

BOUNCE! BRIGHTER FUTURES FOUNDATION

England & Wales · Charity number 1181729

Details

Other names BOUNCE!

Status Registered

Legal form CIO

Registered 2019-01-24

Register [View on the Charity Commission register](#)

Contact

Address 9 Park Road
Tiverton
EX16 6AU

Phone 07807085791

Email admin@bouncebrighterfutures.co.uk

Website <http://www.bouncebrighterfutures.co.uk>

Activities

Objects: THE RELIEF OF MENTAL AND EMOTIONAL DISTRESS OF CHILDREN AND THEIR FAMILIES, IN PARTICULAR BY THE PROVISION OF COUNSELLING AND SUPPORT

Activities: We are a Devon based charity. We offer a range of therapeutic interventions in primary schools - including 1 to 1 psychotherapy/counselling for children, training and supervision for teachers, 1 to 1 counselling for parents and parenting development/support groups - all with the aim of developing the emotional health and wellbeing of children, families and school communities.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Other Charitable Purposes
- **Who:** Children/young People

Geography

- Devon

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-01	£176,917	£175,497	-	-
2024-04-01	£134,685	£145,459	-	-
2023-04-01	£102,162	£80,403	-	-
2022-04-01	£68,984	£74,795	-	-
2021-04-01	£46,830	£49,442	-	-

Trustees

Name	Role	Appointed
Vanessa Johnson	Chair	2026-02-04
Alicia Balfour		2020-09-01
Eunice Hinds		2021-10-28
MS SAMANTHA JULIANNE SLATER		2018-11-03

BOUNCE! BRIGHTER FUTURES FOUNDATION

England & Wales - Charity number 1181729

Accounts

Charity registration number: 1181729

Bounce! Brighter Futures Foundation

Annual Report and Financial Statements
for the Year Ended 31 March 2025



WESTCOTTS

CHARTERED ACCOUNTANTS
& BUSINESS ADVISERS

Bounce! Brighter Futures Foundation

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Bounce! Brighter Futures Foundation

Reference and Administrative Details

Trustees: Peter Graham, Chair
Eunice Hinds
Alicia Balfour
Samantha Julianne Slater

Charity Registration Number 1181729

Principal Office 9 Park Road
Tiverton
Devon
EX16 6AU

Independent Examiner Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Bounce! Brighter Futures Foundation

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2025.

The trustees present their annual report together with the financial statements of the charity for the period 1 April 2024 to 31 March 2025.

Introduction & Overview

BOUNCE! was founded in January 2019, inspired by lived experience and a determination to improve access to mental health support for children and families. The idea first emerged in 2005, when the founder's youngest son struggled to access appropriate help. This experience led to extensive training in both adult and child psychotherapy and ultimately to the creation of BOUNCE! as a way to ensure other families would not face the same barriers.

During the 2024-2025 tax year, BOUNCE! was supported by a team of **thirteen highly trained mental health professionals**, alongside a management team of four and a dedicated group of volunteers, including our trustees. Together, we provided accessible, high quality psychotherapy and counselling to children, young people, and families across Mid Devon. We supported around 70 families each week, working with a wide range of emotional and psychological difficulties including anxiety, depression, trauma, loss, and relationship challenges

Over **3,700 therapy sessions** were delivered during the year, helping children and families build resilience and improve mental wellbeing.

Objectives and Activities

BOUNCE! provides mental health services to children, families, and educational staff within schools and the wider community. Based in Tiverton, Mid Devon, our aims are to:

- Improve mental health and resilience in children and families
- Support learning outcomes and emotional wellbeing
- Create stronger, healthier communities
- Deliver early intervention to prevent escalation of mental health difficulties

Our multidisciplinary team includes:

- Child and adolescent psychotherapists and counsellors
- Adult psychotherapists and counsellors
- Clinical psychologists
- Art psychotherapists

We remain committed to:

- Placing children, young people, and families at the centre of all we do
- Providing high quality, accessible counselling and psychotherapy
- Growing our service to reach more families
- Developing innovative, evidence informed approaches to mental health support

Key Achievements in 2024–2025

A. Software & Safeguarding Upgrades

To strengthen governance, efficiency, and safeguarding:

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

- **MyConcern** was introduced to streamline safeguarding reporting and ensure immediate alerts to safeguarding leads.
- **UpShot**, a secure cloud based referral and case management system, was implemented to support GDPR compliant data handling and real time access to client information.

B. Volunteer Engagement

We welcomed additional volunteers, including individuals passionate about mental health and therapy students seeking frontline experience. Their contribution has strengthened our capacity and broadened community involvement.

Financial Overview & Sustainability

During 2024–2025, BOUNCE! delivered **3,700 therapy sessions**, averaging **90 sessions per week**.

Income Overview

A significant proportion of income was generated from non grant sources, including:

- Low cost counselling fees
- Room hire
- Partnerships with schools and social services

We also secured funding from several key supporters, including:

- **BBC Children in Need**
- **Devon Community Foundation (DCF)**
- **The Kelly Family Charitable Trust**
- **Viscount Amory's Trust**
- **Sedel Collings Foundation**

In addition, we continued contracted work with the Tiverton PCN. These partnerships have strengthened our financial position and supported the delivery of subsidised and fully funded therapy sessions. Our reserves policy ensures financial stability and protects service continuity during periods of economic uncertainty.

Financial Goals for 2025 - 2026

Looking ahead, our financial priorities for 2025 - 2026 are to:

- Increase self generated income to support long term sustainability
- Expand adoption and fostering support services
- Grow income from room hire and other earned income streams
- Strengthen relationships with local businesses and philanthropic partners
- Increase the number of funded and part funded therapy places through the **Fund a Family** scheme

Looking Ahead: Priorities for 2025–2026

1. Expand Low Cost Adult Counselling

- Increase the number of weekly low cost adult sessions

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

- Grow the placement programme to support delivery
 - Strengthen referral pathways for adults affected by trauma, anxiety, and family stress
- 2. Increase Placement Capacity**
- Recruit a new cohort of placement students in starting in October 2025 and again in March 2026
 - Develop a structured training and supervision pathway
 - Build partnerships with additional universities and training providers
- 3. Grow the Fund a Family Scheme**
- Secure long term business partners
 - Increase the number of fully funded therapy places
 - Develop impact reporting to demonstrate outcomes to donors
- 4. Strengthen Community Fundraising**
- Develop a year round community fundraising calendar
 - Increase engagement with local businesses and community groups
- 5. Broaden Access to Therapy**
- Increase capacity for children and families on waiting lists
 - Expand outreach into schools and community groups
 - Ensure affordability through a mix of funded, subsidised, and low cost services
- 6. Strengthen Digital Presence**
- Improve online referral processes
 - Enhance accessibility and clarity for families and professionals

Acknowledgements

We extend our sincere thanks to our staff, therapists, volunteers, funders, partner schools, and supporters. Your commitment enables BOUNCE! to continue providing vital mental health support to children, young people, and families across Mid Devon.

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

Structure, governance and management

BOUNCE! is established as a CIO. The Charity is overseen by the Trustees. Trustees are appointed from those who wish to volunteer as trustees by a majority vote at the Annual General Meeting. The trustees meet on a regular basis. From an operational perspective the Chair of Trustees also acts as Clinical Director and co-ordinates the day to day running and fundraising activities. Currently this element is provided pro bono. The Chair also undertakes clinical work for which she is paid the same charitable rate as all other professional associates. This has been agreed with the Charity Commission.

BOUNCE! has a comprehensive set of governance and operational policies in place. These include:

- Safeguarding and Child Protection Policy
- Safeguarding Adult Policy
- Complaints Policy
- Equal Opportunities Policy
- Privacy Policy
- Remote Working Policy
- Reserves Policy

All BOUNCE! associates have an individual letter of engagement which specifies compliance with BOUNCE! policies. This also includes requirements for:

- DBS and identity checks
- Checks on qualifications and registration
- Compliance with registering body code of ethics

Governance, Internal Control and Risk Management

The trustees have reviewed the major risks of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

The insurance policies are reviewed annually and amended if appropriate.

As the Charity works with children, DBS checks are always carried out on staff and any volunteers before they take up a position within the charity.

Financial review

BOUNCE! started the financial year with circa £36k funds. Over the accounting period expenditure was circa £176k and we finished the year with circa £37k in the bank having raised over £176k.

Reserves Policy

For Core service provision we agree there should always be at least one full terms fund secured prior to work beginning or continuing in a school-based programme of support. Whilst it is envisaged to be an exceptional circumstances this allows sufficient time to exit the service and manage ending sessions with vulnerable clients appropriately.

We agree that at any point we will hold a reserve of unrestricted funds to cover 3 months of fixed costs. As at the 31 March 2025, £37,164 was held in unrestricted reserves, which is equivalent to just under 6 months of fixed costs (expenditure less therapist fees).

- To give financial support to existing activities, if required
- To give financial support to assist the development of new activities and services
- To purchase additional equipment and/or replace existing equipment if required
- To support training needs of Bounce! associates/volunteers/committee members

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

- To support volunteers through provision of volunteer expenses for travel and associated costs
- To promote the Bounce! service

The annual report was approved by the trustees of the charity on 4th Feb 2026 and signed on its behalf by:



.....
Peter Graham
Trustee

Bounce! Brighter Futures Foundation

Independent Examiner's Report to the trustees of Bounce! Brighter Futures Foundation

I report to the trustees on my examination of the accounts of Bounce! Brighter Futures Foundation for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of Bounce! Brighter Futures Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Bounce! Brighter Futures Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Bounce! Brighter Futures Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Catherine Williams FCA DChA
Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Date: 4th February 2026

Bounce! Brighter Futures Foundation

Receipts and Payments Account for the Year Ended 31 March 2025

	Unrestricted funds £	Total 2025 £	Total 2024 £
Receipts:			
Donations	94,320	94,320	55,183
Incoming resources from charitable activities	76,625	76,625	73,672
Activities for generating funds	5,972	5,972	5,830
Total receipts	<u>176,917</u>	<u>176,917</u>	<u>134,685</u>
Payments:			
Establishment costs	(14,822)	(14,822)	(12,598)
Accountancy fees	-	-	(630)
Therapist fees	(110,207)	(110,207)	(96,354)
Telephone	(929)	(929)	(823)
Advertising	-	-	(151)
Admin	(1,420)	(1,420)	(5,041)
Equipment	(6,396)	(6,396)	(263)
Website	-	-	(468)
Sundry expenses	(654)	(654)	(61)
Wages and salaries	(41,009)	(41,009)	(19,070)
Staff wellbeing	-	-	(1,750)
Staff training	(60)	(60)	(8,250)
Total payments	<u>(175,497)</u>	<u>(175,497)</u>	<u>(145,459)</u>
Net receipts/(payments)	1,420	1,420	(10,774)
Cash brought forward	<u>35,744</u>	<u>35,744</u>	<u>46,518</u>
Cash carried forward	<u>37,164</u>	<u>37,164</u>	<u>35,744</u>

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2024 is shown in note 5.

