

Scoliosis Support and Research

England & Wales · Charity number 1181463

Details

Other names	S A U K, SAUK, SCOLIOSIS ASSOCIATION (UK), SCOLIOSIS ASSOCIATION UK, SCOLIOSIS UK, Scoliosis Support and Research
Status	Registered
Legal form	CIO
Registered	2019-01-07
Register	View on the Charity Commission register

Contact

Address	Scoliosis Support and Research Ground Floor 329 Latimer Road London
Phone	02089645343
Email	info@ssr.org.uk
Website	www.ssr.org.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE, FOR THE PUBLIC BENEFIT, TO PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH OF PERSONS WITH THE SPINAL CONDITION KNOWN AS SCOLIOSIS AND OTHER SPINAL CONDITIONS, PARTICULARLY BUT NOT EXCLUSIVELY BY:(I) PROVIDING ADVICE, SUPPORT AND INFORMATION TO PEOPLE AFFECTED BY SCOLIOSIS AND OTHER SPINAL CONDITIONS, THEIR FAMILIES AND FRIENDS;(II) RAISING AWARENESS OF SCOLIOSIS AND OTHER SPINAL CONDITIONS AMONG HEALTH PROFESSIONALS AND THE GENERAL PUBLIC;(III) MAKING AVAILABLE TO PATIENTS AND THEIR FAMILIES AND FRIENDS THE EXPERIENCE OF OTHERS WITH SCOLIOSIS AND OTHER SPINAL CONDITIONS;(IV) RAISING AWARENESS ABOUT THE PREVALENCE AND EFFECTS OF SCOLIOSIS AND OTHER SPINAL CONDITIONS;(V) PROMOTING RESEARCH INTO SCOLIOSIS AND OTHER SPINAL CONDITIONS AND MORE PARTICULARLY INTO THEIR CAUSES AND INTO THE CHEST AND HEART CONSEQUENCES THEREOF;(VI) HOLDING THE INTERNATIONAL PHILIP ZORAB SYMPOSIUM, A UNIQUE INTERNATIONAL SCOLIOSIS MEETING, AT A FREQUENCY TO BE DETERMINED BY THE TRUSTEES AND THE ZORAB COMMITTEE CHAIR.NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF SAUK FOR PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005.

Activities: Scoliosis Association UK and British Scoliosis Research Foundation merged on 1st January 2023 and relaunched as Scoliosis Support and Research on 1st January 2024. We provide support and information to people affected by scoliosis and their families and raise awareness. We fund top quality research into scoliosis and hold an international symposium bringing together world renowned experts.

Classification

- **How:** Makes Grants To Individuals, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- Northern Ireland
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£350,631	£302,756	-	-
2024-03-31	£305,790	£277,359	-	-
2023-03-31	£1,049,940	£189,129	£1,217,690	3
2022-03-31	£168,411	£197,736	-	-
2021-03-31	£161,481	£161,024	-	-

Trustees

Name	Role	Appointed
Dr Mohamed Hamza Hilali Idroos Noordeen		2023-01-01
Helen Jane Gale		2024-12-20
Jit Hung Julian John Leong		2023-01-01
Rebecca Weil		2023-01-01

Scoliosis Support and Research

England & Wales - Charity number 1181463

Accounts

SCOLIOSIS SUPPORT AND RESEARCH
ANNUAL REPORT & ACCOUNTS
31ST MARCH 2025

Registered Charity Number 1181463

EDMUND CARR LLP

Chartered Accountants
146 New London Road
Chelmsford
Essex
CM2 0AW

SCOLIOSIS SUPPORT AND RESEARCH

YEAR ENDED 31 MARCH 2025

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SCOLIOSIS SUPPORT AND RESEARCH

REFERENCE AND ADMINISTRATIVE DETAILS

YEAR ENDED 31 MARCH 2025

Registered Charity Name	Scoliosis Support and Research formerly Scoliosis Association UK (SAUK)	
Charity Number	1181463	
Registered Office	Ground Floor 329 Latimer Road London W10 6RA	
Trustees	Mr I Nelson	(Chair)
	Mrs H Gale	(Appointed December 2024)
	Dr N Jones	
	Mr J Leong	
	Mr C Nnadi	
	Dr M Noordeen	
	Mr T Tsirikos	(Resigned December 2024)
	Ms R Weil	
	Mr J Zorab	
Patron	HRH Princess Eugenie	
Chief Executive	Lesley McGinty	
Independent Examiner	Alex Stone FCCA Edmund Carr LLP Chartered Accountants 146 New London Road Chelmsford Essex CM2 0AW	
Bankers	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ	

SCOLIOSIS SUPPORT AND RESEARCH

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2025

The Trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

Annual Report from the Chair, 2024-25

Having legally completed the merger of Scoliosis Association UK and British Scoliosis Research Foundation (BSRF) in January 2023, January 2024 saw the official launch of our new name, Scoliosis Support and Research, with associated rebranding to reflect our ethos and “personality”. This relaunch was very well received, with very positive feedback. We completely rebuilt the website with much more information. This is still very much work in progress, with new functionality being added.

The objects of the charity, revised post merger are, for the public benefit, to preserve and protect the physical and mental health of persons with the spinal condition known as scoliosis and other spinal conditions, particularly but not exclusively by:

- (i) providing advice, support and information to people affected by scoliosis and other spinal conditions, their families and friends;
- (ii) raising awareness of scoliosis and other spinal conditions among health professionals and the general public;
- (iii) making available to patients and their families and friends the experience of others with scoliosis and other spinal conditions;
- (iv) raising awareness about the prevalence and effects of scoliosis and other spinal conditions;
- (v) promoting research into scoliosis and other spinal conditions and more particularly into their causes and into the chest and heart consequences thereof;
- (vi) holding the international Philip Zorab Symposium, a unique international scoliosis meeting, at a frequency to be determined by the trustees and the Zorab Committee chair.

We continue to support those affected by scoliosis through our Helpline – by telephone and email – as well as providing online counselling groups and a “safe space” on our Facebook group.

We have expanded the scope of our community (membership) to enable more people to access our Hill Pedder Minns Welfare fund and twice yearly Backbone Magazine.

During this year, we started organising Patient Events again. We organise events of up to 100 people in locations across the UK to discuss the issues faced by families and individuals affected by scoliosis. These provide the opportunity to hear from scoliosis specialists and treatment experts, and get answers to your questions. They are also a great opportunity for people to meet each other and share stories and information about their experiences with scoliosis.

We support research by collaborating with researchers and making our members aware of the research and inviting them to participate. We have continued to offer the Charles Manning Award, which was a BSRF award arising from a legacy by Mr. Charles Manning, FRCS, to help early career researchers attend conferences to present their work. We awarded a total of £1,150 this financial year. Our patient events and greater social media presence have offered far more opportunity for patients to become involved with research, as specified in our Priority Setting Partnership.

SCOLIOSIS SUPPORT AND RESEARCH

TRUSTEES' ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2025

The internationally renowned Zorab Symposium, which was historically organised by BSRF, was held on 19 and 20 June 2025.

Structure, governance, and management

Scoliosis Support and Research (SSR) - formerly Scoliosis Association UK - was incorporated on January 7th, 2019, as a charitable incorporated organisation (CIO). The CIO is entered in the Central Register of Charities by the Charity Commissioners for England and Wales with registration number 1181463.

SSR is governed by a board of Trustees, consisting of a combination of spinal surgeons, general practitioners, scientists, and lay members. The office staff is composed of a Chief Executive, supported by a Community Engagement Manager and a Fundraising and Communications Manager.

The Board of Trustees meets four times a year and the Chief Executive reports formally to the Board at these meetings. New Trustees are generally selected from contacts with knowledge of scoliosis and related issues. Following a Strategy day in October 2024 we have plans to diversify trustee expertise through subsequent replacements.

The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit. SSR's aims are wholly directed at delivering public benefit.

The trustees have considered the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate these risks. Key areas of focus include, financial sustainability, data protection, and reputational risk.

The trustees recognise the importance of risk management and are in the process of developing a formal risk register. Key risks are discussed regularly at board meetings and mitigation strategies are considered as part of ongoing governance.

During the reporting period, there were no related party transactions. No trustee or member of staff received any remuneration or reimbursement for services provided to the charity, nor did any have a financial interest in any contract or grant provided by the charity.

The Trustees of SSR are listed on page 1. HRH Princess Eugenie is SSR's Royal Patron

Dr Stephanie Clark, PhD, co-founder of Scoliosis Association UK was appointed as a Patron on standing down from the Board back in December 2023.

The staff team during 2024 -25 consisted of Mrs Lesley McGinty, who has been in post as Chief Executive since April 2021; Ellie Wilson, Fundraising and Communications Officer, November 2023 to December 2024; James Alculmbre as Community Engagement Manager from June 2024 and Will Thommes who rejoined us as Fundraising and Communications Manager in January 2025. All employees are based at SSR's premises at Ground Floor 329 Latimer Road, London W10 6RA.

SCOLIOSIS SUPPORT AND RESEARCH
TRUSTEES' ANNUAL REPORT (continued)
YEAR ENDED 31 MARCH 2025

Finance

Unrestricted income, made up of donations, legacies, and fundraised income including Gift Aid was £325,631 compared with £202,176 in the previous year. Notably, Community Fundraising increased from £62,143 to £108,824 thanks in no small part to a large, very engaged Marathon team. Our membership subscriptions stayed much the same as in the previous year. We spent £302,756 in the current year compared with £277,359 in the previous year largely due to the costs of the rebrand, a fundraising consultant and legal fees for a research agreement. Legacies brought in £120,231 with notification of a significant legacy (over £200k) to be received in the next financial year. We are developing new projects and ways to support people with scoliosis, with the benefit of the increased funds.

During the year we paid out a total of £43,986 in respect of research grants awarded in the current and prior years; £10,269 in respect of support grants, defrayed by a very generous donation of £3,000, and as mentioned above, £1,150 for research travel grants via the Charles Manning Award. We received continued support from the Sir James Reckitt Charity (support) and the Robert Luff Foundation (research).

SSR had total funds at the year end of £1,261,146 of which £617,922 were unrestricted, £469,808 designated and £173,416 restricted. Our reserves policy is to maintain a minimum of £100,000 of unrestricted funds. Our unrestricted funds were significantly higher than this at the year end due to the transfer of assets at point of merger and the receipt of a significant legacy in 2023. Funds will be used to scope and sponsor a research project of £100,000 plus, and further develop patient support through regional meetings and talking therapy support.

It was agreed by the Board that £1million was to be invested and after the required due diligence and security was undertaken, this was completed in July 2024, with our investment being managed by Rathbones.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption.

Approved by the Trustees on 3 November 2025 and signed on their behalf by:

Ian Nelson
.....

Ian Nelson
Chair of the Trustees

SCOLIOSIS SUPPORT AND RESEARCH
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
YEAR ENDED 31 MARCH 2025

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2025 which are set out on pages 6 to 16.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Alex Stone
.....
Alex Stone FCCA

Edmund Carr LLP
146 New London Road
Chelmsford
CM2 0AW

3 November 2025

SCOLIOSIS SUPPORT AND RESEARCH
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2025

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Income from:					
Donations and legacies	2	288,587	25,000	313,587	265,579
Other trading activities	3	2,627	-	2,627	1,571
Investments	4	21,480	-	21,480	23,545
Charitable activities	5	12,937	-	12,937	15,095
Total Income		325,631	25,000	350,631	305,790
Expenditure on:					
Raising funds		8,022	-	8,022	7,386
Charitable activities	6	293,584	1,150	294,734	269,973
Total Expenditure		301,606	1,150	302,756	277,359
Net income/(expenditure)		24,025	23,850	47,875	28,431
Net gains/(losses) on investments	10	(32,850)	-	(32,850)	-
Transfers between funds		-	-	-	-
Net Movement in Funds		(8,825)	23,850	15,025	28,431
Reconciliation of Funds					
Total funds brought forward		1,096,555	149,566	1,246,121	1,217,690
Total Funds Carried Forward		£1,087,730	£173,416	£1,261,146	£1,246,121

All of the above amounts relate to continuing activities.

The notes on pages 9 to 16 form part of these financial statements.

SCOLIOSIS SUPPORT AND RESEARCH

BALANCE SHEET

AS AT 31 MARCH 2025

	Note	2025		2024	
		£	£	£	£
Fixed Assets					
Tangible fixed assets	10	444		888	
Investments	11	<u>1,117,160</u>		<u>-</u>	
			1,117,604		888
Current Assets					
Debtors	12	37,934		66,480	
Cash at bank and in hand		<u>174,370</u>		<u>1,255,791</u>	
		212,304		1,322,271	
Creditors: Amounts falling due within one year	13	<u>(68,762)</u>		<u>(77,038)</u>	
Net Current Assets			<u>143,542</u>		<u>1,245,233</u>
Net Assets			<u><u>1,261,146</u></u>		<u><u>1,246,121</u></u>
The funds of the charity:					
Unrestricted Funds	15	617,922		610,678	
Designated Funds		<u>469,808</u>		<u>485,877</u>	
Total Unrestricted Funds			1,087,730		1,096,555
Restricted Funds	16		<u>173,416</u>		<u>149,566</u>
Total Charity Funds			<u><u>1,261,146</u></u>		<u><u>1,246,121</u></u>

These financial statements were approved by the Trustees on 3 November 2025 and are signed on their behalf by:

Ian Nelson

.....
IAN NELSON (CHAIR OF THE TRUSTEES)

The notes on pages 9 to 16 form part of these financial statements.

