



Helping people rewrite mental health

Trustees Annual Report for the year ended 30 June 2022 for Rewrite Your Story
Limited – Charity number 1181494

Trustees

A Heyes
I Elphick
R Cousins

Structure, governance and management

Type of governing document – Company articles and memorandum

How the charity is constituted – Limited company

Trustee selection methods – Trustees are peer reviewed each year

Objectives and activities

Objectives of the charity:

- To preserve and protect the good mental health of children and young people who are suffering with eating disorders (and other mental health issues) in the South East, in particular but not exclusively by:
- The provision of targeted Support and services to children and young people to aid recovery and build resilience
- Peer support groups for parents and carers to enable understanding of the key themes of eating and other disorders, build resilience and lessen the adverse impact these disorders have on families
- Developing and providing awareness training for schools, professionals and families around these disorders and other mental health issues

Achievements and performance

Continuing to provide these services throughout the latest period and beyond especially during the recent lockdowns due to the Coronavirus pandemic.

Expanding services to cover a wider range of issues and age ranges.

Financial review

Policy on reserves – To utilise the reserves to maintain and improve the services and facilities for the good of all children and young people with mental health issues

Funds in deficit – None

Declaration

The Trustees declare that they have approved the trustees' report above.

A handwritten signature in black ink, appearing to read 'I Elphick', written in a cursive style.

Signed on behalf of the charity's trustees.
I Elphick
10th May 2023

Independent examiner's report to the trustees of Rewrite Your Story Limited, Charity number 1181494

I report on the accounts of the Charity for the year ended 30 June 2022, which are attached.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts prepared with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....
Michael Thompson FCCA
The Corner House
2 High Street
Aylesford
ME20 7BG

Date: 31st March 2023

Rewrite Your Story Limited

Annual Report and Unaudited Financial Statements

for the Year Ended 30 June 2022



Rewrite Your Story Limited

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Rewrite Your Story Limited

Company Information

Directors	Mr AR Heyes
	Mr IR Elphick
	Ms R J Cousins
Registered office	The Corner House 2 High Street Aylesford Kent ME20 7BG
Accountants	Thompson Elphick Limited Chartered Certified Accountants The Corner House 2 High Street Aylesford Kent ME20 7BG

Rewrite Your Story Limited

Directors' Report for the Year Ended 30 June 2022

The directors present their report and the financial statements for the year ended 30 June 2022.

Directors of the company

The directors who held office during the year were as follows:

Mr AR Heyes

Mr IR Elphick

Ms R J Cousins

Principal activity

The principal activity of the company is that of providing therapy services on a charitable basis.

Small companies provision statement

This report has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

SIGNED SECURELY
30/03/2023
30/03/2023 at 8:58:39 AM UTC

Approved by the Board on and signed on its behalf by:

SIGNED SECURELY
Alan Heyes
30/03/2023 at 8:58:39 AM UTC

.....
Mr AR Heyes
Director

**Chartered Certified Accountants' Report to the Board of Directors on the Preparation of
the Unaudited Statutory Accounts of
Rewrite Your Story Limited
for the Year Ended 30 June 2022**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Rewrite Your Story Limited for the year ended 30 June 2022 as set out on pages 4 to 11 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at

<http://www.accaglobal.com/gb/en/discover/public-value/rulebook.html>.

This report is made solely to the Board of Directors of Rewrite Your Story Limited, as a body, in accordance with the terms of our engagement letter. Our work has been undertaken solely to prepare for your approval the accounts of Rewrite Your Story Limited and state those matters that we have agreed to state to the Board of Directors of Rewrite Your Story Limited, as a body, in this report in accordance with the requirements of the Association of Chartered Certified Accountants as detailed at <http://www.accaglobal.com/gb/en/technical-activities/technical-resources-search/2009/october/factsheet-163-audit-exempt-companies.html>. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Rewrite Your Story Limited and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Rewrite Your Story Limited has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of Rewrite Your Story Limited. You consider that Rewrite Your Story Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Rewrite Your Story Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.



Thompson Elphick Limited
Chartered Certified Accountants
The Corner House
2 High Street
Aylesford
Kent
ME20 7BG

Date: 30/3/2023

Rewrite Your Story Limited

Profit and Loss Account for the Year Ended 30 June 2022

	Note	2022 £	2021 £
Turnover		79,197	63,998
Cost of sales		<u>41,309</u>	<u>56,001</u>
Gross surplus		37,888	7,997
Administrative expenses		29,250	26,449
Other operating income		<u>-</u>	<u>7,136</u>
Surplus/(deficit) for the financial year		<u><u>8,638</u></u>	<u><u>(11,316)</u></u>

The above results were derived from continuing operations.

The company has no recognised gains or losses for the year other than the results above.

Rewrite Your Story Limited

(Registration number: 10800173)

Balance Sheet as at 30 June 2022

	Note	2022		2021	
		£	£	£	£
Fixed assets					
Tangible assets	5		766		435
Current assets					
Debtors	6	2,484		1,524	
Cash at bank and in hand		<u>19,531</u>		<u>10,710</u>	
		22,015		12,234	
Creditors: Amounts falling due within one year	7	<u>8,587</u>		<u>7,113</u>	
Net current assets			<u>13,428</u>		<u>5,121</u>
Net assets			<u>14,194</u>		<u>5,556</u>
Capital and reserves					
Profit and loss account		<u>14,194</u>		<u>5,556</u>	
Total equity			<u>14,194</u>		<u>5,556</u>

For the financial year ending 30 June 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Rewrite Your Story Limited

(Registration number: 10800173)

Balance Sheet as at 30 June 2022

Approved and authorised by the Board on  and signed on its behalf by:



.....
Mr AR Heyes

Director

The notes on pages 8 to 11 form an integral part of these financial statements.

