

# HOPE HEART AND HEALING



**ANNUAL REPORT AND ACCOUNTS 2022**

**Charity Number: 1181606**

# CHAIR'S STATEMENT

**At ACS you are never alone.**

**We provide those facing cancer with all the resources they need to receive the medical, practical and emotional support that is essential to their recovery.**

**We will do everything in our power to help those in need.**

**With combined decades of up-close familiarity with cancer and vast medical resources, patients will receive all the information and support they need.**

**We are pleased to present ACS's Annual Report and Accounts for 2022, which will offer a glimpse of the work our organisation does to bring hope, heart and healing to cancer patients and their families, throughout their journey.**

**Mr M H Kahan  
Trustee**

11 The wellington hospital is pleased to partner with ACS in their mission to support their patients and ensure timely access to much needed care.

Eric Reichle  
Chief Executive Officer  
The Wellington Hospital

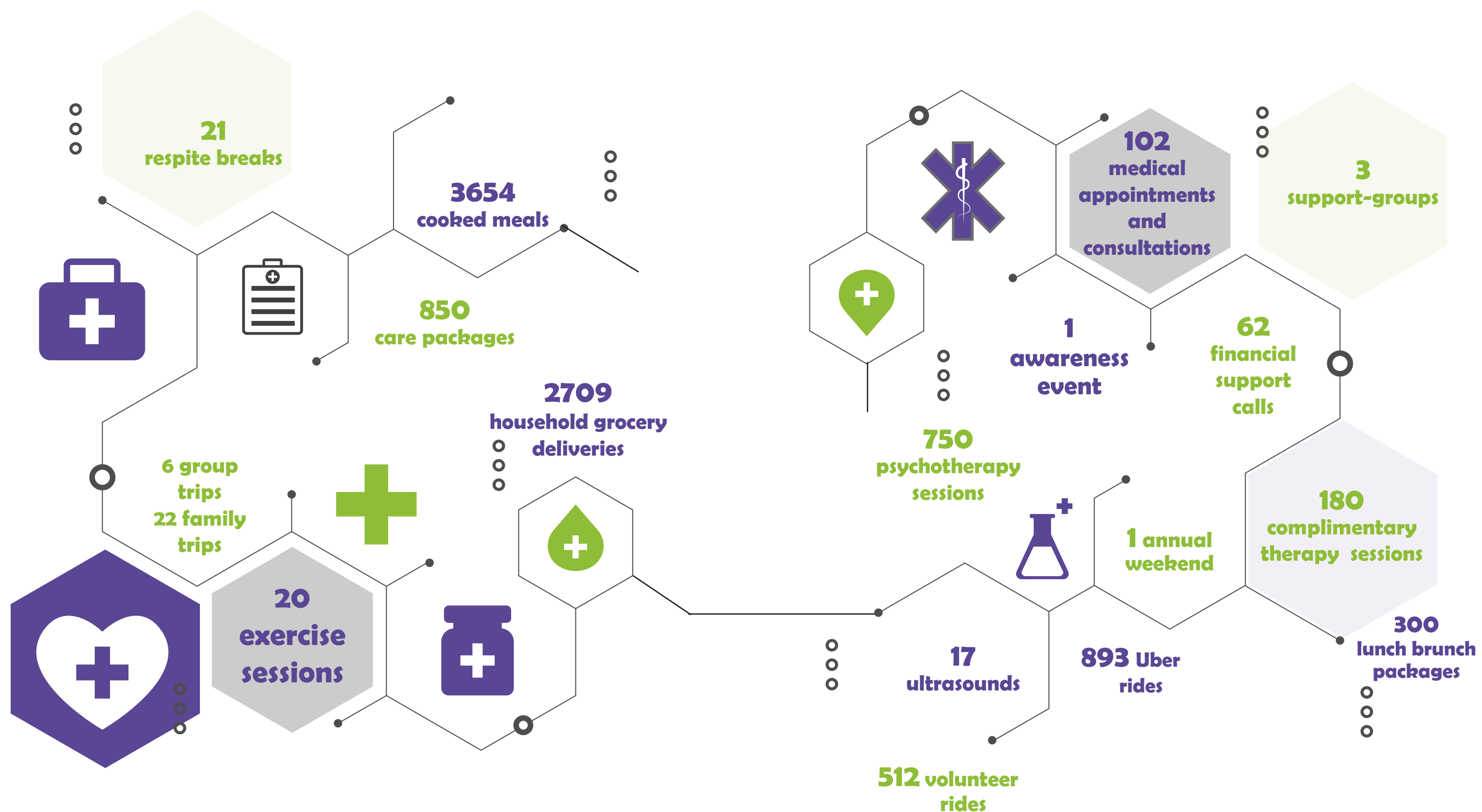
# OUR MISSION

To ease the burden of a cancer diagnosis by providing a range of medical, practical and wellbeing support to patients and their families, helping them through the journey to recovery and remission.

# CHARITABLE OBJECTIVES:

The relief of sickness and the preservation and protection of good health for the public benefit among people and their families/carers who are suffering from, have suffered in the past, or living with a diagnosis of cancer, by providing and assisting in the provision of treatment, facilities, practical and emotional support, and guidance through appropriate referrals and signposting to enable such people to receive immediate help and support if not otherwise readily available due to lack of financial means.

# YEAR IN NUMBERS:



# ACHIEVEMENTS AND PERFORMANCE

**71  
Cancer  
Patients**

**355  
Family  
Members**

**305  
People  
From  
General  
Public**



# MEDICAL SUPPORT

When cancer strikes, time is of essence.

Accessing the right medical intervention quickly is often the key to a hopeful prognosis.

That is where ACS comes in – tirelessly advocating for targeted medical care.



## Hospital Intermediaries

When patients – understandably – struggle to gather their wits and are unable to focus on technicalities, ACS will often adopt the role of intermediary.



