



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1/4/2022 Period start date To 31/3/2023 Period end date

Charity name: Every Life Matters

Charity registration number: 1180815

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To advance the education of the public in general in Cumbria and the surrounding areas relating to suicide, suicidal behaviour and suicide bereavement by the provision of training, awareness raising and public events</p> <p>To promote the mental health and well-being of people in Cumbria and the surrounding areas who are bereaved or otherwise impacted by suicide by the provision of advocacy, counselling and support.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Reducing deaths by suicide in Cumbria</p> <p><u>Activities</u></p> <p>Development of a network of Suicide Safer Community Projects across Cumbria delivering;</p> <ul style="list-style-type: none">• Community Action. Place based grassroots action against suicide• Campaigning & Awareness Raising. Ongoing anti-stigma and suicide awareness campaigning • Project Champions. Volunteering in training, fundraising, Media, lived experience voice.• Training Programme. Delivering accredited suicide prevention training• Focused Interventions. Focusing training and support on high risk communities• Resources. Developing quality digital and paper based suicide prevention materials• Local Leadership. Supporting organisations/individuals to come together to shape action

		<p>Supporting individuals and communities impacted by suicide</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> • Development of a Cumbrian Suicide Bereavement Partnership and County Leadership • Development of a Support After Suicide Service encompassing; <ul style="list-style-type: none"> ○ Information and Signposting ○ One to One and Family Practical Support ○ Psychoeducational/Peer Support Groups • Develop Support for Communities affected by suicide • Design and deliver Suicide Bereavement Awareness Training <p>Improving understanding of mental health in Cumbria</p> <p><u>Activities</u></p> <ul style="list-style-type: none"> • Development and delivery of a Core Training Packages across suicide prevention and self-harm • Development and delivery of an Online Training Programme • Delivering an open access mental health, suicide prevention and self-harm Rolling Training Programme across Cumbria • Development of Other Training and Resources relevant to the aim • Developing Income Generating Training activity, or Training Business Arm <p>Ensuring a rolling Staff CDP and TFT development programme</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	We confirm the trustees have had regard to the Charity Commission's guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable
Policy on social investment including program related investment	Para 1.38	Not applicable

Contribution made by volunteers	Para 1.38	<p>Volunteers engage with our charity through;</p> <ul style="list-style-type: none"> • Lived experience volunteers who engage with local media, training and events. • Supporting distribution of suicide prevention materials within their local communities. • Supporting training and other events.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Our charity has gone from strength to strength in its second year, despite being dominated by the Covid pandemic.</p> <p>During the period 1/4/2022 to 31/3/2023 highlights of our activity include;</p> <p>Reducing deaths by suicide in Cumbria</p> <ul style="list-style-type: none"> • We have expanded the range of training we offer, and provided training to over 10,000 people by 31/3/2023 • Distributed over 260,000 paper suicide prevention materials, including <ul style="list-style-type: none"> ○ Second version of a mental health and wellbeing information booklet, developed with CNTW HNS Foundation Trust, to every household in Cumbria at the tail end of the covid pandemic. This booklet has been distributed widely outside Cumbria as well, and we estimate nearly 3 million copies have now been developed. ○ We have developed a Self-harm Safe Kit which to date 3,500 copies of have been distributed across Cumbria. This also is being distributed across the North East, Lancashire, Cheshire and Merseyside and other areas of the UK and we are preparing versions to be sold across the UK. ○ Development of a Suicide Prevention Resource Tin which has been distributed to over 1250 local organisations across

		<p>health, social care, third sectors, police and community groups.</p> <ul style="list-style-type: none"> • We have undertaken several localised campaigns based around Covid 19 themes across social, TV, Radio and print media, as well as securing over 50 articles in local media focusing on suicide prevention during the period. • We have reached over 200,000 people through our social media campaigns • We have engaged with over 55 employers during the period, developing suicide safer workplaces, including major workforces at BAE and Sellafield. • We have developed 5 core suicide prevention training packages which are being launched as a licensed TFT package for sale to other tutors outside Cumbria. <p>Supporting individuals and communities impacted by suicide</p> <ul style="list-style-type: none"> • We have delivered Suicide Bereavement support to 98 individuals during the period, in the early weeks and months following loss of a close family member. • We have worked jointly with other providers to develop a condolence pack that goes to all family bereaved through suicide in Cumbria. • We have developed a Postvention Providers Forum which is working towards identifying and meeting gaps in local provision and promoting generally the experience of people bereaved by suicide. • We held 6 candle lit vigils across Cumbria on world suicide prevention day attended by over 330 people. <p>Improving understanding of mental health in Cumbria</p> <ul style="list-style-type: none"> • provided mental health and self-harm training to a further 600+ people • continued to distribute a range of paper materials, social and other media activity, particularly in relation to key themes arising out of Covid.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Not applicable
Performance of fundraising activities against objectives set	Para 1.41	Not applicable
Investment performance against objectives	Para 1.41	Not applicable
Other		Not applicable