Bounce! Brighter Futures Foundation

(Registration number: 1181729)

Statement of Assets and Liabilities as at [31 March 2025

	Note	2025 £	2024 £
Current assets			
Cash at bank and in hand		<u>37,164</u>	<u>35,744</u>
Unrestricted income funds			
Unrestricted funds		<u>37,164</u>	<u>35,744</u>

The financial statements on pages 8 to 12 were approved by the trustees, and authorised for issue on 4th Feb. 2026. and signed on their behalf by:

.....
Peter Graham
Trustee



Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2025

1 Accounting policies

Basis of preparation

Bounce! Brighter Futures Foundation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared on the receipts and payments basis.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

All incoming resources are included in the statement of financial activities when the charity receives the income. The following specific policies are applied to particular categories of income:

Donations are received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when received.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

The value of services provided by volunteers has not been included.

Expenditure

Expenditure is recognised on a payments basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

2 Income from donations and legacies

	Unrestricted funds General £	Total 2025 £
Donations and fundraising	5,782	5,782
Grants	88,538	88,538
	<u>94,320</u>	<u>94,320</u>

	Unrestricted funds General £	Total 2024 £
Donations and fundraising	4,183	4,183
Grants	51,000	51,000
	<u>55,183</u>	<u>55,183</u>

3 Income from charitable activities

	Unrestricted funds General £	Total 2025 £
Credit from schools	35,042	35,042
External provider payments	5,447	5,447
Client Fees	36,136	36,136
	<u>76,625</u>	<u>76,625</u>

	Unrestricted funds General £	Total 2024 £
Credit from schools	28,196	28,196
External provider payments	23,371	23,371
Client Fees	22,105	22,105
	<u>73,672</u>	<u>73,672</u>

Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2025 (continued)

4 Taxation

The charity is a registered charity and is therefore exempt from taxation.

5 Funds

	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Balance at 31 March 2025 £
Unrestricted funds				
Unrestricted funds	35,744	176,917	(175,497)	37,164
	<u>35,744</u>	<u>176,917</u>	<u>(175,497)</u>	<u>37,164</u>
	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
Unrestricted funds	46,518	134,685	(145,459)	35,744
	<u>46,518</u>	<u>134,685</u>	<u>(145,459)</u>	<u>35,744</u>

6 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 31 March 2025 £
Current assets	37,164	37,164
	<u>37,164</u>	<u>37,164</u>
	Unrestricted funds General £	Total funds at 31 March 2024 £
Current assets	35,744	35,744
	<u>35,744</u>	<u>35,744</u>

7 Related party transactions

There were no related party transactions in the year.

BOUNCE! BRIGHTER FUTURES FOUNDATION

England & Wales - Charity number 1181729

Accounts

Charity registration number: 1181729

Bounce! Brighter Futures Foundation

Annual Report and Financial Statements
for the Year Ended 31 March 2024



Bounce! Brighter Futures Foundation

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Bounce! Brighter Futures Foundation

Reference and Administrative Details

Trustees: Peter Graham, Chair (appointed 13 June 2023)
Eunice Hinds
Alicia Balfour
Samantha Julianne Slater
Hayley Graham (resigned 13 June 2023)

Charity Registration Number 1181729

Principal Office 33 St Peter Street
Tiverton
Devon
EX16 6NW

Independent Examiner Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Bounce! Brighter Futures Foundation

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2024.

Introduction & Overview

I founded BOUNCE! in January 2019, but the idea had first come to me way back in 2005 when my youngest son had started to struggle with his mental health and I'd discovered that finding appropriate help was just about impossible! In response, I'd embarked on psychotherapy training, first in adult psychotherapy and then later in child psychotherapy.

In this way, we found a way through, and my son is now doing well, but over the years, and knowing just how hard things can be, I never let go of my idea of trying to find a way to help families who might find themselves in a similar situation to us.

Today Bounce is made up of a thirteen strong team of committed mental health professionals with a high level of training and a wealth of relevant experience. A management team of four, and half a dozen volunteers, including our trustee group, who are passionate about mental health and work hard to support the therapists and the organization.

Our focus is on delivering accessible high-quality psychotherapy and counselling to children, young people and their families. We work with a wide range of difficulties including anxiety, depression, trauma, loss and relationship problems and currently provide specialist support to around 70 families a week who live mainly in Mid-Devon.



BOUNCE! continues its mission to provide mental health support to children, families, and educators across Mid Devon. This past year has seen significant progress, with an expansion in partnerships, new service offerings, and increased financial sustainability.

BOUNCE! remains committed to delivering high-quality, accessible psychotherapy and counselling for those in need. In the last year we provided over 3,700 therapy sessions, helping children, young people, and families build resilience and improve mental well-being.

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

Objectives and Activities

BOUNCE! is a charity providing mental health services to children, families and educational staff within schools and the broader community. We're based in Tiverton, Mid Devon. We aim to improve mental health and build resilience in children, their families and the wider community; improve learning outcomes and create happier learners, families, and communities.

At BOUNCE! we want every child and family to be able to look forward to a brighter future and believe passionately in the power of early intervention to help those in need. We have established an innovative, accessible, and holistic service.

We are a team of committed mental health professionals with a high level of training and a wealth of relevant experience including:

- Child and adolescent psychotherapists and counsellors
- Adult psychotherapists and counsellors
- Clinical psychologists
- Art psychotherapists

Our commitment is:

- To put children, young people and families at the centre of everything we do.
- To provide high-quality, accessible counselling and psychotherapy to those in need.
- To develop and grow our service so we can reach more children, young people and families.
- To build on our existing expertise and develop new and innovative ways of working with children, young people and families

Key Achievements & Developments

A. Software & Website Upgrades


To improve efficiency and governance, BOUNCE! implemented **two new software systems**:

- **MyConcern**: A safeguarding platform allowing therapists to quickly log and report concerns, ensuring immediate notifications to safeguarding leads.
- **UpShot**: A secure, cloud-based referral management system, providing real-time access to client profiles while maintaining strict GDPR compliance.

Additionally, our new website now offers enhanced functionality, making it easier for families to submit referrals and access information about our services.


Bounce! Brighter Futures Foundation

Trustees' Report (continued)



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Specialist Mental Health Support For Children, Young People And Their Families

BOUNCE! Brighter Futures Foundation is a registered mental health charity in Devon, providing psychotherapeutic support and improving emotional and behavioural outcomes.

[Find Out More →](#)

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

B. The BOUNCE! Magazine

We have launched the first edition of The BOUNCE! Magazine, a fully self-funded publication designed to:

- Introduce our therapy team and services.
- Provide practical mental health advice for families and educators.
- Share real-life stories to raise awareness of children's mental health challenges.



C. Parental Support & The Better Together Programme

Recognizing the importance of parental involvement, BOUNCE! Is launching The Better Together Programme, a structured support group for parents. This program aims to:

- Provide insights into therapy goals and processes.
- Equip parents with tools to support their child both during and after therapy.
- Foster long-term resilience in families, reducing reliance on external services.

Parent Testimonial from The BOUNCE! Magazine:

"The support from BOUNCE! has been life-changing for our family. We now have the tools to help our child manage anxiety and school stress."

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

D. Expansion of Volunteer Engagement

With increasing awareness of BOUNCE!'s mission, we have welcomed more volunteers, including:

- Individuals passionate about mental health, offering time and skills.
- Therapy students seeking front-line experience as part of their qualifications.

Financial Overview & Sustainability Plan

BOUNCE! provided **3,700 therapy sessions** in the past year, equating to 90 sessions per week.

Income & Funding Breakdown

- A significant proportion of income is generated from non-grant sources.
- Main revenue streams include:
 - Low-cost counselling service fees
 - Room hire
 - Partnerships with schools & social services

Goal for 2025:

- Increase self-generated income to 65% by September 2025.
- Strategies include:
 - Expanding adoption & fostering support services.
 - Increasing revenue from room hire business.

BOUNCE! also successfully secured funding from multiple sources, including the Sedel-Collings Foundation, Devon Community Foundation, Tiverton Education Fund, CLASP and Northbrook Foundation, among others. In addition we contracted for services with the Tiverton PCN. Our reserves policy ensures financial stability, allowing us to continue providing services even amidst economic uncertainty.

Looking Ahead: Goals for 2025-26

- Expand therapy services into additional schools and community settings.
- Strengthen financial sustainability by increasing self-generated income and securing long-term funding partners.
- Develop BOUNCE! as a Centre of Excellence for child and adolescent mental health services.
- Enhance volunteer and training programs to support the growing demand for services.
- Improve accessibility and inclusion, ensuring all children and families can benefit from mental health support.

Acknowledgments & Thank You

We extend our deepest gratitude to our staff, therapists, volunteers, funders, and partner schools who make our work possible. Your commitment and dedication have enabled BOUNCE! to grow and support more families than ever before.

Together, we are creating brighter futures for children, young people, and their families.

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

Structure, governance and management

BOUNCE! is established as a CIO. The Charity is overseen by the Trustees. Trustees are appointed from those who wish to volunteer as trustees by a majority vote at the Annual General Meeting. The trustees meet on a regular basis. From an operational perspective the Chair of Trustees also acts as Clinical Director and co-ordinates the day to day running and fundraising activities. Currently this element is provided pro bono. The Chair also undertakes clinical work for which she is paid the same charitable rate as all other professional associates. This has been agreed with the Charity Commission.

BOUNCE! has a comprehensive set of governance and operational policies in place. These include:

- Safeguarding and Child Protection Policy
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- Equal Opportunities Policy
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- Remote Working Policy
- Reserves Policy

All BOUNCE! associates have an individual letter of engagement which specifies compliance with BOUNCE! policies. This also includes requirements for:

- DBS and identity checks
- Checks on qualifications and registration
- Compliance with registering body code of ethics

Governance, Internal Control and Risk Management

The trustees have reviewed the major risks of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

The insurance policies are reviewed annually and amended if appropriate.

As the Charity works with children, DBS checks are always carried out on staff and any volunteers before they take up a position within the charity.

Financial review

BOUNCE! started the financial year with circa £47k funds. Over the accounting period expenditure was circa £145k and we finished the year with circa £36k in the bank having raised over £135k.

Reserves Policy

For Core service provision we agree there should always be at least one full terms fund secured prior to work beginning or continuing in a school-based programme of support. Whilst it is envisaged to be an exceptional circumstances this allows sufficient time to exit the service and manage ending sessions with vulnerable clients appropriately.

We agree that at any point we will hold a reserve of unrestricted funds to cover 3 months of fixed costs. As at the 31 March 2024, £35,744 was held in unrestricted reserves, which is equivalent to just over 9 months of fixed costs (expenditure less therapist fees).

