

Woodfitness CIO
Receipts and Payments Accounts for the year ended 28th February 2023

Charity Assist Accountants Ltd

Certified Public Accountants and Charity Independent Examiners

Unit 27 Batley Enterprise Centre

513 Bradford Road Batley West Yorkshire

WF17 8LL

Woodfitness CIO
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Basic information

Address

Concept House

Blanche Street

Bradford

BD4 8DA

Bank

Cashplus Bank

Cottons Centre Cottons Lane

London

SE1 2QG

Charity registration number

1181664

Accountants address

Charity Assist Accountants Ltd

Unit 27 Batley Enterprise Centre

Batley

WF17 8LL

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Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	March	2022		28	February 2023

Section A

Reference and administration details

Charity name

Woodfitness CIO

Other names charity is known by

Registered charity number (if any) 1181664

Charity's principal address

Concept House

Blanche Street

Bradford

Postcode

BD4 8DA

Names of the charity trustees who manage the charity

	Trustee name
1	Richard Barnett
2	Stephanie Wood
3	Daniel Mills

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO – Foundation Registered 22 Jan 2019
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	1) Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. Eligibility for trusteeship (a) Every charity trustee must be a natural person. (b) No individual may be appointed as a charity trustee of the CIO: • if he or she is under the age of 16 years; or • if he or she would automatically cease to hold office under the provisions of clause [12(1)(e)]. (c) No one is entitled to act as a charity trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged, in whatever way the charity trustees decide, his or her acceptance of the office of charity trustee. (d) At least one of the trustees of the CIO must be 18 years of age or over. If there is no trustee aged at least 18 years, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

1. The object of the CIO is to preserve and protect the good health of adults residing in and around Bradford City, particularly those who require special attention as a result of economic disadvantage and/or with physical and/or mental health issues, whom without our service, would not have the opportunity to undertake regular physical activity/exercise, by the provision of structured physical activity interventions.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity aims to transform the lives of Bradford's most vulnerable through fitness by promoting activities proven to benefit people's health.

Charity commission requires the trustees of a charity to:

- Select suitable accounting policies, apply them consistently, make judgement and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless there is a reason to believe that the charity will not continue for the foreseeable future.

The Trustees are responsible for the keeping of proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charity Act 1993. They are also responsible for safeguarding the assets of the charity and hence to take reasonable steps for the prevention and detection of fraud and other irregularities.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

The charity has been able to carry out its charitable objectives by providing fitness to the people of Bradford so as to help increase their health and quality of life.

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Section E Financial review

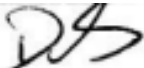
Brief statement of the charity's policy on reserves

The charity holds £2,000 in reserve in case for an emergency expense and to cover running costs.

Section F Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Daniel Mills	
Position (eg Secretary, Chair, etc)	Chair	
Date	03/10/23	

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CHARITY COMMISSION
FOR ENGLAND AND WALES

**Independent examiner's report on
the accounts**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Woodfitness CIO

**On accounts for the year
ended**

28th February 2023

**Charity no
(if any)**

1181664

Set out on pages

10 – 11

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **28 / 02 / 2023**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

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Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

A. Q. Khan.

Date:

4.10.23

Name:

Abdul Qudeir Khan

Relevant professional qualification(s) or body (if any):

FMAAT
FCPA

Address:

Unit 27, Batley Enterprise Centre

513 Bradford Road

Batley

WF17 8LL

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CHARITY COMMISSION
FOR ENGLAND AND WALES

Woodfitness CIO

1181664

Receipts and payments accounts

CC16a

For the period from

Period start date
01.03.2022

To

Period end date
28.02.2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
City of Bradford grant	2,000	-	-	2,000	12,000
Rent received	1,000	-	-	1,000	1,600
Sale of refreshments	6,061	-	-	6,061	4,680
Gym subscriptions	77,850	-	-	77,850	59,681
	-	-	-	-	-
Sub total (Gross income for AR)	86,911	-	-	86,911	77,961
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	86,911	-	-	86,911	77,961
A3 Payments					
Accountancy fees	1,065	-	-	1,065	2,300
Advertising	1,404	-	-	1,404	350
Bank charges	27	-	-	27	3
Catering cost	770	-	-	770	-
Cleaning cost	701	-	-	701	60
Commissions paid	-	-	-	-	8,146
Community function cost	480	-	-	480	-
Council rates	908	-	-	908	492
Entertainment	77	-	-	77	66
Equipment hire	9,631	-	-	9,631	26,897
Fitness equipment	-	-	-	-	45
Funding and development	2,500	-	-	2,500	3,000
Generator	-	-	-	-	462
Group Community coaching cost	7,794	-	-	7,794	-
Health supplements	-	-	-	-	268
HMRC PAYE	39	-	-	39	-
Insurance	1,695	-	-	1,695	1,023
Internet	577	-	-	577	482
Meeting expenses	-	-	-	-	322
Postage and stationery	156	-	-	156	218
Refreshments	6,294	-	-	6,294	3,622
Rent	28,800	-	-	28,800	23,699
Repairs and renewals	4,366	-	-	4,366	1,913
Service charge	-	-	-	-	31
Staff uniform cost	550	-	-	550	-
Subscription payments	1,662	-	-	1,662	406
Telephone	45	-	-	45	-
Travel and subsistence	100	-	-	100	499
Wages	12,189	-	-	12,189	7,940
Website	-	-	-	-	145
Sub total	81,830	-	-	81,830	81,391
A4 Asset and investment purchases, (see table)					
Equipment expensed	1,782	-	-	1,782	285
	-	-	-	-	-
Sub total	1,782	-	-	1,782	285
Total payments	83,612	-	-	83,612	81,676
Net of receipts/(payments)	3,299	-	-	3,299	3,715
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	11,392	-	-	11,392	15,107
Cash funds this year end	14,691	-	-	14,691	11,392

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Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	14,691	-	-
			-	-
		-	-	-
	Total cash funds	14,691	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
			-	-
			-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs Unrestricted	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Fitness equipment		-	150,000
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			Daniel Mills	03/10/2023

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Refreshments account

Trading account	£	
Income		6061
opening stock	1490.13	
Purchases	6186.2	
Less closing stock	500	
		7176.33
Deficit		<u>-1115.33</u>