SCOLIOSIS SUPPORT AND RESEARCH
CASHFLOW STATEMENT
YEAR ENDED 31 MARCH 2025

	Note	2025	2024
Cash flows from operating activities:			
Net movement in funds		15,025	28,431
<i>Adjustments for:</i>			
Depreciation charges	10	444	444
Revaluation of Investment	11	32,850	-
Investment income	4	(21,480)	(23,545)
Decrease / (increase) in debtors	12	28,546	(60,943)
Increase / (decrease) in creditors	14	(8,276)	(74,784)
Cash provided by / (used in) operating activities		<u>47,109</u>	<u>(130,397)</u>
Cash flows from investing activities:			
Investment income	4	21,480	23,545
Purchase of Investment	11	(1,150,010)	-
Cash provided by investing activities		<u>(1,128,530)</u>	<u>23,545</u>
Increase / (decrease) in cash and cash equivalents in the year		(1,081,421)	(106,852)
Cash and cash equivalents at start of year		1,255,791	1,362,643
Cash and cash equivalents at end of year		<u><u>174,370</u></u>	<u><u>1,255,791</u></u>

The notes on pages 9 to 16 form part of these financial statements.

SCOLIOSIS SUPPORT AND RESEARCH
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025

1) ACCOUNTING POLICIES

General information and basis of preparation

Scoliosis Support and Research is a Charitable Incorporated Organisation, registered in England and Wales (charity no: 1181463).

The charity constitutes a public benefit entity as defined by FRS102.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income can be measured reliably.

Expenditure recognition

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure arose.

SCOLIOSIS SUPPORT AND RESEARCH
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025

1) ACCOUNTING POLICIES (continued)

Taxation

The charity is exempt from taxation in respect of income or capital gains to the extent that such income or gains are applied exclusively to charitable purposes.

Fixed assets

The charity's policy is to capitalise fixed assets over £1,000. Expenditure below this threshold is recognised as expenditure in the year in which it occurs.

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Equipment	25% straight line

Investments

Investments are stated at market value. Realised gains and losses on disposals and unrealised gains or losses when the investments are revalued at the period end are reflected in the Statement of Financial Activities.

Stocks

No value is placed on stocks of stationery or advertising materials held by the charity.

Debtors and creditors receivable /payable within one year

Debtors and creditors receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and at bank.

Fund Accounting

Funds held by the charity are either:

Unrestricted general funds - these are funds that can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity.

Designated funds - these are funds that have been set aside by the trustees for particular purposes.

SCOLIOSIS SUPPORT AND RESEARCH

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2025

2) DONATIONS & LEGACIES

	Unrestricted funds	Restricted funds	Total funds 2025	Total funds 2024
	£	£	£	£
Donations	158,413	-	158,413	109,686
Legacies	120,231	-	120,231	42,887
Gift aid	6,943	-	6,943	6,392
Grants	3,000	25,000	28,000	106,614
	<u>288,587</u>	<u>25,000</u>	<u>313,587</u>	<u>265,579</u>

Legacies notified to the charity during the year which did not meet income recognition criteria at the year end have an estimated value of £275,000 (2024 - nil).

3) OTHER TRADING ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds 2025	Total funds 2024
	£	£	£	£
Website sales	<u>2,627</u>	-	<u>2,627</u>	<u>1,571</u>

4) INVESTMENTS

	Unrestricted funds	Restricted funds	Total funds 2025	Total funds 2024
	£	£	£	£
Bank interest receivable	10,565	-	10,565	23,545
Investment Income	10,915	-	10,915	
	<u>21,480</u>	<u>-</u>	<u>21,480</u>	<u>23,545</u>

5) INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds 2025	Total funds 2024
	£	£	£	£
Subscriptions	<u>12,937</u>	-	<u>12,937</u>	<u>15,095</u>

SCOLIOSIS SUPPORT AND RESEARCH

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2025

6) EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds 2025 £	Total funds 2024 £
Awards	6,069	1,150	7,219	4,539
Provision of Therapy	4,200	-	4,200	-
Research Grants	10,000	-	10,000	3,462
Events	12,822	-	12,822	3,643
Staff costs	136,176	-	136,176	154,126
Website and magazine costs	18,135	-	18,135	14,485
Support costs (Note 7)	98,522	-	98,522	64,418
Governance costs (Note 8)	7,660	-	7,660	25,300
	<u>293,584</u>	<u>1,150</u>	<u>294,734</u>	<u>269,973</u>

7) SUPPORT COSTS

	Unrestricted funds £	Restricted funds £	Total funds 2025 £	Total funds 2024 £
Office costs	90,251	-	90,251	59,587
Meetings, travel & subsistence	3,938	-	3,938	2,221
Bank Charges	4,333	-	4,333	2,610
	<u>98,522</u>	<u>-</u>	<u>98,522</u>	<u>64,418</u>

8) GOVERNANCE COSTS

	Unrestricted funds £	Restricted funds £	Total funds 2025 £	Total funds 2024 £
Fees payable to independent examiner	4,500	-	4,500	5,100
Other professional fees	3,160	-	3,160	20,200
	<u>7,660</u>	<u>-</u>	<u>7,660</u>	<u>25,300</u>

9) STAFF COSTS AND EMOLUMENTS

	2025 £	2024 £
Salaries and wages	125,417	143,717
Social security costs	8,751	8,389
Employer pension costs	2,008	2,020
	<u>136,176</u>	<u>154,126</u>

Average number of paid staff on a head count basis for the year was 3 (2024 - 7)

Remuneration benefits of key management personnel of the charity total £67,492 (2024: £60,518).

SCOLIOSIS SUPPORT AND RESEARCH
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2025

10) TANGIBLE FIXED ASSETS

	Equipment	Total
	£	£
COST		
As at 1 April 2024	1,776	1,776
Additions	-	-
At 31 March 2025	<u>1,776</u>	<u>1,776</u>
DEPRECIATION		
As at 1 April 2024	888	888
Charge for the period	444	444
At 31 March 2024	<u>1,332</u>	<u>1,332</u>
NET BOOK VALUE		
At 31 March 2025	<u>444</u>	<u>444</u>
At 31 March 2024	<u>888</u>	<u>888</u>

11) INVESTMENTS

	2025	2024
	£	£
Market value as at 1 April 2024	-	-
Additions at cost	1,150,010	-
Net loss on revaluation	(32,850)	-
Market value as at 31 March 2025	<u>1,117,160</u>	<u>-</u>

All investments are managed by Rathbones Investment Management.

12) DEBTORS

	2025	2024
	£	£
Other debtors	6,800	6,800
Prepayments and accrued income	31,134	59,680
	<u>37,934</u>	<u>66,480</u>

SCOLIOSIS SUPPORT AND RESEARCH

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2025

13) CREDITORS: Amounts falling due within one year

	2025	2024
	£	£
Creditors	4,772	4,292
Research Grants Payable	59,704	69,136
Accruals	4,286	3,610
	<u>68,762</u>	<u>77,038</u>

14) COMMITMENTS UNDER OPERATING LEASES

Total rental payments due under operating leases are as follows:

	2025	2024
	£	£
Within 1 year	4,121	24,727
Within 2 to 5 years	-	4,121
	<u>4,121</u>	<u>28,848</u>

15) UNRESTRICTED FUNDS

	Balance at 1 Apr 2024	Income	Expenditure	Gains/ (losses)	Balance at 31 Mar 2025
	£	£	£	£	£
General funds	610,678	322,631	(282,537)	(32,850)	617,922
<i>Designated funds:</i>					-
a) Ailee Harrison Fund	4,675	-	(350)	-	4,325
b) Hill, Pedder, Minns Fund	28,226	-	(5,719)	-	22,507
c) BSRF funds	452,976	-	(10,000)	-	442,976
d) Counselling Support	-	3,000	(3,000)	-	-
	<u>1,096,555</u>	<u>325,631</u>	<u>(301,606)</u>	<u>(32,850)</u>	<u>1,087,730</u>

- a) The Ailee Harrison Fund arose from a legacy and is used to provide financial prizes for art projects.
- b) The Hill, Pedder, Minns Fund arose from 3 legacies and is used to provide grants to members of up to £500 for equipment relating to their condition.
- c) Funds transferred from BSRF have been designated for research purposes by the Trustees.
- d) Donations to aid with counselling support.

SCOLIOSIS SUPPORT AND RESEARCH
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2025

16) RESTRICTED FUNDS

	Balance at 1 Apr 2024	Income	Expenditure	Investment gains/ (losses)	Balance at 31 Mar 2025
	£	£	£	£	£
a) ARISE	15,098	-	(1,150)	-	13,948
b) BEIS fund (BSRF)	30,854	-	-	-	30,854
c) Research funds	103,614	25,000	-	-	128,614
	<u>149,566</u>	<u>25,000</u>	<u>(1,150)</u>	<u>-</u>	<u>173,416</u>

- a) ARISE fund provides travel grants of up to £500 to young researchers (the Charles Manning Award).
b) Funds awarded by the BEIS 'Early Career Researchers Fund' to BSRF towards research projects supported by the charity were transferred to SSR following the merger.
c) Grants received from Robert Luff Foundation and the Medical Research Council to fund research projects.

Current Year	Net current		Total
	Fixed assets	assets	
	£	£	£
Unrestricted funds			
General	474,380	143,542	617,922
Designated funds	469,808	-	469,808
Restricted funds	173,416	-	173,416
Total funds	<u>1,117,604</u>	<u>143,542</u>	<u>1,261,146</u>

Prior year	Net current		Total
	Fixed assets	assets	
	£	£	£
Unrestricted funds			
General	888	609,790	610,678
Designated funds	-	485,877	485,877
Restricted funds	-	149,566	149,566
Total funds	<u>888</u>	<u>1,245,233</u>	<u>1,246,121</u>

18) RELATED PARTY TRANSACTIONS

There were no related party transactions during the year (2024 - nil).
Trustees do not receive any remuneration or fees. One trustee was reimbursed for expenses totalling £325 in respect of travel and subsistence (2024 - 3 trustees were reimbursed £1,037).

SCOLIOSIS SUPPORT AND RESEARCH
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2025

19) UNRESTRICTED FUNDS - PRIOR YEAR

	Balance at 1 Apr 2023 £	Income £	Expenditure £	Balance at 31 Mar 2024 £
General funds	671,990	202,176	(263,488)	610,678
<i>Designated funds:</i>				
a) Ailee Harrison Fund	4,675	-	(3,639)	1,036
b) Hill, Pedder, Minns Fund	31,865	-	(9,332)	22,533
c) BSRF funds	462,308	-	-	462,308
	1,170,838	202,176	(276,459)	1,096,555

- a) The Ailee Harrison Fund arose from a legacy and is used to provide financial prizes for art projects.
- b) The Hill, Pedder, Minns Fund arose from 3 legacies and is used to provide grants to members of up to £500 for equipment relating to their condition.
- c) Funds transferred from BSRF have been designated for research purposes by the Trustees.

20) RESTRICTED FUNDS - PRIOR YEAR

	Balance at 1 Apr 2023 £	Income £	Expenditure £	Balance at 31 Mar 2024 £
a) ARISE	15,998	-	(900)	15,098
b) BEIS fund (BSRF)	30,854	-		30,854
c) Research Funds	-	103,614	-	103,614
	46,852	103,614	(900)	149,566

- a) ARISE fund provides travel grants of up to £500 to young researchers (the Charles Manning Award).
- b) Funds awarded by the BEIS 'Early Career Researchers Fund' to BSRF towards research projects supported by the charity were transferred to SSR following the merger.
- c) Grants received from Robert Luff Foundation and the Medical Research Council to fund research projects.
-

Scoliosis Support and Research

England & Wales - Charity number 1181463

Accounts

SCOLIOSIS SUPPORT AND RESEARCH
(formerly SCOLIOSIS ASSOCIATION UK)

ANNUAL REPORT & ACCOUNTS
31ST MARCH 2024

Registered Charity Number 1181463

EDMUND CARR LLP
Chartered Accountants
146 New London Road
Chelmsford
Essex
CM2 0AW

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

YEAR ENDED 31 MARCH 2024

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SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

REFERENCE AND ADMINISTRATIVE DETAILS

YEAR ENDED 31 MARCH 2024

Registered Charity Name	Scoliosis Support and Research (with effect from January 2024) formerly Scoliosis Association UK (SAUK)	
Charity Number	1181463	
Registered Office	Ground Floor 329 Latimer Road London W10 6RA	
Trustees	Mr I Nelson	(co-Chair to December 2023, Chair from January 2024)
	Dr S Clark	(co-Chair, resigned December 2023)
	Mr C Nnadi	
	Dr N Jones	
	Mr T Tsirikos	
	Mr J Leong	
	Dr M Noordeen	
	Ms R Weil	
	Mr J Zorab	
	Dr R Levene	(resigned December 2023)
	Ms S Kraft	(resigned December 2023)
	Mr P Millner	(resigned December 2023)
Patron	HRH Princess Eugenie	
Chief Executive	Lesley McGinty	
Independent Examiner	Alex Stone FCCA Edmund Carr LLP Chartered Accountants 146 New London Road Chelmsford Essex CM2 0AW	
Bankers	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ	

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2024

The Trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2024.