- To give financial support to existing activities, if required
- To give financial support to assist the development of new activities and services
- To purchase additional equipment and/or replace existing equipment if required

Bounce! Brighter Futures Foundation

Trustees' Report (continued)

- To support training needs of Bounce! associates/volunteers/committee members
- To support volunteers through provision of volunteer expenses for travel and associated costs
- To promote the Bounce! service

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on 25/02/2025 and signed on its behalf by:



.....
Peter Graham
Trustee

Bounce! Brighter Futures Foundation

Independent Examiner's Report to the trustees of Bounce! Brighter Futures Foundation

I report to the trustees on my examination of the accounts of Bounce! Brighter Futures Foundation for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of Bounce! Brighter Futures Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Bounce! Brighter Futures Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Bounce! Brighter Futures Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records; or

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Catherine Williams FCA DChA
Westcotts (SW) LLP
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Date: 27th February 2025

Bounce! Brighter Futures Foundation

Receipts and Payments Account for the Year Ended 31 March 2024

	Unrestricted funds £	Total 2024 £	Total 2023 £
Receipts:			
Donations	55,183	55,183	50,209
Incoming resources from charitable activities	73,672	73,672	46,066
Activities for generating funds	5,830	5,830	5,887
Total receipts	134,685	134,685	102,162
Payments:			
Establishment costs	(12,598)	(12,598)	(13,714)
Accountancy fees	(630)	(630)	(570)
Therapist fees	(96,354)	(96,354)	(60,630)
Telephone	(823)	(823)	(762)
Advertising	(151)	(151)	(120)
Admin	(5,041)	(5,041)	(3,768)
Equipment	(263)	(263)	(411)
Website	(468)	(468)	(234)
Sundry expenses	(61)	(61)	(194)
Wages and salaries	(19,070)	(19,070)	-
Staff wellbeing	(1,750)	(1,750)	-
Staff training	(8,250)	(8,250)	-
Total payments	(145,459)	(145,459)	(80,403)
Net (payments)/receipts	(10,774)	(10,774)	21,759
Cash brought forward	46,518	46,518	24,759
Cash carried forward	35,744	35,744	46,518

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2023 is shown in note 5.

Bounce! Brighter Futures Foundation

(Registration number: 1181729)

Statement of Assets and Liabilities as at [31 March 2024

	Note	2024 £	2023 £
Current assets			
Cash at bank and in hand		<u>35,744</u>	<u>46,518</u>
Unrestricted income funds			
Unrestricted funds		<u>35,744</u>	<u>46,518</u>

The financial statements on pages 10 to 14 were approved by the trustees, and authorised for issue on 25/02/2025 and signed on their behalf by:



.....
Peter Graham
Trustee

Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2024

1 Accounting policies

Basis of preparation

Bounce! Brighter Futures Foundation meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared on the receipts and payments basis.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

All incoming resources are included in the statement of financial activities when the charity receives the income. The following specific policies are applied to particular categories of income:

Donations are received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when received.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

The value of services provided by volunteers has not been included.

Expenditure

Expenditure is recognised on a payments basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

2 Income from donations and legacies

	Unrestricted funds General £	Total 2024 £
Donations and fundraising	4,183	4,183
Grants	51,000	51,000
	<u>55,183</u>	<u>55,183</u>
	Unrestricted funds General £	Total 2023 £
Donations and fundraising	718	718
Grants	49,491	49,491
	<u>50,209</u>	<u>50,209</u>

3 Income from charitable activities

	Unrestricted funds General £	Total 2024 £
Credit from schools	28,196	28,196
External provider payments	23,371	23,371
Client Fees	22,105	22,105
	<u>73,672</u>	<u>73,672</u>
	Unrestricted funds General £	Total 2023 £
Credit from schools	14,420	14,420
External provider payments	12,578	12,578
Client Fees	19,068	19,068
	<u>46,066</u>	<u>46,066</u>

Bounce! Brighter Futures Foundation

Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

4 Taxation

The charity is a registered charity and is therefore exempt from taxation.

5 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Balance at 31 March 2024 £
Unrestricted funds				
Unrestricted funds	46,518	134,685	(118,139)	63,064

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
<i>General</i>				
Unrestricted funds	24,759	102,162	(80,403)	46,518

6 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 31 March 2024 £
Current assets	35,744	35,744
	Unrestricted funds General £	Total funds at 31 March 2023 £
Current assets	46,518	46,518

7 Related party transactions

BOUNCE! BRIGHTER FUTURES FOUNDATION

England & Wales - Charity number 1181729

Accounts

**BOUNCE! BRIGHTER FUTURES
FOUNDATION**

UNAUDITED

TRUSTEES' REPORT

AND FINANCIAL STATEMENTS

**FOR THE YEAR ENDED
31 MARCH 2023**

**CHARITY NUMBER
1181729**

Bounce! Brighter Futures Foundation
Charity Number 1181729

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Bounce! Brighter Futures Foundation
Charity Number 1181729

Legal and administrative information

Status

Bounce! Brighter Futures Foundation is a CIO Foundation registered 24 January 2019.

Charity number 1181729

Business address 33 St Peter Street
Tiverton
Devon
EX16 6NW

Trustees Hayley Graham Chairperson
Samantha Slater
Irene Hill (Resigned 1 March 2023)
Alicia Balfour
Eunice Hinds

Accountants Westcotts
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Bankers Nationwide Building Society
11 Fore Street
Tiverton
Devon
EX16 6LW

Bounce! Brighter Futures Foundation
Charity Number 1181729

Report of the trustees
for the year ended 31 March 2023

The trustees present their report and the financial statements for the year ended 31 March 2023. The trustees who served during the year and up to the date of this report are set out on page 1.

Structure, governance and management

Organisational Structure

The legal and administrative details are listed on page 1. The trustees who served during the year are listed on page 1.

BOUNCE! is established as a CIO. The Charity is overseen by the Trustees. Trustees are appointed from those who wish to volunteer as trustees by a majority vote at the Annual General Meeting. The trustees meet on a regular basis. From an operational perspective the Chair of Trustees also acts as Clinical Director and co-ordinates the day to day running and fundraising activities. Currently this element is provided pro bono. The Chair also undertakes clinical work for which she is paid the same charitable rate as all other professional associates. This has been agreed with the Charity Commission.

BOUNCE! has a comprehensive set of governance and operational policies in place. These

- Safeguarding and Child Protection Policy
- Safeguarding Adult Policy
- Complaints Policy
- Equal Opportunities Policy
- Privacy Policy
- Remote Working Policy
- Reserves Policy

All BOUNCE! associates have an individual letter of engagement which specifies compliance with BOUNCE! policies. This also includes requirements for:

- DBS and identity checks
- Checks on qualifications and registration
- Compliance with registering body code of ethics

Governance, Internal Control and Risk Management

The trustees have reviewed the major risks of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

The insurance policies are reviewed annually and amended if appropriate.

As the Charity works with children, DBS checks are always carried out on staff and any volunteers before they take up a position within the charity.

Bounce! Brighter Futures Foundation
Charity Number 1181729

Report of the trustees
for the year ended 31 March 2023

Objectives and Activities

BOUNCE! is a charity providing mental health services to children, families and educational staff within schools and the broader community. We're based in Tiverton, Mid Devon. We aim to improve mental health and build resilience in children, their families and the wider community; improve learning outcomes and create happier learners, families, and communities.

At BOUNCE! we want every child and family to be able to look forward to a brighter future and believe passionately in the power of early intervention to help those in need. We have established an innovative, accessible, and holistic service.

We are a team of committed mental health professionals with a high level of training and a wealth of relevant experience including:

- Child and adolescent psychotherapists and counsellors
- Adult psychotherapists and counsellors
- Clinical psychologists
- Art psychotherapists

We also have a group of volunteers passionate about mental health who support the therapists and the organisation.

Our focus is on delivering accessible high-quality psychotherapy and counselling to children, young people and their families.

We work with a wide-range of difficulties including anxiety, depression, trauma, loss and relationship problems.

Our commitment is:

- To put children, young people and families at the centre of everything we do.
- To provide high-quality, accessible counselling and psychotherapy to those in need.
- To develop and grow our service so we can reach more children, young people and families.
- To build on our existing expertise and develop new and innovative ways of working with children, young people and families

BOUNCE! is the only charity providing subsidised therapy to young people in Mid Devon. We are consistently providing support to around 70 families a week, and in 2022/23 provided around 3000 therapy sessions. BOUNCE! therapists were embedded in 5 schools, providing support up to two days a week alongside delivering free or low cost therapy (at point of delivery) through our community hub. Both models allow us to reach those vulnerable children, young people and families who would otherwise fall through the cracks of statutory services and private provision.

The need for our charitable work shows no signs of diminishing. We have an ever-growing waiting list and we fully expect demand to increase. The national picture is that 1 in 6 children have a mental health problem and that self-harm and thoughts of suicide are on the increase.

Bounce! Brighter Futures Foundation
Charity Number 1181729

Report of the trustees
for the year ended 31 March 2023

We know that children from the poorest 20% of households are 4 times more likely to experience serious mental health issues. Mid Devon, Tiverton and it's surrounding communities are a hot spot of rural poverty and the financial impact of the pandemic along with the cost-of-living crisis, means fewer families than ever can pay for the private help needed.

50% of mental health difficulties begin before the age of 14, so we are well aware of the need for timely intervention. Our local statutory services are so stretched families are finding themselves on lengthy waiting lists. In 2021-22, 34% of children referred to a statutory service did not receive treatment. As a result, we receive daily requests for help from families in our community, GP surgeries, schools and other services. Many of these families are at crisis point and experiencing significant distress.

BOUNCE! in schools

BOUNCE! intervention work has an on-going significant impact. We make a difference. Direct feedback from teaching and support staff at our schools shows that of the children we work with:

- 93% show an improvement in their mental health
- 60% find it easier to make and keep friends
- 60% show an improvement in their behaviour at home
- 84% of those who were causing problems in class now cause fewer problems
- 100% are more able to access learning

Testimonies from our partner schools give more anecdotal evidence

'Despite the high numbers of pupils with SEMH needs in our school, we have incredibly few incidents of exclusion.'

'The support has made a huge difference. Children are able to manage in a mainstream classroom. What we have seen is those children that have been supported by BOUNCE, are much less likely to experience exclusion.'

Within schools, we have found the greatest impact occurs where provision is delivered at a minimum of one day a week. We continue to believe the best possible, and most sustainable outcomes are achieved by working with the entire system around the child. This includes parents, carers and educators. This belief is reflected in our outcomes and continues to shape our thinking regarding future service provision.

We continue to follow a cross-section of beneficiaries on their journey through their therapy process and we communicate directly with school leaders on a regular basis. A benefit of having BOUNCE! therapists in settings on a weekly basis, is that it provides good communication channels, and the flexibility to adapt the provision to suit the school's and the individual's needs.

