

**Report of the Trustees and**  
**Unaudited Financial Statements For The Year Ended 31 December 2025**  
**for**  
**The Goed Life Limited**

# **The Goed Life Limited**

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# **The Goed Life Limited**

## **Report of the Trustees For The Year Ended 31 December 2025**

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **OBJECTIVES AND ACTIVITIES**

#### **Objectives and aims**

The charity has been created for public benefit by enhancing the lives of and providing relief to people with learning disabilities, their families and carers in particular but not exclusively by the provision of support services including services in the support of respite and other forms of care, advocacy and leisure opportunities and by promoting public awareness of the needs of such people.

### **ACHIEVEMENTS AND PERFORMANCE**

#### **Charitable activities**

During the period the charity has given the following sums further to its aims and objectives:

|                               |        |
|-------------------------------|--------|
| Northgate school              | 15,000 |
| Respite holidays              | 15,201 |
| The Cube                      | 32,140 |
| Shine Arts and Well Being CIC | 5,000  |

In the financial year the charity has paid towards the chefs wages at The Cube Cooking College and funded 10 students to attend the college. The Goed Life also funded various projects at The Horti Hub at Northgate School. Several holidays and respite breaks have also been funded.

#### **Fundraising activities**

Despite a difficult economic climate the sum of £22,236 was raised during the year, including:

|                      |        |
|----------------------|--------|
| Donations and Grants | 11,014 |
| Florence Marathon    | 4,280  |
| Saatchi Tasting      | 1,733  |
| Respite Caravan      | 3,210  |

### **FUTURE PLANS**

The Goed Life will continue to fund respite holidays and make donations to organisations which provide opportunities to people with learning difficulties.

### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

#### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

### **REFERENCE AND ADMINISTRATIVE DETAILS**

#### **Registered Company number**

11126889 (England and Wales)

#### **Registered Charity number**

1181491

#### **Registered office**

Long Barn  
Coton  
Northampton  
NORTHAMPTONSHIRE  
NN6 8RG

**The Goed Life Limited**

**Report of the Trustees  
For The Year Ended 31 December 2025**


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**Trustees**

Mr N C Goedhuis Trustee  
Mrs L G Goedhuis Trustee  
Mr J T G Harris Trustee  
Mr J W D Lowther Trustee

This report has been prepared in accordance with the special provisions of Part 16 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on ..... and signed on its behalf by:



.....  
Mrs L G Goedhuis - Trustee

# **Independent Examiner's Report to the Trustees of The Goed Life Limited**

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## **Independent examiner's report to the trustees of The Goed Life Limited ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2025.

### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Osborn ACA

7 April 2026

# The Goed Life Limited

## Statement of Financial Activities For The Year Ended 31 December 2025

|                                    |       | 2025<br>Unrestricted<br>fund<br>£ | 2024<br>Total<br>funds<br>£ |
|------------------------------------|-------|-----------------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  | Notes |                                   |                             |
| Donations and legacies             |       | 14,223                            | 32,550                      |
| Other trading activities           | 2     | 8,013                             | 175,929                     |
| Investment income                  | 3     | 9,464                             | 10,597                      |
| <b>Total</b>                       |       | <b>31,700</b>                     | <b>219,076</b>              |
| <b>EXPENDITURE ON</b>              |       |                                   |                             |
| Raising funds                      |       | 3,149                             | 6,908                       |
| <b>Charitable activities</b>       |       |                                   |                             |
| Donations paid                     |       | 85,199                            | 108,470                     |
| <b>Total</b>                       |       | <b>88,348</b>                     | <b>115,378</b>              |
| <b>NET INCOME/(EXPENDITURE)</b>    |       | <b>(56,648)</b>                   | <b>103,698</b>              |
| <b>RECONCILIATION OF FUNDS</b>     |       |                                   |                             |
| Total funds brought forward        |       | 359,564                           | 255,866                     |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | <b>302,916</b>                    | <b>359,564</b>              |

The notes form part of these financial statements

# The Goed Life Limited

## Balance Sheet 31 December 2025

|  |       | 2025<br>Unrestricted<br>fund<br>£ | 2024<br>Total<br>funds<br>£ |
|--|-------|-----------------------------------|-----------------------------|
| <b>FIXED ASSETS</b>                          | Notes |                                   |                             |
| Tangible assets                              | 6     | 33,528                            | 33,528                      |
| <b>CURRENT ASSETS</b>                        |       |                                   |                             |
| Cash at bank                                 |       | 269,388                           | 326,036                     |
| <b>NET CURRENT ASSETS</b>                    |       | 269,388                           | 326,036                     |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | 302,916                           | 359,564                     |
| <b>NET ASSETS</b>                            |       | 302,916                           | 359,564                     |
| <b>FUNDS</b>                                 | 7     |                                   |                             |
| Unrestricted funds                           |       | 302,916                           | 359,564                     |
| <b>TOTAL FUNDS</b>                           |       | 302,916                           | 359,564                     |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 7 April 2026 and were signed on its behalf by:

Mrs L G Goedhuis - Trustee

**Notes to the Financial Statements  
For The Year Ended 31 December 2025**

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**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. OTHER TRADING ACTIVITIES**

|                    | 2025         | 2024           |
|--------------------|--------------|----------------|
|                    | £            | £              |
| Fundraising events | <u>8,013</u> | <u>175,929</u> |

**3. INVESTMENT INCOME**

|                               | 2025         | 2024          |
|-------------------------------|--------------|---------------|
|                               | £            | £             |
| Interest receivable - trading | <u>9,464</u> | <u>10,597</u> |



# The Goed Life Limited

## Notes to the Financial Statements - continued For The Year Ended 31 December 2025

### 4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2025 nor for the year ended 31 December 2024.

#### Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2025 nor for the year ended 31 December 2024.

