

CAREDOGS

England & Wales · Charity number 1181339

Details

Other names	CARE DOGS CHARITY
Status	Registered
Legal form	CIO
Registered	2018-12-21
Register	View on the Charity Commission register

Contact

Address CareDogs Charity
CVA Resource Centre
82 London Road
Croydon
Greater London
CR0 2TB

Phone 07570 984 565

Email hello@caredogs.org.uk

Website <http://caredogs.org.uk/>

Activities

Objects: TO RELIEVE THE CHARITABLE NEEDS OF ELDERLY PEOPLE WHO, AS A RESULT OF THEIR AGE, MENTAL HEALTH OR CIRCUMSTANCES, ARE LONELY OR SOCIALLY ISOLATED, THROUGH THE PROVISION OF A BEFRIENDING SERVICE DESIGNED TO ENABLE SUCH PEOPLE TO ENJOY THE COMPANY OF VOLUNTEERS AND THEIR DOGS, IN PARTICULAR BY PROVIDING: A) A VOLUNTEER SERVICE PROVIDING INDIVIDUAL BEFRIENDING AND OPPORTUNITIES TO GO ON DOG WALKSB) A VOLUNTEER SERVICE PROVIDING GROUP OPPORTUNITIES TO GO ON DOG WALKSC) A VOLUNTEER SERVICE WHICH PARTNERS WITH OTHER LOCAL CHARITABLE ORGANISATIONS TO BRING OUR DOG WALKING EXPERIENCE TO PARTICIPANTS OVER THE AGE OF 18 IN PARTNER ORGANISATION'S GROUNDS OR NEARBY GREEN SPACES

Activities: CareDogs tackles loneliness and social isolation one dog walk at a time via our befriending service which gets older people outdoors and benefitting from both human and dog companionship. We provide local volunteering opportunities for dog owners and also host community dog-walking events in partnership with neighbouring charities and organisations to get more people out walking and talking.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, Disability, Animals
- **Who:** Elderly/old People

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£21,654	£26,950	-	-
2023-12-31	£6,281	£7,181	-	-
2022-12-31	£12,188	£1,913	-	-
2021-12-31	£1,267	£1,117	-	-
2020-12-31	£1,348	£293	-	-

Trustees

Name	Role	Appointed
DELPHINE CHUI	Chair	2018-12-01
Alex Scotland		2019-05-09
Deborah Warren		2021-07-05
Felicity Winkley		2020-05-04
John Richard Newton		2026-02-22
Melanie Astbury		2019-06-09
Paloma Robinson		2019-07-29

CAREDOGS

England & Wales - Charity number 1181339

Accounts



Trustees' Annual Report for the period

From 01/01/2024 **Period start date**
To 31/12/2024 **Period end date**

Charity name: CAREDOGS

Charity registration number: 1181339

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purpose of CareDogs is threefold:</p> <ol style="list-style-type: none">1. To tackle loneliness and social isolation among older people through our 1:1 befriending service, where a local trained and DBS-checked volunteer and their dog go for regular walks and talks outdoors with an older person.2. To provide local volunteering opportunities for people aged 18 and above to engage in meaningful community service with their dogs.3. To host community dog-walking events in partnership with neighbouring charities and organisations to encourage outdoor activity, connection, and wellbeing. <p>Our mission is to bring canine companionship to older people in our local communities, recognising that being around dogs increases emotional wellbeing and reduces health risks. Our vision is a future where loneliness and social isolation in older people are solved through community connections, dog companionship, and time spent outdoors.</p>