Annual Report from the Chair, 2023-24

Merger between Scoliosis Association UK and British Scoliosis Research Foundation

Scoliosis Association UK (SAUK) had a long history of collaboration with its affiliated charity, the British Scoliosis Research Foundation (BSRF), which supported and funded research into scoliosis and other spinal conditions. Both charities were fortunate to have received substantial legacies in the previous financial year, putting both in a very stable financial situation. This led to the Trustees of both boards agreeing to a formal merger.

The merger was officially complete as of 1st January 2023, with members of the BSRF Council being co-opted onto a joint board at the December 2022 Board meeting. The new Board agreed Dr Stephanie Clark, PhD, and Mr Ian Nelson, FRCS, as co-Chairs of the new organisation. The Board also agreed that the merged charity would continue to operate under the SAUK name for the first year, after which a new name and associated rebrand would be launched in January 2024. The charity was officially rebranded and relaunched as Scoliosis Support and Research on 1st January 2024, retaining the original SAUK charity number 1181463. The objects of the charity as stated in its governing document are, for the public benefit, to preserve and protect the physical and mental health of persons with the spinal condition known as scoliosis and other spinal conditions.

There are many benefits to this merger, not least the ability to bring together support and research to help to provide the best possible care and support for anyone affected by scoliosis or other spinal conditions. The merged charity will benefit all patients because there will be greater opportunity for involvement in research, which will help to inform future treatments and clinical work and provide a clear pathway to support and provision of information and the ability to advocate for all patients in a much more coherent way.

The British Scoliosis Research Foundation was formed in 1973 by Dr Philip Zorab. He specialised in respiratory problems caused by scoliosis and presented key research to important physicians and surgeons who had children and adults with scoliosis in their care. His work stimulated new research into scoliosis worldwide. Dr Zorab died in 1983 but we continue his work with the same passion and ensure the necessary financial grants facilitate further high quality research into scoliosis.

Scoliosis Association UK was started in 1981 by founding members Ailie Harrison and Stephanie Clark with around 200 members who came together to support each other at a self help group. Each member of this group has received treatment from renowned chest physician Dr Philip Zorab at the Brompton Hospital in London. At the time it was the only UK wide organisation providing support for people affected by scoliosis. Ailie's name continues to be honoured through our annual art competition.

We give people with scoliosis a voice. We represent their views and concerns and encourage support for better resources and understanding of the condition.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

TRUSTEES' ANNUAL REPORT (*continued*)

YEAR ENDED 31 MARCH 2024

We support them through our Helpline which is manned five days a week, 9-5; we provide up to date information to families and also surgeries and hospitals; we provide online counselling groups for people to share their experiences and we provide a "safe space" in our Facebook groups.

Supporters can also join our community to receive benefits such as access to the Hill Pedder and Minns Welfare Fund and our twice yearly Backbone Magazine. In the financial year 2023-24 we awarded a total of £3,639 of Hill Pedder and Minns grants.

We support research by collaborating with researchers and making our members aware of the research and inviting them to participate. We have continued with the Charles Manning Award, which was a BSRF award arising from a legacy by Mr. Charles Manning, FRCS, to help early career researchers attend conferences to present their work. We awarded a total of £900 during this financial year.

Structure, governance, and management

SAUK (now SSR) was incorporated on January 7th, 2019, as a charitable incorporated organisation (CIO). The CIO is entered in the Central Register of Charities by the Charity Commissioners for England and Wales with registration number 1181463.

SSR is governed by a board of Trustees, consisting of a combination of spinal surgeons, general practitioners, scientists, and lay members. The office staff is composed of a Chief Executive, supported by a Community Engagement Manager and a Fundraising and Communications Manager.

The Board of Trustees meets four times a year and the Chief Executive reports formally to the Board at these meetings. New Trustees are generally selected from contacts with knowledge of scoliosis and related issues.

The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit. SSR's aims are wholly directed at delivering public benefit.

The Trustees of SSR are listed on page 1. HRH Princess Eugenie is SSR's Royal Patron.

The staff team during 2023-24 consisted of Mrs Lesley McGinty, who has been in post as Chief Executive since April 2021, Natalie Cooper, Communications Officer since 2019, and Denise Aulsberry as Membership and Finance Officer for 26 years. Denise retired in May 2023 and Will Thommes joined as Fundraising and Communications Officer, incorporating elements of Denise's role, while some financial processes were refined and outsourced, ensuring greater compliance and robustness. Natalie left at Christmas 2023 for a new role at Cancer Research UK and Will also left at Christmas to take up a once in a lifetime opportunity to go travelling. He was replaced by Ellie Wilson in November 2023. Although not relevant to this financial year, James Alculumbre joined as Community Engagement Manager in June 2024. All employees are based at SSR's premises at Ground Floor 329 Latimer Road, London W10 6RA. The office moved in June 2023 from next door at 325 Latimer Road.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

TRUSTEES' ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2024

Finance

Unrestricted income, made up of donations, legacies, and fundraised income including Gift Aid was £161,965 compared with £513,153 in the previous year, unusually high because of the transfer of BSRF's assets. Our membership subscriptions stayed much the same as in 2022-23. We spent £277,359 in the current year compared with £189,129 in the previous year largely due to the costs of the merger and the office move. We are developing new projects and ways to support people with scoliosis, with the benefit of the increased funds.

During this year, we awarded £3,462 in new grants but made payments to existing grants of £78,600. We were fortunate to recoup the majority of this expenditure through funding from the UK MRI Covid Recovery Scheme. We received £37,000 in May 23 relating to funding paid out in the previous financial year, and a further £41,614 was received in April 2024 which relate to this financial year. We also received continued support of £25,000 from the Robert Luff Foundation which is restricted to research.

The internationally renowned Zorab Symposium, which was historically organised by BSRF, will continue to be held and the next event is in June 2025.

SSR holds almost all its assets as cash deposits and total funds amounted to £1,246,121 at the year end, of which £610,678 was unrestricted, £485,877 designated and £149,566 restricted. Our reserve policy is to maintain a minimum of £100,000 of unrestricted funds. The balance of cash assets is high because of the transfer of assets at point of merger. It was agreed by the Board that £1million was to be invested and after the required due diligence and security was undertaken, this was completed in July 2024, with our investment being managed by Rathbones. The invested money is intended to be used for an as yet unidentified "flagship" research project., as well as allowing us to invest in whatever resources are needed to implement a new strategy (being finalised in 2025) to take the charity forward. We receive interest on this investment every month.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption.

Approved by the Trustees on 23 January 2025 and signed on their behalf by:

Ian Nelson
.....

Ian Nelson
Chair of the Trustees

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
YEAR ENDED 31 MARCH 2024

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 6 to 16.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Alex Stone

.....
Alex Stone FCCA

Edmund Carr LLP
146 New London Road
Chelmsford
CM2 0AW

27 January 2025

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Income from:					
Donations and legacies	2	161,965	103,614	265,579	513,153
Other trading activities	3	1,571	-	1,571	3,881
Investments	4	23,545	-	23,545	6,808
Charitable activities	5	15,095	-	15,095	32,876
Transfer of assets	9	-	-	-	493,162
Other		-	-	-	60
Total Income		202,176	103,614	305,790	1,049,940
Expenditure on:					
Raising funds		7,386	-	7,386	6,186
Charitable activities	6	269,073	900	269,973	182,943
Total Expenditure		276,459	900	277,359	189,129
Net income/(expenditure)		(74,283)	102,714	28,431	860,811
Transfers between funds		-	-	-	-
Net Movement in Funds		(74,283)	102,714	28,431	860,811
Reconciliation of Funds					
Total funds brought forward		1,170,838	46,852	1,217,690	356,879
Total Funds Carried Forward		£1,096,555	£149,566	£1,246,121	£1,217,690

All of the above amounts relate to continuing activities.

The notes on pages 9 to 16 form part of these financial statements.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
BALANCE SHEET
AS AT 31 MARCH 2024

	Note	2024		2023	
		£	£	£	£
Fixed Assets					
Tangible fixed assets	11		888		1,332
Current Assets					
Debtors	12	66,480		5,537	
Cash at bank and in hand		<u>1,255,791</u>		<u>1,362,643</u>	
		1,322,271		1,368,180	
Creditors: Amounts falling due within one year					
	13	<u>(77,038)</u>		<u>(151,822)</u>	
Net Current Assets			<u>1,245,233</u>		<u>1,216,358</u>
Net Assets			<u><u>1,246,121</u></u>		<u><u>1,217,690</u></u>
The funds of the charity:					
Unrestricted Funds	15	610,678		671,990	
Designated Funds		<u>485,877</u>		<u>498,848</u>	
Total Unrestricted Funds			1,096,555		1,170,838
Restricted Funds	16		<u>149,566</u>		<u>46,852</u>
Total Charity Funds			<u><u>1,246,121</u></u>		<u><u>1,217,690</u></u>

These financial statements were approved by the Trustees on 23 January 2025 and are signed on their behalf by:

Ian Nelson

IAN NELSON (CHAIR OF THE TRUSTEES)

The notes on pages 9 to 16 form part of these financial statements.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
CASHFLOW STATEMENT
YEAR ENDED 31 MARCH 2024

	Note	2024	2023
Cash flows from operating activities:			
Net movement in funds		28,431	860,811
<i>Adjustments for:</i>			
Depreciation charges	11	444	444
Investment income	4	(23,545)	(6,808)
Decrease / (increase) in debtors	12	(60,943)	4,862
Increase / (decrease) in creditors	13	(74,784)	145,184
Cash provided by / (used in) operating activities		<u>(130,397)</u>	<u>1,004,493</u>
Cash flows from investing activities:			
Investment income	4	23,545	6,808
Purchase of fixed assets	11	-	(1,776)
Cash provided by investing activities		<u>23,545</u>	<u>5,032</u>
Increase / (decrease) in cash and cash equivalents in the year		(106,852)	1,009,525
Cash and cash equivalents at start of year		<u>1,362,643</u>	<u>353,118</u>
Cash and cash equivalents at end of year		<u><u>1,255,791</u></u>	<u><u>1,362,643</u></u>

The notes on pages 9 to 16 form part of these financial statements.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

1) ACCOUNTING POLICIES

General information and basis of preparation

Scoliosis Association UK is a Charitable Incorporated Organisation, registered in England and Wales (charity no: 1181463).

The charity constitutes a public benefit entity as defined by FRS102.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income can be measured reliably.

Expenditure recognition

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure arose.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

1) ACCOUNTING POLICIES (continued)

Taxation

The charity is exempt from taxation in respect of income or capital gains to the extent that such income or gains are applied exclusively to charitable purposes.

Fixed assets

The charity's policy is to capitalise fixed assets over £1,000. Expenditure below this threshold is recognised as expenditure in the year in which it occurs.

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Equipment	25% straight line

Stocks

No value is placed on stocks of stationery or advertising materials held by the charity.

Debtors and creditors receivable /payable within one year

Debtors and creditors receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and at bank.

Fund Accounting

Funds held by the charity are either:

Unrestricted general funds - these are funds that can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity.

Designated funds - these are funds that have been set aside by the trustees for particular purposes.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2024

2) DONATIONS & LEGACIES

	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
Donations	119,555	-	119,555	99,838
Legacies	33,018	-	33,018	373,263
BSRF fees	-	-	-	30,000
Gift Aid	6,392	-	6,392	5,052
Grants	3,000	103,614	106,614	5,000
	<u>161,965</u>	<u>103,614</u>	<u>265,579</u>	<u>513,153</u>

3) OTHER TRADING ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
Website sales	1,571	-	1,571	3,881
Other Activities	-	-	-	-
	<u>1,571</u>	<u>-</u>	<u>1,571</u>	<u>3,881</u>

4) INVESTMENTS

	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
Bank interest receivable	23,545	-	23,545	6,808

5) INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
Conference income	-	-	-	17,797
Subscriptions	15,095	-	15,095	15,079
	<u>15,095</u>	<u>-</u>	<u>15,095</u>	<u>32,876</u>

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2024**

6) EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
Awards	3,639	900	4,539	6,292
Research Grants	3,462	-	3,462	-
Events	3,643	-	3,643	-
Staff costs	154,126	-	154,126	103,643
Website and magazine costs	14,485	-	14,485	8,029
Support costs (Note 7)	64,418	-	64,418	50,635
Governance costs (Note 8)	25,300	-	25,300	14,344
	<u>269,073</u>	<u>900</u>	<u>269,973</u>	<u>182,943</u>

7) SUPPORT COSTS

	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
Office costs	59,587	-	59,587	45,980
Meetings, travel & subsistence	2,221	-	2,221	1,675
Bank Charges	2,610	-	2,610	2,980
	<u>64,418</u>	<u>-</u>	<u>64,418</u>	<u>50,635</u>

8) GOVERNANCE COSTS

	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
Fees payable to independent examiner	5,100	-	5,100	3,090
Other professional fees	20,200	-	20,200	11,254
	<u>25,300</u>	<u>-</u>	<u>25,300</u>	<u>14,344</u>

9) TRANSFER OF ASSETS

The assets of British Scoliosis Research Foundation (BSRF), registered charity no: 803772, were transferred to SSR with effect from 1 January 2023 following a decision to merge.

