



Hull Churches Home from Hospital Service

Annual Report

For the Period 01 Apr 2022 – 31 March 2023

Charity No: 1181247



Trustees' Annual Report for the period 1 April 2022 to 31 March 2023

Hull Churches Home from Hospital Service

Reference and Administrative Information

Charity Name: Hull Churches Home from Hospital Service

Registered CIO: 1181247

Registered Office: Lindsey Place, Hull, HU4 6BS

Board of Trustees:

Anne Crick - Chair
Andrew Dorton - Treasurer
Revd John Cowan
Clare Smith -Volunteer Representative– retired April 2022
Helen Robinson
Beverley Wing
Robin Thompson – nominated April 2022

Senior Management Team

Jean Templeton – CEO
Paul Bartle – Deputy CEO and Operations Manager
Nicola Andrews – Assistant CEO

Anthony Smith – Finance & Audit Administrator
Penny Lawman – Senior Administrator

Independent Examiners – Graham & Company Chartered Certified Accountants & Business Advisers, Cleveland House, 1-10 Sitwell Street, Cleveland Street, Kingston Upon Hull, East Yorkshire. HU8 7BE

Bankers – Co-op Bank, P O Box 250, Skelmersdale, WN8 6WT

Solicitors – Blacks Solicitors, City Point, 29 King Street, Leeds, LS1 2HL



Objectives and Activities

Hull Churches Home from Hospital Service's (HCHFH) charitable objectives are to promote the relief of elderly, disabled or housebound persons returning home from hospital, through provision of a visiting service. Specifically it delivers these objectives through recruiting, training and supporting volunteers to assist people returning home from hospital to regain a sense of normality or to face the end of their life with dignity. Key tasks associated with the work delivered to clients include:

- Practical assistance with shopping
- Practical assistance with paying bills and collecting benefits
- Practical assistance with applying for benefits
- Signposting to other helping agencies
- Befriending and listening

These objectives were reframed in the Supplemental Deed dated 21 October 2014, as follows:

The relief of sickness and the preservation of health among people residing permanently or temporarily in the local authority areas of Kingston upon Hull, the East Riding of Yorkshire, North Lincolnshire and North-East Lincolnshire ("the area of benefit").

Achievements and Performance of Public Benefit

Hull Churches Home from Hospital Service continues to receive excellent feedback from clients, volunteers and partner organisations. Targets on both quantity and quality of service are routinely surpassed. The care provided by the Charity is organised into four services tailored to the needs of specific groups of clients:

The Adults Service provides social care for adults discharged from hospital and assisted 1111 individuals during this year. The monthly target for new referrals was within the specified range agreed with the CHCP (City Health Care Partnership), which partly funds this service along with Hull City Council (HCC). Numerous letters and messages of thanks were received.

The Carers Service provides a sitting service to enable carers to have a break from their duties. Carers seats continue to ensure Carers looking after their partner or relative 24/7 (with a life limiting illnesses, such as Alzheimer's and memory loss) have access to our diverse range of support and activity projects. 626 clients received support through this Service in the year to 31 March 2023.

The Families Together Service supports parents and carers who have a cancer diagnosis and have children under the age of sixteen. The Service seeks to meet the emotional, practical and psychological needs of patients, whether newly diagnosed, going through treatment or during end of life care. The Families Together Service supported 1387 people during this period. A counsellor was appointed to work with the service in September 2021 and continues to support the children of families with complex needs.



Families Together Service Helpline (East Riding) (FTS ER)- pilot 12 months to August 2022 funded by Macmillan

A pilot to extend the Families Together Service into the East Riding to provide an innovative specialised support service.

- Telephone Support Service for Adults and Children
- Support Alongside Families to Facilitate Conversations
- Digital Support Sessions
- Age Appropriate Resource Packs

We continue to explore further avenues of funding to restart Families Together Service East Riding in the future.

Head Light Project

The project supports and reinforces positive mental wellbeing through social inclusion via shared activities and information sharing sessions. All the activities and information provided are designed to rebuild and promote the service user's self-esteem, to enable them access to new networks to continue improving their mental wellbeing. This project ended in May 2022.

Great Moves - A fun, interactive chair-based exercise class delivered by a qualified Fitness Instructor, which has many benefits including: reducing stress and improving balance and stability.

The Great Moves Project aims to provide access to exercise for those who, for reasons of poor health, low motivation, or disability/mobility problems, do not usually regard exercise and movement as fun. HCHFH works with participants, to support and motivate them to retain and develop their interest in movement and exercise in an enjoyable way. Routine habits of movement, however limited, can enhance posture and breathing, core strength and stability, helping participants to retain balance and lessen the likelihood of falls and accidents due to poor mobility. Fortunately, we have managed to secure further funding to continue this project in 2023.

- A fun, inclusive exercise class for people suffering with dementia and other neurological issues.
- Interactive games to promote hand to eye coordination
- Social interaction
- Cognitive benefits
- Techniques to encourage focus and concentration

Revive – This service ran for 12 months from September 2021 until August 2022. The service focussed on individuals displaying signs of emotional fatigue and loss of resilience in their long-term mental health due to the pandemic precautions. The aim is to teach individuals coping strategies, allowing them to reconnect and reengage independently, reduce anxiety and lower stress levels through singing and breathing exercises.

Drop & Stop - Carers can drop off a person they are caring for at the Home from Hospital premises where they will be cared for a maximum of 4 hours, whilst the carer takes a much needed break, allowing them time to shop, attend appointments etc. This offers longer support than a 2 hour home sitting service. This project finished December 2022 but will be restarting in the summer of 2023.



Stretch & Strengthen - This program is designed to strengthen and build an individual's postural stability, to encourage and motivate activity for those clients who have lost both mobility and confidence. This project continues to be funded in 2023.

Warm Zone

Started December 2022 – 31 March 2023

- Giving practical assistance to people in the local area, who are experiencing problems with the current economic cost of living and energy crisis.
- Meet up with friends and neighbours in our warm space Community Room for a chat, cuppa and warm snacks.
- Donation of small appliances i.e. toasters, kettles, slow cookers, air fryers to those people fitting the criteria. Subject to availability.

