

ANNUAL REPORT FOR JAKIN CARE AND COUNSELLING 2025

This was our twenty-fourth year of running our free counselling service in Leicester and Leicestershire. On the 24th September 2025 we were 24 years old!

We continued to care for clients from Monday to Friday, offering our blended service through a variety of means, giving free counselling sessions to clients either by telephone, zoom, WhatsApp video, or face to face in person at The Kings Centre in Wigston. Working virtually or face to face and offering this choice to our clients, as well as matching our own needs as counsellors and support workers, continues to work well. Our supervision sessions have been on the telephone and zoom, our trustee prayer meetings have been via zoom and our trustee meetings have all been in person.

We are now seeing more request for in person counselling than last year.

Our team has reduced during the year, and we now have 5 counsellors, some undergoing training but all well supervised. They are offering more client sessions. This year we had 75 referrals which was less than last year, but we were able to offer 810 sessions in total, up 32 per cent on last year.

The issues we've cared for in the counselling have ranged from supporting clients who are pregnant and don't know what to do, to those who have had terminations and are grieving and the majority of our sessions have been with clients post abortion. We have supported them with long term grief support, shame work, supporting anxiety, working on low self-esteem, wounds unhealed from the past and supporting clients with the daily triggers and trauma effects they live with.

All counsellors have regular supervision following the guidelines of BACP [British Association for Counselling and Psychotherapy] and ACC [Association of Christians in Counselling and Linked professions]

We also have bimonthly team meetings of volunteers and trustees to offer support to each other.

Our trustee team has remained Sally Bailey, Anona Griffin, Pete Owers and we welcomed Mel Beynon later in the year, one of our training counsellors.

As Pete Owers is stepping down from his role as trustee but has agreed to continue keeping our accounts for us, we will be recruiting another trustee. We are planning some information meetings at large churches which may draw new counsellors, trustees, clerical and financial support. The trustees are working on a five year plan and risk management documents. We have reviewed our policy documents.

Our finances are good, but costs such as website maintenance and other running costs will be increasing.

Otherwise, we have had an excellent year and are looking forward to growing our charity.

JAKIN PREGNANCY CARE AND COUNSELLING TRUST
Charity No 1181151

Receipts and Payments account for the period from 1st January 2025 to 31st December 2025

	2025 TOTAL General fund	2024 TOTAL General fund
	£	£
GENERAL FUND		
RECEIPTS		
Income Receipts		
From voluntary sources		
Donations	23,655.75	29,763.19
Gift Aid	1,208.91	991.30
Other income	178.25	-
	<u>25,042.91</u>	<u>30,754.49</u>
From assets		
Deposit interest	41.30	51.50
Total receipts	<u>25,084.21</u>	<u>30,805.99</u>
PAYMENTS		
Charitable activity direct expenditure		
Resources for clients	1.00	-
Pregnancy testing kits	-	-
	<u>1.00</u>	<u>-</u>
Other expenditure		
Salary and pension costs	18,335.65	26,920.02
Printing, postage and stationery	425.45	219.52
DBS checks	240.00	295.00
Sundry expenses	199.55	-
Training/supervision	1,377.50	640.00
Subscriptions	240.00	240.00
Rent, rates and telephone	282.42	128.04
Insurance	257.77	257.77
Website costs	1,800.00	600.00
	<u>23,158.34</u>	<u>29,300.35</u>
Total payments	<u>23,159.34</u>	<u>29,300.35</u>
Net receipts/(payments) for the year	<u>1,924.87</u>	<u>1,505.64</u>
ACCUMULATED RESERVES		
At 31 st December 2024	10,294.19	8,788.55
Net receipts/(payments) for the period	<u>1,924.87</u>	<u>1,505.64</u>
At 31 st December 2025	<u>12,219.06</u>	<u>10,294.19</u>

JAKIN PREGNANCY CARE AND COUNSELLING TRUST
Charity No 1181151

Statement of Assets and Liabilities at 31st December 2025

	31.12.25	31.12.24
	TOTAL	TOTAL
	General fund	General fund
	£	£
MONETARY ASSETS		
Bank current account	7,075.91	6,692.34
Bank deposit account	<u>5,143.15</u>	<u>3,601.85</u>
	<u>12,219.06</u>	<u>10,294.19</u>

JAKIN PREGNANCY AND COUNSELLING TRUST
(Charity Registration No. 1181151)

Independent Examiner's Report to the Trustees of Jakin Pregnancy and Counselling Trust

I report to the trustees on my examination of the accounts of the Jakin Pregnancy and Counselling Trust (the Trust) for the period ended 31st December 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

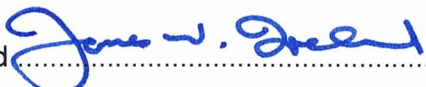
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed 

Date 19.1.26

J. W. Ireland
Chartered Accountant
7 Church Bank
Great Easton
Market Harborough
Leics LE16 8SN

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