

# Power the Fight

## Report and Accounts

year ended 31 December 2022

**POWER THE FIGHT**  
**CHARITY INFORMATION**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

<b>Trustees</b>	E Christou P Gray B Lindsay (CEO) T Makone S Mathews (Chair) C Miller T Newman A Peterkin (appointed 28 February 2023) M Stickland (appointed 25 January 2022) H Bourazza (resigned 31 October 2022)
<b>Key Staff</b>	B Lindsay (CEO) Dr W Chege (Clinical Lead) (from March 2022) L Price (Head of Training) C Smith (COO)
<b>Governing Document</b>	Constitution dated 12 December 2018
<b>Charity Registration Number</b>	1181143
<b>Principal Address</b>	The Market, 133a Rye Lane Peckham London, SE15 4BQ
<b>Auditors</b>	McBrides Accountants LLP Nexus House Sidcup, Kent DA14 5DA
<b>Bankers</b>	Barclays Bank plc CAFBank
<b>Lawyers</b>	Anthony Collins LLP

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**POWER THE FIGHT**  
**TRUSTEES' ANNUAL REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

The trustees have pleasure in submitting the Report and Accounts for the year.

**Objects of the charity**

Power The Fight was launched in early 2019 in response to the rapid increase in serious youth violence in the UK, and specifically based on the conviction that communities in the UK must be at the forefront of such a response. Power The Fight exists to empower communities to end youth violence through working and learning together. We work with parents, churches, faith groups, community organisations and statutory agencies, equipping and training them through workshops to engage with issues of youth violence and its causative factors in their context. We produce resources, engage with high level decision makers within organisations and government bodies to influence policy (such as the Mayor of London's Violence Reduction Unit and the cross-party Youth Violence Commission), and support families directly affected by youth violence.

The charity is a charitable incorporated organisation and is governed by its Constitution. The objects of the charity, as set out in the governing document are: in accordance with Christian principles and for the public benefit, the prevention of crime and the protection of people of all ages and their property from knife crime and other serious youth violence by working for:

- (a) the rehabilitation of persons engaged in knife crime and other serious youth violence or at risk of becoming so engaged; and
- (b) the support of victims of knife crime or other serious youth violence and their families.

**Summary of the charity's main activities and achievements**

Power The Fight recognises the UK's increase in serious youth violence as a public health crisis with multiple causative factors including undiagnosed and untreated trauma, lack of focus on early intervention, education in youth services and social inequality. Consequently, we advocate for a holistic approach to tackle these inter-related systemic root issues and protect the lives of our children and young people. Our work is trauma informed and is co-designed with the community.

Power The Fight has unique access to leading thinkers and practitioners from a range of disciplines working in the field of violence affecting young people, who partner with us to deliver a range of tailored training opportunities. Since our launch in January 2019 Power The Fight has trained over 13,000 people across the UK. Prior to Covid-19 our training was delivered through conferences, workshops and bespoke events, but we successfully transitioned to online delivery during the height of the pandemic and now utilise a combination of in person and on-line training methods. Partners have included London Borough Councils, the Premier League, NHS England, a number of Church of England Dioceses and marketing agencies. Individuals attending our open access training events have come from a variety of faith, ethnic and professional backgrounds, including Social Services, the NHS, arts and sports organisations, education (including alternative provision) and youth work.

Power The Fight has developed resources to help faith and community groups to better understand the issues surrounding violence affecting young people. These include specialist Power Talks accessed via our website, as well as links to other toolkits. The four seasons of Power Talks combined have now had over 36,000 online views, and continues to be developed as need arises.

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**FOR THE YEAR ENDED 31 DECEMBER 2022**

In early 2020, with the support of the Mayor of London's Violence Reduction Unit, Power the Fight began to create the Therapeutic Intervention for Peace ("TIP") pilot project in South East London. The resultant report into the lack of cultural competences in therapeutic services offered to young people and families affected by youth violence was hailed by the Mayor of London in his statement "This report will save lives".

2022 was a very successful year in the development of the charity. Significant funding from The Mayor of London's VRU, Comic Relief, Esmée Fairburn Foundation, The Lewisham National Community Infrastructure Levy Fund, Johnson and Johnson, The Bernard Lewis Trust, "54:2", the Benefact Trust, Garfield Weston and BBC Children in Need have enabled significant progress in rolling out 'TIP' both locally and at a wider level. It has also enabled wider strategic discussions and allowing thought leadership in government, agencies, schools and community organisations.

The TIP model has been in development since 2020 and, after a pilot project in 2021, the project has now delivered a 12-month intervention across three schools in south London.

Each of the settings provided a unique institutional and cultural setting. As the TIP approach has a particular focus on the mental health of Black, Asian and Minority Ethnic children the representational ethnicity data of both the children and teaching staff in each context is relevant. However, it is explicitly acknowledged that the identities and specific needs of groups represented within the description 'Black, Asian and Minority Ethnic' are not the same, and this term is used here only to demonstrate the comparative ethnic diversity in the various delivery settings.

In March 2023 the Mayors of London's Violence Reductions Unit, commenting on the final evaluation report on the project, said "Interventions carried out by skilled coaches shows the value of a trusted adult relationship in a young person's life and how that support can often be life-changing. The support they can also provide teachers and staff in helping young people deal with trauma and mental health is unparalleled..... The fantastic work carried out by Power the Fight demonstrates the impact of this approach and builds on our shared commitment in tackling violence affecting young people and making education inclusive and accessible to all Londoners".