Four BSRF trustees were appointed to the Board of SSR and BSRF was dissolved. The unrestricted funds transferred have been designated by the Trustees for research purposes.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2024

10) STAFF COSTS AND EMOLUMENTS

	2024	2023
	£	£
Salaries and wages	143,717	97,131
Social security costs	8,389	5,012
Employer pension costs	2,020	1,500
	<u>154,126</u>	<u>103,643</u>

Average number of paid staff on a head count basis for the year was 7 (2023 - 4)
None of the employees' emoluments exceeded £60,000

11) TANGIBLE FIXED ASSETS

	Equipment	Total
	£	£
COST		
As at 1 April 2023	1,776	1,776
Additions	-	-
At 31 March 2024	<u>1,776</u>	<u>1,776</u>
DEPRECIATION		
As at 1 April 2023	444	-
Charge for the period	444	444
At 31 March 2024	<u>888</u>	<u>888</u>
NET BOOK VALUE		
At 31 March 2024	<u>888</u>	<u>888</u>
At 31 March 2023	<u>1,332</u>	<u>1,332</u>

12) DEBTORS

	2024	2023
	£	£
Other debtors	6,800	-
Prepayments and accrued income	59,680	5,537
	<u>66,480</u>	<u>5,537</u>

13) CREDITORS: Amounts falling due within one year

	2024	2023
	£	£
Creditors	4,292	3,167
Research Grants Payable	69,136	144,275
Accruals	3,610	4,380
	<u>77,038</u>	<u>151,822</u>

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2024

14) COMMITMENTS UNDER OPERATING LEASES

Total rental payments due under operating leases are as follows:

	2024	2023
	£	£
Within 1 year	24,727	10,000
Within 2 to 5 years	4,121	10,000
	<u>28,848</u>	<u>20,000</u>

15) UNRESTRICTED FUNDS

	Balance at 1 Apr 2023	Income	Expenditure	Transfers	Balance at 31 Mar 2024
	£	£	£	£	£
General funds	671,990	202,176	(263,488)	-	610,678
<i>Designated funds:</i>					
a) Ailee Harrison Fund	4,675	-	-	-	4,675
b) Hill, Pedder, Minns Fund	31,865	-	(3,639)	-	28,226
c) BSRF funds	462,308	-	(9,332)	-	452,976
	<u>1,170,838</u>	<u>202,176</u>	<u>(276,459)</u>	<u>-</u>	<u>1,096,555</u>

- a) The Ailee Harrison Fund arose from a legacy and is used to provide financial prizes for art projects.
- b) The Hill, Pedder, Minns Fund arose from 3 legacies and is used to provide grants to members of up to £500 for equipment relating to their condition.
- c) Funds transferred from BSRF have been designated for research purposes by the Trustees.

16) RESTRICTED FUNDS

	Balance at 1 Apr 2023	Income	Expenditure	Transfers	Balance at 31 Mar 2024
	£	£	£	£	£
a) ARISE	15,998	-	(900)	-	15,098
b) BEIS fund (BSRF)	30,854	-	-	-	30,854
c) Research funds	-	103,614	-	-	103,614
	<u>46,852</u>	<u>103,614</u>	<u>(900)</u>	<u>-</u>	<u>149,566</u>

- a) ARISE fund provides travel grants of up to £500 to young researchers (the Charles Manning Award).
- b) Funds awarded by the BEIS 'Early Career Researchers Fund' to BSRF towards research projects supported by the charity were transferred to SSR following the merger.
- c) Grants received from Robert Luff Foundation and the Medical Research Council to fund research projects.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2024

17) ANALYSIS OF NET ASSETS BETWEEN FUNDS

Current Year	Fixed assets	Net current assets	Total
	£	£	£
Unrestricted funds			
General	888	609,790	610,678
Designated funds	-	485,877	485,877
Restricted funds	-	149,566	149,566
Total funds	888	1,245,233	1,246,121

Prior year	Fixed assets	Net current assets	Total
	£	£	£
Unrestricted funds			
General	1,332	670,658	671,990
Designated funds	-	498,848	498,848
Restricted funds	-	46,852	46,852
Total funds	1,332	1,216,358	1,217,690

18) RELATED PARTY TRANSACTIONS

There were no related party transactions during the year (2023 - nil).

Trustees do not receive any remuneration or fees. Three trustees were reimbursed for expenses totalling £1,037 in respect of travel and subsistence (2023-nil).

19) UNRESTRICTED FUNDS - PRIOR YEAR

	Balance at 1 Apr 2022	Income	Expenditure	Transfers	Balance at 31 Mar 2023
	£	£	£	£	£
General funds	298,049	556,778	(182,837)	-	671,990
<i>Designated funds:</i>					
a) Ailee Harrison Fund	4,825	-	(150)	-	4,675
b) Hill, Pedder, Minns Fund	34,917	-	(3,052)	-	31,865
c) BSRF funds	-	462,308	-	-	462,308
	337,791	1,019,086	(186,039)	-	1,170,838

- a) The Ailee Harrison Fund arose from a legacy and is used to provide financial prizes for art projects.
- b) The Hill, Pedder, Minns Fund arose from 3 legacies and is used to provide grants to members of up to £500 for equipment relating to their condition.
- c) Funds transferred from BSRF have been designated for research purposes by the Trustees.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2024

20) RESTRICTED FUNDS - PRIOR YEAR

	Balance at 1				Balance at
	Apr 2022	Income	Expenditure	Transfers	31 Mar 2023
	£	£	£	£	£
a) ARISE	19,088	-	(3,090)	-	15,998
b) BEIS fund (BSRF)	-	30,854	-	-	30,854
	<u>19,088</u>	<u>30,854</u>	<u>(3,090)</u>	<u>-</u>	<u>46,852</u>

- a) ARISE fund provides travel grants of up to £500 to young researchers (the Charles Manning Award).
b) Funds awarded by the BEIS 'Early Career Researchers Fund' to BSRF towards research projects supported by the charity were transferred to SSR following the merger.

Scoliosis Support and Research

England & Wales - Charity number 1181463

Accounts

SCOLIOSIS SUPPORT AND RESEARCH
(formerly SCOLIOSIS ASSOCIATION UK)

ANNUAL REPORT & ACCOUNTS
31ST MARCH 2023

Registered Charity Number 1181463

EDMUND CARR LLP
Chartered Accountants
146 New London Road
Chelmsford
Essex
CM2 0AW

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

YEAR ENDED 31 MARCH 2023

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SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

REFERENCE AND ADMINISTRATIVE DETAILS

YEAR ENDED 31 MARCH 2023

Registered Charity Name	Scoliosis Support and Research (with effect from January 2024) formerly Scoliosis Association UK (SAUK)
Charity Number	1181463
Registered Office	Ground Floor 329 Latimer Road London W10 6RA
Trustees	Mr I Nelson (Chair) (appointed 1/1/23, Co-chair to 31/12/23) Dr. S Clark (resigned 31/12/23, Chair to 31/12/22, Co-chair to 31/12/23) Dr R Levene (resigned 31/12/23) Mr C Nnadi Mrs C Richards (resigned 1/1/23) Ms S Kraft (resigned 31/12/23) Dr N Jones Mr T Tsirikos Dr S Spencer (resigned 1/9/22) Mr P Millner (appointed 1/1/23) Mr J Leong (appointed 1/1/23) Dr M Noordeen (appointed 1/1/23) Ms R Weil (appointed 1/1/23) Mr J Zorab (appointed 1/1/23)
Chief Executive	Lesley McGinty
Accountants	Edmund Carr LLP Chartered Accountants 146 New London Road Chelmsford Essex CM2 0AW
Bankers	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
TRUSTEES' ANNUAL REPORT
YEAR ENDED 31 MARCH 2023

The Trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2023.

Aims

Scoliosis Support and Research UK (SSR) is the only UK-wide patient support organisation for people with scoliosis and their families. Our Vision is to promote the physical and mental wellbeing of people with scoliosis and their families. Our Mission is to provide advice, support, and information to people affected by scoliosis and their families, and to raise awareness of scoliosis and educate health professionals and the general public about the disorder.

Many people have never heard of scoliosis and do not have an understanding of the effect it can have on peoples' lives. A diagnosis of scoliosis can leave people feeling isolated and unsure where to turn. At SSR, our aim is to be there for people with scoliosis and those close to them so that we can help them to access the care they need, both physically and mentally, reduce feelings of isolation, and to address poor body image, worry, fear, and lack of information.

Supporting our members and raising awareness of scoliosis

We give people with scoliosis a voice. We represent their views and concerns and encourage support for better resources and understanding of the condition. We run a membership network that allows people with scoliosis to contact each other and offers the support of a SSR Regional Representative. We provide health information publications in accordance with the NHS Information Standard as was, which means our information is up-to-date, accurate, and has been checked by specialists. We run a Helpline through which people can call or email the SSR team for advice, support, or just someone to talk to. We produce a twice-yearly magazine called Backbone, which is full of practical advice, support, and information. We hold patient meetings in specialist centers and online, at which specialists provide advice about scoliosis and people have the chance to ask questions. We instigated an annual International Scoliosis Day (ISAD) in 2013 to help raise awareness of scoliosis. It is now a major event with activities taking place all over the country. We keep an up-to-date list of scoliosis specialists, allowing people with scoliosis to find out where to go for the best available treatment. Online we have a strong social media presence on Facebook, Twitter, and Instagram through which people affected by scoliosis can connect. See www.ssr.org.uk. Three large legacies have enabled us to set up the Hill Pedder and Minns fund (named after the donors) to help our members with travel expenses and equipment. The Fund started with £39,768 and we have paid out £3,052 in 2022/23. When one of our founding trustees died some time ago, we formed the Isobel Gray Award for services to SSR in her memory. We also have a Roll of Honour for special bravery during treatment and it is awarded to many young people each year, with special mention in Backbone.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

TRUSTEES' ANNUAL REPORT (*continued*)

YEAR ENDED 31 MARCH 2023

SSR is also supporting research by collaborating with researchers and making our members aware of the research and inviting them to participate. Please see below for further information about our merger with the British Scoliosis Research Foundation. Post merger, we have continued with the Charles Manning Award, which was a BSRF award arising from a legacy by Mr. Charles Manning, FRCS, to help early career researchers attend conferences to present their work. We awarded a total of £3,090 during this financial year.

The online Q&A sessions with spinal consultants have proved very popular with our members and are well attended. We will be continuing them for the foreseeable future but aim to restart our regional meetings, hosted by scoliosis centres, in the coming months. International Scoliosis Awareness Day (ISAD) was very successful this year, focussing on social media, which really encouraged people to post their own stories. We were featured on BBC London as part of a series on “invisible disabilities”. This story was broadcast on the 3rd of July 2022. It was on BBC One London four times that day, was on the front page of BBC news, and was featured on YouTube and all BBC London social media pages.

Regional Representatives

SSR has a nationwide network of over 40 volunteer Regional Representatives, which enables us to put our members in touch with those in their area so that they have somebody local to talk to. SSR Regional Representatives support our members locally and help to raise awareness of scoliosis. Some have regional Facebook groups and organise regular get-togethers.

Publications

SSR had Information Standard accreditation, which has now been discontinued by NHS England. It was a certification scheme for all organisations producing evidence-based health and social care information for the public. SSR has continued to apply this standard to all its relevant publications so that the public and patients can depend on reliable sources of good quality and evidence-based information. SSR health information is almost always written by specialists and is peer reviewed as part of our rigorous checks of information that we provide for our members. www.ssr.org.uk/scoliosis-information

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

TRUSTEES' ANNUAL REPORT (*continued*)

YEAR ENDED 31 MARCH 2023

Structure, governance, and management

SSR was incorporated on January 7th, 2019, as Scoliosis Association UK (SAUK), a company limited by guarantee. The company is entered in the Central Register of Charities by the Charity Commissioners for England and Wales with registration number 1181463. SSR is governed by a board of Trustees, consisting of a combination of spinal surgeons, general practitioners, scientists, and lay members. The office staff is composed of a Chief Executive, supported by a Communications Officer and a Membership and Accounts Officer.

