



Trustees' Annual Report

From 1 April 2024 to 31 March 2025

Breathe Communities CIO

Tregarthen, Copper Hill,
Troon, Camborne,
Cornwall,
TR14 9JW

Registered Charity no. 1181656

Trustees

Matthew John Noble Trustee

Cath Horne – Trustee

ANDREW MURRAY GOLDER Pastor / Trustee / Treasurer

KAREN DEBRA GOLDER Pastor / Trustee / Secretary

Structures, governance and management

Breathe Communities CIO is governed by a constitution which was approved by the Trustees meeting of 18 November 2018. Breathe Communities CIO was registered as a CIO with the Charity Commission on 19 January 2019.

Trustees are appointed at a Members' meeting. Charity Trustees shall serve so long as they have the support of the Members' Meeting and (except for those in pastoral office) shall be actively appointed and reappointed at least once every three years.

At Breathe Communities CIO Trustees are responsible for:

- Financial management
- Management /development of buildings
- Meeting our legal requirements (e.g. Equality Act, Safeguarding, Health & Safety)
- Oversight of the organisation's activities
- Oversight of administration
- Welcome and assimilation of new people
- Oversight of fellowship fund
- Seeking to maintain unity in the community

Trustees meet other month to consider the business matters of Breathe as listed above, and are encouraged to attend all meetings.

The Trustees together with the Pastor, take the roles of: Establishing and encouraging the implementation of the overall vision for Breathe; Spiritual discernment and oversight;

Overseeing significant pastoral issues; Supporting the pastors in the development and delivery of the creative programme; Consideration of mission and outreach opportunities; Praying for the community; Providing support to the pastor.

Trustees are members of Breathe and bring experience in leadership, accounting and workplace management.

In addition to the Trustees the following positions have been recognised either as paid or voluntary roles to lead the following ministries:

Paid positions:

Pastor

Voluntary positions:

Welcome co-ordinator

Prayer co-ordinator

General volunteer

Training and guidance are provided to the Trustees as required.

Safeguarding

Breathe recognises its responsibilities for the safeguarding of all children and young people under the age of 18 and adults in need of care and support, regardless of gender, ethnicity or ability, as set out in the Children Act 1989 and 2004, Working Together to Safeguard Children (HM Government 2018), and Safeguarding Vulnerable Groups Act 2006 amended by the Protection of Freedoms Act 2012. Breathe has a robust Safeguarding policy that is reviewed annually by the Designated People for Safeguarding and approved by the members Meeting.

Staff and volunteers are required to attend training every three years.

Objectives and activities

The principal purpose of Breathe is the advancement of the Christian faith according to the principles of the Baptist denomination. Breathe may also advance education and carry out other charitable purposes in the United Kingdom and/or other parts of the world.

Breathe undertakes the following activities:

- Regular public worship, prayer, Bible study, preaching and teaching;
- Baptism, as defined in the Union's Declaration of Principle;
- The Communion of the Lord's Supper will normally be observed at least once a month;
- Evangelism and mission, locally, regionally, nationally and internationally;
- The teaching, encouragement, welcome and inclusion of young people;
- Nurture and growth of Christian disciples;
- Education and training for Christian and community service;
- Giving and encouraging pastoral care;
- Supporting and encouraging charitable social action in the United Kingdom and abroad;
- Encouraging relationships with, and supporting, Baptists and other Christians.

Public benefits include:

- Provision of sacred spaces and worship services
- Providing pastoral care to those in need
- Carrying out, as a practical expression of religious beliefs, other activities such as relief of poverty.
- Providing the shop unit for other activities that support our religious beliefs including support groups, counselling
- Supporting good mental and physical health
- Providing safe spaces for the lonely and vulnerable
- Encouraging community cohesion through providing free resources for creative arts

Services we provide:

- Worship services
- Groups for schools, children and young people
- Use of building for activities that support the community e.g. support groups
- Pastoral support for congregation and wider community
- Community space for Christian prayer
- Community space for art and exhibitions

How we advance religion:

- Breathe provides a place of worship and a house of prayer.
- Breathe provides pastoral care through home visits and through regular contact with community members.

