



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 10/02/2022  
Period end date

Period start date To 11/02/2023

Charity name: Families 1<sup>st</sup> 4 additional needs

Charity registration number: 1181255

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<b>To support families and individuals with advice and activities to help them communicate and live better in society.to help support families and minorities in poverty</b>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>Our support to helping our families/individuals with mental health and neurological conditions feel supported with pastoral support and foodbank support as a whole person and or family. This includes the wider communities with face to face interactions, food parcels and emergency interventions for people with mental health and neurological conditions/ anxiety in schools, at home and in society.</b>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<b>Yes we followed the regard and have the full best interests according to the constitution we follow of the people who need the services we provide.</b>

## Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>n/a</b>
Policy on social investment including program related investment	Para 1.38	<b>n/a</b>

Contribution made by volunteers	Para 1.38	
Other		<b>Our volunteers contribute time. They give it with dedication and commitment</b>

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>We have 3 sections for support 1. Families 1<sup>st</sup> for additional needs our home and school work helps families and individuals who are pre and diagnosed . working with crisis and exclusion for young adults on the spectrum. Helping them to learn life skills at our community centre, cooking, food handling and woodwork. We continue to organise events, like Christmas giving, 15 families will have a toy hamper this Christmas, and 60 Christmas dinner hampers one to one appointments for parents who are struggling, tickets to The Northern stage and wrestling for SEN families</b></p> <p><b>2. Our foodbank has supplied over 20,000 parcels including clothing furniture and weekly food deliveries to those who need it most. Now working with Newcastle city councils healthworks and well being teams and the private rental service to provide emergency care and food parcels as well as mental health and well being packages to NHS everturn and local children social care teams for mothers and babies. Our aims in 2024 is to expand our provisions to our gardens, our interactions in local school to encourage teens to engage for education through learning life skills especially in communication, English, maths and science. Using retired volunteers to bring their skill and mindset to the Hub to support and mentor the teens and young adults who are facing exclusion and adversity through neurological conditional beyond their control This is means tested and now includes low income people with neurological conditions ie. Mental health.</b></p> <p><b>We have been given a community shop which we will be opening with our donations in 2023/4 this will fundraise for the charity and expanding our community centre for groups for youth interactions, employing our first staff, working with</b></p>

		<b>dwp to employ people who struggle to find work due to neurological conditions and mental health support, and a warm winter hub which we are hoping will introduce our café with our paid cooks.</b>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<b>n/a</b>
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>Done</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>No reserves held</b>
Amount of reserves held	Para 1.22	<b>zero</b>
Reasons for holding zero reserves	Para 1.22	<b>Expenature exceeds income</b>
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>We are in need of a new structure which is been addressed with the help and support of voda, community foundation, volunteer passport scheme. Discussions underway for new trustee board and directors.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	<b>Lack of volunteers, lack of funding to support activities, overstretching the charities ambitions</b>
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	<b>CONSTITUTION</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<b>CIO</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>AMANDA BOYCE to APPOINT NEW TRUSTEES IN THE BEST INTREASTS OF THE CHARITIES AIMS AND AMBITIONS</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Families 1 <sup>st</sup> 4 additional needs
Other name the charity uses	The north Newcastle foodbank NE1 community store
Registered charity number	1181255
Charity's principal address	The Brunswick park centre Westfield ave Brunswick village Newcastle upon tyne Ne13 7eg

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Amanda Boyce	Chair		
2	Richard Wilson	Executive Director	01/11/2022	Amanda Boyce
3	Paula Howd	Sales director		Amanda Boyce
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20				

## Corporate trustees – names of the directors at the date the report was approved

Director name		

## Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Donations of clothing for resale
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

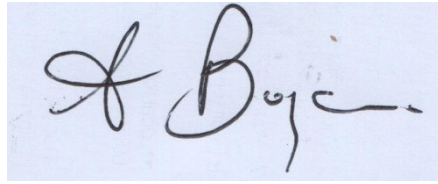
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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

A handwritten signature in black ink, appearing to read 'A Boyce', is written on a light blue rectangular background. The signature is cursive and fluid.

Full name(s)

Amanda Boyce

Position (eg Secretary,  
Chair, etc)

CHAIR

Date

23/01/24





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
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## Receipts and payments accounts

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For the period from	Period start date 2/11/2022	To	Period end date 2/10/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Ebay Sales	6,786	-	-	6,786	5,155
Funding	12,504	-	-	12,504	24,244
Donations	58	-	-	58	5,429
Food Bank Sales	3,483	-	-	3,483	-
Insurance Claim	-	-	-	-	952
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	22,831	-	-	22,831	35,780
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	22,831	-	-	22,831	35,780
<b>A3 Payments</b>					
Storage	10,095	-	-	10,095	26,426
Service Delivery Costs (purchase for direct donation)	2,277	-	-	2,277	5,678
Vehicle Costs	1,784	-	-	1,784	583
Software/Sundry	2,162	-	-	2,162	3,516
Staffing	692	-	-	692	125
Loan Payments	888	-	-	888	-
Centre costs & consumables	3,345	-	-	3,345	6,471
Shop Rent & fitting costs	3,302	-	-	3,302	-
Cost of selling donated goods	-	-	-	-	2,098
<b>Sub total</b>	24,545	-	-	24,545	44,897
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	24,545	-	-	24,545	44,897
<b>Net of receipts/(payments)</b>	- 1,714	-	-	- 1,714	- 9,117
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	- 1,714	-	-	- 1,714	- 9,117

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	1,281	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	1,281	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
B2 Other monetary assets	Details	to nearest £	to nearest £	to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Trustee Loan	4400	-	
	Bridging Loan		-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	