classed as a small charity.

**1.3. Fund accounting**

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specific purpose and which the charity may use for its purpose at its discretion.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

**1.4. Incoming resources**

All incoming resources are included in the statement of financial activities when the charity receives the income. The following specific policies are applied to particular categories of income:

Donations are received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when received.

The value of services provided by volunteers has not been included.

Fees are included in full in the Statement of Financial Activities when received. All other incoming resources are also included in full in the Statement of Financial Activities when received.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are received.



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**1.5. Resources expended**

Expenditure is recognised on a payments basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

**2. Donations**

	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Donation and fundraising	13,416	-	13,416	1,990
Grants	6,300	18,200	24,500	34,110
	<u>19,716</u>	<u>18,200</u>	<u>37,916</u>	<u>36,100</u>

**3. Activities for generating funds**

	Unrestricted funds £	2022 Total £	2021 Total £
Other activities for generating funds income	1,408	1,408	-
	<u>1,408</u>	<u>1,408</u>	<u>-</u>

**4. Incoming resources from charitable activities**

	Unrestricted funds £	2022 Total £	2021 Total £
Credit from schools	28,718	28,718	10,380
External Provider payments	942	942	350
	<u>29,660</u>	<u>29,660</u>	<u>10,730</u>

**Bounce! Brighter Futures Foundation**  
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**Notes to the financial statements**  
**for the year ended 31 March 2022**

**5. Analysis of net assets between funds**

	Unrestricted funds £	Total funds £
Fund balances at 31 March 2022 as represented by:		
Current assets	24,759	24,759
	<u>24,759</u>	<u>24,759</u>

**6. Unrestricted funds**

	At 1 April 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
Unrestricted funds	30,570	50,784	(56,595)	24,759
	<u>30,570</u>	<u>50,784</u>	<u>(56,595)</u>	<u>24,759</u>

**Purposes of unrestricted funds**

Unrestricted funds are used to further the objects of the charity, but are subject to no restrictions on their use within those objects.

**7. Restricted funds**

	At 1 April 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
Northbrook Foundation	-	11,000	(11,000)	-
Blundell's School	-	7,200	(7,200)	-
	<u>-</u>	<u>18,200</u>	<u>(18,200)</u>	<u>-</u>

**Purposes of restricted funds**

Northbrook Foundation - This grant was to be used to cover costs for Therapists associated with school provisions.

Blundell's School - This was agreed to be used to support school children in the Blundell's ares. This was to fund 100% of the costs for Tidcombe school and Wilcombe school.

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**Notes to the financial statements**  
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**8. Related party transactions**

During the year, a trustee received £9,706 for therapy services provided to the charity (2021 £13,450). This has been agreed with the Charity Commission.