Bounce! Brighter Futures Foundation
Charity Number 1181729

Report of the trustees
for the year ended 31 March 2023

'We are enormously grateful to Bounce who support 7 of our pupils with weekly 1:1 psychotherapy. This support is enabling the pupils to access mainstream schooling despite challenging behaviour which is often conducive with exclusions. Despite the high numbers of pupils with SEMH needs in our school, we have incredibly few incidents of exclusion. The BOUNCE! team offer training to staff so that we can use best practices in classrooms benefitting all of our children. In these challenging times with ever increasing pressure on mental health support such as CAMHs, we are always reassured to know that we can offer quick, high- quality interventions in a timely manner. This service extends to the pupil's wider family and a holistic approach is widely used to help all family members if appropriate.'

BOUNCE! in the community

Our therapy hub also shows the difference BOUNCE! is making within the community. The outcome measures that we use at our hub show that 84% of the children, young people and parents we work with, show an improvement in their mental health.

Our community hub receives referrals directly from families, from schools and from other services, including local surgeries. One local GP said:

'You do a fantastic job at Bounce with children and parents, and I have heard many accounts from patients that they are really happy to have had help from you, so thank you.'

Testimonies from the children themselves however show the real difference BOUNCE! is making:

'Seeing my therapist is fun. It helps me very much. It helps me not getting angry. It helps my brain and it helps my autism.'

'I really like my therapist she's nice, kind and caring. She has really helped me with my fears.'

Over the past year we have been able to provide on average 50 sessions of specialist therapy per week to children, adolescents and parents, directly from the community hub. Crucially, the hub allows us to expand our reach - helping children not currently benefitting from attending one of our partner schools. Demand for this service has been high and we receive referrals directly from families in the community, from local GP surgeries, from schools, social services and other organisations.

Future aims of BOUNCE!

For a small charity, we have large ambitions!

As a result of funding recently received in 2022/23, we have been able to employ an Operations & Fundraising Manager for 18 months, with the aim of establishing long term security of funding for the charity. Such security would allow us to fulfil our 5-year plan, which incorporates the following:

Bounce! Brighter Futures Foundation
Charity Number 1181729

Report of the trustees
for the year ended 31 March 2023

- To provide an in-setting provision to a greater number of schools.
- To increase the provision of treatment through the BOUNCE! Community Hub at subsidised rates for those children, adolescents, parents and whole families unable to access treatment through their schools.
- To position BOUNCE! as a Centre of Excellence for psychotherapeutic services for families. This would enhance the provision of support through appropriately qualified therapists, on tailored treatment plans.
- To provide our Associate therapist team with the training and professional development they require, to allow them to continue to offer the best service possible for the community.
- In the long term, BOUNCE! aims to gain regional and national recognition as a point of expert knowledge in the field of child and adolescent mental health. We seek to accredit BOUNCE! as an organisation with a professional body such as the BACP, to gain national recognition as a Centre of Excellence.

The competition for funding since COVID has increased enormously, thus making it challenging for all charities applying for funds.

In parallel however, the number of children, adolescents and families requiring mental health & wellbeing help has increased enormously since, and as a result of, COVID. BOUNCE! is increasingly being recognised as a force for good for the community, but the challenges of short term funding remain a very real constant.

For more information on the work of BOUNCE! and the difference we are making please visit our website www.bouncebrighterfutures.co.uk

Financial review

Financial Review

BOUNCE! started the financial year with circa £25k funds. Over the accounting period expenditure was circa £80k and we finished the year with circa £46k in the bank having raised over £100k.

75% of expenditure was directly on provision of therapy services and just over 15% was on costs associated with the community hub. This extremely high proportion of funds being used to support our clients was only possible due to the majority of administration and management being provided pro bono.

Source of Funds

A large proportion of funding for BOUNCE! comes from charitable grants. In this period our key funders were:

- Devon Community Foundation (Feel Good grants)	£8,000
- Northbrook Foundation (for school service)	£7,300
- Tiverton Education Fund (via DCF)	£20,000
- CLASP funding	£5,000
- Chief Constable's Fund	£2,640

Bounce! Brighter Futures Foundation
Charity Number 1181729

Report of the trustees
for the year ended 31 March 2023

- INVOLVE	£3,000
- Pixel Fund	£2,300

Importantly we have started to generate income of £25k from clients who have the option to pay a staggered rate depending on circumstances, from external contracts (e.g. Primary care Network, Devon County Council) and from utilising the community hub.

Overall source of funds is:

- 49% grants
- 24% service income
- 12% contracts
- 14% schools
- 1% donations

Reserves Policy

For Core service provision we agree there should always be at least one full terms fund secured prior to work beginning or continuing in a school-based programme of support. Whilst it is envisaged to be an exceptional circumstance this allows sufficient time to exit the service and manage ending sessions with vulnerable clients appropriately.

We agree that at any point we will hold a reserve of unrestricted funds to cover 3 months of fixed costs. As at the 31 March 2023, £46,518 was held in unrestricted reserves, which is equivalent to just over 28 months of fixed costs (expenditure less therapist fees).

Surplus funds - it is envisaged that any surplus from restricted funds will be minimal and, if possible, re-allocated in discussion with the relevant funding body. From unrestricted funds in excess of agreed reserves we agree that the Trustees will consider proposals to utilise in the following way:

- To give financial support to existing activities, if required
- To give financial support to assist the development of new activities and services
- To purchase additional equipment and/or replace existing equipment if required
- To support training needs of Bounce! associates/volunteers/committee members
- To support volunteers through provision of volunteer expenses for travel and associated costs
- To promote the Bounce! service

Looking forward

The psychotherapeutic model of BOUNCE! is now well established. Moving forward the key focus area for BOUNCE! are:

- Achieving long-term financial stability
- Developing the BOUNCE! organisational structure

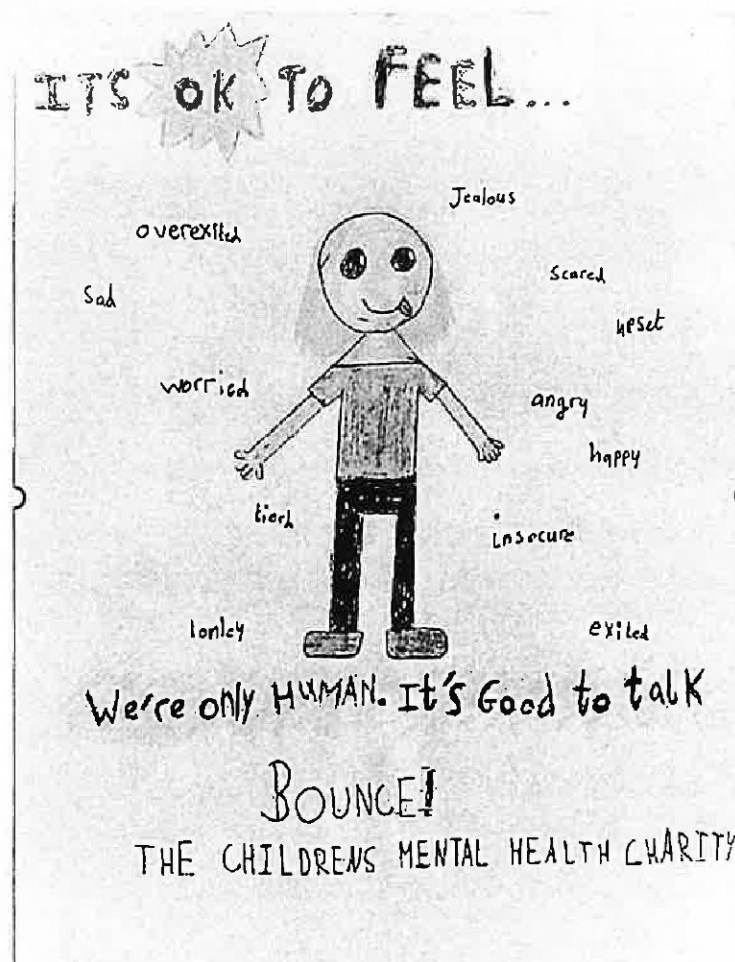
Report of the trustees
for the year ended 31 March 2023

Achieving long-term financial stability

Although BOUNCE! has been successful in attracting funding this is becoming ever more challenging. The majority of funds available are however short term and often do not cover core costs. As an organisation we need to find larger partners and bid for substantial funds, ideally across several years. Until we can achieve this, the long-term sustainability will always be in doubt. This creates a sense of insecurity which holds back organisational development.

Developing the BOUNCE! organisational structure

This is a critical area for BOUNCE! if we are to sustain current services and expand as described above. Our governance is sound however as we grow the level of admin and management support required is increasing beyond what can reasonably be provided by voluntary hours. We have secured some short-term admin support but moving forward we will need to include management time in each of our funding bids. It is a measure of the success of BOUNCE! that our services are in demand and that we have attracted a large number of professional staff who wish to provide sessions in our charitable model. We currently have 12 therapists working in schools and in our community hub. We also have volunteers and trustees supporting BOUNCE! Whilst this is directionally very positive; we need to evolve our organisational model to the scale we are now operating at.



Bounce! Brighter Futures Foundation
Charity Number 1181729

Report of the trustees
for the year ended 31 March 2023

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Hayley Graham
Trustee

30/1/2024

Bounce! Brighter Futures Foundation
Charity Number 1181729

Independent examiner's report to the trustees on the unaudited financial statements of Bounce! Brighter Futures Foundation.

Independent examiner's report to the trustees of Bounce! Brighter Futures Foundation
I report to the trustees on my examination of the accounts of Bounce! Brighter Futures Foundation for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of Bounce! Brighter Futures Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the act').

I report in respect of my examination of Bounce! Brighter Futures Foundation accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Bounce! Brighter Futures Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examinations to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Catherine Williams FCA DChA

Independent Examiner

Westcotts (SW) LLP

47 Boutport Street

Barnstaple

Devon

EX31 1SQ

Dated: 31st January 2024

Bounce! Brighter Futures Foundation
Charity Number 1181729

Receipts and Payments Account

For the year ended 31 March 2023

	Notes	Unrestricted funds £	2023 Total £	2022 Total £
Receipts				
Incoming resources from generating funds:				
Donations	2	50,209	50,209	37,916
Activities for generating funds	3	5,887	5,887	1,408
Incoming resources from charitable activities	4	46,066	46,066	29,660
Total receipts		<u>102,162</u>	<u>102,162</u>	<u>68,984</u>
Payments				
Establishment costs		13,714	13,714	10,720
Accountancy fees		570	570	480
Therapist fees		60,630	60,630	60,202
Telephone		762	762	570
Advertising		120	120	291
Admin		3,768	3,768	1,966
Equipment		411	411	-
Training		-	-	100
Website		234	234	284
Miscellaneous expenditure		194	194	182
Total payments		<u>80,403</u>	<u>80,403</u>	<u>74,795</u>
Net of receipts/(payments)		21,759	21,759	(5,811)
Cash funds brought forward		<u>24,759</u>	<u>24,759</u>	<u>30,570</u>
Cash funds carried forward		<u>46,518</u>	<u>46,518</u>	<u>24,759</u>

All of the above amounts relate to continuing activities.

The notes on pages 13 to 15 form an integral part of these financial statements.

