

WE ARE STRONGER CHARITY

REGISTERED CHARITY NUMBER: 1181286

Report of the Trustees and Financial Statements

For The Year Ended 20 December 2023

Verdant Accountants
20-22 Wenlock Road
London
N1 7GU

WE ARE STRONGER CHARITY

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For The Year Ended 20 December 2023

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TRUSTEES' ANNUAL REPORT

For The Year Ended 20 December 2023

Trustees	Olga Venosa (appointed 20/12/2018) Andrea Papp (appointed 10/12/2020) Alexander Unterrainer (appointed 24/06/2019) Ilaria Bianch (appointed 10/12/2020)
Organisation type	Charitable Incorporated Organisation (CIO)
Registration history	Registered and governed by CIO – Foundation dated 20 Dec 2018
Charity registration number	1181286
Charity's Principal address	Capital Office 124 City Road London EC1V 2NX
Accountant	Verdant Accountants 20-22 Wenlock Road London N1 7GU
Bankers	National Westminster Bank Plc. South Kensington Station (B) PO Box No 592 18 Cromwell Place London NW6 4HJ

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TRUSTEES' ANNUAL REPORT (continued)

For The Year Ended 20 December 2023

Charitable objects

The objects of the CIO are:

(A) To preserve and protect the mental health and well-being of people who have been or are being bullied or are being bullied or who are at risk of being by bullying, in particular but not exclusively by:

- i) The provision of anti-bullying programmes and one to one counselling sessions
- ii) Raising awareness and understanding of the effects of bullying.

(B) To advance such other charitable purposes (according to the law of England and Wales) as the trustees see fit from time to time, in particular but not exclusively by making grants to other charities and Non-Government Organisations which promote the health and well-being of children and adults.

Activities And Achievements

During the year operation, the Organisation provided helps to many people and achieved objectives set out by the charity.

Finance

The Charity has managed to raise funds and paid out to support people in need and paid for external consultants and the running costs of the organisation with using some reserve brought forward, resulting in a deficit during this financial year.

Reserve Policy

The Trustees maintain reserve at a level which permits provision for help and support people in need at an appropriate level from the first year on.

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TRUSTEES' ANNUAL REPORT

For The Year Ended 20 December 2023

Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and Financial Statements in accordance with applicable law and regulations.

In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and then apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgements and accounting estimates that are reasonable and prudent;
- d) state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Church will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose, with reasonable accuracy at any time, the financial position of the Charity and which it ensure that the financial statements comply with the Charities Acts 2011. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees and signed on their behalf on 15 January 2024 by:

Olga Venosa,
Chair, Founder & Trustee



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STATEMENT OF FINANCIAL ACTIVITIES

For The Year Ended 20 December 2023

		Total Unrestricted Funds 2023 £	Total Funds 2022 £
INCOMING RESOURCES	<u>Notes</u>		
Incoming resources from charitable activities	2	9,077	13,386
Total incoming resources		9,077	13,386
 RESOURCES EXPENDED			
Charitable expenses	3	(11,269)	(16,624)
 Total resources expended		(11,269)	(16,624)
 NET INCOME/ (EXPENDITURE)			
Net income / (expenditure)		(2,192)	(3,238)
 RECONCILIATION OF FUNDS			
Total funds brought forward		2,892	6,130
 TOTAL FUNDS CARRIED FORWARD		700	2,892

All funds for the years 2023 and 2022 were unrestricted.

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BALANCE SHEET

As at 20 December 2023

	<u>Notes</u>	2023 £	2022 £
CURRENT ASSETS			
Debtors	4	0	0
Cash at bank		450	2,892
Cash in hand		250	0
		<u>700</u>	<u>2,892</u>
CURRENT LIABILITIES			
Amounts falling due within 1 year:			
Accruals	5	0	0
		<u>0</u>	<u>0</u>
Net current assets (liabilities)		<u>700</u>	<u>0</u>
TOTAL NET ASSETS		<u>700</u>	<u>0</u>
RESERVES AND FUNDS			
Unrestricted funds		<u>700</u>	<u>2,892</u>
		<u>700</u>	<u>2,892</u>

Approved by the trustees and signed on their behalf on 15 January 2024 by:

Olga Venosa
Chair, Founder & Trustee



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NOTES TO THE ACCOUNTS

For The Year Ended 20 December 2023

1 ACCOUNTING POLICIES

1.1 BASIS OF ACCOUNTING

The financial statements have been prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015); Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

1.2 FUND ACCOUNTING

Unrestricted funds are available for the use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are those funds which are to be used in accordance with specific restrictions imposed by donors which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be Quantified with reasonable accuracy.

1.3 EXPENDITURE

Expenditure has been recognised in the accounts on an accrual basis including post balance date liabilities.

All expenditure that includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Other costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the examination fees (where applicable) and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis as seen by the Trustees.

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NOTES TO THE ACCOUNTS (Continued...)

For The Year Ended 20 December 2023

	2023	2022
	£	£
2 INCOMING RESOURCES FROM CHARITABLE ACTIVITIES		
Fundraising, events & donations	1,244	0
Corporate donations	2,844	3,631
Inspire Hounslow	4,989	9,755
Total Incoming Resources	9,077	13,386
	2023	2022
	£	£
3 CHARITABLE EXPENSES		
Charitable & events donations	4577	9556
Consultants	2880	3600
Printing & Stationery	232	295
Office miscellaneous	0	6
Crowd Funding expenses	51	571
Staff travel	1716	1003
Website hosting, Zoom & IT	907	346
Insurance	296	557
Legal & Professional	0	0
Bookkeeping, Accounting & Compliance	610	690
Total Resources Expended	11,269	16,624

NOTES TO THE ACCOUNTS (Continued...)

For The Year Ended 20 December 2023

	2023	2022
	£	£
5 CREDITORS & ACCRUALS		
Bookkeeping, Accounting,Tax & Compliance	0	50
Total Creditors & Accruals	0	50