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity is in a healthy financial situation at the year-end. We have a number of large restricted grants rolling over into next year and beyond, giving security to most staffing positions. We have also done well to maximise surpluses from contract income and increase public donations which we are able to invest back in core charitable activity. This is reflected in our large Unrestricted Funds levels. We are confident that within the next three years, with continued growth of our training income generating activity, that we can make the bulk of our Cumbria suicide prevention and suicide bereavement support activity sustainable in the long term.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to develop a minimum of 6 months' core running costs + wind down costs, which at present equates to £32,550. We have met our targets for reserves levels.
Amount of reserves held	Para 1.22	Total unrestricted reserves are £232,747. Of the unrestricted funds £228,081 are free reserves (Total reserves less fixed assets). £188,081 of this is allocated to training and project delivery with £40,000 held as Reserves for core running costs + wind down as described above.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	None

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charity holds a wide mix of income streams across contract and trading income, grants and public donations. Developing this mix is a key part of our financial strategy. Of particular importance in the coming three years is development of trading income derived from training delivery and development of licensed training products based on our own core suicide prevention training packages.
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Investment policy and objectives including any social investment policy adopted	Para 1.46	N/A
A description of the principal risks facing the charity	Para 1.46	N/A
Other		N/A

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (Foundation Structure)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees appointed by Trustees for a three-year term. Trustees target specific skills/experience through audit and review.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Informal at present, currently formalising procedure.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/A
Relationship with any related parties	Para 1.51	N/A
Other		N/A

Reference and Administrative details

Charity name	Every Life Matters
Other name the charity uses	
Registered charity number	1180815
Charity's principal address	Bulls Head, Shap, Penrith, Cumbria CA10 3NG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Katherine Bainbridge	Chair		
2	Esther Kirby			
3	Jasper Kirkman			
4	Anita Kerrigan			
5	Rebecca Osbourne			

6	Jane Mathieson			
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Corporate trustees – names of the directors at the date the report was approved

Director name		
None		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
None		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

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Name of chief executive or names of senior staff members (Optional information)

Chris Wood

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

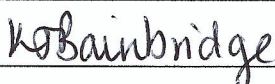
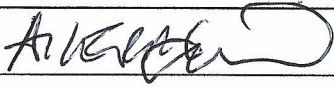
Other optional information

N/A

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jane Katherine Bainbridge	Anita Margaret Kerrigan
Position (eg Secretary, Chair, etc)	Chair	

Date 11.1.2024



Every Life Matters		1180815	
Annual accounts for the period			
Period start date	01/04/2022	To	Period end date 31/03/2023

Section A Statement of financial activities

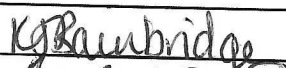

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	187,586	147,586	-	335,172	431,587
Charitable activities	S02	-	28,117	-	28,117	41,491
Other trading activities	S03	-	-	-	-	-
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	187,586	175,703	-	363,289	473,078
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	1,169	-	-	1,169	3,946
Charitable activities	S09	102,906	243,084	-	345,990	304,940
Separate material item of expense	S10	960	-	-	960	720
Other	S11	-	-	-	-	-
Total	S12	105,035	243,084	-	348,119	309,606
Net income/(expenditure) before investment gains/(losses)						
Net gains/(losses) on investments	S13	82,551	(67,381)	-	15,170	163,472
Net income/(expenditure)	S14	-	-	-	-	-
Extraordinary items	S15	82,551	(67,381)	-	15,170	163,472
Transfers between funds	S16	-	-	-	-	-
Other recognised gains/(losses):	S17	-	-	-	-	-
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	82,551	- 67,381	-	15,170	163,472
Reconciliation of funds:						
Total funds brought forward	S21	150,196	173,639	-	323,835	160,363
Total funds carried forward	S22	232,747	106,258	-	339,005	323,835