- Breathe runs discipleship courses to allow people to explore the Christian faith further.
- Existing followers are encouraged to pray and read the bible regularly and to meet with other Christians to support one another in their faith.
- Breathe supports outreach work speaking to people on the streets about Jesus, community focussed worship events and resourcing individuals to represent Jesus wherever they are placed.

Achievements and performance

Church services/acts of worship

Breathe provides regular acts of worship including weekly morning services, with provision for children and young people. Communion is often included in the morning service at least once a month. We believe these times together are essential in building up faith, preparing us for the week ahead and providing opportunities for us to connect with one another and most importantly connecting corporately with our heavenly Father.

Baptism is encouraged for all who have made a commitment to make Jesus their Lord and Saviour. In the last year one person was baptised.

Most of the weddings and funerals we host are for people linked to our Community. There were no weddings or funerals this past year.

We continue to give a priority to the creative arts, allowing people space and time to create, believing that as we are made in the image of our Creator God that through performing that art of creating we allow ourselves to connect with God in a fresh way.

Prayer

As a community, we believe in the power of prayer and that God not only hears our prayers, but that he also answers. We have prayer at the core of each gathering we have; it forms a central hub to everything we do and often when someone comes in from the street passing by and shares a life concern a member of the team will ask gently if they would like prayer then offer prayer for them and the situation they are facing.

Working with other churches and Christians

We recognise that we are part of the 'body of Christ', the wider church in our city, county and further afield. We have maintained our links with City Life Baptist Church (Formerly Truro Baptist Church, Truro) who have supported us and helped us establish our community work. We are also connected to the South West Baptist Association who continue to offer support and guidance and help us find training for our volunteers, especially in regard to safeguarding.

Pastoral care

Individual Discipleship - meeting with several individuals in the community who have been struggling with mental illness - especially anxiety and using counselling techniques alongside encouragement in their Christian faith to bring support and improvement in their mental health. Pastoral Support - visiting individuals in their own homes, nursing homes and in hospital to support and encourage those who are struggling with physical and mental health conditions.

New Opportunities

This year has seen Breathe continue to meet in Threemilestone and reaching out to the local community there, but also has taken the opportunity to expand the work into the fishing village of Porthleven, this is a really exciting place where Cath Horne is working among her local community in many different ways drawing them together and planting church.

Breathe Communities Porthleven – Activities & Public Benefit.

This year, Breathe Communities Porthleven delivered a range of activities designed to support wellbeing, reduce social isolation, and provide opportunities for personal, emotional, and spiritual growth within the community. Key achievements include:

Bereavement Support

- Delivered The Bereavement Journey course for 12 participants over six weeks at the Public Hall.
- The course created lasting peer-support relationships, with several participants now engaging in other community activities, including Cafechurch and volunteering at the Community Hub.

Community Building and Inclusion

- Operated Cafechurch monthly at Nauti, providing an open, informal environment for discussion, support, and community building. More than 60 individuals engaged with this initiative across the year.
- Established a monthly Bible Gathering for individuals wishing to explore and understand the Bible. Ten regular attendees participate, including individuals without prior Christian experience or belief.

Festival and Event Outreach

- Ran Festival Angels at the Porthleven Food Festival, offering practical assistance, conversation, and optional prayer for attendees, contributing to the wellbeing and safety of festivalgoers.
- Led a community Easter Day beach service, attended by over 40 people, including individuals with no prior connection to the charity's activities.

Support for People Facing Loss

- Hosted the Tree of Hope and a Bereavement Service during the Christmas period, providing space for remembrance and reflection for those who had experienced loss.

Community Welfare and Support

- Encouraged local residents to contribute to the Food Bank, helping to provide Christmas food parcels for families in Porthleven and surrounding areas.

Civic and Community Engagement

- A representative of Breathe Communities (Cath) actively contributes to local life through service on several committees, helping to shape community values, wellbeing initiatives, and events. These include:
 - o Porthleven Food Festival Committee
 - o Public Hall Committee - Chair
 - o Community Hub – Overall Leader
 - o Porthleven Town Band Committee
 - o Porthleven Town Council

Financial Review

Breathe Communities CIO financial year is from 1st April to 31st March each year.

