

# CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

England & Wales · Charity number 1180683

## Details

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Other names	CENACLE SISTERS CIO
Status	Registered
Legal form	CIO
Registered	2018-11-14
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Cenacle Sisters 35 Holmewood Gardens Brixton London SW2 3NA
Phone	02086781329
Email	<a href="mailto:cenaclecio@gmail.com">cenaclecio@gmail.com</a>
Website	<a href="http://www.cenaclesisters.co.uk">www.cenaclesisters.co.uk</a>

## Activities

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**Objects:** THE ADVANCEMENT OF THE CHRISTIAN RELIGION THROUGH THE RELIGIOUS AND OTHER CHARITABLE WORK OF THE CONGREGATION AS THE TRUSTEES WITH THE APPROVAL OF THE SUPERIOR SHALL FROM TIME TO TIME THINK FIT.

**Activities:** Offers counselling and spiritual counselling to persons seeking help, and also some venues offer space and peace to 'get away from the pressures of life'

## Classification

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- **How:** Provides Services
- **What:** Religious Activities
- **Who:** The General Public/mankind

## Geography

- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£435,776	£677,552	-	-
2024-12-31	£511,744	£741,790	£8,967,413	15
2023-12-31	£2,393,180	£794,331	£8,779,194	18
2022-12-31	£442,155	£765,893	-	-
2021-12-31	£418,118	£634,487	-	-
2020-12-31	£7,635,912	£533,805	£7,176,286	13

## Trustees

Name	Role	Appointed
ANN JANETT TURNER		2018-11-14
Jacqueline Guieu		2022-10-20
KATHARINE STOGDON		2018-11-14
WINIFRED MORLEY		2018-11-14

**CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE**

England & Wales - Charity number 1180683

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# Accounts

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**CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE**  
**ANNUAL REPORT & FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 DECEMBER 2025**

# CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

## CONTENTS

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### CONTENTS

	<b>Page No</b>
Legal and Administrative Details	1
Report of Trustees	2 - 7
Independent Auditor's Report	8 - 10
Statement of Financial Activities	11
Balance Sheet	12
Statement of Cashflows	13
Notes to the Accounts	14 - 27

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Principal Address</b>	Cenacle Sisters 35 Holmewood Gardens Brixton London SW2 3NA
<b>Trustees</b>	Sister Jacqueline Guieu Sister Winfred Margaret Morley Sister Katharine Mary Stogdon Sister Ann Janet Turner
<b>Provincial Treasurer</b>	Sister Jacqueline Guieu
<b>Charity Number</b>	1180683
<b>Independent Auditor</b>	Azets Audit Services First Floor River House 1 Maidstone Road Sidcup Kent DA14 5RH
<b>Principal Bankers</b>	The Royal Bank of Scotland plc Parklands De Havilland Way Horwich Bolton BL6 47U
<b>Investment Managers</b>	CBIS Global Funds plc Guild House Guild Street IFSC Dublin 1  Evelyn Partners 45 Gresham Street London EC2V 7BG
<b>Solicitors</b>	Pothecary Withan Weld 84 Eccleston Square Pimlico London SW1V 1PX

## CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2025

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The trustees present their report together with the accounts of the Congregation of Our Lady of the Retreat in the Cenacle (the "charity" or the "CIO") for the year ended 31 December 2025.

#### Introduction

The Congregation of Our Lady of the Retreat in the Cenacle is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission (Charity Registration Number 1180683) and governed by a Constitution dated 14 November 2018. Previously, it was the Cenacle Charity with the registration n° 232928, which held the assets of the Congregation in England before 14 November 2018 and the Cenacle Charity Incorporated in Ireland with the registration n° 20012359, which held the assets of the Congregation in Ireland until 11 August 2023.

The Congregation of Our Lady of the Retreat in the Cenacle (the Congregation) is an International Roman Catholic Congregation founded in 1826 by Saint Therese Couderc and Jean-Pierre Etienne Terme in the village of Lalouvesc France, with the fundamental mission of providing accommodation for retreats and promoting spirituality. Today the Congregation has its Generalate in Rome and continues the mission of working 'for the transformation of the world by awakening and deepening faith, with and for the people of our times'.

#### Objectives and Activities

The object of the charity, as set out in its constitution, is the advancement of the Christian religion through the religious and other charitable work of the Congregation as the trustees with the approval of the Superior shall from time to time think fit.

The mission statement of the Congregation states, "We work for the transformation of the world by awakening and deepening faith, with and for the people of our times". The charity's trustees will strive to ensure a spirit of harmony between this mission statement and the objects described in the charity's constitution.

Collaboration is an important aspect of the charity's work. This takes various forms in working with other religious, clergy and laity within the Christian tradition in a variety of fields - retreats given in other centres, in parishes and online; training in the art of spiritual direction; working on local parish Deepening of Faith programmes; supporting local events by sharing the gifts and talents of individuals; and working with other religious on committees and diocesan projects. The ecumenical field is also an area where collaboration is seen to be enriching and important for a better understanding and appreciation of each other. This is achieved through the various activities being open to all believers.

Encouraging and supporting the laity is very important in training, enabling them and encouraging them to take up various roles, especially in church-focused groups. Where possible, the laity work alongside the sisters, as equals. This is especially true in the field of training.

#### Public benefit statement

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities.

#### Achievements and Performance in the Year

The charity aims to support the religious and other charitable works carried on by the Congregation and its sisters in England and Ireland. When setting the aims of the charity, the trustees have complied with their duty under section 17 of the Charities Act 2011 to have regard to the Charity Commission's guidance on public benefit. The trustees believe they have demonstrated, in detail throughout this report, how the charity has been faithful to this guidance.

The charity's work falls into two main areas: caring for the members of the Congregation and advancing religion by providing accommodation for retreats and promoting spirituality through prayer and spiritual accompaniment. In 2025, this was divided between online and face-to-face meetings.

#### Overview

There were ten sisters in England and Ireland at the start of 2025, their ages ranging from 76 to 102; the number of sisters as the year closed remains as ten.

At the start of 2025, there were three sisters in the Brixton Community in London, and three sisters remain resident as the year closed. The sisters are part of a European province and are involved in the local community, which is very multicultural.

The house in Brixton is available for people seeking spiritual direction and supervision, and the sisters, when requested, give retreats and days of prayer in other venues. Following the pandemic, there is still a mixture of face-to-face and online ministry.

## CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2025

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#### Overview (continued)

They are involved in informal ways in their local Parish and, when invited, lead small group meetings. This past year, one sister led a prayer group once a month, and all 3 sisters led some evenings of prayer for Advent. They are also readers and Eucharistic ministers in the Church. Two sisters participate in Faiths Together in Lambeth, an interfaith group. One sister volunteers at a small project for Refugees. One sister is also involved in the Medaille Trust, a project for women who have been trafficked. Another sister is a member of the Southwark diocesan spirituality commission. Two sisters have been involved in a programme called 'Living Joyfully', which is an inter-congregational project online for schools. Students have the opportunity to find out about Religious Life. One sister is a member of the diocese of Arundel and Brighton supervision team for priests. Ministry is evolving, and there is more networking in various local community groups. e.g. Citizens U.K. and Lambeth Citizens.

In the house in Liverpool, there were two sisters at the start of 2025. Both sisters were fully able and needed minimal care. As the year progressed, both sisters gradually started to need more care, although they were both still able as the year closed. In the first part of 2025, the hard decision was made to close Liverpool House and re-house the two sisters in residence. All staff working for the Liverpool House community were made redundant as of 31st October 2025. One sister has moved into supported housing, and one has moved into a catholic nursing home, Nazareth House, both in the Liverpool area. Another sister still lives in rented accommodation in North Liverpool and is part of the parish team there. So, at the end of 2025, the 3 sisters in the Liverpool community all live separately, and Liverpool House stands vacant.

In Liverpool, up to the end of October 2025, one sister was available for spiritual direction and welcoming individuals and groups who wished to avail themselves of a space to 'stop and ponder' in the midst of their busy lives, whether it be for a few hours or a few days. Several groups of guests were welcomed to use the space for retreats and quiet days. The house was also available for ongoing training programmes for spiritual directors and supervision in conjunction with the Liverpool Anglican Diocese, and one sister is a member of the spirituality team and is involved in training programmes. One sister continues to give spiritual direction and ministry via Zoom following her move out of Liverpool House.

There was a busy Prayer Enrolment office open to the public in Liverpool up to the end of Oct 2025. Visitors came and chose mass and prayer cards and visited the Chapel on weekdays. There was also an online and phone facility, so all access levels were met and were available: face-to-face meetings, by phone and online. Often, whilst visiting, visitors requested a chat with one of the sisters, particularly during times of stress or crisis in their lives, and they gained comfort from this ministry. This facility for the public came to an end with the closure of Liverpool House.

There are 4 sisters in Ireland during the period. Three of whom are living in Dublin, two of them are in a local care home, where they receive full-time nursing care. Another sister is living in Cork.

In common with many religious congregations in Great Britain, the age profile of the members of the Congregation in England is increasing as existing members grow older, and the number of new vocations becomes minimal.

The Congregation has a legal and moral obligation to provide care for its members, none of whom has resources of their own, and all have devoted a significant part of their lives to work for the Congregation, including pastoral work with poorer members of society. As the age profile of the sisters increases, so too does the cost of providing care. The re-housing of the sisters in Liverpool and closure of Liverpool House will still provide for the individual care required by each sister whilst saving the expense of running and staffing a large property.

#### Advancement of religion

The charity's properties are available to the public as places where they can call in for a time of quiet and peaceful reflection, with a sister on hand to lend a listening ear should they wish. In Liverpool, the telephone was a great means of offering support and sympathy, prayer, and a listening ear to the many callers who continued to call at all times of day and night.

During the year at Liverpool House, one person availed themselves of a retreat for six nights, and 68 people came for sojourn stays of between one and three nights: 45 people for 1 night, 14 people for 2 nights and 9 people for 3 nights. There were 16 Days of Prayer, followed by 120 people and 20 Evening meetings, followed by 131 people. 38 people availed themselves of 6 Supervision sessions, and there were 3 Planning for Workshop sessions attended by 3 people, one sister hosted meetings for the Spiritual Direction Core Team, in the year, there were 3 meetings for 23 people, one of which was online.

Also, at Liverpool House, one sister gave spiritual direction to 83 people up to October 2025 and thereafter continued to give direction online from Nazareth House for 8 people in November/December 2025.

## CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2025

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The Prayer Enrolment Team in Liverpool consisted of six staff from the local lay community, and they covered weekdays for Callers, telephone and web requests for prayer cards predominantly up to October 2025. Callers were also able to visit the Chapel or to speak to the sisters confidentially.

Several sisters represent the Congregation at general meetings of major superiors and bursars in England. Two sisters in England serve as trustees for the charity leadership team and meet regularly, and one sister holds the lead role for safeguarding in England/Ireland. The sisters at Liverpool house also covered the reception and responded to callers over the phone at the weekend and outside of staff working hours up until the closure of the house.

#### **Financial Review**

During the year to 31 December 2025, the charity supported an average of 10 sisters in England & Ireland. A summary of the charity's results for the year can be found on page 11 of this report and accounts.

During the year to 31 December 2025, income amounted to £435,776 (2024 - £511,744), the decrease against the prior year being due to the closing of the Liverpool House at the end of October 2025. One of the principal components of income in 2025 was donations and legacies (including pensions and other earned income of members of the Congregation donated to the charity under Gift Aid or deed of covenant), which amounted to £190,173 (2024 - £168,885). Other categories of income comprised income from prayer enrolments totalling £119,298 (2024 - £198,953), and investment income and interest receivable totalling £107,822 (2024 - £116,696).

Total expenditure amounted to £677,552 (2024 - £741,790). The costs of supporting the sisters of the Congregation and their ministry amounted to £515,630 (2024 - £568,921), and expenditure on the provision of retreats and prayer enrolments totalled £127,501 (2024 - £144,286). Expenditure on managing the investments of the charity totalled £32,062 (2024 - £25,698).

Net expenditure of the charity before investment gains was £241,776 (2024 - £230,046). Gains on listed investments for the year amounted to £414,386 (2024 - £433,838). After accounting for the losses on the revaluation of tangible fixed assets of £1,165,000 (2024 - gains of £27,753), exchange losses of £46,727 on listed investments (2024 - losses of £43,326), the net decrease in funds was £1,039,117 (2024 - net increase in funds of £188,219).