<p>Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.</p>	<p>Para 1.17 and 1.19</p>	<p>CareDogs delivers its charitable purposes for public benefit through a range of community-based initiatives and services.</p> <p>Our core activity is the 1:1 befriending service, which pairs trained volunteers and their dogs with older people for regular walks and social interaction. This service reduces loneliness, promotes mental and physical wellbeing, and fosters lasting community connections.</p> <p>We also provide a variety of volunteering opportunities for locals aged 16-and-over who wish to make a positive difference, strengthening community ties and encouraging social responsibility.</p> <p>In addition, we organise community dog-walking events in partnership with other charities and local organisations, bringing our service to people of all ages, particularly for those who may face barriers to participating in community activities. These inclusive walks help ensure that everyone, regardless of circumstance, can benefit from companionship, nature, and social connection.</p> <p>Through these activities, CareDogs advances its charitable aims of improving wellbeing, combating isolation, and building stronger, more connected communities - all contributing to public benefit.</p> <p>One of CareDogs' clients, MS, said:</p> <p>“It has given me the confidence to go out again after being ill in hospital and unable to leave the house. I feel a lot healthier and more confident talking to other people.</p> <p>Meeting the volunteer and her dog has made such a difference. You are all doing a good job and I would recommend you to anyone who has been in hospital and feels lonely.”</p>
<p>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>	<p>Para 1.18</p>	<p>In planning our activities for the year, we kept in mind the Charity Commission’s guidance on public benefit at our trustee meetings.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	We are grateful for the many hours volunteers, including trustees, have given in delivering the objectives of the charity. We are still volunteer-led and rely significantly on dedicated and committed operational volunteers to run our service.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>At the date of this report, the charity has expanded, seeing more than 60 befriending pairings and having since delivered-over 60 community group walks.</p> <p>Through the hard work of its volunteers, we have identified a number of beneficiaries of the charity's services and continue to plan and achieve our charitable objectives.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Not applicable
Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Income received from donations and Grants £21,654 (2023: £6,281). Expenditure in running the charity, including delivering the services and fundraising were £26,950 (2023: £7,181).
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held for the purpose of future use in achieving the charitable objectives of the Charity.
Amount of reserves held	Para 1.22	£5,799 as at December 2024 (2023: £11,095)
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No such concerns

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Not applicable
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Not applicable
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Charitable Objectives
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected based upon consensus of the existing trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Not applicable
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	CAREDOGS
Other name the charity uses	n/a
Registered charity number	1181339
Charity's principal address	CareDogs Charity, CVA Resource Centre, 82 London Road, Croydon, CR0 2TB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Delphine Chui	Trustee (Founder) Chair	Whole period	Not applicable
2	Paloma Robinson	Trustee Compliance, Governance and Legal	Whole period	Not applicable
3	Deborah Warren	Trustee Fundraising	Whole period	Not applicable
4	Alex Scotland	Trustee Treasurer	Whole period	Not applicable
5	Felicity Winkley	Trustee HR and Volunteer Engagement	Whole period	Not applicable
6	Melanie Astbury	Trustee Communications and Marketing	Whole period	Not applicable

Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Not applicable		

Name of chief executive or names of senior staff members (Optional information)

Not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information

Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)




Full name(s)

Delphine Chui

Alex Scotland

Position

Trustee and Chair

Trustee and Treasurer

Date

24 October 2025

24 October 2025



Receipts and payments accounts

CC16a

For the period
from

01/01/2023


To

31/12/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	4,305	-	-	4,305	1,281
Grants	17,349	-	-	17,349	5,000
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	21,654	-	-	21,654	6,281
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	21,654	-	-	21,654	6,281
A3 Payments					
Employee costs	22,475	-	-	22,475	-
Volunteer checks	377	-	-	377	168
Fundraising and Marketing	2,771	-	-	2,771	3,289
Administration	1,326	-	-	1,326	3,724
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	26,950	-	-	26,950	7,181
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	26,950	-	-	26,950	7,181
Net of receipts/(payments)	- 5,296	-	-	- 5,296	- 900
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 5,296	-	-	- 5,296	- 900

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank and in hand	5,799	-	-
		-	-	-
		-	-	-
	Total cash funds	5,799	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Alex Scotland	22/10/2025	

CAREDOGS

England & Wales - Charity number 1181339

Accounts



Trustees' Annual Report for the period

From 01/01/2023 **Period start date**
To 31/12/2023 **Period end date**

Charity name: CAREDOGS

Charity registration number: 1181339

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	We want to see a future in which older people feel less isolated and lonely, thanks to the companionship of dogs and intergenerational friendships. Since dog ownership is not possible for everyone, we provide a local befriending scheme, in five south London boroughs, which pairs up volunteers and their dogs with older people in their area, to connect over a walk and talk.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Since slowly emerging out of the covid-19 pandemic, volunteer-led small charity, CareDogs, was able to successfully deliver its pilot project with its first six pairs of volunteers, their dogs and six befriended clients. This saw one of our volunteers (and their dogs) visit our clients once a week to build community connections for all involved.</p> <p>One of CareDogs' clients, Wendy, says: 'I thoroughly enjoy meeting with my volunteer and their dog Joey for a walk. It encourages me to walk more and get out and about. Having a dog with us gives me more purpose. The service has had a positive impact on both my physical and mental wellbeing.'</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	We are grateful for the many hours volunteers, including trustees, have given in delivering the objectives of the charity. Thank you so much.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	As at the date of this report the charity has expanded, seeing more than 30 pairings and delivered group walks., Through the hard work of its volunteers, identified a number of beneficiaries of the charity's services and continues to plan and achieve its charitable objectives.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Not applicable
Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Income received from donations and Grants £6,281. Expenditure in running the charity, including delivering the services and fundraising were £7,181.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held for the purpose of future use in achieving the charitable objectives of the Charity.
Amount of reserves held	Para 1.22	£11,095 as at 31 December 2023
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No such concerns

