

THROW A STARFISH

England & Wales · Charity number 1180888

Details

Status Registered

Legal form CIO

Registered 2018-11-28

Register [View on the Charity Commission register](#)

Contact

Address 24 Woodlands Road
Chapel-En-Le-Frith
High Peak
Derbyshire
SK23 0XR

Phone 0330 229 0482

Email info@throwAStarfish.org

Website www.ThrowAStarfish.org

Activities

Objects: (1) THE RELIEF OF POVERTY, SICKNESS AND DISTRESS IN ALL REGIONS OF THE WORLD(2) THE ADVANCEMENT OF THE CHRISTIAN RELIGION THROUGHOUT THE WORLD.

Activities: We inspire and enable a wave of "starfish throwers", to make an impact on physical & spiritual poverty one person at a time. We:Enable individual volunteers to use their skills, to visit trusted partners and make a difference at a time convenient to the volunteer. Identify and establish relationships with trusted partners, and develop projects, in situations of poverty around the world.

Classification

- **How:** Makes Grants To Organisations, Provides Other Finance, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability, The Prevention Or Relief Of Poverty, Religious Activities, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, The General Public/mankind

Geography

- Kenya
- Moldova
- Sierra Leone
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£10,942	£12,872	-	-
2024-03-31	£8,143	£15,548	-	-
2023-03-31	£13,094	£30,008	-	-
2022-03-31	£25,607	£8,423	-	-
2021-03-31	£9,206	£4,259	-	-

Trustees

Name	Role	Appointed
Allyson Biggs		2025-07-14
Catherine Mwangi		2023-03-07
Donald Chepkutwo		2024-12-02
Rev LAURENCE JOHN BIGGS		2018-11-28

THROW A STARFISH

England & Wales - Charity number 1180888

Accounts



Throw A Starfish

Annual Report and Financial Statements

1 April 2024 - 31 March 2025

Charity Registration number
1180888



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Reference and Administrative information

Patron	Rt Rev Peter Hill
Trustees	Mrs Alison Biggs – until 5/8/24 Rev Laurence Biggs Mrs Catherine Mwangi Mrs Irma Mullins (Chair) Mr Donald Chepkutwo - from 2/12/24
Mission Director	Rev Laurence Biggs
Registered office	24 Woodlands Road Chapel-en-le-Frith High Peak Derbyshire SK23 0XR
Website	www.ThrowAStarfish.org
Email	info@ThrowAStarfish.org
Telephone	0330 229 0482
Charity registration number	1180888
Bankers	Lloyds Bank plc 25 Gresham Street London EC2V 7HN

Structure, Governance and Management

Governing Document

Throw A Starfish is a Charitable Incorporated Organisation (CIO) whose only members are its Trustees. It was registered on 28 November 2018.

The governing document is a constitution dated 10th September 2018.

Trustee recruitment and appointment

Apart from the first charity trustees, every trustee is appointed by the existing trustees for a term of three years, which can be subsequently renewed.

In selecting individuals for appointment as appointed charity trustees, the charity trustees have regard to interest in the charity and the areas where we work, as well as the skills, knowledge, and experience needed for the effective administration of the CIO.

Mrs. Alison Biggs resigned as a trustee on 5th August 2024 and we were pleased to welcome Mr Donald Chepkutwo, who brings financial skills, as a trustee at our meeting on 2nd December 2024.

The Mission Director is ("ex-officio") a charity trustee, for as long as he or she holds that office.

No trustees receive remuneration for their time and work with the charity.

Trustee Meetings

The trustees met on three occasions during the year (83% attendance) to plan the charity's development and monitor and review its financial affairs. An operations team works to progress the work of the society between trustees meeting and reports to the trustees at their meetings.

Risk management

The trustees have examined the major strategic, business, and operational risks that the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to mitigate these risks.

Overseas travel to developing countries on Throw A Starfish business, whether by trustees or others, will take cognisance of Foreign Office advice and will always have valid medical and travel insurance for the countries and regions concerned. Consideration will also be given to input from in-country partners. Service overseas risk assessments are reviewed annually.

This year 2 people have travelled overseas for the charity, our mission director and one Starfish Thrower who used her skills working with autistic children to provide training for medics, parents and community leaders. Over 30 children and their families were visited to assess whether the new autism centre might be able to support them beneficially.

The charity has a safeguarding policy, and DBS checks are taken for all volunteers serving with us.

Public Benefit

Throw A Starfish operates for the public benefit by providing charitable relief to the poor and needy, currently mainly in Africa. No charges are made for any charitable activities. Needs and

priorities are assessed, and plans for the effective use of funds are made through visits to partners and further information gathered from telephone and email communication.

In Kenya, as part of our autism project, over 30 families were supported and 3 training sessions delivered.

Trustees Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year. The Trustees have taken advantage of the option available under that Act, to charities with a gross income of less than £250,000, to prepare a simple receipts and payments account rather than full accounts on an accruals basis.

The trustees are responsible for keeping proper accounting records that disclose the trust's financial position with reasonable accuracy at all times. They are also responsible for safeguarding the trust's assets and, hence, for taking reasonable steps to prevent and detect fraud and other irregularities.

Objectives and activities

Vision

To inspire and enable volunteers to use their time, talents or finances to impact poverty one step at a time.

Charitable objects

1. The relief of poverty, sickness and distress in all regions of the world
2. The advancement of the Christian religion throughout the world

Activities

We aim to:

- Inspire individuals to recognise that although they may not be able to change the world as individuals, they can certainly change the world for one person or group of people.
- Enable individual volunteers to use their skills, to visit trusted partners and make a difference at a time convenient to the volunteer.
- See that some people have time, and others have other resources which they can use to make a difference.
- Identify and establish relationships with trusted partners and develop projects in situations of poverty around the world.

The trustees confirm that they have had due regard to the Charity Commission's guidance on public benefit in planning the charity's activities.

Achievements and performance

Our main focus during the year has been to develop our autism project in Kenya and seek volunteers to travel to Kenya to help with this.

Meetings took place with significant stakeholders in Kirinyaga County including the director of health, the head of the OT department and the regional secretary for the National Council for persons with Disabilities. All were very supportive of our work and indeed the latter requested we start “next week” which was clearly not possible at this stage.

We set out on the road to register an NGO in Kenya to run the project. Little progress was made due to new government announcements, which nobody seemed to know how to implement, and corruption in government institutions.

A visiting specialist from a UK support organisation, visited Kenya as a Starfish thrower to run seminars about autism for medics, community leaders and parents which were all very well received. She also visited 30+ families with autistic children to gain more information about the local situation in Kenya which was very useful to us in planning the project (one fact which was very clear was that many children are diagnosed with autism when they are not autistic).

We have engaged with and met a group of academics from Nairobi, Oxford UK, and South Africa who are working to develop an autism diagnostic tool suitable for use in African communities – the ones used in Europe and North America are not culturally relevant.

We also ran a social media campaign over Christmas assisted by an expert from a major charity which had disappointing results and confirmed the expert’s view that people these days are not really interested in helping support people in Africa.

We parted company with our original Kenyan partner in Kirinyaga due to lack of engagement and attempts to change agreements regarding who the trustees of the NGO would be behind our backs and without consultation. This has unfortunately meant we have lost land that their director had promised for the project but clears the way for a better way forwards.