#### **Investment performance**

The charity had two portfolios of listed investments with a market value on 31 December 2025 of £5,364,718 (2024 - £5,033,994), including cash awaiting re-investment of £145,765 (2024 - £257,352). One portfolio is managed by Evelyn Partners, and one is invested in CBIS Global Funds plc.

Throughout the year, the investment managers continued to invest in accordance with the trustees' investment policy set out earlier in this report. Further details of the investment portfolio are detailed in note 15 to the attached accounts.

#### **Reserves policy**

The trustees consider that, given the nature of the charity's work, the level of free reserves should be sufficient to generate enough income to cover approximately nine months to one year's ongoing expenditure and to provide for contingencies, unevenness in future income and volatility in the value of investments. This approximates to between £510,000 and £680,000.

As of 31 December 2025, the total funds of the charity amounted to £7,928,296

Of these total funds, £73,326 related to an endowment fund, further details of which are given in note 18 to the attached accounts.

The tangible fixed assets fund represented the tangible fixed assets of the charity used to support the work of the sisters and totalled £2,664,226.

A further £4,250,000 represented a retirement reserve designated by the trustees to provide income to communities with elderly sisters to care for, and to provide for sisters generally in their retirement. Where sisters are employed by organisations independent of the charity, any earnings are covenanted to the charity. The number of new vocations to the Congregation is negligible and, as a result, the average age of the membership is increasing. Younger members, although taking up important charitable work, tend either to work within the charity or, if working outside, are in low-paid jobs. As a consequence, in the future, it is anticipated that there will be a general reduction in the income earned by sisters. The charity has a continuing commitment to support members of the Congregation, many of whom continue to carry out charitable work long past the normal age of retirement.

## CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2025

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#### Reserves policy (continued)

Free reserves as of 31 December 2025 were £940,835. This is slightly greater than the target, but deemed acceptable by the trustees, given the continuing volatility of the investment markets and the current geopolitical climate.

#### Investment policy

The charity has listed investments. In respect to these investments, the trustees aim to maximise the total investment returns whilst maintaining income and continuing to preserve the real value of the total investments.

The activities of the investment managers are reviewed regularly by the trustees to ensure that the investments are managed in accordance with the trustees' written guidelines and with the religious and ethical principles of the Congregation.

#### Risk management

The trustees carry out an annual and structured review of the principal risks and uncertainties facing the charity, categorising them across governance, operational, financial, reputational and external factors. They regularly assess existing controls and implement or strengthen policies, systems and procedures to mitigate identified risks, ensuring that appropriate actions are taken where necessary. Overall, the trustees consider that effective risk management systems are in place, supported in particular by monitoring reserve levels, maintaining robust financial controls and reviewing operational and business risks.

- A key risk relates to the ageing profile of the members, with an average age exceeding 87, which increases the need for care and creates both moral and legal obligations for the charity. This risk is managed by maintaining a designated retirement fund, calculated on an actuarial basis, and by regularly reviewing the ministries and individual needs of the sisters to ensure appropriate support and care arrangements are in place.
- The charity also faces safeguarding risks due to its work with children and vulnerable adults. To mitigate this, all relevant personnel are required to obtain DBS clearance, and the trustees are fully committed to complying with the policies of the Catholic Safeguarding Standards Agency.
- Financial risks arise from the charity's reliance on listed investments, whose value is subject to market fluctuations. These investments are managed by professional investment managers under trustee-approved policies, with performance monitored regularly and strategy reviewed periodically to ensure continued alignment with the charity's needs.
- In addition, the charity must ensure that its properties remain safe, secure and properly maintained. This is addressed through regular inspections by chartered surveyors, at least every three years, and the implementation of a rolling maintenance programme based on their recommendations.

The trustees recognise their overall responsibility for risk management and are satisfied that the measures in place are sufficient to mitigate the main risks faced by the charity and its members.

#### Going concern

The trustees have assessed whether the use of the going concern assumption is appropriate in preparing these accounts. The trustees have made this assessment in respect to a period of at least one year from the date of approval of these accounts. The trustees have concluded that the charity has adequate resources to continue in operational existence for the foreseeable future, and there are no material uncertainties about the charity's ability to continue as a going concern; therefore, they continue to adopt the going concern basis of accounting in preparing the accounts.

With regard to the next accounting period (i.e. the year ending 31 December 2026), the most significant areas that affect the carrying value of the assets held by the charity are the level of investment return and the performance of the investment market and the sales price of the Liverpool house.

The charity's investment income may be adversely affected because of the volatility in listed investments, and there may continue to be increases in costs generally, both in response to the current geopolitical and macroeconomic situation. The trustees will continue to keep both income and expenditure under review, but do not anticipate that the impact on the charity's finances will be material or have an impact on the charity's going concern assessment noted above.

#### Plans for the future

Due to the number of Sisters resident in England & Ireland reducing to 10, there will be reduced funds available from pensions and salaries going forward. The trustees decided on the disposal of the Liverpool house, where there is an excess of capacity by way of space and manpower in this location.

## CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2025

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#### **Structure, governance and management**

##### ***Governing document***

The charity is a Charitable Incorporated Organisation (CIO), governed by a Constitution and registered with the Charity Commission on 14 November 2018.

As stated previously, the object of the CIO, as set out in its constitution, is the advancement of the Christian religion through the religious and other charitable work of the Congregation, as the trustees, with the approval of the Superior, shall from time to time think fit.

The part of the Congregation known as the English Group is part of the European/Togo province and has two permanent locations in England.

##### ***Member***

The sole member of the Charitable Incorporated Organisation (CIO) is the Provincial Superior.

If the CIO is wound up, the member of the CIO has no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

##### **Trustees**

The charity has four trustees. The trustees are a self-supporting body and are legally responsible for the overall management and control of the part of the province covering the activities in England and houses therein. The trustees had no physical meetings in 2025 and made great use of the telephone and electronic means to consult and evaluate activities of the charity, to plan in conjunction with the wider Provincial Council.

Trustees endeavour to keep up to date with developments affecting charities and attend any appropriate training for trustees.

The trustees are ultimately responsible for the day-to-day work of the charity and work with the Provincial Council to manage the affairs of the houses in England and the concerns affecting the sisters in Liverpool. During the year, much was made of electronic means for the sharing of financial matters and budgeting.

During the year 2025, the following were trustees of the charity :

***Sister Katharine Stogdon*** is the chairperson of the trustees from Sept 2022, residing in Paris, France. She has been a member of the Congregation for over 30 years. She has taken up the role of Provincial Superior in September 2022.

***Sister Winifred Morley*** lives in Liverpool and, for many years, was the treasurer for the charity. She has given active support to the Cenacle for over 60 years.

***Sister Ann Turner*** resides in London and has been a Sister of the Cenacle for over 50 years. She has served as the chairperson of the English charity.

***Sister Jacqueline Guieu*** lives in Paris and, for many years, was the treasurer for all legal entities within the province where the charity belongs. She has given active support to the Cenacle for over 10 years. She joined the Board in October 2022.

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 DECEMBER 2025

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**Trustees responsibilities**

The trustees are responsible for preparing the trustees' report and accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare accounts for each financial year which give a true and fair view of the situation of the charity and of the income and expenditure of the charity for that period in preparing these accounts, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in Accounting and Reporting by Charities: Statement of recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the United Kingdom (FRS 102);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable United Kingdom Accounting Standards have been followed, subject to any material departures disclosed and explained in the accounts; and
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charities Act 2011, the applicable Charity (Accounts and Reporting) Regulations and the provisions of the charity's trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Disclosure of information to the auditors**

We, The trustees of the charity who held office at the date of approval of these Financial Statements as set out above each confirm, so far as we are aware, that:

- there is no relevant audit information of which the charity's auditors are unaware; and
- we have taken all the steps that we ought to have taken as trustees in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors are aware of that information.

A resolution proposing that Azets Audit Services be reappointed as auditor of the charity will be put to the Trustees.

Approved by the Trustees on 12 May 2026 and signed on their behalf by:

(  )

## INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

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### Opinion

We have audited the financial statements of The Congregation of Our Lady of the Retreat in the Cenacle (the 'charity') for the year ended 31 December 2025 which comprise the Statement of Financial Activities, the Balance Sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 December 2025, and of the charity's incoming resources and application of resources for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been properly prepared in accordance with the requirements of Charities Act 2011.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

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### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement set out on page 4, the trustees are responsible for the preparation of financial statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above and on the Financial Reporting Council's website, to detect material misstatements in respect of irregularities, including fraud.

We obtain and update our understanding of the entity, its activities, its control environment, and likely future developments, including in relation to the legal and regulatory framework applicable and how the entity is complying with that framework. Based on this understanding, we identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. This includes consideration of the risk of acts by the entity that were contrary to applicable laws and regulations, including fraud.

In response to the risk of irregularities and non-compliance with laws and regulations, including fraud, we designed procedures which included:

- Enquiry of management and those charged with governance around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance;
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the company through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias.

## INDEPENDENT AUDITORS' REPORT TO THE TRUSTEES OF CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

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### Auditor's responsibilities for the audit of the financial statements (continued)

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charitable company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charitable company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation (ie. gives a true and fair view).

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

### Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

*Azets Audit Services Limited*

Azets Audit Services  
Statutory Auditor  
Date: 12 May 2026.....

1st Floor  
River House  
1 Maidstone Road  
Sidcup, Kent, DA14 5RH

Azets Audit Services is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006.

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 DECEMBER 2025

	Note	Unrestricted Funds	
		2025 Total £	2024 Total £
<b>Income from:</b>			
Donations and legacies	2	190,173	168,885
Investments and interest receivable	3	107,822	116,696
Charitable activities	4		
Retreat and conference centre income		1,844	4,164
Prayer enrolments		119,298	198,953
Apostolic works		18,694	12,772
Other sources			
Surplus on disposal of tangible fixed assets		1,445	2,523
Foreign exchange gains		(3,500)	7,751
<b>Total income</b>		<b>435,776</b>	<b>511,744</b>
<b>Expenditure on:</b>			
Raising funds	5	32,062	25,698
Charitable activities			
Support of members of the Congregation and their ministry	6	515,630	568,921
Charitable works: Prayer enrolments and retreats	7	127,501	144,286
Donations		2,360	2,885
<b>Total expenditure</b>		<b>677,552</b>	<b>741,790</b>
<b>Net income before gains and losses on investments</b>	10	<b>(241,776)</b>	<b>(230,046)</b>
<b>Other recognised gains and losses</b>			
Net investment gains/(losses) on listed investments	15	414,386	433,838
Exchange losses on listed investments	15	(46,727)	(43,326)
Gains/(losses) on the revaluation of tangible fixed assets	14	(1,165,000)	27,753
<b>Net income/(expenditure) and net movement in funds</b>		<b>(1,039,117)</b>	<b>188,219</b>
<b>Reconciliation of funds:</b>			
Fund balances brought forward 01 January 2025		8,967,413	8,779,194
<b>Fund balances carried forward 31 December 2025</b>		<b>7,928,296</b>	<b>8,967,413</b>

The statement of financial activities includes all gains and losses recognised in each of the financial years.  
All of the charity's activities derived from continuing operations during both the above financial years.

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

**BALANCE SHEET**  
**AS AT 31 DECEMBER 2025**

	Note	2025		2024	
		£	£	£	£
<b>Fixed assets</b>					
Tangible fixed assets	14		2,664,225		3,814,812
Investments	15		5,364,718		5,033,994
			<u>8,028,943</u>		<u>8,848,806</u>
<b>Current assets</b>					
Stock			-		8,428
Debtors	16		41,797		21,143
Short term deposits			120,271		156,156
Cash at bank and in hand			111,448		337,034
			<u>273,516</u>		<u>522,761</u>
<b>Creditors: amounts falling due within one year</b>	17		<u>(374,163)</u>		<u>(404,154)</u>
<b>Net current assets</b>			(100,647)		118,607
<b>Total assets less current liabilities</b>			<u><u>7,928,296</u></u>		<u><u>8,967,413</u></u>
<b>Represented by:</b>					
<b>The funds of the charity</b>					
Endowment fund	18		73,236		73,236
<b>Unrestricted funds</b>					
Tangible fixed asset fund	19		2,664,225		3,814,812
Designated fund	20		4,250,000		4,250,000
General funds			<u>940,835</u>		<u>829,365</u>
			7,855,060		8,894,177
	21		<u><u>7,928,296</u></u>		<u><u>8,967,413</u></u>

The financial statements were approved and authorised for issue by the Board on 12 May 2026.....

