IGNITE LIFE

England & Wales · Charity number 1181408

Details

Status	Registered
Legal form	CIO
Registered	2019-01-03
Register	View on the Charity Commission register

Contact

Address	Unit 6 Bridge Road Kingswood Bristol BS15 4FW
Phone	01172872494
Email	hello@ignite-life.co.uk
Website	ignite-life.co.uk

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Activities

Objects: TO ACT AS A RESOURCE FOR YOUNG PEOPLE UP TO THE AGE OF 25 LIVING THROUGHOUT ENGLAND AND WALES BY PROVIDING ADVICE AND ASSISTANCE, ORGANISING PROGRAMMES OF PHYSICAL, EDUCATIONAL AND OTHER ACTIVITIES AND PROVIDING GRANTS AS A MEANS OF:(A) ADVANCING IN LIFE AND RELIEVING THE NEEDS OF YOUNG PEOPLE BY DEVELOPING THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS;(B) ADVANCING EDUCATION;(C) RELIEVING UNEMPLOYMENT;(D) PROVIDING RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE FOR PEOPLE LIVING IN THE AREA OF BENEFIT WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABILITY, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE OF SUCH PERSONS.(E) PROMOTING AND PRESERVING PHYSICAL AND MENTAL HEALTH(F) PROMOTING SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING YOUNG PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY.FOR THE PURPOSE OF THIS CLAUSE ‘SOCIALLY EXCLUDED’ MEANS YOUNG PEOPLE WHO ARE BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OF MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS; CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY); YOUTH; RACE; GENDER; POOR EDUCATIONAL OR SKILLS ATTAINMENT; DISABILITY; ETHNIC ORIGIN; OR WHO ARE WITHIN, OR HAVE EXPERIENCED, THE PUBLIC CARE OR PENAL SYSTEM.

Activities: Ignite Life acts as an agent for social change, to promote, advance in life, provide for and relieve the needs of young people for the public benefit, with a specific focus on enhancing the social, physical and mental well-being of socially excluded young people, and those in danger of becoming socially excluded young people. Ignite has three main services, mentoring, counselling and food support.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Throughout England And Wales

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Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£140,295	£128,484	-	-
2023-12-31	£234,949	£133,016	-	-
2022-12-31	£129,804	£82,910	-	-
2021-12-31	£65,129	£46,692	-	-
2020-12-31	£35,230	£10,607	-	-

Trustees

Name	Role	Appointed
WAYNE COCKRAM	Chair	2019-01-01
Adrian Tomsa		2021-08-01
CHRIS DAVIES		2019-01-01
Ella Pedler		2024-04-09
RICHARD BERRY		2019-01-01
Sarah Katherine Hoskinson		2024-04-09

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IGNITE LIFE

England & Wales - Charity number 1181408

Accounts

Ignite Life

Financial Statements

Year ended 31 December 2024

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Ignite Life

Trustees' Annual Report (Incorporating the Directors' Report)

Year ended 31 December 2024

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 December 2024.

Reference and administrative details

Registered charity name	Ignite Life
Charity registration number	1181408
Company registration number	CE016083
Principal office and registered office	Unit 6 Bridge Road Kingswood BRISTOL BS15 4FW
The trustees	W Cockram E Pedler (appointed April 2024) SK Hoskinson (appointed April 2024) SA Mansfield (resigned April 2024) D Evans (resigned June 2024) A Tomsa R Berry C Davies
Independent examiner	D Boulton

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 December 2024

Structure, governance and management

The Ignite Life is a registered charity (number 1181408) governed by its Memorandum and Articles of Association.

Trustees are the people responsible for controlling the work, management and administration of the charity on behalf of its beneficiaries. Generally trustees are treasurer, chair, board member etc.

Charitable objects and activities

To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded' Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.

Risk management

The Trustees have identified the major risk to which the charity is exposed as being the need to raise sufficient income to cover management costs. These risks have been addressed by focusing on additional fundraising from trusts, foundations, corporates, individuals and by continuing to hold sufficient funds to cover costs.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity:

Achievements and performance

Ignite Life acts as an agent for social change, to promote, advance in life, provide for and relieve the needs of young people for the public benefit, with a specific focus on enhancing the social, physical and mental well-being of socially excluded young people, and those in danger of becoming socially excluded young people, in England and Wales.

The companies, trusts, special individual supporters and statutory bodies that funded our work (not limited to)

Companies	Trusts and foundations	Statutory bodies
Burges Salmon	The Foyle Foundation	South Gloucestershire Council
Porto Lounge	The Nisbet Trust	
Roadworthy	The Pixel Fund	
Greenbank Investments	The Garfield Weston Foundation	
	Quartet Foundation	

Financial review

Income from corporate subscriptions Increased during 2024 by raising income from individual subscriptions and philanthropic donations. The fund inflow was £140,295 (2023: £234,949).

Plans for future periods

The Trustees plan to continue to expand the reach and activities of the charity in 2025. Reserves will be maintained at a prudent level consistent with that growth.

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

W Cockram

Date 22/10/2025

E Pedler

Date 22/10/2025

SK Hoskinsor

Date 22/10/2025

A Tomsa

Date 22/10/2025

R Berry

Date 22/10/2025

C Davies

Date 22/10/2025

Ignite Life

Independent Examiner's Report to Trustees of Ignite Life

Year ended 31 December 2024

I report on the financial statements of the Charitable Company for the year ended 31 December 2024, which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes numbers 1 to 8.

Respective responsibilities of Trustees and Examiner

The charity's Trustees (and the Directors of the Company for the purposes of company law) are responsible for the preparation of the financial statements. The charity's Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements (under section 145 of the 2011 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners. (under section 145(5) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the financial statements.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and section 386 of the Companies Act 2006; and
- to prepare financial statements which accord with the accounting records, comply with the accounting requirements of the 2011 Act, section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Debbie Boulton

Date: 24/10/2025

Ignite Life

Statement of Financial Activities
(including income and expenditure account)

31 December 2024

	2024			2023		
	Unrestricted Funds	Restricted Funds	**Total Funds**	Unrestricted Funds	Restricted Funds	**Total Funds**
	£	£	£	£	£	£
Income						
Donations and legacies	27,586	88,451	116,037	1,673	201,215	202,888
Corporate subscriptions	19,095	-	19,095	19,740	-	19,740
Local Authority subscriptions	10	500	510	-	-	-
Events activities	315	-	315	-	12,150	12,150
Miscellaneous & Bank interest	4,148	190	4,338	67	104	171
Total income	**51,154**	**89,141**	**140,295**	**21,480**	**213,469**	**234,949**
Expenditure						
Management and governance costs (Note 4)	-	42,182	42,182	-	45,164	45,164
Expenditure on charitable activities (Note 5)	13,803	69,397	83,200	16,085	68,665	84,750
Depreciation		3,102	3,102		3,102	3,102
Total expenditure	**13,803**	**114,681**	**128,484**	**16,085**	**116,931**	**133,016**
Net income	**37,351**	**(25,540)**	**11,811**	**5,395**	**96,538**	**101,933**
Transfers between funds	-	-	-	-	-	-
Net movement in funds	**-**	**-**	**-**	**-**	**-**	**-**
Total funds brought forward	14,643	177,314	191,957	9,248	80,776	90,024
Total funds carried forward	**51,994**	**151,774**	**203,768**	**14,643**	**177,314**	**191,957**

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 8 to 12 form part of these financial statements

Ignite Life

Statement of Financial Position

31 December 2024

			2024	2023
	Note		£	£
Current assets				
Fixed asset		15,512		
Depreciation on FA		(15,194)	318	3,420
Cash at bank and in hand			206,254	189,219
Prepayments			495	495
Creditors: amounts falling due within one year	7		(3,299)	(1,177)
Net assets			**203,768**	**191,957**
Funds of the charity				
Restricted funds			151,774	177,314
Unrestricted funds			51,994	14,643
Total charity funds	8		**203,768**	**191,957**

For the financial year ended 31 December 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.
The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.
These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime. These financial statements were approved by the board of trustees and authorised for issue and are signed on behalf of the board by:

W Cockram

Date 22/10/2025

E Pedler

Date 22/10/2025

SK Hoskinson

Date 22/10/2025

A Tomsa

Date 22/10/2025

R Berry

Date 22/10/2025

C Davies

Date 22/10/2025

The notes on pages 8 to 12 form part of these financial statements

Ignite Life

Statement of Cash Flows

Year ended 31 December 2024

	2024	2023
	£	£
Cash flows from operating activities		
Net income (less bank interest)	**7,471**	**101,989**
Adjustment for:		
Fixed asset additions	-	-
Depreciation of tangible fixed assets	3,102	3,102
Other interest receivable and similar income		
Changes in:		
Stock, trade and other debtors	-	-
Trade and other creditors	2,124	545
Cash generated from operations	**12,697**	**105,536**
Interest received	4,338	44
Net cash from operating activities	**17,035**	**105,580**
Net increase in cash and cash equivalents	**17,035**	**105,580**
Cash and cash equivalents at beginning of year	189,219	83,639
Cash and cash equivalents at end of year	**206,254**	**189,219**

The notes on pages 8 to 12 form part of these financial statements.

Notes to the Financial Statements
Year ended 31 December 2024

1. General information

This charity was registered on 03/01/2019 (Number 1181408). The address of the registered office Unit 6 Bridge Road Kingswood Bristol, BS15 4FW.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the Accrual basis.

The financial statements are prepared in sterling, which is the functional currency of the entity and rounded to the nearest £.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Funds held by the charity are either:

Unrestricted funds - these are funds which can be used in accordance with the charitable objects at the discretion of the Trustees, of which some are designated for specific purposes, but not irrevocably.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor. These funds are either endowments (capital base maintained) or restricted income (the entire fund may be used for the restricted purpose).