We have recruited a new trustee with knowledge of Kenyan society, legal systems and finances.

Future Plans

Looking to the year ahead we are looking to continue to develop the autism project, initially through

- registering a society (experts suggested this was easier than an NGO and would meet all of our needs).
- Locating and purchasing land for the proposed centre in a location next to a main tarmac road with good connections to all the surrounding major areas of habitation
- Renting a small office to use until the centre is built.
- Develop procedures and support structures for all future operations.

How much we achieve in the year will depend on how long it takes for the registration to complete as we are not allowed to do anything with potential clients until that has taken place.

Future plans will depend on available funding and trustees’ review of risk management.

Financial review

The Charity's income comes from private donations and occasional grants. Gift Aid is claimed on most eligible private donations.

This year, our total income amounted to £10,942, of which £2,359 was restricted income which was received and fully spent during the year on the autism project, leaving no restricted funds at year end. This unrestricted income is more than sufficient to cover our operating costs, but significant fund raising will need to take place to fully fund the autism project.

The most significant items of expenditure this year were:

£6,165 to cover initial costs of setting up the autism project

£3,412 of unrestricted income for overseas travel by the Mission Director (3 visits to Kenya). This cost will likely increase in coming years as our projects grow.

The balance at the end of the year was £15,584 (£17,515 last year). This, together with support from donors who give by monthly standing order, will provide for ongoing charitable activities through the next financial year.

A bank account is held with Lloyds Bank, but Throw A Starfish has no investments or investment policy.

The Charity does not have a formal reserves policy, but we look to keep a bank balance to cover 6 months of core operations, and there are no plans to incur expenditure beyond the current level of bank balances.

Throw A Starfish will continue to raise funds from a mixture of personal applications and applications to grant-making bodies.

Any Volunteers to serve overseas with Throw A Starfish are expected to cover their own costs, although support is budgeted to help initial starfish throwers.

Independent Examiners report on the accounts

Report to the Trustees of Throw A Starfish on the accounts for the year ended 31st March 2025 set out on pages 9 to 10.

Responsibilities and basis of report

1. I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st March 2025.
2. As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").
3. I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act or
- the accounts did not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Dated: 18th January 2026

Keith Parkhouse

Accounts

Receipts and Payments Accounts

Throw A Starfish
Receipts and payments accounts
for the period from 1st April 2024 to 31st March 2025

	Notes	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
Receipts						
Donations and legacies	2a	£8,583	£2,359	£0	£10,942	£8,143
Total receipts		£8,583	£2,359	£0	£10,942	£8,143
Payments						
Expenditure on charitable activities	3a	£10,513	£2,359	£0	£12,872	£15,548
Governance costs	3b	£0	£0	£0	£0	£0
Finance costs	3c	£0	£0	£0	£0	£0
Sub total		£10,513	£2,359	£0	£12,872	£15,548
Asset and investment						
					£0	£0
					£0	£0
Sub total		£0	£0	£0	£0	£0
Total payments		£10,513	£2,359	£0	£12,872	£15,548
Net of receipts/(payments)		-£1,930	£0	£0	-£1,930	-£7,405
Transfers between funds					£0	£0
Cash funds last year end		£17,514			£17,514	£24,919
Cash funds this year end		£15,584	£0	£0	£15,584	£17,514

Signature

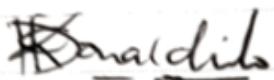
Name

Date



Laurence Biggs
Mission Director

7/1/2026



Donald Chepkutwo
Chair of trustees

7/1/2026

Notes on accounts

1. The annual report has been prepared on the Receipts and Payments basis as prescribed by the Charity Commissioners, and they meet the appropriate legal requirements.

2. Receipts

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Current year</u>	<u>Previous year</u>
2.a Donations and legacies				
Non Giftaid donations	£6,508	£2,152	£8,660	£7,018
Gift aid donations	£1,375	£207	£1,582	£1,125
Gift aid reclaimed	£648	£52	£700	£0
Total	£8,531	£2,411	£10,942	£8,143

2.b Investment income

Bank interest

Total	£0	£0	£0	£0
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3. Payments

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Current Year</u>	<u>Previous Year</u>
3.a Expenditure on charitable activities				
Affiliations	£150		£150	£145
Website hosting	£355		£355	£355
Charity insurance	£780		£780	£769
Office supplies	£24		£24	£0
Telephone	£48		£48	£72
Social media	£936		£936	£0
Starfish thrower sponsorship	£973		£973	£0
Charity equipment			£0	£115
Website development			£0	£361
Mount Kenya Autism Centre	£3,806	£2,359	£6,165	£0
Makatanu Plastic recycling centre			£0	£11,235
Overseas travel	£3,422		£3,422	£2,486
Miscellaneous	£19		£19	£9
Total	£10,513	£2,359	£12,872	£15,547

3.b Governance costs

Independent examination

Total

£0	£0	£0	£0
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3.c Finance costs

Bank charges

Total

£0	£0	£0	£0
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4. Restricted funds

There were no restricted funds at year end

THROW A STARFISH

England & Wales - Charity number 1180888

Accounts

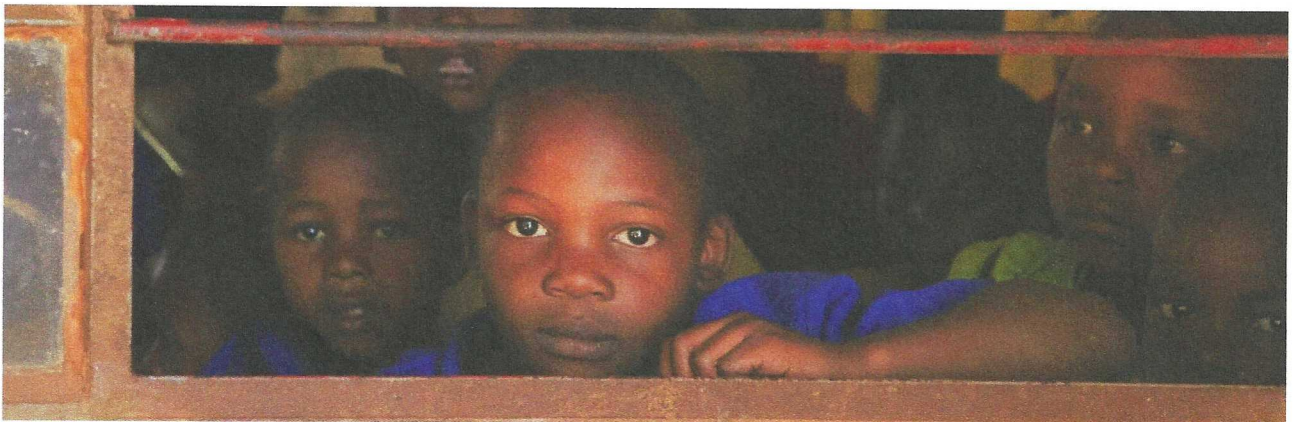


Throw A Starfish

Annual Report and Financial Statements

1 April 2023 - 31 March 2024

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Reference and Administrative information

Patron	Rt Rev Peter Hill
Trustees	Mrs Alison Biggs Rev Laurence Biggs Mrs Catherine Mwangi - from 4/4/23 Mrs Irma Mullins (Chair) – from 4/4/23 Rev Canon David Hague – to 4/4/23 Mr Thomas Salisbury – to 4/4/23
Mission Director	Rev Laurence Biggs
Registered office	24 Woodlands Road Chapel-en-le-Frith High Peak Derbyshire SK23 0XR
Website	www.ThrowAStarfish.org
Email	info@ThrowAStarfish.org
Telephone	0330 229 0482
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Structure, Governance and Management

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Throw A Starfish is a Charitable Incorporated Organisation (CIO) whose only members are its Trustees. It was registered on 28 November 2018.