Bounce! Brighter Futures Foundation
Charity Number 1181729

Statement of Assets and Liabilities

As At 31 March 2023

	Notes	2023		2022	
		£	£	£	£
Cash funds					
Bank and cash		46,518		24,759	
		<u>46,518</u>		<u>24,759</u>	
Assets and liabilities			<u>46,518</u>		<u>24,759</u>
Funds	5				
Unrestricted income funds			46,518		24,759
Total funds			<u>46,518</u>		<u>24,759</u>

The financial statements were approved by the trustees on 30th January 2024..... and signed on its behalf by

Hayley Graham
Trustee



The notes on pages 13 to 15 form an integral part of these financial statements.

Notes to the financial statements
for the year ended 31 March 2023

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the receipts and payments basis and in accordance with FRS102, the Charities SORP (FRS102) and the requirement of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Charities SORP (FRS102) and the Charities Act 2011.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS102 from the requirement to produce a cashflow statement as it is classed as a small charity.

1.3. Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specific purpose and which the charity may use for its purpose at its discretion.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4. Incoming resources

All incoming resources are included in the statement of financial activities when the charity receives the income. The following specific policies are applied to particular categories of income:

Donations are received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when received.

The value of services provided by volunteers has not been included.

Fees are included in full in the Statement of Financial Activities when received. All other incoming resources are also included in full in the Statement of Financial Activities when received.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are received.

Bounce! Brighter Futures Foundation
Charity Number 1181729

Notes to the financial statements
for the year ended 31 March 2023

1.5. Resources expended

Expenditure is recognised on a payments basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

2. Donations

	Unrestricted funds £	2023 Total £	2022 Total £
Donation and fundraising	718	718	13,416
Grants	49,491	49,491	24,500
	<u>50,209</u>	<u>50,209</u>	<u>37,916</u>

3. Activities for generating funds

	Unrestricted funds £	2023 Total £	2022 Total £
Other activities for generating funds income	5,887	5,887	1,408
	<u>5,887</u>	<u>5,887</u>	<u>1,408</u>

4. Incoming resources from charitable activities

	Unrestricted funds £	2023 Total £	2022 Total £
Credit from schools	14,420	14,420	28,718
External Provider payments	12,578	12,578	942
Client Fees	19,068	19,068	-
	<u>46,066</u>	<u>46,066</u>	<u>29,660</u>

Bounce! Brighter Futures Foundation
Charity Number 1181729

Notes to the financial statements
for the year ended 31 March 2023

5. Analysis of net assets between funds

	Unrestricted funds £	Total funds £
Fund balances at 31 March 2023 as represented by:		
Current assets	46,518	46,518
	<u>46,518</u>	<u>46,518</u>

6. Unrestricted funds

	At 1 April 2022 £	Incoming resources £	Outgoing resources £	At 31 March 2023 £
Unrestricted funds	<u>24,759</u>	<u>102,162</u>	<u>(80,403)</u>	<u>46,518</u>

Purposes of unrestricted funds

Unrestricted funds are used to further the objects of the charity, but are subject to no restrictions on their use within those objects.

8. Related party transactions

During the year, a trustee received £3,400 for therapy services provided to the charity (2022 £9,706). This has been agreed with the Charity Commission.

BOUNCE! BRIGHTER FUTURES FOUNDATION

England & Wales - Charity number 1181729

Accounts

**BOUNCE! BRIGHTER FUTURES
FOUNDATION**

UNAUDITED

TRUSTEES' REPORT

AND FINANCIAL STATEMENTS

**FOR THE YEAR ENDED
31 MARCH 2022**

**CHARITY NUMBER
1181729**

Bounce! Brighter Futures Foundation
Charity Number 1181729

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Bounce! Brighter Futures Foundation
Charity Number 1181729

Legal and administrative information

Status

Bounce! Brighter Futures Foundation is a CIO Foundation registered 24 January 2019.

Charity number 1181729

Business address 33 St Peter Street
Tiverton
Devon
EX16 6NW

Trustees Hayley Graham Chairperson
Samantha Slater
Irene Hill
Alicia Balfour
Eunice Hinds (Appointed 28th October 2021)

Accountants Westcotts
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Bankers Nationwide Building Society
11 Fore Street
Tiverton
Devon
EX16 6LW

Bounce! Brighter Futures Foundation
Charity Number 1181729
Report of the trustees
for the year ended 31st March 2022

Objectives and Activities

BOUNCE! is a charity providing mental health services to children, families and educational staff within schools and the broader community. We're based in Tiverton, Mid Devon. We aim to improve mental health and build resilience in children, their families and the wider community; improve learning outcomes and create happier learners, families, and communities.

At BOUNCE! we want every child and family to be able to look forward to a brighter future and believe passionately in the power of early intervention to help those in need. We have established an innovative, accessible, and holistic service.

We are a team of committed mental health professionals with a high level of training and a wealth of relevant experience including:

- ▶ Child and adolescent psychotherapists and counsellors
- ▶ Adult psychotherapists and counsellors
- ▶ Clinical psychologists
- ▶ Art psychotherapists

We also have a group of volunteers passionate about mental health who support the therapists and the organisation.

Our focus is on delivering accessible high-quality psychotherapy and counselling to children, young people and their families.

We work with a wide-range of difficulties including anxiety, depression, trauma, loss and relationship problems.

'You do a fantastic job at Bounce with children and parents, and I have heard many accounts from patients that they are really happy to have had help from you so thank you.'
Tiverton GP

Our commitment is:

- ▶ To put children, young people and families at the centre of everything we do.
- ▶ To provide high-quality, accessible counselling and psychotherapy to those in need.
- ▶ To develop and grow our service so we can reach more children, young people and families.

To build on our existing expertise and develop new and innovative ways of working with children, young people and families

Main activities

In the report period BOUNCE! provided:

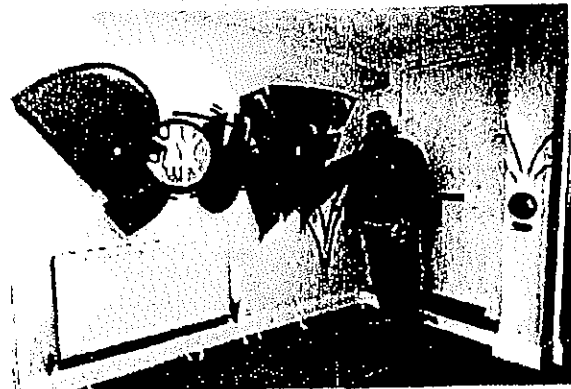
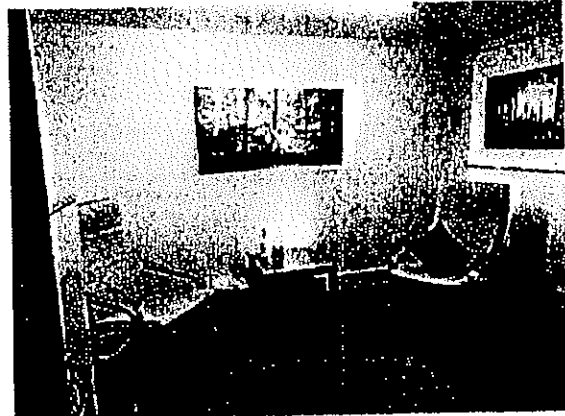
- ▶ Over 2700 therapy sessions
- ▶ Over 450 school staff consultations
- ▶ Over 500 parent support sessions
- ▶ Over 100 school reflective practice sessions

Bounce! Brighter Futures Foundation
Charity Number 1181729
Report of the trustees
for the year ended 31st March 2022

This represents an over 100% increase on 2020/21.

BOUNCE! in the community

Our community hub in central Tiverton opened in February 2021.



Fully establishing a community-based service has been a major achievement in this reporting period. Clients can self-refer or be referred in by their GP, school or other services. This has significantly broadened the reach of BOUNCE! and we have been able to offer subsidised sessions to a large number of children, adults, and families who would otherwise be unable to access a counselling or psychotherapy service. Currently there are 10 associate BOUNCE! therapists providing sessions from the hub.

In addition we started to utilise the hub as a community resource and have hosted a range of other activities such as parenting support groups and coffee mornings. The rooms have also been available for private hire and this has created a small income stream to support BOUNCE! services.

BOUNCE! in schools

BOUNCE! continued with SLA's to provide a service in eight schools and provided ad hoc support to others as requested. This additional work was only feasible through using the community hub as an access point. The core model remained the same, as set out in the infographic.

Bounce! Brighter Futures Foundation
Charity Number 1181729
Report of the trustees
for the year ended 31st March 2022

Bounce! Brighter Futures Foundation
5 steps to build child resilience

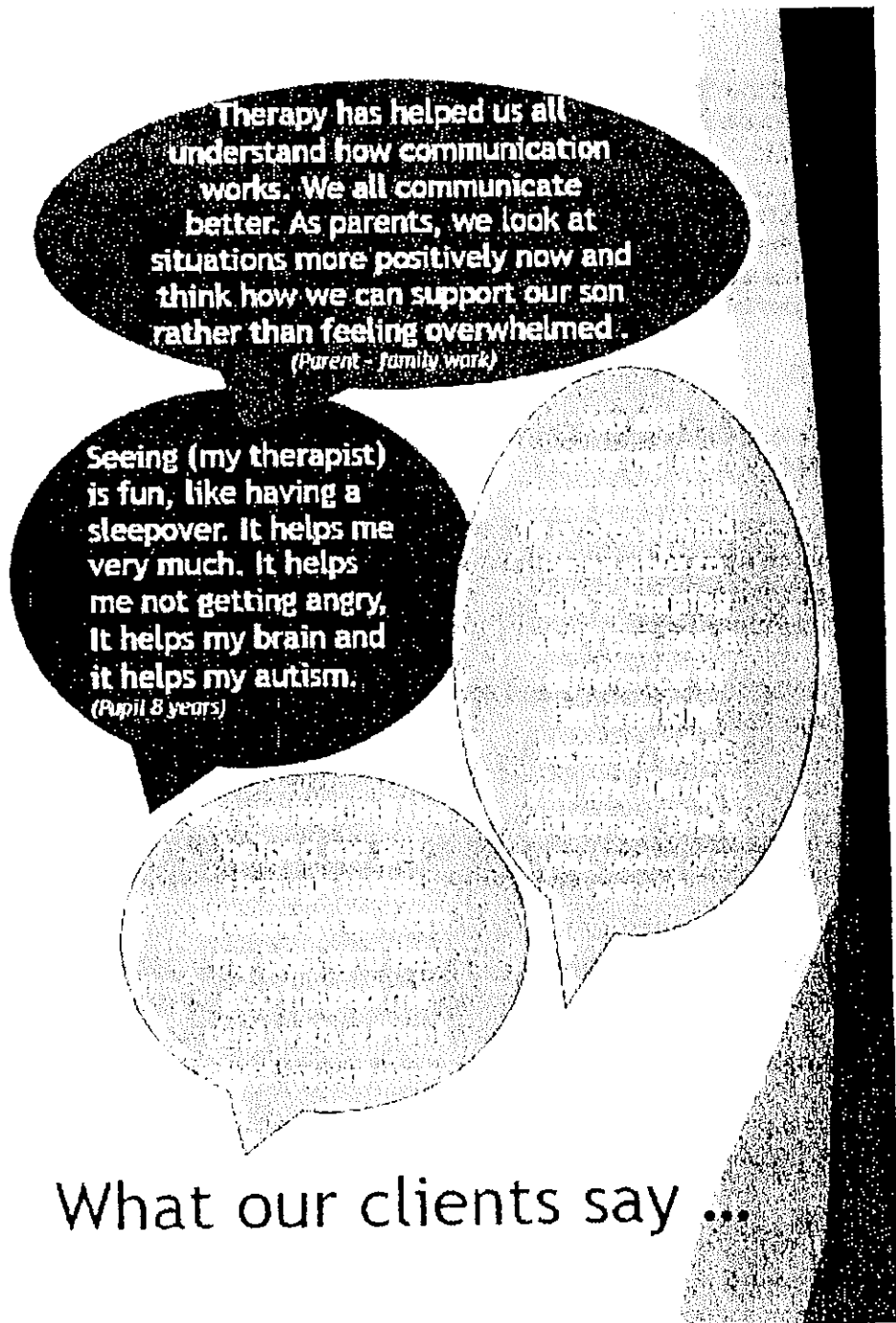
- 1:1 Therapy for Children**
 Providing individual play-based therapy to primary school children on both a long and short term basis.
- Emotion Focused Workshops for Parents**
 Helping parents to help their children thrive emotionally and academically.
- Family Support**
 1 to 1 counseling support for parents and families who may be struggling with a variety of needs.
- Supervision**
 Access to the service is made for any member of school staff.
- Training**
 Delivery of bespoke trauma and attachment informed training for educational staff.