The Board of Trustees meets four times a year and the Chief Executive reports formally to the Board at these meetings. New Trustees are generally selected from contacts with knowledge of scoliosis and related issues. The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit. SSR's aims are wholly directed at delivering public benefit.

Merger with the British Scoliosis Research Foundation

SSR has a long history of collaboration with its affiliated charity, the British Scoliosis Research Foundation (BSRF), which supports and funds research into scoliosis and other spinal conditions. In the previous financial year, both charities were fortunate to have received substantial legacies, putting both in a very stable financial situation. These factors led the Boards of both charities to agree to a formal merger of the two, who already worked closely together. There are many benefits to this merger, not least the ability to bring together support and research to help to provide the best possible care and support for anyone affected by scoliosis or other spinal conditions. At the heart of both charities is the well-being of every one of those people. A united charity provides a single point of contact for all things scoliosis and a stronger voice. The merged charity will benefit all patients because there will be greater opportunity for involvement in research, which will help to inform future treatments and clinical work and provide a clear pathway to support and provision of information and the ability to advocate for all patients in a much more coherent way. Costs are reduced and simplified and wider objectives mean that fundraising can be much more effective, with a greater range of possible funders. Post-pandemic, raising significant funds is more important than ever for all charities, and a blended, cost-effective approach will have more impact than separate approaches. Potential donors are often more willing to support one charity and one cause wholly, instead of splitting their donations between two different organisations.

The merger was officially complete as of 1st January 2023, with members of the BSRF Council being co-opted onto a joint board at the December 2022 Board meeting. The new Board agreed Dr Stephanie Clark, PhD, and Mr Ian Nelson, FRCS, as co-Chairs of the new organisation. The Board also agreed that the merged charity would continue to operate under the SAUK name for the first year, after which the new name (SSR) and associated rebrand would be launched in January 2024.

The plan post-merger is to have several panels with specific responsibilities related to the functioning of the former organisations.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
TRUSTEES' ANNUAL REPORT (*continued*)
YEAR ENDED 31 MARCH 2023

Trustees

SSR Trustees during 2022/23 were:

Dr Stephanie Clark, PhD, (Chair and co-Chair); Mr Thanos Tsirikos, FRCS; Dr Nicholas Jones MB; Mrs Carol Richards, Ms Susannah Kraft; Mr Colin Nnadi, FRCS; Dr Stuart Spencer and Dr Rachel Levene, MB. Dr Stuart Spencer resigned in 2022 and Mrs Carol Richards stood down at the point of merger. Both had made invaluable contributions to SSR. BSRF Council members who were co-opted onto the Board in advance of the merger were: Mr Ian Nelson, FRCS, (co-Chair); Mr James Zorab; Prof Hilali Noordeen, FRCS; Ms Rebecca Weil, PhD, Mr Julian Leong, FRCS; Mr Peter Millner, FRCS. Mr Christopher Weatherley, FRCS, and Mr Andrew Clarke, FRCS, stood down when the merger took place. Both had been long serving Board members. Mr Weatherley had been a member of the Grants Committee for many years and provided valuable insights in his assessments of applications. Mr Clarke had organised many successful international Zorab Symposia.

HRH Princess Eugenie is SSR's Royal Patron, and the other Patrons are David Rintoul, Actor, and Pippa Britton, Paralympic archer.

The staff team during 2022-23 consisted of Mrs Lesley McGinty, who has been in post as Chief Executive since April 2021, Natalie Cooper, Communications Officer since 2019, and Denise Aulsberry as Membership and Finance Officer for 26 years. All employees are based at SSR's premises at 325 Latimer Road, West London, and the office was moved to 329 Latimer Road in June 2023.

Finance

Two substantial legacies and the merger meant that the organisation ended 2022/23 with an exceptionally high income of over £1million. Unrestricted income, made up of donations, legacies, and fundraised income including Gift Aid was £513,153 compared with £141,276 in the previous year, but legacies rose from £11,000 to £373,263. Notably, Community Fundraising recovered from the effects of Covid and increased from £63,437 to £73,670. Our membership subscriptions stayed much the same as in 2021-22. SSR spent £189,129 in the current year compared with £197,736 in the previous year because we worked to make our systems and office services more efficient as well as streamlining our financial processes. SSR is developing new projects and ways to support people with scoliosis, with the benefit of the increased funds. As a precursor to the merger, the internationally renowned Zorab Symposium, which has been historically organised by BSRF, was organised by SSR and this also generated a small profit. SSR holds almost all its assets as cash deposits and total funds amounted to £1,217,690 at the year end, of which £671,990 is unrestricted. SSR's reserve policy is to maintain a minimum of £100,000 of unrestricted funds. This policy is being reviewed post-merger alongside considering investment options for our surplus funds.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
TRUSTEES' ANNUAL REPORT (*continued*)
YEAR ENDED 31 MARCH 2023

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity’s governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014. This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies’ exemption.

Approved by the Trustees on 25 January 2024 and signed on their behalf by:

Ian Nelson
.....

Ian Nelson
Chair of the Trustees

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
YEAR ENDED 31 MARCH 2023

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 8 to 17.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

An independent examination has taken place instead of an audit. The charity's gross income in the year exceeded the audit threshold due to a transfer of assets from the British Scoliosis Research Foundation. Dispensation was granted by the Charity Commission on 5 October 2023 from the requirement to have an audit under Regulation 34(3)(a) of the Charities (accounts and Reports) Regulations 2008.

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Colin Barker
.....
Colin Barker FCA

Edmund Carr LLP
146 New London Road
Chelmsford
CM2 0AW

25 January 2024

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2023

	Note	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Income from:					
Donations and legacies	2	513,153	-	513,153	141,276
Other trading activities	3	3,881	-	3,881	10,939
Investments	4	6,808	-	6,808	52
Charitable activities	5	32,876	-	32,876	15,446
Transfer of assets	9	462,308	30,854	493,162	-
Other		60	-	60	698
Total Income		1,019,086	30,854	1,049,940	168,411
Expenditure on:					
Raising funds		6,186	-	6,186	12,068
Charitable activities	6	179,853	3,090	182,943	185,668
Total Expenditure		186,039	3,090	189,129	197,736
Net income/(expenditure)		833,047	27,764	860,811	(29,325)
Transfers between funds		-	-	-	-
Net Movement in Funds		833,047	27,764	860,811	(29,325)
Reconciliation of Funds					
Total funds brought forward		337,791	19,088	356,879	386,204
Total Funds Carried Forward		£1,170,838	£46,852	£1,217,690	£356,879

All of the above amounts relate to continuing activities.

The notes on pages 11 to 17 form part of these financial statements.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
BALANCE SHEET
AS AT 31 MARCH 2023

	Note	2023		2022	
		£	£	£	£
Fixed Assets					
Tangible fixed assets	11		1,332		-
Current Assets					
Debtors	12	5,537		10,399	
Cash at bank and in hand		<u>1,362,643</u>		<u>353,118</u>	
		1,368,180		363,517	
Creditors: Amounts falling due within one year					
	13	<u>(151,822)</u>		<u>(6,638)</u>	
Net Current Assets			<u>1,216,358</u>		<u>356,879</u>
Net Assets			<u>1,217,690</u>		<u>356,879</u>
The funds of the charity:					
Unrestricted Funds	15	671,990		298,049	
Designated Funds		<u>498,848</u>		<u>39,742</u>	
Total Unrestricted Funds			1,170,838		337,791
Restricted Funds	16		<u>46,852</u>		<u>19,088</u>
Total Charity Funds			<u>1,217,690</u>		<u>356,879</u>

These financial statements were approved by the Trustees on 25 January 2024 and are signed on their behalf by:

Ian Nelson
.....
IAN NELSON (CHAIR OF THE TRUSTEES)

The notes on pages 11 to 17 form part of these financial statements.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
CASHFLOW STATEMENT
YEAR ENDED 31 MARCH 2023

	Note	2023	2022
Cash flows from operating activities:			
Net movement in funds		860,811	(29,325)
<i>Adjustments for:</i>			
Depreciation charges	11	444	-
Investment income	4	(6,808)	(52)
Decrease / (increase) in debtors	12	4,862	1,409
Increase / (decrease) in creditors	13	145,184	(4,492)
Cash provided by / (used in) operating activities		<u>1,004,493</u>	<u>(32,460)</u>
Cash flows from investing activities:			
Investment income	4	6,808	52
Purchase of fixed assets	11	(1,776)	-
Cash provided by investing activities		<u>5,032</u>	<u>52</u>
Increase / (decrease) in cash and cash equivalents in the year		1,009,525	(32,408)
Cash and cash equivalents at start of year		353,118	385,526
Cash and cash equivalents at end of year		<u><u>1,362,643</u></u>	<u><u>353,118</u></u>

The notes on pages 11 to 17 form part of these financial statements.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

1) ACCOUNTING POLICIES

General information and basis of preparation

Scoliosis Association UK is a Charitable Incorporated Organisation, registered in England and Wales (charity no: 1181463).

The charity constitutes a public benefit entity as defined by FRS102.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income can be measured reliably.

Expenditure recognition

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to the category.

Expenditure on raising funds was previously netted off against income but income is now recorded gross.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure arose.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

1) ACCOUNTING POLICIES (continued)

Taxation

The charity is exempt from taxation in respect of income or capital gains to the extent that such income or gains are applied exclusively to charitable purposes.

Fixed assets

The charity's policy is to capitalise fixed assets over £1,000. Expenditure below this threshold is recognised as expenditure in the year in which it occurs.

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Equipment	25% straight line

Stocks

No value is placed on stocks of stationery or advertising materials held by the charity.

Debtors and creditors receivable /payable within one year

Debtors and creditors receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and at bank.

Fund Accounting

Funds held by the charity are either:

Unrestricted general funds - these are funds that can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity.

Designated funds - these are funds that have been set aside by the trustees for particular purposes.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2023****2) DONATIONS & LEGACIES**

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Donations	99,838	-	99,838	94,626
Legacies	373,263	-	373,263	11,000
BSRF fees	30,000	-	30,000	25,620
Gift Aid	5,052	-	5,052	7,030
Other	5,000	-	5,000	3,000
	<u>513,153</u>	<u>-</u>	<u>513,153</u>	<u>141,276</u>

3) OTHER TRADING ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Fundraising activities with BSRF	-	-	-	7,217
Website sales	3,881	-	3,881	3,220
Other Activities	-	-	-	502
	<u>3,881</u>	<u>-</u>	<u>3,881</u>	<u>10,939</u>

4) INVESTMENTS

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Bank interest receivable	<u>6,808</u>	<u>-</u>	<u>6,808</u>	<u>52</u>

5) INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Conference income	17,797	-	17,797	-
Subscriptions	15,079	-	15,079	15,446
	<u>32,876</u>	<u>-</u>	<u>32,876</u>	<u>15,446</u>

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2023**

6) EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Awards	3,202	3,090	6,292	3,266
Staff costs	103,643	-	103,643	116,756
Website and magazine costs	8,029	-	8,029	3,376
Support costs (Note 7)	50,635	-	50,635	53,883
Governance costs (Note 8)	14,344	-	14,344	8,387
	<u>179,853</u>	<u>3,090</u>	<u>182,943</u>	<u>185,668</u>

7) SUPPORT COSTS

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Office costs	45,980	-	45,980	52,170
Meetings, travel & subsistence	1,675	-	1,675	203
Bank Charges	2,980	-	2,980	1,510
	<u>50,635</u>	<u>-</u>	<u>50,635</u>	<u>53,883</u>

8) GOVERNANCE COSTS

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Fees payable to independent examiner	3,090	-	3,090	3,240
Bookkeeping fees	1,606	-	1,606	-
Professional fees	9,648	-	9,648	5,147
	<u>14,344</u>	<u>-</u>	<u>14,344</u>	<u>8,387</u>

9) TRANSFER OF ASSETS

The assets of British Scoliosis Research Foundation (BSRF), registered charity no: 803772, were transferred to SSR with effect from 1 January 2023 following a decision to merge.

Four BSRF trustees were appointed to the Board of SSR and BSRF was dissolved. The unrestricted funds transferred have been designated by the Trustees for research purposes.

