

# PELVIC, OBSTETRIC AND GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

England & Wales · Charity number 1181424

## Details

---

Status Registered

Legal form CIO

Registered 2019-01-04

Register [View on the Charity Commission register](#)

## Contact

---

Address Executive Business Support  
Stowe House  
St Chad's Rd  
Lichfield  
WS13 6TJ

Phone 01543 442199

Email [info@thepogp.co.uk](mailto:info@thepogp.co.uk)

Website <https://thepogp.co.uk>

## Activities

---

**Objects:** 3.1 THE OBJECTS OF THE CIO ARE, WITHIN THE FIELDS OF OBSTETRICS, GYNAECOLOGY, UROLOGY, COLORECTAL AND SEXUAL HEALTH AND DYSFUNCTION: 3.1.1 THE ADVANCEMENT OF HEALTH; AND 3.1.2 THE ADVANCEMENT OF EDUCATION, PARTICULARLY BUT NOT EXCLUSIVELY BY: MAINTAINING A PROFESSIONAL NETWORK OF PHYSIOTHERAPISTS OPERATING IN THESE FIELDS; SUPPORTING RESEARCH IN THE RELEVANT FIELDS; PROVIDING AND PROMOTING THE TRAINING OF PHYSIOTHERAPISTS IN THE RELEVANT FIELDS; AND raising awareness and understanding of the role of physiotherapy and pelvic health within the wider healthcare community

**Activities:** Pelvic, Obstetric & Gynaecological Physiotherapy (POGP) is a registered charity and a membership organisation and professional network of the Chartered Society of Physiotherapy. Physiotherapy is a science-based healthcare profession that promotes recovery in illness, injury, or disability. It aims to restore movement and functional ability to the person's full potential.

## Classification

---

- **How:** Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

## Geography

---

- Australia
- Canada
- Denmark
- Greece
- Hong Kong
- Ireland
- Luxembourg
- New Zealand
- Northern Ireland
- Poland
- Scotland
- Slovenia
- South Africa
- Spain
- Sweden
- Switzerland
- Thailand
- United Arab Emirates
- Throughout England And Wales

## Finances

---

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£395,262	£445,708	-	-
2024-03-31	£273,000	£361,000	-	-
2023-03-31	£230,350	£288,558	-	-
2022-03-31	£218,065	£193,627	-	-
2021-03-31	£123,784	£114,076	-	-

## Trustees

Name	Role	Appointed
<b>Lucia Berry</b>	Chair	2024-09-26
Alexandra Stephenson		2023-04-22
Debbie Plowman		2019-04-05
Deborah Dillon		2023-01-27
Dr Gillian Campbell		2019-04-05
Dr Kate Lough		2019-10-29
Grainne Donnelly		2022-11-04
Helen Shepherd MSc		2021-12-07
Jane Harvey Dixon FCSP		2021-10-01
Kiransha Velingkar		2024-09-27
Sally Claire Reffold		2024-09-27
Willian Mack Taylor		2024-09-27

**PELVIC, OBSTETRIC AND GYNAECOLOGICAL PHYSIOTHERAPY (POGP)**

England & Wales - Charity number 1181424

---

# Accounts

---

**PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## LEGAL AND ADMINISTRATIVE INFORMATION

---

### Trustees

Dr G Campbell  
Ms D Plowman  
Dr K Lough  
Ms H Shepherd  
Ms J Harvey Dixon  
Ms D Dillon  
Ms G Donnelly  
Ms A Stephenson  
Ms K Velingkar

(Appointed 27 September  
2024)

Ms L Berry

(Appointed 26 September  
2024)

### Charity number (England and Wales)

1181424

### Principal address

POGP c/o Executive Business Support Ltd  
Stowe House  
St. Chad's Road  
Lichfield  
WS13 6TJ

### Independent examiner

Shaw Gibbs Limited  
264 Banbury Road  
Oxford  
OX2 7DY

---

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## CONTENTS

---

	<b>Page</b>
Trustees' report	1 - 2
Independent examiner's report	3
Statement of financial activities	4
Balance sheet	5
Notes to the financial statements	6 - 14

---

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 MARCH 2025

---

The trustees present their annual report and financial statements for the year ended 31 March 2025.

POGP is a UK-based Professional Network of the Chartered Society of Physiotherapy. Our members are registered physiotherapists with a clinical interest and/or speciality in the areas of obstetrics, gynaecology, urology, bladder, bowel and sexual health for men and women.

The financial statements have been prepared in accordance with the accounting policies set out in notes 1.1 to 1.10, and comply with the charity's deed of transfer, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

The principle objective of POGP is to provide evidence-informed care and advocacy for the public and its members underpinned by the values of excellence, collaboration, advocacy and evidence from research in pelvic health.

The policies adopted to meet this objective are embedded within sound financial management of the charity in line with the strategic direction put in place in 2023. This will be reviewed in 2026.

POGP recorded a modest loss of £30,000. While revenues increased during the year, these were offset by greater investment in both support services and course development.

Our broad objective has been to set member subscription fees at a level that sustainably covers the core running costs of the charity, while using additional net income from course delivery to bridge gaps and to expand our education and training provision for members and beyond. We are pleased to report that course attendance fees have increased by nearly 70%. This growth has allowed us to keep courses both competitive and regularly updated, thanks to the commitment of our excellent clinical tutors.

The Trustees continue to seek to meet the ongoing objectives that include excellence in education and training, sound administrative support, investment in research and the creation of a resilient financial position for POGP.

Membership now stands at around 1500, which is very encouraging. This growth has also driven an increase in activity across POGP's digital platforms, including our website, social media channels, and customer relationship management (CRM) system. Looking ahead, we intend to invest in optimising CRM processes to improve efficiency and ensure that we make the best use of membership income.

In the future, POGP will continue to reinvest in education, enhance our digital platforms, expand collaboration opportunities, and strengthen our operations. With healthy reserves and increasing participation, we are well positioned to deliver long-term value for members and advance education in pelvic health. POGP expect to need to invest in administrative systems to support ongoing growth.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

The charity's main achievements in the year have been:

- Membership level in excess of 1500.
- A capacity Board fully representing the membership demographic.
- An increase in the offerings for member grants and research.
- Increased representation at national and international meetings relating to broader health policy and strategy.
- Quarterly delivery of a member newsletter highlighting achievements and new developments.
- Two peer reviewed journals delivered to members doors.

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2025**

---

### Financial review

POGP remain in a strong financial position to deliver the agreed programme of reinvestment for 2024/25.

The charity performed well in the year to 31 March 2025, resulting in a net asset position of £24,121 at the year end.

It is the policy of the charity that unrestricted funds are maintained at a level that ensures POGP will remain a going concern and will seek to support expansion of member services maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

### Structure, governance and management

The charity is a charitable incorporated organisation, registered under charity number is 1181424. The charity's governing documents is a deed of transfer.

The trustees who served during the year and up to the date of signature of the financial statements were:

Dr G Campbell	
Ms D Plowman	
Dr K Lough	
Ms H Shepherd	
Ms J Harvey Dixon	
Ms D Alebon	(Resigned 7 June 2025)
Ms D Dillon	
Ms G Donnelly	
Ms A Stephenson	
Ms K Velingkar	(Appointed 27 September 2024)
Ms L Berry	(Appointed 26 September 2024)

These 10 form the charity's board of trustees, on which a maximum of 12 members of POGP who hold full membership and perform their work in a volunteer capacity may sit. Trustees are voted into post by the charity's membership at the AGM.

### Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The trustees' report was approved by the Board of Trustees.

*Kate Lough*

.....  
**Dr K Lough**

Trustee

Dated: ..... 20 Jan 2026

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

---

I report to the trustees on my examination of the financial statements of Pelvic, Obstetric & Gynaecological Physiotherapy (POGP) (the charity) for the year ended 31 March 2025.

#### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

#### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountant England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

*Samantha Daniels*

Samantha Daniels FCA

For and on behalf of  
Shaw Gibbs Limited  
264 Banbury Road  
Oxford  
OX2 7DY

Dated: ...21.Jan.2026.

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	Unrestricted funds 2025 £	Unrestricted funds 2024 £
<b>Income from:</b>			
Donations and legacies	3	-	802
Charitable activities	4	399,880	272,535
Other income	6	(4,618)	-
<b>Total income</b>		<u>395,262</u>	<u>273,337</u>
<b>Expenditure on:</b>			
Charitable activities	7	445,708	360,945
<b>Total expenditure</b>		<u>445,708</u>	<u>360,945</u>
<b>Net expenditure and movement in funds</b>		(50,446)	(87,608)
<b>Reconciliation of funds:</b>			
Fund balances at 1 April 2024		<u>74,567</u>	<u>162,175</u>
<b>Fund balances at 31 March 2025</b>		<u>24,121</u>	<u>74,567</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025		2024	
		£	£	£	£
<b>Fixed assets</b>					
Intangible assets	12		22,746		27,184
Tangible assets	13		240		282
Investments	14		1,100		1,100
			<u>24,086</u>		<u>28,566</u>
<b>Current assets</b>					
Debtors	15	90,841		66,337	
Cash at bank and in hand		186,526		157,432	
		<u>277,367</u>		<u>223,769</u>	
<b>Creditors: amounts falling due within one year</b>	16	(273,744)		(177,768)	
<b>Net current assets</b>			<u>3,623</u>		<u>46,001</u>
<b>Total assets less current liabilities</b>			<u>27,709</u>		<u>74,567</u>
<b>Creditors: amounts falling due after more than one year</b>	17		(3,588)		-
<b>Net assets</b>			<u>24,121</u>		<u>74,567</u>
<b>The funds of the charity</b>					
Unrestricted funds	19		24,121		74,567
			<u>24,121</u>		<u>74,567</u>

The financial statements were approved by the trustees on ..... 20 Jan 2026

*Kate Lough*

.....  
Dr K Lough  
Trustee

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

---

### 1 Accounting policies

#### Charity information

Pelvic, Obstetric & Gynaecological Physiotherapy (POGP) is a registered charity and a membership organisation and professional network of the Chartered Society of Physiotherapy. Physiotherapy is a science-based healthcare profession that promotes recovery in illness, injury, or disability. It aims to restore movement and functional ability to the person's full potential.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Upon registration of the charity, the assets and liabilities of the Pelvic Obstetric & Gynaecological Physiotherapy society were transferred to the charity. This has been treated as donation income.

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

---

### 1 Accounting policies

(Continued)

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.5 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Intangible assets acquired on business combinations are recognised separately from goodwill at the acquisition date where it is probable that the expected future economic benefits that are attributable to the asset will flow to the entity and the fair value of the asset can be measured reliably; the intangible asset arises from contractual or other legal rights; and the intangible asset is separable from the entity.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Website	10% Straight line
---------	-------------------

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	15% Reducing balance
-----------------------	----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Fixed asset investments

Fixed asset investments are initially measured at cost and subsequently measured at cost less any accumulated impairment losses. The investments are assessed for impairment at each reporting date and any impairment losses or reversals of impairment losses are recognised immediately in net income/ (expenditure) for the year.

