



## Trustees' Annual Report for the period

From Period start date 1 July 2022 – 30 June 2023 Period end date.

Charity name: Clacton on Sea Lions (CIO)

Charity registration number: 1181486

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To advance citizenship, by promoting the principles of good citizenship and encouraging members to take an interest in the community. Encourage people to serve the community without reward and promote high standards in dealings with the community.</p> <p>Support youth to develop their skills, capacities, and capabilities and to participate in society.</p> <p>Promoting health to assist people in the leading of independent lives and help to manage health issues.</p> <p>Promote the voluntary sector and volunteering and aid relief of poverty and the giving of humanitarian aid and disaster relief.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>The main benefits undertaken for the public are provision of Message in a Bottle which is an aid to help people remain in their own homes and assist the local emergency services when called out.</p> <p>Collaborated with the local Community Voluntary Services Tending (CVST) to promote volunteering and assisting others.</p> <p>Donated food and monies to the local foodbanks to allow them to provide additional meals during the lockdown period food to those in need.</p> <p>Worked with organisations supplying meals to the lonely, vulnerable, and homeless.</p> <p>Over many years the local Rotary Club have provided meals for the elderly of Clacton but unfortunately due to reducing member numbers caused an inability to raise the necessary funds and this together with an aging membership they felt unable to do this at Christmas 2022. The Lions, collaborating with the local CVST provided the necessary funds to</p>

		<p>keep this service going and expanded it to include the elderly and lonely. This required the purchase of the food, cooking of the meals. The meals were provided in the CVST building which provided a warm environment for often lonely people to meet up with others on Christmas.</p> <p>Supported the local lifeboat services to provide equipment and training for their volunteers who operate the lifeboats in Clacton on Sea, Walton on the Naze, and Harwich.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	At all times, the trustees keep in mind the need to follow the approved Grants Policy whilst keeping in mind the requirements of the Charity Commission on Public Benefit and this is always at the forefront of any recommendations made to the club members on expenditure and activities undertaken.

#### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making.	Para 1.38	<p>We have a clear grant making policy and members always follow that when considering bids for funds or assistance whilst at the same time considering the need for public benefit. However, given that most of the available funds are raised within the local community, those candidates that are local are given special consideration. Using the former as a guiding principle the following are examples of Areas adopted for support:</p> <p><u>Local charities</u> – youth groups, groups working with the elderly, residential and nursing homes, individual appeals.</p> <p><u>Youth and children's organisations</u> – sport related groups or individuals, scouting and guiding, youth club activities, young people undertaking overseas assignments.</p> <p><u>Community facilities</u> – relief of hardship for individuals and families, village hall projects.</p>
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers.	Para 1.38	We do not use volunteers all work i.e., fundraising is carried out by members of Clacton on Sea Lions Club and their immediate family.
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In total Clacton on Sea Lions (CIO) donated just £25,000 to groups and individuals in the local community plus other local and national charities. This includes funds which were donated to the Lions Clubs International Foundation (LCIF) to support its work in eradicating preventable blindness, the elimination of measles world wide and disaster relief. Any donations handed out by LCIF are used by members of Lions Clubs living locally and are therefore guaranteed to reach those who need help most.</p> <p>We continued to issue Message in a Bottle throughout the year and 1688 were issued. These bottles are stored in a central place in individuals' homes such as the fridge and contain paperwork to show illnesses, medication, and any other relevant information such as next of kin. The bottles are well known to the emergency services who find them especially useful and help to issue them on our behalf. They look for them when they attend a person's home so they can have the necessary information to hand especially if the patient is unconscious or cannot otherwise speak.</p> <p>We paid towards the provision of a defibrillator in the Holland on Sea area of the district which is always mounted in a public place outside the local fish and chips shop and readily accessible to those needing it. This is the 4<sup>th</sup> defibrillator we have fully, or part funded in the Tendring District.</p> <p>Worked with a local school in Clacton on Sea to distribute a large number parcels from their Harvest Festival to the needy in the local area.</p> <p>Due to the continued steep increase in cost of living the local foodbanks like many others suffered a huge surge in demand for their services and found it difficult to cope with the demands placed on them. As a result, donations were therefore made to the 5 Food Banks that operate in the Tendring area as well as the Trussell Trust who have a separate scheme in the</p>