TIP is changing how therapeutic services for young people and families affected by youth violence are now being developed in a number of boroughs in London and we expect will be a notable contributor to the Violence Reduction Unit's strategy for supporting young Londoners in the future.

**Power the Fight and the Helping Families Team** at South London and Maudsley (SLAM) started a partnership designed to extend the reach of therapeutic services to families from Black, Asian and Minority Ethnic backgrounds who are exposed to high risks of gang affiliation, community threat and violence. The TIP report highlights that youth violence has a significant impact on the mental health of young people and their families, and describes some of the barriers that prevent young people and their families from being able to access specialist help at a time when they most need it. These complex and significant needs are underserved by CAMHS and therefore there is a great necessity to proactively adapt current provision of services to ensure that young people and their families are provided for in a culturally sensitive and respectful manner. The partnership will bring together the expertise of SLAM and Power the Fight to increase access to culturally sensitive therapeutic interventions for Black, Asian and Minority Ethnic families affected by violence. This innovative two year partnership will deliver assessment and intervention to 69 families affected by violence experienced by young people, will train parents with lived-experience to mentor and deliver training to other parents and professionals, and will increase the cultural sensitivity and cultural humility of three SLAM CAMHS teams.

**POWER THE FIGHT**  
**TRUSTEES' ANNUAL REPORT**  
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**Power the Fight is also engaging with communities;** helping to support those directly impacted by knife crime; primarily through family support grants (sadly, with over 60 being required since 2020) and supporting community groups through research and acting as a voice to government and institutions and in background support for innovative community work.

**Power The Fight is effecting wider societal and cultural change** through our wealth of relationships across local and central Government, church denominations and youth service providers, including Church of England Dioceses, MPs and the Metropolitan Police. We are able to bring grassroots community and faith groups together with high level decision makers to improve cohesion and catalyse change, supporting communities to build innovative, sustainable, locally-owned projects that promote peace and end violence affecting young people. Our strategic approach to enable communities to be a significant part of the solution to the issues of violence affecting young people was developed in 2022 and a summary is available on our website.

**Volunteers**, in the form of its Advisory Group and its Trustees, provide considerable support for the charity's activities. The charity could not operate so effectively without their time and input.

**The New Years Honours list** provided a fitting end to the year with the announcement of the award of an OBE for Ben Lindsay, CEO and Trustee of Power the Fight; for services to the community in South East London. It acknowledged the work Ben and the team have achieved in the 4 years since launching Power the Fight, but also for the previous history of Ben investing in the local community as an individual, as a local pastor and a community worker. It is well deserved.

In planning the activities the Trustees have applied the guidance on public benefit issued by the Charity Commission.

### **Structure, Governance and Management**

Responsibility for setting policy and for determining the parameters within which the charity should operate rests with the trustees who meet regularly to monitor the activities of the charity. Responsibility for the day to day operation of the charity has been delegated to an operational management team led by the CEO. New trustees are recruited and appointed by the existing trustees, and since January 2022 2 new Trustees have been appointed to bring their individual talent and experience to the governance culture of the charity.

### **Financial review**

During the year income was approximately £980,000 (2021 £510,000), and expenditure approximately £680,000 (2021 £435,000). As a result, the charity's funds held increased by approaching £300,000; some restricted and some designated for specific future needs (see Note 11 to the accounts for details).

Particular thanks need to be expressed to a number of organisations that have donated time and resources to help develop Power the Fight during 2022. Significant trust in the plans and management of the charity was shown in the commitment of multi year grant funding for core costs from Comic Relief (total £195,000), The Esme Fairburn Foundation (£150,000), Lewisham Safer Neighbourhood Fund (£100,000) for the development of local impact, Johnson and Johnson (£180,000), Garfield Weston (£35,000), BBC Children in Need (£38,000), The Bernard Lewis Foundation (£40,000) and the Benefact Trust (£20,000) for TIP and related projects.

**POWER THE FIGHT**  
**TRUSTEES' ANNUAL REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

There has been an effective partnership with 'partner' grant funders for the Therapeutic Intervention for Peace ("TIP") projects with grants from The Mayor of London's Violence Reduction Unit, approximately £100,000, and Lewisham NCIL who also awarded £100,000 to the project costs.

The Trustees would want to continue to particularly thank the charity "52:4" which continues to recognise the vital benefit of funding core activities in the early stages of dynamic new charities, for their funding of approximately £25,000 in the period.

The Trustees also recognise the amazing value of general gift support amounting to over £175,000 in 2022 from individuals (50% by value), churches (15% by value) and local businesses and others (35% by value). We would like to make a special point of thanking all who give to support the work of Power the Fight; whether with large amounts or small. We recognise that even relatively small amounts of support is often at significant cost to those giving and these general gifts enable the charity to build well on a base that enables us to achieve more and more quickly than we would otherwise. This support from local communities in London and beyond means a great deal to us.

Management consultants and professional fundraisers have also donated time without charge as part of their commitment to see the charity succeed in its vital work. Details are outlined in Note 3 to the accounts.

**Reserves policy**

Looking forward into 2023 and beyond there are two strategic aspects of development for Power the Fight that are considered vital for the longer term impact on serious youth violence.

