



## Trustees Annual Report

01 January 2022 – 31 December 2022



Charity name Lipoedema UK

Other name the charity uses Lip UK

Registered charity number 1181312

Charity's principal address Foxfield House  
Chichester Road  
West Wittering  
West Sussex PO20 8QB

[www.lipoedema.co.uk](http://www.lipoedema.co.uk)

[info@lipoedema.co.uk](mailto:info@lipoedema.co.uk)

Founding Member of the  
Lipedema World Alliance



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## Introduction

This report has been compiled by the Trustees to provide an update of activities in 2022 for members & funders, and to comply with the charity's reporting obligations to the Charity Commission. We would like to thank everyone who donated or supported our activities though sponsorship as they made all these activities and achievements possible.

As trustees we understand that public benefit is part of what it means to be a charity. We took account of the Charity Commission guidance on requirements for public benefit in determining our purposes and activities when our charity was set up, and we are aware of the existence of the guidance on running our charity in a compliant manner to deliver public benefit. We refer to this guidance as our charity evolves and grows, to ensure that we remain appropriately focussed and managed.

We have taken account of the Charity Commission guidance on public benefit reporting in the creation of this annual report and in consideration of our other communications to beneficiaries and potential funders.

## Purpose of Lipoedema UK

To relieve the needs of people with Lipoedema, in particular, but not exclusively, by the provision of services, advice, information and support; and to advance the education of the public, in particular those involved in the diagnosis, treatment and care of those suffering Lipoedema.

## Main Activities of Lipoedema UK

- Provision of services, advice information and support
- Advance the education of the public
- Advance the education of those involved in the diagnosis, treatment and care

This report has been approved by the Board of Trustees, and is signed on their behalf on 20 October 2023 by:



Sharie Fetzer, Chair



Kate Forster, Treasurer & Secretary

## Our Team

### Trustees

Role	Trustee
Chair	Sharie Fetzer
Secretary & Treasurer	Kate Forster, Chartered FCIPD
Trustee	Suzanne Evans, BA (Hons)
Trustee	Kris Jones, RGN
Trustee	Sara Percival, MSc

Our trustee recruitment comes from our membership and our advisory teams. All our current trustees have a personal connection to lipoedema. In 2022, we were delighted to welcome Sara Percival to the Board as a new Trustee. Sara is both one of our long-term members and an especially talented and experienced Lymphoedema and Lipoedema healthcare professional.

### Patrons, Clinical & Medical Advisory Teams

Role	Name	Contact Address
Patrons	Professor Peter M. Mortimer MD FRCP Dr Kristiana Gordon MBBS MRCP MD(Res) CLT	St George's NHS Trust, Blackshaw Road, Tooting, London, SW17 0QY
Nurse Consultants & Clinical Advisors	Mary Warrilow RGN, BSc(Hons), QN  Kris Jones RGN, ENB931, ENB N34, Post Graduate Diploma Lymphoedema Practice  Rhodri Harris RGN  Sara Percival MSc	Care of Lipoedema UK  Lymphcare UK, The Lodge, Mary Stevens Hospice, 221 Hagley Road, Stourbridge, DY8 2JR  Care of Lipoedema UK  Care of Lipoedema UK
Medical Advisors	Dr Dirk Pilat FRCGP, PgDipGP (Otago)  Dr Sarah Pledger FFSRH, MRCGP, MBBS, DRCOG  Dr Vaughan Keeley PhD, FRCP	Care of Royal College of General Practitioners 30 Euston Square, London  Fitzallen Medical Group, Fitzalan Road, Littlehampton, West Sussex, BN17 5JR  Royal Derby Hospital, Uttoxeter Road, Derby, DE22 3NE

## Key Activities In 2022: Delivering Our Aims & Purpose

2022 proved to be a continuing challenging year to resume many of our usual activities prior to covid and lockdowns. Our support and advisory activities continued to experience new levels of demand as patients found it difficult to resume and access previously traditional primary care services. In this environment we decided to continue increasing our online



support for patients who reported difficulties in obtaining appointments with either their GPs or other primary care providers.