Fixed assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is charged to the income and expenditure account over 5 years using the straight-line method.

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations is recognised when there is evidence of entitlement to the gift, receipt is probable, and its amount can be measured reliably.

- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.

3. Accounting policies *(continued)*

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Notes to the Financial Statements *(continued)*
Year ended 31 December 2024

4. Analysis of expenditure on management and governance costs

	2024		2023	
Particulars	**Management costs of servicing the charitable activities**	**Governance costs**	**Management costs of servicing the charitable activities**	**Governance costs**
	£	£	£	£
Marketing	12		193	
Travel & subsistence	42		320	
Insurance	1,380		1,043	
Accounting	362		173	
Subscriptions	181		180	
Temporary staff	1,240		7,011	
Miscellaneous expenses	236		133	
Repairs & maintenance	-		4,000	
Website development	323		907	
Salaries	37,514		25,545	
NI & pensions	892		5,659	
	42,182		**45,164**	

5. Expenditure on charitable activities

	2024		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Mentoring & counselling	-	45,985	45,985
Food service	-	21,212	21,212
Event activities	-	2,200	2,200
Cooking workshop	-	-	-
Crossfit	13,803	-	13,803
	13,803	**69,397**	**83,200**
	2023		
	Unrestricted Funds	Restricted Funds	Total Funds
Mentoring & counselling	-	31,755	31,755
Food service	-	30,239	30,239
Event activities	-	6,267	6,267
Cooking workshop	-	404	404
Crossfit	16,085	-	16,085
	16,085	**68,665**	**84,750**

6. Trustee remuneration, expenses and related party transactions

None of the trustees have been paid any remuneration or received any other benefits from employment with the charity or a related entity, in both the current and preceding periods.

7. Creditors

	2024	2023
	£	£
Accruals	-	56
Pension	635	288
Social security	2,664	833
	3,299	**1,177**

8. Analysis of charitable funds

Funds					
	At 1 Jan 2024	Income	Expenditure	Transfers	At 31 Dec 2024
	£	£	£	£	£
Restricted	177,314	89,141	114,681	-	151,774
Unrestricted	14,643	51,154	13,803	-	51,994
	191,957	**140,295**	**128,484**	**-**	**203,768**

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 Jan 2024 Period start date
To 31 Dec 2024 Period end date

Charity name: Ignite Life Limited

Charity registration number: 1181408

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded' Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill

		Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	• Mentoring • Counselling. • Food support
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have regard to the Charity Commission guidance on public benefit when considering projects to support (including but not limited to the Covid-19 specific guidance).

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	Ignite Life's food bank and food delivery service is supported by a team of around 17 part-time volunteers. Their roles include opening and closing the food bank, managing the food bank, supporting service users and managing stock. Ignite Life also provides a range of supported volunteer programmes for young people to help advance their work based and social skills. This includes within our food bank, budgeting and purchasing stock, collecting donations, supporting with social media content, and more. Ignite Life has one part-time permanent volunteer who supports with charity admin.
Other		n/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	From Jan 2024 – December 2024, the charity has: ➢ Provided 546 hours of mentoring support which includes meals, activities, tuition, access to sport, wellbeing check ins, life changing opportunities, and more. ➢ Provided 651 1:1 counselling sessions to 90 young people. Of which the majority received 7 weeks of sessions and others received 12-18 weeks. ➢ Set up a new student counselling programme at the end of 2024 and enrolled two new student counselling who, in December 2024, provided 3 counselling sessions. ➢ Continued to support families in food poverty with our no-referral needed food bank. We supported on average 105 households per week with food. ➢ Launched a new recipe box service which provided families with a weekly box of 4 recipes and ingredients for a family of 4 (totalling to 16 meals) and each box could be replicated for £30 making each meal £1.87. ➢ Provided a cooking workshop for 5 families. ➢ Launched a new garden project where young people helped to design and restore an unused and overgrown green space. We had teams of corporate volunteers support with 'clear up days'. ➢ Provided 'mini' trips for groups of young people which included zoo, go karting, farms, cinemas, and more.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Our mentoring service has supported in advancing life and relieving the needs of young people by developing skills, raising aspirations, confidence and self-esteem. Our mentoring, during 2024, has helped young people to advance in education and supported with the educational gap as we

		provided support during the school holidays. Our mentoring also helped young people transition from school to college, we provided travel training to those with anxiety and challenges to increase confidence. Mentoring also supports young people to advance in life by relieving the needs of young people by developing skills (both vocationally and socially), capacities (by reaching life skills and social skills as well as educational and work-based skills) and capabilities (by providing life changing opportunities which support to broaden experiences. Our counselling service has supported the mental health and wellbeing of young people in our community. Positive mental health supports young people advance in other aspects of life and our counselling programmes have created positive long-term outcomes for young people. Our food support service has expanded to better support our community in relieving unemployment and promoted social inclusion for the public benefit by working to prevent young people from becoming socially excluded.
Performance of fundraising activities against objectives set	Para 1.41	Ignite has continued to fundraise successfully to ensure continuation and expansion of services to meet community needs. In 2024 we recruited and hired a full-time fundraising manager.
Investment performance against objectives	Para 1.41	**n/a**
Other		**n/a**

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	In the 12 months to 31st December 2024, the charity had a total income of £138,547 and expenditure of £128,486.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Given our objectives of supporting young people reach their potential through holistic support services, our reserves policy aims to ensure our work is protected from the risk of disruption at short notice due to lack of funds, whilst at the same time ensuring we do not retain income for longer than required. We have based our projections for the appropriate number of reserves we require on the basis of estimated running costs for 3 months. However, we operate on a model which makes no financial commitment until funding is secured, therefore, our risk is relatively low in terms of an unforeseen drop in income. Therefore, our reserves policy outlines the exceptions allowed for going below our reserves if spending is required for unforeseen maintenance costs.
Amount of reserves held	Para 1.22	£20,869.39
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principal source of funds secured from grants and charitable trusts.
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	n/a
Other		n/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	n/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	n/a
Relationship with any related parties	Para 1.51	n/a
Other		n/a

Reference and Administrative details

Charity name	Ignite Life
Other name the charity uses	
Registered charity number	1181408
Charity's principal address	Unit 6 Bridge Road Kingswood Bristol BS15 4FW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Wayne Cockram			
2	Richard Berry			
3	Chris Davies			
4	Ady Tomsa			
5	Ella Pedler			
6	Sarah Hoskinson			
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Corporate trustees – names of the directors at the date the report was approved

Director name		
As above		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Bethanie Cundy, Chief Executive Officer (volunteer)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Wayne Cockram
Position (eg Secretary, Chair, etc)	Chair
Date	

IGNITE LIFE

England & Wales - Charity number 1181408

Accounts

Ignite Life

Financial Statements

Year ended 31 December 2023

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Ignite Life

Trustees' Annual Report (Incorporating the Directors' Report)

Year ended 31 December 2023

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 December 2023.

Reference and administrative details

Registered charity name	Ignite Life
Charity registration number	1181408
Company registration number	CE016083
Principal office and registered office	Unit 6 Bridge Road
	Kingswood BRISTOL
	BS15 4FW
The trustees	
Independent examiner	D Boulton

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 December 2023

Structure, governance and management

The Ignite Life is a registered charity (number 1181408) governed by its Memorandum and Articles of Association.

Trustees are the people responsible for controlling the work, management and administration of the charity on behalf of its beneficiaries. Generally trustees are treasurer, chair, board member etc.

Charitable objects and activities

To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded' Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.

Risk management

The Trustees have identified the major risk to which the charity is exposed as being the need to raise sufficient income to cover management costs. These risks have been addressed partly by a membership drive, partly by aiming to more than cover direct costs on most events, partly by raising corporate sponsorship and significantly with a major donation.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity:

Achievements and performance

Ignite Life acts as an agent for social change, to promote, advance in life, provide for and relieve the needs of young people for the public benefit, with a specific focus on enhancing the social, physical and mental well-being of socially excluded young people, and those in danger of becoming socially excluded young people, in England and Wales.

Financial review

Income from corporate subscriptions Increased during 2023 by raising income from individual subscriptions and philanthropic donations. The fund inflow was £234,949 (2022: £129,804).

Plans for future periods

The Trustees plan to continue to expand the reach and activities of the charity in 2024. Reserves will be maintained at a prudent level consistent with that growth.

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Wayne Cockram

Date 23/10/24

Richard Berry

Date 23/10/24

Chris Davies

Date 24/10/2024

Sarah Hoskinson

Date: 23/10/2024

Adrian Tomsa

Date 23/10/24

Ella Pedler

Date 23/10/24

Independent Examiner's Report to Trustees of Ignite Life

Year ended 31 December 2023

I report on the financial statements of the Charitable Company for the year ended 31 December 2023, which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes numbers 1 to 19.

