

HANDS FOR YOU

England & Wales · Charity number 1181044

Details

Status	Registered
Legal form	Charitable company
Company number	10885411
Registered	2018-12-07
Register	View on the Charity Commission register

Contact

Address	4 Queensborough Terrace London W2 3TA
Phone	02037841241
Email	ourhandsforyou@gmail.com

Activities

Objects: FOR THE BENEFIT OF THE PUBLIC, IN PARTICULAR, PEOPLE INCLUDING CHILDREN WHO ARE IN NEED DUE TO YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES, BY: A) THE ADVANCEMENT OF EDUCATION INCLUDING SUPPLEMENTARY EDUCATION FOR CHILDREN;B) THE RELIEF OF UNEMPLOYMENT; C) THE PROMOTION AND PRESERVATION OF GOOD HEALTHD) THE PROVISION OR ASSISTANCE IN THE PROVISION OF FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE INFIRMITY OR DISABILITY, FINANCIAL HARDSHIP OR SOCIAL CIRCUMSTANCES WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE.

Activities: 1. Information, advice and referrals2. Health promotion3. Employment skills training4. Basic English courses5. Recreational activities6. Tackling Domestic Violence

Classification

- **How:** Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-30	-	-	-	-
2024-07-30	£20,880	£16,994	-	-
2023-07-30	£21,160	£16,919	-	-
2022-07-30	£16,500	£15,800	-	-
2021-07-30	£18,500	£16,500	-	-
2020-07-30	£65,950	£41,549	-	-

Trustees

Name	Role	Appointed
IKHLAS AHMED KHEIR	Chair	2017-07-26
IJLAL OSMAN AHMAD		2017-07-11
JADIA OSMAN		2017-07-26
Vienous Hassan		2017-07-17

HANDS FOR YOU

England & Wales - Charity number 1181044

Accounts

HANDS FOR YOU (HFY)

Annual Report and Accounts

2019-2020

Content

<u>Items</u>	<u>Page</u>
Legal information	1
Report of the Trustees	2-5
Financial Statements	6-8
Independent Examiner's Report	09

LEGAL INFORMATION

Charity Name: HAND FOR YOU

Address : 136 Clitterhouse Crescent, Cricklewood
London, NW2 1DA

Company N0: 10885411

Charity N0 : 1181044

Independent examiner : Rabe Donald

Banker: SANTANDER

Report of the Trustees

The trustees are pleased to present the annual report and accounts of the organisation for the year ended 31 July 2019. **Hands For You** is a voluntary organisation set up on the 26th of November 2017, and registered as a company Limited by guarantee in July 2017, registered as charity in 2018 to respond to the needs of local communities

The charity's objects are the following:

“For the benefit of the public, in particular, people including children who are in need due to youth, age, infirmity or disablement, financial hardship or social and economic circumstances, by:

- a) the advancement of education including supplementary education for children
- b) the relief of unemployment.
- c) the promotion and preservation of good health
- e) the provision or assistance in the provision of facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life.

Outputs 2019-2020

- HFY ran 17 advice and referrals sessions in the areas of housing and education that benefited 36 users
- The organisation delivered homework club activities for 11 children and this enabled them to improve achievement at school.
- We helped about 34 refugees and asylum seekers for their settlement and integration into the local communities
- Our employment support activities and referrals helped 11 users and 07 of them have been able to secure full and part-time work
- The organisation assisted 33 and 14 individuals facing financial difficulties due to the COVID-19

Plans for 2020/2021

- Through the organisation employment support activities and training we expect to help about 18 people
- We will continue the advice and referral sessions in the areas of housing, education and welfare benefit to support about 39 people over the period
- The organisation will continue to deliver home club activities for 13 local children and young people.
- We will continue to assist more people hit by the pandemic as the crisis continue
- The organisation will continue to involve more local people as volunteers to support its activities.

Trustees' responsibilities

Charity law requires charity trustees, to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charity and of the results of the charity at that period. In preparing those financial statements, the trustees are required to :

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any materials departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable it to ensure that the financial statements comply with the company Act 2006 and charity Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps and detect fraud and other irregularities.