“The art-based sessions that are delivered, enable children to find a supported way to come to terms with and manage the traumas and attachment difficulties that they have faced in their lives. This equips the children to be able to better manage in a mainstream classroom environment, and therefore engage meaningfully with opportunities to learn alongside their peers. We are able to see that children prior to the intervention that were making little or no progress, are now making steps towards closing learning gaps.

Significantly for some of those children, behaviours can become difficult for them to manage in an appropriate way. What we have seen is those children that have, and are being, so successfully supported by BOUNCE! are much less likely to experience a Fixed Term Exclusion.

We are so impressed by the way BOUNCE! have worked with school to make successes of seemingly desperate situations, that we are committed to continuing our work with them”.

SENCO Primary School



Therapy has helped us all understand how communication works. We all communicate better. As parents, we look at situations more positively now and think how we can support our son rather than feeling overwhelmed.

(Parent - family work)

Seeing (my therapist) is fun, like having a sleepover. It helps me very much. It helps me not getting angry, It helps my brain and it helps my autism.

(Pupil 8 years)

What our clients say ...

For more information on the work of BOUNCE! and the difference we are making please visit our website www.bouncebrighterfutures.co.uk

Bounce! Brighter Futures Foundation
Charity Number 1181729
Report of the trustees
for the year ended 31st March 2022

Finances

BOUNCE! started the financial year with circa £30k funds. Over the accounting period expenditure was circa £75k and we finished the year with circa £25k in the bank having raised almost £70k.

80% of expenditure was directly on provision of therapy services and 13% was on costs associated with the community hub. This extremely high proportion of funds being used to support our clients was only possible due to the majority of administration and management being provided *pro bono*.

Source of Funds

A large proportion of funding for BOUNCE! comes from charitable grants. In this period our key funders were:

• Devon Community Foundation (Feel Good grants)	£10,000
• Northbrook Foundation (for school service)	£11,000
• Blundell's School	£7,200
• Gibbons Family Trust	£2,500

We also had several smaller grants and around £4,500 from community fundraising. School contributions were £28,000.

Key risks

The main risk is financial in terms of continuing to secure funds for service provision. Although mental health is high priority the competition for grants has increased significantly post Covid.

The expansion to a community service and the costs of premises/ utilities / admin etc add further risk and require a new funding strategy. To mitigate risk the premises have been secured on a rolling 6 month notice period and the Chair of Trustees has underwritten the rent with the landlord should BOUNCE! not be able to raise the necessary funds.

As a professional psychotherapy service there is additional liability risk however there is a group policy in BOUNCE! name for both professional and public liability.

Reserves Policy

Restricted funds are a major source of funds for the BOUNCE! operating model. For core service provision we agree there should always be at least one full terms fund secured prior to work beginning or continuing in a school-based programme of support. Whilst it is envisaged to be an exceptional circumstance this allows sufficient time to exit the service and manage ending sessions with vulnerable clients appropriately.

We agree that at any point we will hold a reserve of unrestricted funds to cover 3 months of fixed costs. As at the 31st March 2022, £24,759 was held in unrestricted reserves, which is equivalent to just over 6 months fixed costs (expenditure less therapist fees).

Bounce! Brighter Futures Foundation
Charity Number 1181729
Report of the trustees
for the year ended 31st March 2022

Surplus funds – it is envisaged that any surplus from restricted funds will be minimal and, if possible, re-allocated in discussion with the relevant funding body. From unrestricted funds in excess of agreed reserves we agree that the Trustees will consider proposals to utilise in the following way:

- o To give financial support to existing activities if required
- o To give financial support to assist the development of new activities and services
- o To purchase additional equipment and / or replace existing equipment if required
- o To support training needs of BOUNCE! associates / volunteers / committee members
- o To support volunteers through provision of volunteer expenses for travel and associated costs
- o To promote the BOUNCE! service

Looking forward

The psychotherapeutic model of BOUNCE! is now well established. Moving forward the key focus area for BOUNCE! are:

- ▶ Achieving long-term financial stability
- ▶ Developing the BOUNCE! organisational structure

Achieving long-term financial stability

Although BOUNCE! has been successful in attracting funding this is becoming ever more challenging. The majority of funds available are however short term and often do not cover core costs. As an organisation we need to find larger partners and bid for substantial funds, ideally across several years. Until we can achieve this, the long-term sustainability will always be in doubt. This creates a sense of insecurity which holds back organisational development.

Developing the BOUNCE! organisational structure

This is a critical area for BOUNCE! if we are to sustain current services and expand as described above. Our governance is sound however as we grow the level of admin and management support required is increasing beyond what can reasonably be provided by voluntary hours. We have secured some short-term admin support but moving forward we will need to include management time in each of our funding bids. It is a measure of the success of BOUNCE! that our services are in demand and that we have attracted a large number of professional staff who wish to provide sessions in our charitable model. We currently have 12 therapists working in schools and in our community hub. We also have volunteers and trustees supporting BOUNCE! Whilst this is directionally very positive, we need to evolve our organisational model to the scale we are now operating at.

Bounce! Brighter Futures Foundation
Charity Number 1181729
Report of the trustees
for the year ended 31st March 2022

Structure and policies

Bounce! Brighter Futures Foundation trustees are appointed from those who wish to volunteer as trustees by a majority vote at the Annual General Meeting. The trustees meet on a regular basis.

Trustee Training

New trustees are familiarised with the workings of the charity and their legal obligations under charity law when they are appointed. Trustees are updated regularly on any changes to their roles and duties, etc, on a regular basis.

Governance, Internal Control and Risk Management

The trustees have reviewed the major risks of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

The insurance policies are reviewed annually and amended if appropriate.

As the Charity works with children, DBS checks are always carried out on staff and any volunteers before they take up a position within the charity.

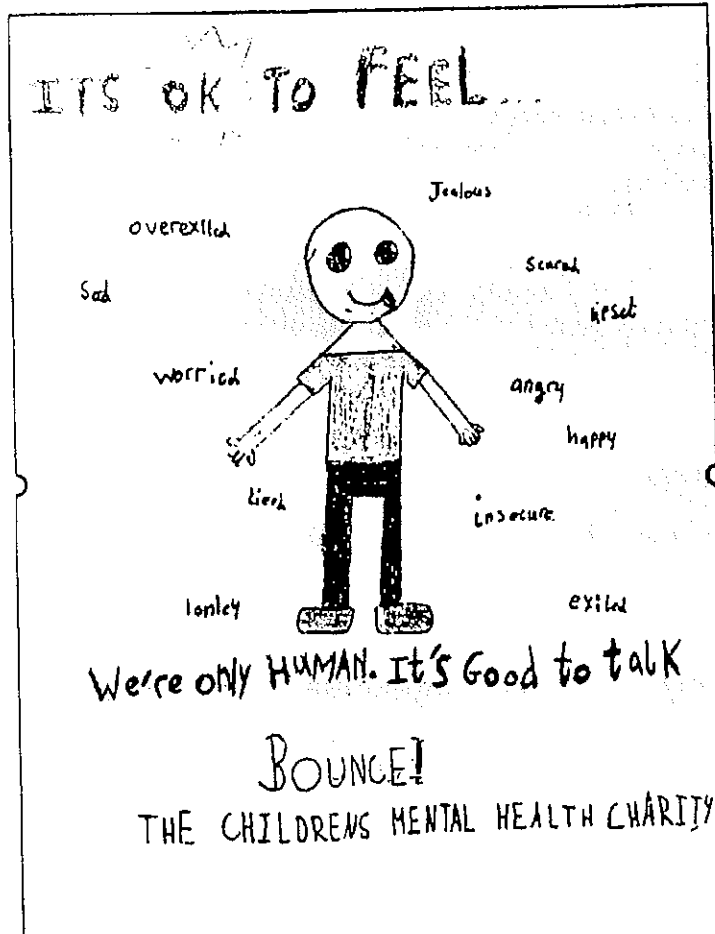
BOUNCE! is established as a CIO. The Charity is overseen by the Trustees. From an operational perspective the Chair of Trustees also acts as Clinical Director and co-ordinates the day to day running and fundraising activities. Currently this element is provided *pro bono*. The Chair also undertakes clinical work for which she is paid the same charitable rate as all other professional associates. This has been agreed with the Charity Commission.

BOUNCE! has a comprehensive set of governance and operational policies in place. These include:

- Safeguarding and Child Protection Policy
- Safeguarding Adult Policy
- Complaints Policy
- Equal Opportunities Policy
- Privacy Policy
- Remote working
- Reserves Policy

All BOUNCE! associates have an individual letter of engagement which specifies compliance with BOUNCE! policies. This also includes requirements for:

- DBS and identity checks
- Checks on qualifications and registration
- Compliance with registering body code of ethics



Bounce! Brighter Futures Foundation
Charity Number 1181729

Report of the trustees
for the year ended 31 March 2022

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Hayley Graham
Trustee

Hayley Graham 27.1.23

Bounce! Brighter Futures Foundation
Charity Number 1181729

Independent examiner's report to the trustees on the unaudited financial statements of Bounce! Brighter Futures Foundation.