General purpose grants have been designated in order to ensure these are adequately funded. The first is the work of community groups, who we see playing a critical role themselves in the many ways that families and communities are supported and helped on what appear minor but are crucial for the health and well being of those growing up within them. £50,000 has been designated for this purpose with the first project funding being used in 2022.

The second is that of research. It is considered that good research into the issues of serious youth violence and community health is an important element of changing thinking and the experience of those working in government, agencies, schools and communities. It is planned that over the next few years significant research should be undertaken and £20,000 has been designated to fund the initial elements of this.

Further general purpose grants from Esme Fairburn, Garfield Weston and National Westminster Bank, have been designated to fund key staff roles together with wider strategic development objectives funded by partnership supporters at an event in the House of Lords.

**POWER THE FIGHT**  
**TRUSTEES' ANNUAL REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

With the continued growth of the charity and its projects, the trustees continue to see that reserves are adequate to ensure sustainability of each project undertaken. The charity has a policy whereby general reserves should be held of at least 2 months of general fund expenditure (approximately £70,000) plus sufficient to ensure grant funded projects could be completed should there be any hiatus in funding and the charity could continue to operate should income and / or expenditure vary adversely. Part of that commitment to adequacy of finance is maintaining a designated "Sustainability fund" of £50,000; a total of £120,000. At the year end, the charity had general fund net current assets of around £70,000 (equivalent to just over 2 months of general fund expenditure) and in addition the 'Sustainability fund' held £50,000 of cash balances. The charity is complying with its reserves policy.

**Key risks and uncertainties**

The charity is exposed to various risks - be they operational, financial or reputational. The trustees review the charity's activities regularly to identify significant risks and, where possible, they take appropriate measures to mitigate those risks.

**Plans for the future**

We seek to end violence affecting young people. We are doing this through three clear goals:

1. No family or young person impacted by violence affecting young people feels alone.
2. Services for young people, families and the wider community are culturally sensitive and inclusive.
3. The voices of communities impacted by violence affecting young people are at the centre of policy and programme change

In the immediate future Power the Fight is working to roll out the "TIP" model in a number of boroughs across London. Power The Fight expects to be part of significant development of thinking in this area, with the aim of providing culturally sensitive therapeutic services to students, parents / guardians and teachers, and developing an evidence-based model which addresses ongoing poor mental health amongst vulnerable young people in order to reduce rates of violence affecting young people. It is our intention that this model can be scaled up and adapted for implementation across London and potentially across the UK.

Power the Fight also intends to increase the number of people who access our specialist training through our provision of webinars, online conferences and in-person events. There are a number of specific training programs undertaken in 2022 which will be developed and rolled out into different contexts in 2023 and we expect this aspect will be a major element of our work going forward.

We intend to increase our community engagement, which will include but not limited to reviewing and developing our social media strategy and continuing to deliver high-quality digital resources, and increase our engagement with Government bodies and networks of youth service providers through relationship building and advocacy.

Our strategic approach to enable communities to be a significant part of the solution to the issues of serious youth violence was developed in 2022 and a summary is available on our website.

**POWER THE FIGHT**  
**TRUSTEES' ANNUAL REPORT**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

**Responsibilities of trustees under charity law**

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year. In preparing these financial statements, the trustees are required to:

1. select suitable accounting policies and apply them consistently;
2. observe the methods and principles in the Charities SORP;
3. make judgements and estimates that are reasonable and prudent;
4. state whether the applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and the Charity (Accounts and Reports) Regulations 2008. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as we are aware, there is no relevant audit information of which the charity's auditor is unaware; and the Trustees have taken all steps they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

**Approval**

This report was approved by the trustees and signed on their behalf by:

S Mathews (Chair)

Date: 10th October 2023



## **INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF POWER THE FIGHT**

### **Opinion**

We have audited the financial statements of Power The Fight (the 'charity') for the year ended 31 December 2022 which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 December 2022 and of its incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

**Other information**

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

**Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement set out on page 6, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Discussions were held with, and enquiries made of, management and those charged with governance with a view to identifying those laws and regulations that could be expected to have a material impact on the financial statements. During the engagement team briefing, the outcomes of these discussions and enquiries were shared with the team, as well as consideration as to where and how fraud may occur in the entity.

The following laws and regulations were identified as being of significance to the entity:

- those laws and regulations considered to have a direct effect on the financial statements include UK financial reporting standards and Charity Law
- those laws and regulations for which non-compliance may be fundamental to the operating aspects of the business and therefore may have a material effect on the financial statements include compliance with the charitable objectives, public benefit, fundraising regulations and health and safety legislation.

Audit procedures undertaken in response to the potential risks relating to irregularities (which include fraud and non-compliance with laws and regulations) comprised of: inquiries of management and those charged with governance as to whether the entity complies with such laws and regulations; enquiries with the same concerning any actual or potential litigation or claims; inspection of relevant legal correspondence; review of board minutes; testing the appropriateness of entries in the nominal ledger, including journal entries; reviewing transactions around the end of the reporting period; and the performance of analytical procedures to identify unexpected movements in account balances which may be indicative of fraud.