Respective responsibilities of Trustees and Examiner

The charity's Trustees (and the Directors of the Company for the purposes of company law) are responsible for the preparation of the financial statements. The charity's Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements (under section 145 of the 2011 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners. (under section 145(5) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the financial statements.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and section 386 of the Companies Act 2006; and
- to prepare financial statements which accord with the accounting records, comply with the accounting requirements of the 2011 Act, section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Debbie Boulton

Date: 25/10/2024

Statement of Financial Activities
(including income and expenditure account)

31 December 2023

	2023			2022		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Income						
Donations and legacies	1,673	201,215	202,888	5,384	48,481	53,865
Corporate subscriptions	19,740	-	19,740	7,646	58,784	66,430
Local Authority subscriptions	-	-	-	-	7,544	7,544
Events activities	-	12,150	12,150	1,870	-	1,870
Miscellaneous & Bank interest	67	104	171	95	-	95
Total income	**21,480**	**213,469**	**234,949**	**14,995**	**114,809**	**129,804**
Expenditure						
Management and governance costs (Note 4)	-	60,364	60,364	-	43,542	43,542
Expenditure on charitable activities (Note 5)	16,085	53,465	69,550	8,440	27,839	36,279
Depreciation 20%	-	3,102	3,102	-	3,089	3,089
Total expenditure	**16,085**	**116,931**	**133,016**	**8,440**	**74,470**	**82,910**
Net income	**5,395**	**96,538**	**101,933**	**6,555**	**40,339**	**46,894**
Transfers between funds	-	-	-	-	-	-
Net movement in funds	-	-	-	-	-	-
Total funds brought forward	9,248	80,776	90,024	2,693	40,437	43,130
Total funds carried forward	**14,643**	**177,314**	**191,957**	**9,248**	**80,776**	**90,024**

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 8 to 12 form part of these financial statements

Ignite Life

Statement of Financial Position

31 December 2023

			2023	2022
	Note		£	£
Current assets				
Fixed asset		15,512		
Depreciation on FA		12,092	3,420	6,522
Cash at bank and in hand			189,219	83,369
Prepayments			495	495
Creditors: amounts falling due within one year	7		(1,177)	(632)
Net assets			**191,957**	**90,024**
Funds of the charity				
Restricted funds			177,314	80,776
Unrestricted funds			14,643	9,248
Total charity funds	8		**191,957**	**90,024**

For the financial year ended 31 December 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.
The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.
These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime. These financial statements were approved by the board of trustees and authorised for issue on .....and are signed on behalf of the board by:

Wayne Cockram

Date 23/10/2024

Richard Berry

Date 23/10/24

Chris Davies

Date 24/10/2024

Sarah Hoskinson

Date: 23/10/2024

Adrian Tomsa

Date 23/10/2024

Ella Pedler

Date 23/10/24

Ignite Life

Statement of Cash Flows

Year ended 31 December 2023

	2023	2022
	£	£
Cash flows from operating activities		
Net income (less bank interest)	**101,989** **18,437.34**	**46,894**
Adjustment for:		
Fixed asset additions	-	(136)
Depreciation of tangible fixed assets	3,102	3,089
Other interest receivable and similar income		
Changes in:		
Stock, trade and other debtors	-	2,255
Trade and other creditors	545	152
Cash generated from operations	**105,536**	**52,254**
Interest received	44	-
Net cash from operating activities	**105,580**	**52,254**
Net increase in cash and cash equivalents	**105,580**	**52,254**
Cash and cash equivalents at beginning of year	83,639	31,385
Cash and cash equivalents at end of year	**189,219**	**83,639**

The notes on pages 8 to 12 form part of these financial statements.

Notes to the Financial Statements
Year ended 31 December 2023

1. General information

This charity was registered on 03/01/2019 (Number 1181408). The address of the registered office Unit 6 Bridge Road Kingswood Bristol, BS15 4FW.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the Accrual basis.

The financial statements are prepared in sterling, which is the functional currency of the entity and rounded to the nearest £.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Funds held by the charity are either:

Unrestricted funds - these are funds which can be used in accordance with the charitable objects at the discretion of the Trustees, of which some are designated for specific purposes, but not irrevocably.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor. These funds are either endowments (capital base maintained) or restricted income (the entire fund may be used for the restricted purpose).

Fixed assets

Fixed assets are stated at cost less accumulated depreciation. Depreciation is charged to the income and expenditure account over 5 years using the straight-line method.

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations is recognised when there is evidence of entitlement to the gift, receipt is probable, and its amount can be measured reliably.

- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.

3. **Accounting policies** *(continued)*

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

4. Analysis of expenditure on management and governance costs

	2023		2022	
Particulars	**Management costs of servicing the charitable activities**	**Governance costs**	**Management costs of servicing the charitable activities**	**Governance costs**
	£	£	£	£
Marketing	193		68	
Travel & subsistence	320		105	
Training costs	290		128	
Insurance	1,493		936	
Accounting	173		-	
Subscription	7,011		2,519	
Temporary staff	7,567		-	
Miscellaneous expenses	133		1,255	
Repairs & maintenance	4,000		3,300	
Website development	907		1,362	
Salaries	25,545		21,781	
Vehicle expenses	363		527	
HMRC	5,659		4,990	
Rent & rates	6,005		5,940	
Utilities	705		631	
	60,364		**43,542**	

5. Expenditure on charitable activities

	2023		
	Unrestricted Funds	**Restricted Funds**	**Total Funds**
	£	£	£
Mentoring & counselling	-	31,465	31,465
Food service	-	15,329	15,329
Event activities	-	6,267	6,267
Cooking workshop	-	404	404
Crossfit	16 085	-	16,085
	16,085	**53,465**	**69,550**
	2022		
	Unrestricted Funds	**Restricted Funds**	**Total Funds**
Mentoring & counselling	-	26,963	26,963
Food service	-	876	876
Crossfit	8,440	-	8,440
	8,440	**27,839**	**36,279**

6. Trustee remuneration, expenses and related party transactions

None of the trustees have been paid any remuneration or received any other benefits from employment with the charity or a related entity, in both the current and preceding periods.

7. Creditors

	2023	2022
	£	£
Accruals	56	632
Pension	288	-
Social security	833	-
	1,177	**632**

8. Analysis of charitable funds

Funds					
	At 1 Jan 2023	**Income**	**Expenditure**	**Transfers**	**At 31 Dec 2023**
	£	£	£	£	£
Restricted	80,776	213,469	116,931	-	177,314
Unrestricted	9,248	21,480	16,085	-	14,643
	90,024	**234,949**	**133,016**	**-**	**191,957**

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 Jan 2023 Period start date
To 31 Dec 2023 Period end date

Charity name: Ignite Life Limited

Charity registration number: 1181408

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded'; Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill

		Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	• Mentoring • Counselling • Food support
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have regard to the Charity Commission guidance on public benefit when considering projects to support (including but not limited to the Covid-19 specific guidance).

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	Ignite Life's food bank and food delivery service is supported by a team of around 17 part-time volunteers. Their roles include opening and closing the food bank, managing the food bank, supporting service users and managing stock. Ignite Life also provides a range of supported volunteer programmes for young people to help advance their work based and social skills. This includes within our food bank, budgeting and purchasing stock, collecting donations, supporting with social media content, and more.
Other		n/a

Achievements and Performance

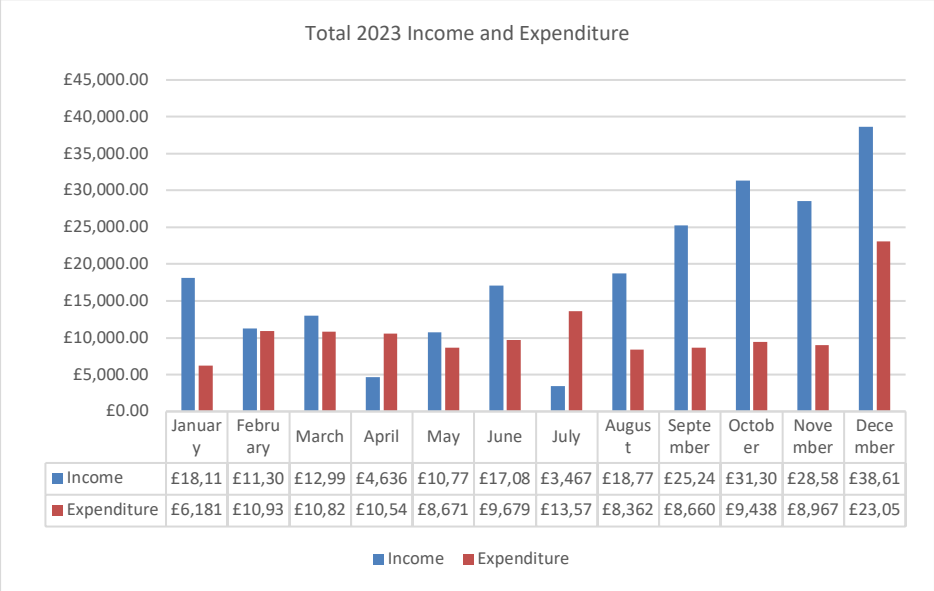
	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	From Jan 2023 – December 2023, the charity has: ➢ Provided 576 hours of mentoring support which includes meals, activities, tuition, access to sport, wellbeing check ins, life changing opportunities, and more. ➢ Provided 554 1:1 counselling sessions to 60 young people. Of these sessions, 29 young people received 6 counselling sessions, 28 young people received 12 counselling sessions, and 3 young people received 18 counselling sessions. Ignite also set up a family support counselling service and recruited a new specialist dramatherapy family counsellor who provided 5 families with counselling. ➢ Continued to support families in food poverty with delivered food parcels. We supported around 88 children per week with food and provided around 452 meals per week. In 2023, we provided around 23,514 meals to people in our community in need of food support. Ignite delivered 2 cooking workshops to 7 families. ➢ Ignite Life facilitated a group trip for 5 young people to experience a 5 night sailing adventure where they learnt new skills, and experienced life changing opportunities.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Our mentoring service has supported in advancing life and relieving the needs of young people by developing skills, raising aspirations, confidence and self-esteem. Our mentoring, during 2023, has helped young people to advance in education and supported with the educational gap as we provided support during the school holidays. Our mentoring also helped young people transition from school to college, we provided travel training to those with anxiety and challenges to increase confidence. Our counselling service has supported the mental health and wellbeing of young people in our

		community. Positive mental health supports young people advance in other aspects of life and our counselling programmes have created positive long-term outcomes for young people. Our food support service has expanded to better support our community in relieving unemployment and promoted social inclusion for the public benefit by working to prevent young people from becoming socially excluded.
Performance of fundraising activities against objectives set	Para 1.41	Ignite has continued to fundraise successfully to ensure continuation and expansion of services to meet community needs.
Investment performance against objectives	Para 1.41	**n/a**
Other		**n/a**