#### 1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	-	802

### 4 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
<b>Subscriptions</b>		
Income	94,869	78,855
<b>Books, tapes and leaflets</b>		
Income	3,088	527
<b>Study weekends courses and conferences</b>		
Income	296,281	171,962
<b>Advertising &amp; sponsorship</b>		
Income	5,642	21,191
	<u>399,880</u>	<u>272,535</u>

### 5 Net movement in funds

The net movement in funds is stated after charging/(crediting):

	2025 £	2024 £
Fees payable for the independent examination of the charity's financial statements	2,500	2,400
Depreciation of owned tangible fixed assets	42	50
Amortisation of intangible assets	4,438	4,438

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2025*

---

**6 Other income**

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Grants receivable and released	(4,618)	-

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 7 Expenditure on charitable activities

	Study weekends	Advertising	Books, tapes and literature	Subscriptions	Total	Study weekends	Advertising	Subscriptions	Total
	2025	2025	2025	2025	2025	2024	2024	2024	2024
	£	£	£	£	£	£	£	£	£
<b>Direct costs</b>									
Books, tapes and leaflets	-	-	3,652	-	3,652	-	-	-	-
Workshop expenses	250,094	-	-	-	250,094	177,404	-	-	177,404
Memberships direct costs	-	-	-	-	-	403	179	314	896
Journal editing and dispatch	-	28,055	-	-	28,055	-	29,235	-	29,235
Other charitable expenditure	1,033	207	-	827	2,067	1,885	838	1,466	4,189
	<u>251,127</u>	<u>28,262</u>	<u>3,652</u>	<u>827</u>	<u>283,868</u>	<u>179,692</u>	<u>30,252</u>	<u>1,780</u>	<u>211,724</u>
<b>Share of support and governance costs (see note 9)</b>									
Support	21,856	4,371	-	17,485	43,712	17,913	7,961	13,933	39,807
Governance	59,064	11,813	-	47,251	118,128	49,236	21,883	38,295	109,414
	<u>332,047</u>	<u>44,446</u>	<u>3,652</u>	<u>65,563</u>	<u>445,708</u>	<u>246,841</u>	<u>60,096</u>	<u>54,008</u>	<u>360,945</u>
<b>Analysis by fund</b>									
Unrestricted funds	<u>332,047</u>	<u>44,446</u>	<u>3,652</u>	<u>65,563</u>	<u>445,708</u>	<u>246,841</u>	<u>60,096</u>	<u>54,008</u>	<u>360,945</u>

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 9 Support costs allocated to activities

	2025 £	2024 £
Depreciation	4,480	4,488
Website costs	3,260	6,812
Bank charges	6,360	4,724
Postage, stationery and telephone	1,547	291
Insurance	1,566	1,400
Entertainment	-	4,129
Subscriptions	2,441	2,936
Bad debt	20,258	-
Study weekends, courses and conferences	3,800	15,424
Governance costs	118,128	109,017
	<u>161,840</u>	<u>149,221</u>

#### Analysed between:

Study weekends	80,920	67,149
Advertising	16,184	29,844
Subscriptions	64,736	52,228
	<u>161,840</u>	<u>149,221</u>

	2025 £	2024 £
<b>Governance costs comprise:</b>		
Accountancy	26,877	16,063
Legal and professional	-	2,601
Bookkeeping & administration	68,369	69,097
Venue hire & other costs	5,172	6,565
Entertainment	-	250
Consultancy fees	-	2,655
Travel	17,710	11,786
	<u>118,128</u>	<u>109,017</u>

### 10 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
Total	-	-

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2025

#### 10 Employees

(Continued)

There were no employees whose annual remuneration was more than £60,000.

#### 11 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

#### 12 Intangible fixed assets

Website  
£

##### Cost

At 1 April 2024 and 31 March 2025

44,382

##### Amortisation and impairment

At 1 April 2024

17,198

Amortisation charged for the year

4,438

At 31 March 2025

21,636

##### Carrying amount

At 31 March 2025

22,746

At 31 March 2024

27,184

#### 13 Tangible fixed assets

Fixtures and  
fittings  
£

##### Cost

At 1 April 2024

637

At 31 March 2025

637

##### Depreciation and impairment

At 1 April 2024

355

Depreciation charged in the year

42

At 31 March 2025

397

##### Carrying amount

At 31 March 2025

240

At 31 March 2024

282

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

### 14 Fixed asset investments

	Unlisted investments £
<b>Cost or valuation</b>	
At 1 April 2024 & 31 March 2025	1,100
<b>Carrying amount</b>	
At 31 March 2025	1,100
At 31 March 2024	1,100

### 15 Debtors

	2025 £	2024 £
<b>Amounts falling due within one year:</b>		
Trade debtors	59,062	63,830
Other debtors	341	-
Prepayments and accrued income	31,438	2,507
	<u>90,841</u>	<u>66,337</u>

### 16 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Deferred income	18	244,627	151,275
Other creditors		26,617	24,093
Accruals		2,500	2,400
		<u>273,744</u>	<u>177,768</u>

### 17 Creditors: amounts falling due after more than one year

	Notes	2025 £	2024 £
Deferred income	18	3,588	-
		<u>3,588</u>	<u>-</u>

### 18 Deferred income

	2025 £	2024 £
Arising from Membership fees	248,215	151,275
	<u>248,215</u>	<u>151,275</u>

Deferred income is included in the financial statements as follows:

# PELVIC, OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY (POGP)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2025

18 Deferred income	(Continued)	
	2025	2024
	£	£
Deferred income is included within:		
Current liabilities	244,627	151,275
Non-current liabilities	3,588	-
	<u>248,215</u>	<u>151,275</u>
Movements in the year:		
Deferred income at 1 April 2024	151,275	36,155
Released from previous periods	(151,275)	(36,155)
Resources deferred in the year	248,215	151,275
	<u>248,215</u>	<u>151,275</u>
Deferred income at 31 March 2025	<u>248,215</u>	<u>151,275</u>

### 19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
General funds	74,567	395,262	(445,708)	24,121
	<u>74,567</u>	<u>395,262</u>	<u>(445,708)</u>	<u>24,121</u>
<b>Previous year:</b>	<b>At 1 April 2023</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>At 31 March 2024</b>
	£	£	£	£
General funds	162,175	273,337	(360,945)	74,567
	<u>162,175</u>	<u>273,337</u>	<u>(360,945)</u>	<u>74,567</u>



---

**Issuer** Shaw Gibbs

**Document generated** Thu, 15th Jan 2026 9:14:47 GMT

**Document fingerprint** 9c27e1b305fa01bcfc2a13ed4510860d

---

### Parties involved with this document

Document processed	Party + Fingerprint
Tue, 20th Jan 2026 10:49:54 GMT	Dr Kate Lough - Signer (620e0fd7a3e553d749730a48d8796f2d)
Wed, 21st Jan 2026 10:17:36 GMT	Samantha Daniels - Signer (a2b403bb955a2d985e8b03a1a4406056)

### Audit history log

Date	Action
Thu, 15th Jan 2026 9:14:47 GMT	Envelope generated by Bev Harfield (82.19.74.235)
Thu, 15th Jan 2026 9:14:47 GMT	Document generated with fingerprint 9c27e1b305fa01bcfc2a13ed4510860d (82.19.74.235)
Thu, 15th Jan 2026 9:14:47 GMT	Document generated with fingerprint bbe169a5d2a25be98a5034385f7d3fad (82.19.74.235)
Thu, 15th Jan 2026 9:21:52 GMT	Sent the envelope to Dr Kate Lough (chair@thepogp.co.uk) for signing (82.19.74.235)
Thu, 15th Jan 2026 9:21:52 GMT	Document emailed to chair@thepogp.co.uk
Thu, 15th Jan 2026 9:25:21 GMT	Dr Kate Lough opened the document email. (90.253.226.80)
Thu, 15th Jan 2026 9:25:21 GMT	Dr Kate Lough opened the document email. (90.253.226.80)
Thu, 15th Jan 2026 9:27:04 GMT	Dr Kate Lough opened the document email. (85.210.241.4)
Thu, 15th Jan 2026 9:28:44 GMT	Dr Kate Lough opened the document email. (82.19.74.235)
Thu, 15th Jan 2026 9:29:22 GMT	Dr Kate Lough opened the document email. (82.19.74.235)
Thu, 15th Jan 2026 9:30:07 GMT	Dr Kate Lough opened the document email. (51.191.95.151)
Thu, 15th Jan 2026 9:33:42 GMT	Dr Kate Lough opened the document email. (86.146.137.153)
Thu, 15th Jan 2026 10:15:26 GMT	Dr Kate Lough opened the document email. (82.19.74.235)
Thu, 15th Jan 2026 10:41:20 GMT	Dr Kate Lough opened the document email. (51.191.95.151)
Thu, 15th Jan 2026 10:48:38 GMT	Dr Kate Lough opened the document email. (51.191.95.151)
Thu, 15th Jan 2026 10:49:37 GMT	Dr Kate Lough opened the document email. (51.191.95.151)
Thu, 15th Jan 2026 10:51:23 GMT	Dr Kate Lough opened the document email. (51.191.95.151)
Thu, 15th Jan 2026 10:51:36 GMT	Dr Kate Lough opened the document email. (51.191.95.151)
Thu, 15th Jan 2026 10:52:20 GMT	Dr Kate Lough opened the document email. (51.191.95.151)

Thu, 15th Jan 2026 10:53:25 GMT	Dr Kate Lough opened the document email. (82.19.74.235)
Thu, 15th Jan 2026 10:54:29 GMT	Dr Kate Lough opened the document email. (51.191.95.151)
Thu, 15th Jan 2026 11:05:48 GMT	Bev Harfield has changed the party Dr Kate Lough's email to vicechair@thepogp.co.uk (82.19.74.235)
Thu, 15th Jan 2026 11:05:48 GMT	Sent the envelope to Dr Kate Lough (vicechair@thepogp.co.uk) for signing (82.19.74.235)
Thu, 15th Jan 2026 11:05:49 GMT	Document emailed to vicechair@thepogp.co.uk
Thu, 15th Jan 2026 11:06:21 GMT	Sent Dr Kate Lough a reminder to sign the document. (82.19.74.235)
Thu, 15th Jan 2026 11:06:22 GMT	Document emailed to vicechair@thepogp.co.uk
Tue, 20th Jan 2026 10:48:01 GMT	Dr Kate Lough viewed the envelope (86.140.155.1)
Tue, 20th Jan 2026 10:49:54 GMT	Dr Kate Lough signed the envelope (86.140.155.1)
Tue, 20th Jan 2026 10:49:54 GMT	Sent the envelope to Samantha Daniels (samantha.daniels@shawgibbs.com) for signing (86.140.155.1)
Tue, 20th Jan 2026 10:49:54 GMT	Document emailed to samantha.daniels@shawgibbs.com
Tue, 20th Jan 2026 18:17:28 GMT	Samantha Daniels opened the document email. (62.64.178.219)
Tue, 20th Jan 2026 18:19:51 GMT	Samantha Daniels opened the document email. (62.64.178.219)
Wed, 21st Jan 2026 10:05:10 GMT	Samantha Daniels opened the document email. (62.64.178.219)
Wed, 21st Jan 2026 10:05:17 GMT	Samantha Daniels viewed the envelope (62.64.178.219)
Wed, 21st Jan 2026 10:17:36 GMT	Samantha Daniels signed the envelope (62.64.178.219)
Wed, 21st Jan 2026 10:17:36 GMT	This envelope has been signed by all parties (62.64.178.219)
Wed, 21st Jan 2026 10:17:36 GMT	Signed document confirmation emailed to vicechair@thepogp.co.uk (62.64.178.219)
Wed, 21st Jan 2026 10:17:36 GMT	Signed document confirmation emailed to samantha.daniels@shawgibbs.com (62.64.178.219)
Wed, 21st Jan 2026 10:17:36 GMT	Signed document confirmation emails have been sent to all parties. Document URL: <a href="https://api.signable.app/shareable/envelope?t=8667e2f1-e063-4191-82f6-1f8d47ba8fcc">https://api.signable.app/shareable/envelope?t=8667e2f1-e063-4191-82f6-1f8d47ba8fcc</a> (62.64.178.219)

