



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/01/2021 **Period start date**
To 31/12/2021 **Period end date**

Charity name: CAREDOGS

Charity registration number: 1181339

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>Covid-19 resulted in almost one-in-five elderly people feeling less confident to leave the house by themselves, as well as increasing levels of depression and anxiety in the over-70s. However, in contrast more than 85% of dog owners stated their pets had a positive effect on their wellbeing during the pandemic – something we at CareDogs are keen to replicate with our service.</p> <p>We want to see a future in which older people feel less isolated and lonely, thanks to the companionship of dogs and intergenerational friendships. Since dog ownership is not possible for everyone, we provide a local befriending scheme, in five south London boroughs, which pairs up volunteers and their dogs with older people in their area, to connect over a walk, chat or cup of tea.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Since slowly emerging out of the covid-19 pandemic, volunteer-run small charity, CareDogs, was able to successfully deliver its pilot project with its first six pairs of volunteers, their dogs and six befriender clients. This saw one of our volunteers (and their dogs) visit our clients once a week to build community connections for all involved.</p> <p>One of CareDogs' clients, Colin, says: 'I used to drive everywhere before, but meeting Fiona and Ellie every week has been so good for me, to have a walk and a talk. I was lost after my wife Jo died unexpectedly last year... Having these walks every week have helped me regain structure - and I remember my love of walking! I now walk a lot more and feel so much better for it.'</p> <p>CareDogs also ran a digital Christmas event in 2021 to fundraise and build brand awareness.</p>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	We are grateful for the many hours volunteers, including trustees, have given in delivering the objectives of the charity. Thank you so much.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	As at the date of this report the charity has, through the hard work of its volunteers, identified a number of beneficiaries of the charity's services and continues to plan and achieve it's charitable objectives.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Not applicable
Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Income received from donations £1,267. Expenditure in running the charity, including delivering the services and fundraising were £1,117.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held for the purpose of future use in achieving the charitable objectives of the Charity.
Amount of reserves held	Para 1.22	£1,720 as at 31 December 2021
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No such concerns

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Not applicable
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Not applicable
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Charitable Objectives
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected based upon consensus of the existing trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Not applicable
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	CAREDOGS
Other name the charity uses	n/a
Registered charity number	1181339
Charity's principal address	PO BOX 76998 London SE19 9FD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Delphine Chui	Trustee Chair	Whole period	Not applicable
2	Paloma Robinson	Trustee Compliance, Governance and Legal	Whole period	Not applicable
3	Deborah Warren	Trustee	Since 5 July 2021	Not applicable
4	Alex Scotland	Trustee Treasurer	Whole period	Not applicable
5	Felicity Winkley	Trustee HR and Volunteer Engagement	Whole period	Not applicable
6	Melanie Astbury	Trustee Communications and Marketing	Whole period	Not applicable
7	Sean Mackenny	Trustee Programmes, Events and Volunteers	Since 21 April 2021	Not applicable
8	Aneka Johnson	Trustee Partnerships	Since 1 March 2021	Not applicable

Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Not applicable		

Name of chief executive or names of senior staff members (Optional information)

Not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable



Other optional information


Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.


Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Delphine Chui	Alex Scotland
Position (eg Secretary, Chair, etc)	Trustee and Chair	Trustee and Treasurer
Date	29 August 2022	

 CHARITY COMMISSION FOR ENGLAND AND WALES	CAREDOGS		1181339	CC16a
	Receipts and payments accounts			
	For the period from	01/01/2021	To	

Section A Receipts and payments					
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	1,267	-	-	1,267	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,267	-	-	1,267	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,267	-	-	1,267	-
A3 Payments					
Volunteer checks	124	-	-	124	-
Fundraising and Marketing	422	-	-	422	-
Administration	571	-	-	571	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,117	-	-	1,117	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,117	-	-	1,117	-
Net of receipts/(payments)	150	-	-	150	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	150	-	-	150	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank and in hand	1,720	-	-
		-	-	-
		-	-	-
	Total cash funds	1,720	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Alex Scotland	29/08/2022	