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	In the 12 months to 31st December 2023, the Charity had a total income of £234,949 and expenditure of £133,016* **The gap in 2023 income and expenditure is due to large funding amounts received at the end of 2023 to be spent in 2024 as shown in the graph below.*  |	January	February	March	April	May	June	July	August	September	October	November	December | |---|---|---|---|---|---|---|---|---|---|---|---|---| | Income | £18,11 | £11,30 | £12,99 | £4,636 | £10,77 | £17,08 | £3,467 | £18,77 | £25,24 | £31,30 | £28,58 | £38,61 | | Expenditure | £6,181 | £10,93 | £10,82 | £10,54 | £8,671 | £9,679 | £13,57 | £8,362 | £8,660 | £9,438 | £8,967 | £23,05 |
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Given our objectives of supporting young people reach their potential through holistic support services, our reserves policy aims to ensure our work is protected from the risk of disruption at short notice due to lack of funds, whilst at the same time ensuring we do not retain income for longer than required. We have based our projections for the appropriate number of reserves we require on the basis of estimated running costs for 3 months. However, we operate on a model which makes no financial commitment until funding is secured, therefore, our risk is relatively low in terms of an unforeseen drop in income. Therefore, this policy outlines the exceptions allowed for going below our reserves if spending is required for unforeseen maintenance costs.
Amount of reserves held	Para 1.22	Reserves amount: £9,248
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principal source of funds secured from grants and charitable trusts.
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	n/a
Other		n/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	n/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	n/a
Relationship with any related parties	Para 1.51	n/a
Other		n/a

Reference and Administrative details

Charity name	Ignite Life
Other name the charity uses	
Registered charity number	1181408
Charity's principal address	Unit 6 Bridge Road Kingswood Bristol BS15 4FW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Wayne Cockram			
2	Richard Berry			
3	Ady Tomsa			
4	Chris Davies			
5	Ella Pedler		3rd April 2023	
6	Sarah Hoskinson		3rd April 2023	
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Corporate trustees – names of the directors at the date the report was approved

Director name		
As above		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Bethanie Cundy – senior staff member

Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Wayne Cockram
Position (eg Secretary, Chair, etc)	Chair
Date	25/10/2024

IGNITE LIFE

England & Wales - Charity number 1181408

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1 Jan 2022 Period start date
To 31 Dec 2022 Period end date

Charity name: Ignite Life Limited

Charity registration number: 1181408

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded' Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill

		Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	• Mentoring • Counselling • Food support
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have regard to the Charity Commission guidance on public benefit when considering projects to support (including but not limited to the Covid-19 specific guidance).

Additional information (optional)
You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	Ignite Life's food bank and food delivery service is supported by a team of around 17 part-time volunteers. Their roles include opening and closing the food bank, managing the food bank, supporting service users and managing stock. Ignite Life also provides a range of supported volunteer programmes for young people to help advance their work based and social skills. This incudes within our food bank, budgeting and purchasing stock, collecting donations, supporting with social media content, and more.
Other		n/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	From Jan 2022 – December 2022, the charity has: ➢ Provided 672 hours of mentoring support which includes meals, activities, tuition, access to sport, wellbeing check ins, life changing opportunities, and more. ➢ Provided 430 1:1 counselling sessions to 43 young people. Of these sessions, 18 young people received 6 counselling sessions, 20 young people received 12 counselling sessions, and 5 young people received 18 counselling sessions. Ignite has also set up a family support counselling service and has recruited a new specialist dramatherapy family counsellor to start in 2023. ➢ Continued to support families in food poverty with delivered food parcels. In August 2022, we also opened our food bank which has hugely increased the number of people receiving support and provided over 17 volunteer positions for our community and for young people.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Our mentoring service has supported in advancing life and relieving the needs of young people by developing skills, raising aspirations, confidence and self-esteem. Our mentoring, during 2022, has helped young people to advance in education and supported with the educational gap as we provided support during the school holidays. Our mentoring also helped young people transition from school to college, we provided travel training to those with anxiety and challenges to increase confidence.

		Our counselling service has supported the mental health and wellbeing of young people in our community. Positive mental health supports young people advance in other aspects of life and our counselling programmes have created positive long-term outcomes for young people. Our food support service has expanded to better support our community in relieving unemployment, and promoted social inclusion for the public benefit by working to prevent young people from becoming socially excluded.
Performance of fundraising activities against objectives set	Para 1.41	Ignite has continued to fundraise successfully to ensure continuation and expansion of services to meet community needs.
Investment performance against objectives	Para 1.41	**n/a**
Other		**n/a**

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	In the 12 months to 31st December 2022, the Charity had a total income of £129,804 and expenditure of £82,910.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Given our objectives of supporting young people reach their potential through holistic support services, our reserves policy aims to ensure our work is protected from the risk of disruption at short notice due to lack of funds, whilst at the same time ensuring we do not retain income for longer than required. We have based our projections for the appropriate amount of reserves we require on the basis of estimated running costs for 3 months. However, we operate on a model which makes no financial commitment until funding is secured, therefore, our risk is relatively low in terms of an unforeseen drop in income. Therefore, this policy outlines the exceptions allowed for going below our reserves if spending is required for unforeseen maintenance costs.
Amount of reserves held	Para 1.22	Reserves amount: £2063.25
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principal source of funds secured from grants and charitable trusts.
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	n/a
Other		n/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	n/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	n/a
Relationship with any related parties	Para 1.51	n/a
Other		n/a

Reference and Administrative details

Charity name	Ignite Life
Other name the charity uses	
Registered charity number	1181408
Charity's principal address	Unit 6 Bridge Road Kingswood Bristol BS15 4FW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Wayne Cockram			
2	Richard Berry			
3	Ady Tomsa			
4	Chris Davies			
5	Dianne Evans		8th April 2022	
6	Sal Mansfield		27th April 2023	
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
As above		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Bethanie Cundy – senior staff member

Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Wayne Cockram
Position (eg Secretary, Chair, etc)	Chair
Date	12/9/23

Ignite Life

Financial Statements

Year ended 31 December 2022

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Ignite Life

Trustees' Annual Report (Incorporating the Directors' Report)

Year ended 31 December 2022

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 December 2022.

Reference and administrative details	
Registered charity name	Ignite Life
Charity registration number	1181408
Company registration number	CE016083
Principal office and registered office	Unit 6 Bridge Road
	Kingswood BRISTOL
	BS15 4FW
The trustees	
Independent examiner	D Boulton

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 December 2022

Structure, governance and management

The Ignite Life is a registered charity (number 1181408) governed by its Memorandum and Articles of Association.

Trustees are the people responsible for controlling the work, management and administration of the charity on behalf of its beneficiaries. Generally trustees are treasurer, chair, board member etc.

Charitable objects and activities

To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded' Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.

Risk management

The Trustees have identified the major risk to which the charity is exposed as being the need to raise sufficient income to cover management costs. These risks have been addressed partly by a membership drive, partly by aiming to more than cover direct costs on most events, partly by raising corporate sponsorship and significantly with a major donation.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity:

Achievements and performance

Ignite Life acts as an agent for social change, to promote, advance in life, provide for and relieve the needs of young people for the public benefit, with a specific focus on enhancing the social, physical and mental well-being of socially excluded young people, and those in danger of becoming socially excluded young people, in England and Wales.

Financial review

Income from corporate subscriptions Increased during 2022 by raising income from individual subscriptions and philanthropic donations. The fund inflow was 129,804 (2021: 65,130).

Plans for future periods

The Trustees plan to continue to expand the reach and activities of the charity in 2022. Reserves will be maintained at a prudent level consistent with that growth.

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Wayne Cockram

Wayne Cockram

Date 12/9/23

Richard Berry

Richard Berry

Date 12/9/23

Chris Davies

Chris Davies

Date 16/9/23

Dianne Evans

Dianne Evans

Date 12/9/23

Adrian Tomsa

Ady Tomsa

Date 12/9/23

Sal Mansfield

S. Mansfield

Date 14/9/23

Ignite Life

Independent Examiner's Report to Trustees of Ignite Life

Year ended 31 December 2022

I report on the financial statements of the Charitable Company for the year ended 31 December 2022, which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes numbers 1 to 19.

Respective responsibilities of Trustees and Examiner

The charity's Trustees (and the Directors of the Company for the purposes of company law) are responsible for the preparation of the financial statements. The charity's Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements (under section 145 of the 2011 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners. (under section 145(5) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the financial statements.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and section 386 of the Companies Act 2006; and
- to prepare financial statements which accord with the accounting records, comply with the accounting requirements of the 2011 Act, section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Debbie Boulton

Date: 21/9/23

Ignite Life

Statement of Financial Activities
(including income and expenditure account)

31 December 2022

	2022			2021		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Income						
Donations and legacies	5,384	48,481	53,865		14,176	14,176
Corporate subscriptions	7,646	58,784	66,430	364	34,645	35,009
Local Authority subscriptions		7,544	7,544		12,520	12,520
Events activities	1,870		1,870	2,975		2,975
Miscellaneous	95		95		450	450
Total income (Note 4)	**14,995**	**114,809**	**129,804**	**3,339**	**61,791**	**65,130**
Expenditure						
Management and governance costs (Note 5)		43,542	43,542		21,453	21,453
Events activities			-	1,596		1,596
Expenditure on charitable activities (Note 6)	8,440	27,839	36,279		20,569	20,569
Depreciation 20%		3,089	3,089		3,075	3,075
Total expenditure	**8,440**	**74,470**	**82,910**	**1,596**	**45,097**	**46,693**
Net income	**6,555**	**40,339**	**46,894**	**1,743**	**16,694**	**18,437**
Transfers between funds						
Net movement in funds						
Total funds brought forward	2,693	40,437	43,130	950	23,743	24,693
Total funds carried forward	**9,248**	**80,776**	**90,024**	**2,693**	**40,437**	**43,130**