**PELVIC, OBSTETRIC AND GYNAECOLOGICAL PHYSIOTHERAPY (POGP)**

England & Wales - Charity number 1181424

---

# Accounts

---

Charity Registration No. 1181424

**PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY  
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024**

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## LEGAL AND ADMINISTRATIVE INFORMATION

---

**Trustees**

Dr G Campbell  
Ms D Plowman  
Ms S Bustard  
Dr K Lough  
Ms H Shepherd  
Ms J Harvey Dixon  
Ms D Alebon  
Ms D Dillon  
Ms G Donnelly  
Ms A Stephenson (Appointed 22 April 2023)

**Charity number**

1181424

**Principal address**

POGP c/o Executive Business Support Ltd  
City Wharf  
Davidson Road  
Lichfield  
Staffordshire  
WS14 9DZ

**Independent examiner**

Shaw Gibbs Limited  
264 Banbury Road  
Oxford  
OX2 7DY

---

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## CONTENTS

---

	<b>Page</b>
Trustees' report	1 - 3
Independent examiner's report	4
Statement of financial activities	5
Balance sheet	6
Notes to the financial statements	7 - 14

---

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT

### *FOR THE YEAR ENDED 31 MARCH 2024*

---

The trustees present their annual report and financial statements for the year ended 31 March 2024.

POGP is a UK-based Professional Network of the Chartered Society of Physiotherapy. Our members are registered physiotherapists with a clinical interest and/or speciality in the areas of obstetrics, gynaecology, urology, bladder, bowel and sexual health for men and women. See appendix for the charity's 2024 organisational chart.

The financial statements have been prepared in accordance with the accounting policies set out in notes 1.1 to 1.10, and comply with the charity's deed of transfer, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

The principle objective of POGP is to provide evidence-informed care and advocacy for the public and its members underpinned by the values of excellence, collaboration, advocacy and evidence from research in pelvic health.

The policies adopted to meet this objective are embedded within sound financial management of the charity in line with the strategic direction put in place in 2023.

In the previous year we posted a loss as we invested to improve our administration support across POGP enabling trustees to focus on the strategic development of POGP. This included resources to update and expand our education and training provision. Course delivery has now recovered to pre-covid levels and we continue to invest in materials and equipment to provide high-quality workforce development in pelvic health.

From a financial perspective the Trustees have four overall objectives:

1. To provide external administrative and development support that is fit-for-purpose to the increasing size of membership and enables the Trustees to focus on the delivery of education and support for our members and to collaborate with the wider pelvic health field.
2. To provide the best teachers and teaching material on a competitive basis with other providers over an expanding range of pelvic health related topics.
3. To provide, where resources are available, awards and research grants that further the work of POGP and increase the opportunity for members to be supported in their CPD.
4. To ensure that we have sufficient resources to weather any storms

There will be a need for further planned spending to support member development and POGP plan to raise subscriptions below the level of inflation but continue to encourage increased membership through promotion and member engagement.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

---

#### Achievements and performance

The charity's main achievements in the year have been:

- Membership level in excess of 1000.
- A capacity Board fully representing the membership demographic.
- An ability to offer the £15000 grants for relevant research and to increase the levels of support for the additional bursaries offered by POGP including the Early Career award.
- A return to a full offering of all training courses offered by POGP- reviewed and updated for current evidence.
- Delivery of the most successful Annual Conference to date with a full auditorium of 150 physiotherapists.
- Quarterly delivery of a member newsletter highlighting achievements and new developments.
- Two peer reviewed journals delivered to members doors.
- Gaining a CSP fellowship for Professor Doreen McClurg.
- Successful trademarking of our organisation and endorsement logo.
- A photographic collection available for members to use in publications.

POGP have continued to build the relationships it has with relevant stakeholders in pelvic health. We remain affiliated to the International Urogynaecological Association (IUGA), and have Committee representation across the main organisations in the UK including several areas of involvement in NHS policy projects.

We have also increased our social media engagement over the period with strategic presence at non physiotherapy events and conferences to increase public awareness of our role in public pelvic health. This has included offering webinars and podcasts involving international members.

POGP are in a healthy and robust position to continue growth and involvement in the UK and international pelvic health community

#### Financial review

POGP remain in a strong financial position to deliver the agreed programme of reinvestment for 2023/2024.

The charity performed well in the year to 31 March 2024, resulting in a net asset position of £74,567 at the year end.

It is the policy of the charity that unrestricted funds are maintained at a level that ensures POGP will remain a going concern and will seek to support expansion of member services maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### Structure, governance and management

The charity is a charitable incorporated organisation, registered under charity number is 1181424. The charity's governing documents is a deed of transfer.

The trustees who served during the year and up to the date of signature of the financial statements were:

Dr G Campbell  
Ms D Plowman  
Ms S Bustard  
Dr K Lough  
Ms M Rach  
Ms H Shepherd

(Resigned 3 November 2023)

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2024**

---

Ms J Harvey Dixon  
Ms D Alebon  
Ms D Dillon  
Ms G Donnelly  
Ms A Stephenson

(Appointed 22 April 2023)

These 10 form the charity's board of trustees, on which a maximum of 12 members of POGP who hold full membership and perform their work in a volunteer capacity may sit. Trustees are voted into post by the charity's membership at the AGM.

### Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees' report was approved by the Board of Trustees.

*Kate Lough*

.....

**Dr K Lough**

Trustee      20 Jan 2025

Dated: .....

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

---

I report to the trustees on my examination of the financial statements of Pelvic Obstetric & Gynaecological Physiotherapy (the charity) for the year ended 31 March 2024.

#### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountant England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

*Samantha Daniels*

Samantha Daniels FCA

For and on behalf of  
Shaw Gibbs Limited  
264 Banbury Road  
Oxford  
OX2 7DY

20 Jan 2025  
Dated: .....

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2024**

---

	Notes	Unrestricted funds 2024 £	Unrestricted funds 2023 £
<b>Income from:</b>			
Donations and legacies	3	802	825
Charitable activities	4	272,535	229,525
<b>Total income</b>		273,337	230,350
<b>Expenditure on:</b>			
Charitable activities	6	360,945	288,558
<b>Total expenditure</b>		360,945	288,558
<b>Net expenditure and movement in funds</b>		(87,608)	(58,208)
<b>Reconciliation of funds:</b>			
Fund balances at 1 April 2023		162,175	220,383
<b>Fund balances at 31 March 2024</b>		74,567	162,175

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024		2023	
		£	£	£	£
<b>Fixed assets</b>					
Intangible assets	11		27,184		31,622
Tangible assets	12		282		332
Investments	13		1,100		1,100
			<u>28,566</u>		<u>33,054</u>
<b>Current assets</b>					
Debtors	14	66,337		27,351	
Cash at bank and in hand		157,432		168,273	
		<u>223,769</u>		<u>195,624</u>	
<b>Creditors: amounts falling due within one year</b>	15	(177,768)		(66,503)	
<b>Net current assets</b>			<u>46,001</u>		<u>129,121</u>
<b>Total assets less current liabilities</b>			<u>74,567</u>		<u>162,175</u>
<b>Net assets excluding pension liability</b>			<u>74,567</u>		<u>162,175</u>
			<u><u>74,567</u></u>		<u><u>162,175</u></u>
<b>The funds of the charity</b>					
Unrestricted funds			<u>74,567</u>		<u>162,175</u>
			<u><u>74,567</u></u>		<u><u>162,175</u></u>

07 Jan 2025

The financial statements were approved by the trustees on .....

*Kate Lough*

Dr K Lough  
Trustee

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS

**FOR THE YEAR ENDED 31 MARCH 2024**

---

### 1 Accounting policies

#### Charity information

Pelvic, Obstetric & Gynaecological Physiotherapy (POGP) is a registered charity and a membership organisation and professional network of the Chartered Society of Physiotherapy. Physiotherapy is a science-based healthcare profession that promotes recovery in illness, injury, or disability. It aims to restore movement and functional ability to the person's full potential.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Upon registration of the charity, the assets and liabilities of the Pelvic Obstetric & Gynaecological Physiotherapy society were transferred to the charity. This has been treated as donation income.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

---

### 1 Accounting policies

(Continued)

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.5 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Intangible assets acquired on business combinations are recognised separately from goodwill at the acquisition date where it is probable that the expected future economic benefits that are attributable to the asset will flow to the entity and the fair value of the asset can be measured reliably; the intangible asset arises from contractual or other legal rights; and the intangible asset is separable from the entity.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Website	10% Straight line
---------	-------------------

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	15% Reducing balance
-----------------------	----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Fixed asset investments

Fixed asset investments are initially measured at cost and subsequently measured at cost less any accumulated impairment losses. The investments are assessed for impairment at each reporting date and any impairment losses or reversals of impairment losses are recognised immediately in net income/ (expenditure) for the year.

