

BEFORE BECOMING A PARENT (B4BP)

Charity number 1180821

roskaneb4bp@gmail.com

www.beforebecomingaparent.org

15 Matcham Road, London E11 3LE

Patrons: Sir Richard Bowlby, Dr Christopher Clulow

Sue Gerhardt, Professor Brett Kabr, Dr Penelope Leach CBE, Dr Rowan Williams

ANNUAL REPORT 2024 – 2025

The year has seen two main activities:

1. The provision of Friday after-school homework club sessions to relieve the pressure on families of weekend homework, with its stressful effects on both parents and children. The sessions were popular and valued, with the same families returning most weeks, as well as new families from local schools. It gave parents the chance to relax, feel cared for and watch their children engage with our paid staff and volunteers, doing homework or enjoying play activities. We did the project in partnership with Leytonstone Toy Library and Play Centre whose premises we used.
2. The completion and publication of our two-volume work, *Nothing More Important*, which gives a wealth of information about parenthood education in schools. It will help teachers in school, colleges, youth projects, Young Offender Institutions and prisons to prepare future parents in memorable, enjoyable, experiential ways which have proved popular over decades with children and young people in many schools in the US and UK.

We have also increased the number of our patrons and drawn up plans to spread our message, for example by attending APPGs about relevant subjects and taking steps to get a new APPG set up about parenthood education in schools and prisons.

Signed:

Date:

Ros Kane (Trustee, Co-Founder)
19.1.26

**Before Becoming a Parent (B4BP)
Charity 1180821**

Annual Return, April 2024 - March 2025

£

Income

0

Expenditure

Room hire	720 00
Enhanced DBS check	50 00
Sessional worker	300 00
Website domain (WIX)	291 60 for 3 years

Total expenditure: £1,361 60p

Bank balance, 31 3 25 £2,347 30p

Signed.....(Chair) Carol
Spence

Date.....

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