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2023

10) STAFF COSTS AND EMOLUMENTS

	2023	2022
	£	£
Salaries and wages	97,131	109,146
Social security costs	5,012	5,886
Employer pension costs	1,500	1,724
	<u>103,643</u>	<u>116,756</u>

Average number of paid staff on a head count basis for the year was 4 (2022 - 4)
None of the employees' emoluments exceeded £60,000

11) TANGIBLE FIXED ASSETS

	Equipment	Total
	£	£
COST		
As at 1 April 2022	-	-
Additions	1,776	1,776
At 31 March 2023	<u>1,776</u>	<u>1,776</u>
DEPRECIATION		
As at 1 April 2022	-	-
Charge for the period	444	444
At 31 March 2023	<u>444</u>	<u>444</u>
NET BOOK VALUE		
At 31 March 2023	<u>1,332</u>	<u>1,332</u>
At 31 March 2022	<u>-</u>	<u>-</u>

12) DEBTORS

	2023	2022
	£	£
Debtors	5,052	6,059
Prepayments	485	4,340
	<u>5,537</u>	<u>10,399</u>

13) CREDITORS: Amounts falling due within one year

	2023	2022
	£	£
Creditors	3,167	2,507
Research Grants Payable	144,275	-
Accruals	4,380	4,131
	<u>151,822</u>	<u>6,638</u>

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2023**

14) COMMITMENTS UNDER OPERATING LEASES

Total rental payments due under operating leases are as follows:

	2023 £	2022 £
Within 1 year	10,000	10,000
Within 2 to 5 years	10,000	20,000
	<u>20,000</u>	<u>30,000</u>

15) UNRESTRICTED FUNDS

	Balance at 1 Apr 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 Mar 2023 £
General funds	298,049	556,778	(182,837)	-	671,990
<i>Designated funds:</i>					
a) Ailee Harrison Fund	4,825	-	(150)	-	4,675
b) Hill, Pedder, Minns Fund	34,917	-	(3,052)	-	31,865
c) BSRF funds	-	462,308	-	-	462,308
	<u>337,791</u>	<u>1,019,086</u>	<u>(186,039)</u>	<u>-</u>	<u>1,170,838</u>

- a) The Ailee Harrison Fund arose from a legacy and is used to provide financial prizes for art projects.
- b) The Hill, Pedder, Minns Fund arose from 3 legacies and is used to provide grants to members of up to £500 for equipment relating to their condition.
- c) Funds transferred from BSRF have been designated for research purposes by the Trustees.

16) RESTRICTED FUNDS

	Balance at 1 Apr 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 Mar 2023 £
a) ARISE	19,088	-	(3,090)	-	15,998
b) BEIS fund (BSRF)	-	30,854	-	-	30,854
	<u>19,088</u>	<u>30,854</u>	<u>(3,090)</u>	<u>-</u>	<u>46,852</u>

- a) ARISE fund provides travel grants of up to £500 to young researchers (the Charles Manning Award).
 - b) Funds awarded by the BEIS 'Early Career Researchers Fund' to BSRF towards research projects supported by the charity were transferred to SSR following the merger.
-

SCOLIOSIS SUPPORT AND RESEARCH (formerly SCOLIOSIS ASSOCIATION UK)
NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2023

17) ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Fixed assets	Net current assets	Total
	£	£	£
Unrestricted funds			
General	1,332	670,658	671,990
Designated funds	-	498,848	498,848
Restricted funds	-	46,852	46,852
Total funds	<u>1,332</u>	<u>1,216,358</u>	<u>1,217,690</u>

18) RELATED PARTY TRANSACTIONS

There were no related party transactions during the year (2022 - nil).

Trustees do not receive any remuneration or fees and no trustees were reimbursed for expenses (2022-nil).

19) UNRESTRICTED FUNDS - PRIOR YEAR

	Balance at 1 Apr 2021	Income	Expenditure	Transfers	Balance at 31 Mar 2022
	£	£	£	£	£
General funds	318,539	168,407	(194,470)	5,573	298,049
<i>Designated funds:</i>					
a) Ailee Harrison Fund	5,000	-	(175)	-	4,825
b) Hill, Pedder, Minns Fund	37,008	-	(2,091)	-	34,917
	<u>360,547</u>	<u>168,407</u>	<u>(196,736)</u>	<u>5,573</u>	<u>337,791</u>

- a) The Ailee Harrison Fund arose from a legacy and is used to provide financial prizes for art projects.
b) The Hill, Pedder, Minns Fund arose from 3 legacies and is used to provide grants to members of up to £500 for equipment relating to their condition.

20) RESTRICTED FUNDS - PRIOR YEAR

	Balance at 1 Apr 2021	Income	Expenditure	Transfers	Balance at 31 Mar 2022
	£	£	£	£	£
a) London Law Trust	1,315	-	-	(1,315)	-
b) Strongbones Fund	3,256	-	-	(3,256)	-
c) ARISE	21,086	4	(1,000)	(1,002)	19,088
	<u>25,657</u>	<u>4</u>	<u>(1,000)</u>	<u>(5,573)</u>	<u>19,088</u>

- a) London Law Trust provided funding for a Baby Project which involved provision of booklets giving advice around pregnancy.
b) Strongbones Fund was set up for the provision of family days.
c) ARISE fund provides travel grants of up to £500 to young researchers (the Charles Manning Award).

Some expenditure classified as unrestricted in previous years related to the restricted funds above.
Transfers to unrestricted funds have been made to correct the closing balances.

Scoliosis Support and Research

England & Wales - Charity number 1181463

Accounts

SCOLIOSIS ASSOCIATION UK

ANNUAL REPORT & ACCOUNTS
31ST MARCH 2022

Registered Charity Number 1181463

EDMUND CARR LLP
Chartered Accountants
146 New London Road
Chelmsford
Essex
CM2 0AW

SCOLIOSIS ASSOCIATION UK

YEAR ENDED 31 MARCH 2022

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SCOLIOSIS ASSOCIATION UK

REFERENCE AND ADMINISTRATIVE DETAILS

YEAR ENDED 31 MARCH 2022

Registered Charity Name	Scoliosis Association UK
Charity Number	1181463
Registered Office	Unit 4, Ivebury Court 325 Latimer Court London W10 6RA
Trustees	Dr. S Clark (Chair) Dr R Levene Mr C Nnadi Mrs L Clancy (resigned November 2021) Mrs C Richards Dr S Spencer (resigned September 2022) Mrs S Kraft Dr N Jones Mr T Tsirikos
Accountants	Edmund Carr LLP Chartered Accountants 146 New London Road Chelmsford Essex CM2 0AW
Bankers	Cafcash 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

SCOLIOSIS ASSOCIATION UK
TRUSTEES' ANNUAL REPORT
YEAR ENDED 31 MARCH 2022

The Trustees have pleasure in presenting their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Aims

The Scoliosis Association UK is the only UK-wide patient support organisation for people with scoliosis and their families. Our Vision is to promote the physical and mental wellbeing of people with scoliosis and their families. Our Mission is to provide advice, support, and information to people affected by scoliosis and their families, and to raise awareness of and educate health professionals and the general public about scoliosis.

Many people have never heard of scoliosis and do not have an understanding of the effect it can have on people's lives. Having scoliosis can leave people feeling isolated and unsure where to turn. At SAUK, our aim is to be there for people with scoliosis and those close to them so that we can help them to access the care they need, both physically and mentally, reduce feelings of isolation, and to address poor body image, worry, fear, and lack of information.

Supporting our members and raising awareness of scoliosis

We give people with scoliosis a voice. We represent their views and concerns and drum up support for better resources and understanding of the condition. We run a membership network that allows people with scoliosis to get in touch with each other and offers the support of a SAUK Regional Representative. We provide health information publications in accordance with the NHS Information Standard as was, which means our information is up-to-date, accurate, and has been checked by specialists. We run a Helpline through which people can call or email the SAUK team for advice, support, or just someone to talk to. We produce a twice-yearly magazine called Backbone, which is full of practical advice, support, and information. We hold patient meetings in specialist centers and online, at which specialists provide advice about scoliosis and people have the chance to ask questions.

We instigated an annual International Scoliosis Day (ISAD) in 2013 to help raise awareness of scoliosis. It is now a major event with activities taking place all over the country. We keep an up-to-date list of scoliosis specialists, allowing people with scoliosis to find out where to go for the best available treatment. Online we have a members' forum, Facebook page, Twitter feed, and Instagram account through which people affected by scoliosis can connect. See www.sauk.org.uk.

We have set up a special Fund (Hill, Pedder, Minns) with legacies to help our members with travel expenses and equipment. The Fund started with £39,518 and we have paid out £2,091 this year and £4,601 in total since the fund was set up for expenses and costs of equipment. When one of our founding trustees died some time ago, we formed the Isobel Gray Award for services to SAUK in her memory. We also have a Roll of Honour for special bravery during treatment and it is awarded to many young people each year, with special mention in Backbone.

SCOLIOSIS ASSOCIATION UK

TRUSTEES' ANNUAL REPORT *(continued)*

YEAR ENDED 31 MARCH 2022

Many GPs see only one or two scoliosis patients in their lifetime and are not taught about it at medical school unless they choose to do orthopaedics. SAUK has sponsored and helped to produce an e-learning module about scoliosis for General Practitioners, published online by the Royal College of General Practitioners, which has provided a synopsis of the disorder.

SAUK is also supporting research by collaborating with researchers and making our members aware of the research and inviting them to participate. Currently there is a big trial of night-time only bracing taking place in the UK, with many SAUK members as participants. Another study is in the planning stages, and we have agreed to collaborate once funding and ethics approval are in place. We have undertaken similar support in the past, notably a collaboration with the James Lind Alliance in Oxford, which looked at research priorities from patients' point of view.

Covid-19 measures taken for staff returning to work post-lockdown are flexible working, with 2-3 days a week in the office, with at least one person in the office most days. Our telephone system has been adapted such that staff can answer Helpline calls from home, whilst maintaining the same high standards of confidentiality and privacy.

The online Q&A sessions with spinal consultants have proved very popular with our members and are well attended. We will be continuing them for the foreseeable future but aim to restart our regional meetings, hosted by scoliosis centres, in the coming months. International Scoliosis Awareness Day (ISAD) was also held virtually. We held Zoom events, gave podcasts, had videos online, and held an online life drawing class, throughout June. **Given the constraints of Covid, we used our social media platforms to great effect to mount an effective awareness campaign, increasing our reach and audience.**

Regional Representatives

SAUK has a nationwide network of over 40 Regional Representatives, which enables us to put our members in touch with those in their area so that they have somebody local to talk to. SAUK Regional Representatives are volunteers and provide a great amount of help. They support SAUK members locally and help to raise awareness of scoliosis. Some have regional Facebook groups and organise regular get-togethers.

SCOLIOSIS ASSOCIATION UK
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2022

Publications

SAUK had Information Standard accreditation, which has now been discontinued by NHS England. It was a certification scheme for all organisations producing evidence-based health and social care information for the public. SAUK has continued to apply this standard to all its relevant publications so that the public and patients can depend on reliable sources of good quality and evidence-based information. SAUK health information is almost always written by specialists and is peer reviewed as part of our rigorous information production system. www.sauk.org.uk/scoliosis-information.

Public Benefit - Working for Patients

The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit. SAUK's aims are wholly directed at delivering public benefit.

Structure, governance, and management

SAUK became incorporated to a Charitable Limited Company on January 7th, 2019.

The Trustees are:

Dr Stephanie Clark PhD (Chair), Mr Thanos Tsirikos FRCS, Dr Nicholas Jones MB, Mrs Carol Richards, Ms Susannah Kraft, Mr Colin Nnadi FRCS, and Dr Rachel Levene MB.

Two Trustees resigned in 2021-22, Dr Stuart Spencer and Mrs Leia Clancy. Both had made invaluable contributions to SAUK. SAUK extends special thanks to them both for their work on behalf of people with scoliosis.

HRH Princess Eugenie is SAUK's Royal Patron, and the other Patrons are: David Rintoul, Actor, and Pippa Britton, Paralympic archer.

The staff team during 2021-22 consisted of Mrs Lesley McGinty, who was appointed as Charity Director in April 2021, Natalie Cooper, Communications Officer, and Denise Aulsberry as Membership and Finance Officer. All employees are based at SAUK's premises at Ivebury Court, Latimer Road, West London. Since late 2021 SAUK has been in talks with the British Scoliosis Research Foundation (BSRF) about merging the two organisations. SAUK and the BSRF have been closely affiliated for many years and both organisations use the Ivebury Court office as their respective administrative centres. The two Boards felt that a merger would be beneficial for all patients with scoliosis and related conditions, some of whom are now taking part trials and are active in discussions about future research. The two organisations believe that such a merger will also ensure the continuation of support for patients with scoliosis by combining of resources and expertise.

The company was incorporated on January 7th, 2019, as a company limited by guarantee. The company is entered in the Central Register of Charities by the Charity Commissioners for England and Wales with registration number 1181463. SAUK is governed by a board of Trustees, consisting of a combination of spinal surgeons, general practitioners, scientists, and lay members. The office staff is composed of a Charity Director, supported by a Communications Officer, whose costs are shared with the BSRF, and a Membership and Accounts Officer. Additionally. The office is manned 5 days a week in normal times.

SCOLIOSIS ASSOCIATION UK
TRUSTEES' ANNUAL REPORT *(continued)*
YEAR ENDED 31 MARCH 2022

The Board of Trustees meets four times a year and the Charity Director reports formally to the Board at these meetings. New Trustees are generally selected from contacts with knowledge of scoliosis and related issues. They are invited to attend the next Trustee meeting at which they observe proceedings, and their appointment is later approved by the existing Trustees. SAUK set up four governing committees in 2020, each composed of two or more Trustees. With the appointment of the Charity Director, who has responsibility for the management of the organisation, SAUK has disbanded the management committees. The plan post-merger is to have several committees with specific responsibilities related to the functioning of the former organisations.