		<p>area. Substantial donations were made to the 3 local lifeboats.</p> <p>Donations were also made to the local Stroke Service who provide physiotherapy, encouragement to try and lead as normal a life as possible to those who have had a stroke and a meeting place for victims and their families.</p> <p>A donation was given to a local Primary School; to help in the setting up of a multi-sensory room for children suffering from disabilities and anxiety.</p> <p>We funded a Prostrate screening event in conjunction with a local charity CHAPS for 100 men in the Tendring area. Those tested were given the results and advised to contact their doctor if the results of the test were such as to give a cause for concern. A number of these sessions have been held over the years and resulted in a finding several men with a high chance of having Prostrate cancer.</p> <p>Whenever possible donations to national charities are handed to the local branch for use in the Tendring area. However, on occasions donations and assistance are given nationally i.e., collecting on behalf of the Marie Curie Daffodil Appeal.</p> <p>Provided a grant to the Tendring Wellbeing and Intervention Service to allow them to continue with their work in providing Psychotherapy services within schools to children, looked after children, families, adults, and couple. They also provide free self-harm and suicide prevention training.</p> <p>A further donation was made to Sailship a CIC whose aim is to champion work &amp; life skills training for people living with a learning disability. They also provide therapeutic pathways for improved mental health and well-being for the wider community - people of all ages and offer dementia friendly spaces within our grounds.</p> <p>A donation was made to the national Lions Clubs Brian Tumour appeal which is helping funding into the causes and treatment of Brain Tumours.</p>
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		<p>The donation was made from funds specifically collected for this appeal.</p> <p>A local care home has purchased two special wheelchair that can go across the sand on the local beaches allowing the residents of the care home to make use of the beaches and their facilities. The care home is also opening the use of the wheelchair to other residents in Clacton and area so they can access the beaches safely. The donation was to provide a shed to allow safe storage of the wheelchair.</p> <p>A donation has been made to a local group that help fund accommodation and travel costs to families where a child is in hospital for a period and the family do not have sufficient funds available to provide this for themselves.</p> <p>The local police station run an appeal to provide Christmas presents to local children whose parents are unable to fund this themselves and a donation was made to support this.</p> <p>There is a gardening group in the Jaywick area of Clacton on Sea who offer the chance to local people to meet and carry out the growing of plants and vegetables as a way of improving both social contact, mental health and removing the feeling of loneliness and isolation many in the area feel. A donation was made to purchase a pergola to help improve the garden.</p> <p>The Charity has also stated to issue 'Plugsters' these are made of a strong plastic and designed to fit around a 13amp plug in such a way that there is a loop at the rear of the plug which allows those with limited hand movement to pull the plug out of the wall socket easily.</p> <p>Clacton Lions have worked closely with a charity Tendring Talking Times (TTT), a weekly talking newspaper for those with sight problems. TTT was struggling to attract volunteers to run the service and members of Clacton on Sea Lions Club have stepped in to provide readers, people to undertake the recording, packers to send out the memory sticks and unpackers to remove the memory sticks from the wallets on their return after use. Additionally, 3 members of Clacton on Sea Lions have joined the committee running the</p>
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		<p>service. Two are Trustees one taking over as Chairman and the third is the property manager looking after the maintenance and safety of the property and the equipment.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set.	Para 1.41	No specific achievements set but the CIO looks to support the greatest number of local organisations/individuals as funds will allow.
Performance of fundraising activities against objectives set.	Para 1.41	Whilst no fund-raising targets are set there is always an expectation that each year the Clacton on Sea Lions Club (CIO) will match or exceed the previous year's income. We normally manage to achieve this.
Investment performance against objectives	Para 1.41	We do not undertake any investments other than having surplus funds in a higher interest 90-day savings account although returns from this have diminished due to the falls in interest rates. This will have no significant impact of the CIO or its ability to conduct its work.
Other		