Income and Expenditure

Income – The Entirety of Breathe's income this year has been through Grants, the Baptist Union continuing to support Breathe with £10k over the period from April 1 2024 to 31 March 2025.

Expenditure – Most of our expenditure over this period was down to the paying of our staff costing £12396. We also had to pay for web hosting costs took us to a total total expenditure of £13,214. This left us with a balance at 31 March 2024 of £23,490, with this strong balance and the South West Baptist Association grant on-going at £833/month we remain confident to continue as a Going concern in the coming financial year.

Funds and Balance Sheet

Breathe has one bank account: Main bank account for the organisation. The balance at the end of the year was a healthy £23,490. Reserves Policy The Trustees of every charity are required to establish and record a reserves policy. Reserves are those funds which are designated to meet an emergency where a significant source of income has gone or has been reduced or a significant need to spend has arisen.

To that end we have set aside from our remaining balance £2500 as an emergency reserve which will cover our monthly outlay for 1-2 months.

The operational implementation by the Treasurer is relatively straightforward.

A reserve has been established as a line in the budget. This means the bank balance must not fall below the reserve.

However, as a precaution, if the balance is close to the reserve, the Treasurer will report this to the Pastor. Depending on the circumstances, the Pastor and the Treasurer will determine whether the matter is brought to the Trustees' Team.

If it does fall below the reserve figure, the Treasurer will note the date, the balance and any relevant circumstances. This will then go to the Trustees' Team.

The overall management of the budget, including the reserve, is put on the agenda of the Trustees meetings every month. If the reserve issue is serious, the Pastor may require an ad-hoc meeting of the Trustees' team.

In keeping with the reserves policy, funds are maintained to meet foreseeable recurring expenditure.

Internal Controls

Breathe accounts are maintained on Excel. Payroll is processed by Kernow Accountancy who operate our PAYE with the HMRC. Breathe accounts are in the 'Payments and Receipts' form.

The Treasurer updates the accounts each month from the monthly bank. Therefore, the accounts are matched to bank balances as the accounts are updated.

Outlook for 2021/22

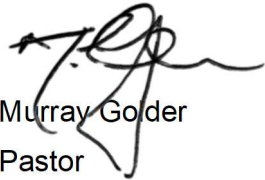
The budget for 2024/25 shows that Breathe will be able to meet our planned commitments for the year ahead.

We have built up a balance of £16,000 going into this year. With the continued support from the SWBA grant and an increase in member giving we are assured that God is providing the necessary funds for us to continue this valuable work in the South West of Cornwall; Truro and Porthleven.

Declaration

The Trustees declare that they have approved the trustees' report

Signed on behalf of the charity trustees



Murray Golder
Pastor



Kath Horne
Secretary

Date: 26/11/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Breathe Communities CIO

1181656

Receipts and payments accounts

CC16a

For the period
from

01/04/2024

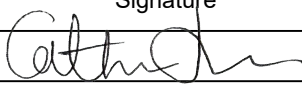
To

31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
BUGB grant	10,000	-	-	10,000	-
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	10,000	-	-	10,000	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,000	-	-	10,000	-
A3 Payments					
Wages	8,573	-	-	8,573	-
Storage		-	-	-	-
HMRC	1,440	-	-	1,440	-
Youtube and Zoom	360	-	-	360	-
Pension	2,383	-	-	2,383	-
Insurance		-	-	-	-
Accountants	228	-	-	228	-
Web hosting	230	-	-	230	-
Facebook adverts	-	-	-	-	-
Sub total	13,214	-	-	13,214	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	13,214	-	-	13,214	-
Net of receipts/(payments)	- 3,214	-	-	- 3,214	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 3,214	-	-	- 3,214	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	cash in hand	15,623	-	-
		-	-	-
		-	-	-
	Total cash funds	15,623	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			C. Horne	26/11/2025