

Woodfitness CIO
Receipts and Payments Accounts for the year ended 28th February 2025

Charity Assist Accountants Ltd
Certified Public Accountants and Charity Independent Examiners
Unit 27 Batley Enterprise Centre
513 Bradford Road Batley West Yorkshire
WF17 8LL

Woodfitness CIO
Receipts and Payments Accounts for the year ended 28th February 2025

Contents	Page
Basic information	3
Trustees annual report	4-7
Independent examiner's report on the accounts	8-9
Receipt and payment accounts	10-11
Notes	12

Woodfitness CIO
Receipts and Payments Accounts for the year ended 28th February 2025

Basic information

Address

Concept House

Blanche Street

Bradford

BD4 8DA

Bank

Zempler Bank

Cottons Centre Cottons Lane

London

SE1 2QG

Charity registration number

1181664

Accountants address

Charity Assist Accountants Ltd

Unit 27 Batley Enterprise Centre

Batley

WF17 8LL

Woodfitness CIO
Receipts and Payments Accounts for the year ended 28th February 2025



Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	1 st	March	2024		28 th	February

Section A

Reference and administration details

Charity name

Woodfitness CIO

Other names charity is known by

--

Registered charity number (if any)

1181664

Charity's principal address

Concept House	
Blanche Street	
Bradford	
Postcode	BD4 8DA

Names of the charity trustees who manage the charity

	Trustee name
1	Richard Barnett
2	Stephanie Wood
3	Daniel Mills

Woodfitness CIO
Receipts and Payments Accounts for the year ended 28th February 2025

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO – Foundation Registered 22 Jan 2019
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	1) Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. Eligibility for trusteeship (a) Every charity trustee must be a natural person. (b) No individual may be appointed as a charity trustee of the CIO: • if he or she is under the age of 16 years; or • if he or she would automatically cease to hold office under the provisions of clause [12(1)(e)]. (c) No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee. (d) At least one of the trustees of the CIO must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee.

Woodfitness CIO
Receipts and Payments Accounts for the year ended 28th February 2025

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

1. The object of the CIO is to preserve and protect the good health of adults residing in and around Bradford City, particularly those who require special attention as a result of economic disadvantage and/or with physical and/or mental health issues, whom without our service, would not have the opportunity to undertake regular physical activity/exercise, by the provision of structured physical activity interventions.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity aims to transform the lives of Bradford's most vulnerable through fitness by promoting activities proven to benefit people's health.

Charity commission requires the trustees of a charity to:

- Select suitable accounting policies, apply them consistently, make judgement and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless there is a reason to believe that the charity will not continue for the foreseeable future.

The Trustees are responsible for the keeping of proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charity Act 1993. They are also responsible for safeguarding the assets of the charity and hence to take reasonable steps for the prevention and detection of fraud and other irregularities.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

The charity has been able to carry out its charitable objectives by providing fitness to the people of Bradford so as to help increase their health and quality of life. Furthermore, the charity received grants from Peter Harrison Foundation and Sport England which they used to deliver engaging sessions grounded in strong sporting ethics and discipline led by an experienced professional coach and local personal trainer.

Woodfitness CIO
Receipts and Payments Accounts for the year ended 28th February 2025

Section E

Financial review

Brief statement of the charity's policy on reserves

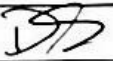
The charity holds £2,000 in reserve in case for an emergency expense and to cover running costs.

Section F

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	DANIEL MILLS	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	12/9/25	

Woodfitness CIO
Receipts and Payments Accounts for the year ended 28th February 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

**Independent examiner's report on
the accounts**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Woodfitness CIO

**On accounts for the year
ended**

28th February 2025

**Charity no
(if any)**

1181664

Set out on pages

10 – 11

I report to the trustees on my examination of the accounts of the above charity for the year ended **28 / 02 / 2025**.