The governing document is a constitution dated 10th September 2018.

Trustee recruitment and appointment

Apart from the first charity trustees, every trustee is appointed by the existing trustees for a term of three years, which can be subsequently renewed.

In selecting individuals for appointment as appointed charity trustees, the charity trustees have regard to interest in the charity and the areas where we work, as well as the skills, knowledge, and experience needed for the effective administration of the CIO.

Mrs. Irma Mullins and Mrs Catherine Mwangi were appointed trustees on 7th March 2023 and took up their roles on 4th April 2023, when Rev David Hague and Mr Thomas Salisbury stood down.

The Mission Director is ("ex-officio") a charity trustee, for as long as he or she holds that office.

Trustee Meetings

The trustees met on three occasions during the year (96% attendance) to plan the charity's development and monitor and review its financial affairs. At the end of 2023, an operations team was set up, reporting to the trustees and working to carry out the charity's work.

Risk management

The trustees have examined the major strategic, business, and operational risks that the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to mitigate these risks.

Overseas travel to developing countries on Throw A Starfish business, whether by trustees or others, will take cognisance of Foreign Office advice and will always have valid medical and travel insurance for the countries and regions concerned. Consideration will also be given to input from in-country partners. Service overseas risk assessments are reviewed annually.

Again, this year, the only person to travel overseas was the Mission Director, who visited Kenya twice. As international travel returns to normal, overseas travel is expected to increase in the forthcoming year.

The charity has a safeguarding policy, and DBS checks are taken for all volunteers serving with us.

Public Benefit

Throw A Starfish operates for the public benefit by providing charitable relief to the poor and needy, currently mainly in Africa. No charges are made for any charitable activities. Needs and priorities are assessed, and plans for the effective use of funds are made through visits to partners and further information gathered from telephone and email communication.

Trustees Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year. The Trustees have taken advantage of the option available under that Act, to charities with a gross income of less than £250,000, to prepare a simple receipts and payments account rather than full accounts on an accruals basis.

The trustees are responsible for keeping proper accounting records that disclose the trust's financial position with reasonable accuracy at all times. They are also responsible for safeguarding the trust's assets and, hence, for taking reasonable steps to prevent and detect fraud and other irregularities.

Objectives and activities

Vision

To inspire and enable volunteers to use their time, talents or finances to impact poverty one step at a time.

Charitable objects

1. The relief of poverty, sickness and distress in all regions of the world
2. The advancement of the Christian religion throughout the world

Activities

We aim to:

- Inspire individuals to recognise that although they may not be able to change the world as individuals, they can certainly change the world for one person or group of people.
- Enable individual volunteers to use their skills, to visit trusted partners and make a difference at a time convenient to the volunteer.
- See that some people have time, and others have other resources which they can use to make a difference.
- Identify and establish relationships with trusted partners and develop projects in situations of poverty around the world.

Achievements and performance

We have recently spent a lot of time reviewing our structures and objectives to better prepare for the work ahead.

Two of our founding trustees have left the charity to be replaced by two new trustees, but a skills audit among the board members recently identified gaps that need filling—see below.

Makutano Plastic Recycling Centre



Solar power was installed at Makutano this year. In addition to the obvious environmental benefits, this has given the site a cheap ongoing electricity supply, which has enabled the process of recycling plastics to start up. Quantities recycled are currently lower than expected due to major changes in handling plastics in Kenya during the year, but throughput is expected to increase in the months ahead.

The trustees have decided that the project should now be handed over to the local Kenyan partner. Although we will keep an interest in progress, no future investment is envisaged in the project.

Future Plans

We will recruit at least two new trustees who have knowledge and experience in finances, marketing, and digital media.

We will start a digital marketing campaign to increase funds and grow our database.

Focus for the next two years – Autism in Africa/Kenya

Autism Spectrum Disorder (ASD) is a developmental disorder affecting communication and behaviour.

In Kenya, many autistic individuals remain undiagnosed due to a lack of resources and awareness.

The 2019 census reported that in the Mount Kenya region, which is the focus of this project:

The total population	1,626,472	number who are autistic	65,059
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Children aged under five	232,520	number who are autistic	9,301
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Each year another approximately 46,000 children will be born of whom 1840 will be autistic

As births exceed deaths each year, there will be a growing number of autistic people in the target area and at present, there are no specialist facilities to support them and their families.

NB Although there has been limited research in this area, it can be assumed that approximately 4% of the population will be on the autism spectrum.

Current challenges

- **Lack of Diagnostic Services:** Limited availability of diagnostic tools and trained professionals.
- **Late Intervention:** Scarcity of early intervention programs.
- **Limited Access to Therapies:** Inadequate availability of speech and occupational therapies and high costs
- **Educational Barriers:** Insufficient special needs schools and lack of trained educators.
- **Public Stigma:** Persistent misconceptions and stigma surrounding autism.
- **Policy Gaps:** Weak policies and lack of enforcement to support autistic individuals.

Goals

We want to work with a local partner to setup

- Establish high-quality autism care centres in the Mount Kenya South region of Kenya
- Provide early and affordable comprehensive diagnosis, intervention, and support services.
- Raise public awareness and reduce stigma.
- Advocate for more robust policies and support for individuals with autism.

Financial review

The Charity's income comes from private donations and occasional grants. Gift Aid is claimed on most eligible private donations.

This year, our total income amounted to £8,134, all of which was Unrestricted. This is more than sufficient to cover our operating costs.

The most significant items of expenditure this year were:

£11,235 (including the remaining £2,486 of restricted income) for continued work on the Makutano plastic recycling facility. This covered the cost of purchasing and installing solar power at the plant, which enabled it to start operations and continue to benefit from cheap energy.

£2,486 of unrestricted income for overseas travel by the Mission Director (2 visits to Kenya). This cost will likely increase in coming years as more people will travel with the charity.

The balance at the end of the year was £17,515 (£24,919 last year). This, together with support from donors who give by monthly standing order, will provide for ongoing charitable activities through the next financial year.

A bank account is held with Lloyds Bank, but Throw A Starfish has no investments or investment policy.

The Charity does not have a formal reserves policy, but we look to keep a bank balance to cover 6 months of operation, and there are no plans to incur expenditure beyond the current level of bank balances.

Throw A Starfish will continue to raise funds from a mixture of personal applications and applications to grant-making bodies.

Any Volunteers to serve overseas with Throw A Starfish are expected to cover their own costs, although support is budgeted to help initial starfish throwers.

Independent Examiners report on the accounts

Report to the Trustees of Throw A Starfish on the accounts for the year ended 31st March 2024 set out on pages 10 to 11.