Signed on behalf of the board of Trustees

  
.....  
Sister Jacqueline Guieu

The notes on pages 14 to 27 form part of these financial statements.

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

STATEMENT OF CASHFLOWS  
AS AT 31 DECEMBER 2025

	Note	2025 £	2024 £
<b>Net cash flow from operating activities</b>	<b>A</b>	<u>(379,413)</u>	<u>(253,439)</u>
<b>Cash flow from investing activities</b>			
Investment income and interest received		107,822	124,917
Proceeds from the disposal of tangible fixed assets		-	3,771
Purchase of tangible fixed assets		(23,316)	(5,867)
Proceeds from the disposal of listed investments		1,809,459	4,897,025
Purchase of listed investments		(1,626,759)	(4,937,717)
Net cash redeemed from (invested in) short term deposits		(104,697)	193,844
<b>Net cash flow from investing activities</b>		<u>162,509</u>	<u>275,973</u>
<b>Net increase in cash and cash equivalents</b>		(216,904)	22,534
<b>Cash and cash equivalents at 1 January 2025</b>		594,386	571,852
<b>Cash and cash equivalents at 31 December 2025</b>		<u><u>377,482</u></u>	<u><u>594,386</u></u>

Notes to the statement of cash flows for the year to 31 December 2025

A Reconciliation of net income to net cash flows from operating activities

	2025 £	2024 £
<b>Net income for the year (as per the statement of financial activities)</b>	<u>(1,039,117)</u>	<u>188,219</u>
<b>Adjustments for:</b>		
Depreciation charge	8,902	57,020
Gains on disposal of tangible fixed assets	-	(2,523)
Losses (gains) on the revaluation of tangible fixed assets	1,165,000	(27,954)
Non-cash donation	-	2,885
Foreign exchange gains	3,500	(7,751)
Foreign exchange losses on listed investments	46,727	43,326
Gains on the revaluation and disposal of listed investments	(414,386)	(433,838)
Investment income and interest receivable	(107,822)	(116,696)
Decrease in stocks	8,428	221
(Increase) / decrease in debtors	(20,654)	78,752
Decrease in creditors	(29,991)	(35,100)
<b>Net cash used in operating activities</b>	<u><u>(379,413)</u></u>	<u><u>(253,439)</u></u>

B Cash and cash equivalents consists of:

Cash at bank and in hand	231,717	337,034
Cash held by investment manager for reinvestment	145,765	257,352
<b>Cash and cash equivalents at 31 December 2025</b>	<u><u>377,482</u></u>	<u><u>594,386</u></u>

C Analysis of changes in net debt

The charity held no external debt finance at either the start or the end of the financial year.

## CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2025

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#### 1 Accounting Policies

##### 1.1 General information and basis of preparation

The Congregation of Our Lady of the Retreat in the Cenacle is a registered charity with the Charity Commission in the United Kingdom. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in the Trustees Report on page 2 of the financial statements, under the heading 'Objectives and Activities'.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

The charity constitutes a public benefit entity as defined by FRS 102.

##### 1.2 Fund accounting

The endowment fund comprises monies which must be held indefinitely although any income generated therefrom may be used for general purposes.

The tangible fixed assets fund represents the net book value of the charity's tangible fixed assets.

Designated funds comprise monies set aside out of unrestricted general funds for specific future purposes or projects.

##### 1.3 Income recognition

Income is recognised in the period in which the charity has entitlement to the income, the amount of income can be measured reliably and it is probable that the income will be received.

Income comprises donations and legacies, investment income, interest receivable, income from charitable activities (i.e. retreat centre income and income from prayer enrolments) and income from miscellaneous sources.

Donations, including salaries and pensions of individual religious received under Gift Aid or deed of covenant, are recognised when the charity has confirmation of both the amount and settlement date. In the event of donations pledged but not received, the amount is accrued for where the receipt is considered probable. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

In accordance with the Charities SORP FRS 102 volunteer time is not recognised.

Legacies are included in the statement of financial activities when the charity is entitled to the legacy, the executors have established that there are sufficient surplus assets in the estate to pay the legacy, and any conditions attached to the legacy are within the control of the charity.

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2025**

---

**1 Accounting Policies**

**1.3 Income recognition (continued)**

Entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, but the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title of the asset having been transferred to the charity.

Investment income from listed investments is recognised once the dividend or similar distribution has been declared and notification has been received of the amount due. Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Retreat centre income, income from prayer enrolments and similar income is recognised to the extent that it is probable that economic benefits will flow to the charity and the income is capable of financial measurement. It is measured at fair value of the consideration received or receivable, excluding any relevant discounts or value added tax.

Any surplus or deficit on the disposal of either tangible fixed assets is calculated as the difference between the disposal proceeds and the net book value of the asset immediately prior to disposal less any direct costs of disposal. It is recognised on completion of the disposal.

All other income is recognised to the extent that it is probable that the economic benefits will flow to the charity and the revenue can be measured reliably. It is measured at fair value and accounted for on an accruals basis.

**1.4 Expenditure recognition**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to make a payment to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses are allocated to the applicable expenditure headings. The majority of expenditure is directly attributable and any apportionment between headings is negligible.

Expenditure on charitable activities includes all costs associated with furthering the charitable purposes of the charity through the provision of its charitable activities and includes:

- ◆ Expenditure on the support of members of the Congregation and their ministry. Such expenditure enables the members to carry out the work of the charity in the areas of the advancement of the Roman Catholic faith.
- ◆ Expenditure on charitable activities includes costs associated with offering retreats and prayer enrolments.
- ◆ The provision of grants and donations relating, in the main, to the support of the Congregation's own work and the support of other Roman Catholic charitable organisations. Charitable grants and donations are made where the trustees believe there is a real need following a review of the details of each particular case and comprise single year payments rather than multi-year grants. Grants and donations are included in the statement of financial activities when approved for payment.

Provision is made for any grants and donations approved but unpaid at the end of the financial year.

All expenditure is stated inclusive of irrecoverable VAT.

# CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2025

---

### 1 Accounting Policies

#### 1.5 Allocation of governance costs

Support costs represent indirect charitable expenditure, to enable the charity to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel, financial procedures, provision of office services and equipment and a suitable working environment. Governance costs comprise the costs involving the public accountability of the charity (including audit costs) and costs in respect to its compliance with regulation and good practice.

Such costs are not directly identifiable in respect to each charitable activity and hence they are apportioned using percentages based on the expenditure incurred directly on the charitable activities of the charity.

No support or governance costs have been allocated to donations payable as these are considered to be negligible.

#### 1.6 Tangible fixed assets

Tangible fixed assets are stated at cost less depreciation. Fixed assets below £1,000 are not capitalised.

Motor vehicles	25% reducing balance basis
Fixtures, fittings and computer equipment	20 - 25% straight line basis

##### *Freehold land and buildings*

The trustees are the legal owners of a burial ground at the former Cenacle Convent adjoining St Joseph's Roman Catholic Church, Headley Road, Grayshott. The land is regarded as having a nil value for the purposes of these accounts since it will not and cannot be disposed of in the open market.

Freehold land and buildings are included in the accounts at valuation based on existing use or depreciated replacement cost basis, depending on the nature of the property to reflect their fair value. Valuations are updated on a "rolling basis" with each property's value being updated at least every five years.

Specialised buildings comprise large residential convents. Depreciation is provided at 2% per annum on a straight-line basis in order to write off the buildings over their estimated useful economic life to the Congregation.

Non-specialised buildings i.e. those designed as, and used wholly or mainly for, private residential accommodation are not depreciated. Their value and condition are reviewed annually by the trustees, to confirm that their residual value is not materially less than their book value. Where this is not deemed to be the case, an impairment provision is made.

Property improvements are depreciated on a straight-line basis in order to write off the improvements over their

##### *Motor vehicles, fixtures, fittings and computer equipment*

Motor vehicles, fixtures, fittings and computer equipment are included at cost. Depreciation is provided on a straight line basis on assets held at the end of the year at the following annual rates in order to write off each asset over its estimated useful life:

- ◆ Motor vehicles - 25% reducing balance
- ◆ Fixtures, fittings and computer equipment - 20% to 25% reducing balance

#### 1.7 Foreign currencies

Assets and liabilities are translated at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the net movement in funds.

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE PERIOD ENDED 31 DECEMBER 2025**

---

**1 Accounting Policies**

**1.8 Fixed asset investments**

Listed investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price. The charity does not acquire put options, derivatives or other complex financial instruments.

As noted above the main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

Realised gains (or losses) on investment assets are calculated as the difference between disposal proceeds and their opening carrying value or their purchase value is acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value at that date. Realised and unrealised investment gains (or losses) are combined in the statement of financial activities and are credited (or debited) in the year in which they arise.

**1.9 Stocks**

Stock of supplies for prayer enrolments are valued at the lower of cost and net realisable value.

**1.10 Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**1.11 Tax**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

**1.12 Going concern**

The trustees have assessed whether the use of the going concern assumption is appropriate in preparing these accounts. The trustees have made this assessment in respect to a period of at least one year from the date of approval of these accounts. The trustees have concluded that the charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the charity's ability to continue as a going concern and, therefore, they continue to adopt the going concern basis of accounting in preparing the accounts.

With regard to the next accounting period (i.e. the year ending 31 December 2025), the most significant areas that affect the carrying value of the assets held by the charity are the level of investment return and the performance of the investment market.

The charity's investment income may be adversely affected because of the volatility in listed investments and there may continue to be increases in costs generally, both a response to the current geopolitical and macroeconomic situation. The trustees will continue to keep both income and expenditure under review but do not anticipate that the impact on the charity's finances will be material or impact on the charity's going concern assessment noted above.

**1.13 Judgements and key sources of estimation uncertainty**

Preparation of the accounts requires the trustees to make significant judgements and estimates. The items in the accounts where these judgements and estimates have been made include:

- ◆ The allocation of governance costs between those categories of expenditure comprising expenditure on charitable activities;
- ◆ The useful economic lives attributed to tangible fixed assets and used to determine the annual depreciation charge;
- ◆ The valuation of freehold land and buildings that form part of tangible fixed assets;
- ◆ The assumptions adopted by the trustees in determining the value of any designations required from the charity's general unrestricted funds; and
- ◆ Estimating future income and expenditure flows for the purpose of assessing going concern.

## CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

### NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 DECEMBER 2025

---

#### **1 Accounting Policies**

##### **1.15 Services provided by members of the Congregation**

For the purposes of these accounts, no monetary value has been placed on care, administrative and other services provided by members of the Congregation.

##### **1.16 Pension costs**

The charity offer their staff membership of a defined contribution pension scheme administered by the National Employment Savings Trust (NEST). Contributions to the scheme are debited to the statement of financial activities in the year in which they are payable to the scheme. The assets of the scheme are held by an independent corporate trustee, whose activities are governed by the National Employment Savings Trust Order 2010, made by the Secretary of State in exercise of powers confirmed under the Pensions Act 2008.

Contributions are also paid in respect of one member to personal pension plan held with Aviva.