No instances of material non-compliance were identified. However, the likelihood of detecting irregularities, including fraud, is limited by the inherent difficulty in detecting irregularities, the effectiveness of the entity's controls, and the nature, timing and extent of the audit procedures performed. Irregularities that result from fraud might be inherently more difficult to detect than irregularities that result from error. As explained above, there is an unavoidable risk that material misstatements may not be detected, even though the audit has been planned and performed in accordance with ISAs (UK).

A further description of our responsibilities is located on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

## **Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Andrew Warren (Senior Statutory Auditor)

For and on behalf of McBrides Accountants LLP, Statutory Auditor

Nexus House

Cray Road

Sidcup

Kent

DA14 5DA

Date: 12th October 2023

**POWER THE FIGHT**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
<b>INCOME AND ENDOWMENTS FROM:</b>					
Donations and legacies	3	323,359	440,208	763,567	453,103
Charitable activities	4	213,742	-	213,742	57,400
Interest receivable		1,178	-	1,178	10
<b>Total income and endowments</b>		<b>538,279</b>	<b>440,208</b>	<b>978,487</b>	<b>510,513</b>
<b>EXPENDITURE ON:</b>					
Charitable activities	5	277,537	363,592	641,129	424,133
Raising funds	6	41,247	-	41,247	10,655
<b>Total expenditure</b>		<b>318,784</b>	<b>363,592</b>	<b>682,376</b>	<b>434,788</b>
<b>Net income</b>		<b>219,495</b>	<b>76,616</b>	<b>296,111</b>	<b>75,725</b>
<b>Transfers between funds</b>	11	-	-	-	-
<b>Net movement in funds</b>		<b>219,495</b>	<b>76,616</b>	<b>296,111</b>	<b>75,725</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		160,723	65,854	226,577	150,852
<b>Total funds carried forward</b>	11	<b>380,218</b>	<b>142,470</b>	<b>522,688</b>	<b>226,577</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing operations.

The notes on page 15-23 form part of these accounts.

**POWER THE FIGHT**  
**BALANCE SHEET**  
**AS AT 31 DECEMBER 2022**

	Note	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
<b>CURRENT ASSETS</b>					
Debtors	8	18,319	-	18,319	170
Cash at bank and in hand	9	405,737	197,025	602,762	231,509
		<u>424,056</u>	<u>197,025</u>	<u>621,081</u>	<u>231,679</u>
<b>CREDITORS: Amounts falling due within one year</b>					
	10	(43,838)	(54,555)	(98,393)	(5,102)
		<u>380,218</u>	<u>142,470</u>	<u>522,688</u>	<u>226,577</u>
<b>Net current assets</b>					
		<u>380,218</u>	<u>142,470</u>	<u>522,688</u>	<u>226,577</u>
<b>TOTAL NET ASSETS</b>					
		<u>380,218</u>	<u>142,470</u>	<u>522,688</u>	<u>226,577</u>
<b>FUND BALANCES</b>					
11					
Unrestricted Funds					
General funds		70,754	-	70,754	40,723
Designated funds		309,464	-	309,464	120,000
		<u>380,218</u>	<u>-</u>	<u>380,218</u>	<u>160,723</u>
Restricted Funds					
		<u>-</u>	<u>142,470</u>	<u>142,470</u>	<u>65,854</u>
		<u>380,218</u>	<u>142,470</u>	<u>522,688</u>	<u>226,577</u>

The financial statements were approved by the Board of Trustees and were signed on its behalf by:

S Mathews (Chair)

Date 10th October 2023

Charity number: 1181143

The notes on page 15-23 form part of these accounts.

**POWER THE FIGHT**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**  
**CASH FLOW STATEMENT**

	Note	2022 £	2021 £
<b>Cash flows from operating activities:</b>			
<i>Net cash provided by (used in) operating activities</i>	a	<u>370,075</u>	<u>76,347</u>
<b>Cash flows from investing activities:</b>			
Dividends, interest and rents from investments		<u>1,178</u>	<u>10</u>
<i>Net cash provided by/(used in) investing activities</i>		<u>1,178</u>	<u>10</u>
<i>Change in cash and equivalents in the reporting period</i>		<u>371,253</u>	<u>76,357</u>
<b>Cash and equivalents at the beginning of the year</b>	b	<u>231,509</u>	<u>155,152</u>
<i>Cash and cash equivalents at the end of the year</i>	b	<u>602,762</u>	<u>231,509</u>

**Analysis of changes in net debt:**

	At start of year £	Non-cash movements £	Cash-flows £	At end of year £
Cash	231,509		371,253	602,762
Total net funds / (debt)	<u>231,509</u>	<u>-</u>	<u>371,253</u>	<u>602,762</u>

**Note a: Reconciliation of net income/(expenditure) to net cash flow from operating activities**

	2022 £	2021 £
<i>Net income/(expenditure) for the reporting period (as per the statement of financial activities)</i>	296,111	75,725
<b>Adjustments for:</b>		
Dividends, interest and rents from investments	(1,178)	(10)
(Increase)/decrease in debtors	(18,149)	(70)
Increase/(decrease) in creditors	93,291	702
<i>Net cash provided by (used in) operating activities</i>	<u>370,075</u>	<u>76,347</u>

**Note b: Analysis of cash and cash equivalents**

	2022 £	2021 £
Cash at bank with immediate access	602,762	231,509
<b>Total cash and cash equivalents</b>	<u>602,762</u>	<u>231,509</u>

**POWER THE FIGHT**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

**1 Statutory Information**

The charity is a charitable incorporated organisation registered with the Charity Commission in England & Wales. The charity's registered number and principal address can be found on the Charity Information page.