Numbers of planned healthcare professional events remained low and our team also found it difficult to combine their return to normal working conditions with attending events as volunteers.

We witnessed continuing strains of loneliness and isolation from our members, so the team adapted our activities and focus to find new ways of alleviating the lack of face to face contact and continuing stressful conditions following reduced services throughout lockdown. Our email help line enquiries reflected the lack of medical attention experienced by our members. To meet this increased demand we spent more time and resources on one to one advice through our helpline and also by increasing the range of topics in our online webinars.

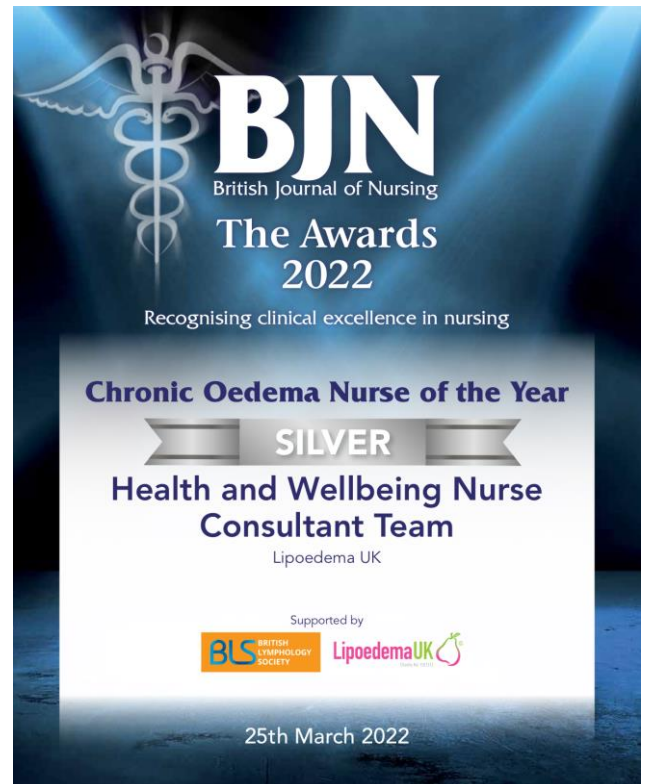
In addition to all our usual activities we also devoted considerable internal resources to the aftermath of the NICE review, including a feature on the BBC Radio 4 programme Woman's Hour.



## Weekly Webinars for Lipoedema UK Members

Following the 2020 launch of our on-line Health & Wellbeing community in 2022 we evolved the format to increase the content of medical advice and motivational support, along with the opportunity to 'meet' in a safe and secure environment. Our Nurse Consultant/Clinical Advisor team of Kris Jones, Sara Percival, Rhodri Harris and Mary Warrilow provided a regular feature of presentations and advice to approximately 50 members and the weekly session went from strength to strength during 2022.

Many of our members told us our sessions continued to be a lifeline for them since lockdown, especially if they experienced worsening of their pre-existing medical conditions. We were delighted when the team's success was acknowledged by a Silver Award at the British Journal of Nursing's Chronic Oedema Nurse of the Year awards 2022.



## International Collaboration

A poster for 'Lipoedema Awareness Month' featuring two women's portraits on the left. The main text is on a purple background. It says 'SAVE THE DATE' in large letters, followed by 'THU, 23RD JUNE'. The topic is 'Impact of diagnosis on teenage years: careers and treatments'. It lists 'Patients: Georgina (UK), Margarida (Portugal)'. The organizing team includes 'Lipoedema UK' and 'ANDLINA Associação Nacional de Doentes Linfáticos National Association of Sufferers of Lymphatic Disorders'. The name 'Monica Smith (UK)' is at the bottom. Social media icons for Facebook, Instagram, and YouTube are in the top right corner.

The situation for patients regarding the provision of healthcare services is almost identical both in the UK and internationally, with many people experiencing similar challenges in accessing lipoedema diagnosis and treatment, despite their different healthcare systems and countries.