Responsibilities and basis of report

1. I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st March 2024.
2. As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").
3. I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act or
- the accounts did not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Keith Parkhouse

Dated:

28 January 2025

Keith Parkhouse

Accounts

Receipts and payments accounts

Throw A Starfish
Receipts and payments accounts
for the period from 1st April 2023 to 31st March 2024

	Notes	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
Receipts						
Donations and legacies	2a	£8,143	£0	£0	£8,143	£13,094
Investment income	2b	£0	£0	£0	£0	£0
Total receipts		£8,143	£0	£0	£8,143	£13,094
Payments						
Expenditure on charitable activities	3a	£13,062	£2,486	£0	£15,548	£30,008
Governance costs	3b	£0	£0	£0	£0	£0
Finance costs	3c	£0	£0	£0	£0	£0
Sub total		£13,062	£2,486	£0	£15,548	£30,008
Asset and investment						
					£0	£0
					£0	£0
Sub total		£0	£0	£0	£0	£0
Total payments		£13,062	£2,486	£0	£15,548	£30,008
Net of receipts/(payments)		-£4,918	-£2,486	£0	-£7,404	-£16,914
Transfers between funds					£0	£0
Cash funds last year end		£22,433	£2,486		£24,919	£41,833
Cash funds this year end		£17,515	£0	£0	£17,515	£24,919

Signature



Name

Laurence Biggs (Mission Director)

Date

26/1/25



Irma Mullins (Chair of Trustees)

27.1.25

Notes on accounts

1. The annual report has been prepared on the Receipts and Payments basis as prescribed by the Charity Commissioners, and they meet the appropriate legal requirements.

2. Receipts

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Current year</u>	<u>Previous year</u>
2.a Donations and legacies				
Non Giftaid donations	£7,018		£7,018	£10,654
Gift aid donations	£1,125		£1,125	£1,900
Gift aid reclaimed			£0	£540
Total	£8,143	£0	£8,143	£13,094

2.b Investment income

Bank interest

Total	£0	£0	£0	£0
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3. Payments

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Current Year</u>	<u>Previous Year</u>
3.a Expenditure on charitable activities				
Affiliations	£145		£145.00	£129
Website hosting	£355		£355.20	£400
Charity insurance	£769		£769.38	£654
Office supplies			£0.00	£0
Telephone	£72		£72.00	£0
Charity equipment	£115		£114.99	£0
Website development	£361		£360.99	£0
Kithogondo well			£0.00	£1,518
Makatanu Plastic recycling centre	£8,749	£2,486	£11,235.13	£25,338
Overseas travel	£2,486		£2,485.65	£1,873
Misc	£9		£9.35	
Total	£13,062	£2,486	£15,548	£29,912

3.b Governance costs

Independent examination

Total	£0	£0	£0	£0
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3.c Finance costs

Bank charges

Total	£0	£0	£0	£0
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4. Restricted funds

There are no restricted funds at year end

THROW A STARFISH

England & Wales - Charity number 1180888

Accounts

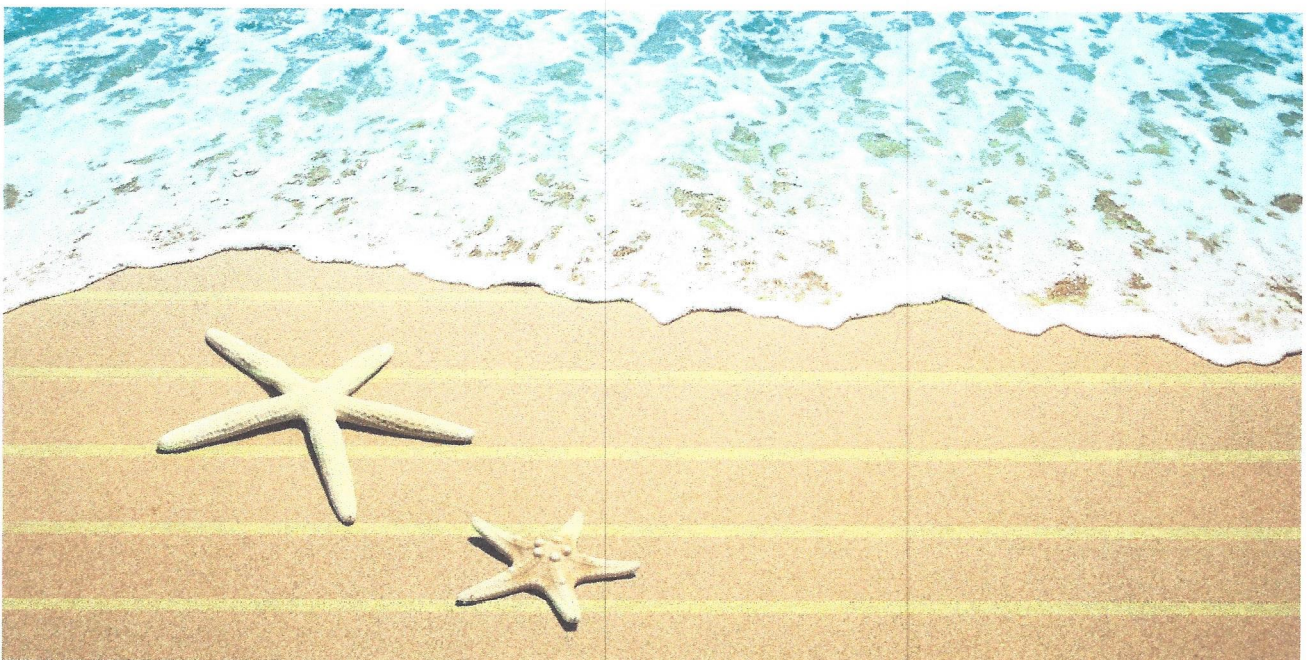


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Reference and Administrative information

Patron	Rt Rev Peter Hill
Trustees	Mrs Alison Biggs Rev Laurence Biggs Rev Canon David Hague (Chair) Mr Thomas Salisbury
Mission Director	Rev Laurence Biggs
Registered office	16 Longcroft Braithwaite Keswick Cumbria CA12 5TE
Website	www.ThrowAStarfish.org
Email	info@ThrowAStarfish.org
Telephone	0330 229 0482
Charity registration number	1180888
Bankers	Lloyds Bank plc 25 Gresham Street London EC2V 7HN

Structure, Governance and Management

Governing Document

Throw A Starfish is a Charitable Incorporated Organisation (CIO) whose only members are its Trustees. It was registered on 28 November 2018.

The governing document is a constitution dated 10th September 2018.

Trustee recruitment and appointment

Apart from the first charity trustees, every trustee is appointed, by the existing trustees, for a term of three years which can be subsequently renewed.

In selecting individuals for appointment as appointed charity trustees, the charity trustees have regard to interest in the charity and the areas where we work as well as the skills, knowledge and experience needed for the effective administration of the CIO.

There has been no change in trustees this year.

The Mission Director is ("ex-officio") a charity trustee, for as long as he or she holds that office.

Trustee Meetings

The trustees have met on 1 occasion during the year to plan the development of the charity and to monitor and review the financial affairs. The number of meetings each year is expected to rise to 6 in the coming year with the norm being to meet online.

Risk management

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to mitigate these risks.