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 8 to 11 form part of these financial statements

Ignite Life

Statement of Financial Position

31 December 2022

			2022	2021
	Note		£	£
Current assets				
Fixed asset		15,512		
Depreciation on FA		8,990	6,522	9,475
Cash at bank and in hand	8		83,639	31,385
Donation In Kind & Prepayments			495	2,750
Creditors: amounts falling due within one year			(632)	(480)
Net assets			**90,024**	**43,130**
Funds of the charity				
Endowment funds				
Restricted funds			80,776	40,437
Unrestricted funds			9,248	2,693
Total charity funds			**90,024**	**43,130**

For the financial year ended 31 December 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.
The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.
These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime. These financial statements were approved by the board of trustees and authorised for issue on .....and are signed on behalf of the board by:

Wayne Cockram

Wayne Cockram

Date

Chris Davies

Chris Davies

Date

Adrian Tomsa

Ady Tomsa

Date

Richard Berry

Richard Berry

Date

Dianne Evans

Dianne Evans

Date

Sal Mansfield

S.Mansfield

Date

The notes on pages 8 to 11 form part of these financial statements

Statement of Cash Flows

Year ended 31 December 2022

	2022	2021
	£	£
Cash flows from operating activities		
Net income	**46,894**	**18,437**
Adjustment for:		
Fixed asset additions	(136)	(1,245)
Depreciation of tangible fixed assets	3,089	3,075
Other interest receivable and similar income		
Changes in:		
Stock, trade and other debtors	2,255	-
Trade and other creditors	152	240
Cash generated from operations	**52,254**	**20,507**
Interest received		
Net cash from operating activities	**52,254**	**20,507**
Net increase in cash and cash equivalents	**52,254**	**20,507**
Cash and cash equivalents at beginning of year	**31,385**	**10,878**
Cash and cash equivalents at end of year	**81,639**	**31,385**

The notes on pages 8 to 11 form part of these financial statements.

Notes to the Financial Statements
Year ended 31 December 2022

1. General information

This charity was registered on 03/01/2019 (Number 1181408). The address of the registered office Unit 6 Bridge Road Kingswood Bristol, BS15 4FW.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the Accrual basis.

The financial statements are prepared in sterling, which is the functional currency of the entity and rounded to the nearest £.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Funds held by the charity are either:

Unrestricted funds - these are funds which can be used in accordance with the charitable objects at the discretion of the Trustees, of which some are designated for specific purposes, but not irrevocably.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor. These funds are either endowments (capital base maintained) or restricted income (the entire fund may be used for the restricted purpose).

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations is recognised when there is evidence of entitlement to the gift, receipt is probable, and its amount can be measured reliably.

- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.

3. Accounting policies *(continued)*

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Notes to the Financial Statements *(continued)*
Year ended 31 December 2022

4. Donations, legacies and subscriptions

	2022		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Donations	14,995	114,809	129,804

	2021		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Donations	3,339	61,791	65,130

5. Analysis of expenditure on management and governance costs

	2022		2021	
Particulars	**Management costs of servicing the charitable activities**	**Governance costs**	**Management costs of servicing the charitable activities**	**Governance costs**
	£	£	£	£
Marketing	68		93	
Travel & Subsistence	105		50	
Training costs	128		372	
Insurance	936		779	
Accounting	-		-	480
Subscription	2,519		357	
Miscellaneous Expenses	1,255		93	
Repairs & Maintenance	3,300		-	
Website Development	1,362		162	
Salary	21,781		14,285	
Van Costs	527		275	
HMRC	4,990		1,037	
Rent	5,940		3,470	
Utilities	631		-	
	43,542	**-**	**20,973**	**480**

6. Expenditure on charitable activities

	2022		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Mentoring & Counselling	-	26,953	26,953
Food Service	-	886	886
Crossfit	8,440	-	8,440
	8,440	**27,839**	**36,279**

	2021		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Mentoring & Counselling	-	17,774	17,774
Food Service	-	2,975	2,975
	-	**20,569**	**20,569**

7. Trustee remuneration, expenses and related party transactions

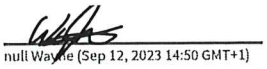
None of the trustees have been paid any remuneration or received any other benefits from employment with the charity or a related entity, in both the current and preceding periods.

8. Cash at bank and in hand

	2022	2021
	£	£
Cash in Bank	83,639	31,385

9. Analysis of charitable funds

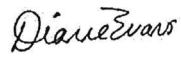
Funds					
	At 1 Jan 2022	Income	Expenditure	Transfers	At 31 Dec 2022
	£	£	£	£	£
Restricted	40,437	114,809	74,470	-	80,776
Unrestricted	2,693	14,995	8,440	-	9,248
	43,130	**129,804**	**82,910**	**-**	**90,024**

Signature: 
null Wayne (Sep 12, 2023 14:50 GMT+1)

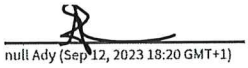
Email: wayne@impactmentoringhq.co.uk

Signature:
s.Mansfield (Sep 14, 2023 16:03 GMT+1)

Email: mansfields@sky.com

Signature: 

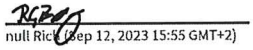
Email: dianne@evanlee.co.uk

Signature: 
null Ady (Sep 12, 2023 18:20 GMT+1)

Email: adytomsa@gmail.com

Signature:
Chris Davies (Sep 16, 2023 08:59 GMT+1)

Email: mrcmdavies@gmail.com

Signature: 
null Rich (Sep 12, 2023 15:55 GMT+2)

Email: info@richberryedcon.co.uk

IGNITE LIFE

England & Wales - Charity number 1181408

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 31 Jan 2021 Period start date
To 31 Jan 2022 Period end date

Charity name: Ignite Life Limited

Charity registration number: 1181408

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded' Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill

		Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	• Mentoring and counselling young people. • Food project in response to Covid-19 pandemic, delivering c.80,000 meals since April 2020.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have regard to the Charity Commission guidance on public benefit when considering projects to support (including but not limited to the Covid-19 specific guidance).

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	n/a
Other		n/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	From Jan 2021, the Charity has: ➢ Provided over 424 counselling sessions to 53 vulnerable young people ➢ Continued to support families in food poverty with food parcels. Since launching in April 2020, we have delivered over 80,000 meals £2000 in food vouchers. From Jan 2021, we have restructured the service, moved location to a shop in Staple Hill, conducted evaluative monitoring of the service through surveys and recruited new volunteers. ➢ Provided over 163 hours of mentoring during school holidays to vulnerable young people who are either not in education or mainstream education.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Our mentoring service has supported in advancing life and reliving needs of young people by developing skills, raising aspirations, confidence, and self-esteem. Out mentoring helped young people to advance in education and supported with the educational gap as we were able to provide support during the school holidays. Our counselling service has supported the mental health of young people. Our food delivery service has supported families facing social exclusion from being in food poverty.
Performance of fundraising activities against objectives set	Para 1.41	In July 2021 we hired a full time fundraising manager to support the charity with accessing funding to continue and expand our services.

Investment performance against objectives	Para 1.41	**n/a**
Other		**n/a**

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	In the 12 months to 31 Dec 2021, the Charity had Total Income of **£60,562.63** Expenditure of **£37,881.99**
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves earmarked for specific projects.
Amount of reserves held	Para 1.22	As above.
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principal source of funds secured from grants and charitable trusts.
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	n/a
Other		n/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25 section 10. 1	Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	n/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	n/a
Relationship with any related parties	Para 1.51	n/a
Other		n/a

Reference and Administrative details

Charity name	Ignite Life
Other name the charity	

uses	
Registered charity number	1181408
Charity’s principal address	Unit 6 Bridge Road Kingswood Bristol BS15 4FW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Wayne Cockram			
2	Richard Berry			
3	Chris Davies			
4	Ady Tomsa		01/08/2021	
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
As above		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Bethanie Cundy – senior staff member

Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Wayne Cockram
Position (eg Secretary, Chair, etc)	Chair
Date	

Ignite Life

Financial Statements

Year ended 31 December 2021

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Statement of cash flows	7
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Ignite Life

Trustees' Annual Report (Incorporating the Directors' Report)

Year ended 31 December 2021

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 December 2021.

Reference and administrative details

Registered charity name	Ignite Life
Charity registration number	1181408
Company registration number	CE016083
Principal office and registered office	Unit 6 Bridge Road
	Kingswood BRISTOL
	BS15 4FW
The trustees	
Independent examiner	The Online Accountant

Structure, governance and management

The Ignite Life is a registered charity (number 1181408) governed by its Memorandum and Articles of Association.

Trustees are the people responsible for controlling the work, management and administration of the charity on behalf of its beneficiaries. Generally trustees are treasurer, chair, board member etc.

Charitable objects and activities

To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded' Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.

Risk management

The Trustees have identified the major risk to which the charity is exposed as being the need to raise sufficient income to cover management costs. These risks have been addressed partly by a membership drive, partly by aiming to more than cover direct costs on most events, partly by raising corporate sponsorship and significantly with a major donation.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity

Achievements and performance

Ignite Life acts as an agent for social change, to promote, advance in life, provide for and relieve the needs of young people for the public benefit, with a specific focus on enhancing the social, physical and mental well-being of socially excluded young people, and those in danger of becoming socially excluded young people, in England and Wales.

Financial review

Income from corporate subscriptions Increased during 2021 by raising income from individual subscriptions and philanthropic donations. The fund inflow was 65,129.84 (2020: 35,230.49).

Plans for future periods

The Trustees plan to continue to expand the reach and activities of the charity in 2022. Reserves will be maintained at a prudent level consistent with that growth.

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Wayne Cockram

Date

Richard Berry

Date

Chris Davies

Date

Dianne Evans

Date

Adrian Tomsa

Date

Independent Examiner's Report to Trustees of Ignite Life

Year ended 31 December 2021

I report on the financial statements of the Charitable Company for the year ended 31 December 2021, which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes numbers 1 to 14.