Welcome Project

Started October 2022 – Oct 2023

- Supporting hosts and their Ukrainian guests who are relocating to the City of Hull.
- An accessible service to all, with both Ukrainian and English speaking Project Workers
- Working alongside other organisations in the city that support Ukrainians and their hosts.
- The new service aims to provide the host and guest a centralised point of contact for advice, support and to help them find the answers to any questions they may have.

Financial Review (including reserves policy)

The majority of the Charity's income is earmarked for specific services and cannot be redistributed. However, the Charity has reserves to meet urgent unforeseen eventualities; its only fixed asset is its building.

Our financial reserves policy enables the Charity to meet its financial commitments, including a provision for redundancy. At the time of this report, the Charity is financially sustainable for 12 months.

Structure, Governance and Management

The Charity became a CIO (Charitable Incorporated Organisation) on 1 August 2019, at which point all assets were transferred across.

Recruitment and Appointment of Trustees

The Charity is governed by a Constitution of CIO dated 18 December 2018. As such it is a Charitable Incorporated Organisation. New Trustees are selected by the existing Trustees, who try to ensure a balance within the Trustee board. This balance includes appropriate knowledge and skills for the governance and management of the Charity and understanding of the social and health sectors across the whole area of benefit. The Bishop of Hull and the Vicar of St Cuthbert's together may appoint up to 2 charity Trustees.



Members of the Board of Trustees

Members of the Board of Trustees, who are Trustees for the purpose of charity law, who served during the year and up to the date of this report are set out on page 1.

Independent Examiners

Graham & Company Chartered Certified Accountants were appointed as the charitable company's Independent Examiners during the year and have expressed their willingness to continue in that capacity.

Risk Management

Major risks to the Charity have been considered by the Trustees and appropriate procedures put in place to manage them. These include financial procedures to ensure probity and transparency; annual budgeting and regular financial reports at each Trustees' meeting to monitor spend against budgets to ensure that cash flow and the overall financial position are managed; regular reporting at Trustees' meetings of delivery against any outputs on which funding depends; appropriate personnel policies and procedures and regular supervision of staff.

All staff and volunteers are fully DBS checked and have to complete mandatory training in Information Governance, Adult Safeguarding, Child Safeguarding, Fire Marshall, First Aid and Moving and Handling. Any additional personal training needs that are highlighted are arranged either via external sources or completed in-house as appropriate.

The Charity holds personnel records for employees and client data. All information recorded complies with all requirements of the General Data Protection Regulation (GDPR) and is treated in the strictest confidence. It is held securely in accordance with the GDPR Regulations and *Data Protection Act of 2018* and will be disposed of in compliance with the relevant regulation relating to the specific service.

Organisational Structure

Hull Churches Home from Hospital Service employs 14 paid staff (1 full time and 13 part time, supporting a volunteer force of 37. The Trustees delegate the day to day running of the Charity to the Chief Executive Officer who supports and delegates appropriately. The Board of Trustees meet about once every three months, with supplementary meetings when/if issues arise requiring more immediate decisions.

Hull Churches Home from Hospital Service has continued to develop close working relationships with statutory sector partners in the fields of health and social welfare as well as with other key voluntary, third sector and local businesses. This is to ensure that work is relevant, needed, responsive and not duplicated.



Plans for the future

The Government has brought forward proposals in its Health and Care bill to implement statutory arrangements for ICS – Integrated Care Systems with two components:

1. The first component is the Integrated Care Partnership or (ICP): a broad alliance of organisations and representatives concerned with improving the care, health and wellbeing of the population, jointly convened by Local Authorities and the NHS.
2. The second component is the new statutory body the Integrated Care Board (ICB): The ICB will be responsible for the commissioning of healthcare services in that ICS area, bringing the NHS together locally to improve population health and care

Therefore, as the integration of health and social care is progressed, a key objective for the year ahead is to maintain and further develop working relationships with both statutory sector partners, ICB, voluntary organisations and others such as CHCP. An area of primary focus will be discussions about future funding especially to try to secure longer term contracts, particularly if there is to be any expansion of the Charity's existing services.

HCHFH is looking to further develop rental policy and marketing opportunities for Lindsey Place. Currently the Building is being utilised by many external users on a regular basis, including GP navigators, schools, Carers Information Support Services etc and HCHFH is also offering various regular group activity classes and support sessions i.e., Drop & Stop etc.

To maintain the sustainability and resilience of the organisation a succession plan has been agreed by the Trustees should the CEO decide to retire.

Staff numbers have been maintained over the last few years to deal with increasing administrative and statutory work. However, the Charity relies on its 37 or more unpaid volunteers to undertake the majority of its work with clients. This means that the Charity's services are extremely cost effective. HCHFH has established links with Hull University, partnering with them in order to recruit new volunteers.

To maintain the high quality of care provided necessitates the provision of adequate funding for the training of and support for volunteers. As public funding is becoming increasingly difficult to obtain, the Charity continues to successfully apply for funding from alternative sources. This will reinforce the Charity's independence and enable it to maintain its focus on the needs of individual patients.

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the Charity's Trustees:

Signature:

Full name: Anne Crick

Position: Chair

Date:

19/10/23

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees and

Financial Statements

for the Year Ended 31 March 2023

HULL CHURCHES HOME FROM HOSPITAL SERVICE

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HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Hull Churches Home From Hospital Service's charitable objects are :

"to promote the relief of elderly, disabled or housebound persons returning home from hospital through the provision of a visiting service"

Specifically it delivers these through recruiting, training and supporting volunteers to assist people returning home from hospital to regain a sense of normality or to face the end of their life with dignity. Key tasks associated with the work delivered to clients include :

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"Relief of sickness and the preservation of health among the people residing permanently or temporarily in the local authority areas of Kingston upon Hull, the East Riding of Yorkshire, North Lincolnshire and North-East Lincolnshire (the area of benefit)".

ACHIEVEMENT AND PERFORMANCE

Charitable activities

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The Families Together Service - supports parents and carers who have a cancer diagnosis and have children under the age of sixteen. The Service seeks to meet the emotional, practical and psychological needs of patients, whether newly diagnosed, going through treatment or during end of life care. The Families Together Service supported 1,387 people during the year. A counsellor was appointed to work with the service in September 2021 and continues to support the children of families with complex needs.

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

ACHIEVEMENT AND PERFORMANCE

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HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

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FINANCIAL REVIEW

Financial Review (including reserves policy)

The majority of the Charity's income is earmarked for specific services and cannot be redistributed. However, the Charity has reserves to meet urgent unforeseen eventualities; its only fixed asset is its building.