Overseas travel to developing countries on Throw A Starfish business, whether by Trustees or others, will take cognizance of Foreign Office advice, and will always have medical and travel insurance which is valid for the countries and regions concerned. Consideration will also be given to input from in country partners. Service overseas risk assessments are reviewed annually.

Again this year, the only person to travel overseas was the Mission Director who visited Kenya in October 2022.

The charity has a safeguarding policy and DBS checks are taken for all volunteers serving with us.

Public Benefit

Throw A Starfish operates for the public benefit through the provision of charitable relief to the poor and needy, currently mainly in Africa. No charges are made for any charitable activities. Assessment of needs and priorities as well as planning for the effective use of funds is done through visits to partners and further information gathered from telephone and email communication.

Trustees Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year. The Trustees have taken advantage of the option that is available under that Act to charities with a gross income of less than £250,000 to prepare a simple receipts and payments account rather than full accounts on the accruals basis.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the trust. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities

Objectives and activities

Vision

We may not be able to change the world but we want to inspire and enable a wave of “starfish throwers”, people who volunteer their skills, to make an impact on physical and spiritual poverty - one person, one family, one group of people, or even one plastic bottle at a time.

Charitable objects

1. The relief of poverty, sickness and distress in all regions of the world
2. The advancement of the Christian religion throughout the world

Activities

We inspire and enable a wave of “Starfish Throwers”, to make an impact on physical and spiritual poverty one person at a time. We:

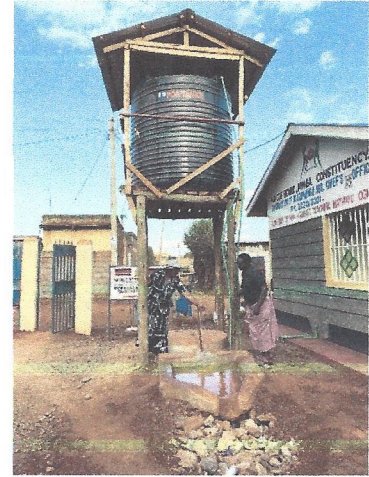
- Enable individual volunteers to use their skills, to visit trusted partners and make a difference at a time convenient to the volunteer.
- Identify and establish relationships with trusted partners, and develop projects, in situations of poverty around the world.

Achievements and performance

The COVID-19 pandemic has continued to adversely affect our work with once again this year no volunteers travelling to Africa. We have however made progress on two projects

Kithogondo well

This was a project initiated from the visit of our pilot team in 2019 but much delayed by Covid. We are pleased to report that the well is now operational and making a huge difference in the lives of those who live in the village.



Makutano plastic recycling centre



A lot of progress has been made here, and the granulator which will cut the plastic into small pieces is in situ. The main obstacle to starting processing is a lack of power. An order was placed with Kenya Power in April 2022 and it has still not been provided due to a lack of suitable meters in the country.

We are working with our Partner, BOHI Clean Green, and several potential suppliers to see if solar power would be feasible for this project. If it would, it would obviously have further environmental benefits too.

Future Plans

Covid 19 changed everything! The coming year will see a number of changes in the charity

Two of our founding trustees have indicated that they would like to stand down in the year ahead and work is underway to find suitable replacements.

We are about to embark on a major review of our vision and strategy which will we think see us focusing on a smaller area to work in terms of geography and skillsets.

Work will continue with our partner BOHI Clean green on the plastic recycling centre in Makutano looking at the possibility of using solar power to drive the machinery.

Part of our original vision was to develop projects in situations of poverty – we will be seeking to look for further projects – work can carry on with these even when people cannot travel.

Financial review

The Charity's income comes from private donations and occasional grants. Gift Aid is claimed on most of the private donations.

This year our total income amounted to £13,094 of which £3,294 was unrestricted and £9,800 restricted. Unrestricted income increased this year from £2,720 to £3,294 which covered our operating costs.

The largest items of expenditure this year were:

£25,338 of restricted income for continued work on the Makutano plastic recycling facility. This covered the cost of purchase and shipping equipment to Kenya as well as a contribution to further construction work on site.

£1,518 of restricted income to build a well in Kithogondo. It was very encouraging to visit the site and see the well in operation and the happy faces on the villagers who were eager to tell of the difference this has made to their health.

£1,873 of unrestricted income for overseas travel by the Mission Director which includes purchase of a plane ticket to Kenya which will be used in the next financial year. It was encouraging to see travel costs begin to reduce again this year post COVID-19.

The balance at the end of the year was £24,919 (£41,833 last year) but back at the same level as the year before (£24,649). This, together with support from donors who give by monthly standing order, will provide for on-going charitable activities through the next financial year.

A bank account is held with Lloyds Bank, but Throw A Starfish has no investments or investment policy.

The Charity does not have a formal reserves policy, but we look to keep a bank balance to cover 6 months' operation and there are no plans to incur expenditure beyond the current level of bank balances.

Throw A Starfish will continue to raise funds from a mixture of personal applications and applications to grant-making bodies.

Any Volunteers to serve overseas with Throw A Starfish are expected to cover their own costs.

Independent Examiners report on the accounts

Report to the Trustees of Throw A Starfish on the accounts for the year ended 31st March 2023 is set out on pages 9 to 11.

Responsibilities and basis of report

1. I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st March 2023.
2. As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").
3. I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act or
- the accounts did not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

K. I. Parkhouse

Dated:

6 January 2024

Keith Parkhouse BA ACA Retired TEP

Accounts

Receipts and payments accounts

Throw A Starfish
Receipts and payments accounts
for the period from 1st April 2022 to 31st March 2023

	Notes	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
Receipts						
Donations and legacies	2a	£3,294	£9,800	£0	£13,094	£9,206
Investment income	2b	£0	£0	£0	£0	£0
Total receipts		£3,294	£9,800	£0	£13,094	£9,206
Payments						
Expenditure on charitable activities	3a	£3,152	£26,856	£0	£30,008	£4,259
Governance costs	3b	£0	£0	£0	£0	£0
Finance costs	3c	£0	£0	£0	£0	£0
Sub total		£3,152	£26,856	£0	£30,008	£4,259
Asset and investment						
Data Projector		£0	£0	£0	£0	£0
Sub total		£0	£0	£0	£0	£0
Total payments		£3,152	£26,856	£0	£30,008	£4,259
Net of receipts/(payments)		£142	-£17,056	£0	-£16,914	£4,947
Transfers between funds					£0	£0
Cash funds last year end		£22,291	£19,542		£41,833	£19,702
Cash funds this year end		£22,433	£2,486	£0	£24,919	£24,649

Signature



Name

Laurence Biggs (Mission Director)

Irma Mullins (Chair of Trustees)

Date

6/1/24

6/1/24

Notes on accounts

1. The accounts have been prepared under the Income and Expenditure basis as prescribed by the Charity Commissioners, and they meet the appropriate legal requirements.