### 5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

|                                    | Unrestricted<br>fund<br>£ |
|------------------------------------|---------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |                           |
| Donations and legacies             | 32,550                    |
| Other trading activities           | 175,929                   |
| Investment income                  | 10,597                    |
| <b>Total</b>                       | <u>219,076</u>            |
| <b>EXPENDITURE ON</b>              |                           |
| Raising funds                      | 6,908                     |
| <b>Charitable activities</b>       |                           |
| Donations paid                     | 108,470                   |
| <b>Total</b>                       | <u>115,378</u>            |
| <b>NET INCOME</b>                  | 103,698                   |
| <b>RECONCILIATION OF FUNDS</b>     |                           |
| Total funds brought forward        | 255,866                   |
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <u>359,564</u>            |

### 6. TANGIBLE FIXED ASSETS

|  | Caravan<br>£  |
|--|---------------|
| <b>COST</b>                            |               |
| At 1 January 2025 and 31 December 2025 | <u>33,528</u> |
| <b>NET BOOK VALUE</b>                  |               |
| At 31 December 2025                    | <u>33,528</u> |
| At 31 December 2024                    | <u>33,528</u> |

# The Goed Life Limited

## Notes to the Financial Statements - continued For The Year Ended 31 December 2025

### 7. MOVEMENT IN FUNDS

|                           | At 1.1.25<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.12.25<br>£ |
|---------------------------|----------------|----------------------------------|---------------------|
| <b>Unrestricted funds</b> |                |                                  |                     |
| General fund              | 359,564        | (56,648)                         | 302,916             |
| <b>TOTAL FUNDS</b>        | <u>359,564</u> | <u>(56,648)</u>                  | <u>302,916</u>      |

Net movement in funds, included in the above are as follows:

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b> |                            |                            |                           |
| General fund              | 31,700                     | (88,348)                   | (56,648)                  |
| <b>TOTAL FUNDS</b>        | <u>31,700</u>              | <u>(88,348)</u>            | <u>(56,648)</u>           |

Comparatives for movement in funds

|                           | At 1.1.24<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.12.24<br>£ |
|---------------------------|----------------|----------------------------------|---------------------|
| <b>Unrestricted funds</b> |                |                                  |                     |
| General fund              | 255,866        | 103,698                          | 359,564             |
| <b>TOTAL FUNDS</b>        | <u>255,866</u> | <u>103,698</u>                   | <u>359,564</u>      |

Comparative net movement in funds, included in the above are as follows:

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b> |                            |                            |                           |
| General fund              | 219,076                    | (115,378)                  | 103,698                   |
| <b>TOTAL FUNDS</b>        | <u>219,076</u>             | <u>(115,378)</u>           | <u>103,698</u>            |

A current year 12 months and prior year 12 months combined position is as follows:

|                           | At 1.1.24<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.12.25<br>£ |
|---------------------------|----------------|----------------------------------|---------------------|
| <b>Unrestricted funds</b> |                |                                  |                     |
| General fund              | 255,866        | 47,050                           | 302,916             |
| <b>TOTAL FUNDS</b>        | <u>255,866</u> | <u>47,050</u>                    | <u>302,916</u>      |

**Notes to the Financial Statements - continued**  
**For The Year Ended 31 December 2025**

**7. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b> |                            |                            |                           |
| General fund              | 250,776                    | (203,726)                  | 47,050                    |
| <b>TOTAL FUNDS</b>        | <u>250,776</u>             | <u>(203,726)</u>           | <u>47,050</u>             |

**8. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 December 2025.

# The Goed Life Limited

## Detailed Statement of Financial Activities For The Year Ended 31 December 2025

|                                       | 2025<br>£       | 2024<br>£      |
|---------------------------------------|-----------------|----------------|
| <b>INCOME AND ENDOWMENTS</b>          |                 |                |
| <b>Donations and legacies</b>         |                 |                |
| Donations                             | 14,223          | 32,550         |
| <b>Other trading activities</b>       |                 |                |
| Fundraising events                    | 8,013           | 175,929        |
| <b>Investment income</b>              |                 |                |
| Interest receivable - trading         | 9,464           | 10,597         |
| <b>Total incoming resources</b>       | <b>31,700</b>   | <b>219,076</b> |
| <b>EXPENDITURE</b>                    |                 |                |
| <b>Raising donations and legacies</b> |                 |                |
| Costs of fundraising events           | 3,149           | 6,908          |
| <b>Charitable activities</b>          |                 |                |
| Donations paid                        | 59,125          | 93,757         |
| Respite holidays                      | 26,074          | 14,713         |
|                                       | <b>85,199</b>   | <b>108,470</b> |
| <b>Total resources expended</b>       | <b>88,348</b>   | <b>115,378</b> |
| <b>Net (expenditure)/income</b>       | <b>(56,648)</b> | <b>103,698</b> |

This page does not form part of the statutory financial statements