In 2022, Lipoedema UK strengthened its ties with other international patient organisations and healthcare experts. In June 2022, as part of Lipoedema Awareness

Month, we took part in a series of international webinars featuring experts from around the world and also hosted our own webinar which we shared with the international community featuring the impact of lipoedema on younger patients. These webinars were organized by a triumvirate of lipoedema charities: Lipoedema UK, LIO Lipoedema Italia (based in Italy) and andLINFA (based in Portugal).

We regard international collaboration as an essential part of our work, to raise awareness of the experience of patients in the UK and to also bring information into the UK on the activities of non-UK healthcare professionals and researchers.

We approach this work always with our goal in mind that #TogetherWeCanBeatLipoedema and believe that it is essential to have the voice of patients not only heard, but also involved in addressing the challenges of living with lipoedema and determining research priorities.

### Founding of the Lipoedema World Alliance (LWA)

Building on the success of our international collaboration, we were delighted to formalise our relationships with over 100 respected international clinicians, healthcare professionals, scientific associations and other patient associations by helping to found the Lipoedema World Alliance, an international not-for profit association. LWA was registered on 22 July 2022.

**SAVE THE DATE**  
8TH JUNE

19:00h CET  
18:00 London & Lisbon

**What's going on in lipoedema?**

**Research update**

Karen Herbst, PhD, MD  
Thomas Wright, MD

organization: LIO Lipoedema Italia, Lipoedema UK, andLINFA

**LWA**  
LIPDEMA WORLD ALLIANCE

**LIPDEMA WORLD ALLIANCE**

A not-for profit association bringing together Healthcare Professionals, Researchers and Patient Associations world-wide to increase understanding of lipoedema and appropriate treatments.

**WORKING TOGETHER WE CAN MAKE A CHANGE!**

LWA is dedicated to fostering a collaborative environment wherein healthcare professionals, researchers, and patient associations from diverse nations unite to explore the myriad unanswered questions surrounding lipoedema. Our mission is to cultivate scientific dialogue with the aim of enhancing comprehension and care for people living with lipoedema.


The Lipedema World Alliance Board brings us together with several of our sister lipoedema associations and a range of international lipoedema practitioners/researchers:

Sandro Michelini (President), Karen Herbst (Vice-President), Manuel Cornely, Gabriele Faerber, Isabel Forner Cordero, Mojtaba Ghods, Philipp Kruppa, Serena Michelini, José Luis Simarro, Thomas Wright, and then two representatives from each of: LIO Lipedema Italia, Lipoedema UK and andLINFA.

As there are multiple different spellings of lipoedema, it was decided to use Lipedema, without the o, in the title of the LWA and so when we issue or author LWA publications we will use lipedema; but continue to use the UK spelling of lipoedema in our own domestic activities.

Founding the LWA was a significant activity for us in 2022, and we are very pleased to collaborate with over 100 other passionate people and organisations. We feel that this collaboration amplifies all our own individual efforts and will be transformative for people living with lipoedema.

**MISSION**  
**Lipedema World Alliance**




LWA is dedicated to fostering a collaborative environment wherein healthcare professionals, researchers, and patient associations from diverse nations unite to explore the myriad unanswered questions surrounding lipedema. Our mission is to cultivate scientific dialogue with the aim of enhancing comprehension and care for people living with lipedema.

**WORKING TOGETHER WE CAN MAKE A CHANGE**

Lipedema has long been a *Cinderella disease*, ignored and neglected. Recent interest and research have often been driven by patients' desperation and passion to find answers. Our shared goal is to propel further research into lipedema, and we're resolute in pursuing this endeavor collectively.

**VISION**  
**What We Will Achieve Together**



LWA envisions a future where the intricacies of lipedema's pathology and optimal management strategies are comprehensively understood. We believe fervently that the most effective means of attaining this understanding lies in fostering a spirit of collaboration, uniting patient advocates and professionals. This collaborative approach serves to:

- Cultivate open dialogues among patients, clinicians, and researchers regarding priorities and concerns.
- Identify and prioritize areas for sustained research in lipedema without artificial limitations.
- Develop unbiased educational resources backed by scientific rigor.
- Facilitate access to a diverse array of research participants spanning the globe.