**2 Accounting Policies**

These financial statements are prepared on a going concern basis, under the historical cost convention.

These financial statements have been prepared in accordance with the "Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) ("the Charities SORP"), with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland ("FRS 102") and with the Charities Act 2011. The charity meets the definition of a public benefit entity as set out in FRS 102.

The Charities (Accounts and Reports) Regulations 2008 (the '2008 Regulations') requires charities to prepare their accounts in accordance with 'Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005' but this accounting standard has since been withdrawn and has been replaced by the Charities SORP mentioned in the preceding paragraph. The charity has prepared these financial statements in accordance with the new Charities SORP; this departure from the 2008 Regulations is believed to be necessary for these financial statements to give a 'true and fair view'.

The principles adopted in the preparation of the financial statements are set out below.

a) Going concern

The trustees have assessed whether the use of the going concern basis is appropriate and have considered possible events or conditions that might cast significant doubt on the ability of the charity to continue as a going concern. The trustees have made this assessment for a period of at least one year from the date of approval of the financial statements. In particular the trustees have considered the charity's forecasts and projections and the possible implications should projected income and / or expenditure vary unexpectedly. The trustees have concluded that there is a reasonable expectation that the charity has adequate resources to continue to operate for the foreseeable future. The charity therefore continues to adopt the going concern basis in preparing its financial statements.

b) Income

Income including investment income is recognised in the period in which the charity becomes entitled to receipt, the amount receivable can be measured with reasonable certainty, and receipt is probable. For the most part, income is generally recognised when it is received. Income is only deferred when the charity has to fulfil conditions before becoming entitled to it or where the donor has specified that the income is to be expended in a future period.

Income from donations and legacies includes:

- i) Recoverable gift aid. This is recognised when the related donation is received. Gift aid that has not been recovered by the balance sheet date is included as a debtor.
- ii) Donated facilities, services and goods. Goods donated for distribution to beneficiaries are recognised as income when receivable at fair value (being an estimate of the amount it would cost to purchase those items). [Goods donated for resale are recognised as income at the point of sale (as the sale proceeds cannot be estimated reliably before the goods are sold)]. Facilities, services and goods donated for the charity's own use are recognised as income when receivable at their value to the charity.

The charity relies on volunteers to carry out many of its activities. However, in accordance with the SORP, the value of these services has not been included in these financial statements as they cannot be reliably measured.

When donated goods, services and facilities are distributed or consumed, an expense in respect of those items is included in the Statement of Financial Activities. At the year end any goods that have not been distributed or consumed are recognised as stock; donated fixed assets are capitalised.

Income from charitable activities represents income receivable from goods, services and facilities supplied in furtherance of the charity's charitable objects. It includes income from advice and training and other events and courses given to educate and empower communities, statutory bodies and others.



**POWER THE FIGHT**  
**NOTES TO THE ACCOUNTS**  
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c) Expenditure

Expenditure, including irrecoverable VAT, is recognised when it is incurred or, if earlier, when a legal or constructive obligation for a payment arises provided that it is probable that settlement will be required and the amount of the obligation can be measured reliably.

The charity makes grants to other institutions and individuals to further its charitable objectives. Grants payable are recognised as constructive obligations arise, which is generally when the charity expresses a commitment to the recipient that can be measured reliably and then only to the extent that any conditions associated with the grant are outside of the control of the charity.

Expenditure on raising funds comprises the costs incurred on commercial trading activities and fundraising.

Governance costs, which are included in expenditure on charitable activities but are identified separately in the notes to the accounts, includes costs associated with the independent examination of the financial statements, compliance with constitutional and statutory requirements and any other expenditure incurred on the strategic management of the charity.

d) Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity. Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. Restricted funds are donations which are to be used in accordance with specific restrictions imposed by donors; they include donations received from appeals for specific activities or projects. Endowment funds are donations that are retained as capital in accordance with the donor's wishes. The nature of the restriction determines whether the endowments represent permanent endowments or expendable endowments.

e) Tangible fixed assets

Items purchased or donated for the charity's own use are capitalised when the cost of purchased items, or the fair value of donated items, is more than £2,000 and the item is expected to benefit the charity over more than one accounting period. Depreciation is charged on a straight line basis so as to write down the value of each asset to its estimated residual value (if any) over its expected useful economic life. To achieve this objective the following rates of depreciation are charged:

Equipment	Over 3 to 7 years
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The carrying values of tangible fixed assets are reviewed for impairment in periods when events or changes in circumstances indicate that the carrying value may not be recoverable.

f) Pension scheme arrangements

The charity operates defined contribution pension schemes for its employees. Obligations for contributions to these schemes are recognised as an expense when the liability arises. The assets of these schemes are held separately from those of the charity in independently administered funds.

g) Taxation

The charity has taken advantage of the various reliefs from taxation available to charities and no tax is payable on the charity's income.

h) Financial instruments

The charity's financial assets and financial liabilities all qualify as basic financial instruments, as defined by FRS102. Except for loans, creditors and debtors are measured at their expected settlement value (normally the amount of cash that the charity expects to pay or receive).