Our financial reserves policy enables the Charity to meet its financial commitments, including a provision for redundancy. At the time of this report, the Charity would be financially sustainable for over 12 months

FUTURE PLANS

The Government has brought forward proposals in its Health and Care bill to implement statutory arrangements for ICS - Integrated Care Systems with two components:

1. The first component is the Integrated Care Partnership (ICP) a broad alliance of organisations and representatives concerned with improving the care, health and wellbeing of the population, jointly convened by Local Authorities and the NHS.
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HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The Charity is governed by a Constitution of CIO dated 18 December 2018. As such it is a Charitable Incorporated Organisation. New trustees are selected by the existing trustees, who try to ensure a balance within the trustee Board. This balance includes appropriate knowledge and skills for the governance and management of the Charity and understanding of the social and health sectors across the whole area of benefit. The Bishop of Hull and the Vicar of St Cuthbert's together may appoint up to 2 charity Trustees.

Organisational structure

Hull Churches Home From Hospital Service employs 14 paid staff (1 full-time and 13 part-time) supporting a volunteer force of 37. The trustees delegate the day to day running of the charity to the Chief Executive Officer who supports and delegates appropriately. The trustees meet about once every three months with supplementary meetings when or if issues arise requiring immediate decisions.

Hull Churches Home From Hospital Service has continued to develop close working relationships with statutory sector partners in the fields of health and social welfare as well as with other key voluntary and third sector organisations and local businesses. This is to ensure that work is relevant, needed, responsive and not duplicated.

Risk Management

Major risks to the charity have been considered by the trustees and appropriate procedures put in place to manage them. These include financial procedures to ensure probity and transparency, annual budgeting and regular financial reports at each trustees meeting to monitor spend against budgets to ensure cash flow and overall financial position is managed, regular reporting at trustees meeting of delivery against any outputs on which funding depends, appropriate personnel policies and procedures and regular supervision of staff.

All staff and volunteers are fully DBS checked and have to complete mandatory training in Information Governance, Adult Safeguarding, Child Safeguarding, First Aid and Moving and Handling. Any additional personal training needs that are highlighted are arranged either via external sources or completed in house if applicable.

The Charity holds personnel records for employees and client data. All information recorded complies with all requirements of the General Data Protection Regulation (GDPR) and is treated in the strictest confidence. It is held securely in accordance with the GDPR Regulations and Data Protection Act of 2018 and will be disposed of in compliance with the relevant regulation relating to the specific service.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE015970 (England and Wales)

Registered Charity number

1181247

Registered office

Lindsey Place
KINGSTON UPON HULL
East Yorkshire
HU4 6BS

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

Trustees

Andrew Dorton
Reverend John Conway Cowan
Anne Crick
Clare Smith (resigned 28/4/2022)
Helen Robinson
Beverley Wing
Robin Paul Thompson (appointed 28/4/2022)

The above are Members of the Board of Trustees, who are Trustees for the purpose of charity law, who served during the year and up to the date of this report.

Independent Examiner

Kevin C Cawkwell FCCA
G & C Professionals Limited
trading as Graham & Company
Chartered Certified Accountants
Cleveland House
1 - 10 Sitwell Street
KINGSTON UPON HULL
East Yorkshire
HU8 7BE

Bankers and Solicitors

Bankers

Co-op Bank
P O Box 250
Skelmersdale
WN8 6WT

Solicitors

Blacks Solicitors
City Point
29 King Street
Leeds
LS1 2HL

Senior Management Team

Jean Templeton	CEO
Paul Bartle	Deputy CEO and Operations Manager
Nicola Andrews	Assistant CEO
Julie Atkinson	Finance and Audit Administrator
Penny Lawman	Senior Administrator

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of HULL CHURCHES HOME FROM HOSPITAL SERVICE for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 19 October 2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'A Crick'.

Anne Crick - Trustee

**Independent Examiner's Report to the Trustees of
HULL CHURCHES HOME FROM HOSPITAL SERVICE**

Independent examiner's report to the trustees of HULL CHURCHES HOME FROM HOSPITAL SERVICE ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kevin C Cawkwell FCCA
The Association of Chartered Certified Accountants

G & C Professionals Limited
trading as Graham & Company
Chartered Certified Accountants
Cleveland House
1 - 10 Sitwell Street
KINGSTON UPON HULL
East Yorkshire
HU8 7BE

1 November 2023

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Statement of Financial Activities for the Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	-	6,118	6,118	3,475
Charitable activities	4				
Services		-	255,366	255,366	228,073
Grant income		-	76,941	76,941	91,702
Staff costs		-	5,000	5,000	4,000
Investment income	3	-	1,692	1,692	1,440
Total		-	345,117	345,117	328,690
EXPENDITURE ON					
Charitable activities	5				
Staff costs		-	252,982	252,982	223,139
Support costs		-	70,665	70,665	51,194
Total		-	323,647	323,647	274,333
NET INCOME		-	21,470	21,470	54,357
Transfers between funds	13	57,470	(57,470)	-	-
Net movement in funds		57,470	(36,000)	21,470	54,357
RECONCILIATION OF FUNDS					
Total funds brought forward		218,234	56,079	274,313	219,956
TOTAL FUNDS CARRIED FORWARD		275,704	20,079	295,783	274,313

The notes form part of these financial statements

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Balance Sheet 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	10	70,000	-	70,000	70,000
CURRENT ASSETS					
Debtors	11	17,624	-	17,624	29,407
Cash at bank and in hand		189,150	20,079	209,229	175,926
		<u>206,774</u>	<u>20,079</u>	<u>226,853</u>	<u>205,333</u>
CREDITORS					
Amounts falling due within one year	12	(1,070)	-	(1,070)	(1,020)
NET CURRENT ASSETS		<u>205,704</u>	<u>20,079</u>	<u>225,783</u>	<u>204,313</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>275,704</u>	<u>20,079</u>	<u>295,783</u>	<u>274,313</u>
NET ASSETS		<u>275,704</u>	<u>20,079</u>	<u>295,783</u>	<u>274,313</u>
FUNDS	13				
Unrestricted funds				275,704	218,234
Restricted funds				<u>20,079</u>	<u>56,079</u>
TOTAL FUNDS				<u>295,783</u>	<u>274,313</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