Section B

Balance sheet

	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
		£ F01	£ F02	£ F03	£ F04	£ F05
Fixed assets						
Intangible assets						
Tangible assets	(Note 10)					
Heritage assets						
Investments						
Total fixed assets						
Current assets						
Stocks						
Debtors	(Note 11)					
Investments						
Cash at bank and in hand (Note 13)						
Total current assets						
Creditors: amounts falling due within one year	(Note 12)					
Net current assets/(liabilities)						
Total assets less current liabilities						
Creditors: amounts falling due after one year	(Note 12)					
Provisions for liabilities						
Total net assets or liabilities						
Funds of the Charity						
Endowment funds (Note 15)						
Restricted income funds (Note 15)						
Unrestricted funds						
Revaluation reserve						
Total funds						

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	KATHERINE BAMBRIDGE	11/01/2024
	ANITA KERRIGAN	11/01/2024

Section C Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with* ☒ the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with* ☒ the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

☒

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	Not applicable
Disclosure of any uncertainties that make the going concern assumption doubtful;	Not applicable
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	Not applicable

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input type="checkbox"/>	

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input type="checkbox"/>	

Please disclose:

<i>(i) the nature of any changes;</i>	
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input type="checkbox"/>	

Please disclose:

<i>(i) the nature of the prior period error;</i>	
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	

Note 2 Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	<p>These are included in the Statement of Financial Activities (SoFA) when:</p> <ul style="list-style-type: none"> the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability. 	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Offsetting	<p>There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Grants and donations	<p>Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
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Legacies	<p>In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).</p> <p>Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Government grants	<p>The charity has received government grants in the reporting period</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Tax reclaims on donations and gifts	<p>Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Contractual income and performance related grants	<p>This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Donated goods	<p>Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.</p> <p>The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.</p> <p>Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
	<p>Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
	<p>Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Donated services and facilities	<p>Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.</p> <p>Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Support costs	<p>The charity has incurred expenditure on support costs.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Volunteer help	<p>The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Income from interest, royalties and dividends	<p>This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Income from membership subscriptions	<p>Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.</p> <p>Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.</p>	<table> <tr> <th>Yes</th><th>No</th><th>N/a</th></tr> <tr> <td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td><td><input checked="" type="checkbox"/></td></tr> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						

Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
2.3 EXPENDITURE AND LIABILITIES		
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Redundancy cost	The charity made no redundancy payments during the reporting period.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Deferred income	No material item of deferred income has been included in the accounts.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
2.4 ASSETS		
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least	<div>£100</div>
	They are valued at cost.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
	The depreciation rates and methods used are disclosed in note 9.2.	
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
	They are valued at cost.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
	They are valued at cost.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div> <div> <div>✓</div> <div>✓</div> <div>✓</div> </div>
	Debtors (including trade debtors and loans receivable) are measured on initial recognition at	<div> <div>Yes</div> <div>No</div> <div>N/a</div> </div>

Debtors	settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE

Note 3 Analysis of income

Analysis		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	34,965	-	-	34,965	35,965
	Gift Aid	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	152,621	84,994	-	237,615	333,030
	The National Lottery Community Fund - RC North East and Cumbria Region Programme	-	62,592	-	62,592	62,592
	Other	-	-	-	-	-
	Total	187,586	147,586	-	335,172	431,587
Charitable activities:	General grants provided by government/other	-	28,117	-	28,117	41,491
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	28,117	-	28,117	41,491
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		187,586	175,703	-	363,289	473,078

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

Grants and donations of £226,933

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Note 4	Analysis of receipts of government grants
--------	---

	Description	This year £
Government grant 1	North Cumbria CCG - Postvention Services	27,000
Government grant 2	Cumbria County Council - Suicide Prevention Activity	28,350
Government grant 3	Lancashire and South Cumbria ICB	10,000
	Total	65,350

