



Trustees' Annual Report for the period

| From | Period start date | | | To | Period end date | | |
|------|-------------------|-------|------|----|-----------------|-------|------|
| | 01 | April | 2024 | | 31 | March | 2025 |

Section A

Reference and administration details

| | |
|------------------------------------|---|
| Charity name | TWIRL |
| Other names charity is known by | The Wolverhampton Integrated Respiratory Lifestyle Group |
| Registered charity number (if any) | 1181568 |
| Charity's principal address | 8 Farm Road, Finchfield Wolverhampton West Midlands Postcode WV3 8EW |

Names of the charity trustees who manage the charity

| | Trustee name | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|------------------|-----------------|-----------------------------------|---|
| 1 | Denise Pritchard | Chair | | |
| 2 | Glynis Davies | Secretary | | |
| 3 | Sharon Nisbet | Treasurer | | |
| 4 | Helen Ward | Trustee | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |
| 11 | | | | |
| 12 | | | | |
| 13 | | | | |
| 14 | | | | |
| 15 | | | | |
| 16 | | | | |
| 17 | | | | |
| 18 | | | | |
| 19 | | | | |
| 20 | | | | |

Names of the trustees for the charity, if any, (for example, any custodian trustees)

| Name | Dates acted if not for whole year |
|------|-----------------------------------|
| n/a | |
| | |
| | |

Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
| n/a | | |
| | | |
| | | |
| | | |

Name of chief executive or names of senior staff members (Optional information)

n/a/

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

CIO Association Constitution

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Association

Trustee selection methods
(eg. appointed by, elected by)

Trustees are appointed or reappointed annually at the Annual General Meeting.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

For the public benefit, to promote and protect good health of people with respiratory conditions and their carers within the city of Wolverhampton and surrounding areas in particular, but not exclusively through the provision of support, information, advice and recreational activities.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

This group is primarily for people with respiratory conditions and therefore the health and wellbeing of our members is our utmost priority.

The Weekly Group is held at Goodyear's Pavilion, Wolverhampton Lunch/refreshments and Activities provided:

Social activities such as bingo and a table quiz, cards and dominoes are also available. These activities encourage members to mix and make new friends.

The opportunity to seek advice and support on how to cope with the effects of respiratory diseases from a healthcare professional. Advice/concerns can be sought from the Respiratory Nurse when she attends the group which is presently on a monthly basis.

The objective of Twirl through its activities remains to promote and protect good health for people with respiratory conditions and to improve a person's health and wellbeing.

Presentations/talks during the year have been received from the Neighbourhood Safety Officer, Authority Fraud Team and the Compton Care organisation.

All presentations when available are discussed with the Trustees to ensure that they are suitable for the group, including a restricted timeslot, handouts for members, questions and answer sessions provided and private sessions in a quiet location if required by individual members.

All Trustee members have been notified of the Trustee guidance and provided with an email link for ease of access in order to carry out their duties as described.

Additional details of objectives and activities (Optional information)

may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

43 sessions held on Wednesdays for 3 hours from the 1st April 2024 until 31st March 2025 for adults 18 years and over, carers are also welcome if they wish to attend. Registered membership of 31 (following cleansing of register) with an average of approximately 23 - 25 attendees per session, 4 new members have also joined the Group this year.

Fundraising Activities:

Members of the Group provide items weekly for the Bring and Buy Table Sale.

Ad hoc auctions for donated items by members have also been held during the year.

Weekly raffle held whereby members can if they wish purchase a raffle ticket.

Donations from members have also been made to the group during the year.

Wellbeing

Attending the TWIRL group can help to reduce feelings of social isolation and build lasting friendships.

Brief statement of the charity's policy on reserves

The TWIRL charity has no contractual commitments, for example in respect of property and also does not employ any staff. Therefore no policy in respect of reserves has been constructed.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

| | |
|------------------|--|
| | |
| Denise Pritchard | |
| Chair | |
| | |



| | | | | | |
|--------------------------------|----------|----|------------------------|------------|-------|
| TWIRL | | | Charity No (if any) | 1181568 | CC17a |
| Annual accounts for the period | | | | | |
| Period start date | 01.04.24 | To | Period end date | 31.03.2025 | |

Section A Statement of financial activities

| Recommended categories by activity | Details of own analysis | Note | Restricted | | | Total this year | Total last year |
|---|-------------------------|------|--------------------|--------------|-----------------|-----------------|-----------------|
| | | | Unrestricted funds | income funds | Endowment funds | | |
| | | | £ | £ | £ | £ | £ |
| Incoming resources (Note 3) | | | F01 | F02 | F03 | F04 | F05 |
| Incoming resources from generated funds | | | | - | - | - | - |
| Voluntary income | 8122 | S01 | 8,122 | - | - | 8,122 | 7,848 |
| Activities for generating funds | 1103 | S02 | 1,103 | - | - | 1,103 | 1,940 |
| Investment income | | S03 | - | - | - | - | - |
| Incoming resources from charitable activities | | S04 | | - | - | - | - |
| Other incoming resources | | S05 | - | - | - | - | - |
| Total incoming resources | | S06 | 9,225 | - | - | 9,225 | 9,788 |
| Resources expended (Notes 4-8) | | | | | | | |
| Costs of Generating Funds | | | - | - | - | - | - |
| Costs of generating voluntary income | | S07 | | - | - | - | |
| Fundraising trading costs | 454 | S08 | 454 | - | - | 454 | 230 |
| Investment management costs | | S09 | - | - | - | - | - |
| Charitable activities | 10319 | S10 | 10,319 | - | - | 10,319 | 10,542 |
| Governance costs | | S11 | - | - | - | - | - |
| Other resources expended | | S12 | - | - | - | - | - |
| Total resources expended | | S13 | 10,773 | - | - | 10,773 | 10,772 |
| Net incoming/(outgoing) resources before transfers | | S14 | - 1,548 | - | - | - 1,548 | - 984 |
| Gross transfers between funds | | S15 | - | - | - | - | - |
| Net incoming/(outgoing) resources before other recognised gains/(losses) | | S16 | - 1,548 | - | - | - 1,548 | - 984 |
| Other recognised gains/(losses) | | | | | | | |
| Gains and losses on revaluation of fixed assets for the charity's own use | | S17 | - | - | - | - | - |
| Gains and losses on investment assets | | S18 | - | - | - | - | - |
| Net movement in funds | | S19 | - 1,548 | - | - | - 1,548 | - 984 |
| Total funds brought forward | | S20 | 16,513 | - | - | 16,513 | 17,497 |
| Total funds carried forward | | S21 | 14,965 | - | - | 14,965 | 16,513 |