Respective responsibilities of Trustees and Examiner

The charity's Trustees (and the Directors of the Company for the purposes of company law) are responsible for the preparation of the financial statements. The charity's Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements (under section 145 of the 2011 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners. (under section 145(5) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the financial statements.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and section 386 of the Companies Act 2006; and
- to prepare financial statements which accord with the accounting records, comply with the accounting requirements of the 2011 Act, section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

The Online Accountant

Date: 06/05/2022

Statement of Financial Activities
(including income and expenditure account)

31 December 2021

	2021				2020			
	Unrestricted Funds	Restricted Funds		**Total Funds**	Unrestricted Funds	Restricted Funds		**Total Funds**
	£	£		£	£	£		£
Income								
Donations and legacies		14,176.13		14,176.13		2,750.00		2,750.00
Corporate subscriptions	364.39	34,644.69		35,009.08	303.49	24,600.00		24,903.49
Local Authority subscriptions		12,520.00		12,520.00		7,000.00		7,000.00
Events activities	2,974.62			2,974.62	577.00			577.00
Miscellaneous		450.01		450.01				
Total income	**3,339.01**	**61,790.83**		**65,129.84**	**880.49**	**34,350.00**		**35,230.49**
Expenditure								
Management and governance costs		21,452.63		21,452.63		1,128.13		1,128.13
Events activities	1,596.11			1,596.11		3,153.20		3,153.20
Expenditure on charitable activities		20,568.43		20,568.43		3,500.11		3,500.11
Depreciation 20%		3,075.33		3,075.33		2,826.19		2,826.19
Total expenditure	**1,596.11**	**45,096.39**		**46,692.50**		**10,607.63**		**10,607.63**
Net income	**1,742.90**	**16,694.44**		**18,437.34**	**880.49**	**23,742.37**		**24,622.86**
Transfers between funds								
Net movement in funds								
Total funds brought forward	950.49	23,742.37		24,692.86	70.00			70.00
Total funds carried forward	**2,693.39**	**40,436.81**		**43,130.20**	**950.49**	**23,742.37**		**24,692.86**

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities

Statement of Financial Position
31 December 2021

			2021	2020
	Note		**£**	**£**
Current assets				
Fixed asset		15,376.63		
Depreciation on FA		5,901.52	9,475.11	11,304.76
Cash at bank and in hand	8		31,385.09	10,878.10
Donation In Kind			2,750.00	2,750.00
Creditors: amounts falling due within one year			(480.00)	(240.00)
Net assets			**43,130.20**	**24,692.86**
Funds of the charity				
Endowment funds				
Restricted funds			40,436.81	23,742.37
Unrestricted funds			2,693.39	950.49
Total charity funds			**43,130.20**	**24,692.86**

For the financial year ended 31 December 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.
The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.
These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime. These financial statements were approved by the board of trustees and authorised for issue on 5 May 2022 and are signed on behalf of the board by:

Wayne Cockram

Date

Richard Berry

Date

Chris Davies

Date

Dianne Evans

Date

Adrian Tomsa

Date

Ignite Life

The notes on pages 8 to 10 form part of these financial statements

Statement of Cash Flows

Year ended 31 December 2021

	2021	2020
	£	£
Cash flows from operating activities		
Net income	**18,437.34**	**24,622.86**
Adjustment for:		
Depreciation of tangible fixed assets	2,826.19	2,826.19
Other interest receivable and similar income		
Changes in:		
Stock, trade and other debtors		
Trade and other creditors	480.00	240.00
Cash generated from operations	**21,743.53**	**27,689.05**
Interest received		
Net cash from operating activities	**21,743.53**	**27,689.05**
Net increase in cash and cash equivalents	**21,743.53**	**27,689.05**
Cash and cash equivalents at beginning of year	**10,878.10**	**70.00**
Cash and cash equivalents at end of year	**32,621.63**	**27,759.05**

The notes on pages 8 to 11 form part of these financial statements.

Notes to the Financial Statements
Year ended 31 December 2021

1. General information

This charity has been recently registered on 03/01/2019 (Number 1181408). The address of the registered office Unit 6 Bridge Road Kingswood Bristol, BS15 4FW.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the Accrual basis.

The financial statements are prepared in sterling, which is the functional currency of the entity and rounded to the nearest £.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Funds held by the charity are either:

Unrestricted funds - these are funds which can be used in accordance with the charitable objects at the discretion of the Trustees, of which some are designated for specific purposes, but not irrevocably.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor. These funds are either endowments (capital base maintained) or restricted income (the entire fund may be used for the restricted purpose).

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations is recognised when there is evidence of entitlement to the gift, receipt is probable, and its amount can be measured reliably.

- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.

Notes to the Financial Statements *(continued)*

3. Accounting policies *(continued)*

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised ·at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Notes to the Financial Statements *(continued)*
Year ended 31 December 2021

4. Donations, legacies and subscriptions

	2021		
	Unrestricted Funds	**Restricted Funds**	**Total Funds**
	£	**£**	**£**
Donations – cash	3,339.01	61,790.83	65,129.84
Donations – in kind		0	0
	3,339.01	**61,790.83**	**65,129.84**

	2020		
	Unrestricted Funds	**Restricted Funds**	**Total Funds**
	£	**£**	**£**
Donations – cash	880.49	31,600.00	32,480.49
Donations – in kind		2,750.00	2,750.00
	880.49	**34,350.00**	**35,230.49**

5. Analysis of expenditure on management and governance costs

	2021		**2020**	
Particulars	**Management costs of servicing the charitable activities**	**Governance costs**	**Management costs of servicing the charitable activities**	**Governance costs**
	£	£	£	£
Marketing	92.69		105.00	
Travel & Subsistence	50.37		200.00	
Training costs	372.00		275.00	
Insurance	779.04		189.32	
Accounting	480.00		240.00	
Subscription	357.39		118.80	
Miscellaneous Expenses	93.50		0.01	
Website Development	160.77			
Salary	14,284.82			
Van Tax	275.00			
HMRC	1,037.05			
Rent	3,470.00			
	21,452.63		**1,128.13**	

6. Expenditure on charitable activities

	2021		
	Unrestricted Funds	**Restricted Funds**	**Total Funds**
	£	£	£
Mentoring & Counselling		17,773.78	17,773.78
Food Service		2,974.65	2,974.65
		20,568.43	**20,568.43**

	2020		
	Unrestricted Funds	**Restricted Funds**	**Total Funds**
	£	£	£
Mentoring & Counselling		3,500.11	3,500.11
		3,500.11	**3,500.11**

7. Trustee remuneration, expenses and related party transactions

None of the trustees have been paid any remuneration or received any other benefits from employment with the charity or a related entity, in both the current and preceding periods.

8. Cash at bank and in hand

	2021	2020
	£	£
Cash in Bank	31,385.09	10,878.10
	31,385.09	10878.10

9. Analysis of charitable funds

Funds					
	At 1 Jan 2021	Income	Expenditure	Transfers	At 31 Dec 2021
	£	£	£	£	£
Donation	24,692.86	65,129.84	46,692.50		43,130.20
	24,692.86	**65,129.84**	**46,692.50**		**43,130.20**

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 31 Jan 2021 Period start date
To 31 Jan 2022 Period end date

Charity name: Ignite Life Limited

Charity registration number: 1181408

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded' Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill

		Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	• Mentoring and counselling young people. • Food project in response to Covid-19 pandemic, delivering c.80,000 meals since April 2020.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have regard to the Charity Commission guidance on public benefit when considering projects to support (including but not limited to the Covid-19 specific guidance).

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	n/a
Other		n/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	From Jan 2021, the Charity has: ➢ Provided over 424 counselling sessions to 53 vulnerable young people ➢ Continued to support families in food poverty with food parcels. Since launching in April 2020, we have delivered over 80,000 meals £2000 in food vouchers. From Jan 2021, we have restructured the service, moved location to a shop in Staple Hill, conducted evaluative monitoring of the service through surveys and recruited new volunteers. ➢ Provided over 163 hours of mentoring during school holidays to vulnerable young people who are either not in education or mainstream education.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Our mentoring service has supported in advancing life and reliving needs of young people by developing skills, raising aspirations, confidence, and self-esteem. Out mentoring helped young people to advance in education and supported with the educational gap as we were able to provide support during the school holidays. Our counselling service has supported the mental health of young people. Our food delivery service has supported families facing social exclusion from being in food poverty.
Performance of fundraising activities against objectives set	Para 1.41	In July 2021 we hired a full time fundraising manager to support the charity with accessing funding to continue and expand our services.

Investment performance against objectives	Para 1.41	**n/a**
Other		**n/a**

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	In the 12 months to 31 Dec 2021, the Charity had Total Income of **£60,562.63** Expenditure of **£37,881.99**
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves earmarked for specific projects.
Amount of reserves held	Para 1.22	As above.
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Principal source of funds secured from grants and charitable trusts.
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	n/a
Other		n/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25 section 10. 1	Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	n/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	n/a
Relationship with any related parties	Para 1.51	n/a
Other		n/a

Reference and Administrative details

Charity name	Ignite Life
Other name the charity	

uses	
Registered charity number	1181408
Charity’s principal address	Unit 6 Bridge Road Kingswood Bristol BS15 4FW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Wayne Cockram			
2	Richard Berry			
3	Chris Davies			
4	Ady Tomsa		01/08/2021	
5				
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
As above		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Bethanie Cundy – senior staff member

Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

Other optional information

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Wayne Cockram
Position (eg Secretary, Chair, etc)	Chair
Date	

IGNITE LIFE

England & Wales - Charity number 1181408

Accounts

CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 3 Jan 2019 Period start date
To 31 Jan 2021 Period end date

Charity name: Ignite Life Limited

Charity registration number: 1181408

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded' Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill

		Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	• Mentoring and counselling. • Food project in response to Covid-19 pandemic, delivering c.40,000 meals in 2020.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have regard to the Charity Commission guidance on public benefit when considering projects to support (including but not limited to the Covid-19 specific guidance).