## About us

Welcome to Lipedema World Alliance, a non-profit organization founded in 2022 by a board composed of dedicated healthcare professionals, researchers, and passionate representatives from patient associations across various countries.

Led by President Dr. Sandro Michelini and Vice President Dr. Karen Herbst, the board proudly includes representation from patient associations, including Lipedema Italia Onlus (LIO), Lipoedema UK, and andLINFA.



## NICE Interventional Procedures Guidance: Liposuction for chronic lipoedema [IPG721] Published 29 March 2022

The National Institute for Health and Care Excellence (NICE) carried out a rapid review of the evidence into the provision of liposuction for lipoedema in the UK in 2021-2022.

Lipoedema UK were actively engaged in all stages of NICE's review process and submitted detailed evidence of the effects of lipoedema on patients' long term health and their experiences of liposuction, including the feedback of over 900 respondents to our 2021 survey.

The final recommendations published by NICE were:

*1.1 Evidence on the safety of liposuction for chronic lipoedema is inadequate but raises concerns of major adverse events such as fluid imbalance, fat embolism, deep vein thrombosis, and toxicity from local anaesthetic agents. Evidence on the efficacy is also inadequate, based mainly on retrospective studies with methodological limitations. Therefore, this procedure should only be used in the context of research.*

*1.2 Further research should report:*

- patient selection, including age, effects of hormonal changes (which should include effects seen during puberty and menopause) and the severity and site of disease*
- details of the number and duration of procedures, the liposuction technique used (including the type of anaesthesia and fluid balance during the procedure), and any procedure-related complications*
- long-term outcomes, including weight and body mass index changes*
- patient-reported outcomes, including quality of life.*

*1.3 Patient selection should be done by a multidisciplinary team, including clinicians with expertise in managing lipoedema.*

*1.4 The procedure should only be done in specialist centres by surgeons experienced in this procedure.*

This classification of a procedure as only to be used in the context of research is defined by NICE as: NICE consider there to be unresolved uncertainties or that a procedure is still considered experimental, so they recommend clinicians only carry out the procedure in formal research studies which were approved by ethics committees.

NICE's recommendations effectively stopped almost all liposuction operations in the UK leaving patients either half-way through treatments or having to seek surgery outside the UK.

Whilst Lipoedema UK is disappointed that NICE are not yet in a position to fully recommend the provision of liposuction for lipoedema by the NHS, there was clear recognition given by the review committee to the impact that lipoedema has on peoples' quality of life. Our thanks go to all our members and those who responded to our survey with their stories, which enabled us to help the NICE committee understand the need for better treatment options than the current highly limited provision. Those personal stories led them to conclude that lipoedema is still under-recognised and can be *"extremely debilitating"*.

Furthermore, NICE make several references to lipoedema being distinct from obesity and lymphoedema; and acknowledge the limited range of treatment options for lipoedema at this time. These are both important conclusions and we know NICE support our desire for better care for those living with lipoedema, and understand how hard it can be as they also state: *"The size and shape of legs and the resultant mobility issues and pain, can have a profoundly negative effect on quality of life and physical and mental health"*.

Our survey and our report to NICE can be downloaded from the liposuction area on our website.

We all recognise that there is currently limited long-term research data into liposuction for lipoedema and that NICE have rigorous expectations for the design of research that they consider to be the “gold standard”. NICE acknowledge the research currently published and that underway, and have committed to reviewing their guidance after a randomised control trial in Germany is completed and published. Lipoedema UK continues to campaign and seek more evidence to present to NICE at their next review in March 2025, or earlier, and continues to communicate with NICE.

## Diet and Lifestyle Research De Montfort University and Lipoedema UK

Work continued with Dr Jessica Jin, Senior Lecturer in Nutrition, on our joint research project to investigate the effect of diet and lifestyle on Lipoedema. The project is still seeking direct funding to enable it to continue and recruit a PhD student to assist with the project. Dr Jinn and Lipoedema UK continue to be committed to the project but other commitments and priorities for both parties have made it difficult to devote time to the project in 2022.