Jadia Osman

Chairperson

Signed : *j.osman* Dated : 15/08/ -----2020

Statement of Financial Activities for the year ended 31 July 2020

Incoming Resources

<u>Sources</u>	<u>Note</u>	<u>Unrestricted</u>	<u>Restricted</u>	<u>2020</u>	<u>2019</u>
Grants Receivable	2		56300	56300	
Amalgamated charities					4200
Fundraising activities					6500
Membership contribution		210		210	1200
Westminster Small grant					3890
Big Lottery Fund					9750
Donation		3550		3550	
Fundraising		1890		1890	
Total Incoming Resources		<u>5650</u>	<u>56300</u>	<u>61950</u>	<u>25540</u>

Resources Expended

Venue cost			13600	13600	7400
Support worker			7700	7700	6270
Travel Expenses	300		2200	2500	580
Telephone			800	800	615
Volunteers expenses	730		3200	3930	1760
Refreshment			430	430	328
Publicity			766	766	1038
Accounting & examination			250	250	250
Bank Charges			53	53	26
Equipments			1020	1020	740
Adminitration			1800	1800	560
Food & Essential Items			8700	8700	450
Total Resources Expended		<u>1030</u>	<u>40519</u>	<u>41549</u>	<u>20017</u>
Net surplus / Deficit		<u>4620</u>	<u>15781</u>	<u>20401</u>	<u>5523</u>
Fund B/F				<u>8747</u>	<u>2414</u>
Fund C/F				<u>29148</u>	<u>8747</u>

Balance Sheet as at 31 July 2020

	<u>2020</u>	<u>2019</u>
<u>Fixed Assets</u>		
<u>Note</u>		
Tangible assets	0	0
<u>Current assets</u>		
Cash at bank	<u>29148</u>	<u>8747</u>
 <u>Total net assets</u>	 <u>29148</u>	 <u>8747</u>
 <u>Funds</u>		
Unrestricted	9307	4687
Restricted	19841	4060
 <u>Total</u>	 <u>29148</u>	 <u>8747</u>

For the year ending 31/07/2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The member have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476, the directors acknowledge their responsibilities for complying with requirements of the Act with respect to accounting records and the preparation of accounts these accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Signed on behalf of the board of Directors

Jadia Osman - Chairlady

Notes to the accounts for the year ended 31 July 2020

1. Accounting policies

a) Basis of accounting policies

The financial statements have been prepared under the historical cost convention, as modified by the inclusion of fixed assets investments at market value, and in accordance with applicable accounting standards and follow the recommendation in the statement of recommended Accounting and Reporting Practice by charities.

b) Grants

Grants are recognised in the statements on accrual basis following the satisfaction of any pre-conditions

c) Expenditure

Expenditure is recognised on accruals basis

D) The organisation's reserve policy is to retain 06-10 % of its unrestricted fund at the end of each financial year.

Independent Examiner's report to the Trustees

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice, Reporting applicable Accounting Standards and the Charity and company Act 2011 and 2006

Responsibilities of the Trustees

The trustees and the Management Committee are responsible for the preparation of the accounts and that you consider the audit requirements of the charities and company Acts 2011 and 2026. It is my responsibilities to state on the basis of procedures specified in the directions given by Charity Commissioners whether particular matters have come to my attention.

Basis of my examination

The examination of the accounts was carried out in accordance with the general directions given by the charity commissioners. The examination includes:

- A review of the accounting records kept by the charity
- A comparison of the accounts presented with those records made available
- Consideration of any unusual items and disclosures in the accounts
- Assessment and significant estimates and judgements made in preparation of the financial statements
- Examination of evidence relevant to the amount of disclosures in the financial statements

I planned and performed my investigation so as to obtain all the information and explanations which I consider necessary in order to provide me with sufficient evidence to give reasonable assurance that the financial statements are free from material mis-statements whether caused by fraud or irregularity of error. In forming my opinion I also evaluated the adequacy of the presentation of information in the financial statements.

Opinion

In my opinion the financial statements as prepared give a true and fair view of the charity state of affairs as at 31 July 2019 and the incoming resources and their applications in the year ended have been properly prepared in accordance with general directions given by Charity Commissioners.

Rabe Donald
73 Wedgwood House
Lambeth Walk
SE11 6LN

Signed : ----- AD -----

Date :----06./08/-----2020