#### 1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	802	825

### 4 Income from charitable activities

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
<b>Subscriptions</b>		
Income	78,855	87,249
<b>Books, tapes and leaflets</b>		
Income	527	453
<b>Study weekends courses and conferences</b>		
Income	171,962	139,133
<b>Advertising &amp; sponsorship</b>		
Income	21,191	2,690
	<u>272,535</u>	<u>229,525</u>

### 5 Net movement in funds

	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Depreciation of owned tangible fixed assets	50	59
Amortisation of intangible assets	4,438	4,438

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

6 Expenditure on charitable activities	Study Advertising		Subscriptions		Total	Study Advertising		Books, Subscriptions		Total
	weekends	2024	2024	2024		weekends	2023	tapes and literature	2023	
	£	£	£	£	£	£	£	£	£	£
<b>Direct costs</b>										
Books, tapes and leaflets	-	-	-	-	-	-	4,055	-	4,055	4,055
Workshop expenses	177,404	-	-	177,404	177,404	107,114	-	-	107,114	107,114
Memberships direct costs	403	179	314	896	896	450	200	350	1,000	1,000
Journal editing and dispatch	-	29,235	-	29,235	29,235	1,204	27,611	1,214	30,029	30,029
Other charitable expenditure	1,885	838	1,466	4,189	4,189	1,218	541	948	2,707	2,707
	<u>179,692</u>	<u>30,252</u>	<u>1,780</u>	<u>211,724</u>	<u>211,724</u>	<u>109,986</u>	<u>28,352</u>	<u>2,512</u>	<u>144,905</u>	<u>144,905</u>
<b>Share of support and governance costs (see note 8)</b>										
Support	17,913	7,961	13,933	39,807	39,807	30,932	13,748	24,058	68,738	68,738
Governance	49,236	21,883	38,295	109,414	109,414	33,712	14,983	26,220	74,915	74,915
	<u>246,841</u>	<u>60,096</u>	<u>54,008</u>	<u>360,945</u>	<u>360,945</u>	<u>174,630</u>	<u>57,083</u>	<u>52,790</u>	<u>288,558</u>	<u>288,558</u>
<b>Analysis by fund</b>										
Unrestricted funds	246,841	60,096	54,008	360,945	360,945	174,630	57,083	52,790	288,558	288,558

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 8 Support costs allocated to activities

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Depreciation	4,488	4,497
Website costs	6,812	8,542
Bank charges	4,724	3,371
Postage, stationery and telephone	291	585
Insurance	1,400	1,340
Entertainment	4,129	14,576
Subscriptions	2,936	984
Study weekends, courses and conferences	15,424	34,843
Governance costs	109,017	74,915
	<u>149,221</u>	<u>143,653</u>

#### Analysed between:

Study weekends	67,149	64,644
Advertising	29,844	28,731
Subscriptions	52,228	50,278
	<u>149,221</u>	<u>143,653</u>

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Governance costs comprise:</b>		
Accountancy	16,063	13,934
Legal and professional	2,601	800
Bookkeeping & administration	69,097	50,247
Venue hire & other costs	6,565	-
Entertainment	250	74
Consultancy fees	2,655	2,475
Travel	11,786	7,385
	<u>109,017</u>	<u>74,915</u>

### 9 Employees

The average monthly number of employees during the year was:

	<b>2024</b>	<b>2023</b>
	<b>Number</b>	<b>Number</b>
Total	<u>-</u>	<u>-</u>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 9 Employees

(Continued)

There were no employees whose annual remuneration was more than £60,000.

### 10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

### 11 Intangible fixed assets

	Website £
<b>Cost</b>	
At 1 April 2023 and 31 March 2024	44,382
<b>Amortisation and impairment</b>	
At 1 April 2023	12,760
Amortisation charged for the year	4,438
At 31 March 2024	17,198
<b>Carrying amount</b>	
At 31 March 2024	27,184
At 31 March 2023	31,622

### 12 Tangible fixed assets

	Fixtures and fittings £
<b>Cost</b>	
At 1 April 2023	637
At 31 March 2024	637
<b>Depreciation and impairment</b>	
At 1 April 2023	305
Depreciation charged in the year	50
At 31 March 2024	355
<b>Carrying amount</b>	
At 31 March 2024	282
At 31 March 2023	332

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 13 Fixed asset investments

	<b>Unlisted investments £</b>
<b>Cost or valuation</b>	
At 1 April 2023 & 31 March 2024	1,100
<b>Carrying amount</b>	
At 31 March 2024	1,100
At 31 March 2023	1,100

### 14 Debtors

	<b>2024 £</b>	<b>2023 £</b>
<b>Amounts falling due within one year:</b>		
Trade debtors	63,830	26,500
Prepayments and accrued income	2,507	851
	<u>66,337</u>	<u>27,351</u>

### 15 Creditors: amounts falling due within one year

	<b>Notes</b>	<b>2024 £</b>	<b>2023 £</b>
Deferred income	16	151,275	36,155
Other creditors		24,093	27,828
Accruals		2,400	2,520
		<u>177,768</u>	<u>66,503</u>

### 16 Deferred income

	<b>2024 £</b>	<b>2023 £</b>
Arising from Membership fees	151,275	36,155

Deferred income is included in the financial statements as follows:

	<b>2024 £</b>	<b>2023 £</b>
Deferred income is included within:		
Current liabilities	151,275	36,155

Movements in the year:

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

<b>16</b>	<b>Deferred income</b>	<b>(Continued)</b>	
	Deferred income at 1 April 2023	36,155	32,167
	Released from previous periods	(36,155)	(32,167)
	Resources deferred in the year	151,275	36,155
		<u>151,275</u>	<u>36,155</u>
	Deferred income at 31 March 2024	<u>151,275</u>	<u>36,155</u>

### 17 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	<b>At 1 April 2023 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>At 31 March 2024 £</b>
General funds	162,175	273,337	(360,945)	74,567
	<u>162,175</u>	<u>273,337</u>	<u>(360,945)</u>	<u>74,567</u>
<b>Previous year:</b>				
	<b>At 1 April 2022 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>At 31 March 2023 £</b>
General funds	220,383	230,350	(288,558)	162,175
	<u>220,383</u>	<u>230,350</u>	<u>(288,558)</u>	<u>162,175</u>



---

**Issuer** Shaw Gibbs

**Document generated** Mon, 20th Jan 2025 10:08:33 GMT

**Document fingerprint** c73de3f8c411acb2ab8c34f6300c0c7b

---

### Parties involved with this document

Document processed	Party + Fingerprint
Mon, 20th Jan 2025 12:46:04 GMT	Dr Kate Lough - Signer (04492f3c729da6cec821826426b880d3)
Mon, 20th Jan 2025 14:26:52 GMT	Samantha Daniels - Signer (09e884cf99e9e2df6fd326706994c917)

### Audit history log

Date	Action
Mon, 20th Jan 2025 14:26:53 GMT	Samantha Daniels viewed the envelope (51.146.155.166)
Mon, 20th Jan 2025 14:26:53 GMT	This envelope has been signed by all parties (51.146.155.166)
Mon, 20th Jan 2025 14:26:52 GMT	Samantha Daniels signed the envelope (51.146.155.166)
Mon, 20th Jan 2025 14:26:29 GMT	Samantha Daniels viewed the envelope (51.141.81.232)
Mon, 20th Jan 2025 14:26:21 GMT	Samantha Daniels viewed the envelope (172.166.104.241)
Mon, 20th Jan 2025 14:26:11 GMT	Samantha Daniels viewed the envelope (51.146.155.166)
Mon, 20th Jan 2025 14:26:10 GMT	Samantha Daniels viewed the envelope (51.146.155.166)
Mon, 20th Jan 2025 14:00:57 GMT	Dr Kate Lough opened the document email. (89.197.20.206)
Mon, 20th Jan 2025 13:46:01 GMT	Dr Kate Lough opened the document email. (5.64.200.150)
Mon, 20th Jan 2025 13:45:35 GMT	Dr Kate Lough opened the document email. (80.209.186.67)
Mon, 20th Jan 2025 13:45:07 GMT	Dr Kate Lough opened the document email. (5.64.200.150)
Mon, 20th Jan 2025 13:44:09 GMT	Dr Kate Lough opened the document email. (80.209.186.67)
Mon, 20th Jan 2025 13:44:03 GMT	Dr Kate Lough opened the document email. (80.209.186.67)
Mon, 20th Jan 2025 13:43:21 GMT	Dr Kate Lough opened the document email. (5.64.200.150)
Mon, 20th Jan 2025 13:43:10 GMT	Dr Kate Lough opened the document email. (5.64.200.150)
Mon, 20th Jan 2025 13:30:07 GMT	Dr Kate Lough opened the document email. (80.209.186.67)
Mon, 20th Jan 2025 13:28:50 GMT	Dr Kate Lough opened the document email. (80.209.186.67)
Mon, 20th Jan 2025 13:28:37 GMT	Dr Kate Lough opened the document email. (80.209.186.67)
Mon, 20th Jan 2025 12:50:33 GMT	Dr Kate Lough opened the document email. (90.202.149.137)
Mon, 20th Jan 2025 12:47:14 GMT	Dr Kate Lough opened the document email. (20.108.254.77)
Mon, 20th Jan 2025 12:46:38 GMT	Dr Kate Lough opened the document email. (86.175.192.13)

Mon, 20th Jan 2025 12:46:09 GMT Samantha Daniels opened the document email. (172.167.202.115)

Mon, 20th Jan 2025 12:46:05 GMT Document emailed to samantha.daniels@shawgibbs.com (18.168.196.44)

Mon, 20th Jan 2025 12:46:04 GMT Dr Kate Lough viewed the envelope (86.175.192.13)

Mon, 20th Jan 2025 12:46:04 GMT Sent the envelope to Samantha Daniels  
(samantha.daniels@shawgibbs.com) for signing (86.175.192.13)

Mon, 20th Jan 2025 12:46:04 GMT Dr Kate Lough signed the envelope (86.175.192.13)

Mon, 20th Jan 2025 12:44:47 GMT Dr Kate Lough viewed the envelope (86.175.192.13)

Mon, 20th Jan 2025 10:31:02 GMT Dr Kate Lough opened the document email. (86.175.192.13)

Mon, 20th Jan 2025 10:11:46 GMT Document emailed to chair@thepogp.co.uk (18.170.118.111)

Mon, 20th Jan 2025 10:11:46 GMT Sent the envelope to Dr Kate Lough (chair@thepogp.co.uk) for signing  
(80.209.186.67)

Mon, 20th Jan 2025 10:08:34 GMT Document generated with fingerprint c73de3f8c411acb2ab8c34f6300c0c7b  
(80.209.186.67)

Mon, 20th Jan 2025 10:08:33 GMT Envelope generated by Bev Harfield (80.209.186.67)

**PELVIC, OBSTETRIC AND GYNAECOLOGICAL PHYSIOTHERAPY (POGP)**

England & Wales - Charity number 1181424

---

# Accounts

---

**PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY  
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2023**

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## LEGAL AND ADMINISTRATIVE INFORMATION

---

<b>Trustees</b>	Dr G Campbell Ms D Plowman Ms S Bustard Dr K Lough Ms M Rach Ms H Shepherd Ms J Harvey Dixon Ms D Alebon Ms D Dillon Ms G Donnelly Ms A Stephenson	(Appointed 27 January 2023) (Appointed 27 January 2023) (Appointed 4 November 2022) (Appointed 22 April 2023)
<b>Charity number</b>	1181424	
<b>Principal address</b>	POGP c/o Executive Business Support Ltd City Wharf Davidson Road Lichfield Staffordshire WS14 9DZ	
<b>Independent examiner</b>	Shaw Gibbs Limited 264 Banbury Road Oxford OX2 7DY	

---

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## CONTENTS

---

	<b>Page</b>
Trustees' report	1 - 3
Statement of trustees' responsibilities	4
Independent examiner's report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 15

---

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 MARCH 2023

---

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in notes 1.1 to 1.10, and comply with the charity's deed of transfer, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### Objectives and activities

The charity's principle objective continues to be to define and promote excellence in physiotherapy practice within areas of obstetrics, gynaecology, urology, bladder, bowel and sexual health for men and women.