## Signposting and Referrals

Patients turn to ACS with concerns or soon after receiving a cancer diagnosis. Our team offers guidance, support and hand-holding as they embark on the cancer treatment journey. ACS medical support workers assist patients with the booking of appointments, referrals, and seeking a second opinion, where appropriate.



## Complimentary Therapy

ACS understands that health involves more than just the body. It is currently an accepted belief that complementary therapies help patients cope with the stress of cancer and its treatments. We support patients who are seeking to pursue alternative therapies such as; acupuncture, massage, reflexology or specific dietary needs.



## Community Awareness

In an effort to prevent cancer's devastation, ACS sources knowledgeable healthcare specialists and conducts community awareness events to educate the community about early signs of cancer. In May 2022 an event was hosted in conjunction with Chana, where women gained knowledge on how to differentiate between regular age-typical health signs and cancer related gynecological concerns. ACS is seeking to greatly expand this service in 2023.



# PRACTICAL SUPPORT

Logistics can be overwhelming for anyone – especially for those with a cancer-diagnosis hanging.

ACS takes care of the nitty-gritty details so that patients are free to focus on the most important thing; their health and recovery.



*"The care packages! as always ACS knows the right time to send things in. Your vouchers and doughnuts just make our children so happy! Thanks so much. ACS will be in our hearts forever."*

Rebecca,  
Mother of a 10-year-old cancer patient.



## Transport

Where possible, ACS coordinates volunteers to drive and accompany patients to appointments, who are on hand to advocate and provide comfort. When volunteers are not available, ACS provides paid taxi transportation for patients with low immunity who are too weak to use public transportation.

## Food

**Cooked Meals:** Healthful, cooked meals from local delicatessens are sent to hospital patients eager for a taste of home. Meals are delivered to the family back home as well, who are often left without supper whilst their parents are occupied in hospital corridors. Additionally, visiting support workers make sure to drop off small treats and snacks, providing sweet encouragement.