**POWER THE FIGHT**  
**NOTES TO THE ACCOUNTS**  
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**3 Donations and legacies**

	2022	2021
	£	£
Donations of cash and similar	318,858	184,840
Donations in kind	4,500	4,500
Grants receivable (Local and central government)	97,120	172,389
Other grants receivable (restricted)	343,089	91,374
	<u>763,567</u>	<u>453,103</u>

Donations in kind comprise the following:

	2022	2021
	£	£
Donated other services	4,500	4,500
	<u>4,500</u>	<u>4,500</u>

Donated other services represent external consultants time donated to assist with strategic planning and bid-writing.

**4 Income from charitable activities**

	2022	2021
	£	£
Training	199,630	55,498
Welfare services	7,416	-
Other events	2,100	-
Other sources	4,596	1,902
	<u>213,742</u>	<u>57,400</u>

**5 Charitable expenditure**

<b>a <u>Current year</u></b>	Therapeutic Intervention for Peace	Training & welfare	Direct support	Charitable expenditure 2022 £	Fund- raising 2022 £
<b>Incurred directly on activities</b>					
Staff costs including recruitment costs	240,973	100,895	-	341,868	
Project and training costs	133,900	16,250	-	150,150	
Grants payable (Note 5d)	-	-	12,369	12,369	
Other costs	36,509	14,070	-	50,579	
<b>Support costs</b>					
Office costs	54,224	19,366	3,873	77,463	
Other costs	43,347	750	150	3,000	41,247
<b>Governance</b>	3,990	1,425	285	5,700	
<b>Total expenditure</b>	<u>512,943</u>	<u>152,756</u>	<u>16,677</u>	<u>641,129</u>	<u>41,247</u>

**POWER THE FIGHT**  
**NOTES TO THE ACCOUNTS**  
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**b Prior year comparative**

				2021 £	2021 £
<b>Incurred directly on activities</b>					
Staff costs	116,039	13,113	-	129,152	
Project and training costs	149,012	33,284	-	182,296	
Grants payable (Note 5d)	-	-	20,150	20,150	
Other costs	13,796	-	-	13,796	
<b>Support costs</b>					
Office costs	59,292	7,734	3,528	70,554	
Other costs	14,128	2,649	883	7,005	10,655
<b>Governance</b>	944	177	59	1,180	
<b>Total expenditure</b>	<u>353,211</u>	<u>56,957</u>	<u>24,620</u>	<u>424,133</u>	<u>10,655</u>

**c Donations in kind expensed in year**

	2022 £	2021 £
Donated services		
Professional fees	3,000	3,000
Fundraising costs	<u>1,500</u>	<u>1,500</u>
	<u>4,500</u>	<u>4,500</u>

**d Grants payable**

	Institutions £	Individuals £	2022 £	2021 £
Grants for the relief of hardship	<u>2,000</u>	<u>10,369</u>	<u>12,369</u>	<u>20,150</u>
	<u>2,000</u>	<u>10,369</u>	<u>12,369</u>	<u>20,150</u>

**6 Cost of raising funds**

	2022 £	2021 £
Fundraising costs	<u>41,247</u>	<u>10,655</u>
	<u>41,247</u>	<u>10,655</u>

**POWER THE FIGHT**  
**NOTES TO THE ACCOUNTS**  
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**7 Analysis of staff costs, the cost of key management personnel and trustee remuneration and expenses**

	2022	2021
	£	£
Gross wages and salaries	289,359	111,364
Social security	26,937	7,914
Pension costs	13,617	5,321
	<u>329,913</u>	<u>124,599</u>

The average monthly number of employees during the year was 9 (2021: 3).

One staff member received salary and benefits (excluding employer pension costs) amounting to more than £60,000 in the year.

The charity's key management comprise the trustees and the employed staff named on the Charity Information page. During the year key management received employment benefits totalling £204,677 (2021 £84,518).

Details of Trustee remuneration

	Wages & salaries	Other employment benefits	Employer pension contributions	2022 £
B Lindsay	61,024	-	3,522	64,546
				<u>64,546</u>

The following amounts were payable in the previous year:

	Wages & salaries	Other employment benefits	Employer pension contributions	2021 £
B Lindsay	57,750	-	3,520	61,270
				<u>61,270</u>

B Lindsay served as CEO and received the above payments for serving in that capacity, not for serving as a trustee; these payments are permitted by the charity's governing document.

No other trustees received employment benefits in either the current or preceding year.

**8 Debtors**

	2022	2021
	£	£
<b>Falling due within one year:</b>		
Trade debtors	11,123	-
Other debtors	5,160	-
Prepayments and accrued income	2,036	170
	<u>18,319</u>	<u>170</u>

**9 Cash at Bank and in Hand**

	2022	2021
	£	£
Cash at bank with immediate access	602,762	231,509
	<u>602,762</u>	<u>231,509</u>

**POWER THE FIGHT**  
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<b>10 Creditors: liabilities falling due within one year</b>	2022	2021
	£	£
Trade creditors	6,775	3,602
Accruals	10,232	1,500
Deferred income re contracts not yet earned	26,830	-
Deferred income from grants	54,555	-
	<u>98,392</u>	<u>5,102</u>