The policies adopted to meet this objective are:

- The maintenance and expansion of the educational framework that delivers training
- Building relationships with organisations compatible with our objectives
- Promotion of POGP roles and member involvement in health research and strategy, guideline and policy development

There has been no change in these during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### Achievements and performance

The charity's main achievements in the year have been:

- Board approval to maintain member subscriptions at their current level. This will be reviewed annually.
- The launch of new grants and bursaries to a value of up to £16,000 comprising of three £5,000 research grants and one Early Pelvic Health career award providing access to up to three introductory courses over 2 years to a value of approximately £1,500.
- Expansion of the Board to include affiliate member representatives to better reflect the mix of full to affiliate members.
- Introduction of the use of member interest groups who report to the Board to manage physiotherapy and member interest in pessary use for prolapse, complex mesh removal centres, POGP awards and bursaries.
- The launch of a new course: Pregnancy related physiotherapy - assessment and management of musculoskeletal conditions during and after pregnancy.
- Increased communications with members with the publishing of at least three newsletters/year.
- Further development of resources for professionals and patients through the website improvements and published content and the Journal of POGP. This has included developing resources such as webinars and podcasts and new booklets to support physiotherapy in transgender healthcare.
- Confirmation that CSP membership is not required for POGP membership and website adjustments to reflect that across all areas.
- Expansion of the outsourcing of POGP administration services to support and facilitate Trustee and delegated member activity.
- Completion of a facilitated strategy review to define our vision, clarify our objectives and define our priorities for the next four years. This will be shared with the membership in the Chair report and at Conference 2023 in York.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2023*

---

### **Financial review**

POGP remain in a strong financial position to deliver the agreed programme of reinvestment for 2023/2024.

The charity performed well in the year to 31 March 2023, resulting in a net asset position of £162,175 at the year end.

It is the policy of the charity that unrestricted funds are maintained at a level that ensures POGP will remain a going concern and will seek to support expansion of member services maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2023**

---

### Structure, governance and management

The charity is a charitable incorporated organisation, registered under charity number is 1181424. The charity's governing documents is a deed of transfer.

The trustees who served during the year and up to the date of signature of the financial statements were:

Ms L Berry	(Resigned 4 November 2022)
Dr G Campbell	
Ms D Plowman	
Ms S Bustard	
Dr K Lough	
Ms M Rach	
Ms H Shepherd	
Ms E Rai	(Resigned 4 November 2022)
Ms J Harvey Dixon	
Ms D Alebon	(Appointed 27 January 2023)
Ms D Dillon	(Appointed 27 January 2023)
Ms G Donnelly	(Appointed 4 November 2022)
Ms A Stephenson	(Appointed 22 April 2023)

These 11 form the charity's board of trustees, on which a maximum of 12 members of POGP who hold full membership and perform their work in a volunteer capacity may sit. Trustees are voted into post by the charity's membership at the AGM.

The trustees' report was approved by the Board of Trustees.

*Kate Lough*

**Dr K Lough**

Trustee

Dated: ..... 23 Jan 2024

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

***FOR THE YEAR ENDED 31 MARCH 2023***

---

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

---

I report to the trustees on my examination of the financial statements of Pelvic Obstetric & Gynaecological Physiotherapy (the charity) for the year ended 31 March 2023.

#### **Responsibilities and basis of report**

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

*Samantha Daniels*

Samantha Daniels FCA

For and on behalf of  
Shaw Gibbs Limited  
264 Banbury Road  
Oxford  
OX2 7DY

Dated: ..... 25 Jan 2024

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2023**

---

	Notes	Unrestricted funds 2023 £	Unrestricted funds 2022 £
<b>Income from:</b>			
Donations and legacies	3	825	5,533
Charitable activities	4	229,525	212,532
<b>Total income</b>		230,350	218,065
Charitable activities	5	288,558	193,627
<b>Net income/(expenditure) and movement in funds</b>		(58,208)	24,438
<b>Reconciliation of funds:</b>			
Fund balances at 1 April 2022		220,383	195,945
<b>Fund balances at 31 March 2023</b>		162,175	220,383

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023		2022	
		£	£	£	£
<b>Fixed assets</b>					
Intangible assets	10		31,622		36,061
Tangible assets	11		332		391
Investments	12		1,100		1,100
			<u>33,054</u>		<u>37,552</u>
<b>Current assets</b>					
Debtors	13	27,351		16,300	
Cash at bank and in hand		168,273		217,032	
		<u>195,624</u>		<u>233,332</u>	
<b>Creditors: amounts falling due within one year</b>	14	66,503		50,501	
		<u>66,503</u>		<u>50,501</u>	
Net current assets			129,121		182,831
<b>Total assets less current liabilities</b>			<u>162,175</u>		<u>220,383</u>
<b>The funds of the charity</b>					
Unrestricted funds			162,175		220,383
			<u>162,175</u>		<u>220,383</u>

The financial statements were approved by the trustees on ..... 23 Jan 2024

*Kate Lough*

Dr K Lough  
Trustee

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

---

### 1 Accounting policies

#### Charity information

Pelvic, Obstetric & Gynaecological Physiotherapy (POGP) is a registered charity and a membership organisation and professional network of the Chartered Society of Physiotherapy. Physiotherapy is a science-based healthcare profession that promotes recovery in illness, injury, or disability. It aims to restore movement and functional ability to the person's full potential.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Upon registration of the charity, the assets and liabilities of the Pelvic Obstetric & Gynaecological Physiotherapy society were transferred to the charity. This has been treated as donation income.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

---

### 1 Accounting policies

(Continued)

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.5 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Intangible assets acquired on business combinations are recognised separately from goodwill at the acquisition date where it is probable that the expected future economic benefits that are attributable to the asset will flow to the entity and the fair value of the asset can be measured reliably; the intangible asset arises from contractual or other legal rights; and the intangible asset is separable from the entity.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Website	10% Straight line
---------	-------------------

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	15% Reducing balance
-----------------------	----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Fixed asset investments

Fixed asset investments are initially measured at cost and subsequently measured at cost less any accumulated impairment losses. The investments are assessed for impairment at each reporting date and any impairment losses or reversals of impairment losses are recognised immediately in net income/ (expenditure) for the year.

#### 1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

---

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Income from donations and legacies

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Donations and gifts	825	5,533

### 4 Income from charitable activities

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
<b>Subscriptions</b>		
Income	87,249	91,262
<b>Books, tapes and leaflets</b>		
Income	453	326
<b>Study weekends courses and conferences</b>		
Income	139,133	104,242
<b>Advertising &amp; sponsorship</b>		
Income	2,690	16,702
	<u>229,525</u>	<u>212,532</u>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

### 5 Expenditure on charitable activities

	Study weekends	Advertising	Books, tapes and literature	Subscriptions	Total
	2023	2023	2023	2023	2023
	£	£	£	£	£
<b>Direct costs</b>					
Books, tapes and leaflets	-	-	4,055	-	4,055
Workshop expenses	107,114	-	-	-	107,114
Memberships direct costs	450	200	-	350	1,000
Journal editing and dispatch	1,204	27,611	-	1,214	30,029
Other charitable expenditure	1,218	541	-	948	2,707
	<u>109,986</u>	<u>28,352</u>	<u>4,055</u>	<u>2,512</u>	<u>144,905</u>
<b>Share of support and governance costs (see note 7)</b>					
Support	30,932	13,748	-	24,058	68,738
Governance	33,712	14,983	-	26,220	74,915
	<u>174,630</u>	<u>57,083</u>	<u>4,055</u>	<u>52,790</u>	<u>288,558</u>
<b>Analysis by fund</b>					
Unrestricted funds	<u>174,630</u>	<u>57,083</u>	<u>4,055</u>	<u>52,790</u>	<u>288,558</u>
<b>Previous year:</b>					
	Study weekends	Advertising	Books, tapes and literature	Subscriptions	Total
	2022	2022	2022	2022	2022
	£	£	£	£	£
<b>Direct costs</b>					
Books, tapes and leaflets	-	-	163	-	163
Workshop expenses	62,495	-	-	-	62,495
Memberships direct costs	295	147	-	147	589
Journal editing and dispatch	589	24,419	-	298	25,306
Other charitable expenditure	16,501	2,048	-	2,048	20,597
	<u>79,880</u>	<u>26,614</u>	<u>163</u>	<u>2,493</u>	<u>109,150</u>
<b>Share of support and governance costs (see note 7)</b>					
Support	30,982	15,492	-	15,492	61,966
Governance	11,255	5,628	-	5,628	22,511
	<u>122,117</u>	<u>47,734</u>	<u>163</u>	<u>23,613</u>	<u>193,627</u>
<b>Analysis by fund</b>					
Unrestricted funds	<u>122,117</u>	<u>47,734</u>	<u>163</u>	<u>23,613</u>	<u>193,627</u>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

### 6 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 7 Support costs allocated to activities

	2023	2022
	£	£
Depreciation	4,497	4,501
Website costs	8,542	7,716
Bank charges	3,371	3,042
Postage, stationery and telephone	585	4,788
Insurance	1,340	1,477
Entertainment	14,576	21,442
Subscriptions	984	4,057
Study weekends, courses and conferences	34,843	14,943
Governance costs	74,915	22,511
	<u>143,653</u>	<u>84,477</u>

#### Analysed between:

Study weekends	64,644	42,237
Advertising	28,731	21,120
Subscriptions	50,278	21,120
	<u>143,653</u>	<u>84,477</u>

#### Governance costs comprise:

	2023	2022
	£	£
Accountancy	13,934	13,308
Legal and professional	800	5,159
Bookkeeping & administration	50,247	-
Entertainment	74	210
Consultancy fees	2,475	-
Travel	7,385	3,834
	<u>74,915</u>	<u>22,511</u>

### 8 Employees

The average monthly number of employees during the year was:

	2023	2022
	Number	Number
Total	<u>-</u>	<u>-</u>

There were no employees whose annual remuneration was more than £60,000.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

---

### 9 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

### 10 Intangible fixed assets

	Website £
<b>Cost</b>	
At 1 April 2022 and 31 March 2023	44,382
<b>Amortisation and impairment</b>	
At 1 April 2022	8,322
Amortisation charged for the year	4,438
At 31 March 2023	12,760
<b>Carrying amount</b>	
At 31 March 2023	31,622
At 31 March 2022	36,061

### 11 Tangible fixed assets

	Fixtures and fittings £
<b>Cost</b>	
At 1 April 2022	637
At 31 March 2023	637
<b>Depreciation and impairment</b>	
At 1 April 2022	246
Depreciation charged in the year	59
At 31 March 2023	305
<b>Carrying amount</b>	
At 31 March 2023	332
At 31 March 2022	391

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

### 12 Fixed asset investments

	Unlisted investments £
<b>Cost or valuation</b>	
At 1 April 2022 & 31 March 2023	1,100
<b>Carrying amount</b>	
At 31 March 2023	1,100
At 31 March 2022	1,100

### 13 Debtors

	2023 £	2022 £
<b>Amounts falling due within one year:</b>		
Trade debtors	26,500	15,908
Prepayments and accrued income	851	392
	<u>27,351</u>	<u>16,300</u>

### 14 Creditors: amounts falling due within one year

	Notes	2023 £	2022 £
Deferred income	15	36,155	32,167
Other creditors		27,828	15,934
Accruals and deferred income		2,520	2,400
		<u>66,503</u>	<u>50,501</u>

### 15 Deferred income

	2023 £	2022 £
Arising from Membership fees	36,155	32,167

Deferred income is included in the financial statements as follows:

	2023 £	2022 £
Deferred income is included within:		
Current liabilities	36,155	32,167

Movements in the year:

