



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01/04/2022 To 31/03/2023

Charity name: ExPro Sports Foundation

Charity registration number: 1180972

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The purposes of the CIO are to carry out activities which act as a resource for young people with disabilities of all ages and abilities throughout Nottinghamshire and the East Midlands by providing advice and assistance and the organizing of programmes of physical activities as a means of:</p> <ul style="list-style-type: none">(A) Advancing in life and helping young people by developing their skills, capacities, and capabilities to enable them to participate in society as independent, mature, and responsible individuals.(B) Advancing Education(C) Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons. <p>Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with section 7 of the charities and trustee investment (Scotland) Act 2005 and Section 2 of the charities act (Northern Ireland) 2008.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>ExPro Sports Foundation is a small, registered charity that provides sport and physical activities for disabled children across Nottinghamshire. We offer a comprehensive range of fun, exciting, and innovative sports-based activities for boys and girls aged 8-24 with the focus of keeping disabled young people active, engaged, fit and healthy.</p> <p>ExPro Sports Foundation exists to capture the passion and commitment of families in the community who need support and to ensure that disabled young people have access to sport and physical activities no matter what their disability. We wanted to provide access to sport because we identified that there was a distinct</p>

		<p>lack of provision in sport for people with disabilities across the country as a whole.</p> <p>We provide a safe and professional environment where children with a range of disabilities can try a wide range of sports, learn about the fundamental skills and rules required within different sports and develop their skills further.</p> <p>We support children who have many different physical and learning disabilities, working in small groups to help develop young people increase their skill and knowledge.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All charity trustees have had regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is/was relevant.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>As we all know 2020/21 was a tough year due to extenuating circumstances surrounding Covid-19. Our main achievement is that we are still operating in a time when many small charities have been unable to continue due to the pandemic.</p> <p>Our primary focus has and always will be the health and wellbeing (physically and mentally) during these continued challenging times.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is on a sound financial footing
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The reserves policy for Expro Sports Foundation is to work towards a point where we can hold a sum equivalent to 3 months average expenditure/operating costs. This should enable us to meet any unforeseen item of major expenditure or to be able to continue, in the short term, funding planned activities.
Amount of reserves held	Para 1.22	£400
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	There are none
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	General Covid-19 sustainability concerns but nothing financially.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	We are a registered CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Existing trustees have remained with no new trustees being added in the reporting period.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	ExPro Sports Foundation
Other name the charity uses	
Registered charity number	1180972
Charity's principal address	2 Rock Road Stamford, LINCS. PE9 1QL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Lawrie Dudfield			
2				
3				
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11				
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19				
20				

Corporate trustees – names of the directors at the date the report was approved

Corporate trustees	Names of the directors at the date the report was approved
Director name	
Michael Edwards	
Julie Shanks	

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A


Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Lawrie Dudfield	
Position (eg Secretary, Chair, etc)	Chair	
Date	31/01/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

ExPro Sports Foundation

1180972

Receipts and payments accounts

CC16a

For the period
from

1/4/2022

To

31/03/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Cash balance carried over	5,534	-	-	5,534	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	5,534	-	-	5,534	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	5,534	-	-	5,534	-
A3 Payments					
Administration Costs	110	-	-	110	-
Wages		-	-	-	-
Insurance	-	-	-	-	-
Accountancy Fees	-	-	-	-	-
Expenses	-	-	-	-	-
HMRC National Insurance		-	-	-	-
External Delivery Partners	2,775	-	-	2,775	-
Other	2,200	-	-	2,200	-
	-	-	-	-	-
Sub total	5,085	-	-	5,085	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,085	-	-	5,085	-
Net of receipts/(payments)	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	-	-	-	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Balance	451	-	-
		-	-	-
		-	-	-
	Total cash funds	451	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

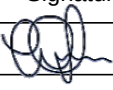
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Lawrie Dudfield	31/01/24