

**Butterflies**  
**Bereavement Support**  
(registered charity no. 1181599)

**Report and Accounts**

**for the year ended**  
**31 December 2024**



## Trustees' Annual Report for the period

Period start date			Period end date				
From	Day	Month	Year	To	Day	Month	Year
	01	01	2024		31	12	2024

### Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

Postcode

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Julie Lamont	Chair		The board
2	Judith Hopkins	Trustee		The board
3	Neil Butcher	Trustee		The board
4	Jane Goid-Davies	Trustee		The board
5	Shelley Usher	Trustee	March 2024	The board
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

#### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
Honorary Treasurer	Colin Shaw	30 Torque Close, Bursledon, Hampshire SO19 6RN
Honorary Minute Secretary	Ali Shaw	30 Torque Close, Bursledon, Hampshire SO19 6RN

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by Board

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

To relieve the mental, spiritual and physical distress of the suffering of bereavement or loss, in particular but not exclusively, by providing free bereavement counselling and support in the community.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

Activities to achieve the Objectives are:

Counselling Service providing face-to-face, telephone or online counselling to adults, 18+, struggling with bereavement irrespective of the time gap since said bereavement.

Bereavement Groups providing social interaction with others who have or continue to struggle with bereavement.

Friendship Service with Buddies providing a weekly telephone call to people who are lonely and/or isolated for any reason, not necessarily bereavement.

Developing the service to support people with learning difficulties through bereavement and associated support for their care-givers.

#### **Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Butterflies Bereavement Support is a voluntary organisation with a single part-time (12 hours) employee. All our counsellors, group facilitators and Buddies are volunteers.

Without our volunteers there would be no charity.

**Summary of the main achievements of the charity during the year**

During 2024 we provided concession rates to a third of our counselling clients and a similar number of free sessions were provided. This has been achieved despite the current economic climate.

We opened a new peer support group in the ex-Army town of Borden at the request of the community and are looking at providing further groups in rural areas of north east Hampshire.

Our Learning Disability & Bereavement project was initiated following a meeting of relevant support agencies, social prescribers and ourselves to review the standard of support for this group available locally and found it lacking.

We provided 8 new placements for counselling trainees and retained 3 who undertook their placements with us and qualified in the previous year.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

To maintain a level of reserves to keep the charity funded for 6 months at any one time.

**Details of any funds materially in deficit**

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Principal funding is via grants, fundraising and donations.

The current financial situation has severely affected grant funding, however we had some funds from grants.

We tried new forms of fundraising events during this year, but we struggled against weather to generate significant funds from certain events in the latter part of the year.

Donations provided a source of income – however as in the previous year, one-third of clients were unable to financially contribute. Our suggested donation is £20 (£10 concession).

## Section F

## Other optional information

A review of costings has been undertaken and any savings where possible have been made.

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

**Signature(s)**



**Full name(s)**

Julie Lamont

**Position (eg Secretary, Chair, etc)**

Chairman

Date 23/07/2025

**INDEPENDENT EXAMINER'S REPORT  
TO THE TRUSTEES ON THE UNAUDITED ACCOUNTS OF  
BUTTERFLIES BEREAVEMENT SUPPORT  
FOR THE YEAR ENDED 31ST DECEMBER 2024**

I report to the trustees on my examination of the accounts of Butterflies Bereavement Support for the year ended 31 December 2024, which are set out on pages 8 to 9.

**Responsibilities and basis of report**

As the trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

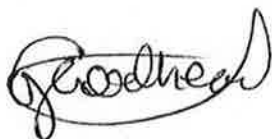
I report in respect of my examination of the Trustee's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- (1) accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
- (2) the accounts do not accord with those records; or
- (3) the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



CJ Goodhead FCA  
Knight Goodhead Chartered Accountants  
7 Bournemouth Road  
Chandler's Ford  
Eastleigh  
Hampshire  
SO53 3DA