Independent examiner's report to the trustees of Bounce! Brighter Futures Foundation

I report to the trustees on my examination of the accounts of Bounce! Brighter Futures Foundation for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of Bounce! Brighter Futures Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the act').

I report in respect of my examination of Bounce! Brighter Futures Foundation accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Bounce! Brighter Futures Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examinations to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Catherine Williams FCA DChA

Independent Examiner

Westcotts (SW) LLP

47 Boutport Street

Barnstaple

Devon

EX31 1SQ

Dated: 27th January 2023

Bounce! Brighter Futures Foundation
Charity Number 1181729

Receipts and Payments Account

For the year ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Receipts					
Incoming resources from generating funds:					
Donations	2	19,716	18,200	37,916	36,100
Activities for generating funds	3	1,408	-	1,408	-
Incoming resources from charitable activities	4	29,660	-	29,660	10,730
Total receipts		<u>50,784</u>	<u>18,200</u>	<u>68,984</u>	<u>46,830</u>
Payments					
Establishment costs		10,720	-	10,720	6,380
Accountancy fees		480	-	480	-
Therapist fees		42,002	18,200	60,202	37,025
Telephone		570	-	570	91
Advertising		291	-	291	23
Admin		1,966	-	1,966	2,823
Equipment		-	-	-	2,750
Training		100	-	100	-
Website		284	-	284	234
Miscellaneous expenditure		182	-	182	96
Total payments		<u>56,595</u>	<u>18,200</u>	<u>74,795</u>	<u>49,422</u>
Net of receipts/(payments)		(5,811)	-	(5,811)	(2,592)
Cash funds brought forward		30,570	-	30,570	33,162
Cash funds carried forward		<u>24,759</u>	<u>-</u>	<u>24,759</u>	<u>30,570</u>

All of the above amounts relate to continuing activities.

The notes on pages 14 to 17 form an integral part of these financial statements.

Bounce! Brighter Futures Foundation
Charity Number 1181729

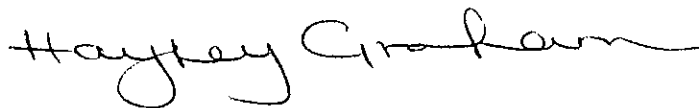
Statement of Assets and Liabilities

As At 31 March 2022

	Notes	2022		2021	
		£	£	£	£
Cash funds					
Bank and cash		24,759		30,570	
		<u>24,759</u>		<u>30,570</u>	
Assets and liabilities			<u>24,759</u>		<u>30,570</u>
Funds	5				
Unrestricted income funds			24,759		30,570
Total funds			<u>24,759</u>		<u>30,570</u>

The financial statements were approved by the trustees on 27.1.23 and signed on its behalf by

Hayley Graham
Trustee



The notes on pages 14 to 17 form an integral part of these financial statements.

Notes to the financial statements
for the year ended 31 March 2022

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the receipts and payments basis and in accordance with FRS102, the Charities SORP (FRS102) and the requirement of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Charities SORP (FRS102) and the Charities Act 2011.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS102 from the requirement to produce a cashflow statement as it is classed as a small charity.

1.3. Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specific purpose and which the charity may use for its purpose at its discretion.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4. Incoming resources

All incoming resources are included in the statement of financial activities when the charity receives the income. The following specific policies are applied to particular categories of income:

Donations are received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when received.

The value of services provided by volunteers has not been included.

Fees are included in full in the Statement of Financial Activities when received. All other incoming resources are also included in full in the Statement of Financial Activities when received.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are received.

Bounce! Brighter Futures Foundation
Charity Number 1181729

Notes to the financial statements
for the year ended 31 March 2022

1.5. Resources expended

Expenditure is recognised on a payments basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

2. Donations

	Unrestricted funds £	Restricted funds £	2022 Total £	2021 Total £
Donation and fundraising	13,416	-	13,416	1,990
Grants	6,300	18,200	24,500	34,110
	<u>19,716</u>	<u>18,200</u>	<u>37,916</u>	<u>36,100</u>

3. Activities for generating funds

	Unrestricted funds £	2022 Total £	2021 Total £
Other activities for generating funds income	1,408	1,408	-
	<u>1,408</u>	<u>1,408</u>	<u>-</u>

4. Incoming resources from charitable activities

	Unrestricted funds £	2022 Total £	2021 Total £
Credit from schools	28,718	28,718	10,380
External Provider payments	942	942	350
	<u>29,660</u>	<u>29,660</u>	<u>10,730</u>

Bounce! Brighter Futures Foundation
Charity Number 1181729

Notes to the financial statements
for the year ended 31 March 2022

5. Analysis of net assets between funds

	Unrestricted funds £	Total funds £
Fund balances at 31 March 2022 as represented by:		
Current assets	24,759	24,759
	<u>24,759</u>	<u>24,759</u>

6. Unrestricted funds

	At 1 April 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
Unrestricted funds	<u>30,570</u>	<u>50,784</u>	<u>(56,595)</u>	<u>24,759</u>

Purposes of unrestricted funds

Unrestricted funds are used to further the objects of the charity, but are subject to no restrictions on their use within those objects.

7. Restricted funds

	At 1 April 2021 £	Incoming resources £	Outgoing resources £	At 31 March 2022 £
Northbrook Foundation	-	11,000	(11,000)	-
Blundell's School	-	7,200	(7,200)	-
	<u>-</u>	<u>18,200</u>	<u>(18,200)</u>	<u>-</u>

Purposes of restricted funds

Northbrook Foundation - This grant was to be used to cover costs for Therapists associated with school provisions.

Blundell's School - This was agreed to be used to support school children in the Blundell's ares. This was to fund 100% of the costs for Tidcombe school and Wilcombe school.

Bounce! Brighter Futures Foundation
Charity Number 1181729

Notes to the financial statements
for the year ended 31 March 2022

8. Related party transactions

During the year, a trustee received £9,706 for therapy services provided to the charity (2021 £13,450). This has been agreed with the Charity Commission.

BOUNCE! BRIGHTER FUTURES FOUNDATION

England & Wales - Charity number 1181729

Accounts

**BOUNCE! BRIGHTER FUTURES
FOUNDATION**

UNAUDITED

TRUSTEES' REPORT

AND FINANCIAL STATEMENTS

**FOR THE YEAR ENDED
31 MARCH 2021**

**CHARITY NUMBER
1181729**

Bounce! Brighter Futures Foundation
Charity Number 1181729

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Bounce! Brighter Futures Foundation
Charity Number 1181729

Legal and administrative information

Status

Bounce! Brighter Futures Foundation is a CIO Foundation registered 24 January 2019.

Charity number 1181729

Business address 33 St Peter Street
Tiverton
Devon
EX16 6NW

Trustees Hayley Graham Chairperson
Samantha Slater
Irene Hill
Alicia Balfour (Appointed 1 September 2020)
Eunice Hinds (Appointed 28 October 2020)

Accountants Thomas Westcott
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Bankers Nationwide Building Society
11 Fore Street
Tiverton
Devon
EX16 6LW

Bounce! Brighter Futures Foundation
Charity Number 1181729
Report of the trustees
for the year ended 31st March 2021

The trustees present their report and the financial statements for the year ended 31 March 2021.

The trustees who served during the year and up to the date of this report are set out on page 1.

Objectives and Activities

BOUNCE! is a charity providing mental health services to children, families and educational staff within schools and the broader community. We're based in Tiverton, Mid Devon. We aim to improve mental health and build resilience in children, their families and the wider community; improve learning outcomes and create happier learners, families, and communities.

At BOUNCE! we want every child and family to be able to look forward to a brighter future and believe passionately in the power of early intervention to help those in need. We have an established group of professionals and volunteers and have set up an innovative, accessible, and holistic service.

Our core model and activities for the Annual Report period are set out in the following infographics.



Bounce! Brighter Futures Foundation
Charity Number 1181729
Report of the trustees
for the year ended 31st March 2021



Main activities

Work with schools

BOUNCE! has SLA's to provide a service in eight schools and provides ad hoc support to others as requested. As with many services our provision was very disrupted due to COVID-19. This meant for a significant period we were unable to provide face to face sessions. Whilst this was a challenge for BOUNCE! we were determined to continue support where we could. With the aid of specific COVID directed grant funding we were able to provide online therapy sessions to many vulnerable children and families, and for several who remained in school we found different ways to work e.g. outdoor sessions. This required an adaptation to our working model however ensured continuity for many children. From September we were largely able to return to our normal working model however the impact of COVID had led to increased demand. We have increased provision in two schools, have a request for an increase in another, and have two additional schools requesting support. At the time of this report we are seeking ways to recruit more qualified child therapists to work in our model and to find the funding to support this.

Bounce! Brighter Futures Foundation
Charity Number 1181729
Report of the trustees
for the year ended 31st March 2021

Community service

During the pandemic we wanted to provide additional support where we could. We were successful in securing funds from Devon Community Foundation and the National Lottery to support this. We established a specific COVID related service to provide free short-term counselling and crisis support to the extended school and local community – parents, children, carers, and vulnerable individuals. We also utilised this funding to create care boxes for children in the community to support their mental health whilst out of school and disconnected from their peer support networks. We supplied around 200 of these boxes and received very positive feedback on their impact.

In February we opened the doors on a community therapy centre in Tiverton with dedicated counselling space for adults and children. This is a major commitment for BOUNCE! and will allow us to more effectively expand our reach into the Mid Devon community.

BOUNCE! profile

As a relatively new charity we also wanted to invest some time in raising our profile both as a charity for fundraising / donation purposes, and as a provider of mental health services with a highly qualified team.

We improved our website and were involved in several local press and media sessions with BBC Radio Devon, TCR Radio, and Devon live. This activity coupled with word of mouth advocacy from our partner schools and clients has created an environment where BOUNCE! is becoming more well known and is increasingly invited to local and Devon wide decision-making groups on mental health and community support. We hope this will stand us in good stead as we seek further funding.

For more information on the work of BOUNCE! and the difference we are making please visit our website www.bouncebrighterfutures.co.uk

Financial review and source of funds

Financial Review

BOUNCE! started the financial year with circa £33k funds in the bank. This was largely due to our start up model of the first year of operation being mainly a *pro bono* service provision whilst we established the service and sought funding for the following year. With psychotherapy services it is important that when work starts with a client, particularly children, it is secure for a planned period. We seek to continue in this vein our core school work secured before the start of each year. For the school model we have SLA's with each school for 50% of the service cost, with the remaining 50% raised by BOUNCE! Although the scope of utilisation of funds raised is relatively broad we choose to badge most funding as restricted simply because it relates to a specific provision we have planned.

The 20/21 financial year was unusual in that our service was very disrupted by COVID and we had to adapt provision accordingly. We sought additional COVID funding and overall spent to plan with an expenditure of £49.5k vs an income of £46.8k. Over 75% of our expenditure is on professional fees for the therapy services we provide. In all instances these are provided at a charitable and below market rate by our team of Associate Therapists.