**11 Funds**

	Opening balance 2022 £	Incoming resources 2022 £	Outgoing resources 2022 £	Transfers in the year 2022 £	Closing balance 2022 £
<i>Designated Funds</i>					
Sustainability fund	50,000	-	-	-	50,000
Community Development fund	50,000	-	(5,000)	5,000	50,000
Research fund	20,000	-	(1,532)	1,532	20,000
Esme Fairburn fund		50,000	(12,500)		37,500
Garfield Weston		25,000	(1,500)	-	23,500
Nat West grant fund		25,000	-	-	25,000
House of Lords fund		82,900	-		82,900
Training retention fund		199,630	(152,756)	(26,310)	20,564
	<u>120,000</u>	<u>382,530</u>	<u>(173,288)</u>	<u>(19,778)</u>	<u>309,464</u>
<i>General Unrestricted Funds</i>	<u>40,723</u>	<u>155,749</u>	<u>(145,496)</u>	<u>19,778</u>	<u>70,754</u>
Total Unrestricted Funds	<u>160,723</u>	<u>538,279</u>	<u>(318,784)</u>	<u>-</u>	<u>380,218</u>
<i>Restricted Funds</i>					
Core administration fund	18,750	25,000	(25,000)	-	18,750
Mayor of London MOPAC fund	17,430	97,120	(102,634)	-	11,916
Comic Relief Fund	19,674	65,000	(68,670)	-	16,004
Garfield Weston Fund	10,000	0	(10,000)	-	-
Anglia Rushkin research fund	-	1,624	(1,624)	-	-
Johnson & Johnson fund		62,454	(62,454)	-	-
Lewisham NCIL		60,000	(54,630)	-	5,370
Bernard Lewis support funds		40,000	(12,500)	-	27,500
Benefact Trust fund		20,000	(5,000)	-	15,000
Cumberland Lodge fund		44,000	-	-	44,000
BBC Children in Need fund		3,930	-	-	3,930
Other restricted funds	-	21,080	(21,080)	-	-
	<u>65,854</u>	<u>440,208</u>	<u>(363,592)</u>	<u>-</u>	<u>142,470</u>
Aggregate of funds	<u>226,577</u>	<u>978,487</u>	<u>(682,376)</u>	<u>-</u>	<u>522,688</u>

**POWER THE FIGHT**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

**Analysis of net assets by fund**

The assets and liabilities of the various funds were as follows:

	General funds £	Designated funds £	Restricted funds £	2022 £
Debtors	18,319	-	-	18,319
Cash at bank and in hand	96,272	309,464	197,025	602,762
Creditors falling due within one year	(43,838)	-	(54,555)	(98,393)
	<u>70,754</u>	<u>309,464</u>	<u>142,470</u>	<u>522,688</u>

*In the previous year the movements in the charity's funds were as follows:*

	Opening balance 2021 £	Incoming resources 2021 £	Outgoing resources 2021 £	Transfers in the year 2021 £	Closing balance 2021 £
<b>Designated Funds</b>					
Sustainability Fund	50,000	-	-	-	50,000
Community Development fund	-	-	-	50,000	50,000
Research fund	-	-	-	20,000	20,000
	<u>50,000</u>	<u>-</u>	<u>-</u>	<u>70,000</u>	<u>120,000</u>
<b>General Unrestricted Funds</b>	<u>79,804</u>	<u>246,750</u>	<u>(215,831)</u>	<u>(70,000)</u>	<u>40,723</u>
<b>Total Unrestricted Funds</b>	<u>129,804</u>	<u>246,750</u>	<u>(215,831)</u>	<u>-</u>	<u>160,723</u>
<b>Restricted Funds</b>					
Core administration fund	10,250	25,000	(16,500)	-	18,750
Young Londoners Fund	10,798	22,712	(33,510)	-	-
Lewisham/Youth Justice Board	-	72,567	(72,567)	-	-
Mayor of London MOPAC fund	-	77,110	(59,680)	-	17,430
Comic Relief Fund	-	32,500	(12,826)	-	19,674
Garfield Weston Fund	-	20,000	(10,000)	-	10,000
Anglia Rushkin research fund	-	10,875	(10,875)	-	-
Other restricted funds	-	3,000	(3,000)	-	-
	<u>21,048</u>	<u>263,764</u>	<u>(218,958)</u>	<u>-</u>	<u>65,854</u>
<b>Aggregate of funds</b>	<u>150,852</u>	<u>510,514</u>	<u>(434,789)</u>	<u>-</u>	<u>226,577</u>

**Analysis of net assets by fund**

*In the previous year, the assets and liabilities of the various funds were as follows:*

	<u>Unrestricted Funds</u>			2021 £
	General funds £	Designated funds £	Restricted funds £	
Debtors	170	-	-	170
Cash at bank and in hand	45,655	120,000	65,854	231,509
Creditors falling due within one year	(5,102)	-	-	(5,102)
	<u>40,723</u>	<u>120,000</u>	<u>65,854</u>	<u>226,577</u>

**POWER THE FIGHT**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

The designated "Sustainability Fund" is an unrestricted fund set aside to provide additional resources to ensure that the charity and its projects are sustainable in the event of a shortfall in agreed project and core funding.

The designated 'Community development fund' is an unrestricted fund set aside to support the work of church, faith and other community groups in reducing youth violence.

The designated 'Research fund' is an unrestricted fund set aside to enable research to be undertaken starting in 2022 on certain issues affecting the impact of serious youth violence.