**Grocery Deliveries:** Patients' families receive grocery essentials to their door. With the growing inflation and reduced income whilst sick, patients and families depend on these deliveries to make it through the weeks and months.

**Lunch Brunch:** To assist families during times of crisis we have launched a new project, involving a team of dedicated volunteers who pack and deliver nutritious school lunches and snacks on a daily basis. This service enables children whose parents are consumed by the cancer diagnosis to feel nurtured and cared for, and attend school with an improved state of mind.



*"Thank you for the fabulous outing! Two words of thank you is not enough. The children are fast asleep with smiles on their faces, whilst I relax on the couch and send you this email!"*

Mr. Moshe T, father of 14-year-old cancer patient.



## Financial Support

An ACS office staff member supports users in accessing the benefits and allowances they are entitled to, and also support them in attaining individual grants where appropriate.

## Care packages:

For an extra touch of care, we offer individual care packages to suit the needs of the patient and family. These packages include games, toys, special magazines and pampering sets, providing hope and healing to those in need.



# WELLBEING SUPPORT

A cancer prognosis affects the mental wellbeing of patients and their families.

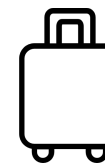
In a big way.

ACS recognizes that it is not only medical and practical support that's needed—they need emotional support to.



## Toys and Games

ACS brightens young lives with exciting care packages of gifts and vouchers delivered on holidays, birthdays and at times when the situation is especially bleak.



## Day Trips

Between numerous appointments family time can get lost. ACS presents families of patients with all-expenses-paid thrilling day out, winging them off to exhilarating locations like Adventure Island or KidZania. For children who have had their entire home life erupt into chaos, such trips are game-changing.



## Respite

Families are treated with a countryside holiday on an annual basis. The time away helps them refresh and regroup, so that they can face their daily hurdles.



## Communal Retreat

ACS hosted our first ever well-attended weekend retreat for adults affected by cancer. Whether they themselves, their spouse or a child was suffering from cancer, ACS welcomed people from across the UK for an unforgettable weekend away.



## Support Groups

Support groups for adults and children of varying ages are led by experienced and caring professionals where patients and their families have the opportunity to openly share their struggles and gain courage from each other.



## Therapy

ACS extends its care by assisting family members in need of psychotherapy due to the painful circumstances. Costs for sessions, supervision and supplies are covered.



# POST-CANCER SUPPORT

Cancer does have an endpoint, somewhere. But these battle-weary heroes need our continued support and understanding to get their lives back on track.

ACS will continue supporting patients and their families for as long as they need to heal and move on.



## Wellbeing Sessions

Where necessary, ACS will continue covering costs for ongoing massage sessions and the like, as much as the patient reasonably needs to recover and get back to themselves.



## Practical Support

Despite the challenge being mostly over, ACS ensures not to leave patients and their families high and dry; day trips, meals and whatever else is needed will keep being provided for a while.



## Bereavement Support

ACS will continue supporting bereaved family members with individual therapies for a short time, for them to heal and move on.





# HOPE AND HEALING FOR THE FUTURE

**Cancer doesn't take a break; inasmuch as we long for the day when ACS will be made redundant, we must keep planning, improving, and reaching further.**

**Awareness:** ACS is seeking to spread greater awareness of cancer in the Jewish Community. In partnership with the NHS Cancer Alliance, we will be implementing a variety of strategies including; awareness events, leaflets, wellness checks and marketing across North East London.

**Support groups:** We plan to continue running our support groups, with an additional group for adult males affected by cancer due to begin next year, so they too can glean comfort from others in the same boat.

**Website:** We will carry on updating our website with necessary information relating to available support, keeping it relevant and useful. We will also add an awareness section on our website where cancer related leaflets and event information will be available for the general public.

**Networking:** ACS will continue contacting professionals and specialists to better be equipped in signposting our users.