**Financial Review**

Review of the charity's financial position at the end of the period	Para 1.21	We managed to donate £24,889 during the year. The charity remains in a strong financial position and able to move forward in 2023/24.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Clacton on Sea Lions (CIO) has a reserves policy which states that reserves will be at £3000 or 10% of the available balance. These figures are chosen specifically to allow three years payments to be made to those organisations who currently receive annual donations to allow them to find other funding sources to offset the loss of income from Clacton on Sea Lions should the club cease to exist. It will increase as any additional organisations are added to the annual donation list.
Amount of reserves held	Para 1.22	£3,000 (held in the 90-day deposit account)
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not Applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No concerns



**Additional information (optional)**

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Collection of monies from the public for either general charitable use or specific causes i.e., Macmillan Coffee Morning where all funds raised are handed over to the specific charity. The Lions Charity has a good name locally and requests to members of the public when collecting funds are well received by the public who often seek us out in preference to others. We also have a particularly good working relationship with the local supermarkets who again are always happy to allow us space for collection on funds.
Investment policy and objectives including any social investment policy adopted.	Para 1.46	We do not undertake any investments as our income is not enough to justify this. However, any surplus funds are deposited in a higher interest 30-day account to try and generate a small additional income.
A description of the principal risks facing the charity	Para 1.46	An ageing membership makes it more difficult to ensure enough people are available to undertake collections to raise money. Also, along with other Charities we are finding that the rising cost of living is making people reluctant to volunteer or join groups such as Clacton on Sea Lions (CIO). Although we do have funds available in our 90-day deposit account and these will be used, if necessary, to ensure we are able to meet any demands we are reluctant to transfer more than necessary to allow these to be available for as long as possible. The £3,000 reserve is held within this account so funds will never be allowed to drop below that figure.
Other		All charitable funds raised from the public and other sources are used for the benefit of others. All administration costs/fees come from members annual subscriptions and other payments from members such as fines at meetings for silly comments and are kept totally separate from Charitable funds in their own account.



## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g., unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g., election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Certain members are Trustees by dint of the position they hold within the Clacton on Sea Lions Club i.e., President. These positions are decided annually by nomination and election and cease when the office is vacated. Three of the Trustees are elected for a three-year period (one retiring each year) by members of the club by ballot after nomination.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees.	Para 1.51	All new Trustees are existing members and have worked with and seen the Trustees operating. They are also given a copy of the charity deed, grants policy and information on a Trustees responsibility
The charity's organisational structure and any wider network with which the charity works.	Para 1.51	The charity works within the framework and structure of Lions Clubs International which has its headquarters in the USA. There is also a national organisation based on a regional basis to ensure clubs work within the aims of the organisation. Each country works within its laws i.e., data protection.
Relationship with any related parties	Para 1.51	None
Other		

## Reference and Administrative details

Charity name	Clacton on Sea Lions Club (CIO)
Other name the charity uses	None
Registered charity number	1181486
Charity's principal address	2 Albany Gardens East Clacton on Sea Essex CO15 6HW

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Keith Blower	President		Clacton on Sea Lions
2	Alan Mercer	Immediate Past President		Clacton on Sea Lions
3	Paula Batchelor	Vice President		Clacton on Sea Lions
4	Terry Lilley	Secretary		Clacton on Sea Lions
5	Ben Carroll	Treasurer		Clacton on Sea Lions
6	Jim Godden	Membership Secretary		Clacton on Sea Lions
7	Andrew Johnston	Trustee		Clacton on Sea Lions
8	Stephen Cooper	Trustee		Clacton on Sea Lions
9	Adrian Robinson	Trustee		Clacton on Sea Lions
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18				
19				
20				

## Corporate trustees – names of the directors at the date the report was approved.

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

### Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity.	None
Name and objects of the charity on whose behalf the assets are held and how this fall within the custodian charity's objects	Not Applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not Applicable

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
None		

#### Name of chief executive or names of senior staff members (Optional information)

No staff employed

### Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not Applicable

### Other optional information


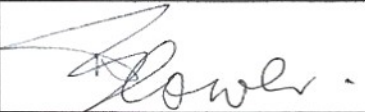
No staff employed.



## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Ben Charles Carroll	Keith Blower
Position (eg Secretary, Chair, etc)	Treasurer	Immediate Past President

Date 9 / 11 / 2023

**CLACTON on SEA LIONS (CIO)**

**CAMBRIDGE and COUNTIES BANK**

**for PERIOD 1 JULY 2022 - 30 JUNE 2023**

	Income	
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£	385.51	
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Interest

£	1,000.00	
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Transfer from Treasurers Account

Transfer to Treasurers Account

£	1,385.51	
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£	20,341.05	Bal B/F 1 July 2022
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Bal C/F 30 June 2023

£	21,726.56	
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**LIONS CLUB of CLACTON on SEA (CIO)**  
**ADMINISTRATION ACCOUNT**  
**for Period 1 JULY 2022- 30 JUNE 2023**

<u>Income</u>		
£	1,291.00	Membership Fees
	-	Donations
£	515.00	Ebay Sales
£	20.00	Social Fund
		Almoner
£	76.75	Recoverable Expenses
£	2,425.00	Charter
	-	ICO Fee
	-	Stationary
	-	Flowers
	-	Miscellaneous & Admin
	-	Printing
£	115.92	Tail Twister
	-	Room Hire (Bowels Club)
	-	Transfer to New Administration Account
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£	4,443.67	
£	1,297.24	B/F 1 July 2022                      C/F 30 June 2023



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£	5,740.91
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## ACCOUNT CLOSED

**All remaining funds transferred to the newly opened Administration**

### **LIONS CLUB of CLACTON on SEA (CIO) ADMINISTRATION ACCOUNT (New) for Period 1 JULY 2022- 30 JUNE 2023**

#### Income

£	1,713.54	Transfer from old Administration Account
£	405.00	Subs
£	10.00	Donations
£	300.00	Ebay Sales
		Social Events
		Almoner
£	9.60	Recoverable Expenses
£	157.55	Tail Twister
		Charter
		Regalia
		Postage
		Miscellaneous & Admin
		Printing

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£	2,595.69
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B/F 1 July 2022

C/F 30 June 2023

£	2,595.69
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**LIONS CLUB of CLACTON on SEA (CIO)**  
**TREASURERS ACCOUNT for PERIOD 1 JULY 2022- 30 JUNE**

	<u>Income</u>	
£	2,448.36	Donations
£	4,859.39	Presidents Charity
£	540.54	Ink Bin
£	1,415.00	eBay Sales
		Storage Unit
		Insurance
£	4,778.08	Car Boot Sales
£	976.10	Fetes
		Fund Raising Expenses
		Peace Poster
£	601.89	McMillian
£	1,194.53	Quiz Sheets
£	381.17	Clacton Carnival
£	8,500.00	Bank Transfer - Deposit Account
£	3,200.37	Christmas Collection
£	1,155.01	Marie Curie
		Postage
£	3,158.48	Golf Day
£	1,357.97	Easter Hamper Draw
£	353.81	Fishing Contest
		Maisey Munnery
£	75.00	Message in A Bottle
		Software
£	589.68	Voucher Draw
		Website Licenses
£	375.00	Plugsters
		Chaps Day

£	35,960.38
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£ 4,571.00 B/f 1 July 2022  
 £ 40,531.38

