

CHAIRMAN'S ADDRESS 25th July 2025

Presented by Mr Jim Robinson

It is with great sadness that we have lost Ken, who died earlier this year he will be greatly missed by all of us..

A CIO is governed by the charity trustees, but with a wide membership of volunteers and other members who will have the right to vote at future AGMs and similar meetings. Under charity law all members of the CIO have a duty to support its charitable aims when taking decisions in relation to the CIO.

On a closing note

CREST Cancer Support is run by inspirational, highly committed volunteers, who are easily accessible to all our members and other volunteers. We still continue to have an open door policy which has worked well. We develop and motivate all our volunteers and members. We must have a person centred approach to volunteering and match their expectations to the work they do for CREST Cancer Support.

We must always realise that we are a voluntary organisation and count on volunteers heavily to run the charity. We must all make a conscious effort to inform everyone that CREST Cancer Support is run solely by volunteers. We must also continue to recruit volunteers and retain them and the Complementary Therapists we need to support our work.

Secretarys Report

Referrals to CREST Cancer Support CIO have increased over the last two years as we have had more exposure in the local area. Many who are referred to us have multiple requirements, not just support for being affected by cancer. One patient or carer might require counselling, financial support information and the help of another charity. Having these other local charities gives us a great support network. Each referral is unique in itself and each referral brings its own challenges for CREST Cancer Support CIO to provide the relevant tailored services. Members high expectations on help and support of them from us.

We supply the following services via our therapists and nurses
Counselling Service members referred to multiple visits
Shepperton Wigs subsidy for wig/head covering
MLD with members with multiple visits
Complementary Therapy with multiple visits
Indian Head with multiple visits
Mindfulness with multiple visits
Osteopathy with multiple visits
Acupuncture with multiple visits
Podiatry with multiple visits
Reiki with multiple visits
Reflexology with multiple visits
Shibashi with multiple visits
Signposting to other organisations which could also mean to more than one organisation

CREST has changed greatly due to Covid, in the way we work and communicate with our membership (Cancer Patients and Carers plus interested parties.)

Our referrals from the hospitals and GPs have disproportionately increased in demand during and after Covid. MacMillan and other organisations have also been sending patients and carers to us as many NHS and GPs are not seeing people who it appears, will not or cannot provide services themselves. They also do not provide any funding to CREST to help cover the costs of treatments that the patients require. So we have been and still are the last line of defence for cancer patients. . We do not see anything returning to the "old Norm" and we believe the situation we have here at CREST will be our "new norm". If we were not here then these people would not get the treatments and support they so desperately need and they would have no where else to go.

CREST is run entirely by unpaid volunteer and the best news is that we have moved offices which is wonderful every one has their own workstation
Joan Nicholson CREST Secretary

REPORT FROM THE TREASURER

"This year income has slightly exceeded expenses for the second year in a row. This has helped boost our reserves which we have had to dip into, on previous years. The majority of our income is from Local Government Grants and other donations. Grants are usually restricted funds, primarily for therapies and counselling while other donations are usually added to general funds.

Our financial statements are prepared in accordance with the Charity Commission's guidelines and CREST Cancer Support CIO's governing documents.

We would like to thank Nicholas Dent who has acted as Independent Examiner for the annual accounts."

Judith Haarer
Treasurer



CHARITY COMMISSION
FOR ENGLAND AND WALES

**Independent examiner's report
on the accounts**

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

CREST Cancer Support CIO

**On accounts for the
period**

Year ended 31st March 2025

**Charity no
(if any)**

1181505

Set out on page

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I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st March 2022.

**Responsibilities and
basis of report**

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

31st May 2025

Name:

Nicholas Dent

**Relevant professional
qualification(s) or body
(if any):**

Institute of Chartered Accountants in England & Wales

Address:

Elmbank Cottage

Cheapside Road, Ascot

Berkshire SL5 7QH

Statement of Income and Expenditure For the period 1st April 2024 to 31st March 2025

	Year Ended 31 March 2025	Year Ended 31 March 2024
Income		
Donations		
Grants and Fundraising	£3,543.78	£4,504.22
Gift Aid	£3,500.00	£8,750.00
Refund		£1,086.02
Interest		£5.94
Christmas	£145.46	£108.23
Outings	£195.72	£196.45
Membership Fee	£300.00	£394.00
Other Fees	£882.00	£790.00
	£55.50	£70.00
Total Income	£8,622.46	£15,904.86
Expenditure		
Office and Volunteers		
Insurance	£702.75	£1,236.32
Therapy Room	£501.20	£425.11
Working from home telecom costs	£1,935.34	£2,494.19
Telecoms and Mobile		£343.01
Wigs	£843.71	£654.55
MLD / Support Hosiery		£140.00
Counselling		£571.90
Outings and events	£400.00	£2,550.00
Massage	£859.22	£1,002.90
Reflexology	£630.00	£3,150.00
Meeting costs	£675.00	£800.00
Indian Head massage	£234.45	£105.10
	£515.05	£510.00
Total Expenditure	£7,296.72	£13,983.08
Surplus / (Deficit) for the period	£1,325.74	£1,921.78
Surplus Brought Forward	£17,400.44	£15,478.66
Surplus Carried Forward	£18,726.18	£17,400.44

CREST Cancer Support CIO - Charity number: 1181505
Balance Sheet

	31 March 2025	31 March 2024
Virgin Money	£11,088.04	£10,986.35
NatWest Bank	£7,638.14	£6,414.09
Net Assets	£18,726.18	£17,400.44

Trustees

Independent Examiner



Nicholas Dent, FCA
31-May-25