

Twitter: @RationaleArts

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Rationale Arts

Yearly Report: 2023 -2024

Trustees:

Vignesh Murali (Chair) Author

Jason King

Altüghán Collingwood

Amy Hodkin

Employees:

Nathan Geering – Charity Director



1. Mission Statement

Rationale Arts is a registered charitable arts organisation with the key aims to promote, improve, and maintain public education and appreciation of the arts. Specifically, but not exclusively the art of dance, music, and theatre.

We aim to achieve our mission mainly through 4 avenues.

- **Community engagement:** We work with communities on topics they feel are relevant to them and develop bespoke arts packages to tackle specific issues the community faces.
- **Theatre:** We pride ourselves on creating professional standard accessible theatrical productions that are created in consultation with the communities we are trying to engage with.
- **Injury Prevention:** We deliver special courses to people with visual impairment. These incorporate b-boying (Breakdance) as a means of injury prevention by improving spatial awareness.
- **Workshops:** We offer a variety of artistic workshops including:
 - Theatre Skills
 - Hip Hop Dance
 - Contemporary Dance
 - Disc jockey'ing and Music Production

2. Background

Rationale Arts officially received charity status in February 2019 from the charity commission. Our first board meeting took place on the 2nd of April 2019 and we have had regular board meetings since.

3. Review of 2023 -24

In our fifth year, we continued our mission to make art accessible by leveraging innovative approaches and forming strategic partnerships. Despite the lingering effects of the pandemic, we managed to deliver impactful programs and achieve significant milestones. Here's a detailed overview of our activities and accomplishments from 2023-2024.

3.1. Hip Hop Rehabilitation

From April 2023 to March 2024, we extended our Hip-Hop rehabilitation sessions at Sheffield Children's Hospital. Working closely with physiotherapists, we translated prescribed exercises into hip-hop dance movements. This year, our program supported children with conditions such as leukaemia, brittle bone disease, and traumatic brain injury. These sessions not only improved recovery times but also enhanced the families' relationship with the hospital. Our findings were presented at several medical conferences, showcasing the positive impact of integrating arts into healthcare.

Feedback from Physiotherapists and Occupational Therapists:

- "The sessions injected fun into therapy!"
- "The sessions helped the hospital feel less sterile and provided meaningful activities where children could have fun."
- "The music sessions allowed us to see the patient's potential in ways we cannot replicate in standard therapy sessions."
- "The energy from the hip-hop sessions had a lasting positive impact on the ward."
- "Parents loved seeing their children participate and often joined in, creating joyful shared experiences."

- "It helped us connect positively with children and young people who were having a very difficult time."
- "Children looked forward to the Hip-Hop artist's visits, which lit up their faces."

3.2. Injury Prevention Courses

We successfully delivered four 4-week injury prevention courses in partnership with Children in Need, Sheffield Royal Society for the Blind, and Sheffield International Venues. These courses featured our "sight-specific moves" curriculum, which teaches breakdance to individuals with visual impairments to enhance spatial awareness and prevent injuries.

3.3. Workshops and Mentorship Programs

- Summer 2023: Mentored young people from the LGBTQ+ community in Rotherham, culminating in dance performances at the Wowser's Festival and the prestigious Regional Mayor's Gathering at Wentworth Woodhouse.
- Easter and Summer 2023: Partnered with Rotherham United Football Club to deliver dance and circus sessions to children on the free school meals program.
- Graffiti Workshop: Conducted a graffiti workshop at Bluebell Wood Hospice for both sighted and visually impaired patients.

3.4. ACTs of Creativity

Our ACTs of Creativity initiative was expanded to include both mainstream and SEND students at Elmsmere Children's Centre. Additionally, we continued our partnership with Care for Young People's Future to deliver these sessions at Grimesthorpe Family Centre.

3.5. Theatre and Performances

- Christmas 2023: Provided breakdancing Santas for Sheffield Children's Hospital, where they performed and taught dance moves to children on the wards.

3.6. Keynote Speeches and Global Recognition

In November 2023, our Charity Director was invited to give keynote speeches at the Global Hip-Hop Conference in Los Angeles and at Texas State University, highlighting our charity's critical work and its global impact.

4. Finance Accounts

During the financial year 2023-24 the Charity received a total income of £40,470 and had a total expenditure of £40,052 with a total surplus of £950 (which includes monies carried over from the previous year). Since our inception as a Charity, we have managed to raise **£141,255** to '**make art accessible**'.

2023 -24 Overview		
Month	Income	Expenditure
Balance 2023/24	£532.93	
Apr-23	£8,590.00	£269.31
May-23	£2,000.00	£579.31
Jun-23	£0.00	£6,419.31
Jul-23	£2,550.00	£3,234.31
Aug-23	£4,000.00	£2,730.99
Sep-23	£21,000.00	£8,020.38
Oct-23		£2,722.71
Nov-23	£1,630.00	£3,404.31
Dec-23	£0.00	£3,740.11
Jan-24	£700.00	£2,529.31
Feb-24	£0.00	£4,004.31
Mar-24	£0.00	£2,397.31
Totals	£40,470	£40,052
Closing Balance		£951.26



5.Holistic Benefits

The work we do extends far beyond physical health benefits, offering substantial social, emotional, and spiritual gains

Socially: Our workshops foster connections among individuals and communities, helping to build a sense of belonging and mutual support. By engaging in group activities, participants learn teamwork, communication, and empathy, creating lasting relationships and community cohesion.