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	n/a
Policy on social investment including program related investment	Para 1.38	n/a
Contribution made by volunteers	Para 1.38	n/a
Other		n/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The Charity was essentially dormant for the period 3 Jan 2019-3 Jan 2020. From Jan 2020, the Charity has: ➢ Delivered thousands of hours of mentoring services to young people locally; and ➢ Mobilised in light of the Covid-19 pandemic to partner with other local charities to deliver in excess of 70,000 meals in the greater Bristol region to those young people and their families who were identified as being at risk by schools and local authorities; and ➢ Created a counselling service so that young people and families in need can access mental health support when they are unable to access support from statutory services.

Additional information (optional)
You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	The unforeseen Covid-19 pandemic has meant that the Charity has had to be agile and pivot to address the most pressing needs of its beneficiaries. The Charity intends to return to more "core" objectives once the pandemic has ended.
Performance of fundraising activities against objectives set	Para 1.41	Due to the generosity of the public and the hard work of our volunteers in submitting bids for fundraising, the Charity has exceeded expectations in terms of the funds it has been able to raise in 2020.
Investment performance against objectives	Para 1.41	**n/a**
Other		**n/a**

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The Charity was essentially dormant in the 12 months to 31 Dec 2019 with £70 being carried forward. In the 12 months to 31 Dec 2020, the Charity had Total Income of £35,230.49, Expenditure of £10,607.63 and Net Income of £24,692.86.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Cash at bank and in hand: £10,878.10.
Amount of reserves held	Para 1.22	As above.
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

Additional information (optional)
You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	n/a
Investment policy and objectives including any social investment policy adopted	Para 1.46	n/a
A description of the principal risks facing the charity	Para 1.46	n/a
Other		n/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	

Additional information (optional)
You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	n/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	n/a
Relationship with any related parties	Para 1.51	n/a
Other		n/a

Reference and Administrative details

Charity name	Ignite Life
Other name the charity uses	
Registered charity number	1181408
Charity's principal address	Unit 6 Bridge Road Kingswood Bristol BS15 4FW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Wayne Cockram			
2	Richard Berry			
3	Charlotte Merriman			
4	Chris Davies			
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Corporate trustees – names of the directors at the date the report was approved

Director name		
As above		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
n/a		

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Wayne Cockram
Position (eg Secretary, Chair, etc)	Chair
Date	26.02.2021

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	n/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Tom Gould, Chief Executive Officer (volunteer)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a

Other optional information

Ignite Life

Financial Statements

Year ended 31 December 2020

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Ignite Life

Trustees' Annual Report (Incorporating the Directors' Report)

Year ended 31 December 2020

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 December 2020.

Reference and administrative details

Registered charity name	Ignite Life
Charity registration number	1181408
Company registration number	CE016083
Principal office and registered office	Unit 6 Bridge Road
	Kingswood BRISTOL
	BS15 4FW
Independent examiner	The Online Accountant

The trustees

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 December 2020

Structure, governance and management

The Ignite Life is a a registered charity (number 1181408) governed by its Memorandum and Articles of Association.

Trustees are the people responsible for controlling the work, management and administration of the charity on behalf of its beneficiaries. Generally trustees are treasurer, chair, board member etc.

Charitable objects and activities

To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded' Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.

Risk management

The Trustees have identified the major risk to which the charity is exposed as being the need to raise sufficient income to cover management costs.These risks have been addressed partly by a membership drive, partly by aiming to more than cover direct costs on most events, partly by raising corporate sponsorship and significantly with a major donation.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity

Achievements and performance

Ignite Life acts as an agent for social change, to promote, advance in life, provide for and relieve the needs of young people for the public benefit, with a specific focus on enhancing the social, physical and mental well-being of socially excluded young people, and those in danger of becoming socially excluded young people, in England and Wales.

Financial review

Income from corporate subscriptions increased during 2020 by raising income from individual subscriptions and philanthropic donations. The fund inflow was 35,230.49 (2019: 70.00).

Plans for future periods

The Trustees plan to continue to expand the reach and activities of the charity in 2020. Reserves will be maintained at a prudent level consistent with that growth.

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Wayne Cockram

Date 9/3/21

Richard Berry

Date 9/3/21

Chris Davies

Date 4/3/21

Charlotte Merriman

Date 8/3/21

Independent Examiner's Report to Trustees of Ignite Life

Year ended 31 December 2020

I report on the financial statements of the Charitable Company for the year ended 31 December 2020, which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes numbers 1 to 14.

Respective responsibilities of Trustees and Examiner

The charity's Trustees (and the Directors of the Company for the purposes of company law) are responsible for the preparation of the financial statements. The charity's Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements (under section 145 of the 2011 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners. (under section 145(5) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the financial statements.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and section 386 of the Companies Act 2006; and
- to prepare financial statements which accord with the accounting records, comply with the accounting requirements of the 2011 Act, section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

The Online Accountant

Date:

Ignite Life

Statement of Financial Activities
(Including Income and expenditure account)

31 December 2020

	2020			2019		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Income						
Donations and legacies		2,750.00	2,750.00	70.00		70.00
Corporate subscriptions	303.49	24,600.00	24,903.49			
Local Authority subscriptions		7,000.00	7,000.00			
Events activities	577.00		577.00			
Total Income	**880.49**	**34,350.00**	35,230.49	**70.00**		**70.00**
Expenditure						
Management and governance costs		1,128.13	1,128.13			
Events activities		3,153.20	3,153.20			
Expenditure on charitable activities		3,500.11	3,786.11			
Depreciation 20%		2,826.19	2,826.19			
Total expenditure	**0.00**	**10,607.63**	**10,607.63**			
Net Income	**880.49**	**23,742.37**	**24,622.86**	**70.00**		**70.00**
Transfers between funds						
Net movement in funds						
Total funds brought forward	70.00		70.00			
Total funds carried forward	**950.49**	**23,742.37**	**24,692.86**	**70.00**		**70.00**

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities

Statement of Financial Position
31 December 2020

			2020	2019
	Note		£	£
Current assets				
Fixed asset		14,130.95		
Depreciation on FA		2,826.19	11,304.76	
Cash at bank and in hand	8		10,878.10	70.00
Donation In Kind			2,750.00	
Creditors: amounts falling due within one year			-240.00	
Net assets			24,692.86	70.00
Funds of the charity				
Endowment funds				
Restricted funds			23,742.37	
Unrestricted funds			950.49	70.00
Total charity funds			24,692.86	70.00

For the financial year ended 31 December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.
The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.
These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on __2020 and are signed on behalf of the board by:

Wayne Cockram
Date 9/3/21

Richard Berry
Date 9/3/21

Chris Davies
Date 4/3/21

Charlotte Merriman
Date 8/3/21

The notes on pages 8 to 10 form part of these financial statements

Statement of Cash Flows

Year ended 31 December 2020

	2020	2019
	£	£
Cash flows from operating activities		
Net income	**24,622.86**	**70.00**
Adjustment for:		
Depreciation of tangible fixed assets	2,826.19	-
Other interest receivable and similar income		
Changes in:		
Stock, trade and other debtors		
Trade and other creditors	240.00	
Cash generated from operations	**27,689.05**	**70.00**
Interest received		
Net cash from operating activities	**27,689.05**	**70.00**
Net increase in cash and cash equivalents	**27,689.05**	**70.00**
Cash and cash equivalents at beginning of year	**70.00**	
Cash and cash equivalents at end of year	**27,759.05**	**70.00**

The notes on pages 8 to 12 form part of these financial statements.

1. General Information

This charity has been recently registered on 03/01/2019 (Number 1181408). The address of the registered office Unit 6 Bridge Road Kingswood BRISTOL BS15 4FW.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the Accrual basis.

The financial statements are prepared in sterling, which is the functional currency of the entity and rounded to the nearest £.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Funds held by the charity are either:

Unrestricted funds - these are funds which can be used in accordance with the charitable objects at the discretion of the Trustees, of which some are designated for specific purposes, but not irrevocably.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor. These funds are either endowments (capital base maintained) or restricted income (the entire fund may be used for the restricted purpose).

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations is recognised when there is evidence of entitlement to the gift, receipt is probable, and its amount can be measured reliably.

- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.

3. **Accounting policies** *(continued)*

Financial Instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Notes to the Financial Statements *(continued)*
Year ended 31 December 2020

4. Donations, legacies and subscriptions

	2020		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Donations – cash	880.49	31,600.00	32,480.49
Donations – in kind *		2,750.00	2,750.00
	880.49	**34,350.00**	**35,230.49**

	2019		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Donations – cash	70.00		70.00
Donations – in kind *			
	70.00		**70.00**

5. Analysis of expenditure on management and governance costs

	2020			2019
	Management costs of servicing the charitable	Governance costs	Total Funds	Total Funds
	£	£	£	£
Marketing	105.00		105.00	
Travel & Subsistence	200.00		200.00	
Training costs	275.00		275.00	
Insurance	189.32		189.32	
Accounting	240.00		240.00	
Subscription	118.80		118.80	
Miscellaneous Expenses	0.01		0.01	
	1,128.13		**1,128.13**	

6. Expenditure on charitable activities

	2020		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Mentoring & Counselling		3,500.11	3,500.11
		3,500.11	3,500.11

	2019		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Other			

7. Trustee remuneration, expenses and related party transactions

None of the trustees have been paid any remuneration or received any other benefits from employment with the charity or a related entity, in both the current and preceding periods.