## Social Media Activities

Social media, continues to be an effective way to reach new members and raise awareness amongst women who may not be aware that they have undiagnosed lipoedema. Our social media reach continues to grow along with our presence on other organisations' social media as we become more integrated in a wider lipoedema network.

**These webinars are offered by our charities thanks to the generosity of our donors:**

**SAVE THE DATE**  
WED, 8TH JUNE  
19:00h CET (Rome)  
18:00h GMT (London & Lisbon)

**What's going on in lipoedema?**  
Lipedema Awareness Month  
Research update

organizing team: Lipoedema UK and LINFA

**HUMAN MED**  
water-gel assisted medical technologies

**Juzo**

**SOLIDEA**

**CIZETA MEDICAL**

**medi**

**LIO Lipedema Italia**  
**Lipoedema UK and LINFA**

**Lipedema Awareness Month Webinars**

Date	Topic	Speaker
Wed, 8th June	What's going on in lipoedema?	Dr. Karen L. Herbst MD, PhD (USA) Dr. Thomas F. Wright MD, FACP (USA)
Mon, 20th June	Lipedema: genetic, hormonal, identity and diagnosis	Dr. med. Maxime E. Coudry (Germany)
Thu, 23rd June	Impact of a diagnosis on marriage, work, career and lifestyle	Marina Smith (UK) Patricia Gonzalez (UK) Margarita Perreault
Fri, 1st July	Diagnosis associated with lipoedema	Dr. José Luis Blázquez (Spain)
Wed, 6th July	Lipedema surgery in earlier stages	Dr. med. (Dr. Heiner Wehrath (Germany)
Tues, 12th July	Lipedema surgery in intermediate/advanced stages	Dr. Enrique Burgos de la Ossa (Spain)
Wed, 20th July	Management of lipoedema: Primary, Secondary and Tertiary stages in lipoedema	Patricia Gonzalez with Dr. Soeren Medert (Spain)

organizing team: Lipoedema UK and LINFA

During June, Lipoedema Awareness month we spread word of our international initiatives and shared webinars, including live streaming them on Facebook and You Tube. As part of our collaboration with LIO and andLINFA, and thanks to the support of a range of sponsors, we were able to have sessions streamed with live translation so that people could hear the presentations in English, Portuguese or Italian, and we were also able to translate presenters who were not presenting in English, such as Dr Simarro who gave an update in Spanish on his work in Spain.

Using a variety of social media to stream these sessions helped us all reach a range of healthcare professionals and patients, and generated some useful discussions and participation.

Updating our website: [www.lipoedema.co.uk](http://www.lipoedema.co.uk)

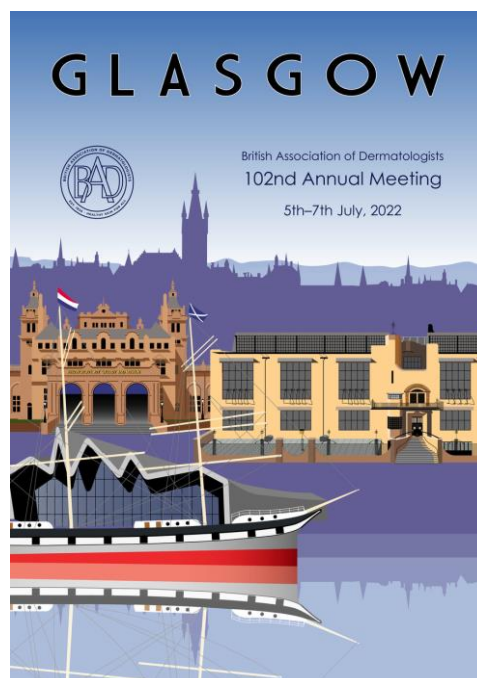
Our website continues to provide a wealth of information for both patients and health care patients seeking information on symptoms and treatments and is referenced by other reputable websites such as that of the NHS.

As always, we spent time and resources adding content to ensure we keep our website up to date.