2. Receipts

Unrestricted Restricted Current year Previous year

2.a Donations and legacies

Romania Care			£0	£20,000
Non Giftaid donations	£854	£9,800	£10,654	£2,504
Gift aid donations	£1,900		£1,900	£2,800
Gif taid reclaimed	£540		£540	£303
Total	£3,294	£9,800	£13,094	£25,607

2.b Investment income

Bank interest

Total	£0	£0	£0	£0
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3. Payments

Unrestricted Restricted Current Year Previous Year

3.a Expenditure on charitable activities

Affiliations	£129		£129.00	£219
Website hosting	£400		£400.00	£670
Charity insurance	£654		£654.00	£553
Office supplies			£0.00	£32
Telephone	£96		£96.00	£48
Kithogondo well		£1,518	£1,518.00	
Makatanu Plastic recycling centre		£25,338	£25,338.00	£5,035
Marketing - charity leaflets			£0.00	£86
Marketing - Social media			£0.00	£14
Overseas travel	£1,873		£1,873.00	£1,766
Total	£3,152	£26,856	£30,008	£8,423

3.b Governance costs

Independent examination

Total	£0	£0	£0	£0
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3.c Finance costs

Bank charges

Total	£0	£0	£0	£0
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4. Restricted funds

A total of £2,486 is held as restricted funds for two projects.

£2,486 is held for the establishment of the Makutano plastic recycling centre – a joint project with our partner B.O.H.I. Clean Green.

THROW A STARFISH

England & Wales - Charity number 1180888

Accounts



Throw A Starfish

Annual Report and Financial Statements

1 April 2021 - 31 March 2022

Charity Registration number
1180888



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Patron	Rt Rev Peter Hill
Trustees	Mrs Alison Biggs Rev Laurence Biggs Rev Canon David Hague (Chair) Mr Thomas Salisbury
Mission Director	Rev Laurence Biggs
Registered office	16 Longcroft Braithwaite Keswick Cumbria CA12 5TE
Website	www.ThrowAStarfish.org
Email	info@ThrowAStarfish.org
Telephone	0330 229 0482
Charity registration number	1180888
Bankers	Lloyds Bank plc 25 Gresham Street London EC2V 7HN

Structure, Governance and Management

Governing Document

Throw A Starfish is a Charitable Incorporated Organisation (CIO) whose only members are its Trustees. It was registered on 28 November 2018.

The governing document is a Constitution dated 10th September 2018.

Trustee recruitment and appointment

Apart from the first charity trustees, every trustee is appointed, by the existing trustees, for a term of three years which can be subsequently renewed.

In selecting individuals for appointment as appointed charity trustees, the charity trustees have regard to interest in the charity and the areas where we work as well as the skills, knowledge and experience needed for the effective administration of the CIO.

In November 2021 Alison Biggs completed her initial term as trustee (3 years as first trustees). She was reappointed for a further 3 years.

The Mission Director is ("ex-officio") a charity trustee, for as long as he or she holds that office.

Trustee Meetings

The trustees have met on 2 occasions during the year to plan the development of the charity and to monitor and review the financial affairs. Due to the ongoing COVID-19 pandemic, all meetings this year took place online and our annual all day meeting had to be postponed.

Risk management

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to mitigate these risks.

Overseas travel to developing countries on Throw A Starfish business, whether by Trustees or others, will take cognizance of Foreign Office advice, and will always have medical and travel insurance which is valid for the countries and regions concerned. Consideration will also be given to input from in country partners. Service overseas risk assessments are reviewed annually.

Due to the ongoing COVID-19 pandemic only one overseas trip took place during the year. The Mission Director visited Kenya in December 2021 to meet with some of our partners to review when sending volunteers might be possible again.

The charity has a safeguarding policy and DBS checks are taken for all volunteers serving with us.

Public Benefit

Throw A Starfish operates for the public benefit through the provision of charitable relief to the poor and needy, currently mainly in Africa. No charges are made for any charitable activities. Assessment of needs and priorities as well as planning for the effective use of funds is done through visits to partners and further information gathered from telephone and email communication.

Trustees Responsibilities

The Charities Act 2011 requires the trustees to prepare financial statements for each financial year. The Trustees have taken advantage of the option that is available under that Act to charities with a gross income of less than £250,000 to prepare a simple receipts and payments account rather than full accounts on the accruals basis.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the trust. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Objectives and activities

Vision

We may not be able to change the world but we want to inspire and enable a wave of “starfish throwers”, to make an impact on physical and spiritual poverty – one person at a time.

Charitable objects

1. The relief of poverty, sickness and distress in all regions of the world
2. The advancement of the Christian religion throughout the world

Activities

We inspire and enable a wave of “Starfish Throwers”, to make an impact on physical and spiritual poverty one person at a time. We:

- Enable individual volunteers to use their skills, to visit trusted partners and make a difference at a time convenient to the volunteer.
- Identify and establish relationships with trusted partners, and develop projects, in situations of poverty around the world.

Achievements and performance

The COVID-19 pandemic has continued to adversely affect our work. Who would have believed two years ago that travel would still be so severely restricted! In the last year only our mission director has travelled overseas with the charity and, in many ways, it seems that a second year has simply been lost.

Having said that, we have tried to be creative to allow some valuable work to be undertaken.

Main achievements include:

- We have worked with two organisations in Kenya who would like to become partners - Seed of hope counselling, training and rehabilitation centre and Azriel Counselling, Rehabilitation & Treatment Centre. We hope that both will become official partners in the next year.
- Abby Chilton, our volunteer social media administrator, moved on to a new appointment in August 2021 – we are very grateful to Abby for all her work for us – we have so far not been able to recruit a volunteer to replace her and build on the work she has done.
- We have increased our regular financial support from £150 to £650 per month.
- Working with Beacon of Hope International (BOHI), one of our partners, we have begun to build a plastic recycling centre in Makutano. The centre should become operational in the coming financial year and will process 3.5 tonnes of waste plastic per week. Our Mission Director modelled “Throwing a Starfish” by providing consultancy on Project planning, proposal writing and strategic planning. In this time where it has not been possible for people to travel this project is about changing the world not one person at a time but one plastic bottle, one plastic broken chair, one piece of discarded plastic at a time!

Future Plans

The uncertainty of the ongoing COVID-19 situation still makes travel difficult and unpredictable. We have therefore decided to suspend sending volunteers (many of whom would never have travelled alone to the African continent) overseas for another year and instead focus on getting the Makutano Plastic Recycling Centre up and running and the shallow water well in the rice slum village of Kithogondo commissioned. Plans for the latter were birthed in our 2019 pilot team and held up by covid regulations in Kenya.

Financial review

The Charity’s income comes from private donations and occasional grants. Gift Aid is claimed on most of the private donations.

This year our total income amounted to £25,607 of which £2,720 was unrestricted and £22,887 restricted. Unrestricted income was less than in the previous year, however we are delighted that with all the ongoing challenges of the COVID-19 pandemic we were still able to almost cover our operating costs from income.

The largest items of expenditure this year were:

£5,035 of restricted income for initial work on the Makutano plastic recycling facility. The total budget for this project is about £45,000 and this money will allow site construction work to begin.

£1,766 of unrestricted income for overseas travel by the Mission Director to meet with partners to review when we might be able to send volunteers overseas again. Travel was considerably more expensive due to the additional costs of travelling during the COVID-19 pandemic.

We have begun to increase our income from regular giving - £650 per month from 3 regular donors of which £500 is restricted for use in the Makutano plastics recycling facility for the whole of the next financial year.

The balance at the end of the year was £41,833 (£24,649 last year) and this, together with support from donors who give by monthly standing order, will provide for on-going charitable activities through the next financial year.

A bank account is held with Lloyds Bank, but Throw A Starfish has no investments or investment policy.