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2023

15 Deferred income	(Continued)	
Deferred income at 1 April 2022	32,167	38,034
Released from previous periods	(32,167)	(38,034)
Resources deferred in the year	36,155	32,167
	<u>36,155</u>	<u>32,167</u>
Deferred income at 31 March 2023	<u>36,155</u>	<u>32,167</u>

### 16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2022 £	Incoming resources £	Resources expended £	At 31 March 2023 £
General funds	220,383	230,350	(288,558)	162,175
	<u>220,383</u>	<u>230,350</u>	<u>(288,558)</u>	<u>162,175</u>
<b>Previous year:</b>	<b>At 1 April 2021 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>At 31 March 2022 £</b>
General funds	195,945	218,065	(193,627)	220,383
	<u>195,945</u>	<u>218,065</u>	<u>(193,627)</u>	<u>220,383</u>



---

**Issuer** Shaw Gibbs

**Document generated** Tue, 23rd Jan 2024 7:32:34 UTC

**Document fingerprint** af5282321642005d8ab8d4257b13c4b8

---

**Parties involved with this document**

Document processed	Party + Fingerprint
Tue, 23rd Jan 2024 9:45:51 UTC	Dr Kate Lough - Signer (91c80743e9b4b512c80a247ef6cf4943)

**Audit history log**

Date	Action
Tue, 23rd Jan 2024 9:45:52 UTC	Dr Kate Lough viewed the envelope (31.54.88.1)
Tue, 23rd Jan 2024 9:45:51 UTC	This envelope has been signed by all parties (31.54.88.1)
Tue, 23rd Jan 2024 9:45:51 UTC	Dr Kate Lough signed the envelope (31.54.88.1)
Tue, 23rd Jan 2024 9:42:40 UTC	Dr Kate Lough viewed the envelope (31.54.88.1)
Tue, 23rd Jan 2024 7:50:00 UTC	Dr Kate Lough opened the document email. (31.54.88.1)
Tue, 23rd Jan 2024 7:50:00 UTC	Dr Kate Lough opened the document email. (31.54.88.1)
Tue, 23rd Jan 2024 7:36:38 UTC	Document emailed to chair@thepogp.co.uk (18.169.192.147)
Tue, 23rd Jan 2024 7:36:37 UTC	Sent the envelope to Dr Kate Lough (chair@thepogp.co.uk) for signing (89.197.20.206)
Tue, 23rd Jan 2024 7:35:32 UTC	Dr Kate Lough has been assigned to this envelope (89.197.20.206)
Tue, 23rd Jan 2024 7:32:39 UTC	Document generated with fingerprint af5282321642005d8ab8d4257b13c4b8 (89.197.20.206)
Tue, 23rd Jan 2024 7:32:34 UTC	Envelope generated by Kim Gray (89.197.20.206)



---

**Issuer** Shaw Gibbs

**Document generated** Thu, 25th Jan 2024 10:39:48 UTC

**Document fingerprint** b527382e71922d74075e372e1b137eb6

---

**Parties involved with this document**

Document processed	Party + Fingerprint
Thu, 25th Jan 2024 10:52:28 UTC	Samantha Daniels - Signer (b43f69c31e91d1acfa8c0903a60352df)

**Audit history log**

Date	Action
Thu, 25th Jan 2024 10:52:28 UTC	Samantha Daniels viewed the envelope (89.197.20.206)
Thu, 25th Jan 2024 10:52:28 UTC	This envelope has been signed by all parties (89.197.20.206)
Thu, 25th Jan 2024 10:52:28 UTC	Samantha Daniels signed the envelope (89.197.20.206)
Thu, 25th Jan 2024 10:52:00 UTC	Samantha Daniels viewed the envelope (89.197.20.206)
Thu, 25th Jan 2024 10:42:29 UTC	Samantha Daniels opened the document email. (20.68.108.59)
Thu, 25th Jan 2024 10:42:18 UTC	Document emailed to samantha.daniels@shawgibbs.com (35.177.67.159)
Thu, 25th Jan 2024 10:42:17 UTC	Sent the envelope to Samantha Daniels (samantha.daniels@shawgibbs.com) for signing (89.197.20.206)
Thu, 25th Jan 2024 10:41:33 UTC	Samantha Daniels has been assigned to this envelope (89.197.20.206)
Thu, 25th Jan 2024 10:39:55 UTC	Document generated with fingerprint b527382e71922d74075e372e1b137eb6 (89.197.20.206)
Thu, 25th Jan 2024 10:39:48 UTC	Envelope generated by Kim Gray (89.197.20.206)

**PELVIC, OBSTETRIC AND GYNAECOLOGICAL PHYSIOTHERAPY (POGP)**

England & Wales - Charity number 1181424

---

# Accounts

---

Charity Registration No. 1181424

**PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY  
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2022**

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## LEGAL AND ADMINISTRATIVE INFORMATION

---

<b>Trustees</b>	Ms L Berry Dr G Campbell Ms D Plowman Ms S Bustard Dr K Lough Ms M Rach Ms H Shepherd  Ms E Rai  Ms J Harvey Dixon	(Appointed 7 December 2021) (Appointed 13 October 2021) (Appointed 1 October 2021)
<b>Charity number</b>	1181424	
<b>Registered office</b>	Chartered Society of Physiotherapy 3rd Floor South, Chancery Exchange 10 Furnival St London EC4A 1AB	
<b>Independent examiner</b>	Shaw Gibbs Limited 264 Banbury Road Oxford Oxfordshire OX2 7DY	

---

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## CONTENTS

---

	<b>Page</b>
Trustees' report	1 - 3
Statement of trustees' responsibilities	4
Independent examiner's report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 15

---

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT

### *FOR THE YEAR ENDED 31 MARCH 2022*

---

The trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in notes 1.1 to 1.10, and comply with the charity's deed of transfer, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

The charity's principle objective continues to be to define and promote excellence in physiotherapy practice within areas of obstetrics, gynaecology, urology, bladder, bowel and sexual health for men and women.

The policies adopted to meet this objective are:

- The maintenance and expansion of the educational framework that delivers training
- Building relationships with organisations compatible with our objectives
- Promotion of POGP roles and member involvement in health research and strategy, guideline and policy development

There has been no change in these during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

The charity's main achievements in the year have been:

- Adaptation and growth of the educational programme throughout the covid pandemic
- Implementation of an endorsement and engagement standard operating procedure to ensure transparency and equity of POGP support to requests for involvement in external projects
- Further development of resources for professionals and patients through the website improvements and published content and the Journal of POGP. This has included adding ReciteMe to the website which offers an inclusive experience online by providing accessibility and language options
- Expanded routes to full membership through completion of endorsed courses and qualifications, and through the mentored portfolio programme of the education subcommittee (ESC)
- Making affiliate membership available to non CSP members (subject to ratification at the AGM)
- Outsourcing of organisation and course administration to support and facilitate Trustee and Subcommittee work
- Initial development of the Area Representative library of resources for teaching and engagement
- Working with the CSP as a professional network to raise the profile of the speciality within physiotherapy

#### **Financial review**

POGP remain in a strong financial position to deliver the agreed programme of reinvestment for 2022/2023.

The charity performed well in the year to 31 March 2022, resulting in a net asset position of £224,995 at the year end.

It is the policy of the charity that unrestricted funds are maintained at a level that ensures POGP will remain a going concern and will seek to support expansion of member services maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

# **PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY**

## **TRUSTEES' REPORT (CONTINUED)**

***FOR THE YEAR ENDED 31 MARCH 2022***

---

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT (CONTINUED)

**FOR THE YEAR ENDED 31 MARCH 2022**

---

### Structure, governance and management

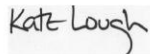
The charity is a charitable incorporated organisation, registered under charity number is 1181424. The charity's governing documents is a deed of transfer.

The trustees who served during the year and up to the date of signature of the financial statements were:

Ms A Frankham	(Resigned 1 October 2021)
Ms K Mann	(Resigned 1 October 2021)
Ms R Hawkes	(Resigned 1 October 2021)
Ms L Berry	
Dr G Campbell	
Ms D Plowman	
Ms S Bustard	
Ms R Burnett	(Resigned 1 October 2021)
Dr K Lough	
Ms M Rach	
Ms H Shepherd	(Appointed 7 December 2021)
Ms E Rai	(Appointed 13 October 2021)
Ms J Harvey Dixon	(Appointed 1 October 2021)

These 10 form the charity's board of trustees, on which a maximum of 12 members of POGP who hold full membership and perform their work in a volunteer capacity may sit. Trustees are voted into post by the charity's membership at the AGM.

The trustees' report was approved by the Board of Trustees.



.....  
**Dr K Lough**

Trustee

Dated: .....02 Dec 2022

# **PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY**

## **STATEMENT OF TRUSTEES' RESPONSIBILITIES FOR THE YEAR ENDED 31 MARCH 2022**

---

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

---

I report to the trustees on my examination of the financial statements of Pelvic Obstetric & Gynaecological Physiotherapy (the charity) for the year ended 31 March 2022.

#### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

*Samantha Daniels*  
Samantha Daniels FCA  
For and on behalf of  
Shaw Gibbs Limited

Chartered Certified Accountants  
264 Banbury Road  
Oxford  
Oxfordshire  
OX2 7DY

Dated: 04 Dec 2022  
.....

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

---

		Unrestricted funds 2022 £	Unrestricted funds 2021 £
	Notes		
<b><u>Income and endowments from:</u></b>			
Donations and legacies	3	5,533	416
Charitable activities	4	212,532	120,527
Other income	5	-	2,841
		<hr/>	<hr/>
<b>Total income</b>		218,065	123,784
		<hr/>	<hr/>
<b><u>Expenditure on:</u></b>			
Charitable activities	6	193,627	114,076
		<hr/>	<hr/>
<b>Net income for the year/ Net movement in funds</b>		24,438	9,708
		<hr/>	<hr/>
Fund balances at 1 April 2021		195,945	186,237
		<hr/>	<hr/>
<b>Fund balances at 31 March 2022</b>		220,383	195,945
		<hr/>	<hr/>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

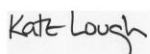
## BALANCE SHEET

AS AT 31 MARCH 2022

---

	Notes	2022		2021	
		£	£	£	£
<b>Fixed assets</b>					
Intangible assets	10		36,061		40,031
Tangible assets	11		391		460
Investments	12		1,100		1,100
			<u>37,552</u>		<u>41,591</u>
<b>Current assets</b>					
Debtors	13	16,300		21,112	
Cash at bank and in hand		217,032		188,401	
		<u>233,332</u>		<u>209,513</u>	
<b>Creditors: amounts falling due within one year</b>	14	(50,501)		(55,159)	
Net current assets			182,831		154,354
<b>Total assets less current liabilities</b>			<u>220,383</u>		<u>195,945</u>
<b>Income funds</b>					
Unrestricted funds			220,383		195,945
			<u>220,383</u>		<u>195,945</u>

The financial statements were approved by the Trustees on 04 Nov 2022 .....



.....