**Annual Weekend:** Based on the tremendous success and positive outcomes of our first weekend retreat, ACS is seeking to host retreats of this nature on an annual basis. We are tremendously grateful to Delapage for their continuous support. A weekend away in the countryside, surrounded by like-minded people and creative workshops, provides great emotional relief for our cancer heroes.



# A RAY OF HOPE

”

*Good afternoon, I have no words, you absolutely outdid yourself over the weekend. Wow what an amazing uplifting enjoyable retreat it was, and all thanks to you. I am a new person; I'm feeling relaxed and rejuvenated ready to carry on the next part of my journey. I am extremely grateful to you.*

Bella, 51-year-old wife of cancer patient.

“

”

*Hope you got home safe. I was very touched that you took the time to come all the way and have a chat.*

Sara, 32-year-old cancer patient

”

*I just need to thank you again for today, I really enjoyed it. For me it was very interesting to meet other women like me, and to hear from them. Hopefully you will organize more such events.*

Leah, 45-year-old cancer survivor.

“

”

*Firstly, I want to say what an amazing service this is with so much heart put in to every aspect to ease the burden-which I must tell you it really does. The kids get excited every day when the lunches arrive.*

Helen, Mother of 6- year old cancer patient.

“

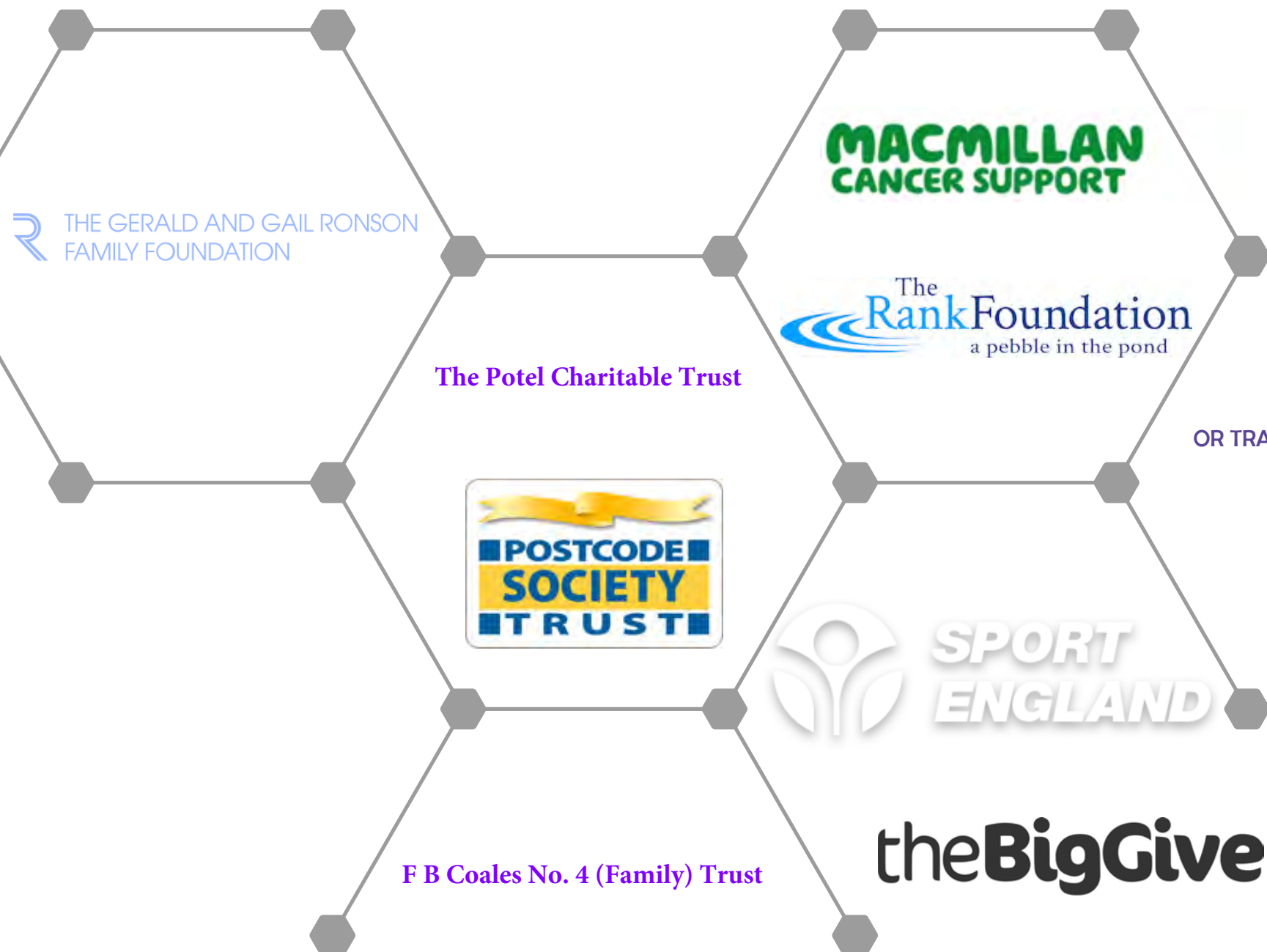


# ACKNOWLEDGEMENTS

**Helping cancer patients means we need funding. Lots of it. ACS is deeply grateful for funders' generosity in supporting our work.**



# ACKNOWLEDGEMENTS



# STRUCTURE, GOVERNANCE AND MANAGEMENT

Acheinu Cancer Support (ACS) is a Charitable Incorporated Organization registered with the Charity Commission on the 17th January 2019, and is controlled by its governing document dated 01 August 2018 and as amended on the 20 January 2022, which includes the objects of the charity.

The Trustees are responsible for governance of the organization. Induction and training are provided for new trustees. None of the trustees have any beneficial interest in the charity.