Spiritually: We engage people from diverse cultures and religions, providing a platform for cultural expression and understanding. This inclusive environment promotes spiritual well-being and cultural exchange, enriching the lives of all participants.

Emotionally: Our programs offer young people ways to express themselves creatively, which can significantly enhance self-esteem and emotional resilience. By participating in dance, art, and other forms of creative expression, children and young people develop a sense of accomplishment and purpose, helping them navigate their emotions and experiences more effectively.

6. Summary.

Overall, 2023-2024 was a remarkable year for our charity. We successfully broadened our reach and deepened our impact, receiving national and international recognition for our innovative projects. The holistic benefits of our programs—from physical recovery to social connectivity, spiritual enrichment, and emotional well-being—demonstrate the profound and multifaceted impact of our work. As we look forward to 2024-2025, we are excited about the new partnerships and opportunities that will help us further our mission of making art accessible to all.

RATIONALE ARTS

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

RATIONALE ARTS

CHARITY INFORMATION

Charity Number	1181681
Trustees	Dr Caroline Mawer Jason King Vignesh Murali Timothy Bei Chris Morris
Address	2 Wallingfield Court Wales Sheffield S26 5RP
Accountants	Lindrick Accountancy Services Ltd 205 Outgang Lane Dinnington Sheffield S25 3QY

RATIONALE ARTS

INCOME AND EXPENDITURE ACCOUNT

YEAR ENDED 31 MARCH 2024

	<u>£</u> Restricted Funds	<u>£</u> Unrestricted Funds	<u>£</u> 2024 Total	<u>£</u> 2023 Total
INCOME				
Fees	-	40,470	40,470	14,510
Grants and Donations	-	-	-	10,000
Total Income	<u>-</u>	<u>40,470</u>	<u>40,470</u>	<u>24,510</u>
EXPENDITURE				
Materials	-	2,661	2,661	132
Subcontractors	1,892	34,026	35,918	36,883
Travel	-	-	-	-
IT	-	78	78	186
Insurance	-	202	202	202
Accountancy	-	240	240	240
Professional fees	-	700	700	141
Subscriptions	-	193	193	-
Bank Charges	-	60	60	63
Depreciation - Equipment	-	237	237	315
Total Expenditure	<u>1,892</u>	<u>38,396</u>	<u>40,288</u>	<u>38,162</u>
(Deficit)/Surplus for the period	<u>- 1,892</u>	<u>2,074</u>	<u>182</u>	<u>- 13,652</u>
Balance b/f 1 April 2023	4,268 -	3,028	1,240	14,892
Balance c/f 31 March 2024	<u>2,376 -</u>	<u>954</u>	<u>1,422</u>	<u>1,240</u>

The income and expenditure account includes all gains and losses recognised in the year.

RATIONALE ARTS

BALANCE SHEET

YEAR ENDED 31 MARCH 2024

	31 March 2024		31 March 2023	
	£	£	£	£
TANGIBLE FIXED ASSETS		711		947
CURRENT ASSETS				
Cash at Bank		<u>951</u>		<u>533</u>
CURRENT LIABILITIES				
Accruals		<u>240</u>		<u>240</u>
NET CURRENT ASSETS		<u>711</u>		<u>293</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,422</u>		<u>1,240</u>
RESERVES				
Unrestricted Funds	-	954	-	3,028
Restricted Funds		2,376		4,268
Total Reserves		<u>1,422</u>		<u>1,240</u>

The financial statements were approved by the Board of Trustees on
signed on its behalf by:

and

V Murali
Trustee

RATIONALE ARTS

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RATIONALE ARTS

I report on the accounts of the charity for the year ended 31 March 2024 which are set out on pages 1 - 2.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is required. The charity's gross income exceeded £25,000 and I am qualified to undertake the examination as a qualified member of the Institute of Chartered Accountants in England and Wales.

It is my responsibility to:

1. examine the accounts under section 145 of the Charities Act 2011
2. follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011; and
3. state whether particular matters have come to my attention

Basis of Independent Examiner's Statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and as such no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the below statement.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention which,:

1. gives me reasonable cause to believe that, in any material respect, the requirements:
 - (a) to keep proper accounting records in accordance with section 130 of the Charities Act 2011; and
 - (b) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
2. in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr John P Waining FCA
Lindrick Accountancy Services Ltd
205 Outgang Lane, Dinnington, Sheffield, S25 3QY

RATIONALE ARTS

FINANCIAL STATEMENTS

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