## Healthcare Professional Events



Lipoedema UK attended and exhibited at several significant Healthcare Professional events in 2022, including The British Journal of Community Nursing Lymphoedema conferences in London and Manchester which were both chaired by our own Chair, Sharie Fetzer. Others we attended included The British Association of Dermatologists (BAD) Conference in Glasgow in July and the British Lymphology (BLS) Conference in Staffordshire in October.



## Legal structure & compliance

We are incorporated as a Foundation Charitable Incorporated Organisation since 20 December 2018, building on our work as an unincorporated charity, Lipoedema UK 1157716, founded in 2012.

Our trustees are recruited from within our wider membership and all currently are people living with Lipoedema. Our structure is a simple one with a small group of trustees and a larger team of volunteers.

## Principal risks facing us as a charity

**Resources.** We remain significantly constrained by volunteer capacity and our finances. As our reputation grows we are asked to speak at more and more events or participate in working groups, all of which involve expenses for us or our volunteers.

In order to take full advantage of all the opportunities that are increasingly available to us, we need to increase our income and our pool of suitably skilled people able to participate on our behalf.

## Finances

### Member Fundraising

We are always profoundly grateful for fundraising from our members and supporters and acknowledge and celebrate their fundraising on our social media and in our news emails to members. Our membership fees and members fundraising has grown along with our activities and support for individuals, although as lipoedema is a chronic condition it frequently impinges on a patient's earning power. Lack of NHS support for treatments continues to leave patients forced to fund their own, often expensive, treatments, which has become more complex since the NICE review. We continue to seek indirect funding through sources such as Give as you Live and other fundraising platforms.

### Membership

By providing our online sessions as closed zoom calls to our members, we maintain the investment of our resources into these sessions for those who join us as members, both making the space safer for them and helping encourage enquirers to become members.

Our members provide us both with important funds for our work and with their stories and experiences, and we appreciate the value of these non-financial and financial contributions.

### Sponsorship

We are extremely grateful to the loyalty and support shown to Lipoedema UK from our core sponsors. Sponsorship and other income was reduced from the previous year due to the fact we did not hold a conference. Compression garments companies remain a crucial part of our financing and we value our partnership with them and their willingness to develop new products to alleviate specific symptoms. They also provide links, connections and partnerships for awareness raising with healthcare professionals.

### Review of Accounts

Our financial position is outlined in our attached accounts. Activities in historical prior years are captured in the accounts of the unincorporated charity Lipoedema UK, registered charity number 1157716.

The lack of physical events for healthcare professional in 2022 enabled us to dedicate our time and resources to providing increased patient support for members and also dealing with many general enquiries, providing a lifeline for patients who were increasingly distressed and demoralised by the lack of support from their local primary care services.

As so much contact was remote, it remained important to maintain and enhance our website so that it continued to provide an educational tool and resource for both healthcare professionals and patients researching the symptoms and treatments for lipoedema.

We wish to further increase our income in the future, in order to increase our resources available to deliver projects to support healthcare professionals and people with lipoedema. Running a national charity from a volunteer base is always challenging and especially as demand for our support activities becomes more complex and we need to collaborate internationally. We are not limited by our ambitions but by our resources, both financial and people.

### Investment and Reserves

We monitor our annual income in order to ensure we can meet commitments as they arise. Our funds are managed through our bank account. We do not invest funds elsewhere as our cash reserves are relatively small and we use our income to meet our expenses, rather than investing for the long term.





Lipoedema UK

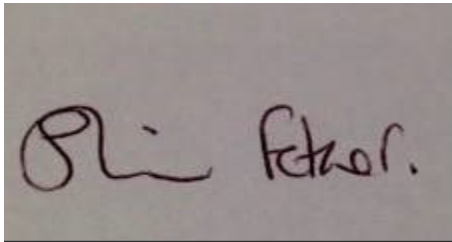
A Charitable Incorporated Organisation Number 1181312

Accounts

31 December 2022

**Approval statement**

I approve the accounts which comprise of the Income and Expenditure Account, the Balance Sheet and the related notes. I acknowledge my responsibility for the accounts, including the appropriateness of the applicable financial reporting framework as set out in note 1, and for providing with all information and explanations necessary for their compilation.