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE PERIOD ENDED 31 DECEMBER 2025

2	Income from: Donations and legacies	2025		2024	
		Unrestricted funds	Total 2025	Unrestricted funds	Total 2024
		£	£	£	£
	Sisters' pensions and salaries	151,726	151,726	158,259	158,259
	Other donations received	20,290	20,290	9,456	9,456
	Legacies	18,083	18,083	1,000	1,000
	Missions alms	74	74	170	170
		<b>190,173</b>	<b>190,173</b>	<b>168,885</b>	<b>168,885</b>

3	Income from: Investments and interest receivable	2025		2024	
		Unrestricted funds	Total 2025	Unrestricted funds	Total 2024
		£	£	£	£
	Income from listed investments	101,472	101,472	102,327	102,327
	Interest receivable	6,350	6,350	14,369	14,369
		<b>107,822</b>	<b>107,822</b>	<b>116,696</b>	<b>116,696</b>

4	Income from: Charitable activities	2025		2024	
		Unrestricted funds	Total 2025	Unrestricted funds	Total 2024
		£	£	£	£
	Retreat income	1,844	1,844	4,164	4,164
	Prayer enrolments	119,298	119,298	198,953	198,953
	Other apostolic works	18,694	18,694	12,772	12,772
		<b>139,836</b>	<b>139,836</b>	<b>215,889</b>	<b>215,889</b>

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE PERIOD ENDED 31 DECEMBER 2025

5	Expenditure on: Raising funds	2025		2024	
		Unrestricted funds	Total 2025	Unrestricted funds	Total 2024
		£	£	£	£
	Investment manager fees - listed investments	24,796	24,796	19,858	19,858
	Allocated support and administrative costs (note 7)	7,266	7,266	5,838	5,838
		<b>32,062</b>	<b>32,062</b>	<b>25,696</b>	<b>25,696</b>

6	Expenditure on: Support of members of the Congregation and their ministry	2025		2024	
		Unrestricted funds	Total 2025	Unrestricted funds	Total 2024
		£	£	£	£
	Staff costs	179,541	179,541	212,101	212,101
	Agency Staff costs	6,663	6,663	9,642	9,642
	Premises	39,205	39,205	97,961	97,961
	Sisters' living and personal expenses	129,290	129,290	119,920	119,920
	Allocated support and administration costs (note 8)	160,931	160,931	129,297	129,297
		<b>515,630</b>	<b>515,630</b>	<b>568,921</b>	<b>568,921</b>

7	Expenditure on: Charitable works: Prayer enrolments and retreats	2025		2024	
		Unrestricted funds	Total 2025	Unrestricted funds	Total 2024
		£	£	£	£
	Staff costs	65,065	65,065	79,698	79,698
	Prayer enrolments	4,000	4,000	11,006	11,006
	Premises	17,641	17,641	20,791	20,791
	Allocated support and administration costs (note 8)	40,796	40,796	32,780	32,780
		<b>127,501</b>	<b>127,501</b>	<b>144,275</b>	<b>144,275</b>

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE PERIOD ENDED 31 DECEMBER 2025

8	Expenditure on: Support costs	2025		2024	
		Unrestricted funds	Total 2025	Unrestricted funds	Total 2024
		£	£	£	£
	Staff costs	57,531	57,531	53,490	53,490
	Office costs	4,508	4,508	39,324	39,324
	Water, electricity, gas etc.	43,816	43,816	18,257	18,257
	Governance costs	23,630	23,630	18,808	18,808
	Professional fees	25,875	25,875	12,632	12,632
	Depreciation	8,902	8,902	7,720	7,720
	Management charges	14,158	14,158	4,384	4,384
	Other expenses	30,572	30,572	13,315	13,315
		<b>208,992</b>	<b>208,992</b>	<b>167,930</b>	<b>167,930</b>
	<b>Allocated as follows:</b>				
	Raising funds	7,266	7,266	5,838	5,838
	Support of members of the Congregation and their ministry	160,931	160,931	129,312	129,312
	Charitable works: Prayer enrolments and retreats	40,796	40,796	32,780	32,780
		<b>208,992</b>	<b>208,992</b>	<b>167,930</b>	<b>167,930</b>
	<b>Governance costs</b>				
		<b>2025</b>	<b>Total 2025</b>	<b>2024</b>	<b>Total 2024</b>
		£	£	£	£
	Professional fees	23,630	23,630	18,808	18,080
		<b>23,630</b>	<b>23,630</b>	<b>18,808</b>	<b>18,080</b>
10	Net income (expenditure) before investment gains (losses)				
		<b>2025</b>	<b>Total 2025</b>	<b>2024</b>	<b>Total 2024</b>
		£	£	£	£
	<b>This is stated after charging:</b>				
	Staff costs	308,801	308,801	354,490	354,490
	Auditors remuneration				
	Statutory audit current year	19,800	19,800	18,000	18,000
	Statutory audit prior year	3,830	3,830	808	808
	Depreciation	8,902	8,902	57,020	57,020
		<b>341,333</b>	<b>341,333</b>	<b>430,318</b>	<b>430,318</b>

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE PERIOD ENDED 31 DECEMBER 2025

11	Staff costs	2025		2024	
		Unrestricted funds	Total 2025	Unrestricted funds	Total 2024
		£	£	£	£
	Wages and salaries	248,789	248,789	314,031	314,031
	Social security costs	24,719	24,719	24,518	24,518
	Other pension costs	3,838	3,838	5,051	5,051
		<u>277,346</u>	<u>277,346</u>	<u>343,600</u>	<u>343,600</u>
	Other staff related costs	135	135	1,690	1,690
	Agency staff costs	6,663	6,663	9,642	9,642
	Redundancy costs	24,657	24,657	-	-
		<u><b>308,801</b></u>	<u><b>308,801</b></u>	<u><b>354,932</b></u>	<u><b>354,932</b></u>

The average number of persons employed by the charity during the year was 13 (2024: 15).

No employees earned £60,000 per annum or more (including taxable benefits but excluding the employer pension contributions) during the year (2024: none).

As noted in the trustees' report, the trustees consider that they alone comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day-to-day basis.

The trustees are all members of the Congregation and whilst their living and personal expenses are borne by the charity, they receive no remuneration or additional reimbursement of expenses in connection with their duties to the charity.

**12 Trustee remuneration**

No trustee received any remuneration or reimbursement of expenses in connection with their duties as trustees (2024 – £nil). Consistent with other members of the Congregation, as beneficiaries of the charity, the personal and living costs of the trustees are borne by the charity.

**13 Taxation**

The Cenacle Charity is a registered charity and, therefore, is not liable to income tax or corporation tax on income gains derived from its charitable activities, as they fall within the various exemptions available to registered charities.

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE PERIOD ENDED 31 DECEMBER 2025

14 Tangible fixed assets

	Freehold land and buildings		Fixtures, fittings and computer equipment £	Motor vehicles £	Total £
	Specialised £	Non- specialised £			
<b>Cost or valuation</b>					
At 1 January 2025	2,465,000	1,356,088	79,748	46,016	3,946,852
Additions	-	-	23,315	-	23,315
Disposals	-	-	(64,861)	(43,215)	(108,076)
Revaluation	(1,165,000)	-	-	-	(1,165,000)
At 31 December 2025	<u>1,300,000</u>	<u>1,356,088</u>	<u>38,202</u>	<u>2,801</u>	<u>2,697,091</u>
<b>Depreciation</b>					
At 1 January 2025	-	16,088	74,365	41,587	132,040
Charge for year	-	-	7,795	1,107	8,902
Eliminated on disposal	-	-	(64,861)	(43,215)	(108,076)
At 31 December 2025	<u>-</u>	<u>16,088</u>	<u>17,299</u>	<u>(521)</u>	<u>32,866</u>
<b>Net book value</b>					
At 31 December 2025	<u>1,300,000</u>	<u>1,340,000</u>	<u>20,903</u>	<u>3,322</u>	<u>2,664,225</u>
At 31 December 2024	<u>2,465,000</u>	<u>1,340,000</u>	<u>5,383</u>	<u>4,429</u>	<u>3,814,812</u>

Freehold land and buildings owned as at 31 December 2025 were revalued at that date by Rutter Green in March 2026. The Liverpool property, classified as a specialised property, was valued on a fair value basis given the trustees decision to vacate the property, at £1,300,000.

The non-specialised property, situated in London, was valued on a market value basis with vacant possession assuming existing use at £1,340,000.

The historic cost of the freehold land and buildings included above at 31 December 2025 and 2024 was £1,333,927.

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE PERIOD ENDED 31 DECEMBER 2025

15 Investments	Total 2025 £	Total 2024 £
<b>Listed investments at market value</b>		
At 1 January 2025	5,033,994	4,345,438
Additions	1,626,759	4,937,717
Disposals	(1,809,459)	(4,897,025)
	<b>4,851,294</b>	<b>4,386,130</b>
Foreign exchange losses	(46,727)	(43,326)
Net gains/losses	414,386	433,838
	<b>5,218,953</b>	<b>4,776,642</b>
Cash held by investment manager	145,765	257,352
<b>At 1 31 December 2025</b>	<b>5,364,718</b>	<b>5,033,994</b>

Listed investments held at 31 December comprised of the following:

	Total 2025 £	Total 2024 £
Equities - UK	595,664	513,286
Equities - overseas	2,740,715	2,728,063
Fixed interest - UK	1,442,141	1,297,032
Alternatives	440,433	238,261
	<b>5,218,953</b>	<b>4,776,642</b>

All listed investments were dealt on a recognised stock exchange.

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE PERIOD ENDED 31 DECEMBER 2025

16 Debtors	Total 2025 £	Total 2024 £
Investment income receivable	10,950	10,950
Prepayments	25,795	10,193
Other debtors	5,052	-
	<u>41,797</u>	<u>21,143</u>
17 Creditors	Total 2025 £	Total 2024 £
Amounts held on behalf of individual members of the Congregation	335,809	353,892
Social security creditor	2,170	7,365
Accruals	36,184	42,897
	<u>374,163</u>	<u>404,154</u>
18 Endowment fund	Total 2025 £	Total 2024 £
<b>McLaughlan Trust Fund</b>		
At 1 January 2025	73,236	74,456
Investment (losses) gains in the year	-	(1,220)
At 31 December 2025	<u>73,236</u>	<u>73,236</u>
19 Tangible fixed assets fund	Total 2025 £	Total 2024 £
At 1 January 2025	3,814,812	3,839,459
Net movement in year	(1,150,587)	(24,647)
At 31 December 2025	<u>2,664,225</u>	<u>3,814,812</u>

Under a trust disposition and deed of settlement of James McLaughlan dated 15 July 1935, the charity holds monies to be held as permanent endowment to form a fund in memory of Sister Lidwina, her parents, and her brothers and sisters. The annual income from this fund is to be used for the general purposes of the charity.

The tangible fixed assets fund represents the net book value of the charity's tangible fixed assets and has been established in recognition of the fact that the tangible fixed assets are required for the charity's on-going work of the charity and as such their value should not be regarded as funds that would be realisable with ease, in order to meet future contingencies.

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

NOTES TO THE FINANCIAL STATEMENTS  
FOR THE PERIOD ENDED 31 DECEMBER 2025

20	Designated fund	Total 2025 £	Total 2024 £
	At 1 January 2025	4,250,000	4,250,000
	Net movement in year	-	-
	At 31 December 2025	<u>4,250,000</u>	<u>4,250,000</u>

The income funds of the charity include the designated fund which has been set aside out of unrestricted funds by the trustees for a specific purposes.

The retirement reserve consists of monies designated by the trustees to provide for the sisters as they grow older and their needs change in relation to support and care. The calculations, based on actuarial principles, are reviewed annually by the trustees in the light of the resources available. The amount designated is constrained by the resources available.

21 **Analysis of net assets between funds**

	2025	General funds £	Fixed asset funds £	Designated funds £	Endowment funds £	Total £
Tangible fixed assets		-	2,664,225	-	-	2,664,225
Current assets		1,314,998	-	4,250,000	73,236	5,638,234
Current liabilities		(374,163)	-	-	-	(374,163)
		<u>940,835</u>	<u>2,664,225</u>	<u>4,250,000</u>	<u>73,236</u>	<u>7,928,296</u>
		-	-	-	-	-
	2024	General funds £	Fixed asset funds £	Designated funds £	Endowment funds £	Total £
Tangible fixed assets		-	3,814,812	-	-	3,814,812
Current assets		710,758	-	4,250,000	73,236	5,033,994
Current liabilities		118,607	-	-	-	118,607
		<u>829,365</u>	<u>3,814,812</u>	<u>4,250,000</u>	<u>73,236</u>	<u>8,967,413</u>

22 **Related party transactions**

**Transactions with trustees**

No trustee received any remuneration or reimbursement of expenses in connection with their duties as trustees (2024 – £nil). Consistent with other members of the Congregation, as beneficiaries of the charity, the personal and living costs of the trustees are borne by the charity.

As members of the Congregation, none of the trustees have resources of their own as all earnings, pensions and other income have been donated to the charity under a Gift Aid compliant Deed of Covenant. During the year, the total amount donated by these trustees to the charity was £34,197 (2024 – £51,066).

**Other related party transactions**

There were no other related party transactions during the year requiring disclosure (2024 – none).

CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE

NOTES TO THE FINANCIAL STATEMENTS  
*FOR THE PERIOD ENDED 31 DECEMBER 2025*

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**23 Membership, ultimate control and liability of members**

The Provincial Superior for the time being is automatically, by virtue of holding that office, is ex-officio the sole member of the charity for as long as she holds office.

If the CIO is wound up, the member of the CIO has no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.



**CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE**

England & Wales - Charity number 1180683

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# Accounts

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**Congregation of Our Lady  
of the Retreat in the  
Cenacle**

**Annual Report and Accounts**

31 December 2024

Charity Registration Number

1180683

## Contents

### Reports

Reference and administrative details of the charity, its trustees and advisers	1
Report of the trustees	3
Independent auditor's report	14

### Accounts

Statement of financial activities	19
Balance sheet	20
Statement of cash flows	21
Principal accounting policies	23
Notes to the accounts	30

**Reference and administrative details of the charity, its trustees and advisers**

<b>Trustees</b>	Sister Jacqueline Guieu Sister Winifred Margaret Morley Sister Katharine Mary Stogdon Sister Ann Janett Turner
<b>Provincial Treasurer</b>	Sister Jacqueline Guieu
<b>Administrative address</b>	Tithebarn Grove Lance Lane Liverpool L15 6TW
<b>Charity registration number</b>	1180683
<b>Auditor</b>	Buzzacott Audit LLP 130 Wood Street London EC2V 6DL
<b>Bankers</b>	The Royal Bank of Scotland plc Parklands De Havilland Way Horwich Bolton BL6 47U
<b>Investment managers</b>	Quilter Cheviot Limited One Kingsway London WC2B 6AN  CBIS Global Funds plc Guild House Guild Street IFSC Dublin 1  Evelyn Partners 45 Gresham Street London, EC2V 7BG

**Reference and administrative details of the charity, its trustees  
and advisers**

<b>Solicitors</b>	Pothecary Witham Weld 84 Eccleston Square Pimlico London SW1V 1PX
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## **Report of the trustees Year to 31 December 2024**

The trustees present their report together with the accounts of the Congregation of Our Lady of the Retreat in the Cenacle (the “charity” or the “CIO”) for the year ended 31 December 2024.

The accounts have been prepared in accordance with the accounting policies set out on pages 23 to 29 of the attached accounts and comply with the charity’s Constitution, the Charities Act 2011, and Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **Introduction**

The Congregation of Our Lady of the Retreat in the Cenacle is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission (Charity Registration Number 1180683) and governed by a Constitution dated 14 November 2018. Previously, it was the Cenacle Charity with the registration number 232928, which held the assets of the Congregation in England before 14 November 2018 and the Cenacle Charity Incorporated in Ireland with the registration number 20012359, which held the assets of the Congregation in Ireland until 11 August 2023.

The Congregation of Our Lady of the Retreat in the Cenacle (the Congregation) is an International Roman Catholic Congregation founded in 1826 by Saint Therese Couderc and Jean-Pierre Etienne Terme in the village of La Louvesc France, with the fundamental mission of providing accommodation for retreats and promoting spirituality. Today the Congregation has its Generalate in Rome and continues the mission of working ‘for the transformation of the world by awakening and deepening faith, with and for the people of our times’.

### **Objectives and aims**

The object of the charity, as set out in its constitution, is the advancement of the Christian religion through the religious and other charitable work of the Congregation as the trustees with the approval of the Superior shall from time to time think fit.

The mission statement of the Congregation states, “We work for the transformation of the world by awakening and deepening faith, with and for the people of our times”. The charity’s trustees will strive to ensure a spirit of harmony between this mission statement and the objects described in the charity’s constitution.

Collaboration is an important aspect of the charity’s work. This takes various forms in working with other religious, clergy and laity within the Christian tradition in a variety of fields - retreats given in other centres, in parishes and on-line; training in the art of spiritual direction; working on local parish Deepening of Faith programmes; supporting local events by sharing the gifts and talents of individuals; and working with other religious on committees and diocesan projects. The ecumenical field is also an area where collaboration is seen to be enriching and important for a better understanding and appreciation of each other. This is achieved through the various activities being open to all believers.

## Report of the trustees Year to 31 December 2024

### **Objectives and aims** (continued)

Encouraging and supporting the laity is very important in training, enabling them and encouraging them to take up various roles, especially in church focused groups. Where possible the laity work alongside the sisters, as equals. This is especially true in the field of training.

### **Significant activities and achievements**

The charity aims to support the religious and other charitable works carried on by the Congregation and its sisters in England. When setting the aims of the charity, the trustees have complied with their duty under section 17 of the Charities Act 2011 to have regard to the Charity Commission's guidance on public benefit. The trustees believe that they have demonstrated in detail throughout this report the ways in which the charity has been faithful to this guidance.

The works of the charity fall into two main areas of caring for the members of the Congregation and the advancement of religion by providing accommodation for retreats and by promoting spirituality through prayer and spiritual accompaniment. In 2024 this was divided between on-line and face to face meetings.

### **Overview**

There were eleven sisters in England and Ireland at the start of 2024, their ages ranging from 75 to 101. Sadly, one sister from Liverpool Community passed away during the year, Sr Jean Page died in May 2024, so the number of sisters as the year ends is 10.

At the start of 2024 there were three sisters in the Brixton Community in London, and three sisters remain resident as the year closed. The sisters are part of a European province and are involved in the local community which is very multicultural.

The house in Brixton is available for people seeking spiritual direction and supervision and the sisters, when requested, give retreats and days of prayer in other venues. Following the pandemic there is still a mixture of face to face and online ministry.

They are involved in informal ways in their local Parish and when invited, lead small group meetings. They are also readers and are Eucharistic ministers in the Church. One sister is a member of Faiths Together in Lambeth, an interfaith group. One sister volunteers at a small project for Refugees. Another sister is a member of the Southwark diocesan spirituality commission. Two sisters have been involved in a programme called 'Living Joyfully' this is an inter- congregational project online for schools. Students have the opportunity to find out about Religious Life. One sister is a member of the diocese of Arundel and Brighton supervision team for priests. With a new member of the community joining, ministry is evolving and there is more networking in various local community groups. e.g. Citizens U.K. Lambeth Citizens

## Report of the trustees Year to 31 December 2024

### Significant activities and achievements (continued)

#### *Overview (continued)*

In the house in Liverpool there were three sisters at the start of 2024. At the start of the year one of the three sisters needed full time care and sadly she died in May 2024. At the close of 2024 we have two sisters in Liverpool house, who are both able and need minimal care. Another sister still lives in rented accommodation in North Liverpool and is part of the parish team there.

In Liverpool, one sister is available for spiritual direction and welcoming individuals and groups who wish to avail themselves of a space to 'stop and ponder' in the midst of their busy lives whether it be a few hours or a few days. Several groups of guests were welcomed to use the space for retreats and quiet days during 2024. The house is also available for ongoing training programmes for spiritual directors and supervision in conjunction with the Liverpool Anglican Diocese and one sister is a member of the spirituality team and is involved in training programmes.

There is a busy Prayer Enrolment office open to the public in Liverpool. Visitors can come and choose mass and prayer cards and may visit the Chapel on weekdays. There is also an online and phone facility, so all access levels are met and are available: face to face meetings, by phone and online. Often whilst visiting, visitors will request a chat with one of the sisters, particularly during times of stress or crisis in their lives and they gain comfort from this ministry.

There are 4 sisters in Ireland during the period. Three of whom are living in Dublin, two of them are in a local care home, where they receive full-time nursing care. Another sister is living in Cork.

In common with many religious congregations in Great Britain, the age profile of the members of the Congregation in England is increasing as existing members grow older and the number of new vocations becomes minimal.

The Congregation has a legal and moral obligation to provide care for its members, none of whom has resources of their own, and all have devoted a significant part of their lives to work for the Congregation including pastoral work with poorer members of society. As the age profile of the sisters increase so too does the cost of providing care. This has been a costly but very necessary expense as several sisters in 2023 and one in early 2024 required 24-hour care, which the sisters could no longer provide for each other. All the care staff are local women who are fully trained in support work, so again the sisters help provide employment for people in the area.

#### **Advancement of religion**

The charity's properties are available to the public as places where they can call in for a time of quiet and peaceful reflection, with a sister on hand to lend a listening ear should they wish. In Liverpool the telephone is a great means of offering support and sympathy, prayer, and a listening ear to the many callers who continue to call at all times of day and night.

During the year, twelve people availed themselves of a residential silent retreat and sixteen people availed the use of Zoom to find space within their daily lives. These varied in length from two days to eight days. 211 people came for a day and evening to 'stop and be still' in the Cenacle. There were 27 day and 38 evening sessions.

**Significant activities and achievements** (continued)

***Advancement of religion*** (continued)

We also had nine sessions for 108 people entitled 'Journey into Prayer'. During the year 23 persons availed themselves of spiritual direction over 125 sessions of about an hour's length, many on-line. 2 people followed the 19<sup>th</sup> annotation retreat over 30 sessions which takes place in daily life (St Ignatius spiritual exercises) 33 people attended supervision for 6 sessions.

27 persons attended 4 sessions for the spiritual direction core team. 6 persons attended planning meetings over 2 sessions for prayer guide training courses. 3 x Online Christian Life Community team meetings were held for 36 persons.

The Prayer Enrolment Team in Liverpool consists of six staff from the local lay community and they cover weekdays for Callers, telephone and web requests for prayer cards predominantly. Callers also visit to use the Chapel or to speak to the sisters confidentially.

Several sisters represent the Congregation at general meetings of major superiors and bursars in England. Two sisters in England serve as trustees for the charity leadership team and meet regularly and one sister holds the lead role for safeguarding in England/Ireland. The sisters at Liverpool house cover the reception and respond to callers over the phone at the weekend and outside of staff working hours.

**Key policies**

***Donations policy***

Whilst the trustees gave occasional support to organisations whose work is within the objects of the charity, the charity does not regard itself as a grant making entity and applications and requests for donations are not invited.

***Raising funds***

The charity aims to achieve best practice in the way in which it communicates with donors and other supporters. The charity takes care with the tone of communications and the accuracy of it's data to minimise the pressure on supporters. It applies best practice to protect supporters' data and never sells data, it never swaps data and ensures the communication preferences can be changed at any time. The charity manages its own activities for fundraising and does not employ the services of professional fundraisers. The charity undertakes to react to and investigate any complaints regarding its fundraising activities and to learn from them and improve its service. During the year the charity received no complaints about activities for fund raising.

***Protection of children and vulnerable adults***

Along with all other organisations which serve in the community, the trustees recognise the absolute necessity of ensuring the protection and safety of all those the charity serves. This means that all sisters who are in any kind of ministry in GB must obtain clearance from the Disclosure and Barring Service (DBS). The trustees are committed to implementing all policies and procedures of the Catholic Safeguarding Standards Agency (CSSA) and the Religious Life Safeguarding Service (RLSS)

## Report of the trustees Year to 31 December 2024

### **Key policies (continued)**

#### ***Investment policy***

The charity has listed investments. In respect to these investments the trustees aim to maximise the total investment returns whilst maintaining income and continuing to preserve the real value of the total investments.

The activities of the investment managers are reviewed regularly by the trustees to ensure that the investments are managed in accordance with the trustees' written guidelines and with the religious and ethical principles of the Congregation.

### **Financial review**

#### ***Results for the year***

During the year to 31 December 2024, the charity supported an average of 10 sisters in England & Ireland. A summary of the charity's results for the year can be found on page 19 of this report and accounts.

During the year to 31 December 2024, income amounted to £511,744 (2023 - £2,393,180), the significant decrease against the prior year being due to the net assets received from the Irish charity as discussed at note 20 to the accounts. One of the principal components of income in 2024 was donations and legacies (including pensions and other earned income of members of the Congregation donated to the charity under Gift Aid or deed of covenant) which amounted to £168,885 (2023 - £190,247). Other categories of income comprised investment income and interest receivable totalling £116,696 (2023 - £75,814) and income from prayer enrolments totalling £198,953 (2023 - £191,147).

Total expenditure amounted to £741,790 (2023 - £794,331). The costs of supporting the sisters of the Congregation and their ministry amounted to £568,921 (2023 - £613,727) and expenditure on the provision of retreats and prayer enrolments totalled £144,286 (2023 - £153,245). Expenditure on managing the investments of the charity totalled £25,698 (2023 - £25,504).

Net expenditure of the charity before investment gains was £230,046 (2023 – net income of £1,598,849 before investment gains). Gains on listed investments for the year amounted to £435,058 (2023 – gains of £279,401). After accounting for the gains on the revaluation of tangible fixed assets of £27,753 (2023 – gains of £233,500), exchange losses of £43,326 on listed investments (2023 – losses of £45,199), and exchange losses on cash instruments of £nil (2023 – losses of £9,800), the net increase in funds was £188,219 (2023 – net increase in funds of £2,056,751).

#### ***Investment performance***

The charity had three portfolios of listed investments with a market value at 31 December 2024 of £5,033,994 (2023 - £4,712,294) including cash awaiting re-investment of £257,352 (2023 - £366,856). The portfolios are managed by Evelyn Partners, Quilter Cheviot and CBIS Global Funds plc.