Dr K Lough  
Trustee

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS

**FOR THE YEAR ENDED 31 MARCH 2022**

---

### 1 Accounting policies

#### Charity information

Pelvic, Obstetric & Gynaecological Physiotherapy (POGP) is a registered charity and a membership organisation and professional network of the Chartered Society of Physiotherapy. Physiotherapy is a science-based healthcare profession that promotes recovery in illness, injury, or disability. It aims to restore movement and functional ability to the person's full potential.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Upon registration of the charity, the assets and liabilities of the Pelvic Obstetric & Gynaecological Physiotherapy society were transferred to the charity. This has been treated as donation income.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

---

### 1 Accounting policies

(Continued)

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

#### 1.5 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Intangible assets acquired on business combinations are recognised separately from goodwill at the acquisition date where it is probable that the expected future economic benefits that are attributable to the asset will flow to the entity and the fair value of the asset can be measured reliably; the intangible asset arises from contractual or other legal rights; and the intangible asset is separable from the entity.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Website	10% Straight line
---------	-------------------

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	15% Reducing balance
-----------------------	----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Fixed asset investments

Fixed asset investments are initially measured at cost and subsequently measured at cost less any accumulated impairment losses. The investments are assessed for impairment at each reporting date and any impairment losses or reversals of impairment losses are recognised immediately in net income/ (expenditure) for the year.

#### 1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

#### 3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Donations and gifts	5,533	416

#### 4 Charitable activities

	Subscriptions	Books, tapes and leaflets	Study weekends, courses and conferences	Advertising and sponsorship	Total 2022	Total 2021
	2022	2022	2022	2022	£	£
	£	£	£	£	£	£
Sales within charitable activities	91,262	326	104,242	16,702	212,532	120,527

#### For the year ended 31 March 2021

	Subscriptions	Books, tapes and leaflets	Study weekends, courses and conferences	Advertising and sponsorship	Total 2021
	£	£	£	£	£
Sales within charitable activities	62,322	120	52,462	5,623	120,527
Analysis by fund					
Unrestricted funds	62,322	120	52,462	5,623	120,527

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 5 Other income

	Total	Unrestricted funds
	2022	2021
	£	£
Grants receivable and released	-	2,841
	<u>          </u>	<u>          </u>

### 6 Charitable activities

	Study weekends	Advertising	Books, tapes & leaflets	Subscriptions	Total 2022	Total 2021
	2022	2022	2022	2022	£	£
	£	£	£	£	£	£
Books, tapes and leaflets	-	-	163	-	163	5,527
Workshop expenses	62,495	-	-	-	62,495	29,838
Memberships direct costs	295	147	-	147	589	2,703
AMC costs (fitwise)	-	-	-	-	-	7,773
Journal editing and dispatch	589	24,419	-	298	25,306	28,350
Other charitable expenditure	16,501	2,048	-	2,048	20,597	7,083
	<u>79,880</u>	<u>26,614</u>	<u>163</u>	<u>2,493</u>	<u>109,150</u>	<u>81,274</u>
Share of support costs (see note 7)	30,982	15,492	-	15,492	61,966	20,616
Share of governance costs (see note 7)	11,255	5,628	-	5,628	22,511	12,186
	<u>122,117</u>	<u>47,734</u>	<u>163</u>	<u>23,613</u>	<u>193,627</u>	<u>114,076</u>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 6 Charitable activities (Continued)

For the year ended 31 March 2021

	Study weekends £	Advertising £	Books, tapes & £	Subscriptio ns £	Total 2021 £
Books, tapes and leaflets	-	-	5,527	-	5,527
Workshop expenses	29,838	-	-	-	29,838
Memberships direct costs	718	359	1,200	426	2,703
AMC costs (fitwise)	3,346	1,673	-	2,754	7,773
Journal editing and dispatch	-	28,350	-	-	28,350
Other charitable expenditure	5,869	607	-	607	7,083
	<u>39,771</u>	<u>30,989</u>	<u>6,727</u>	<u>3,787</u>	<u>81,274</u>
Share of support costs (see note 7)	10,308	5,154	-	5,154	20,616
Share of governance costs (see note 7)	6,093	3,047	-	3,046	12,186
	<u>56,172</u>	<u>39,190</u>	<u>6,727</u>	<u>11,987</u>	<u>114,076</u>
<b>Analysis by fund</b>					
Unrestricted funds	<u>56,172</u>	<u>39,190</u>	<u>6,727</u>	<u>11,987</u>	<u>114,076</u>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 7 Support costs

	Support costs	Governance costs	2022 Support costs	Governance costs	2021
	£	£	£	£	£
Insurances	1,477	-	1,477	1,003	1,003
Depreciation	4,501	-	4,501	3,106	3,106
Subscriptions	4,057	-	4,057	951	951
Website costs	7,716	-	7,716	3,489	3,489
Bank charges	3,042	-	3,042	1,632	1,632
Postage, stationery and telephone	4,788	-	4,788	54	54
Conferences	21,442	-	21,442	2,497	2,497
Bank interest on loans and overdraft	-	-	-	17	17
Study weekends, courses and conferences	14,943	-	14,943	-	-
Legal and professional	-	5,159	5,159	-	1,170
Accountancy fees	-	13,308	13,308	-	10,227
Exec Committee - Gifts/ Awards	-	210	210	-	90
Consultancy Fees	-	-	-	-	160
Exec Committee - Travel & Subsistence	-	3,834	3,834	-	539
	<u>61,966</u>	<u>22,511</u>	<u>84,477</u>	<u>20,616</u>	<u>32,802</u>
Analysed between Charitable activities	<u>61,966</u>	<u>22,511</u>	<u>84,477</u>	<u>20,616</u>	<u>32,802</u>

### 8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 9 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Total	<u>-</u>	<u>-</u>

There were no employees whose annual remuneration was more than £60,000.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 10 Intangible fixed assets

	<b>Website</b>
	<b>£</b>
<b>Cost</b>	
At 1 April 2021	43,920
Additions - internally developed	462
	<hr/>
At 31 March 2022	44,382
	<hr/>
<b>Amortisation and impairment</b>	
At 1 April 2021	3,889
Amortisation charged for the year	4,432
	<hr/>
At 31 March 2022	8,321
	<hr/>
<b>Carrying amount</b>	
At 31 March 2022	36,061
	<hr/>
At 31 March 2021	40,031
	<hr/> <hr/>

### 11 Tangible fixed assets

	<b>Fixtures and fittings</b>
	<b>£</b>
<b>Cost</b>	
At 1 April 2021	637
	<hr/>
At 31 March 2022	637
	<hr/>
<b>Depreciation and impairment</b>	
At 1 April 2021	177
Depreciation charged in the year	69
	<hr/>
At 31 March 2022	246
	<hr/>
<b>Carrying amount</b>	
At 31 March 2022	391
	<hr/>
At 31 March 2021	460
	<hr/> <hr/>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 12 Fixed asset investments

	Unlisted investments £
<b>Cost or valuation</b>	
At 1 April 2021 & 31 March 2022	1,100
<b>Carrying amount</b>	
At 31 March 2022	1,100
At 31 March 2021	1,100

### 13 Debtors

	2022 £	2021 £
<b>Amounts falling due within one year:</b>		
Trade debtors	15,908	13,346
Prepayments and accrued income	392	7,766
	<u>16,300</u>	<u>21,112</u>

### 14 Creditors: amounts falling due within one year

	Notes	2022 £	2021 £
Deferred income	15	32,167	38,034
Other creditors		15,934	13,975
Accruals and deferred income		2,400	3,150
		<u>50,501</u>	<u>55,159</u>

### 15 Deferred income

	2022 £	2021 £
Other deferred income	32,167	38,034

**PELVIC, OBSTETRIC AND GYNAECOLOGICAL PHYSIOTHERAPY (POGP)**

England & Wales - Charity number 1181424

---

# Accounts

---

**PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY  
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## LEGAL AND ADMINISTRATIVE INFORMATION

---

**Trustees**

Ms A Frankham  
Ms K Mann  
Ms R Hawkes  
Ms L Berry  
Dr G Campbell  
Ms D Plowman  
Ms S Bustard  
Ms R Burnett  
Dr K Lough  
Ms M Rach

(Appointed 9 October  
2020)

**Charity number**

1181424

**Principal address**

Chartered Society of Physiotherapy  
14 Bedford Row  
London  
WC1R 4ED

**Independent examiner**

Shaw Gibbs Limited  
264 Banbury Road  
Oxford  
OX2 7DY

---

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## CONTENTS

---

	<b>Page</b>
Trustees' report	1 - 2
Statement of trustees' responsibilities	3
Independent examiner's report	4
Statement of financial activities	5
Balance sheet	6
Notes to the financial statements	7 - 14

---

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT

### *FOR THE YEAR ENDED 31 MARCH 2021*

---

The trustees present their report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in notes 1.1 to 1.10, and comply with the charity's deed of transfer, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

The charity's main objective continued to be to build a thriving physiotherapy community in which its members can be part of a collective to help shape the profession and support each other. The policies adopted to meet this objective are:

- To champion physiotherapy
- To maintain an effective and sustainable organisation
- To support members in their professional working lives

There has been no change in these during the year.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### **Achievements and performance**

The charity's main achievements in the year have been:

- The construction of a new website to support the charity's members and the physio academic community, and the general public. This includes a member only section for the sharing of resources and discussion, a new online course booking facility, a section where researchers can purchase peer reviewed articles from the journal.
- A new mentorship project overseen by the Education subcommittee (ESC) to support affiliate members in converting to full membership by submission of their portfolio.
- The set up by the ESC of a new short course on menopause developed in collaboration with Positive Pause, and adapted recently to an online course delivery format.
- The updating of some of the illustrations used in our booklets, which have been well received by our membership, and has lead to a number of copyright requests to use the images.
- Its continued involvement in a number of collaborative projects supported by members. For example, the project "This Mum Can" is aiming to support active women to continue to exercise safely during their pregnancy.
- Being awarded the first CSP grant to be made available to professional networks undertaking specific pieces of work in line with CSP corporate policy. POGP is one of the main stakeholders involved in the development of UK Clinical Guidance for best practice in the use of vaginal pessaries for pelvic organ prolapse.

Finally one further achievement this year which will benefit the general public is the addition of a searchable directory for the public to find a physio in their locality on the new website.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

---

### Financial review

The charity performed well in the period to 31 March 2021, resulting in a net asset position of £195,945 at the period end.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

### Structure, governance and management

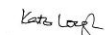
The charity is a charitable incorporated organisation, registered under charity number is 1181424. The charity's governing documents is a deed of transfer.

The trustees who served during the year and up to the date of signature of the financial statements were:

Ms A Frankham	
Ms K Mann	
Ms R Hawkes	
Ms L Berry	
Dr G Campbell	
Ms D Plowman	
Ms S Bustard	
Ms R Burnett	
Ms E Jardine	(Resigned 8 October 2020)
Dr K Lough	
Mrs J Newman	(Resigned 8 October 2020)
Ms M Rach	(Appointed 9 October 2020)
Ms J Fordyce	(Resigned 8 October 2020)

These 10 form the charity's board of trustees, on which a maximum of 12 members of POGP who hold full membership and perform their work in a volunteer capacity may sit. Trustees are voted into post by the charity's membership at the AGM.

The trustees' report was approved by the Board of Trustees.