The Charity does not have a formal reserves policy, but we look to keep a bank balance to cover 6 months' operation and there are no plans to incur expenditure beyond the current level of bank balances.

Throw A Starfish will continue to raise funds from a mixture of personal applications and applications to grant-making bodies.

Any Volunteers to serve overseas with Throw A Starfish are expected to cover their own costs.

Independent Examiners report on the accounts

Report to the Trustees of Throw A Starfish on the accounts for the year ended 31st March 2022 set out on pages 8 to 11.

Responsibilities and basis of report

1. I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st March 2022.
2. As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").
3. I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act or
- the accounts did not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

K. I. Parkhouse

Dated:

21 January 2023

Keith Parkhouse BA ACA TEP

Accounts

Receipts and payments accounts

Throw A Starfish
Receipts and payments accounts
for the period from 1st April 2021 to 31st March 2022

	Notes	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
Receipts						
Donations and legacies	2a	£2,720	£22,887	£0	£25,607	£9,206
Investment income	2b	£0	£0	£0	£0	£0
Total receipts		£2,720	£22,887	£0	£25,607	£9,206
Payments						
Expenditure on charitable activities	3a	£3,388	£5,035	£0	£8,423	£4,259
Governance costs	3b	£0	£0	£0	£0	£0
Finance costs	3c	£0	£0	£0	£0	£0
Sub total		£3,388	£5,035	£0	£8,423	£4,259
Asset and investment						
Data Projector		£0	£0	£0	£0	£0
					£0	£0
Sub total		£0	£0	£0	£0	£0
Total payments		£3,388	£5,035	£0	£8,423	£4,259
Net of receipts/(payments)		-£668	£17,852	£0	£17,184	£4,947
Transfers between funds					£0	£0
Cash funds last year end		£22,959	£1,690		£24,649	£19,702
Cash funds this year end		£22,291	£19,542	£0	£41,833	£24,649

Signature

L Biggs
D Hague

Name

Laurence Biggs (Mission Director)

David Hague (Chair of Trustees)

Date

22/9/22

17/1/23

Notes on accounts

1. The accounts have been prepared under the Income and Expenditure basis as prescribed by the Charity Commissioners, and they meet the appropriate legal requirements.

2. Receipts

	<u>Unrestricted</u>	<u>Restricted</u>	<u>2022</u>	<u>2021</u>
2.a Donations and legacies				
St Paul's Church St Albans			£0	£2,000
Romania Care		£20,000	£20,000	£0
Non Gift Aid donations	£320	£2,184	£2,504	£2,288
Gift Aid donations	£2,150	£650	£2,800	£3,579
Gift Aid reclaimed	£250	£53	£303	£1,339
Total	£2,720	£22,887	£25,607	£9,206

2.b Investment income

Bank interest

Total	£0	£0	£0	£0
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3. Payments

	<u>Unrestricted</u>	<u>Restricted</u>	<u>2022</u>	<u>2021</u>
3.a Expenditure on charitable activities				
Affiliations	£219		£219	£277
Website hosting	£670		£670	£80
Stationery			£0	£44
Training			£0	£0
Charity insurance	£553		£553	£459
Office supplies	£32		£32	£164
Telephone	£48		£48	£48
Website development			£0	£0
Kibera COVID-19 food relief			£0	£2,108
Kithogondo well			£0	£0
Makatanu Plastic recycling centre		£5,035	£5,035	£0
Marketing - charity leaflets	£86		£86	£100
Marketing - book "Throwing Starfish"			£0	£837
Marketing - Social media	£14		£14	£0
UK travel			£0	£0
Overseas travel	£1,766		£1,766	£144
Misc			£0	£0
Total	£3,388	£5,035	£8,423	£4,261

3.b Governance costs

Independent examination

Total	£0	£0	£0	£0
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3.c Finance costs

Bank charges

Total	£0	£0	£0	£0
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4. Restricted funds

A total of £19,542 is held as restricted funds for two projects.

£1,690 was donated to build a well for the residents of Kithogondo (A rice slum near to where the pilot team visited in 2019). Residents of the settlement currently drink river water which is contaminated and causes frequent illness. Due to the pandemic, construction has been delayed but is hoped to take place in the coming financial year.

£17,852 is held for the establishment of the Makutano plastic recycling centre – a joint project with our partner B.O.H.I.

THROW A STARFISH

England & Wales - Charity number 1180888

Accounts



Throw A Starfish

Annual Report and Financial Statements

1 April 2020 - 31 March 2021

Charity Registration number
1180888



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Email	info@ThrowAStarfish.org
Telephone	0330 229 0482
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Structure, Governance and Management

Governing Document

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The governing document is a Constitution dated 10th September 2018.

Trustee recruitment and appointment

Apart from the first charity trustees, every trustee is appointed, by the existing trustees, for a term of three years which can be subsequently renewed.

In selecting individuals for appointment as appointed charity trustees, the charity trustees have regard to interest in the charity and the areas where we work as well as the skills, knowledge and experience needed for the effective administration of the CIO.

In November 2020 both Laurence Biggs and Tom Salisbury completed their term as trustees (2 years as first trustees). Both were reappointed for a further 3 years.

The Mission Director is ("ex-officio") a charity trustee, for as long as he or she holds that office.

Trustee Meetings

The trustees have met on 5 occasions during the year to plan the development of the charity and to monitor and review the financial affairs. Due to the ongoing COVID-19 pandemic, all meetings this year took place online and our annual all day meeting had to be postponed.

Risk management

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to mitigate these risks.

Overseas travel to developing countries on Throw A Starfish business, whether by Trustees or others, will take cognizance of Foreign Office advice, and will always have medical and travel insurance which is valid for the countries and regions concerned. Consideration will also be given to input from in country partners. Service overseas risk assessments are reviewed annually.

Due to the ongoing COVID-19 pandemic no overseas travel took place during the year.

The charity has a safeguarding policy and DBS checks are taken for all volunteers serving with us.

Public Benefit

Throw A Starfish operates for the public benefit through the provision of charitable relief to the poor and needy, currently mainly in Africa. No charges are made for any charitable activities. Assessment of needs and priorities as well as planning for the effective use of funds is done through visits to partners and further information gathered from telephone and email communication.

Trustees Responsibilities

The Charities Act 2006 require the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the trust and of the surplus of the trust for that period. In preparing those financial statements the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Make judgements and estimates that are reasonable and prudent
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in existence.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the trust. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Objectives and activities

Vision

We may not be able to change the world but we want to inspire and enable a wave of “starfish throwers”, to make an impact on physical and spiritual poverty – one person at a time.

Charitable objects

1. The relief of poverty, sickness and distress in all regions of the world
2. The advancement of the Christian religion throughout the world

Activities

We inspire and enable a wave of “Starfish Throwers”, to make an impact on physical and spiritual poverty one person at a time. We:

- Enable individual volunteers to use their skills, to visit trusted partners and make a difference at a time convenient to the volunteer.
- Identify and establish relationships with trusted partners, and develop projects, in situations of poverty around the world.

Achievements and performance

We reported last year at the start of the COVID-19 pandemic that “The FCO advice against all but essential travel anywhere in the world will surely put most of this [our plans] on hold for an unknown period.” At that time nobody thought that a year on travel would still be severely restricted! In the last year no trustee or volunteer has travelled overseas with the charity and in many ways it seems that a more than a year has simply been lost.