HULL CHURCHES HOME FROM HOSPITAL SERVICE

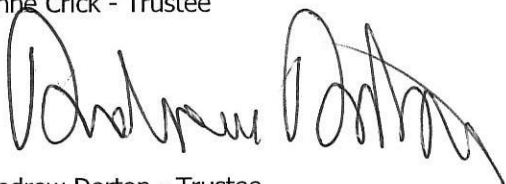
Balance Sheet - continued 31 March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19 October 2023 and were signed on its behalf by:



Anne Crick - Trustee



Andrew Dorton - Trustee

The notes form part of these financial statements

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Freehold property is occupied by the charity for the purpose of its charitable activities. In accordance with Statement of Standard Accounting Practice Number 19, depreciation is only provided in respect of a permanent fall in the value of the charity's property. All refurbishment and repair costs are written off when incurred.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	<u>6,118</u>	<u>3,475</u>

3. INVESTMENT INCOME

	2023	2022
	£	£
Rents received	<u>1,692</u>	<u>1,440</u>

4. INCOME FROM CHARITABLE ACTIVITIES

		2023	2022
	Activity	£	£
Services	Services	255,366	228,073
Grants	Grant income	76,941	91,702
Employment allowance	Staff costs	5,000	4,000
		<u>337,307</u>	<u>323,775</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Macmillan Cancer Support - Families Together	17,914	28,525
Connect Well - Headlight Project	-	19,435
North Bank Forum for Voluntary Organisations on behalf of KUHCC	-	15,000
Connect Well - Revive Project	16,218	16,218
Active Humber - Stretch & Strengthen Project	4,114	8,224
Asda	-	2,300
North Bank Forum for Voluntary Organisations on behalf of NHS England	-	2,000
Connect Well-Warm Space	7,600	-
Making a difference-Jubilee	1,000	-
Welkom-Ukraine	18,780	-
Help for Health	8,315	-
CISS Community Groups	3,000	-
	<u>76,941</u>	<u>91,702</u>

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs £	Totals £
Staff costs	252,982	-	252,982
Support costs	68,363	2,302	70,665
	<u>321,345</u>	<u>2,302</u>	<u>323,647</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Other operating leases	<u>8,166</u>	<u>7,843</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Management	2	2
Support workers	11	13
	<u>13</u>	<u>15</u>

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	-	3,475	3,475
Charitable activities			
Services	-	228,073	228,073
Grant income	-	91,702	91,702
Staff costs	-	4,000	4,000
Investment income	-	1,440	1,440
Total	-	<u>328,690</u>	<u>328,690</u>

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
EXPENDITURE ON			
Charitable activities			
Staff costs	-	223,139	223,139
Support costs	-	51,194	51,194
Total	-	274,333	274,333
NET INCOME	-	54,357	54,357
Transfers between funds	40,129	(40,129)	-
Net movement in funds	40,129	14,228	54,357
RECONCILIATION OF FUNDS			
Total funds brought forward	178,105	41,851	219,956
TOTAL FUNDS CARRIED FORWARD	218,234	56,079	274,313

10. TANGIBLE FIXED ASSETS

	Freehold property £
COST	
At 1 April 2022 and 31 March 2023	70,000
NET BOOK VALUE	
At 31 March 2023	70,000
At 31 March 2022	70,000

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Operating debtors	17,282	29,107
Prepayments	342	300
	17,624	29,407

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Accrued expenses	1,070	1,020

13. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	178,234	-	(62,530)	115,704
Designated fund - Adults Service	-	-	120,000	120,000
Designated fund - Redundancy and closure costs	40,000	-	-	40,000
	218,234	-	57,470	275,704
Restricted funds				
Adults Service	-	20,867	(20,867)	-
Carers Scheme	-	(9,309)	9,309	-
Families Together	-	(2,306)	2,306	-
Connect Well - Revive Project	14,424	5,896	(20,320)	-
Connect Well - Headlight Project	6,221	(5,944)	(277)	-
Macmillan	22,322	11,673	(33,995)	-
Active Humber - Stretch & Strengthen	5,879	(1,386)	6,374	10,867
Will Trust - Counselling	7,233	(1,086)	-	6,147
Welkom-Ukraine	-	903	-	903
Warmspace	-	2,162	-	2,162
	56,079	21,470	(57,470)	20,079
TOTAL FUNDS	274,313	21,470	-	295,783

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Restricted funds			
Adults Service	132,188	(111,321)	20,867
Carers Scheme	71,790	(81,099)	(9,309)
Families Together	65,986	(68,292)	(2,306)
Connect Well - Revive Project	16,315	(10,419)	5,896
Connect Well - Headlight Project	-	(5,944)	(5,944)
Macmillan	17,914	(6,241)	11,673
Active Humber - Stretch & Strengthen	6,229	(7,615)	(1,386)
Will Trust - Counselling	8,316	(9,402)	(1,086)
Welkom-Ukraine	18,779	(17,876)	903
Warmspace	7,600	(5,438)	2,162
	345,117	(323,647)	21,470
TOTAL FUNDS	345,117	(323,647)	21,470

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	138,105	-	40,129	178,234
Designated fund - Redundancy and closure costs	40,000	-	-	40,000
	<u>178,105</u>	<u>-</u>	<u>40,129</u>	<u>218,234</u>
Restricted funds				
Adults Service	36,338	18,674	(55,012)	-
Carers Scheme	-	(5,382)	5,382	-
Families Together	5,513	(3,385)	(2,128)	-
Connect Well - Revive Project	-	14,424	-	14,424
Connect Well - Headlight Project	-	6,221	-	6,221
Macmillan	-	22,322	-	22,322
Active Humber - Stretch & Strengthen	-	5,879	-	5,879
Will Trust - Counselling	-	(4,396)	11,629	7,233
	<u>41,851</u>	<u>54,357</u>	<u>(40,129)</u>	<u>56,079</u>
TOTAL FUNDS	<u>219,956</u>	<u>54,357</u>	<u>-</u>	<u>274,313</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Restricted funds			
Adults Service	128,398	(109,724)	18,674
Carers Scheme	70,579	(75,961)	(5,382)
Families Together	59,600	(62,985)	(3,385)
Connect Well - Revive Project	16,218	(1,794)	14,424
Connect Well - Headlight Project	19,436	(13,215)	6,221
Macmillan	28,525	(6,203)	22,322
Active Humber - Stretch & Strengthen	5,934	(55)	5,879
Will Trust - Counselling	-	(4,396)	(4,396)
	<u>328,690</u>	<u>(274,333)</u>	<u>54,357</u>
TOTAL FUNDS	<u>328,690</u>	<u>(274,333)</u>	<u>54,357</u>

Designated fund : Adults Service : the creation of this fund reflects the revised Reserves policy, changed in the light of the current uncertainty concerning the re-commissioning all of the organisations three main NHS commissioned services. The Adults Service is the original and foundation service: the 'Home from Hospital Service'. This designated fund enables its continuation for six months after a loss of contract. And it enables the continuation for six months of a skeleton core staff with other basic running costs to support the Adults Service and to explore other sources of funding to continue the organisation and, at least, its Adults Service.

