



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	04	2019		Day 31	Month 03	Year 2021

Section A Reference and administration details

Charity name Kingsway Wellbeing Project

Other names charity is known by Healthy Living Hub

Registered charity number (if any) 1181121

Charity's principal address 37 The Kingsway

Swansea

Postcode SA1 5LF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Anna Tippet			
2	Rebecca Jenkinson			
3	Hilary Williams			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document Foundation Model Constitution

(eg. trust deed, constitution)

How the charity is
constituted
(eg. trust, association,
company)

Trustee selection methods
(eg. appointed by, elected by)

Charitable Incorporated Organisation

Appointed by existing trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

To preserve and protect the health of patients of the Kingsway Surgery and the wider Swansea community by providing and assisting in the provision of facilities, support services and equipment not normally provided by statutory authorities

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

<p>The Kingsway Wellbeing project has developed the Healthy Living Hub, which during the reporting year provided the following activities.</p> <p>Due to the Covid 19 pandemic the hub was shut for a considerable amount of time during the year. The trustees made the decision to stand down all volunteers due to health and safety. The hub was opened for short periods when social distancing laws allowed us to open safely</p>	
	<div>A small gym and wellbeing studio area</div>
	<div>Website with up to date information about what is offered at the Healthy Living Hub and class details and online booking facilities</div> <div>www.healthylivinghub.org.uk</div>
	<div>A range of wellbeing and exercise classes:</div> <div>Tai chi</div> <div>Fit for life classes</div> <div>Small exercise classes</div>
<p>The trustees can confirm that they have had regard to the guidance issued by the charity commission on public benefit</p>	

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

A limited amount of activity took place during the reporting year. However online classes were provided throughout the year and a small number of classes when health and safety/covid-19 regulations allowed.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity has a small level of reserves to ensure long-term financial sustainability. As a new charity we are in the process of developing an annual process to assess our income and expenditure and those funds that are freely available for its operating purposes not subject to commitments and planned expenditure. We are in the process of developing a policy

Details of any funds materially in deficit

none

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	A Tippet	
Full name(s)	Anna Tippet	
Position (eg Secretary, Chair, etc)	trustee	
Date	24.05.22	

The Kingsway Wellbeing Project Charity (The Healthy Living Hub)

Income and Expenditure for the 12 months to 31 March 2021

	£s	£s
Opening balances		2124.22
Income		<u>2462.05</u>
		4586.27
Expenditure		
Alarm	475.80	
Maintenance	254.69	
Professional fees	310.26	
Utilities	908.12	
Internet	237.60	
Website	114.99	
Insurance	415.01	
Bank charges	102.44	<u>2818.91</u>
Closing balances		
Cash		0.00
Bank		4586.27
less amounts owing to the surgery		<u>(2818.91)</u>
		1767.36

I the undersigned, having examined the statements and vouchers thereof and certify this to be a true and fair view of the income and expenditure statement for the period ending at 31 March 2021.

Richard D Jenkinson BA; FCMA; CGMA