The designated 'Esme Fairburn fund' is an unrestricted fund set aside for funding of core staff to enable the effective operation of the charity.

The designated 'Nat West grant fund' is an unrestricted fund set aside for funding a Clinical Psychologist to enable welfare work to be done in key areas.

The designated 'House of Lords fund' is an unrestricted fund arising from gifts raised in order to achieve strategic change during 2023 and 2024.

The designated "Training retention fund" is an unrestricted fund retaining profits made from training to fund further charitable training in line with the financial policy set for this sector.

The "Core Administration Fund" is a restricted fund providing financial grants to support the charity's core administrative costs.

The "Mayor of London MOPAC fund" is a restricted fund grant financed by the Mayor of London's Violence Reduction Unit to establish a school's project for TIP ("Therapeutic Intervention for Peace") in Lewisham.

The Comic Relief fund is a restricted fund to support the development of TIP projects and development.

The Garfield Weston restricted fund is to develop culturally sensitive programs. The designated fund is to develop the work with Clinical Psychologists.

The "Johnstone and Johnstone fund" is a restricted fund grant to support projects involving community health and wellbeing.

The "Lewisham NCIL" fund is a restricted fund grant for the development of TIP projects in Lewisham Borough.

The Bernard Lewis support funds are restricted funds for the SLAM partnership and infrastructure support.

The Benefact Trust fund is a restricted fund to support the employment of new training staff.

The Cumberland Lodge fund are restricted funds to support a conference symposium to be held in 2023.

The BBC Children in Need fund is a restricted fund for the support of children focussed projects in 2023.

## **12 Operating lease commitments**

The charity has an operating lease for offices. The minimum amount payable (until the next break clause and ignoring the potential effect of future rent reviews) in respect of this lease is as follows:

	2022 £	2021 £
Payments falling due:		
Within one year	13,500	13,500
	<u>13,500</u>	<u>13,500</u>

During the year the charity was charged £51,400 (2021: £39,000) for its office operating hire.

**POWER THE FIGHT**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

**13 Transactions with related parties**

During the year the charity:

- a) E Christou, a Trustee, was paid £1,440 for consultancy advice in respect of specific sector engagement, and not for being a Trustee, as permitted by the charity's governing document.
- b) During the year, the charity commissioned research in the form of a PhD to be undertaken by B Lindsay, in conjunction with Durham University, into specific impacts of cultural competency on services provided to children. During the year £1,532 was incurred in fees for this PhD research.
- c) No expenses were paid to trustees for whilst carrying out duties associated with being trustees; reimbursements for expenses incurred when acting as agent for the charity or incurred when undertaking employment duties not connected with serving as a trustee are not included in this disclosure.



**POWER THE FIGHT**  
**DETAILED STATEMENT OF FINANCIAL ACTIVITIES WITH COMPARATIVES**  
**FOR THE YEAR ENDED 31 DECEMBER 2022**

	Note	<u>Unrestricted funds</u>				<u>Unrestricted funds</u>			
		General 2022 £	Designated 2022 £	Restricted 2022 £	Total 2022 £	General 2021 £	Designated 2021 £	Restricted 2021 £	Total 2021 £
<b>INCOME AND ENDOWMENTS FROM:</b>									
Donations and legacies	3	140,459	182,900	440,208	763,567	189,340		263,763	453,103
Charitable activities	4	14,112	199,630		213,742	57,400		-	57,400
Investments		1,178			1,178	10			10
<b>Total income and endowments</b>		<b>155,749</b>	<b>382,530</b>	<b>440,208</b>	<b>978,487</b>	<b>246,750</b>	<b>-</b>	<b>263,763</b>	<b>510,513</b>
<b>EXPENDITURE ON:</b>									
Charitable activities:	5	104,249	173,288	363,592	641,129	205,176		218,957	424,133
Raising funds	6	41,247			41,247	10,655			10,655
<b>Total Expenditure</b>		<b>145,496</b>	<b>173,288</b>	<b>363,592</b>	<b>682,376</b>	<b>215,831</b>	<b>-</b>	<b>218,957</b>	<b>434,788</b>
<b>Net gains/(losses) on investments</b>					-				-
<b>Net income/(expenditure)</b>		<b>10,253</b>	<b>209,242</b>	<b>76,616</b>	<b>296,111</b>	<b>30,919</b>	<b>-</b>	<b>44,806</b>	<b>75,725</b>
<b>Transfers between funds</b>	11	<b>19,778</b>	<b>(19,778)</b>	<b>-</b>	<b>-</b>	<b>(70,000)</b>	<b>70,000</b>	<b>-</b>	<b>-</b>
<b>Net movement in funds</b>		<b>30,031</b>	<b>189,464</b>	<b>76,616</b>	<b>296,111</b>	<b>(39,081)</b>	<b>70,000</b>	<b>44,806</b>	<b>75,725</b>
<b>Reconciliation of funds:</b>									
Total funds brought forward		40,723	120,000	65,854	226,577	79,804	50,000	21,048	150,852
<b>Total funds carried forward</b>	11	<b>70,754</b>	<b>309,464</b>	<b>142,470</b>	<b>522,688</b>	<b>40,723</b>	<b>120,000</b>	<b>65,854</b>	<b>226,577</b>