

REGISTERED COMPANY NUMBER: 11126889 (England and Wales)
REGISTERED CHARITY NUMBER: 1181491

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 December 2022
for
The Goed Life Limited

The Goed Life Limited

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The Goed Life Limited

Report of the Trustees For The Year Ended 31 December 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity has been created for public benefit by enhancing the lives of and providing relief to people with learning disabilities, their families and carers in particular but not exclusively by the provision of support services including services in the support of respite and other forms of care, advocacy and leisure opportunities and by promoting public awareness of the needs of such people.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

During the period the charity has given the following sums further to its aims and objectives:

The Place to Bee café	30,000
HortiHub	24,467
Respite holidays	9,600
Job coach	6,282
Grants and donations	4,700
Ukraine disability	5,000

In this financial year, the charity has paid towards the running costs of The Place To Bee Cafe and also The Horti Hub, a garden centre, both training centres for people with learning disabilities to prepare them for future employment. Several holidays and respite breaks have also been funded, together with the funeral costs of Harry J. Phillips.

Fundraising activities

Despite the obvious difficulties the sum of £101,075 was raised during the year, including:

Donations and Grants	29,194
London Marathon	13,333
Golf day	41,702
Amsterdam Marathon	12,976

FUTURE PLANS

The Goed Life will continue to fund respite holidays and make donations to organisations which provide opportunities to people with learning difficulties.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

11126889 (England and Wales)

Registered Charity number

1181491

Registered office

Long Barn
Coton
Northampton
NORTHAMPTONSHIRE
NN6 8RG

The Goed Life Limited

Report of the Trustees For The Year Ended 31 December 2022

Trustees

Mr N C Goedhuis Trustee
Mrs L G Goedhuis Trustee
Mr J T G Harris Trustee
Mr J W D Lowther Trustee

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on and signed on its behalf by:



.....
Mrs L G Goedhuis - Trustee

Independent Examiner's Report to the Trustees of The Goed Life Limited

Independent examiner's report to the trustees of The Goed Life Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Paul Osborn

Date: 20/9/23

The Goed Life Limited

Statement of Financial Activities For The Year Ended 31 December 2022

		2022 Unrestricted fund £	2021 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		29,195	40,826
Other trading activities	2	71,880	218,154
Total		<u>101,075</u>	<u>258,980</u>
EXPENDITURE ON			
Raising funds		6,242	7,836
Charitable activities			
Donations paid		112,152	122,041
Finance costs		-	31
Other		30	-
Total		<u>118,424</u>	<u>129,908</u>
NET INCOME/(EXPENDITURE)		(17,349)	129,072
RECONCILIATION OF FUNDS			
Total funds brought forward		231,287	102,215
TOTAL FUNDS CARRIED FORWARD		<u>213,938</u>	<u>231,287</u>

The notes form part of these financial statements

The Goed Life Limited

Balance Sheet 31 December 2022

	Notes	2022 Unrestricted fund £	2021 Total funds £
CURRENT ASSETS			
Cash at bank		213,938	234,539
CREDITORS			
Amounts falling due within one year	5	-	(3,252)
NET CURRENT ASSETS		<u>213,938</u>	<u>231,287</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>213,938</u>	<u>231,287</u>
NET ASSETS		<u>213,938</u>	<u>231,287</u>
FUNDS	6		
Unrestricted funds		<u>213,938</u>	<u>231,287</u>
TOTAL FUNDS		<u>213,938</u>	<u>231,287</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:



Mrs L G Goedhuis - Trustee

The Goed Life Limited

Notes to the Financial Statements For The Year Ended 31 December 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising events	<u>71,880</u>	<u>218,154</u>

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

The Goed Life Limited

Notes to the Financial Statements - continued For The Year Ended 31 December 2022

4. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	40,826
Other trading activities	218,154
Total	258,980
EXPENDITURE ON	
Raising funds	7,836
Charitable activities	
Donations paid	122,041
Finance costs	31
Total	129,908
NET INCOME	129,072
RECONCILIATION OF FUNDS	
Total funds brought forward	102,215
TOTAL FUNDS CARRIED FORWARD	231,287

5. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Accruals and deferred income	-	3,252

6. MOVEMENT IN FUNDS

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	231,287	(17,349)	213,938
TOTAL FUNDS	231,287	(17,349)	213,938

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	101,075	(118,424)	(17,349)
TOTAL FUNDS	101,075	(118,424)	(17,349)

The Goed Life Limited

Notes to the Financial Statements - continued For The Year Ended 31 December 2022

6. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	102,215	129,072	231,287
TOTAL FUNDS	<u>102,215</u>	<u>129,072</u>	<u>231,287</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	258,980	(129,908)	129,072
TOTAL FUNDS	<u>258,980</u>	<u>(129,908)</u>	<u>129,072</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	102,215	111,723	213,938
TOTAL FUNDS	<u>102,215</u>	<u>111,723</u>	<u>213,938</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	360,055	(248,332)	111,723
TOTAL FUNDS	<u>360,055</u>	<u>(248,332)</u>	<u>111,723</u>

Notes to the Financial Statements - continued
For The Year Ended 31 December 2022

7. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2022.

The Goed Life Limited

Detailed Statement of Financial Activities For The Year Ended 31 December 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	29,195	40,826
Other trading activities		
Fundraising events	71,880	218,154
Total incoming resources	101,075	258,980
EXPENDITURE		
Raising donations and legacies		
Costs of fundraising events	6,242	7,486
Charitable activities		
Donations paid	102,552	120,521
Respite holidays	9,600	1,870
	112,152	122,391
Support costs		
Finance		
Bank charges	30	31
Total resources expended	118,424	129,908
Net (expenditure)/income	(17,349)	129,072

This page does not form part of the statutory financial statements