ACS has developed policies and procedures that reflect its organizational values. The charity is committed to maintaining high ethical standards such as safeguarding the welfare of all its employees, volunteers and beneficiaries. ACS believes all children and adults have the right to protection from all types of harm or abuse.

Employees and volunteers have a duty to prevent the abuse of children and adults and report any safeguarding concerns to the relevant person. The organization supports and trains its people and monitors performance in areas such as safeguarding, health and safety, information security and data protection.

ACS services are provided to all without discrimination. Neurodiversity and gender equality are highly valued, as well as differences in employees, volunteers, professionals, people living with cancer and supporters; ACS understands and responds to their different needs and situations.

Day-to-day management of activities is carried out by the Founder, supported by a Project Coordinator, Bookkeeper and administrative support.

ACS's support workers are under continuous supervision, adhering to full training relevant to their posts. Activities are supervised and run by its Project Coordinator, 9 part-time employees, and a team of dedicated volunteers.

The Trust Deed requires that the number of Trustees shall not be less than three, and no more than seven. The power to appoint new Trustees is vested in the existing Trustees. It is not currently the intention of the charity to appoint new trustees. However, shall the situation change in the future, new Trustees will be recruited for their competence, specialist skills and ability to promote the objectives of the Charity. New Trustees are appointed by the resolution of the Trustees, which is recorded in the minutes and signed by a Trustee, and are given induction and appropriate training by the current Trustees.

The Board and its committees meet minimum four times a year. The Board has delegated specific responsibilities to its committees, each of which has detailed terms of reference and reports to the Board. The remit of the committees is reviewed regularly to ensure they continue to work well.

If the charity is wound up, or upon dissolution, the remaining assets must be distributed to not-for-profit organizations as detailed in the constitution.