HULL CHURCHES HOME FROM HOSPITAL SERVICE

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	6,118	3,475
Investment income		
Rents received	1,692	1,440
Charitable activities		
Services	255,366	228,073
Grants	76,941	91,702
Employment allowance	5,000	4,000
	<hr/>	<hr/>
	337,307	323,775
Total incoming resources	<hr/>	<hr/>
	345,117	328,690
EXPENDITURE		
Charitable activities		
Wages	233,397	207,592
Social security	16,596	13,338
Pensions	2,992	2,209
Equipment leasing and support	8,166	7,843
Rates and water	1,148	1,197
Insurance	4,094	3,786
Light and heat	3,372	3,361
Telephone	2,266	2,502
Postage and stationery	1,330	1,633
Office administration	4,193	2,934
Travel expenses - volunteers	426	153
Travel expenses - staff	5,484	3,324
Training - volunteers	209	336
Training - staff	859	1,771
Cleaning and refuse	2,545	3,420
Repairs and renewals	4,858	2,881
Materials and equipment	14,396	7,496
Groceries for clients	1,095	(490)
Counselling fees	10,293	6,136
Voice coach	1,798	480
Stretch & Strengthen	1,309	55
Marketing	519	150
	<hr/>	<hr/>
	321,345	272,107
Support costs		
Governance costs		
Accountancy fees	1,070	1,020
Carried forward	1,070	1,020

This page does not form part of the statutory financial statements

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	2023 £	2022 £
Governance costs		
Brought forward	1,070	1,020
Salary preparation	1,232	1,206
	<u>2,302</u>	<u>2,226</u>
Total resources expended	<u>323,647</u>	<u>274,333</u>
Net income	<u>21,470</u>	<u>54,357</u>

This page does not form part of the statutory financial statements

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees and

Financial Statements

for the Year Ended 31 March 2023

HULL CHURCHES HOME FROM HOSPITAL SERVICE

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Statement of Financial Activities	8
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Notes to the Financial Statements	11 to 17
Detailed Statement of Financial Activities	18 to 19

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Hull Churches Home From Hospital Service's charitable objects are :

"to promote the relief of elderly, disabled or housebound persons returning home from hospital through the provision of a visiting service"

Specifically it delivers these through recruiting, training and supporting volunteers to assist people returning home from hospital to regain a sense of normality or to face the end of their life with dignity. Key tasks associated with the work delivered to clients include :

- * practical assistance with shopping
- * practical assistance with paying bills and collecting benefits
- * practical assistance with applying for benefits
- * signposting to other helping agencies
- * befriending and listening.

These objectives were reframed in the Supplemental Deed dated 21 October 2014.

"Relief of sickness and the preservation of health among the people residing permanently or temporarily in the local authority areas of Kingston upon Hull, the East Riding of Yorkshire, North Lincolnshire and North-East Lincolnshire (the area of benefit)".

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Hull Churches Home From Hospital Service continues to receive excellent feedback from clients, volunteers and partner organisations. Targets on both quantity and quality of service are routinely surpassed. The care provided by the Charity is organised into four services tailored to the needs of specific groups of clients:

The Adults Service - provides social care for adults discharged from hospital and assisted 1,111 individuals during the period. The monthly target for new referrals was within the specified range agreed with the CHCP (City Health Care Partnership), which partly funds this service along with Hull City Council (HCC). Numerous letters and messages of thanks were received.

The Carers Service - provides a sitting service to enable carers to have a break from their duties. Carers continue to ensure carers looking after their partner or relative 24/7, with life limiting illnesses such as Alzheimer's and memory loss, have access to our diverse range of support and activity projects. 626 client's received support through this Service in the period.

The Families Together Service - supports parents and carers who have a cancer diagnosis and have children under the age of sixteen. The Service seeks to meet the emotional, practical and psychological needs of patients, whether newly diagnosed, going through treatment or during end of life care. The Families Together Service supported 1,387 people during the year. A counsellor was appointed to work with the service in September 2021 and continues to support the children of families with complex needs.

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

ACHIEVEMENT AND PERFORMANCE

Families Together Service Helpline (East Riding) (FTS ER)- pilot 12 months to August 2022 funded by Macmillan - a pilot to extend the Families Together Service into the East Riding to provide an innovative specialised support service.

- * Telephone Support Service for Adults and Children
- * Support Alongside Families to Facilitate Conversations
- * Digital Support Sessions
- * Age Appropriate Resource Packs

We continue to explore further avenues of funding to restart Families Together Service East Riding in the future.

Head Light Project - the project supports and reinforces positive mental wellbeing through social inclusion via shared activities and information sharing sessions. All the activities and information provided are designed to rebuild and promote the service user's self-esteem, to enable them access to new networks to continue improving their mental wellbeing. This project ended in May 2022.

Great Moves - a fun, interactive chair-based exercise class delivered by a qualified Fitness Instructor, which has many benefits including: reducing stress and improving balance and stability.

The Great Moves Project aims to provide access to exercise for those who, for reasons of poor health, low motivation, or disability/mobility problems, do not usually regard exercise and movement as fun. HCHFH works with participants, to support and motivate them to retain and develop their interest in movement and exercise in an enjoyable way. Routine habits of movement, however limited, can enhance posture and breathing, core strength and stability, helping participants to retain balance and lessen the likelihood of falls and accidents due to poor mobility. Fortunately, we have managed to secure further funding to continue this project in 2023.