	Description	Last year £
Government grant 1	North Cumbria CCG - Postvention Services	30,000
Government grant 2	Cumbria County Council - Wellbeing Booklet distribution	101,049
Government grant 3	Cumbria County Council - Suicide Safer Schools Development	26,600
Government grant 4	Blackburn with Darwen CCG - Training	3,560
	Total	161,209

	This year	Last year
<i>Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.</i>	Not applicable	Not applicable

	This year	Last year
<i>Please give details of other forms of government assistance from which the charity has directly benefited.</i>	Not applicable	Not applicable

Note 5 **Donated goods, facilities and services**

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-

	This year	Last year
Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.	Not applicable	Not applicable
Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.	Not applicable	Not applicable
Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.	Not applicable	Not applicable

Section C Notes to the accounts (cont)

Note 6 Analysis of expenditure

Analysis Expenditure on raising funds:	This year			Last year		
	Unrestricted funds	Restricted income funds	Endowment funds	Unrestricted funds	Restricted income funds	Endowment funds
Incurring seeking donations	1,169	-	-	1,169	3,946	-
Total expenditure on raising funds	1,169	-	-	1,169	3,946	-

Expenditure on charitable activities:

Suicide Safer Communities	102,906	186,126	-	289,032	135,593	122,179	-	257,772
Suicide Bereavement Support	-	56,958	-	56,958	-	47,168	-	47,168
Total expenditure on charitable activities	102,906	243,084	-	345,990	135,593	169,347	-	304,940

Separate material item of expense

Independent exam fees	960	-	-	960	720	-	-	720
Total	960	-	-	960	720	-	-	720

Other

	-	-	-	-	-	-	-	-
Total other expenditure	-	-	-	-	-	-	-	-
TOTAL EXPENDITURE	105,035	243,084	-	348,119	140,259	169,347	-	309,606

Other information:

Analysis of expenditure on charitable activities

Activity or programme	This year			Last year		
	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Activities undertaken directly	Grant funding of activities
	£	£	£	£	£	£
Activity 1	-	-	-	-	-	-
Activity 2	-	-	-	-	-	-
Other	-	-	-	-	-	-
Total	-	-	-	-	-	-

Section C	Notes to the accounts
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Note 7 **Details of certain items of expenditure**

7.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £
960	720
-	-
-	-
-	-

Section C	Notes to the accounts	(cont)
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Note 8 **Paid employees**
Please complete this note if the charity has any employees.

8.1 Staff Costs

Salaries and wages

Social security costs

Pension costs (defined contribution scheme)

Other employee benefits

Total staff costs

This year £	Last year £
215,537	134,360
11,926	6,527
4,293	2,753
-	-
231,756	143,640

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

Not applicable

Not applicable

Correct

Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity. For specific amounts paid to trustees, see Note 28.

This year £	Last year £
31,250	24,600

8.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	12	8
Governance	-	-
Other	-	-
Total	12	8

8.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

This year	None
Last year	None

Please state the legal authority or reason for making the payment

This year	Not applicable
Last year	Not applicable

Please state the amount of the payment (or value of any waiver of a right to an asset)

This year	Last year
£	£
-	-

8.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

	<div><div>This year</div><div>£</div><div>-</div></div>	<div><div>Last year</div><div>£</div><div>-</div></div>
Total amount of payment		
The nature of the payment (cash, asset etc.)		
	<div><div>This year</div><div>£</div><div>-</div></div>	<div><div>Last year</div><div>£</div><div>-</div></div>
The extent of redundancy funding at the balance sheet date		
Please state the accounting policy for any redundancy or termination payments		

Section C	Notes to the accounts	(cont)
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Note 9 **Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.**

9.1 *Please complete this note if a defined contribution pension scheme is operated.*

	This year	Last year
	£	£
Amount of contributions recognised in the SOFA as an expense	4,293	2,753

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

--	--

9.2 *Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.*

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.