Bounce! Brighter Futures Foundation
Charity Number 1181729
Report of the trustees
for the year ended 31st March 2021

We ended the year with circa £30k cash funds, but as described above, most of this is earmarked for planned service provision in 21/22.

Examined accounts are attached

Source of Funds

Most of the funding for BOUNCE! comes from charitable grants. In this period our key funders were:

- | | |
|--|---------|
| • National Lottery Covid response fund | £23,860 |
| • Devon Community Foundation Coronavirus Recovery Fund | £5,700 |
| • Northbrook Foundation (for school service) | £7,850 |

We also had several smaller grants and a number of small fundraisers. Our school income was reduced as we utilised funding from Northbrook Foundation to reduce the school contribution to service costs to allow them to re-direct funds during the pandemic. For 21/22 we have reverted to 50% funding contribution from schools.

Key risks

The main risk is financial in terms of continuing to secure funds for service provision. Although mental health is high priority the competition for grants has increased significantly post Covid. That said 21/22 is mostly secure for school provision.

The expansion to a community service and the costs of premises/ utilities / admin etc add further risk and require a new funding strategy. To mitigate risk the premises have been secured on a rolling 6 month notice period and the Chair of Trustees has underwritten the rent with the landlord should BOUNCE! not be able to raise the necessary funds.

As a professional psychotherapy service there is additional liability risk however there is a group policy in BOUNCE! name for both professional and public liability.

Looking forward

Moving forward there are 3 key areas of focus for BOUNCE!

Securing our school service

This is already relatively secure in that all our host schools are happy with the provision and the associated service model. SLA's are in place for a full school year in 21/22 and we have secured enough therapist time / support for the model. There is of course the challenge of finding the matched funding from grants and donations but so far this has been achievable. We want to expand provision by creating additional capacity from trainee therapists working alongside our qualified team and have started to move this forward in 3 schools. We also want to explore a referral model which allows a degree of self-referral alongside the established model of parent and/or teacher referral. In the main the school model works well. We plan to re-survey our host schools and gain further feedback at in 2022.

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Report of the trustees
for the year ended 31st March 2021

We have requests from additional schools to join our scheme and individual referrals from a range of schools. Whilst we would like to expand to accommodate these requests this would require a step change in our capacity and organisational structure. This is probably the next step for BOUNCE!, but one where we need to ensure we are set up for success both from a staffing and funding perspective before we embark on a significant expansion.

Establishing our community service provision

We opened our therapy centre in Tiverton in Feb 2021. This allowed us to deliver the COVID support services funded primarily from the National Lottery. We have big ambitions for future community provision and are seeking to establish a low-cost therapy service for the Tiverton area, for adults and children. There is currently no similar service in this area. We have made the first steps towards this with grant funding from Devon Community Foundation to pilot a low-cost service in 2021. We will review the learning from this pilot and then decide how best to structure this service for the future.

We also hope to utilise the BOUNCE! premises for fundraising activities and a host of other community-based services.

Developing the BOUNCE! organisational structure

This is a critical area for BOUNCE! if we are to sustain current services and expand as described above. Our governance is sound however as we grow the level of admin and management support required is increasing beyond what can reasonably be provided by voluntary hours. We have secured some short-term admin support but moving forward we will need to include management time in each of our funding bids. It is a measure of the success of BOUNCE! that our services are in demand and that we have attracted a large number of professional staff who wish to provide sessions in our charitable model. We currently have 12 therapists working in schools and in our community hub. We also have volunteers and trustees supporting BOUNCE! Whilst this is directionally very positive, we need to evolve our organisational model to the scale we are now operating at. The Chair will propose a new model to the trustees in early 2022.

Structure and policies

Bounce! Brighter Futures Foundation trustees are appointed from those who wish to volunteer as trustees by a majority vote at the Annual General Meeting. The trustees meet on a regular basis.

Trustee Training

New trustees are familiarised with the workings of the charity and their legal obligations under charity law when they are appointed. Trustees are updated regularly on any changes to their roles and duties, etc, on a regular basis.

Governance, Internal Control and Risk Management

The trustees have reviewed the major risks of the charity and have taken action and established systems which will mitigate any known risks. All policies and procedures are updated regularly.

The insurance policies are reviewed annually and amended if appropriate.

As the Charity works with children, DBS checks are always carried out on staff and any volunteers before they take up a position within the charity.

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Report of the trustees
for the year ended 31st March 2021

BOUNCE! is established as a CIO. The Charity is overseen by the Trustees. From an operational perspective the Chair of Trustees also acts as Clinical Director and co-ordinates the day to day running and fundraising activities. Currently this element is provided *pro bono*. The Chair also undertakes clinical work for which she is paid the same charitable rate as all other professional associates. This has been agreed with the Charity Commission.

BOUNCE! has a comprehensive set of governance and operational policies in place. These include:

- Safeguarding and Child Protection Policy
- Safeguarding Adult Policy
- Complaints Policy
- Equal Opportunities Policy
- Privacy Policy
- Remote working
- Reserves Policy

All BOUNCE! associates have an individual letter of engagement which specifies compliance with BOUNCE! policies. This also includes requirements for:

- DBS and identity checks
- Checks on qualifications and registration
- Compliance with registering body code of ethics

Bounce! Brighter Futures Foundation
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Report of the trustees
for the year ended 31 March 2021

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of charity and of the incoming resources and application of resources of the charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Hayley Graham
Trustee



Bounce! Brighter Futures Foundation
Charity Number 1181729

Independent examiner's report to the trustees on the unaudited financial statements of Bounce! Brighter Futures Foundation.

Independent examiner's report to the trustees of Bounce! Brighter Futures Foundation

I report to the trustees on my examination of the accounts of Bounce! Brighter Futures Foundation for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of Bounce! Brighter Futures Foundation you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the act').

I report in respect of my examination of Bounce! Brighter Futures Foundation accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Bounce! Brighter Futures Foundation as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examinations to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Catherine Williams ACA DChA

Independent Examiner

Thomas Westcott
47 Boutport Street
Barnstaple
Devon
EX31 1SQ

Dated: 27th January 2022

Bounce! Brighter Futures Foundation
Charity Number 1181729

Receipts and Payments Account

For the year ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total £	2020 Total £
Receipts					
Incoming resources from generating funds:					
Donations	2	9,840	26,260	36,100	32,490
Incoming resources from charitable activities	3	10,730	-	10,730	6,969
Total receipts		<u>20,570</u>	<u>26,260</u>	<u>46,830</u>	<u>39,459</u>
Payments					
Establishment costs		632	5,748	6,380	1,135
Therapist fees		21,763	15,262	37,025	1,605
Telephone		91	-	91	-
Advertising		23	-	23	-
Admin		323	2,500	2,823	-
Equipment		-	2,750	2,750	1,301
Training		-	-	-	351
Website		234	-	234	1,905
Miscellaneous expenditure		96	-	96	-
Total payments		<u>23,162</u>	<u>26,260</u>	<u>49,422</u>	<u>6,297</u>
Net of receipts/(payments)		(2,592)	-	(2,592)	33,162
Cash funds brought forward		33,162	-	33,162	-
Cash funds carried forward		<u>30,570</u>	<u>-</u>	<u>30,570</u>	<u>33,162</u>

All of the above amounts relate to continuing activities.

The notes on pages 12 to 14 form an integral part of these financial statements.

Bounce! Brighter Futures Foundation
Charity Number 1181729

Statement of Assets and Liabilities

As At 31 March 2021

	Notes	£	2021	£	£	2020	£
Cash funds							
Bank and cash		30,570			33,162		
		<u>30,570</u>			<u>33,162</u>		
Assets and liabilities			<u>30,570</u>			<u>33,162</u>	
Funds	4						
Unrestricted income funds			30,570			33,162	
Total funds			<u>30,570</u>			<u>33,162</u>	

The financial statements were approved by the trustees on 27th January 2022 and signed on its behalf by

Hayley Graham
Trustee



The notes on pages 12 to 14 form an integral part of these financial statements.

Bounce! Brighter Futures Foundation
Charity Number 1181729

Notes to the financial statements
for the year ended 31 March 2021

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the receipts and payments basis and in accordance with FRS102, the Charities SORP (FRS102) and the requirement of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Charities SORP (FRS102) and the Charities Act 2011.

1.2. Cashflow

The charity has taken advantage of the exemption in FRS102 from the requirement to produce a cashflow statement as it is classed as a small charity.

1.3. Fund accounting

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specific purpose and which the charity may use for its purpose at its discretion.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

1.4. Incoming resources

All incoming resources are included in the statement of financial activities when the charity receives the income. The following specific policies are applied to particular categories of income:

Donations are received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when received.

Donated services and facilities are included at the value to the charity where this can be quantified.

The value of services provided by volunteers has not been included.

Fees are included in full in the Statement of Financial Activities when received. All other incoming resources are also included in full in the Statement of Financial Activities when received.

Grants, including grants for the purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

Bounce! Brighter Futures Foundation
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Notes to the financial statements
for the year ended 31 March 2021

1.5. Resources expended

Expenditure is recognised on a payments basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are those costs incurred directly in support of expenditure on the objects of the charity and include project management.

2. Donations

	Unrestricted funds £	Restricted funds £	2021 Total £	2020 Total £
Donation and fundraising	1,990	-	1,990	1,846
Grants	7,850	26,260	34,110	30,644
	<u>9,840</u>	<u>26,260</u>	<u>36,100</u>	<u>32,490</u>

3. Incoming resources from charitable activities

	Unrestricted funds £	2021 Total £	2020 Total £
Credit from schools	10,380	10,380	6,969
External Provider payments	350	350	-
	<u>10,730</u>	<u>10,730</u>	<u>6,969</u>

4. Analysis of net assets between funds

	Unrestricted funds £	Total funds £
Fund balances at 31 March 2021 as represented by:		
Current assets	30,570	30,570
	<u>30,570</u>	<u>30,570</u>

Bounce! Brighter Futures Foundation
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Notes to the financial statements
for the year ended 31 March 2021

5. Unrestricted funds	At 1 April 2020	Incoming resources	Outgoing resources	At 31 March 2021
	£	£	£	£
Unrestricted funds	33,162	20,570	(23,162)	30,570

Purposes of unrestricted funds

Unrestricted funds are used to further the objects of the charity, but are subject to no restrictions on their use within those objects.

6. Restricted funds	At 1 April 2020	Incoming resources	Outgoing resources	At 31 March 2021
	£	£	£	£
The National Lottery Community Fund	-	23,860	(23,860)	-
DCF Core Cost Support Fund	-	2,400	(2,400)	-
	-	26,260	(26,260)	-

Purposes of restricted funds

The National Lottery Community Fund - Coronavirus Community Support fund to deliver activities specifically aimed to support communities through the Covid-19 crisis.

DCF Core Cost Support Fund - To provide financial support for the additional costs incurred in delivery of services in respect of Covid-19

7. Related party transactions

During the year, a trustee received £13,450 for therapy services provided to the charity. This has been agreed with the Charity Commission.