Finance

SAUK ended the year in a healthy financial condition with total reserves of £356,879. Revenues from donations rose by 8% from the previous year and fundraising/other activities dropped by a relatively small 10% caused mostly by the effects of the pandemic on mass participation events and restrictions of movement. Our membership subscriptions stayed much the same as the previous year. SAUK only received one small legacy of £1,000 during this year but we have been notified of significant sums to come in the next financial year. SAUK spent £196,736 in the current year compared with £161,024 in the previous year. Costs increased around staffing/ recruitment, a redundancy payment and investment in new systems to improve compliance and efficiency. Cost savings were also made in other areas.

Following the Public Health Emergency caused by COVID 19 SAUK has seen a reduction in fundraising revenues generated by sporting events, which has continued throughout 2021-22, although not at a significant level. Despite the limitations of the pandemic SAUK was able to continue without having to reduce any of the services normally provided. SAUK is developing new projects and ways to support people with scoliosis, with the benefit of the increased funds.

SAUK holds almost all its assets as cash deposits and these amounted to £353,118 at the year end. Unrestricted reserves (excluding designated funds) amounted to £298,049. SAUK's reserve policy is to maintain a minimum of £100,000 of unrestricted funds. This policy will be reviewed post-merger.

SCOLIOSIS ASSOCIATION UK
TRUSTEES' ANNUAL REPORT (*continued*)
YEAR ENDED 31 MARCH 2022

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption.

Approved by the Trustees on 23 October 2022 and signed on their behalf by:

Stephanie Clark
.....

Stephanie Clark

Chair of the Trustees

SCOLIOSIS ASSOCIATION UK
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
YEAR ENDED 31 MARCH 2022

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 8 to 18.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Colin Barker

.....
Colin Barker FCA

Edmund Carr LLP
146 New London Road
Chelmsford
CM2 0AW

5 December 2022

SCOLIOSIS ASSOCIATION UK
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2022

	Note	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Income from:					
Donations and legacies	2	141,276	-	141,276	131,051
Other trading activities	3	10,939	-	10,939	14,384
Investments	4	48	4	52	305
Charitable activities	5	15,446	-	15,446	15,741
Other		698	-	698	-
Total Income		168,407	4	168,411	161,481
Expenditure on:					
Raising funds		12,068	-	12,068	-
Charitable activities	6	184,668	1,000	185,668	161,024
Total Expenditure		196,736	1,000	197,736	161,024
Net income/(expenditure)		(28,329)	(996)	(29,325)	457
Transfers between funds		5,573	(5,573)	-	-
Net Movement in Funds		(22,756)	(6,569)	(29,325)	457
Reconciliation of Funds					
Total funds brought forward		360,547	25,657	386,204	385,747
Total Funds Carried Forward		£337,791	£19,088	£356,879	£386,204

All of the above amounts relate to continuing activities.

SCOLIOSIS ASSOCIATION UK

BALANCE SHEET

AS AT 31 MARCH 2022

	Note	2022		2021	
		£	£	£	£
Current Assets					
Debtors	11	10,399		11,808	
Cash at bank and in hand		<u>353,118</u>		<u>385,526</u>	
		363,517		397,334	
Creditors: Amounts falling due within one year	12	<u>(6,638)</u>		<u>(11,130)</u>	
Net Current Assets			<u>356,879</u>		<u>386,204</u>
Net Assets			<u>356,879</u>		<u>386,204</u>
The funds of the charity:					
Unrestricted Funds		298,049		318,539	
Designated Funds		<u>39,742</u>		<u>42,008</u>	
Total Unrestricted Funds	14		337,791		360,547
Restricted Funds	15		19,088		25,657
Total Charity Funds			<u>356,879</u>		<u>386,204</u>

These financial statements were approved by the Trustees on 14 September 2022 and are signed on their behalf by:

Stephanie Clark

.....
DR S CLARK (CHAIR OF THE TRUSTEES)

SCOLIOSIS ASSOCIATION UK
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

1) ACCOUNTING POLICIES

General information and basis of preparation

Scoliosis Association UK is a Charitable Incorporated Organisation, registered in England and Wales (charity no: 1181463).

The charity constitutes a public benefit entity as defined by FRS102.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income can be measured reliably.

Expenditure recognition

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to the category.

Expenditure on raising funds was previously netted off against income but income is now recorded gross.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure arose.

SCOLIOSIS ASSOCIATION UK
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2022

1) ACCOUNTING POLICIES (continued)

Taxation

The charity is exempt from taxation in respect of income or capital gains to the extent that such income or gains are applied exclusively to charitable purposes.

Fixed assets

The charity's policy is to capitalise fixed assets over £7,000. Expenditure below this threshold is recognised as expenditure in the year in which it occurs.

Stocks

No value is placed on stocks of stationery or advertising materials held by the charity.

Debtors and creditors receivable /payable within one year

Debtors and creditors receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and at bank.

Fund Accounting

Funds held by the charity are either:

Unrestricted general funds - these are funds that can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity.

Designated funds - these are funds that have been set aside by the trustees for particular purposes.

Going Concern

The financial statements have been prepared on a going concern basis as the trustees believe believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

SCOLIOSIS ASSOCIATION UK
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2022

2) DONATIONS & LEGACIES

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Donations	94,626	-	94,626	63,978
Legacies	11,000	-	11,000	18,180
BSRF Grant	25,620	-	25,620	35,878
Gift Aid	7,030	-	7,030	5,015
Other	3,000	-	3,000	8,000
	<u>141,276</u>	<u>-</u>	<u>141,276</u>	<u>131,051</u>

3) OTHER TRADING ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Fundraising activities with BSRF	7,217	-	7,217	8,977
Christmas cards	2,751	-	2,751	2,016
Raffle	119	-	119	2,261
500 Club	383	-	383	362
Other Activities	469	-	469	768
	<u>10,939</u>	<u>-</u>	<u>10,939</u>	<u>14,384</u>

4) INVESTMENTS

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Bank interest receivable	<u>48</u>	<u>4</u>	<u>52</u>	<u>305</u>

5) INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Subscriptions	<u>15,446</u>	<u>-</u>	<u>15,446</u>	<u>15,741</u>

SCOLIOSIS ASSOCIATION UK**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2022**

6) EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Awards	2,266	1,000	3,266	1,560
Staff costs	116,756	-	116,756	105,375
Website costs	3,376	-	3,376	4,629
Support costs (Note 7)	53,883	-	53,883	45,127
Governance costs (Note 8)	8,387	-	8,387	4,333
	<u>184,668</u>	<u>1,000</u>	<u>185,668</u>	<u>161,024</u>

7) SUPPORT COSTS

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Office costs	52,170	-	52,170	44,903
Meetings, travel & subsistence	203	-	203	-
Bank Charges	1,510	-	1,510	224
	<u>53,883</u>	<u>-</u>	<u>53,883</u>	<u>45,127</u>

8) GOVERNANCE COSTS

	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Fees payable to independent examiner	3,240	-	3,240	2,160
Professional fees	5,147	-	5,147	2,173
	<u>8,387</u>	<u>-</u>	<u>8,387</u>	<u>4,333</u>

9) TRUSTEE REMUNERATION

Trustees do not receive any remuneration or fees and no trustees were reimbursed for expenses during the year (2021 - nil).

SCOLIOSIS ASSOCIATION UK
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2022

10) STAFF COSTS AND EMOLUMENTS

	2022	2021
	£	£
Salaries and wages	109,146	99,558
Social security costs	5,886	4,605
Employer pension costs	1,724	1,212
	<u>116,756</u>	<u>105,375</u>

Average number of paid staff on a head count basis for the year was 4 (2021 - 4)
None of the employees' emoluments exceeded £60,000

11) DEBTORS

	2022	2021
	£	£
Debtors	6,059	5,165
Prepayments	4,340	6,643
	<u>10,399</u>	<u>11,808</u>

12) CREDITORS: Amounts falling due within one year

	2020	2021
	£	£
Creditors	2,507	11,130
Accruals	4,131	-
	<u>6,638</u>	<u>11,130</u>

SCOLIOSIS ASSOCIATION UK

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2022

13) COMMITMENTS UNDER OPERATING LEASES

Total rental payments due under operating leases are as follows:

	2022	2021
	£	£
Within 1 year	10,000	6,345
Within 2 to 5 years	-	-
	<u>10,000</u>	<u>6,345</u>

14) UNRESTRICTED FUNDS

	Balance at 1 Apr 2021	Income	Expenditure	Transfers	Balance at 31 Mar 2022
	£	£	£	£	£
General funds	318,539	168,407	(194,470)	5,573	298,049
<i>Designated funds:</i>					
a) Ailee Harrison Fund	5,000	-	(175)	-	4,825
b) Hill, Pedder, Minns Fund	37,008	-	(2,091)	-	34,917
	<u>360,547</u>	<u>168,407</u>	<u>(196,736)</u>	<u>5,573</u>	<u>337,791</u>

- a) The Ailee Harrison Fund arose from a legacy and is used to provide financial prizes for art projects.
 b) The Hill, Pedder, Minns Fund arose from 3 legacies and is used to provide grants to members of up to £500 for equipment relating to their condition.

15) RESTRICTED FUNDS

	Balance at 1 Apr 2021	Income	Expenditure	Transfers	Balance at 31 Mar 2022
	£	£	£	£	£
a) London Law Trust	1,315	-	-	(1,315)	-
b) Strongbones Fund	3,256	-	-	(3,256)	-
c) ARISE	21,086	4	(1,000)	(1,002)	19,088
	<u>25,657</u>	<u>4</u>	<u>(1,000)</u>	<u>(5,573)</u>	<u>19,088</u>

- a) London Law Trust provided funding for a Baby Project which involved provision of booklets giving advice around pregnancy.
 b) Strongbones Fund was set up for the provision of family days.
 c) ARISE fund provides travel grants of up to £500 to young researchers (the Charles Manning Award).

Some expenditure classified as unrestricted in previous years related to the restricted funds above.
 Transfers to unrestricted funds have been made to correct the closing balances.

SCOLIOSIS ASSOCIATION UK

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2022

16) ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Net current assets	Total
	£	£
Unrestricted funds		
General	298,049	298,049
Designated funds	39,742	39,742
Restricted funds	19,088	19,088
Total funds	<u>356,879</u>	<u>356,879</u>

17) RELATED PARTY TRANSACTIONS

There were no related party transactions during the year. (2020-2021 - nil)

18) PRIOR YEAR - UNRESTRICTED FUNDS NOTE

	Balance at 1 Apr 2020	Income	Expendit ure	Transfers	Balance at 31 Mar 2021
	£	£	£	£	£
General funds	316,531	161,472	(159,464)	-	318,539
<i>Designated funds:</i>					
Ailee Harrison Fund	5,000	-	-	-	5,000
Hill, Pedder, Minns Fund	38,568	-	(1,560)	-	37,008
	<u>360,099</u>	<u>161,472</u>	<u>(161,024)</u>	<u>-</u>	<u>360,547</u>

19) PRIOR YEAR - RESTRICTED FUNDS NOTE

	Balance at 1 Apr 2020	Income	Expendit ure	Transfers	Balance at 31 Mar 2021
	£	£	£	£	£
London Law Trust	1,315	-	-	-	1,315
Strongbones Fund	3,256	-	-	-	3,256
ARISE	21,077	9	-	-	21,086
	<u>25,648</u>	<u>9</u>	<u>-</u>	<u>-</u>	<u>25,657</u>

Scoliosis Support and Research

England & Wales - Charity number 1181463

Accounts



SCOLIOSIS ASSOCIATION UK
ANNUAL REPORT & ACCOUNTS
31ST MARCH 2021

Registered Charity Number: 1181463

SAUK Annual Report from the Chair

Aims

The Scoliosis Association UK is the only UK-wide patient support organisation for people with scoliosis and their families. Our Vision is to promote the physical and mental wellbeing of people with scoliosis and their families. Our Mission is to provide advice, support, and information to people affected by scoliosis and their families, and to raise awareness of and educate health professionals and the general public about scoliosis.

Many people have never heard of scoliosis and don't have an understanding of the effect it can have on people's lives. Having scoliosis can leave people feeling isolated and unsure where to turn. At SAUK our aim is to be there for people with scoliosis and those close to them so that we can help them to access the care they need and reduce feelings of isolation, and to address poor body image, worry, fear, and lack of information.

Supporting our members and raising awareness of scoliosis

We give people with scoliosis a voice. We represent their views and concerns and drum up support for better resources and understanding of the condition. We run a membership network that allows people with scoliosis to get in touch with each other and offers the support of a SAUK Regional Representative. We provide health information publications in accordance with the NHS Information Standard as was, which means our information is up-to-date, accurate, and has been checked by specialists. We run a Helpline through which people can call or email the SAUK team for advice, support, or just someone to talk to. We produce a twice-yearly magazine called *Backbone*, which is full of practical advice, support, and information. We hold patient meetings in specialist centres and online, at which specialists provide advice about scoliosis and people have the chance to ask questions. We instigated an annual International Scoliosis Day (ISAD) in 2013 to help raise awareness of scoliosis. It is now a major event with activities taking place all over the country. We keep an up-to-date list of scoliosis specialists, allowing people with scoliosis to find out where to go for the best available treatment. Online we have a members' forum, Facebook page, Twitter feed, and Instagram for people affected by scoliosis to connect. See www.sauk.org.uk. We have set up a special Fund (Hills, Pedder, Minns) with legacies to help our members with travel expenses and equipment. The Fund started with £39,768 and we have paid out £4,201 for expenses and costs of equipment so far. When one of our founding trustees died some time ago we formed the Isobel Gray Award for services to SAUK in her memory. We also have a Roll of Honour for special bravery during treatment and it is awarded to many young people each year, with special mention in *Backbone*.

