

**Twitter:** @RationaleArts

**Email:** rationalearts@gmail.com



# Rationale Arts

## Yearly Report: 2022 -2023

### **Trustees:**

Vignesh Murali (Chair) Author

Jason King

Altüghán Collingwood

### **Employees:**

Nathan Geering – Charity Director



## 1. Mission Statement

Rationale Arts is a registered charitable arts organisation with the key aims to promote, improve, and maintain public education and appreciation of the arts. Specifically, but not exclusively the art of dance, music, and theatre.

We aim to achieve our mission mainly through 4 avenues.

- **Community engagement:** We work with communities on topics they feel are relevant to them and develop bespoke arts packages to tackle specific issues the community faces.
- **Theatre:** We pride ourselves on creating professional standard accessible theatrical productions that are created in consultation with the communities we are trying to engage with.
- **Injury Prevention:** We deliver special courses to people with visual impairment These incorporates b-boying (Breakdance) as a means of injury prevention by improving spatial awareness.
- **Workshops:** We offer a variety of artistic workshops including:
  - Theatre Skills
  - Hip Hop Dance
  - Contemporary Dance
  - Disc jockey'ing and Music Production

## 2. Background

Rationale Arts officially received charity status in February 2019 from the charity commission. Our first board meeting took place on the 2<sup>nd</sup> of April 2019 and we have had regular board meetings since.

### 3. Review of 2022 -23

Like many other charities, we focused on recovery post pandemic by adapting to the situation and to carrying on with our mission to make art accessible in ever more innovative ways.

#### 3.1. Hip Hop Rehabilitation

Between April 2022 and November 2022, we delivered Hip-hop rehabilitation sessions at Sheffield Children's Hospital where we worked with physiotherapists to deliver engaging artistic sessions to promote recovery. The children we worked with had a variety of conditions ranging from Traumatic Brain Injury, Leukemia and Brittle Bone Disease.

#### Feedback from Physiotherapists and Occupational Therapists

*"The sessions injected fun into therapy!"*

*"The sessions helped the hospital feel less sterile and provided meaningful activity and find a space where they could have fun."*

*"The music sessions allowed us to see the patient's potential in a way we cannot replicate in a standard therapy session."*

*"It was fantastic to see how the energy and fun from the hip hop session carried across to the next day. The energy from the first session lifted the whole ward and it had a positive impact for days."*

*"The parents loved to see their child joining in and the children loved to see their parents joining in too."*

*"It helped us connect positively with children and young people who were having a very difficult time."*

*"The children's faces lit up when we mentioned the Hip Hop artist was coming back in. They really looked forward to seeing him."*

#### The results:

The hip hop and physiotherapy collaborative sessions were welcomed by children and young people, families, and therapists, with the experience being overwhelmingly positive. Parental feedback centred around the sessions improving energy, motivating and boosting mood. Therapist feedback referred to the sessions being fun, meaningful, connecting with children positively and being able to better understand a child's ability and potential.

The feedback from parents supports the encouragement of physical activity which is fun, safe and family-centred. It was tailored to each child's abilities, interests and goals. Parents often



joined in sessions with their child and encouraged them to join in, or asked to film sessions so they could share with the wider family, allowing the child to watch again and keep practising the dance steps between sessions, motivating the child be physically active outside of the session. Parental support is a known factor in encouraging children to be physically active.

### **3.2. Injury prevention courses**

We were successful with our funding bid with the Children in Need to deliver our state-of-the-Art Injury Prevention course. We delivered the first course consisting of eight sessions in Autumn 2022 and the second course between February and March 2023 by working with Sheffield Royal Society for the Blind (SRSB) and Sheffield International Venues (SIV).

### **3.3. Workshops**

- During August 2022 we delivered a variety of Breakin and hip-hop dance sessions in Barnsley as part of their summer festival.
- In February 2023 and March 2023, we delivered dance sessions for Reach Up Youth.
- We did a hip hop and graffiti workshop with Nottingham Children's Hospital Youth Service.

### **3.3. ACTs of creativity**

We delivered ACT is Acceptance and Commitment Therapy to:

- Early years children at Ellesmere Children's Centre – May 2022 - July 2022, March 2023
- Care For Young People's Future at Grimethorpe Community Centre with a specific focus on the Roma community. May 2022 – June 2022
- Refugees at Sheffield's City of Sanctuary – June 2022
- 3 schools in the Glossop area in partnership with Derbyshire County Council – Autumn 2022



### 3.4. Theatre

In August 2022 Rationale Arts performed at an event called Paint Jam which was organized by Site Gallery as part of their Out and About series. The day was made up of some of Sheffield's best painters and artists coming together to reanimate Sheffield's Cultural Industries Quarter with vibrant paintings from Graffiti writers to visual artists. A DJ provided an energetic soundscape to the event, playing genres that spanned, funk, house and hip-hop.

In December 2022 we performed at Burn greave's light switch on event to a culturally diverse audience.

In January 2023 Rationale Arts performed at Rotherham Children's Capital of Culture Manifesto Launch at Gulliver's Valley.

## 4. Finance Accounts

During the financial year 2022-23 the Charity received a total income of £24,510 and had a total expenditure of £37,847 with a total surplus of £532 (which includes monies carried over from the previous year). Since our inception as a Charity, we have managed to raise **£100,785** to '***make art accessible***'.