c/f 30 June 2023

## Clacton on Sea Lions Club (CIO) - Charity Account Donations Made - Period: Year ended 30th June 2023

Date	Payee
7/15/2022	LCI105CE - Youth Projects
8/4/2022	St Helena Hospice - Memory of Lion Colin Newson
8/12/2022	LCIF Disaster Fund
8/12/2022	Eye Camp
8/14/2022	Acorn Village - Memory of Alan Newman
8/22/2022	Clacton Sea Cadets
	Tendring Specialist Stroke Services
10/12/2022	Brightlingsea Food Bank
	Clacton on Sea Food Bank
	Maningtree and District Food Bank
	Walton and District Community Food Bank
	LCIF Disaster Fund
10/17/2022	Tendring Wellbeing and Intervention Service
10/20/2022	Sailship
11/9/2022	Macmillian Cancer Support
	Jaywick Sands Revival CIC (Food Bank)
	Royal British Legion - Poppy Wreaths
11/14/2022	Magic Breakfast (DG's Wives Appeal)
	CHAPS - Prostrate Screening Day
12/1/2022	Clacton Police (Christmas Tree Appeal)
2/2/2022	CVST
12/7/2022	EXTRA Support For Families
	Harwich Salvation Army - Christmas Presents Appeal
	Harwich Salvation Army - Foodbank
12/12/2022	St Helena Hospice - Memory of Patricia Waller
1/25/2023	Clacton Lifeboat
	Walton and Frinton Lifeboat
	Harwich Lifeboat
	Together for Short Lives (Morrisons Charity)
	Westcliff Theatre
	TPRS
	1st Clacton Guides
2/9/2023	Dementia UK - In Memory of Theresa Lilley
2/22/2023	Dig4 Jaywick
2/22/2023	Diagrama Healthcare (Edensor)
3/9/2023	D Ellis
4/17/2023	Marie Curie
4/24/2023	Holland Resident Association Defibrillator



5/12/2023	Point Clear & St Osyth Disabled Club
6/7/2023	Sailship
6/16/2023	Lions Brain Tumour Appeal
6/20/2023	Alton Park School Nurture Suite
6/28/2023	Sonny's Army

Expenditure

-

£ 8,500.00

-

£ 8,500.00

13226.56

£ 21,726.56

Expenditure

£ 1,134.16

£ 100.00

-

£ 27.78

£ 106.59

£ 2,113.10

£ 35.00

£ 58.55

£ 74.69

£ 13.94

£ 93.56

-

£ 270.00

£ 1,713.54

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£ 5,740.91

£ -

£	5,740.91
<b>Account</b>	

Expenditure

£ 1,095.80

-

£ 179.60

£ 43.44

£ 8.16

£ 200.00

£ 50.85

£ 6.00

£ 10.00

£ 52.33

£	1,646.18
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£ 949.51

£	2,595.69
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## 2023

	<u>Expenditure</u>
£	24,889.00
£	424.25

£	4,566.28
£	93.05

£	706.53
£	190.89

£	400.00
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£	1,000.00
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£	32.85
£	1,497.89
£	133.98

£	390.00
£	94.00
£	394.01
£	201.50
£	331.12

£	60.50
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£	35,405.85
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£	5,125.53
£	40,531.38

Amount
£138.00
£100.00
£290.00
£260.00
£50.00
£250.00
£250.00
£400.00
£400.00
£400.00
£400.00
£500.00
£348.00
£549.00
£650.00
£400.00
£50.00
£100.00
£2,525.00
£200.00
£500.00
£200.00
£100.00
£400.00
£50.00
£500.00
£500.00
£500.00
£560.00
£100.00
£100.00
£50.00
£50.00
£575.00
£740.00
£150.00
£1,155.00
£1,914.00

	£249.00
	£36.00
	£6,000.00
	£500.00
	£1,700.00
	£24,889.00

Independent Examiner's Report

Report to the Trustees of Clacton on Sea Lions Club (CIO)


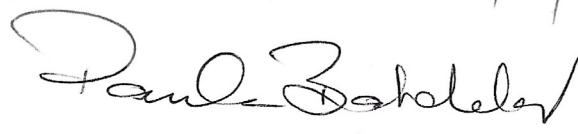
Charity Registration Number 1181486

Period Ending 30 June 2023

My examination of the Clacton on Sea (CIO) was carried out in accordance with the general directions given by the Charity Commission. I have been able to review the books and records kept for the period 1 July 2022 to 30 June 2023

During my examination no matters came to my attention to give any concern and in my opinion the financial statements on the attached pages give a fair indication of the affairs and results of the year's activities of the Lions Club of Clacton on Sea as of 30 June 2023

  
A Thompson  
28/09/2023

 Blower - 8/11/23 IMMEDIATE PAST PRESIDENT 2022/23  
 Paul Zahler 8/11/23  
PRES. 2023/24