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Not applicable
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Not applicable
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Charitable Objectives
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected based upon consensus of the existing trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Not applicable
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	CAREDOGS
Other name the charity uses	n/a
Registered charity number	1181339
Charity's principal address	CareDogs Charity, CVA Resource Centre, 82 London Road, Croydon, CR0 2TB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Delphine Chui	Trustee Chair	Whole period	Not applicable
2	Paloma Robinson	Trustee Compliance, Governance and Legal	Whole period	Not applicable
3	Deborah Warren	Trustee	Whole period	Not applicable
4	Alex Scotland	Trustee Treasurer	Whole period	Not applicable
5	Felicity Winkley	Trustee HR and Volunteer Engagement	Whole period	Not applicable
6	Melanie Astbury	Trustee Communications and Marketing	Whole period	Not applicable

Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Not applicable		

Name of chief executive or names of senior staff members (Optional information)

Not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable



Other optional information

Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Delphine Chui	Alex Scotland
Position	Trustee and Chair	Trustee and Treasurer
Date	22 October 2023	22 October 2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

CAREDOGS

1181339

Receipts and payments accounts

CC16a

For the period
from

01/01/2023


To

31/12/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,281	-	-	1,281	-
Grants	5,000	-	-	5,000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6,281	-	-	6,281	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6,281	-	-	6,281	-
A3 Payments					
Volunteer checks	168	-	-	168	-
Fundraising and Marketing	3,289	-	-	3,289	-
Administration	3,724	-	-	3,724	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	7,181	-	-	7,181	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	7,181	-	-	7,181	-
Net of receipts/(payments)	- 900	-	-	- 900	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 900	-	-	- 900	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank and in hand	11,095	-	-
		-	-	-
		-	-	-
	Total cash funds	11,095	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Alex Scotland	14/10/2024	

CAREDOGS

England & Wales - Charity number 1181339

Accounts



Trustees' Annual Report for the period

From 01/01/2022 Period start date
To 31/12/2022 Period end date

Charity name: CAREDOGS

Charity registration number: 1181339

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	We want to see a future in which older people feel less isolated and lonely, thanks to the companionship of dogs and intergenerational friendships. Since dog ownership is not possible for everyone, we provide a local befriending scheme, in five south London boroughs, which pairs up volunteers and their dogs with older people in their area, to connect over a walk and talk.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Since slowly emerging out of the covid-19 pandemic, volunteer-run small charity, CareDogs, was able to successfully deliver its pilot project with its first six pairs of volunteers, their dogs and six befriended clients. This saw one of our volunteers (and their dogs) visit our clients once a week to build community connections for all involved.</p> <p>One of CareDogs' clients, Colin, says: 'I used to drive everywhere before, but meeting Fiona and Ellie every week has been so good for me, to have a walk and a talk. I was lost after my wife Jo died unexpectedly last year... Having these walks every week have helped me regain structure - and I remember my love of walking! I now walk a lot more and feel so much better for it.'</p>
Statement confirming	Para 1.18	In planning our activities for the year, we kept in

whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit		mind the Charity Commission's guidance on public benefit at our trustee meetings.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	We are grateful for the many hours volunteers, including trustees, have given in delivering the objectives of the charity. Thank you so much.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	As at the date of this report the charity has, through the hard work of its volunteers, identified a number of beneficiaries of the charity's services and continues to plan and achieve its charitable objectives.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Not applicable
Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Income received from donations and Grants £12,188. Expenditure in running the charity, including delivering the services and fundraising were £1,913
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held for the purpose of future use in achieving the charitable objectives of the Charity.
Amount of reserves held	Para 1.22	£11,944 as at 31 December 2022
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No such concerns

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Not applicable
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Not applicable
Other		Not applicable

Structure, Governance and Management

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Type of governing document (trust deed, royal charter)	Para 1.25	CIO Charitable Objectives
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Additional information (optional)

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The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	CAREDOGS
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Other name the charity uses	n/a
Registered charity number	1181339
Charity's principal address	CareDogs Charity, CVA Resource Centre, 82 London Road, Croydon, CR0 2TB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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2	Paloma Robinson	Trustee Compliance, Governance and Legal	Whole period	Not applicable
3	Deborah Warren	Trustee	Whole period	Not applicable
4	Alex Scotland	Trustee Treasurer	Whole period	Not applicable
5	Felicity Winkley	Trustee HR and Volunteer Engagement	Whole period	Not applicable
6	Melanie Astbury	Trustee Communications and Marketing	Whole period	Not applicable
7	Sean Mackenny	Trustee Programmes, Events and Volunteers	Whole period	Not applicable
8	Aneka Johnson	Trustee Partnerships	Whole period	Not applicable

Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Not applicable		
Name of chief executive or names of senior staff members (Optional information)		
Not applicable		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information



Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)	Delphine Chui	Alex Scotland
Position	Trustee and Chair	Trustee and Treasurer
Date	21 October 2023	21 October 2023



CHARITY COMMISSION
FOR ENGLAND AND WALES

CAREDOGS

1181339

Receipts and payments accounts

CC16a

For the period
from

01/01/2022


To

31/12/2022

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	574	-	-	574	-
Grants	11,614	-	-	11,614	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	12,188	-	-	12,188	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	12,188	-	-	12,188	-
A3 Payments					
Volunteer checks	95	-	-	95	-
Fundraising and Marketing	1,318	-	-	1,318	-
Administration	500	-	-	500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,913	-	-	1,913	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,913	-	-	1,913	-
Net of receipts/(payments)	10,275	-	-	10,275	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	10,275	-	-	10,275	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank and in hand	11,994	-	-
		-	-	-
		-	-	-
	Total cash funds	11,994	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Alex Scotland		14/10/2023

CAREDOGS

England & Wales - Charity number 1181339

Accounts



Trustees' Annual Report for the period

From 01/01/2021 Period start date
To 31/12/2021 Period end date

Charity name: CAREDOGS

Charity registration number: 1181339

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>Covid-19 resulted in almost one-in-five elderly people feeling less confident to leave the house by themselves, as well as increasing levels of depression and anxiety in the over-70s. However, in contrast more than 85% of dog owners stated their pets had a positive effect on their wellbeing during the pandemic – something we at CareDogs are keen to replicate with our service.</p> <p>We want to see a future in which older people feel less isolated and lonely, thanks to the companionship of dogs and intergenerational friendships. Since dog ownership is not possible for everyone, we provide a local befriending scheme, in five south London boroughs, which pairs up volunteers and their dogs with older people in their area, to connect over a walk, chat or cup of tea.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Since slowly emerging out of the covid-19 pandemic, volunteer-run small charity, CareDogs, was able to successfully deliver its pilot project with its first six pairs of volunteers, their dogs and six befriended clients. This saw one of our volunteers (and their dogs) visit our clients once a week to build community connections for all involved.</p> <p>One of CareDogs' clients, Colin, says: 'I used to drive everywhere before, but meeting Fiona and Ellie every week has been so good for me, to have a walk and a talk. I was lost after my wife Jo died unexpectedly last year... Having these walks every week have helped me regain structure - and I remember my love of walking! I now walk a lot more and feel so much better for it.'</p> <p>CareDogs also ran a digital Christmas event in 2021 to fundraise and build brand awareness.</p>

Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	We are grateful for the many hours volunteers, including trustees, have given in delivering the objectives of the charity. Thank you so much.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	As at the date of this report the charity has, through the hard work of its volunteers, identified a number of beneficiaries of the charity's services and continues to plan and achieve it's charitable objectives.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Not applicable
Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Income received from donations £1,267. Expenditure in running the charity, including delivering the services and fundraising were £1,117.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held for the purpose of future use in achieving the charitable objectives of the Charity.
Amount of reserves held	Para 1.22	£1,720 as at 31 December 2021
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No such concerns

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Not applicable
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Not applicable
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Charitable Objectives
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected based upon consensus of the existing trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Not applicable
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	CAREDOGS
Other name the charity uses	n/a
Registered charity number	1181339
Charity's principal address	PO BOX 76998 London SE19 9FD

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Delphine Chui	Trustee Chair	Whole period	Not applicable
2	Paloma Robinson	Trustee Compliance, Governance and Legal	Whole period	Not applicable
3	Deborah Warren	Trustee	Since 5 July 2021	Not applicable
4	Alex Scotland	Trustee Treasurer	Whole period	Not applicable
5	Felicity Winkley	Trustee HR and Volunteer Engagement	Whole period	Not applicable
6	Melanie Astbury	Trustee Communications and Marketing	Whole period	Not applicable
7	Sean Mackenny	Trustee Programmes, Events and Volunteers	Since 21 April 2021	Not applicable
8	Aneka Johnson	Trustee Partnerships	Since 1 March 2021	Not applicable

Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Not applicable		
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Name of chief executive or names of senior staff members (Optional information)