2022 -23 Overview		
Month	Income	Expenditure
Balance 2021/22	£13,869.77	
Apr-22	£700.00	£2,873.32
May-22	£4,350.00	£3,345.32
Jun-22	£850.00	£3,013.32
Jul-22	£12,560.00	£2,843.32
Aug-22	£1,000.00	£2,887.40
Sep-22	£400.00	£2,893.40
Oct-22	£0.00	£3,523.32
Nov-22	£1,650.00	£2,979.10
Dec-22	£0.00	£3,742.21
Jan-23	£3,000.00	£3,826.17
Feb-23	£0.00	£2,848.49
Mar-23	£0.00	£3,071.47
Totals	£24,510	£37,847
Closing Balance		£532.93

## 6. Summary

Overall, a very successful fourth year despite the ongoing after effects of the Pandemic in which we created some further inroads into our mission and built some sustainability into the Charity functions. We have gained national recognition for our projects and we have several partnerships lined up for 23-24.

**RATIONALE ARTS**

**FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2023**

## **RATIONALE ARTS**

### **CHARITY INFORMATION**

<b>Charity Number</b>	1181681
<b>Trustees</b>	Dr Caroline Mawer Jason King Vignesh Murali Timothy Bei Chris Morris
<b>Address</b>	2 Wallingfield Court Wales Sheffield S26 5RP
<b>Accountants</b>	Lindrick Accountancy Services Ltd 205 Outgang Lane Dinnington Sheffield S25 3QY



**RATIONALE ARTS**  
**INCOME AND EXPENDITURE ACCOUNT**  
**YEAR ENDED 31 MARCH 2023**

	£ Restricted Funds	£ Unrestricted Funds	£ 2023 Total	£ 2022 Total
<b>INCOME</b>				
Fees	-	14,510	14,510	13,850
Grants and Donations	10,000	-	10,000	16,669
<b>Total Income</b>	<u>10,000</u>	<u>14,510</u>	<u>24,510</u>	<u>30,519</u>
<b>EXPENDITURE</b>				
Materials	76	56	132	700
Subcontractors	10,281	26,602	36,883	27,467
Travel	-	-	-	45
IT	150	36	186	352
Insurance	202	-	202	202
Accountancy	240	-	240	240
Professional fees	141	-	141	-
Subscriptions	-	-	-	138
Bank Charges	63	-	63	16
Depreciation - Equipment	-	315	315	421
<b>Total Expenditure</b>	<u>11,153</u>	<u>27,009</u>	<u>38,162</u>	<u>29,581</u>
<b>(Deficit)/Surplus for the period</b>	<u>- 1,153</u>	<u>- 12,499</u>	<u>- 13,652</u>	<u>938</u>
<b>Balance b/f 1 April 2022</b>	5,421	9,471	14,892	13,954
<b>Balance c/f 31 March 2023</b>	<u>4,268</u>	<u>3,028</u>	<u>1,240</u>	<u>14,892</u>

The income and expenditure account includes all gains and losses recognised in the year.

# RATIONALE ARTS

## BALANCE SHEET

YEAR ENDED 31 MARCH 2023

	31 March 2023		31 March 2022	
	£	£	£	£
<b>TANGIBLE FIXED ASSETS</b>		947		1,262
<b>CURRENT ASSETS</b>				
Cash at Bank	<u>533</u>		<u>13,870</u>	
<b>CURRENT LIABILITIES</b>				
Accruals	<u>240</u>		<u>240</u>	
<b>NET CURRENT ASSETS</b>		<u>293</u>		<u>13,630</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>1,240</u>		<u>14,892</u>
<b>RESERVES</b>				
Unrestricted Funds	-	3,028		9,471
Restricted Funds		4,268		5,421
<b>Total Reserves</b>		<u>1,240</u>		<u>14,892</u>

The financial statements were approved by the Board of Trustees on  
signed on its behalf by:

and



V Murali  
Trustee

## RATIONALE ARTS

### INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF RATIONALE ARTS

Report on the accounts of the charity for the year ended 31 March 2023 which are set out on pages 1 - 2.

#### Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is required. The charity's gross income exceeded £25,000 and I am qualified to undertake the examination as a qualified member of the Institute of Chartered Accountants in England and Wales.

It is my responsibility to:

1. examine the accounts under section 145 of the Charities Act 2011
2. follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011; and
3. state whether particular matters have come to my attention

#### Basis of Independent Examiner's Statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and as such no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the below statement.

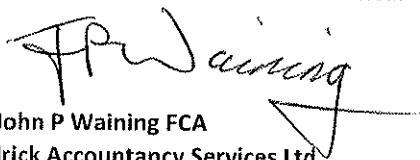
#### Independent Examiner's Statement

In connection with my examination, no matter has come to my attention which,:

1. gives me reasonable cause to believe that, in any material respect, the requirements:
  - (a) to keep proper accounting records in accordance with section 130 of the Charities Act 2011; and
  - (b) to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

2. in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mr John P Waining FCA  
Lindrick Accountancy Services Ltd  
205 Outgang Lane, Dinnington, Sheffield, S25 3QY