**Dr K Lough**  
Trustee  
Dated: ..... 01 Oct 2021

# **PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY**

## **STATEMENT OF TRUSTEES' RESPONSIBILITIES**

***FOR THE YEAR ENDED 31 MARCH 2021***

---

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## INDEPENDENT EXAMINER'S REPORT

### TO THE TRUSTEES OF PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

---

I report to the trustees on my examination of the financial statements of Pelvic Obstetric & Gynaecological Physiotherapy (the charity) for the year ended 31 March 2021.

#### Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

*Samantha Daniels*  
Samantha Daniels FCA  
Samantha Daniels (Oct 14 2021, 9:36am)  
For and on behalf of  
Shaw Gibbs Limited

Chartered Certified Accountants  
264 Banbury Road  
Oxford  
OX2 7DY

Dated: 14 Oct 2021  
.....

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

*FOR THE YEAR ENDED 31 MARCH 2021*

---

	<b>Notes</b>	<b>Unrestricted funds 2021 £</b>	<b>Unrestricted funds 2020 £</b>
<b><u>Income and endowments from:</u></b>			
Donations and legacies	<b>3</b>	416	122,479
Charitable activities	<b>4</b>	120,527	251,316
Other income	<b>5</b>	2,841	1,780
<b>Total income</b>		<b>123,784</b>	<b>375,575</b>
<b><u>Expenditure on:</u></b>			
Charitable activities	<b>6</b>	114,076	189,338
<b>Net income for the year/ Net movement in funds</b>		<b>9,708</b>	<b>186,237</b>
Fund balances at 1 April 2020		186,237	-
<b>Fund balances at 31 March 2021</b>		<b>195,945</b>	<b>186,237</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## BALANCE SHEET

AS AT 31 MARCH 2021

---

	Notes	2021		2020	
		£	£	£	£
<b>Fixed assets</b>					
Intangible assets	10		40,031		9,261
Tangible assets	11		460		541
Investments	12		1,100		1,100
			<u>41,591</u>		<u>10,902</u>
<b>Current assets</b>					
Debtors	13	21,112		8,000	
Cash at bank and in hand		188,401		213,933	
		<u>209,513</u>		<u>221,933</u>	
<b>Creditors: amounts falling due within one year</b>	14	(55,159)		(46,598)	
Net current assets			154,354		175,335
<b>Total assets less current liabilities</b>			<u>195,945</u>		<u>186,237</u>
<b>Income funds</b>					
Unrestricted funds			195,945		186,237
			<u>195,945</u>		<u>186,237</u>

The financial statements were approved by the Trustees on .....01.Oct.2021

*Kate Lough*

Dr K Lough  
Trustee

Dr K Lough (Oct 4, 2021, 10:07pm)

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS

**FOR THE YEAR ENDED 31 MARCH 2021**

---

### **1 Accounting policies**

#### **Charity information**

Pelvic, Obstetric & Gynaecological Physiotherapy (POGP) is a registered charity and a membership organisation and professional network of the Chartered Society of Physiotherapy. Physiotherapy is a science-based healthcare profession that promotes recovery in illness, injury, or disability. It aims to restore movement and functional ability to the person's full potential.

#### **1.1 Accounting convention**

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

#### **1.2 Going concern**

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### **1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

#### **1.4 Income**

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Upon registration of the charity, the assets and liabilities of the Pelvic Obstetric & Gynaecological Physiotherapy society were transferred to the charity. This has been treated as donation income.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

---

### 1 Accounting policies (Continued)

#### 1.5 Intangible fixed assets other than goodwill

Intangible assets acquired separately from a business are recognised at cost and are subsequently measured at cost less accumulated amortisation and accumulated impairment losses.

Intangible assets acquired on business combinations are recognised separately from goodwill at the acquisition date where it is probable that the expected future economic benefits that are attributable to the asset will flow to the entity and the fair value of the asset can be measured reliably; the intangible asset arises from contractual or other legal rights; and the intangible asset is separable from the entity.

Amortisation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Website	10% Straight line
---------	-------------------

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	15% Reducing balance
-----------------------	----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

#### 1.7 Fixed asset investments

Fixed asset investments are initially measured at cost and subsequently measured at cost less any accumulated impairment losses. The investments are assessed for impairment at each reporting date and any impairment losses or reversals of impairment losses are recognised immediately in net income/(expenditure) for the year.

#### 1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

#### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.10 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

### 3 Donations and legacies

	<b>Unrestricted funds</b>	Unrestricted funds
	<b>2021</b>	2020
	£	£
Donations and gifts	416	122,479
	<u>416</u>	<u>122,479</u>

### 4 Charitable activities

	Subscriptions	Books, tapes and leaflets	Study weekends, courses and conferences	Advertising and sponsorship	Total 2021	Total 2020
	2021	2021	2021	2021	£	£
	£	£	£	£	£	£
Sales within charitable activities	62,322	120	52,462	5,623	120,527	251,316
	<u>62,322</u>	<u>120</u>	<u>52,462</u>	<u>5,623</u>	<u>120,527</u>	<u>251,316</u>

#### For the year ended 31 March 2020

	Subscriptions	Books, tapes and leaflets	Study weekends, courses and conferences	Advertising and sponsorship	Total 2020
	£	£	£	£	£
Sales within charitable activities	53,850	5,969	189,418	2,079	251,316
	<u>53,850</u>	<u>5,969</u>	<u>189,418</u>	<u>2,079</u>	<u>251,316</u>
Analysis by fund					
Unrestricted funds	53,850	5,969	189,418	2,079	251,316
	<u>53,850</u>	<u>5,969</u>	<u>189,418</u>	<u>2,079</u>	<u>251,316</u>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2021*

---

**5 Other income**

	<b>Unrestricted funds</b>	Unrestricted funds
	<b>2021</b>	2020
	<b>£</b>	£
Grants receivable and released	2,841	1,780
	<u>          </u>	<u>          </u>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2021

6 Charitable activities	Study Advertising weekends		Books, tapes & leaflets	Subscriptions		Total Provision of 2021 educational literature		Study Advertising weekends		Total Advertising		Total 2020
	2021	2021		2021	2021	2020	2020	2020	2020	2020	2020	
Accommodation	-	-	-	-	-	-	-	125,802	1,564	1,564	127,366	
Books, tapes and leaflets	-	-	5,527	-	-	5,527	-	1,593	-	-	1,593	
Workshop expenses	29,838	-	-	-	-	29,838	-	-	-	-	-	
Memberships direct costs	718	359	1,200	426	-	2,703	-	-	-	-	-	
AMC costs (fitwise)	3,346	1,673	-	2,754	-	7,773	-	-	-	-	-	
Books and journals	-	-	-	-	-	-	23,698	-	-	-	23,698	
Journal editing and dispatch	-	28,350	-	-	-	28,350	-	-	-	-	-	
Other charitable expenditure	5,869	607	-	607	-	7,083	-	-	-	-	-	
	<u>39,771</u>	<u>30,989</u>	<u>6,727</u>	<u>3,787</u>	<u>81,274</u>	<u>23,698</u>	<u>127,395</u>	<u>1,564</u>	<u>1,564</u>	<u>152,657</u>		
Share of support costs (see note 7)	10,308	5,154	-	5,154	20,616	2,040	3,079	1,539	1,539	6,658		
Share of governance costs (see note 7)	6,093	3,047	-	3,046	12,186	12,306	11,811	5,906	5,906	30,023		
	<u>56,172</u>	<u>39,190</u>	<u>6,727</u>	<u>11,987</u>	<u>114,076</u>	<u>38,044</u>	<u>142,285</u>	<u>9,009</u>	<u>9,009</u>	<u>189,338</u>		

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

### 7 Support costs

	Support costs	Governance costs	2021	Support costs	Governance costs	2020
	£	£	£	£	£	£
Insurances	1,003	-	1,003	-	-	-
Depreciation	3,106	-	3,106	1,125	-	1,125
Subscriptions	951	-	951	-	-	-
Website costs	3,489	-	3,489	658	-	658
Bank charges	1,632	-	1,632	1,417	-	1,417
Postage, stationery and telephone	54	-	54	2,316	-	2,316
Dame Jo Barnes Award	-	-	-	500	-	500
Entertainment	2,497	-	2,497	635	-	635
Bank interest on loans and overdraft	17	-	17	7	-	7
Study weekends, courses and conferences	7,867	-	7,867	-	-	-
Legal and professional	-	1,170	1,170	-	-	-
Bookkeeping and administration	-	-	-	-	23,623	23,623
Accountancy fees	-	10,227	10,227	-	6,400	6,400
Exec Committee - Gifts/ Awards	-	90	90	-	-	-
Consultancy Fees	-	160	160	-	-	-
Exec Committee - Travel	-	539	539	-	-	-
	<u>20,616</u>	<u>12,186</u>	<u>32,802</u>	<u>159,314</u>	<u>30,023</u>	<u>189,337</u>
Analysed between Charitable activities	<u>20,616</u>	<u>12,186</u>	<u>32,802</u>	<u>159,314</u>	<u>30,023</u>	<u>189,337</u>

### 8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

### 9 Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
Total	<u>-</u>	<u>-</u>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

### 10 Intangible fixed assets

	Website £
<b>Cost</b>	
At 1 April 2020	10,290
Additions - internally developed	33,630
	<hr/>
At 31 March 2021	43,920
	<hr/>
<b>Amortisation and impairment</b>	
At 1 April 2020	1,029
Amortisation charged for the year	2,860
	<hr/>
At 31 March 2021	3,889
	<hr/>
<b>Carrying amount</b>	
At 31 March 2021	40,031
	<hr/> <hr/>
At 31 March 2020	9,261
	<hr/> <hr/>

### 11 Tangible fixed assets

	Fixtures and fittings £
<b>Cost</b>	
At 1 April 2020	637
	<hr/>
At 31 March 2021	637
	<hr/>
<b>Depreciation and impairment</b>	
At 1 April 2020	96
Depreciation charged in the year	81
	<hr/>
At 31 March 2021	177
	<hr/>
<b>Carrying amount</b>	
At 31 March 2021	460
	<hr/> <hr/>
At 31 March 2020	541
	<hr/> <hr/>

# PELVIC OBSTETRIC & GYNAECOLOGICAL PHYSIOTHERAPY

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

### 12 Fixed asset investments

	<b>Unlisted investments £</b>
<b>Cost or valuation</b>	
At 1 April 2020 & 31 March 2021	1,100
<b>Carrying amount</b>	
At 31 March 2021	1,100
At 31 March 2020	1,100

### 13 Debtors

	<b>2021 £</b>	<b>2020 £</b>
<b>Amounts falling due within one year:</b>		
Trade debtors	13,346	7,170
Prepayments and accrued income	7,766	830
	<u>21,112</u>	<u>8,000</u>

### 14 Creditors: amounts falling due within one year

	<b>Notes</b>	<b>2021 £</b>	<b>2020 £</b>
Deferred income	<b>15</b>	38,034	25,835
Trade creditors		-	3,372
Other creditors		13,975	17,391
Accruals and deferred income		3,150	-
		<u>55,159</u>	<u>46,598</u>

### 15 Deferred income

	<b>2021 £</b>	<b>2020 £</b>
Other deferred income	38,034	25,835