Not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable



Other optional information

Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Delphine Chui	Alex Scotland
Position (eg Secretary, Chair, etc)	Trustee and Chair	Trustee and Treasurer
Date	29 August 2022	



Receipts and payments accounts

CC16a

For the period
from

01/01/2021


To

31/12/2021

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,267	-	-	1,267	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,267	-	-	1,267	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,267	-	-	1,267	-
A3 Payments					
Volunteer checks	124	-	-	124	-
Fundraising and Marketing	422	-	-	422	-
Administration	571	-	-	571	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	1,117	-	-	1,117	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1,117	-	-	1,117	-
Net of receipts/(payments)	150	-	-	150	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	150	-	-	150	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank and in hand	1,720	-	-
		-	-	-
		-	-	-
	Total cash funds	1,720	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	Details	to nearest £	to nearest £	to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Alex Scotland		29/08/2022

CAREDOGS

England & Wales - Charity number 1181339

Accounts



Trustees' Annual Report for the period

From 01/01/2020 Period start date
To 31/12/2020 Period end date

Charity name: CAREDOGS

Charity registration number: 1181339

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	CareDogs seeks to solve social isolation in older people through dog adoption, a befriending network and local community support. We do this by facilitating dog adoption (creating a new demographic of over-55 dog owners) and giving our user a loving furry friend, while also offering weekly interaction and exercise with their CareDogs companion (a volunteer who offers both company and dog walking.)
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During the reporting period CareDogs has continued to plan the effective delivery of services to achieve its objectives as a charity. The main activities of the reporting period were fundraising and grant applications to support the future work of the charity.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
	Para 1.38	Not applicable.

Policy on social investment including program related investment		
Contribution made by volunteers	Para 1.38	We are grateful for the many hour's volunteers, including trustees, have given in delivering the objectives of the charity. Thank you so much.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	As at the date of this report the charity has, through the hard work of its volunteers, identified a number of beneficiaries of the charity's services and continues to plan and achieve it's charitable objectives.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Not applicable
Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance	Para 1.41	Not applicable

against objectives		
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Income received from donations £1,348 Expenditure in obtaining donations and running the charity £293.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held for the purpose of future use in achieving the charitable objectives of the Charity.
Amount of reserves held	Para 1.22	£1,568 as at 31 December 2020
Reasons for holding zero reserves	Para 1.22	Not applicable
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No such concerns

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Not applicable
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	Not applicable
Other		Not applicable

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Charitable Objectives
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected based upon consensus of the existing trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Not applicable
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable
Relationship with any related parties	Para 1.51	Not applicable
Other		Not applicable

Reference and Administrative details

Charity name	CAREDOGS
Other name the charity uses	n/a
Registered charity number	1181339

Charity's principal address	Flat 22 CINTRA COURT PATTERSON ROAD LONDON SE19 2LB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Delphine Chui	Trustee Chair	1 December - to present	Not applicable
2	Paloma Robinson	Trustee Compliance, Governance and Legal	29 July 2019 - to present	Not applicable
3	Shirin Nazemzadeh	Trustee Grants and Fundraising	22 May 2020 - to present	Not applicable
4	Alex Scotland	Trustee Treasurer	09 May 2019 - to present	Not applicable
5	Felicity Winkley	Trustee HR and Volunteer Engagement	04 May 2020 - to present	Not applicable
6	Melanie Astbury	Trustee Communications and Marketing	09 June 2019 - to present	Not applicable
7	Sean Mackenny	Trustee Programmes, Events and Volunteers	21 April 2021 - to present	Not applicable
8	Aneka Johnson	Trustee Partnerships	01 March 2021 - to present	Not applicable

Corporate trustees - names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Not applicable		
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Name of chief executive or names of senior staff members (Optional information)

Not applicable

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable

Other optional information


Not applicable

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Delphine Chui

Alex Scotland


Position (eg Secretary, Chair, etc)

Trustee and Chair


Trustee and Treasurer

Date

05 July 2021

 CHARITY COMMISSION FOR ENGLAND AND WALES	CAREDOGS			1181339	CC16a
	Receipts and payments accounts				
	For the period from	01/01/2020	To	31/12/2020	
Section A Receipts and payments					
	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	1,348	-	-	1,348	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,348	-	-	1,348	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,348	-	-	1,348	-
A3 Payments					
Raising funds	293	-	-	293	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	293	-	-	293	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	293	-	-	293	-
Net of receipts/(payments)	1,055	-	-	1,055	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	1,055	-	-	1,055	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank and in hand	1,568	-	-
		-	-	-
		-	-	-
	Total cash funds	1,568	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets	Details		-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Details		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
		Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Details		-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
		Alex Scotland		03/07/2021