Many GPs see only one or two scoliosis patients in their lifetime and are not taught about it at medical school unless they choose to do orthopaedics. SAUK has sponsored and helped to produce an e-learning module about scoliosis for General Practitioners, published online by the Royal College of General Practitioners, which provides a synopsis of the disorder.

SAUK is also supporting research by collaborating with researchers and making our members aware of the research and inviting them to participate. Currently there is a big trial of bracing taking place in the UK, with many SAUK members as participants. Another study is in the planning stages and we have agreed to collaborate once funding and ethics approval are in place. We have undertaken similar support in the past, notably a collaboration with the James Lind Alliance in Oxford, which looked at research priorities from patients' point of view.

Covid-19

During the Covid pandemic and various lockdowns we kept our services running, with some modifications. One member of staff worked in the office 3 days a week and another 1 day a week on a different day. The other two staff members worked from home only. In that way the risk of becoming infected was greatly reduced and we were able to keep the Helpline going. Latterly our system has been adapted such that staff can answer Helpline calls from home, whilst maintaining the same high standards of confidentiality and privacy.

Measures taken for staff returning to work post-lockdown are flexible working, with 2-3 days a week in the office. With only two out of four staff in the office at the same time, social distancing can be maintained. Staff have been doing lateral flow tests before coming to work. A cleaner comes in once a week and sanitisers are provided.

Rather than holding our face-to-face regional meetings we arranged for consultants to hold Q&A sessions online. These proved very popular with our members and were well attended. International Scoliosis Awareness Day (ISAD) was also held virtually. We held Zoom events, gave podcasts, had videos online, and held an online life drawing class, throughout June.

Regional Representatives

SAUK has a nationwide network of over 40 Regional Representatives, which enables us to put our members in touch with those in their area so that they have somebody local to talk to. SAUK Regional Representatives are volunteers and provide a great amount of help. They support SAUK members locally and help to raise awareness of scoliosis. Some have regional Facebook groups and organise regular get-togethers.

Publications

SAUK had Information Standard accreditation, which has now been discontinued by NHS England. It was a certification scheme for all organisations producing evidence-based health and social care information for the public. SAUK has continued to apply this standard to all its relevant publications so that the public and patients can depend on reliable sources of good quality and evidence-based information. SAUK health information is almost always written by specialists and is peer reviewed as part of our rigorous information production system. www.sauk.org.uk/scoliosis-information.

Working for Patients

The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit. SAUK's aims are wholly directed at delivering public benefit.

SAUK became incorporated as a Charitable Incorporated Organisation on January 7th, 2019.

The Trustees are:

Dr Stephanie Clark PhD (Chair), Dr Stuart Spencer PhD, Professor Anita Simonds FRCP (resigned January, 2020), Mr Thanos Tsirikos FRCS, Dr Nicholas Jones MB, Mrs Carol Richards, Ms Susannah Kraft, and were joined by Mr Colin Nnadi FRCS, on Sept 16th, Ms Leia Clancy on Sept 16th, and Dr Rachel Levene MBO on Nov 4th in 2020.

Our Patrons are: David Rintoul, Actor; Pippa Britton, Paralympic archer; and we were privileged and delighted to have HRH Princess Eugenie, who has scoliosis herself, to agree to be a Royal Patron of SAUK in 2020. We believe she will be most helpful in raising the profile of SAUK and increasing general awareness of scoliosis.

The staff team during 2020-21 consisted of Ms Anne Rowlands as General Manager, Natalie Cooper as Communications Officer, Denise Aulsberry as Membership and Finance Officer, and we were joined in September, 2020, by Emily Gibson as Fundraising Administrator. Ms Rowlands and Ms Gibson have now left. Ms Rowlands has been replaced by Ms Lesley McGinty in a new role of Charity Director. All employees are based at SAUK's premises at Ivebury Court, Latimer Road, West London. The affiliation with the BSRF continued during 2020, but the BSRF experienced a reduction in its income and cut its contribution for staff salaries and office expenses. SAUK agreed to cover that loss. The two organisations are thinking about merging and will look into the possibility later in 2021. Both SAUK & BSRF use the Ivebury Court office as their respective administrative centres.

Structure, governance, and management

The charity was incorporated on January 7th, 2019, as a Charitable Incorporated Organisation. The Charity is entered in the Central Register of Charities by the Charity Commissioners for England and Wales with registration number 1181463. SAUK is governed by a board of Trustees, consisting of a combination of spinal surgeons, general practitioners, scientists, and lay members. The office staff is composed of a Charity Director (since April, 2021), supported by a Communications Officer, whose costs are shared with the BSRF, and a Membership and Accounts Officer. Additionally, SAUK has a Trust Fundraiser role for which we are currently recruiting. The office is manned 5 days a week in normal times.

The Board of Trustees meets four times a year and the Charity Director reports formally to the Board at these meetings. New Trustees are generally selected from contacts with knowledge of scoliosis and related issues. They are invited to attend the next Trustee meeting at which they observe proceedings and their appointment is later approved by the existing Trustees. SAUK has set up four governing committees in 2020, each composed of two or more Trustees. They are: Human Resources and Office Management, headed by Carol Richards; Fundraising and Finance, headed by Susannah Kraft; Medical, headed by Thanos Tsirikos; and Publications, headed by Stephanie Clark. The charity's offices are based in London in rented accommodation shared with SAUK's affiliated charity, the BSRF. Funds raised are to be used for the benefit of children and adults with scoliosis and their families.

Finance

SAUK ended the year in a healthy financial condition with £318,539 of unrestricted reserves available and a small surplus of income over expenditure of £457 despite the effects of the Covid 19 pandemic. Revenues from donations fell by 8% from the previous year and fundraising by 27% resulting entirely from the effects of the pandemic on mass participation events and restrictions of movement. Our membership subscriptions stayed much the same as the previous year. SAUK also received several legacies during the year with a value of £18,180. SAUK spent £161,024 in the current year compared with £194,976 in the previous year.

Following the Public Health Emergency caused by COVID 19 SAUK has seen a reduction in fundraising revenues generated by sporting events, which has continued throughout 2020-21. Donations were reduced only slightly and subscriptions have remained stable during this period. The shortfall has been made up by a few larger donations and legacies resulting in a small surplus, without having to reduce any of the services normally provided.

SAUK holds almost all its assets as cash deposits and these amounted to £386,204 at the yearend, of which £318,539 is, as previously stated, unrestricted. SAUK's reserve policy is to maintain a minimum of £100,000 of unrestricted funds. This policy is under review.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published on 16 July 2014.

Approved by the Trustees on 17 November 2021 and signed on their behalf by:



Dr Stephanie Clark
Chair of the Trustees

Financial Statements for the Year to 31 March 2021

Statement of Financial Activities for the year to 31 March 2021

	Notes	Unrestricted £	Restricted £	Total 2021 £	Total 2020 £
Income					
Donations and Legacies	3	86,439		86,439	100,840
Fundraising	4	58,228		58,228	79,472
Subscriptions		15,741		15,741	15,900
Sale of Books and Publications		768		768	(262)
Interest Receivable		296	9	305	448
Miscellaneous		-		-	558
Total Income		161,472	9	161,481	196,956
Expenditure					
Staff and payroll costs	8	107,548		107,548	121,428
Travel and Subsistence		-		-	1,197
Postage and Telephone		12,658		12,658	13,788
Stationery		337		337	793
Printing and Photocopying		6,826		6,826	5,794
Office Equipment & Maintenance		9,065		9,065	5,979
Rent and Service Charges		12,944		12,944	13,516
Insurance		1,108		1,108	1,041
Professional Fees		2,160		2,160	1,200
Newsletter costs		5,529		5,529	6,098
Donations Paid		-		-	20,684
Miscellaneous		2,849		2,849	3,458
Total Expenditure		161,024	-	161,024	194,976
Net Surplus/(Deficit)		448	9	457	1,980
Fund Balances Brought Forward at 31 March 2020		360,099	25,648	385,747	383,767
Fund Balances Carried Forward at 31 March 2021		360,547	25,657	386,204	385,747

Balance Sheet at 31 March 2021

	Notes	2021 £	2020 £
CURRENT ASSETS			
Debtors and Payments in Advance	5	11,808	8,103
Bank Current Account		84,798	102,976
Bank Deposit Accounts		300,728	293,114
		397,334	404,193
CURRENT LIABILITIES			
Creditors and Receipts in Advance	6	11,130	18,446
NET ASSETS	2	386,204	385,747
Funds of the Charity			
		2021 £	2020 £
FUNDS			
Unrestricted Income Funds:			
Accumulated General Funds		318,539	316,531
Designated Funds:			
Ailee Harrison Fund		5,000	5,000
Hill, Pedder, Minns Fund		37,008	38,568
Restricted Income Funds			
London Law Trust (Baby Project)		1,315	1,315
Strongbones Children's Charitable Trust		3,256	3,256
ARISE		21,086	21,077
TOTAL FUNDS		386,204	385,747

Approved by the Trustees on 17 November 2021 and signed on their behalf by:

Stephanie Clarke

Stephanie Clarke (Chair of the Trustees)

Notes to the Accounts for the Year to 31 March 2021

1. Accounting Policies

Accounting Convention

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Practice. The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Charities SORP (FRS102) rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn. The charity constitutes a public benefit entity as defined by FRS102.

Going Concern

The Trustees have considered the impact of the COVID-19 pandemic in their assessment of the charity's ability to prepare accounts as a going concern. Because of the uncertainties surrounding its effects it is difficult to predict the impact on the charity, but having taken all the factors into account, the trustees are of the opinion that the charity has sufficient resources to continue its activities for the next 12 months from the date of signing these accounts.

Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably. For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor that a distribution will be made, or when a distribution is received from the estate. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. The Association's resources are committed directly for funding the activities of SAUK in order to achieve its aims. These activities include: maintaining the helpline through which advice and support is given to SAUK members; communicating with members and organizing member and service user events; fundraising activities; running the volunteer network; communicating with members and the public, including through social media, in order to promote and raise awareness of SAUK and its activities; and office support for general accounts and administration, including strategy and planning.

Debtors and Creditors

Trade and other debtors are recognised initially at the transaction price. Creditors are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received provided as advanced payments for the goods or services it must provide.

Fund accounting

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees. Designated funds – these are funds set aside by the trustees out of unrestricted funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. Analysis of Net Assets by Fund

	Unrestricted Fund		Restricted Funds	Total
	General	Designated		
	£	£	£	
Total Assets	329,669	42,008	25,657	397,334
Current Liabilities	(11,130)	-	-	(11,130)
Net Assets	318,539	42,008	25,657	386,204

3. Donations and Legacies

	2021	2020
	£	£
General Donations	24,381	23,881
Legacies	18,180	26,936
BSRF Grant	35,878	41,023
Other	8,000	8,000
Restricted donations	-	1,000
	86,439	100,840

4. Fundraising Income

	2021	2020
	£	£
Christmas Cards (Net proceeds)	2,016	1,520
Raffle (Net proceeds)	2,261	3,432
500 Club (Net Proceeds)	362	397
Joint Activities with BSRF	8,977	16,166
Other Activities	44,612	57,957
	58,228	79,472

5. Debtors and Prepayments

	2021	2020
	£	£
Gift Aid Claim	5,165	5,015
Prepaid Accounts	6,643	3,088
	11,808	8,103

Notes to the Accounts for the Year to 31 March 2021

6. Creditors

	2021	2020
	£	£
Fundraising due to BSRF	8,941	16,166
Payroll taxes	2,189	2,060
Accounts payable	-	220
	11,130	18,446

7. Operating Leases

Total rental payments due under operating leases in respect of land and buildings are as follows:

	2021	2020
	£	£
Within 1 year	-	15,126
Within 2 to 5 years	-	6,345
	-	21,471

8. Employee Remuneration

Total remuneration for the year amounted to £105,375 (2019/2020 £109,792)

Average number of paid staff for the year was 4 (2019/2020 - 4)

None of the employees' emoluments exceeded £60,000

9. Trustee remuneration and expenses

Trustees do not receive any remuneration or fees and no trustees were reimbursed for expenses during the year (2019/2020 – nil).

10. Related Party Transactions

There were no related party transactions during the year

Independent Examiner's Report to the Trustees of SAUK

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out above.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Colin Barker

Colin Barker FCA
146 New London Road
Chelmsford
Essex CM2 0AW

29 November 2021