**Responsibilities and
basis of report**

As the charity trustees of the CIO, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Woodfitness CIO
Receipts and Payments Accounts for the year ended 28th February 2025

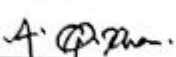
Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

15.9.2025

Name:

Abdul Qudeir Khan

Relevant professional qualification(s) or body (if any):

FMAAT
FCPA

Address:

Unit 27, Batley Enterprise Centre

513 Bradford Road

Batley

WF17 8LL

Woodfitness CIO

Receipts and Payments Accounts for the year ended 28th February 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Woodfitness CIO

1181664

Receipts and payments accounts

CC16a

For the period from	Period start date	To	Period end date
	01.03.2024		28.02.2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,600	-	-	1,600	-
Grants	-	29,150	-	29,150	-
Rental income	825	-	-	825	-
Sale of refreshments	6,141	-	-	6,141	861
Gym subscriptions	129,422	-	-	129,422	88,297
	-	-	-	-	-
Sub total (Gross income for AR)	137,987	29,150	-	167,137	89,158
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	137,987	29,150	-	167,137	89,158

A3 Payments

Accountancy fees	975	-	-	1,731	975
Administration costs	137	1,308	-	1,445	7
Advertising	11,104	756	-	11,860	5,047
Bank charges	54	-	-	54	20
Catering cost	69	-	-	69	69
Cleaning cost	-	-	-	-	63
Services fees	7,200	2,313	-	9,513	1,954
Council rates	504	-	-	504	665
England sport grant funding	-	11,336	-	11,336	-
Entertainment	1,369	-	-	1,369	475
Equipment hire	5,917	-	-	5,917	13,565
Events	429	-	-	429	1,011
Fire protection services	-	-	-	-	58
Fitness classes	8,133	-	-	8,133	438
Fitness delivery sessions	700	-	-	700	-
Food expenses	447	-	-	447	-
Funding and development	-	-	-	-	199
Group community coaching cost	3,349	3,000	-	6,349	5,722
Gym equipment import shipping	15,285	-	-	15,285	-
HMRC PAYE	-	-	-	-	190
Insurance	1,463	-	-	1,463	1,294
Maintenance	6,213	-	-	6,213	6,824
Management fee	1,230	-	-	1,230	-
Payroll charges	240	-	-	240	170
Printing, postage and stationery	332	-	-	332	314
Recruitment fee	1,250	-	-	1,250	-
Refreshments	2,407	-	-	2,407	3,371
Rent	28,800	-	-	28,800	28,800
Repairs and renewals	7,541	-	-	7,541	5,885
Software	535	-	-	535	377
Subscription payments	1,428	-	-	1,428	1,220
Telephone	1,080	-	-	1,080	503
Travel and subsistence	789	-	-	789	1,288
Wages	2,604	1,413	-	4,017	15,614
Website	568	-	-	568	760
Sub total	112,155	20,125	-	132,280	96,878

A4 Asset and investment purchases, (see table)

Equipment expensed	740	750	-	1,490	71
	-	-	-	-	-
Sub total	740	750	-	1,490	71

Total payments	112,895	20,875	-	133,770	96,949
-----------------------	----------------	---------------	----------	----------------	---------------

Net of receipts/(payments)	25,092	8,275	-	33,368	- 7,791
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	6,900	-	-	6,900	14,691
Cash funds this year end	31,992	8,275	-	40,268	6,900

Woodfitness CIO

Receipts and Payments Accounts for the year ended 28th February 2025

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	
B1 Cash funds	Bank	31,992	8,275	-	
			-	-	
		-	-	-	
	Total cash funds	31,992	8,275	-	
	(agree balances with receipts and payments account(s))	OK	OK	OK	
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £	
B2 Other monetary assets	Details				
				-	-
				-	-
			-	-	-
			-	-	-
B3 Investment assets	Details		Fund to which asset belongs	Cost (optional)	Current value (optional)
			Unrestricted		-
				-	-
				-	-
				-	-
B4 Assets retained for the charity's own use	Details		Fund to which asset belongs	Cost (optional)	Current value (optional)
	Fitness equipment			-	150,000
				-	-
				-	-
				-	-
				-	-
				-	-
B5 Liabilities	Details		Fund to which liability relates	Amount due (optional)	When due (optional)
				-	
				-	
				-	
				-	

Signed by one or two trustees on behalf
of all the trustees

Signature	Print Name	Date of approval
	DANIEL MILLS	12/9/25

Woodfitness CIO
Receipts and Payments Accounts for the year ended 28th February 2025

Refreshments account

Trading account	£	
Income		6141
opening stock	300	
Purchases	2407	
Less closing stock	<u>300</u>	
		3007
Surplus		<u>3134</u>