Having said that, we have used this time to further develop the charity, build our supporter base, and help the very vulnerable as they struggle with the pandemic. Main achievements include:

- We have published a book, written by our Mission Director, with the title “Throwing Starfish”. This book encourages the reader to see the potential in their lives that God sees and use it to “Throw Starfish” and be a part of changing the world one person at a time. The book will be available to purchase from Mid-April.
- Abby Chilton has joined us as volunteer Social Media Adviser. She has already made great progress with our engagement in social media particularly Facebook and Instagram.
- A leaflet introducing the work of the charity has been designed and produced.
- Work has been done to provide other ways to engage with the charity – offering skills to be used (remotely and overseas) as well as signing up to throw a defined Starfish
- A feeding programme was established in the Kibera slum of Nairobi to feed those facing starvation as they could not work and could therefore not buy food.

Future Plans

The ongoing pandemic still makes concrete planning difficult. We however hope to:

- Restart overseas travel in the last quarter of 2021 – this to be our Mission Director meeting with existing partners to review our overseas risk assessment and the impact of the pandemic on our partners.
- Throw our first four Starfish in first half of 2022
- Sign up two new partners in Africa/Eastern Europe and begin discussions with at least one more
- Undertake speaking engagements (in person) and promote the “Throwing Starfish” book with a view to signing up more starfish throwers.

Financial review

The Charity’s income comes from private donations and occasional grants. Gift Aid is claimed on most of the private donations.

This year our total income amounted to £9,206 of which £5,409 was unrestricted and £3,798 restricted. This is considerably less than last accounts which covered a longer period (16 months) however we are delighted that with all the challenges of the COVID-19 pandemic we were still able to cover our operating costs from income.

The largest items of expenditure this year were £2,108 of restricted income to fund food for vulnerable residents of Kibera and £837 of unrestricted income to publish the book, Throwing Starfish, written by our mission director.

We have begun to establish some regular giving - £150 per month from 2 regular donors.

The balance at the end of the year was £24,649 (£19,702 last year) and this, together with support from donors who give by monthly standing order, will provide for on-going charitable activities through 2020/21.

A bank account is held with Lloyds Bank, but Throw A Starfish has no investments or investment policy.

The Charity does not have a formal reserves policy, but we look to keep a bank balance to cover 6 months' operation and there are no plans to incur expenditure beyond the current level of bank balances.

Throw A Starfish will continue to raise funds from a mixture of personal applications and applications to grant-making bodies.

Any Volunteers to serve overseas with Throw A Starfish are expected to cover their own costs.

Independent Examiners report on the accounts

Report to the Trustees of Throw A Starfish on the accounts for the period ended 31st March 2020 is set out on pages 8 to 11.

Responsibilities and basis of report

1. I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st March 2020.
2. As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").
3. I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act or
- the accounts did not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Dated:

13 October 2021.

Derek Tyler

Institute of Chartered Accountants of England and Wales : Membership Number 7409928
Anglo Secretaries, The Great House, 1 St Peter Street, Tiverton, Devon, EX16 6QY

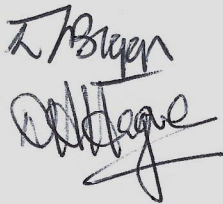
Accounts

Receipts and payments accounts

Throw A Starfish
Receipts and payments accounts
for the period from 1st April 2020 to 31st March 2021

	Notes	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
Receipts						
Donations and legacies	2a	£5,409	£3,798	£0	£9,206	£31,108
Investment income	2b	£0	£0	£0	£0	£0
Total receipts		£5,409	£3,798	£0	£9,206	£31,108
Payments						
Expenditure on charitable activities	3a	£2,152	£2,107	£0	£4,259	£11,091
Governance costs	3b	£0	£0	£0	£0	£0
Finance costs	3c	£0	£0	£0	£0	£0
Sub total		£2,152	£2,107	£0	£4,259	£11,091
Asset and investment						
Data Projector		£0	£0	£0	£0	£315
					£0	£0
Sub total		£0	£0	£0	£0	£315
Total payments		£2,152	£2,107	£0	£4,259	£11,406
Net of receipts/(payments)		£3,257	£1,690	£0	£4,947	£19,702
Transfers between funds	4				£0	£0
Cash funds last year end		£19,702			£19,702	£0
Cash funds this year end		£22,959	£1,690	£0	£24,649	£19,702

Signature



Name

Laurence Biggs (Mission Director)

David Hague (Chair of Trustees)

Date

1st Nov 2021

4th Nov 2021

Notes on accounts

1. The accounts have been prepared under the Income and Expenditure basis as prescribed by the Charity Commissioners, and they meet the appropriate legal requirements.

2. Receipts

	<u>Unrestricted</u>	<u>Restricted</u>	<u>2021</u>	<u>2020</u>
2.a Donations and legacies				
St Paul's Church St Albans		£2,000	£2,000	£1,500
Good Shepherd Collier Row			£0	£1,000
Romania Care			£0	£15,000
Non Giftaid donations		£960	£960	£2,332
Giftaid donations	£3,129	£450	£3,579	£8,385
Giftaid reclaimed	£1,251	£88	£1,339	£1,621
Donations through CAF	£708	£300	£1,008	£870
Donations through Stewardship	£320		£320	£400
Total	£5,409	£3,798	£9,206	£31,108

2.b Investment income

Bank interest

Total	£0	£0	£0	£0
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3. Payments

	<u>Unrestricted</u>	<u>Restricted</u>	<u>2021</u>	<u>2020</u>
3.a Expenditure on charitable activities				
Affiliations	£277		£277	£120
Website hosting	£80		£80	
Stationary	£44		£44	£27
Training			£0	£50
Charity insurance	£459		£459	£456
Office supplies	£164		£164	
Telephone	£48		£48	
Website development			£0	£2,757
Pilot team			£0	£2,381
Kibera COVID-19 food relief		£2,108	£2,108	
Kithogondo well			£0	
Marketing - charity leaflets	£100		£100	
Marketing - book "Throwing Starfish"	£837		£837	
UK travel			£0	£285
Overseas travel	£144		£144	£3,796
Advanced travel purchases			£0	£501
Grant materials for Mwea Maternity ward			£0	£700
Misc			£0	£18
Total	£2,152	£2,108	£4,260	£11,091

3.b Governance costs

Independent examination

Total	£0	£0	£0	£0
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3.c Finance costs

Bank charges

Total	£0	£0	£0	£0
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4. Restricted funds

This year we have established two projects which continued to help those most in need at a time when nobody was able to travel from the UK due to the Covid-19 pandemic.

£2,108 was donated to provide food to residents of the Kibera slum who were unable to work and hence had no income. All of this money was distributed through Pastor Evans at Soweto Baptist church and school who is well known by two of our trustees and is a potential future partner.

£1,690 was donated to build a well for the residents of Kithogondo (A rice slum near to where the pilot team visited in 2019). This will be built by our Partner Anglican Development Service for Mount Kenya East. Residents of the settlement currently drink river water which is contaminated and causes frequent illness. Due to the pandemic, construction has been delayed but is hoped to take place in the first half of 2021 provided there are no further restrictions caused by the pandemic.