# FINANCIAL REVIEW

Over the previous year we have seen a reduction in the donations received due to the ongoing cost of living crisis. Our level of free reserves has decreased to £31,596 (2021: £160,003) and the trustees will increase the charity's fundraising efforts to ensure that going forward the charity will have three months running costs in reserves ensuring financial stability for our organisation. In addition we have Restricted funds of £82,661 to carry out various specific projects. Looking ahead, we continue to remain confident in our charity to raise funds from the community as well as from grant giving charities. We also plan to broaden our fundraising base by accessing statutory funding from local authorities and acting on market research that we have undertaken locally.

# RESERVES POLICY

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to three month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

# PUBLIC BENEFIT

The trustees confirm their compliance with the duty to have due regard to the Public Benefit guidance published by the Charity Commission as well as the Equality Act 2010 when reviewing the Charity's aims and objectives and in planning future activities.

# RISK MANAGEMENT

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. All financial transactions and payments are authorised by two unrelated payment authorities.

# TRUSTEES

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr Morris Herzog  
Mr Moshe Hersh Kahan  
Mrs C G Werthaim  
Mrs C R Wosner

# APPROVAL

The trustees' report was approved by the Board of Trustees and is signed on their behalf.



Mr Moshe Hersh Kahan  
Trustee

Date: Oct 9, 2023

# INDEPENDENT EXAMINER'S REPORT

I report to the trustees on my examination of the financial statements of Acheinu Cancer Support (the charity) for the year ended 31 December 2022.

## Responsibilities and Basis of Report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

## Independent Examiner's Statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) Accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2) The financial statements do not accord with those records; or
- 3) The financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

  
J Silver FCCA  
Precision Ltd  
32 Castlewood Road  
N16 6DW

Dated: Sep 29, 2023

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 DECEMBER 2022

		Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total 2022 £	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total 2021 £
Notes							
<b>Income from:</b>							
Donations and legacies	3	463,191	-	463,191	807,766	-	807,766
Charitable activities	4	-	150,906	150,906	-	143,648	143,648
Investment	5	5,128	-	5,128	4,537	-	4,537
Total income		468,319	150,906	619,225	812,303	143,648	955,951
<b>Expenditure on:</b>							
Raising funds:	6	58,328	-	58,328	106,666	-	106,666
Charitable activities	7	538,398	106,326	644,724	573,482	105,567	679,049
Total resources expended		596,726	106,326	703,052	680,148	105,567	785,715
<b>Net (expenditure)/income for the year/</b>							
Net movement in funds		(128,407)	44,580	(83,827)	132,155	38,081	170,236
Fund balance at 1 January 2021		160,003	38,081	198,084	27,848	-	27,848
<b>Fund balances at 31 December 2021</b>							
		31,596	82,661	114,257	160,003	38,081	198,084

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derived from continuing activities.

## BALANCE SHEET AS AT 31 DECEMBER 2022

	Notes	2022 £	2021 £
<b>Fixed assets</b>			
Tangible assets	12	11,369	13,402
<b>Current assets</b>			
Debtors	13	2,500	97,037
Cash at bank and in hand		150,917	159,012
		153,417	256,049
<b>Creditors: amounts falling due within one year</b>	15	(18,445)	(34,284)
<b>Net current assets</b>		134,972	221,765
<b>Total assets less current liabilities</b>		146,341	235,167
<b>Creditors: amounts falling due after more than one year</b>			
	16	(32,084)	(37,083)
<b>Net assets</b>		114,257	198,084
<b>Income funds</b>			
Restricted funds		82,661	38,081
Unrestricted funds		31,596	160,003
<b>Total charity funds</b>		114,257	198,084