## Report of the trustees Year to 31 December 2024

### **Financial review** (continued)

#### ***Investment performance*** (continued)

The market value of listed investments increased during the year in line with the performance of world markets. Investment income from listed investments was £88,271 (2023 - £68,910).

Throughout the year, the investment managers continued to invest in accordance with the trustees' investment policy set out earlier in this report. Further details of the investment portfolio are detailed in note 13 to the attached accounts.

#### ***Financial position and reserves policy***

The trustees consider that, given the nature of the charity's work, the level of free reserves should be sufficient to generate enough income to cover approximately nine months to one year's on-going expenditure and to provide for contingencies, unevenness in future income and volatility in the value of investments. This approximates to between £525,000 and £700,000.

As at 31 December 2024 the total funds of the charity amounted to £8,967,413

Of these total funds, £73,326 related to an endowment fund, further details of which are given in note 16 to the attached accounts.

The tangible fixed assets fund represented the tangible fixed assets of the charity used to support the work of the sisters and totalled £3,814,812.

A further £4,250,000 represented a retirement reserve designated by the trustees to provide income to communities with elderly sisters to care for, and to provide for sisters generally in their retirement. Where sisters are employed by organisations independent of the charity, any earnings are covenanted to the charity. The number of new vocations to the Congregation is negligible and, as a result, the average age of the membership is increasing. Younger members, although taking up important charitable work, tend either to work within the charity or, if working outside, are in low paid jobs. As a consequence, in the future it is anticipated that there will be a general reduction in the income earned by sisters. The charity has a continuing commitment to support members of the Congregation, many of whom continue to carry out charitable work long past the normal age of retirement.

Free reserves as at 31 December 2024 were £829,365. This is slightly greater than the target, but deemed acceptable by the trustees given the continuing volatility of the investment markets and the current geopolitical climate.

#### **Future plans**

Due to the number of Sisters resident in England & Ireland reducing to 10, there will be reduced funds available from pensions and salaries going forward. The trustees are thinking about the future of the Liverpool house where there is an excess of capacity by way of space and manpower in this location.

## Report of the trustees Year to 31 December 2024

### **Future plans** (continued)

The trustees are also exploring ways of expanding the revenues from the prayer enrolment activity in Liverpool and reducing the associated costs.

### **Structure, governance and management**

#### ***Governing document***

The charity is a Charitable Incorporated Organisation (CIO), governed by a Constitution and registered with the Charity Commission on 14 November 2018.

As stated previously, the object of the CIO, as set out in its constitution, is the advancement of the Christian religion through the religious and other charitable work of the Congregation as the trustees with the approval of the Superior shall from time to time think fit.

The part of the Congregation known as the English Group is part of the European/Togo province and has two permanent locations in England.

#### ***Member***

The sole member of the Charitable Incorporated Organisation (CIO) is the Provincial Superior.

If the CIO is wound up, the member of the CIO has no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

#### ***Trustees***

The charity has four trustees. The trustees are a self-supporting body and are legally responsible for the overall management and control of the part of the province covering the activities in England and houses therein. The trustees had no physical meetings in 2024 and made great use of the telephone and electrical means to consult and evaluate activities of the charity, to plan in conjunction with the wider Provincial Council.

Trustees endeavour to keep up to date with developments affecting charities and attend any appropriate training for trustees.

The trustees are ultimately responsible for the day-to-day work of the charity and work with the Provincial Council to manage the affairs of the houses in England and the concerns affecting the sisters in Liverpool. During the year much was made of electronic means for the sharing of financial matters and budgeting.

The names of the trustees who served during the financial year ended 31 December 2024 are set out as part of the reference and administrative details on page 1 of this annual report and accounts.

Brief biographical details on each of the trustees who served during the year to 31 December 2024 are given below.

***Sister Katharine Stogdon*** is the chairperson of the trustees from Sept 2022, residing in Paris, France. She has been a member of the Congregation for over 30 years. She has taken up the role of Provincial Superior in September 2022.

**Structure, governance and management** (continued)

*Trustees* (continued)

**Sister Winifred Morley** lives in Liverpool and for many years was the treasurer for the charity. She has given active support to the Cenacle for over 60 years.

**Sister Ann Turner** resides in London and has been a Sister of the Cenacle for over 50 years. She has served as the chairperson of the English charity.

**Sister Jacqueline Guieu** lives in Paris and for many years was the treasurer for all legal entities within the province where the charity belongs. She has given active support to the Cenacle for over 10 years. She joined the Board in October 2022.

**Key management personnel**

The trustees consider that they alone comprise the key management personnel of the charity and shared the responsibility of directing and controlling, running and operating the charity on a day-to-day basis. They were supported by St John of God Hospitaller Services during the first half of 2023 and thereafter with the Team based in Liverpool. All the trustees are members of the Congregation and whilst their living and personal expenses are borne by the charity, they receive no remuneration or reimbursement of expenses in connection with their duties as trustees.

**Risk management**

The trustees undertake an annual review of the principal risks and uncertainties that the charity faces categorising the risks between those affecting the governance and management of the charity, operational risks, financial risks, reputational risks and those which occur because of circumstances outside of the charity's control such as changes in government policy, laws and regulations. They regularly review the measures already in place, or needing to be put in place, to establish policies, systems and procedures to mitigate those risks identified in the annual review and ensure that action is taken to implement changes to those policies, systems and procedures should they be needed to minimise or manage any potential impact on the charity if those risks materialise.

Having assessed the major risks to which the charity is exposed, the trustees believe that by monitoring reserve levels, by ensuring controls exist over key financial systems, and by examining the operational and business risks faced by the charity, they have established effective systems to mitigate those risks.

The trustees recognise their responsibility for the management of risks faced by the charity, and the sisters. The key risks for the charity, as identified by the trustees, are described below together with the principal ways in which they are mitigated.

- ◆ An analysis of the age profile of the members of the Congregation shows that the average age in England on 31 December 2024 was in excess of 75 years. The trustees are aware that there is both a moral and legal obligation to care for the older members. None of the sisters have resources of their own as all earnings, pensions and other income have been donated to the charity under a Gift Aid compliant Deed of Covenant.

**Structure, governance and management** (continued)

***Risk management*** (continued)

As the age profile increases, so too does the need to provide care for the sisters. Key elements of the management of this risk are (a) ensuring the charity has the available financial resources to finance this care both now and in the years ahead by setting aside assets in a designated “retirement “ fund, the value of which has been based on actual principles; and (b) ensuring that processes are in place to review regularly the ministries and needs of individual sisters encouraging those who need it to take on less demanding ministries and for identifying those who need extra care and help. At the beginning of 2021 SJOG were employed to assist with the care of the sisters in Liverpool until June 2023. As the year progressed this proved essential as the health of some of the sisters deteriorated faster than was anticipated such that by the end of the year a couple of sisters required 24-hour care. During 2023 one of these sisters passed away, leaving one sister in need of 24 hr care until May 2024 when sadly she passed away. The need for care in the future can only be surmised but there is currently spare capacity by way of space and manpower should the need arise.

- ◆ Operationally the charity works with children and vulnerable adults including older people. The trustees recognise the absolute necessity of ensuring the protection and safety of all those that the charity serves. This means that sisters engaged in any ministry in Great Britain and Ireland and all those who work or volunteer for the charity and work children and vulnerable adults must obtain clearance from the Disclosure and Baring Service (DBS). The trustees are committed fully to implementing the policies of the Catholic Safeguarding Standards Agency (CSSA).
- ◆ The charity’s principal assets comprise listed investments, the value of which is dependent on movements in UK and world stock markets. The investments are managed by reputable investment managers who adhere to a policy agreed by the trustees. The trustees meet once or twice a year with the investment managers and the managers’ performance and that of the portfolio are monitored. These meetings took place on-line. The investment strategy is assessed regularly to ensure it remains appropriate to the charity’s needs – both now and in the future.

The properties owned and occupied by the sisters need to be safe, secure and maintained such that their value is safeguarded. The service of a firm of Chartered Surveyors are used on an on-going basis to inspect the properties and give advice on any works required in order to meet the charity’s needs as well as meet safety and other regulatory requirements. Inspections take place at least every three years and the reports therefrom form the basis for an agreed rolling maintenance programme.

**Structure, governance and management** (continued)

***Risk management*** (continued)

Having assessed the major risks to which the charity is exposed, the trustees believe that by monitoring reserve levels, by ensuring controls exist over key financial systems, and by examining the operational and business risks faced by the charity, they have established effective systems to mitigate those risks.

***Trustees' responsibilities statement***

The trustees are responsible for preparing the trustees' report and accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare accounts for each financial year which give a true and fair view of the situation of the charity and of the income and expenditure of the charity for that period in preparing these accounts the trustees are required to:

- ◆ Select suitable accounting policies and then apply them consistently;
- ◆ Observe the methods and principles in Accounting and Reporting by Charities: Statement of recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the United Kingdom (FRS 102);
- ◆ Make judgements and estimates that are reasonable and prudent;
- ◆ State whether applicable United Kingdom Accounting Standards have been followed subject to any material departures disclosed and explained in the accounts; and
- ◆ Prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

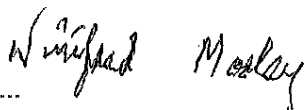
The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charities Act 2011, the applicable Charity (Accounts and Reporting) Regulations and the provisions of the charity's trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## Report of the trustees Year to 31 December 2024

### Volunteers, employees and donors

The trustees gratefully acknowledge the significant contribution which sisters, volunteers, and employees make to the charity. They are also heartened by the efforts and donations of various persons and organisations which help the sisters in their work.

Approved by the trustees:

.....  | .

Trustee: **Winifred Morley**

Date of approval: 11 June 2025

## **Independent auditor's report Year to 31 December 2024**

### **Independent auditor's report to the trustees of The Congregation of Our Lady of the Retreat in the Cenacle**

#### **Opinion**

We have audited the accounts of The Congregation of Our Lady of the Retreat in the Cenacle (the charity) for the year to 31 December 2024, which comprise the statement of financial activities, the balance sheet, the statement of cash flows, the principal accounting policies and the notes to the accounts. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the accounts:

- ◆ give a true and fair view of the state of the charity's affairs as at 31 December 2024 and of its income and expenditure for the year then ended;
- ◆ have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- ◆ have been prepared in accordance with the requirements of the Charities Act 2011.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the accounts section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the accounts in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **Conclusions relating to going concern**

In auditing the accounts, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the accounts is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the accounts are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

## **Independent auditor's report** Year to 31 December 2024

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report and Accounts, other than the accounts and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the accounts does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the accounts or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the accounts themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- ◆ the information given in the trustees' report is inconsistent in any material respect with the accounts; or
- ◆ sufficient accounting records have not been kept; or
- ◆ the accounts are not in agreement with the accounting records and returns; or
- ◆ we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement contained within the trustees' report, the trustees are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of accounts that are free from material misstatement, whether due to fraud or error.

In preparing the accounts, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

## Independent auditor's report Year to 31 December 2024

### **Auditor's responsibilities for the audit of the accounts**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the accounts as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists.

Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these accounts.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below:

- ◆ The engagement director ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- ◆ We identified the laws and regulations applicable to the charity through discussions with management and from our knowledge and experience of the charity sector;
- ◆ We focused on specific laws and regulations which we considered may have a direct material effect on the accounts or the activities of the charity. These included but were not limited to the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the United Kingdom and Republic of Ireland (FRS 102); and
- ◆ We assessed the extent of compliance with the laws and regulations identified above through making enquiries with management and those charged with governance and review of minutes of trustees' meetings.