- * A fun, inclusive exercise class for people suffering with dementia and other neurological issues.
- * Interactive games to promote hand to eye coordination
- * Social interaction
- * Cognitive benefits
- * Techniques to encourage focus and concentration

Revive - this service ran for 12 months from September 2021 until August 2022. The service focussed on individuals displaying signs of emotional fatigue and loss of resilience in their long-term mental health due to the pandemic precautions. The aim is to teach individuals coping strategies, allowing them to reconnect and reengage independently, reduce anxiety and lower stress levels through singing and breathing exercises.

Drop & Stop - carers can drop off a person they are caring for at the Home from Hospital premises where they will be cared for a maximum of 4 hours, whilst the carer takes a much needed break, allowing them time to shop, attend appointments etc. This offers longer support than a 2 hour home sitting service. This project finished December 2022 but will be restarting in the summer of 2023.

Stretch & Strengthen - this program is designed to strengthen and build an individual's postural stability, to encourage and motivate activity for those clients who have lost both mobility and confidence. This project continues to be funded in 2023.

Warm Zone - started December 2022 - 31 March 2023

- * Giving practical assistance to people in the local area, who are experiencing problems with the current economic cost of living and energy crisis
- * Meet up with friends and neighbours in our warm space Community Room for a chat, cuppa and warm snacks
- * Donation of small appliances i.e. toasters, kettles, slow cookers, air fryers to those people fitting the criteria. Subject to availability.

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

ACHIEVEMENT AND PERFORMANCE

Welcome Project - started October 2022 - Oct 2023

- * Supporting hosts and their Ukrainian guests who are relocating to the City of Hull
- * An accessible service to all, with both Ukrainian and English speaking Project Workers
- * Working alongside other organisations in the city that support Ukrainians and their hosts.
- * The new service aims to provide the host and guest a centralised point of contact for advice, support and to help them find the answers to any questions they may have.

FINANCIAL REVIEW

Financial Review (including reserves policy)

The majority of the Charity's income is earmarked for specific services and cannot be redistributed. However, the Charity has reserves to meet urgent unforeseen eventualities; its only fixed asset is its building.

Our financial reserves policy enables the Charity to meet its financial commitments, including a provision for redundancy. At the time of this report, the Charity would be financially sustainable for over 12 months

FUTURE PLANS

The Government has brought forward proposals in its Health and Care bill to implement statutory arrangements for ICS - Integrated Care Systems with two components:

1. The first component is the Integrated Care Partnership (ICP) a broad alliance of organisations and representatives concerned with improving the care, health and wellbeing of the population, jointly convened by Local Authorities and the NHS.
2. The second component is the new statutory body the Integrated Care Board (ICB): The ICB will be responsible for the commissioning of healthcare services in that ICS area, bringing the NHS together locally to improve population health and care.

Therefore, as the integration of health and social care is progressed, a key objective for the year ahead is to maintain and further develop working relationships with both statutory sector partners, ICB, voluntary organisations and others such as CHCP. An area of primary focus will be discussions about future funding especially to try to secure longer term contracts, particularly if there is to be any expansion of the Charity's existing services.

HCHF is looking to further develop rental policy and marketing opportunities for Lindsey Place. Currently the Building is being utilised by many external users on a regular basis, including GP navigators, schools, Carers Information Support Services etc and HCHF is also offering various regular group activity classes and support sessions i.e., Drop & Stop etc.

To maintain the sustainability and resilience of the organisation a succession plan has been agreed by the Trustees should the CEO decide to retire.

Staff numbers have been maintained over the last few years to deal with increasing administrative and statutory work. However, the Charity relies on its 37 or more unpaid volunteers to undertake the majority of its work with clients. This means that the Charity's services are extremely cost effective. HCHF has established links with Hull University, partnering with them in order to recruit new volunteers.

To maintain the high quality of care provided necessitates the provision of adequate funding for the training of and support for volunteers. As public funding is becoming increasingly difficult to obtain, the Charity continues to successfully apply for funding from alternative sources. This will reinforce the Charity's independence and enable it to maintain its focus on the needs of individual patients.

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The Charity is governed by a Constitution of CIO dated 18 December 2018. As such it is a Charitable Incorporated Organisation. New trustees are selected by the existing trustees, who try to ensure a balance within the trustee Board. This balance includes appropriate knowledge and skills for the governance and management of the Charity and understanding of the social and health sectors across the whole area of benefit. The Bishop of Hull and the Vicar of St Cuthbert's together may appoint up to 2 charity Trustees.

Organisational structure

Hull Churches Home From Hospital Service employs 14 paid staff (1 full-time and 13 part-time) supporting a volunteer force of 37. The trustees delegate the day to day running of the charity to the Chief Executive Officer who supports and delegates appropriately. The trustees meet about once every three months with supplementary meetings when or if issues arise requiring immediate decisions.

Hull Churches Home From Hospital Service has continued to develop close working relationships with statutory sector partners in the fields of health and social welfare as well as with other key voluntary and third sector organisations and local businesses. This is to ensure that work is relevant, needed, responsive and not duplicated.

Risk Management

Major risks to the charity have been considered by the trustees and appropriate procedures put in place to manage them. These include financial procedures to ensure probity and transparency, annual budgeting and regular financial reports at each trustees meeting to monitor spend against budgets to ensure cash flow and overall financial position is managed, regular reporting at trustees meeting of delivery against any outputs on which funding depends, appropriate personnel policies and procedures and regular supervision of staff.

All staff and volunteers are fully DBS checked and have to complete mandatory training in Information Governance, Adult Safeguarding, Child Safeguarding, First Aid and Moving and Handling. Any additional personal training needs that are highlighted are arranged either via external sources or completed in house if applicable.

The Charity holds personnel records for employees and client data. All information recorded complies with all requirements of the General Data Protection Regulation (GDPR) and is treated in the strictest confidence. It is held securely in accordance with the GDPR Regulations and Data Protection Act of 2018 and will be disposed of in compliance with the relevant regulation relating to the specific service.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE015970 (England and Wales)

Registered Charity number

1181247

Registered office

Lindsey Place
KINGSTON UPON HULL
East Yorkshire
HU4 6BS

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

Trustees

Andrew Dorton
Reverend John Conway Cowan
Anne Crick
Clare Smith (resigned 28/4/2022)
Helen Robinson
Beverley Wing
Robin Paul Thompson (appointed 28/4/2022)

The above are Members of the Board of Trustees, who are Trustees for the purpose of charity law, who served during the year and up to the date of this report.