Not applicable

Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity for this year and last year, if different

Not applicable

9.3 *Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.*

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan. If this is different for last year, provide details

Not applicable

Provide an explanation of how any liability arising from an agreement with a multi-employer plan to fund a deficit has been determined. If this is different for last year, provide details

Not applicable

Section C	Notes to the accounts	(cont)
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Note 10 **Tangible fixed assets**

Please complete this note if the charity has any tangible fixed assets

10.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	-	4,550	4,550
Additions	-	-	-	3,467	3,467
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	8,017	8,017

10.2 Depreciation and impairments

**Basis	SL or RB (Straight Line or Reducing Balance)	SL or RB	SL or RB	SL or RB	SL or RB
** Rate				3 years SL	

At beginning of the year	-	-	-	1,517	1,517
Disposals	-	-	-	-	-
Depreciation	-	-	-	1,834	1,834
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of the year	-	-	-	3,351	3,351

10.3 Net book value

Net book value at the beginning of the year	-	-	-	3,033	3,033
Net book value at the end of the year	-	-	-	4,666	4,666

10.4 Impairment

This year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

Last year: Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

10.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied and significant assumptions

the carrying amount that would have been recognised had the assets been carried under the cost model.

This year	Last year
-	-

10.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.

(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.

(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.

This year	Last year
£	£
-	-
-	-

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction.

Section C	Notes to the accounts	(cont)
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Note 11 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

11.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	26,691.0	43,020.0
Total	26,691.0	43,020.0

Please complete 11.2 where a material debtor is recoverable more than a year after the reporting date.

11.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
Total	-	-

Section C	Notes to the accounts	(cont)
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Note 12 **Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

12.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	960	720	-	-
Taxation and social security	5,357	3,377	-	-
Other creditors	-	-	-	-
Total	6,317	4,097	-	-

12.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

This year	Last year

Movement in deferred income account

Balance at the start of the reporting period
 Amounts added in current period
 Amounts released to income from previous periods
 Balance at the end of the reporting period

This year £	Last year £
-	-
-	-
-	-
-	-

Section C	Notes to the accounts	(cont)
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Note 13 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
313,965	281,879
-	-
313,965	281,879

Section C

Notes to the accounts

(cont)

Note 14

Events after the end of the reporting period

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the

	This year	Last year
Please provide details of the nature of the event	Not applicable	Not applicable
Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made	Not applicable	Not applicable

Section C Notes to the accounts (cont)

Note 15 Charity funds

15.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

* Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted	UR	Unrestricted funds for delivery of suicide prevention training, campaigning and resource distribution	150,196	187,586	- 105,035	-	-	232,747
Suicide Safer Communities	R	Delivery of suicide prevention training, campaigning and resource distribution	139,380	123,431	- 186,126	-	-	76,685
Suicide Bereavement Support	R	Delivery of support to individuals, families and communities impacted by suicide	34,259	52,272	- 56,958	-	-	29,573
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			323,835	363,289	- 348,119	-	-	339,005

Section C **Notes to the accounts** (cont)

Note 15 **Charity funds (cont)**

15.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted	UR	Unrestricted funds for delivery of Suicide Prevention Activity	44,310	246,145	- 140,259	-	-	150,196
Suicide Safer Communities	R	Delivery of suicide prevention training, campaigning and resource distribution	71,177	190,382	- 122,179	-	-	139,380
Suicide Bereavement Support	R	Delivery of support to individuals, families and communities impacted by suicide	44,876	36,551	- 47,168	-	-	34,259
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			160,363	473,078	- 309,606	-	-	323,835

Note 15

Charity funds (cont)

15.3 Transfers between funds

This year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

Last year

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

15.4 Designated funds

This year

Planned use	Purpose of the designation	Amount

Last year

Planned use	Purpose of the designation	Amount

Section C	Notes to the accounts	(cont)
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Note 16 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

16.1 Trustee remuneration and benefits

This year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£	£	£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

n/a

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

n/a

Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-

Please give details of why remuneration or other employment benefits were paid.

n/a

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

n/a

16.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)

TRUE

Type of expenses reimbursed	This year	Last year
	£	£
Travel	-	-
Subsistence	-	-
Accommodation	-	-
Other (please specify):	-	-
	-	-
TOTAL	-	-

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

16.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

This year

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.

Last year

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

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For any related party, please provide details of any guarantees given or received.

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Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Every Life Matters

On accounts for the year
ended

31 March 2023

Charity no
(if any)

1180815

Set out on pages

1-29

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2023.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date: 19/01/2024

Name:

Joanne Thomlinson FCA

Relevant professional qualification(s) or body (if any):

ICAEW

Address:

FIFTEEN Rosehill, Montgomery Way

Carlisle

CA1 2RW

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.