8. Cash at bank and in hand

	2020	2019
	£	£
Cash in Bank	10,878.10	70.00
	10878.10	70.00

9. Analysis of charitable funds

Unrestricted Funds					
	At 1 Jan 2019	Income	Expenditure	Transfers	At 31 Dec 2020
	£	£	£	£	£
Donation	70.00	35,230.49	10,607.63		24,692.86

	70.00	35,230.49	10,607.63		24,692.86

Ignite Life

Financial Statements

Year ended 31 December 2020

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Ignite Life

Trustees' Annual Report (Incorporating the Directors' Report)

Year ended 31 December 2020

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 December 2020.

Reference and administrative details

Registered charity name	Ignite Life
Charity registration number	1181408
Company registration number	CE016083
Principal office and registered office	Unit 6 Bridge Road
	Kingswood BRISTOL
	BS15 4FW
Independent examiner	The Online Accountant

The trustees

Trustees' Annual Report (Incorporating the Directors' Report) *(continued)*

Year ended 31 December 2020

Structure, governance and management

The Ignite Life is a a registered charity (number 1181408) governed by its Memorandum and Articles of Association.

Trustees are the people responsible for controlling the work, management and administration of the charity on behalf of its beneficiaries. Generally trustees are treasurer, chair, board member etc.

Charitable objects and activities

To Act As A Resource For Young People Up To The Age Of 25 Living Throughout England And Wales By Providing Advice And Assistance, Organising Programmes Of Physical, Educational And Other Activities And Providing Grants As A Means Of: (A) Advancing In Life And Relieving The Needs Of Young People By Developing Their Skills, Capacities And Capabilities To Enable Them To Participate In Society As Independent, Mature And Responsible Individuals; (B) Advancing Education; (C) Relieving Unemployment; (D) Providing Recreational And Leisure Time Activity In The Interests Of Social Welfare For People Living In The Area Of Benefit Who Have Need By Reason Of Their Youth, Age, Infirmity Or Disability, Poverty Or Social And Economic Circumstances With A View To Improving The Conditions Of Life Of Such Persons. (E) Promoting And Preserving Physical And Mental Health (F) Promoting Social Inclusion For The Public Benefit By Preventing Young People From Becoming Socially Excluded, Relieving The Needs Of Those People Who Are Socially Excluded And Assisting Them To Integrate Into Society. For The Purpose Of This Clause 'Socially Excluded' Means Young People Who Are Being Excluded From Society, Or Parts Of Society, As A Result Of One Of More Of The Following Factors: Unemployment; Financial Hardship; Ill Health (Physical Or Mental); Substance Abuse Or Dependency Including Alcohol And Drugs; Relationship And Family Breakdown; Poor Housing (That Is Housing That Does Not Meet Basic Habitable Standards; Crime (Either As A Victim Of Crime Or As An Offender Rehabilitating Into Society); Youth; Race; Gender; Poor Educational Or Skills Attainment; Disability; Ethnic Origin; Or Who Are Within, Or Have Experienced, The Public Care Or Penal System.

Risk management

The Trustees have identified the major risk to which the charity is exposed as being the need to raise sufficient income to cover management costs.These risks have been addressed partly by a membership drive, partly by aiming to more than cover direct costs on most events, partly by raising corporate sponsorship and significantly with a major donation.

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity

Achievements and performance

Ignite Life acts as an agent for social change, to promote, advance in life, provide for and relieve the needs of young people for the public benefit, with a specific focus on enhancing the social, physical and mental well-being of socially excluded young people, and those in danger of becoming socially excluded young people, in England and Wales.

Financial review

Income from corporate subscriptions increased during 2020 by raising income from individual subscriptions and philanthropic donations. The fund inflow was 35,230.49 (2019: 70.00).

Plans for future periods

The Trustees plan to continue to expand the reach and activities of the charity in 2020. Reserves will be maintained at a prudent level consistent with that growth.

Trustees' responsibilities statement

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Wayne Cockram

Date 9/3/21

Richard Berry

Date 9/3/21

Chris Davies

Date 4/3/21

Charlotte Merriman

Date 8/3/21

Independent Examiner's Report to Trustees of Ignite Life

Year ended 31 December 2020

I report on the financial statements of the Charitable Company for the year ended 31 December 2020, which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and the related notes numbers 1 to 14.

Respective responsibilities of Trustees and Examiner

The charity's Trustees (and the Directors of the Company for the purposes of company law) are responsible for the preparation of the financial statements. The charity's Trustees consider that an audit is not required for this year (under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements (under section 145 of the 2011 Act);
- to follow the procedures laid down in the General Directions given by the Charity Commissioners. (under section 145(5) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the financial statements.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and section 386 of the Companies Act 2006; and
- to prepare financial statements which accord with the accounting records, comply with the accounting requirements of the 2011 Act, section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

The Online Accountant

Date:

Ignite Life

Statement of Financial Activities
(Including Income and expenditure account)

31 December 2020

	2020			2019		
	Unrestricted Funds	Restricted Funds	Total Funds	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£	£	£	£
Income						
Donations and legacies		2,750.00	2,750.00	70.00		70.00
Corporate subscriptions	303.49	24,600.00	24,903.49			
Local Authority subscriptions		7,000.00	7,000.00			
Events activities	577.00		577.00			
Total Income	**880.49**	**34,350.00**	35,230.49	**70.00**		**70.00**
Expenditure						
Management and governance costs		1,128.13	1,128.13			
Events activities		3,153.20	3,153.20			
Expenditure on charitable activities		3,500.11	3,786.11			
Depreciation 20%		2,826.19	2,826.19			
Total expenditure	**0.00**	**10,607.63**	**10,607.63**			
Net Income	**880.49**	**23,742.37**	**24,622.86**	**70.00**		**70.00**
Transfers between funds						
Net movement in funds						
Total funds brought forward	70.00		70.00			
Total funds carried forward	**950.49**	**23,742.37**	**24,692.86**	**70.00**		**70.00**

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities

Statement of Financial Position
31 December 2020

			2020	2019
	Note		£	£
Current assets				
Fixed asset		14,130.95		
Depreciation on FA		2,826.19	11,304.76	
Cash at bank and in hand	8		10,878.10	70.00
Donation In Kind			2,750.00	
Creditors: amounts falling due within one year			-240.00	
Net assets			24,692.86	70.00
Funds of the charity				
Endowment funds				
Restricted funds			23,742.37	
Unrestricted funds			950.49	70.00
Total charity funds			24,692.86	70.00

For the financial year ended 31 December 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.
The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.
These financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on __2020 and are signed on behalf of the board by:

Wayne Cockram
Date 9/3/21

Richard Berry
Date 9/3/21

Chris Davies
Date 4/3/21

Charlotte Merriman
Date 8/3/21

The notes on pages 8 to 10 form part of these financial statements

Statement of Cash Flows

Year ended 31 December 2020

	2020	2019
	£	£
Cash flows from operating activities		
Net income	**24,622.86**	**70.00**
Adjustment for:		
Depreciation of tangible fixed assets	2,826.19	-
Other interest receivable and similar income		
Changes in:		
Stock, trade and other debtors		
Trade and other creditors	240.00	
Cash generated from operations	**27,689.05**	**70.00**
Interest received		
Net cash from operating activities	**27,689.05**	**70.00**
Net increase in cash and cash equivalents	**27,689.05**	**70.00**
Cash and cash equivalents at beginning of year	**70.00**	
Cash and cash equivalents at end of year	**27,759.05**	**70.00**

The notes on pages 8 to 12 form part of these financial statements.

1. General Information

This charity has been recently registered on 03/01/2019 (Number 1181408). The address of the registered office Unit 6 Bridge Road Kingswood BRISTOL BS15 4FW.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the Accrual basis.

The financial statements are prepared in sterling, which is the functional currency of the entity and rounded to the nearest £.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Funds held by the charity are either:

Unrestricted funds - these are funds which can be used in accordance with the charitable objects at the discretion of the Trustees, of which some are designated for specific purposes, but not irrevocably.

Restricted funds - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor. These funds are either endowments (capital base maintained) or restricted income (the entire fund may be used for the restricted purpose).

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations is recognised when there is evidence of entitlement to the gift, receipt is probable, and its amount can be measured reliably.

- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.

3. **Accounting policies** *(continued)*

Financial Instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

Notes to the Financial Statements *(continued)*
Year ended 31 December 2020

4. Donations, legacies and subscriptions

	2020		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Donations – cash	880.49	31,600.00	32,480.49
Donations – in kind *		2,750.00	2,750.00
	880.49	**34,350.00**	**35,230.49**

	2019		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Donations – cash	70.00		70.00
Donations – in kind *			
	70.00		**70.00**

5. Analysis of expenditure on management and governance costs

	2020			2019
	Management costs of servicing the charitable	Governance costs	Total Funds	Total Funds
	£	£	£	£
Marketing	105.00		105.00	
Travel & Subsistence	200.00		200.00	
Training costs	275.00		275.00	
Insurance	189.32		189.32	
Accounting	240.00		240.00	
Subscription	118.80		118.80	
Miscellaneous Expenses	0.01		0.01	
	1,128.13		**1,128.13**	

6. Expenditure on charitable activities

	2020		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Mentoring & Counselling		3,500.11	3,500.11
		3,500.11	3,500.11

	2019		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Other			

7. Trustee remuneration, expenses and related party transactions

None of the trustees have been paid any remuneration or received any other benefits from employment with the charity or a related entity, in both the current and preceding periods.

8. Cash at bank and in hand

	2020	2019
	£	£
Cash in Bank	10,878.10	70.00
	10878.10	70.00

9. Analysis of charitable funds

Unrestricted Funds					
	At 1 Jan 2019	Income	Expenditure	Transfers	At 31 Dec 2020
	£	£	£	£	£
Donation	70.00	35,230.49	10,607.63		24,692.86

	70.00	35,230.49	10,607.63		24,692.86