Dated: 6 August 2025



**BUTTERFLIES BEREAVEMENT SUPPORT**  
**YEAR ENDED 31ST DECEMBER 2024**  
**RECEIPTS AND PAYMENTS**

	Unrestricted	Restricted	Total 2024 £	Total 2023 £
<b>Receipts</b>				
Hampshire County Council	500	-	500	-
Co-operative Society	5,000	-	5,000	-
CAF	500	-	500	-
Hendy Foundation	-	-	-	(1,000)
Eastleigh Borough Council	-	-	-	1,000
National Lottery	-	-	-	8,000
Persimmon Ltd	-	-	-	1,000
Just Giving (Marathon)	-	-	-	2,000
Hargreaves Lansdown	1,000	-	1,000	-
The Hive Portsmouth Community	1,000	-	1,000	-
Eastleigh Lions	500	-	500	-
Shanly Foundation	-	2,000	2,000	-
Yapp Charitable	1,500	-	1,500	-
Interest	32	-	32	-
Returns	11	-	11	-
Individual Donations	9,648	-	9,648	7,734
Counselling Receipts	7,697	-	7,697	6,163
<b>Total receipts</b>	<b>27,388</b>	<b>2,000</b>	<b>29,388</b>	<b>24,897</b>
<b>Payments:</b>				
Venue Fee	373	-	373	262
Volunteer Training	60	-	60	-
Volunteer Expenses	37	-	37	-
Phones/Helpline	1,618	9	1,627	939
Administration costs	299	-	299	342
Publicity/Outreach	448	-	448	550
Sundries	272	-	272	301
DBS Checks	50	-	50	24
Insurance	303	1	304	304
Supervision	3,395	-	3,395	4,020
Office	11,276	54	11,330	10,365
Fundraising	456	-	456	266
Staff costs	11,972	77	12,049	10,792
Independent examination	-	-	-	900
Computer running costs	22	-	22	166
<b>Total payments</b>	<b>30,581</b>	<b>141</b>	<b>30,722</b>	<b>29,231</b>
<b>Net receipts for the year</b>	<b>(3,193)</b>	<b>1,859</b>	<b>(1,334)</b>	<b>(4,334)</b>
Cash and bank balances at 31 December 2023	9,351	-	9,351	13,685
<b>Cash and bank balances at 31 December 2024</b>	<b>6,158</b>	<b>1,859</b>	<b>8,017</b>	<b>9,351</b>

**BUTTERFLIES BEREAVEMENT SUPPORT**  
**YEAR ENDED 31ST DECEMBER 2024**

STATEMENT OF ASSETS AND LIABILITIES	Unrestricted	Restricted	General Funds 2024 £	General Funds 2023 £
<b>A Cash funds</b>				
Cash at bank with immediate access	6,158	1,859	8,017	9,351
<b>B Other monetary assets</b>				
Fixed term deposits			-	-
<b>C Liabilities</b>				
Fee for Independent Examination	960		960	-

**NOTES TO THE ACCOUNTS**

**Accounting policies**

The accounts have been prepared on a receipts and payments basis and comprise a statement that shows the charity's receipts and payments, a statement that summarises the charity's assets and liabilities and related notes. The accountancy profession have determined that only accounts prepared in accordance with applicable accounting standards present a 'true and fair' view and, as these receipts and payments accounts have not (and cannot) be prepared in accordance with accounting standards, these accounts do not present (and are not intended to present) a 'true and fair' view of the charity's financial activities and state of affairs.

**Funds**

The Restricted fund is in respect of a donation for work to be carried out in North East Hampshire. All other receipts, payments and balances shown in these accounts are general funds. General funds are unrestricted funds which are available for use at the discretion of the charity in furtherance of the general objectives of the charity.

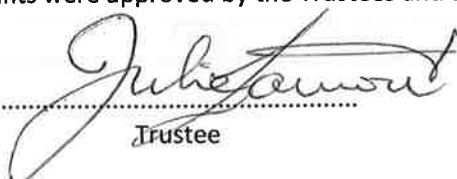
**Related party transactions**

No trustees received any remuneration or benefits during the year. During the year no trustees were reimbursed expenses.

**Independent examination**

For the prior year the trustees took advantage of the exemption from having the accounts independently examined due to the level of total income.

The accounts were approved by the Trustees and signed on their behalf by:

.....  
  
 Trustee

Date: ..... 8/8/2025 .....