Independent Examiner

Kevin C Cawkwell FCCA
G & C Professionals Limited
trading as Graham & Company
Chartered Certified Accountants
Cleveland House
1 - 10 Sitwell Street
KINGSTON UPON HULL
East Yorkshire
HU8 7BE

Bankers and Solicitors

Bankers

Co-op Bank
P O Box 250
Skelmersdale
WN8 6WT

Solicitors

Blacks Solicitors
City Point
29 King Street
Leeds
LS1 2HL

Senior Management Team

Jean Templeton	CEO
Paul Bartle	Deputy CEO and Operations Manager
Nicola Andrews	Assistant CEO
Julie Atkinson	Finance and Audit Administrator
Penny Lawman	Senior Administrator

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of HULL CHURCHES HOME FROM HOSPITAL SERVICE for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Report of the Trustees for the Year Ended 31 March 2023

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 19 October 2023 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'A Crick'.

Anne Crick - Trustee

**Independent Examiner's Report to the Trustees of
HULL CHURCHES HOME FROM HOSPITAL SERVICE**

Independent examiner's report to the trustees of HULL CHURCHES HOME FROM HOSPITAL SERVICE ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Kevin C Cawkwell FCCA
The Association of Chartered Certified Accountants

G & C Professionals Limited
trading as Graham & Company
Chartered Certified Accountants
Cleveland House
1 - 10 Sitwell Street
KINGSTON UPON HULL
East Yorkshire
HU8 7BE

1 November 2023

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Statement of Financial Activities for the Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	-	6,118	6,118	3,475
Charitable activities	4				
Services		-	255,366	255,366	228,073
Grant income		-	76,941	76,941	91,702
Staff costs		-	5,000	5,000	4,000
Investment income	3	-	1,692	1,692	1,440
Total		-	345,117	345,117	328,690
EXPENDITURE ON					
Charitable activities	5				
Staff costs		-	252,982	252,982	223,139
Support costs		-	70,665	70,665	51,194
Total		-	323,647	323,647	274,333
NET INCOME		-	21,470	21,470	54,357
Transfers between funds	13	57,470	(57,470)	-	-
Net movement in funds		57,470	(36,000)	21,470	54,357
RECONCILIATION OF FUNDS					
Total funds brought forward		218,234	56,079	274,313	219,956
TOTAL FUNDS CARRIED FORWARD		275,704	20,079	295,783	274,313

The notes form part of these financial statements

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Balance Sheet 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	10	70,000	-	70,000	70,000
CURRENT ASSETS					
Debtors	11	17,624	-	17,624	29,407
Cash at bank and in hand		189,150	20,079	209,229	175,926
		<u>206,774</u>	<u>20,079</u>	<u>226,853</u>	<u>205,333</u>
CREDITORS					
Amounts falling due within one year	12	(1,070)	-	(1,070)	(1,020)
NET CURRENT ASSETS		<u>205,704</u>	<u>20,079</u>	<u>225,783</u>	<u>204,313</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>275,704</u>	<u>20,079</u>	<u>295,783</u>	<u>274,313</u>
NET ASSETS		<u>275,704</u>	<u>20,079</u>	<u>295,783</u>	<u>274,313</u>
FUNDS	13				
Unrestricted funds				275,704	218,234
Restricted funds				<u>20,079</u>	<u>56,079</u>
TOTAL FUNDS				<u>295,783</u>	<u>274,313</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

HULL CHURCHES HOME FROM HOSPITAL SERVICE

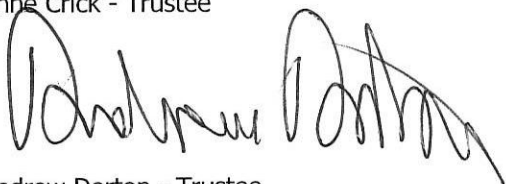
Balance Sheet - continued 31 March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 19 October 2023 and were signed on its behalf by:



Anne Crick - Trustee



Andrew Dorton - Trustee

The notes form part of these financial statements

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements for the Year Ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Freehold property is occupied by the charity for the purpose of its charitable activities. In accordance with Statement of Standard Accounting Practice Number 19, depreciation is only provided in respect of a permanent fall in the value of the charity's property. All refurbishment and repair costs are written off when incurred.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	<u>6,118</u>	<u>3,475</u>

3. INVESTMENT INCOME

	2023	2022
	£	£
Rents received	<u>1,692</u>	<u>1,440</u>

4. INCOME FROM CHARITABLE ACTIVITIES

		2023	2022
	Activity	£	£
Services	Services	255,366	228,073
Grants	Grant income	76,941	91,702
Employment allowance	Staff costs	5,000	4,000
		<u>337,307</u>	<u>323,775</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Macmillan Cancer Support - Families Together	17,914	28,525
Connect Well - Headlight Project	-	19,435
North Bank Forum for Voluntary Organisations on behalf of KUHCC	-	15,000
Connect Well - Revive Project	16,218	16,218
Active Humber - Stretch & Strengthen Project	4,114	8,224
Asda	-	2,300
North Bank Forum for Voluntary Organisations on behalf of NHS England	-	2,000
Connect Well-Warm Space	7,600	-
Making a difference-Jubilee	1,000	-
Welkom-Ukraine	18,780	-
Help for Health	8,315	-
CISS Community Groups	3,000	-
	<u>76,941</u>	<u>91,702</u>

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs £	Totals £
Staff costs	252,982	-	252,982
Support costs	68,363	2,302	70,665
	<u>321,345</u>	<u>2,302</u>	<u>323,647</u>

6. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Other operating leases	<u>8,166</u>	<u>7,843</u>

7. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

8. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2023	2022
Management	2	2
Support workers	11	13
	<u>13</u>	<u>15</u>

No employees received emoluments in excess of £60,000.

