



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Da01y		Year		Day		Year
	01	01	2023		31	12	2023

Section A Reference and administration details

Charity name Butterflies Bereavement Support

Other names charity is known by

Registered charity number (if any) 1181599

Charity's principal address 19 Pirelli Way

Eastleigh

Hampshire

Postcode SO50 5GE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Julie Lamont	Chair		
2	Neil Butcher			
3	Jane Goold-Davies			
4	Judith Hopkins			
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11				
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15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Honorary Treasurer	Colin Shaw	30 Torque Close, Bursledon, Hampshire 0 SO19 6RN
Honorary Minute Secretary	Ali Shaw	30 Torque Close, Bursledon, Hampshire SO19 6RN

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Elected by Board

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To relieve the mental, spiritual and physical distress of the suffering of bereavement or loss, in particular but not exclusively, by providing free bereavement counselling and support in the community.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Activities to achieve the Objectives are:

Counselling Service providing face-to-face, telephone or online counselling to adults, 18+, struggling with bereavement irrespective of the time gap since said bereavement.

Bereavement Groups providing social interaction with others who have or continue to struggle with bereavement.

Friendship Service with Buddies providing a weekly telephone call to people who are lonely and/or isolated for any reason, not necessarily bereavement.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Butterflies Bereavement Support is a voluntary organisation with a single part-time (12 hours) employee. All our counsellors, group facilitators and Buddies are volunteers.

Without our volunteers there would be no charity.

Summary of the main achievements of the charity during the year

By the end of the reporting year we had 20 counsellors, the qualified counsellors seeing at least one client a week and our 8 placement qualifying counsellors, provided 614 sessions of counselling. The equivalent of one third of sessions were provided free.

Our waiting list reduced from 6 months at the beginning of the year to 4 months by the end.

We increased the number of bereavement groups from 2 to 5, including an evening group. We have over 40 regular visitors to our groups.

The Friendship Service underwent a reorganisation at the end of the year..

Section E

Financial review

Brief statement of the charity's policy on reserves

To maintain a level of reserves to keep the charity funded for 6 months at any one time.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Principal funding is via grants, fundraising and donations. The current financial situation has severely affected grant funding, we have not been successful in our last three applications.

Fundraising and donations have also suffered significantly due to the cost of living crisis. One third of our counselling clients are currently not paying for their sessions. Our suggested donation is £15 (£7 concession).

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Julie Lamont

Position (eg Secretary, Chair, etc)

Chairman

Date

20/05/2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name Butterflies Bereavement Support	No (if any) 1181599
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Receipts and payments accounts

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For the period from	Period start date 1/1/2023	To	Period end date 12/31/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
National Lottery Main Grant	8,000	-	-	8,000	
Eastleigh Borough Council	1,000	-	-	1,000	
Persimmon Ltd	1,000	-	-	1,000	-
Just Giving (Marathon Runner)	1,205	-	-	1,205	-
Just Giving (Marathon Runner)	795	-	-	795	-
Hendy Foundation	- 1,000	-	-	- 1,000	725
Mccarthy & Stone Foundation					500
Counselling Receipts	6,163	-	-	6,163	5,214
Interest					7
Individual Donations	7,734	-	-	7,734	3,195
Sub total (Gross income for AR)	24,897	-	-	24,897	9,641
A2 Asset and investment sales, (see table).					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	24,897	-	-	24,897	9,641
A3 Payments					
Administration	342	-	-	342	770
Computing	166	-	-	166	
DBS	24	-	-	24	
Fundraising	266	-	-	266	266
Honorary Fee					
Insurance	304	-	-	304	304
Office	8,450	-	-	8,450	10,399
Petty Cash	20	-	-	20	-
Postage	70	-	-	70	-
Professional Fees	900			900	
Promotions	550			550	1,383
Rates	582			582	
Staff	10,792			10,792	7,559
Stationery	136			136	
Subsistence	75			75	569
Sundries					
Supervision	4,020			4,020	2,420
Telephone	939			939	1,025
Utilities	1,333			1,333	
Venue Fee	262			262	162
Volunteer Expenses					309
Volunteer Training					29
Sub total	29,231	-	-	29,231	25,195
A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	29,231	-	-	29,231	25,195
Net of receipts/(payments)	- 4,334	-	-	- 4,334	- 15,554
A5 Transfers between funds	-	-	-	-	-

A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 4,334	-	-	- 4,334	- 15,554

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	General	1,605	-	-
	Counselling	1,101	-	-
	Reserve	6,645	-	-
	Total cash funds	9,351	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
	#VALUE!	Julie Lamont	5/21/2024	