Rewrite Your Story Limited

Statement of Changes in Equity for the Year Ended 30 June 2022

	Profit and loss account £	Total £
At 1 July 2021	5,556	5,556
Surplus for the year	<u>8,638</u>	<u>8,638</u>
Total comprehensive income	<u>8,638</u>	<u>8,638</u>
At 30 June 2022	<u>14,194</u>	<u>14,194</u>
	Profit and loss account £	Total £
At 1 July 2020	16,872	16,872
Deficit for the year	<u>(11,316)</u>	<u>(11,316)</u>
Total comprehensive income	<u>(11,316)</u>	<u>(11,316)</u>
At 30 June 2021	<u>5,556</u>	<u>5,556</u>

Rewrite Your Story Limited

Notes to the Financial Statements for the Year Ended 30 June 2022

1 General information

The company is a company limited by guarantee incorporated in England and Wales.

The address of its registered office is:

The Corner House
2 High Street
Aylesford
Kent
ME20 7BG
England

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

These financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A smaller entities - 'The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland' and the Companies Act 2006 (as applicable to companies subject to the small companies' regime).

Basis of preparation

These financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

Judgements

The company may be required to make estimates and assumptions concerning the future. These estimates and judgements are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The resulting accounting estimates will, by definition, seldom equal the related actual results. The principal areas where judgement was exercised are as follows:

- i) Recoverability of trade debtors: the directors annually assess whether a bad debt provision is required for any bad or doubtful debtor balances.
- ii) Tangible fixed assets: the directors annually assess both the residual value of these assets and the expected useful life of such assets based on experience.

Revenue recognition

Turnover comprises the fair value of the consideration received or receivable for the sale of goods and provision of services in the ordinary course of the company's activities. Turnover is shown net of sales/value added tax, returns, rebates and discounts.

The company recognises revenue when:

The amount of revenue can be reliably measured;

it is probable that future economic benefits will flow to the entity;

and specific criteria have been met for each of the company's activities.

Rewrite Your Story Limited

Notes to the Financial Statements for the Year Ended 30 June 2022

Tangible assets

Tangible assets are stated in the balance sheet at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

The cost of tangible assets includes directly attributable incremental costs incurred in their acquisition and installation.

Depreciation

Depreciation is charged so as to write off the cost of assets, other than land and properties under construction over their estimated useful lives, as follows:

Asset class	Depreciation method and rate
Computer equipment	25% on reducing balance

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the company will not be able to collect all amounts due according to the original terms of the receivables.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the company does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the profit and loss account over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the company has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Rewrite Your Story Limited

Notes to the Financial Statements for the Year Ended 30 June 2022

3 Staff numbers

The average number of persons employed by the company (including directors) during the year, was 3 (2021 - 3).

4 Profit/loss before tax

Arrived at after charging/(crediting)

	2022 £	2021 £
Depreciation expense	<u>255</u>	<u>145</u>

5 Tangible assets

	Furniture, fittings and equipment £	Total £
Cost or valuation		
At 1 July 2021	679	679
Additions	<u>586</u>	<u>586</u>
At 30 June 2022	<u>1,265</u>	<u>1,265</u>
Depreciation		
At 1 July 2021	244	244
Charge for the year	<u>255</u>	<u>255</u>
At 30 June 2022	<u>499</u>	<u>499</u>
Carrying amount		
At 30 June 2022	<u>766</u>	<u>766</u>
At 30 June 2021	<u>435</u>	<u>435</u>

6 Debtors

	2022 £	2021 £
Trade debtors	386	24
Other debtors	1,500	1,500
PAYE and NIC	<u>598</u>	<u>-</u>
	<u>2,484</u>	<u>1,524</u>

Rewrite Your Story Limited

Notes to the Financial Statements for the Year Ended 30 June 2022

7 Creditors

Creditors: amounts falling due within one year

	Note	2022 £	2021 £
Due within one year			
Bank loans and overdrafts	8	6,301	4,835
Trade creditors		960	1,018
Accruals		1,326	1,260
		<u>8,587</u>	<u>7,113</u>

8 Loans and borrowings

	2022 £	2021 £
Current loans and borrowings		
Director current account	<u>6,301</u>	<u>4,835</u>

9 Related party transactions

Directors' remuneration

The directors' remuneration for the year was as follows:

	2022 £	2021 £
Remuneration	<u>12,570</u>	<u>12,518</u>

Rewrite Your Story Limited

Detailed Profit and Loss Account for the Year Ended 30 June 2022

	2022	2021
	£	£
Turnover	79,197	63,998
Cost of sales		
Purchases	10,118	7,401
Subcontract cost	<u>31,191</u>	<u>48,600</u>
	<u>41,309</u>	<u>56,001</u>
Gross profit	37,888	7,997
Administrative expenses		
Directors remuneration	12,570	12,518
Directors NIC	517	480
Staff training	85	-
Rent and rates	8,166	7,249
Telephone	540	302
Computer costs	983	663
Printing, postage and stationery	-	49
Subscriptions	414	252
Charitable donations	270	438
Sundry expenses	-	335
Cleaning	-	46
Travel and subsistence	3,150	1,323
Advertising	274	560
Accountancy	1,326	1,260
Legal and professional fees	670	829
Bank charges	30	-
Depreciation of office equipment	<u>255</u>	<u>145</u>
	29,250	26,449
Other operating income	<u>-</u>	<u>7,136</u>
Net Surplus/(deficit)	<u><u>8,638</u></u>	<u><u>(11,316)</u></u>

This page does not form part of the statutory financial statements.