A rectangular box containing a handwritten signature in dark ink. The signature appears to be 'Sharie Fetzer' written in a cursive, flowing style.

Sharie Fetzer  
Chair  
12th May 2023

**Lipoedema UK**  
**Income and Expenditure Account**  
**for the year ended 31 December 2022**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Income</b>		
Sponsorship & Donations	32,032	40,891
Conference and Exhibitor payment	-	10,587
Membership	15,472	14,221
Publications	1,775	1,103
	<u>49,279</u>	<u>66,802</u>
<b>Expenses</b>		
Design and Print	5,035	3,876
Administration Expenses	2,150	1,002
Conference and AGM	3,177	13,505
Healthcare Professional Awareness Events	2,966	2,682
Membership and Healthcare Professional Support	17,227	26,838
CRM & IT Systems	6,888	6,019
Website	3,586	8,165
Accountancy, Insurance and other professional fees	1,688	1,453
	<u>42,717</u>	<u>63,540</u>
<b>Surplus</b>	<u>6,562</u>	<u>3,262</u>

**Lipoedema UK**  
**Balance Sheet**  
**as at 31 December 2022**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>Assets</b>		
Bank/building society balances	22,772	16,210
	<u>22,772</u>	<u>16,210</u>
<b>Liabilities</b>		
Other liabilities and accruals	600	600
	<u>600</u>	<u>600</u>
	<u>22,172</u>	<u>15,610</u>
<b>Net business assets represented by</b>		
Capital account:		
Balance at start of period	15,610	12,347
Net Surplus	6,562	3,263
	<u>22,172</u>	<u>15,610</u>

**Lipoedema UK**  
**Notes to the Accounts**  
**for the year ended 31 December 2022**

**1 Accounting basis**

The accounts have been compiled on a basis that enables a deficit or surplus to be calculated in accordance with UK Generally Accepted Accounting Practice and that provides sufficient and relevant information to enable the completion of a tax return.



## **Independent examiner's report to the trustees of Lipoedema UK**

### **Charity Number 1181312**

I report on the accounts of the Trust for the year ended 31<sup>st</sup> December 2022, which are set out on pages 1 to 4 in the attached financial statements.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the commission under section 145(5)(b) of the 2011 Act
- to state whether particular matters have come to my attention

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



Name: Donald M MacKenzie BSc CA

52 Crown Drive, Inverness, IV2 3QG

12<sup>th</sup> May 2023

Lipoedema UK

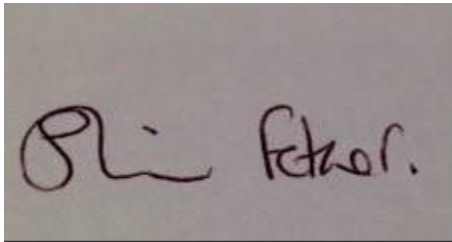
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Accounts

31 December 2022

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Sharie Fetzer  
Chair  
12th May 2023

**Lipoedema UK**  
**Income and Expenditure Account**  
**for the year ended 31 December 2022**

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**Lipoedema UK**  
**Balance Sheet**  
**as at 31 December 2022**

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Capital account:		
Balance at start of period	15,610	12,347
Net Surplus	6,562	3,263
	<u>22,172</u>	<u>15,610</u>



**Lipoedema UK**  
**Notes to the Accounts**  
**for the year ended 31 December 2022**

**1 Accounting basis**

The accounts have been compiled on a basis that enables a deficit or surplus to be calculated in accordance with UK Generally Accepted Accounting Practice and that provides sufficient and relevant information to enable the completion of a tax return.

## **Independent examiner's report to the trustees of Lipoedema UK**

### **Charity Number 1181312**

I report on the accounts of the Trust for the year ended 31<sup>st</sup> December 2022, which are set out on pages 1 to 4 in the attached financial statements.

### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the commission under section 145(5)(b) of the 2011 Act
- to state whether particular matters have come to my attention

### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.

### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



Name: Donald M MacKenzie BSc CA

52 Crown Drive, Inverness, IV2 3QG

12<sup>th</sup> May 2023