We assessed the susceptibility of the charity's accounts to material misstatement, including obtaining an understanding of how fraud might occur, by:

- ◆ Making enquiries of management and those charged with governance as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- ◆ Considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

## Independent auditor's report Year to 31 December 2024

### **Auditor's responsibilities for the audit of the accounts** (continued)

To address the risk of fraud through management bias and override of controls, we:

- ◆ Performed analytical procedures to identify any unusual or unexpected relationships;
- ◆ Reviewed journal entries to identify unusual transactions;
- ◆ Carried out substantive testing of expenditure;
- ◆ Assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- ◆ Investigated the rationale behind significant or unusual transactions, if any identified.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- ◆ Agreeing accounts disclosures to underlying supporting documentation;
- ◆ Reading the minutes of meetings of trustees; and
- ◆ Enquiring of as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

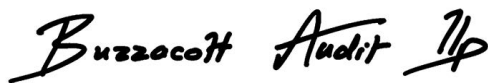
Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the accounts is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

## Independent auditor's report Year to 31 December 2024

### Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Buzzacott Audit LLP  
Statutory Auditor  
130 Wood Street  
London  
EC2V 6DL

Date: 16 June 2025

Buzzacott Audit LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

## Statement of financial activities Year to 31 December 2024

	Notes	2024			2023		
		Unrestricted funds £	Endowment fund £	Total funds £	Unrestricted funds £	Endowment fund £	Total funds £
<b>Income from:</b>							
Donations and legacies	1	168,885	—	168,885	2,056,206	—	2,056,206
Investments and interest receivable	2	116,696	—	116,696	75,814	—	75,814
Charitable activities	3						
. Retreat and conference centre income		4,164	—	4,164	5,051	—	5,051
. Prayer enrolments		198,953	—	198,953	191,147	—	191,147
. Apostolic works		12,772	—	12,772	12,883	—	12,883
Other sources							
. Surplus on disposal of tangible fixed assets		2,523	—	2,523	930	—	930
. Foreign exchange gains		7,751	—	7,751	51,149	—	51,149
<b>Total income</b>		<b>511,744</b>	<b>—</b>	<b>511,744</b>	<b>2,393,180</b>	<b>—</b>	<b>2,393,180</b>
<b>Expenditure on:</b>							
Raising funds	4	25,698	—	25,698	25,504	—	25,504
Charitable activities:							
. Support of members of the Congregation and their ministry	5	568,921	—	568,921	613,727	—	613,727
. Charitable works: Prayer enrolments and retreats	6	144,286	—	144,286	153,245	—	153,245
. Donations		2,885	—	2,885	1,855	—	1,855
<b>Total expenditure</b>		<b>741,790</b>	<b>—</b>	<b>741,790</b>	<b>794,331</b>	<b>—</b>	<b>794,331</b>
<b>Net (expenditure) income before net investment gains (losses)</b>	9	<b>(230,046)</b>	<b>—</b>	<b>(230,046)</b>	<b>1,598,849</b>	<b>—</b>	<b>1,598,849</b>
Net investment gains (losses) on listed investments	13	435,058	(1,220)	433,838	275,964	3,437	279,401
Exchange losses on listed investments	13	(43,326)	—	(43,326)	(45,199)	—	(45,199)
Exchange losses on investment cash		—	—	—	(9,800)	—	(9,800)
(Losses) gains on the revaluation of tangible fixed assets	12	27,753	—	27,753	233,500	—	233,500
<b>Net income (expenditure) and net movement in funds</b>		<b>189,439</b>	<b>(1,220)</b>	<b>188,219</b>	<b>2,053,314</b>	<b>3,437</b>	<b>2,056,751</b>
Fund balances brought forward at 1 January 2024		8,704,738	74,456	8,779,194	6,651,424	71,019	6,722,443
<b>Fund balances carried forward at 31 December 2024</b>		<b>8,894,177</b>	<b>73,236</b>	<b>8,967,413</b>	<b>8,704,738</b>	<b>74,456</b>	<b>8,779,194</b>

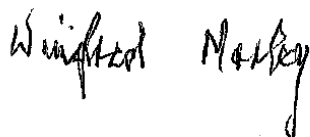
The statement of financial activities includes all gains and losses recognised in each of the financial years.

All of the charity's activities derived from continuing operations during both the above financial years.

## Balance sheet 31 December 2024

	Notes	2024 £	2024 £	2023 £	2023 £
<b>Fixed assets</b>					
Tangible fixed assets	12		<b>3,814,812</b>		3,839,459
Investments	13		<b>5,033,994</b>		4,712,294
			<b>8,848,806</b>		8,551,753
<b>Current assets</b>					
Stock		<b>8,428</b>		8,649	
Debtors	14	<b>21,143</b>		103,050	
Short term deposits		<b>156,156</b>		350,000	
Cash at bank and in hand		<b>337,034</b>		204,996	
		<b>522,761</b>		666,695	
<b>Creditors:</b> amounts falling due within one year	15	<b>(404,154)</b>		(439,254)	
<b>Net current assets</b>			<b>118,607</b>		227,441
<b>Total net assets</b>			<b>8,967,413</b>		8,779,194
<b>Represented by:</b>					
<b>The funds of the charity</b>					
Endowment fund	16		<b>73,236</b>		74,456
Unrestricted funds					
. Tangible fixed assets fund	18	<b>3,814,812</b>		3,839,459	
. Designated fund	19	<b>4,250,000</b>		4,250,000	
. General funds		<b>829,365</b>		615,279	
			<b>8,894,177</b>		8,704,738
	20		<b>8,967,413</b>		8,779,194

Approved by the trustees and signed on their behalf by:



Trustee: Winifred Morley

Date: 11 June 2025

## Statement of cash flows Year to 31 December 2024

	Notes	2024 £	2023 £
<b>Cash flows from operating activities:</b>			
Net cash used in operating activities	A	<b>(253,439)</b>	(450,689)
<b>Cash flows from investing activities:</b>			
Investment income and interest received		<b>124,917</b>	66,856
Proceeds from the disposal of tangible fixed assets		<b>3,771</b>	1,000
Purchase of tangible fixed assets		<b>(5,867)</b>	(13,042)
Proceeds from the disposal of listed investments		<b>4,897,025</b>	1,477,597
Purchase of listed investments		<b>(4,937,717)</b>	(812,263)
Net cash redeemed from (invested in) short term deposits		<b>193,844</b>	(350,000)
<b>Net cash provided by investing activities</b>		<b>275,973</b>	370,148
<b>Amounts received from The Cenacle Incorporated Charity (Ireland)</b>			
		<b>—</b>	36,405
<b>Change in cash and cash equivalents in the year</b>		<b>22,534</b>	(44,136)
<b>Cash and cash equivalents at 1 January 2024</b>		<b>571,852</b>	629,046
Foreign exchange gains on operating activities		<b>—</b>	(3,258)
Foreign exchange losses on cash held by investment managers		<b>—</b>	(9,800)
<b>Cash and cash equivalents at 31 December 2024</b>	B	<b>594,386</b>	571,852

### Notes to the statement of cash flows for the year to 31 December 2024.

#### A Reconciliation of net income to net cash flows from operating activities

	2024 £	2023 £
<b>Net income for the year (as per the statement of financial activities)</b>	<b>188,219</b>	2,056,751
<b>Adjustments for:</b>		
Donations received from Cenacle Incorporated Charity (Ireland) (note 20)	<b>—</b>	(1,846,214)
Depreciation charge	<b>57,020</b>	56,140
Gains on disposal of tangible fixed assets	<b>(2,523)</b>	(930)
Losses (gains) on the revaluation of tangible fixed assets	<b>(27,954)</b>	(233,500)
Non-cash donation	<b>2,885</b>	1,855
Foreign exchange gains	<b>(7,751)</b>	(51,149)
Foreign exchange losses on investment cash	<b>—</b>	9,800
Foreign exchange losses on listed investments	<b>43,326</b>	45,199
Gains on the revaluation and disposal of listed investments	<b>(433,838)</b>	(279,401)
Investment income and interest receivable	<b>(116,696)</b>	(75,814)
Decrease in stocks	<b>221</b>	5,083
Decrease (increase) in debtors	<b>78,752</b>	(52,544)
Decrease in creditors	<b>(35,100)</b>	(85,965)
<b>Net cash used in operating activities</b>	<b>(253,439)</b>	(450,689)

## Statement of cash flows Year to 31 December 2024

### B Analysis of cash and cash equivalents

	2024 £'000	2023 £'000
Cash at bank and in hand	337,034	204,996
Cash held by investment manager for re-investment	257,352	366,856
<b>Total cash and cash equivalents</b>	<b>594,386</b>	<b>571,852</b>

### C Analysis of changes in net debt

	At 1 January 2024 £	Cash flows £	Exchange movements £	Non-cash movements £	At 31 December 2024 £
Cash in hand and at bank	204,996	126,570	5,468	—	337,034
Cash held by investment managers	366,856	(109,504)	—	—	257,352
	571,852	17,066	5,468	—	594,386

The charity held no external debt finance at either the start of the end of the financial year.

## **Principal accounting policies** Year to 31 December 2024

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the accounts are laid out below.

### **Basis of preparation**

These accounts have been prepared for the year to 31 December 2024 with comparative figures stated for the year to 31 December 2023.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value with the exception of (a) freehold land and buildings included within tangible fixed assets and (b) investment assets both of which are included at valuation – as explained in the relevant accounting policies below or the notes to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The accounts are presented in sterling and are rounded to the nearest pound.

### **Critical accounting estimates and areas of judgement**

Preparation of the accounts requires the trustees to make significant judgements and estimates. The items in the accounts where these judgements and estimates have been made include:

- ◆ The allocation of governance costs between those categories of expenditure comprising expenditure on charitable activities;
- ◆ The useful economic lives attributed to tangible fixed assets and used to determine the annual depreciation charge;
- ◆ The valuation of freehold land and buildings that form part of tangible fixed assets;
- ◆ The assumptions adopted by the trustees in determining the value of any designations required from the charity's general unrestricted funds; and
- ◆ Estimating future income and expenditure flows for the purpose of assessing going concern (see below).

## **Principal accounting policies** Year to 31 December 2024

### **Assessment of going concern**

The trustees have assessed whether the use of the going concern assumption is appropriate in preparing these accounts. The trustees have made this assessment in respect to a period of at least one year from the date of approval of these accounts. The trustees have concluded that the charity has adequate resources to continue in operational existence for the foreseeable future and there are no material uncertainties about the charity's ability to continue as a going concern and, therefore, they continue to adopt the going concern basis of accounting in preparing the accounts.

With regard to the next accounting period (i.e. the year ending 31 December 2024), the most significant areas that affect the carrying value of the assets held by the charity are the level of investment return and the performance of the investment market.

The charity's investment income may be adversely affected because of the volatility in listed investments and there may continue to be increases in costs generally, both a response to the current geopolitical and macroeconomic situation. The trustees will continue to keep both income and expenditure under review but do not anticipate that the impact on the charity's finances will be material or impact on the charity's going concern assessment noted above.

### **Income recognition**

Income is recognised in the period in which the charity has entitlement to the income, the amount of income can be measured reliably and it is probable that the income will be received.

Income comprises donations and legacies, investment income, interest receivable, income from charitable activities (i.e. retreat centre income and income from prayer enrolments), income from miscellaneous sources and transfer of assets from The Cenacle Charity.

The net assets of The Cenacle Charity Incorporated (Ireland) Charity Registration Number 20012359 (Republic of Ireland) (the Irish charity) are included as donation received and are measured at the fair value of the net assets as at the date of the transfer.

Donations, including salaries and pensions of individual religious received under Gift Aid or deed of covenant, are recognised when the charity has confirmation of both the amount and settlement date. In the event of donations pledged but not received, the amount is accrued for where the receipt is considered probable. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

In accordance with the Charities SORP FRS 102 volunteer time is not recognised.

Legacies are included in the statement of financial activities when the charity is entitled to the legacy, the executors have established that there are sufficient surplus assets in the estate to pay the legacy, and any conditions attached to the legacy are within the control of the charity.

## Principal accounting policies Year to 31 December 2024

### **Income recognition** (continued)

Entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, but the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title of the asset having being transferred to the charity.

Investment income from listed investments is recognised once the dividend or similar distribution has been declared and notification has been received of the amount due. Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Retreat centre income, income from prayer enrolments and similar income is recognised to the extent that it is probable that economic benefits will flow to the charity and the income is capable of financial measurement. It is measured at fair value of the consideration received or receivable, excluding any relevant discounts or value added tax.

Any surplus or deficit on the disposal of either tangible fixed assets is calculated as the difference between the disposal proceeds and the net book value of the asset immediately prior to disposal less any direct costs of disposal. It is recognised on completion of the disposal.

All other income is recognised to the extent that it is probable that the economic benefits will flow to the charity and the revenue can be measured reliably. It is measured at fair value and accounted for on an accruals basis.

### **Expenditure recognition**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to make a payment to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses are allocated to the applicable expenditure headings. The majority of expenditure is directly attributable and any apportionment between headings is negligible.