The financial statements were approved by the Trustees on Oct 9, 2023

  
M. Moshe Hersh Kahan  
Trustee



# STATEMENT OF CASH FLOWS

## FOR THE YEAR ENDED

### 31 DECEMBER 2022

		2022		2021	
	Notes	£	£	£	£
<b>Cash flows from operating activities</b>					
Cash (absorbed by)/generated from operations	19		(8,224)		101,562
<b>Investing activities</b>					
Investment income received		<u>5,128</u>		<u>4,537</u>	
<b>Net cash generated from investing activities</b>					
			5,128		4,537
<b>Financing activities</b>					
Repayment of bank loans		<u>(4,999)</u>		<u>(2,917)</u>	
<b>Net cash used in financing activities</b>					
			(4,999)		(2,917)
<b>Net (decrease)/increase in cash and cash equivalents</b>					
			(8,095)		103,182
Cash and cash equivalents at beginning of year		<u>159,012</u>		<u>55,830</u>	
Cash and cash equivalents at end of year		<u>150,917</u>		<u>159,012</u>	

## 1 ACCOUNTING POLICIES

### Charity information

Acheinu Cancer Support is a public benefit entity and a Charitable Incorporated Organisation registered in England and Wales.

### 1.1 Accounting Convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

## 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

## 1.5 Expenditure

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

Expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.

## 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% RBM
Computers	15% RBM

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

## 1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

## 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

## 1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 ‘Basic Financial Instruments’ and Section 12 ‘Other Financial Instruments Issues’ of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

### Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

### Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee’s services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

The preparation of the financial statements did not require management to make judgements, estimates or assumptions that affect the amounts reported.

3 DONATIONS AND LEGACIES

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Donations and gifts	454,191	704,286
Grant Income	9,000	103,480
	463,191	807,766

4 CHARITABLE ACTIVITIES

	Charitable Income 2022 £	Charitable Income 2021 £
Performance related grants	150,906	143,648

5 INVESTMENTS

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Interest receivable	5,128	4,537

6 RAISING FUNDS

	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Fundraising and publicity		
Staging fundraising events	40,000	86,355
Advertising	17,128	20,311
Other fundraising costs	1,200	-
Fundraising and publicity	58,328	106,666
	58,328	106,666

7 CHARITABLE ACTIVITIES

	Medical care 2022 £	Wellbeing support 2022 £	Practical support 2022 £	Total 2022 £
Staff costs	7,781	30,687	9,117	47,585
Depreciation and impairment	434	758	841	2,033
Charitable Expenditure	102,711	182,101	205,115	489,927
	110,926	213,546	215,073	539,545

Share of support costs (see note 8)	19,168	33,745	37,164	90,077
Share of governance cost (see note 8)	3,223	5,631	6,248	15,102
	133,317	252,922	258,485	644,724

Analysis by fund				
Unrestricted funds	132,316	179,068	227,014	538,398
Restricted funds	1,001	73,854	31,471	106,326
	133,317	252,922	258,485	644,724

	Medical care 2021 £	Wellbeing support 2021 £	Practical support 2021 £	Total 2021 £
Staff costs	7,373	8,657	7,154	23,184
Depreciation and impairment	1,170	556	674	2,400
Charitable Expenditure	258,737	144,620	119,388	522,745
	267,280	153,833	127,216	548,329

Share of support costs (see note 8)	56,920	27,067	33,585	117,572
Share of governance cost (see note 8)	6,409	3,048	3,691	13,148
	330,609	183,948	164,492	679,049

Analysis by fund				
Unrestricted funds	324,436	129,363	119,683	573,482
Restricted funds	6,173	54,585	44,809	105,567
	330,609	183,948	164,492	679,049



8 SUPPORT COSTS

	Support costs	Governance costs	2022	Support costs	Governance costs	2021
	£	£	£	£	£	£
Staff costs	34,643	-	34,643	28,403	-	28,403
Office rent	22,880	-	22,880	22,160	-	22,160
General office expenses	16,683	-	16,683	18,487	-	18,487
IT Services	4,293	-	4,293	7,496	-	7,496
Advertising	11,578	-	11,578	41,026	-	41,026
Staff training	-	-	-	-	-	-
Accountancy	-	5,100	5,100	-	1,920	1,920
Legal and professional	-	1,911	1,911	-	2,941	2,941
Bank Charges and other fees	-	7,097	7,097	-	7,651	7,651
Bank loan interest	-	994	994	-	636	636
	90,077	15,102	105,179	117,572	13,148	130,720

9 TRUSTEES

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

10 EMPLOYEES

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	9	8
Employment costs		
Wages and salaries	86,137	51,587

There were no employees whose annual remuneration was more than £60,000.

