Woodfitness CIO
Receipts and Payments Accounts for the year ended 29th February 2024

Charity Assist Accountants Ltd

Certified Public Accountants and Charity Independent Examiners

Unit 27 Batley Enterprise Centre

513 Bradford Road Batley West Yorkshire

WF17 8LL

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Basic information

Address

Concept House

Blanche Street

Bradford

BD4 8DA

Bank

Cashplus Bank

Cottons Centre Cottons Lane

London

SE1 2QG

Charity registration number

1181664

Accountants address

Charity Assist Accountants Ltd

Unit 27 Batley Enterprise Centre

Batley

WF17 8LL

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Trustees' Annual Report for the period							
	Period start date				Period end date		
From	01	March	2023	To	29	February	2024

Section A Reference and administration details

Charity name	Woodfitness CIO
Other names charity is known by	
Registered charity number (if any)	1181664

Charity's principal address	Concept House	
	Blanche Street	
	Bradford	
	Postcode	BD4 8DA

Names of the charity trustees who manage the charity

	Trustee name
1	Richard Barnett
2	Stephanie Wood
3	Daniel Mills

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO – Foundation Registered 22 Jan 2019
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	1) Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. **Eligibility for trusteeship** (a) Every charity trustee must be a natural person. (b) No individual may be appointed as a charity trustee of the CIO: • if he or she is under the age of 16 years; or • if he or she would automatically cease to hold office under the provisions of clause [12(1)(e)]. (c) No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee. (d) At least one of the trustees of the CIO must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document	1. The object of the CIO is to preserve and protect the good health of adults residing in and around Bradford City, particularly those who require special attention as a result of economic disadvantage and/or with physical and/or mental health issues, whom without our service, would not have the opportunity to undertake regular physical activity/exercise, by the provision of structured physical activity interventions.
Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)	The charity aims to transform the lives of Bradford's most vulnerable through fitness by promoting activities proven to benefit people's health. Charity commission requires the trustees of a charity to: • Select suitable accounting policies, apply them consistently, make judgement and estimates that are reasonable and prudent; • Prepare the financial statements on the going concern basis unless there is a reason to believe that the charity will not continue for the foreseeable future. The Trustees are responsible for the keeping of proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charity Act 1993. They are also responsible for safeguarding the assets of the charity and hence to take reasonable steps for the prevention and detection of fraud and other irregularities.

Section D Achievements and performance

Summary of the main achievements of the charity during the year	The charity has been able to carry out its charitable objectives by providing fitness to the people of Bradford so as to help increase their health and quality of life.

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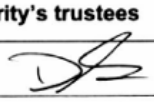
Section E Financial review

Brief statement of the charity's policy on reserves	The charity holds £2,000 in reserve in case for an emergency expense and to cover running costs.

Section F Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	DANIEL MILLS	
Position (eg Secretary, Chair, etc)	CHAIR	

Date 12/9/24

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CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	Woodfitness CIO		
On accounts for the year ended	29th February 2024	**Charity no (if any)**	1181664
Set out on pages	10 – 11		

I report to the trustees on my examination of the accounts of the above charity for the year ended **28 / 02 / 2024**.

Responsibilities and basis of report

As the charity trustees of the CIO, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

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Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:		**Date:**	19/09/2024

Name:	Abdul Qudeir Khan
Relevant professional qualification(s) or body (if any):	FMAAT FCPA
Address:	Unit 27, Batley Enterprise Centre
	513 Bradford Road
	Batley
	WF17 8LL

Woodfitness CIO
Receipts and Payments Accounts for the year ended 29th February 2024

CHARITY COMMISSION FOR ENGLAND AND WALES

Woodfitness CIO	1181664	CC16a

Receipts and payments accounts

For the period from	Period start date 01.03.2023	To	Period end date 28.02.2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
City of Bradford grant	-	-	-	-	2,000
Rent received	-	-	-	-	1,000
Sale of refreshments	861	-	-	861	6,061
Gym subscriptions	88,297			88,297	77,850
	-	-	-	-	
Sub total *(Gross income for AR)*	89,158	-	-	89,158	86,911
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	89,158	-	-	89,158	86,911
A3 Payments					
Accountancy fees	975	-	-	975	1,065
Adminstration costs	7			7	
Advertising	5,047	-	-	5,047	1,404
Bank charges	20	-	-	20	27
Catering cost	69			69	770
Cleaning cost	63	-	-	63	701
Commissions paid	1,954			1,954	-
Community function cost	-			-	480
Council rates	665	-	-	665	908
Entertainment	475	-	-	475	77
Equipment hire	13,565	-	-	13,565	9,631
Events	1,011				
Fire protection services	58	-	-	58	-
Fitness classes	438			438	
Funding and development	199	-	-	199	2,500
Group community coaching cost	5,722			5,722	7,794
HMRC PAYE	190			190	39
Insurance	1,294	-	-	1,294	1,695
Internet	-	-	-	-	577
Maintanance	6,824	-	-	6,824	-
Payroll charges	170				
Postage and stationery	314	-	-	314	156
Refreshments	3,371	-	-	3,371	6,294
Rent	28,800	-	-	28,800	28,800
Repairs and renewals	5,885	-	-	5,885	4,366
Software	377	-	-	377	-
Staff uniform cost	-			-	550
Subscription payments	1,220	-	-	1,220	1,662
Telephone	503	-	-	503	45
Travel and subsistence	1,288	-	-	1,288	100
Wages	15,614	-	-	15,614	12,189
Website	760	-	-	760	-
Sub total	96,878	-	-	96,878	81,830
A4 Asset and investment purchases, (see table)					
Equipment expensed	71	-	-	71	1,782
	-	-	-	-	
Sub total	71	-	-	71	1,782
Total payments	96,949	-	-	96,949	83,612
Net of receipts/(payments)	- 7,791	-	-	- 7,791	3,299
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	14,691	-	-	14,691	11,392
Cash funds this year end	6,900	-	-	6,900	14,691

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Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	6,900	-	-
			-	-
		-	-	-
	Total cash funds (agree balances with receipts and payments account(s))	6,900	-	-
		OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets			-	-
			-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		Unrestricted		-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Fitness equipment		-	150,000
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	DAVID MILLS	12/9/24

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Refreshments account

Trading account	£	
Income		861
opening stock	500	
Purchases	3371	
Less closing stock	300	
		4171
Deficit		**-3310**