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	-	3,475	3,475
Charitable activities			
Services	-	228,073	228,073
Grant income	-	91,702	91,702
Staff costs	-	4,000	4,000
Investment income	-	1,440	1,440
Total	-	<u>328,690</u>	<u>328,690</u>

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
EXPENDITURE ON			
Charitable activities			
Staff costs	-	223,139	223,139
Support costs	-	51,194	51,194
Total	-	274,333	274,333
NET INCOME	-	54,357	54,357
Transfers between funds	40,129	(40,129)	-
Net movement in funds	40,129	14,228	54,357
RECONCILIATION OF FUNDS			
Total funds brought forward	178,105	41,851	219,956
TOTAL FUNDS CARRIED FORWARD	218,234	56,079	274,313

10. TANGIBLE FIXED ASSETS

	Freehold property £
COST	
At 1 April 2022 and 31 March 2023	70,000
NET BOOK VALUE	
At 31 March 2023	70,000
At 31 March 2022	70,000

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Operating debtors	17,282	29,107
Prepayments	342	300
	17,624	29,407

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Accrued expenses	1,070	1,020

13. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	178,234	-	(62,530)	115,704
Designated fund - Adults Service	-	-	120,000	120,000
Designated fund - Redundancy and closure costs	40,000	-	-	40,000
	218,234	-	57,470	275,704
Restricted funds				
Adults Service	-	20,867	(20,867)	-
Carers Scheme	-	(9,309)	9,309	-
Families Together	-	(2,306)	2,306	-
Connect Well - Revive Project	14,424	5,896	(20,320)	-
Connect Well - Headlight Project	6,221	(5,944)	(277)	-
Macmillan	22,322	11,673	(33,995)	-
Active Humber - Stretch & Strengthen	5,879	(1,386)	6,374	10,867
Will Trust - Counselling	7,233	(1,086)	-	6,147
Welkom-Ukraine	-	903	-	903
Warmspace	-	2,162	-	2,162
	56,079	21,470	(57,470)	20,079
TOTAL FUNDS	274,313	21,470	-	295,783

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Restricted funds			
Adults Service	132,188	(111,321)	20,867
Carers Scheme	71,790	(81,099)	(9,309)
Families Together	65,986	(68,292)	(2,306)
Connect Well - Revive Project	16,315	(10,419)	5,896
Connect Well - Headlight Project	-	(5,944)	(5,944)
Macmillan	17,914	(6,241)	11,673
Active Humber - Stretch & Strengthen	6,229	(7,615)	(1,386)
Will Trust - Counselling	8,316	(9,402)	(1,086)
Welkom-Ukraine	18,779	(17,876)	903
Warmspace	7,600	(5,438)	2,162
	345,117	(323,647)	21,470
TOTAL FUNDS	345,117	(323,647)	21,470

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	138,105	-	40,129	178,234
Designated fund - Redundancy and closure costs	40,000	-	-	40,000
	<u>178,105</u>	<u>-</u>	<u>40,129</u>	<u>218,234</u>
Restricted funds				
Adults Service	36,338	18,674	(55,012)	-
Carers Scheme	-	(5,382)	5,382	-
Families Together	5,513	(3,385)	(2,128)	-
Connect Well - Revive Project	-	14,424	-	14,424
Connect Well - Headlight Project	-	6,221	-	6,221
Macmillan	-	22,322	-	22,322
Active Humber - Stretch & Strengthen	-	5,879	-	5,879
Will Trust - Counselling	-	(4,396)	11,629	7,233
	<u>41,851</u>	<u>54,357</u>	<u>(40,129)</u>	<u>56,079</u>
TOTAL FUNDS	<u>219,956</u>	<u>54,357</u>	<u>-</u>	<u>274,313</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Restricted funds			
Adults Service	128,398	(109,724)	18,674
Carers Scheme	70,579	(75,961)	(5,382)
Families Together	59,600	(62,985)	(3,385)
Connect Well - Revive Project	16,218	(1,794)	14,424
Connect Well - Headlight Project	19,436	(13,215)	6,221
Macmillan	28,525	(6,203)	22,322
Active Humber - Stretch & Strengthen	5,934	(55)	5,879
Will Trust - Counselling	-	(4,396)	(4,396)
	<u>328,690</u>	<u>(274,333)</u>	<u>54,357</u>
TOTAL FUNDS	<u>328,690</u>	<u>(274,333)</u>	<u>54,357</u>

Designated fund : Adults Service : the creation of this fund reflects the revised Reserves policy, changed in the light of the current uncertainty concerning the re-commissioning all of the organisations three main NHS commissioned services. The Adults Service is the original and foundation service: the 'Home from Hospital Service'. This designated fund enables its continuation for six months after a loss of contract. And it enables the continuation for six months of a skeleton core staff with other basic running costs to support the Adults Service and to explore other sources of funding to continue the organisation and, at least, its Adults Service.

HULL CHURCHES HOME FROM HOSPITAL SERVICE

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

14. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	6,118	3,475
Investment income		
Rents received	1,692	1,440
Charitable activities		
Services	255,366	228,073
Grants	76,941	91,702
Employment allowance	5,000	4,000
	<hr/>	<hr/>
	337,307	323,775
Total incoming resources	<hr/>	<hr/>
	345,117	328,690
EXPENDITURE		
Charitable activities		
Wages	233,397	207,592
Social security	16,596	13,338
Pensions	2,992	2,209
Equipment leasing and support	8,166	7,843
Rates and water	1,148	1,197
Insurance	4,094	3,786
Light and heat	3,372	3,361
Telephone	2,266	2,502
Postage and stationery	1,330	1,633
Office administration	4,193	2,934
Travel expenses - volunteers	426	153
Travel expenses - staff	5,484	3,324
Training - volunteers	209	336
Training - staff	859	1,771
Cleaning and refuse	2,545	3,420
Repairs and renewals	4,858	2,881
Materials and equipment	14,396	7,496
Groceries for clients	1,095	(490)
Counselling fees	10,293	6,136
Voice coach	1,798	480
Stretch & Strengthen	1,309	55
Marketing	519	150
	<hr/>	<hr/>
	321,345	272,107
Support costs		
Governance costs		
Accountancy fees	1,070	1,020
Carried forward	1,070	1,020

This page does not form part of the statutory financial statements

HULL CHURCHES HOME FROM HOSPITAL SERVICE

Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	2023 £	2022 £
Governance costs		
Brought forward	1,070	1,020
Salary preparation	1,232	1,206
	<u>2,302</u>	<u>2,226</u>
Total resources expended	<u>323,647</u>	<u>274,333</u>
Net income	<u>21,470</u>	<u>54,357</u>

This page does not form part of the statutory financial statements