11 TAXATION

The charity is exempt from tax on income and gains falling within sections 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to that these are applied to its charitable objects.

12 TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computers	Total
	£	£	£
Cost			
At 1 January 2022	529	19,140	19,669
At 31 December 2022	529	19,140	19,669
Depreciation and impairment			
At 1 January 2022	306	5,961	6,267
Depreciation charged in the year	56	1,977	2,033
At 31 December 2022	362	7,938	8,300
Carrying amount			
At 31 December 2022	167	11,202	11,369
At 31 December 2021	223	13,179	13,402

13 DEBTORS

	2022	2021
	£	£
Amounts falling due within one year:		
Other debtors	2,500	97,037

The above loan was made for charitable purposes in the course of carrying out charitable objectives.

14 LOANS AND OVERDRAFTS

	2022	2021
	£	£
Bank loans	37,084	42,083
Payable within one year	5,000	5,000
Payable after one year	32,084	37,084

The above long-term loan is guaranteed by the government under the Bounce back loan scheme. The loan accrues interest at 2.5% p.a.

15 CREDITORS: AMOUNT FALLING DUE WITHIN ONE YEAR

	Notes	2022 £	2021 £
Bank loans	14	5,000	5,000
Other taxation and social security		12	72
Trade creditors		7,483	23,762
Other creditors		-	590
Accruals and deferred income		5,950	4,860
		18,445	34,284

16 CREDITORS: AMOUNT FALLING DUE AFTER MORE THAN ONE YEAR

	Notes	2022 £	2021 £
Bank loans	14	32,084	37,083

17 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balance at 31 December 2022 are represented by:						
Tangible assets	11,369	-	11,369	13,402	-	13,402
Current assets(liabilities)	52,311	82,661	134,972	183,684	38,081	221,765
Long term liabilities	(32,084)	-	(32,084)	(37,083)	-	(37,083)
	31,596	82,661	114,257	160,003	38,081	198,084

18 RELATED PARTY TRANSACTIONS

There were no disclosable related party transactions during the year (2021 - none).

19 CASH GENERATED FROM OPERATIONS

	2022 £	2021 £
(Deficit)Surplus for the year	(83,827)	170,236
Adjustments for:		
Investment income recognized in statement of financial activities	(5,128)	(4,537)
Depreciation and impairment of tangible fixed assets	2,033	2,400
Movements in working capital:		
Decrease/ (Increase) in debtors	94,537	(89,537)
(Decrease)/ Increase in creditors	(15,839)	23,000
Cash (absorbed by) / generated from operations	(8,224)	101,562

20 ANALYSIS OF CHANGES IN NET FUNDS

	At 1 January 2022 £	Cash Flow £	At 31 December 2022 £
Cash at bank and in hand	159,012	(8,095)	150,917
Loans falling due within one year	(5,000)	-	(5,000)
Loans falling due after more than one year	(37,083)	4,999	(32,084)
	116,929	(3,096)	113,833

# REFERENCE AND ADMINISTRATIVE DETAILS

**Registered Charity Name:**  
**Charity Registration Number:**

Acheinu Cancer Support  
1181806

**Principal Office and Registered Office Address:**

99-101 Dunsmure Road  
London N16 5HT

**Trustees:**

Mr Moshe Hersh Kahan  
Mr Morris Herzog  
Mrs C G Werthaim  
Mrs C R Wosner

**Independent examiner:**

Mr J Silver FCCA  
Precision Ltd  
32 Castlewood Road  
London  
N16 6DW

**Bankers:**

Lloyds Bank PLC  
Lewisham  
London  
SE13 6JG