## Principal accounting policies Year to 31 December 2024

### Expenditure recognition (continued)

Expenditure on charitable activities includes all costs associated with furthering the charitable purposes of the charity through the provision of its charitable activities and includes:

- ◆ Expenditure on the support of members of the Congregation and their ministry. Such expenditure enables the members to carry out the work of the charity in the areas of the advancement of the Roman Catholic faith.
- ◆ Expenditure on charitable activities includes costs associated with offering retreats and prayer enrolments.
- ◆ The provision of grants and donations relating, in the main, to the support of the Congregation's own work and the support of other Roman Catholic charitable organisations. Charitable grants and donations are made where the trustees believe there is a real need following a review of the details of each particular case and comprise single year payments rather than multi-year grants. Grants and donations are included in the statement of financial activities when approved for payment. Provision is made for any grants and donations approved but unpaid at the end of the financial year.

All expenditure is stated inclusive of irrecoverable VAT.

### Allocation of support and governance costs

Support costs represent indirect charitable expenditure, to enable the charity to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel, financial procedures, provision of office services and equipment and a suitable working environment. Governance costs comprise the costs involving the public accountability of the charity (including audit costs) and costs in respect to its compliance with regulation and good practice.

Such costs are not directly identifiable in respect to each charitable activity and hence they are apportioned using percentages based on the expenditure incurred directly on the charitable activities of the charity.

No support or governance costs have been allocated to donations payable as these are considered to be negligible.

### Foreign currencies

Assets and liabilities are translated at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the net movement in funds.

## Principal accounting policies Year to 31 December 2024

### Tangible fixed assets

All assets costing more than £1,000 and with an expected useful life exceeding one year are capitalised.

#### ◆ Freehold land and buildings

The trustees are the legal owners of a burial ground at the former Cenacle Convent adjoining St Joseph's Roman Catholic Church, Headley Road, Grayshott. The land is regarded as having a nil value for the purposes of these accounts since it will not and cannot be disposed of in the open market.

Freehold land and buildings are included in the accounts at valuation based on existing use or depreciated replacement cost basis, depending on the nature of the property to reflect their fair value. Valuations are updated on a "rolling basis" with each property's value being updated at least every five years.

Specialised buildings comprise large residential convents. Depreciation is provided at 2% per annum on a straight-line basis in order to write off the buildings over their estimated useful economic life to the Congregation.

Non-specialised buildings i.e. those designed as, and used wholly or mainly for, private residential accommodation are not depreciated. Their value and condition are reviewed annually by the trustees, to confirm that their residual value is not materially less than their book value. Where this is not deemed to be the case, an impairment provision is made.

Property improvements are depreciated on a straight-line basis in order to write off the improvements over their estimated useful economic life estimated to be 15 years.

#### ◆ Motor vehicles, fixtures, fittings and computer equipment

Motor vehicles, fixtures, fittings and computer equipment are included at cost.

Depreciation is provided on a straight line basis on assets held at the end of the year at the following annual rates in order to write off each asset over its estimated useful life:

Motor vehicles	25% reducing balance basis
Fixtures, fittings and computer equipment	20% to 25%

### Listed investments

Listed investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price.

The charity does not acquire put options, derivatives or other complex financial instruments.

## **Principal accounting policies** Year to 31 December 2024

### **Listed investments** (continued)

As noted above the main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

Realised gains (or losses) on investment assets are calculated as the difference between disposal proceeds and their opening carrying value or their purchase value is acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value at that date. Realised and unrealised investment gains (or losses) are combined in the statement of financial activities and are credited (or debited) in the year in which they arise.

### **Stocks**

Stock of supplies for prayer enrolments are valued at the lower of cost and net realisable value.

### **Debtors**

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid. They have been discounted to the present value of the future cash receipt where such discounting is material.

### **Cash at bank and in hand**

Cash at bank and in hand represents such accounts and instruments that are available on demand or have a maturity of less than three months from the date of acquisition. Deposits which mature in more than three months but less than one year at the date of acquisition have been disclosed as short term deposits. Cash placed on deposit for more than one year is disclosed as a fixed asset investment.

### **Creditors and provisions**

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount the charity anticipates it will pay to settle the debt. They have been discounted to the present value of the future cash payment where such discounting is material.

### **Funds structure**

The endowment fund comprises monies which must be held indefinitely although any income generated therefrom may be used for general purposes. Details are provided in note 16.

The tangible fixed assets fund represents the net book value of the charity's tangible fixed assets.

## **Principal accounting policies** Year to 31 December 2024

### **Funds structure** (continued)

Designated funds comprise monies set aside out of unrestricted general funds for specific future purposes or projects. Details of these are provided in note 18.

General funds represent those monies which are freely available for application towards achieving any charitable purpose that falls within the charity's charitable objects.

### **Services provided by members of the Congregation**

For the purposes of these accounts, no monetary value has been placed on care, administrative and other services provided by members of the Congregation.

### **Pension costs**

The charity offer their staff membership of a defined contribution pension scheme administered by the National Employment Savings Trust (NEST). Contributions to the scheme are debited to the statement of financial activities in the year in which they are payable to the scheme. The assets of the scheme are held by an independent corporate trustee, whose activities are governed by the National Employment Savings Trust Order 2010, made by the Secretary of State in exercise of powers confirmed under the Pensions Act 2008.

Contributions are also paid in respect of one member to personal pension plan held with Aviva.

## Notes to the accounts Year to 31 December 2024

### 1 Income from: Donations and legacies

	2024			2023		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Sisters' pensions and salaries	158,259	—	158,259	170,186	—	170,186
Donations from The Cenacle Charity Incorporated (Ireland) (note 20)	—	—	—	1,846,214	—	1,846,214
Other donations received	9,456	—	9,456	5,194	—	5,194
Legacies receivable	1,000	—	1,000	14,661	—	14,661
Mission alms	170	—	170	206	—	206
	<b>168,885</b>	<b>—</b>	<b>168,885</b>	<b>2,036,461</b>	<b>—</b>	<b>2,036,461</b>

### 2 Income from: Investments and interest receivable

	2024			2023		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Income from listed investments						
. Fixed interest UK	31,546	—	31,546	12,058	—	12,058
. Fixed interest - overseas	3,211	—	3,211	3,218	—	3,218
. Equities – UK	20,859	—	20,859	24,176	—	24,176
. Equities – overseas	21,899	—	21,899	19,840	—	19,840
. Alternative investments	10,756	—	10,756	9,618	—	9,618
	<b>88,271</b>	<b>—</b>	<b>88,271</b>	<b>68,910</b>	<b>—</b>	<b>68,910</b>
Interest on cash held by investment managers	14,056	—	14,056	5,711	—	5,711
Bank interest	14,369	—	14,369	1,193	—	1,193
	<b>116,696</b>	<b>—</b>	<b>116,696</b>	<b>75,814</b>	<b>—</b>	<b>75,814</b>

### 3 Income from: Charitable activities

	2024			2023		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Retreat income	4,164	—	4,164	5,051	—	5,051
Prayer enrolments	198,953	—	198,953	191,147	—	191,147
Other apostolic works	12,772	—	12,772	12,883	—	12,883
	<b>215,889</b>	<b>—</b>	<b>215,889</b>	<b>209,081</b>	<b>—</b>	<b>209,081</b>

**4 Expenditure on: Raising funds**

	2024			2023		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Investment manager fees – listed investments	19,858	—	19,858	20,087	—	20,087
Allocated support and administration costs (note 7)	5,838	—	5,838	5,417	—	5,417
	<b>25,696</b>	<b>—</b>	<b>25,696</b>	<b>25,504</b>	<b>—</b>	<b>25,504</b>

**5 Expenditure on: Support of members of the Congregation and their ministry**

	2024			2023		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Staff costs	212,101	—	212,101	224,257	—	224,257
Agency staff costs	9,642	—	9,642	50,662	—	50,662
Premises	97,961	—	97,961	133,919	—	133,919
Sisters' living and personal expenses	119,920	—	119,920	74,536	—	74,536
Allocated support and administration costs (note 7)	129,297	—	129,297	130,353	—	130,353
	<b>568,921</b>	<b>—</b>	<b>568,921</b>	<b>613,727</b>	<b>—</b>	<b>613,727</b>

**6 Expenditure on: Charitable works: Prayer enrolments and retreats**

	2024			2023		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
<b>Expenditure on Charitable works</b>						
Staff costs	79,698	—	79,698	78,101	—	78,101
Prayer enrolments	11,006	—	11,006	30,646	—	30,646
Premises	20,791	—	20,791	11,949	—	11,949
Allocated support and administration costs (note 7)	32,780	—	32,780	32,549	—	32,549
	<b>144,275</b>	<b>—</b>	<b>144,275</b>	<b>153,245</b>	<b>—</b>	<b>153,245</b>

## 7 Support and administration costs

	2024			2023		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Staff costs	53,490	—	53,490	81,616	—	81,616
Office costs	39,324	—	39,324	3,047	—	3,047
Premises costs	18,257	—	18,257	14,509	—	14,509
Governance costs (note 8)	18,808	—	18,808	7,948	—	7,948
Other professional fees	12,632	—	12,632	7,186	—	7,186
Depreciation	7,720	—	7,720	6,565	—	6,565
Management charges	4,384	—	4,384	21,239	—	21,239
Other expenses	13,315	—	13,315	26,209	—	26,209
	<b>167,929</b>	<b>—</b>	<b>167,929</b>	168,319	—	168,319
<b>Allocated as follows:</b>						
Raising funds	5,838	—	5,838	5,417	—	5,417
Support of members of the Congregation and their ministry	129,311	—	129,311	130,353	—	130,353
Charitable works: Prayer enrolments and retreats	32,780	—	32,780	32,549	—	32,549
	<b>167,929</b>	<b>—</b>	<b>167,929</b>	168,319	—	168,319

## 8 Governance costs

	Unrestricted funds	
	2024 £	2023 £
Professional fees	18,808	7,948

## 9 Net income (expenditure) before net investment gains (losses)

This is stated after charging:

	Unrestricted funds	
	2024 £	2023 £
Staff costs (note 10)	354,490	434,636
Auditor's remuneration		
. Statutory audit services – current year	18,000	15,060
. Statutory audit services – previous year	808	960
. Other services: general advice – previous year	—	(8,072)
Depreciation (note 12)	57,020	56,140

**10 Staff costs during the year were as follows:**

With effect from 1 January 2021, the employment of the charity's staff, other than one member, was transferred to St John of God Hospitaller Services under the Transfer of Undertakings (Protection of Employment) Regulations 2006 (TUPE). As from 1 January 2021, the charity paid a fee to St John of God Hospitaller Services to cover all costs incurred in connection with the charity. From 1 July 2023, the employment of the charity's staff, was transferred back to the charity under TUPE. The disclosure of staff costs, therefore, reflects 'the substance over the form' of the transactions involved. The disclosure below does not differentiate as to whether staff at the charity were employed by the charity or St John of God Hospitaller Services.

	Unrestricted funds	
	2024 £	2023 £
Wages and salaries	314,031	355,836
Social security costs	24,518	20,214
Other pension costs	5,051	4,983
	<b>343,600</b>	381,033
Other staff related costs	1,690	2,941
Agency staff costs	9,642	50,662
	<b>354,932</b>	434,636

Staff costs by function were as follows:

	Unrestricted funds	
	2024 £	2023 £
Support of members of the Congregation (note 5)	221,744	274,919
Charitable work: Prayer enrolment and retreats (note 6)	79,698	78,101
Support costs (note 7)	53,490	81,616
	<b>354,932</b>	434,636

The average number of employees was 15 (2023 – 18) and the full-time equivalent (FTE) was 11.06 (2023 – 12.35). No employees earned £60,000 per annum or more (including taxable benefits but excluding employer pension contributions) during the year (2023 – none).

As noted in the trustees' report, the trustees consider that they alone comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day-to-day basis.

The trustees are all members of the Congregation and whilst their living and personal expenses are borne by the charity, they received no remuneration or additional reimbursement of expenses in connection with their duties to the charity.

## 11 Taxation

The Cenacle Charity is a registered charity and, therefore, is not liable to income tax or corporation tax on income or gains derived from its charitable activities, as they fall within the various exemptions available to registered charities.

## 12 Tangible fixed assets

	Freehold land and buildings		Fixtures, fittings, and computer equipment £	Motor vehicles £	Total £
	Specialised £	Non- specialised £			
<b>Cost or valuation</b>					
At 1 January 2024	2,465,000	1,377,634	73,881	56,795	<b>3,973,310</b>
Additions	—	—	5,867	—	<b>5,867</b>
Disposals	—	—	—	(10,779)	<b>(10,779)</b>
Revaluation	—	(21,546)	—	—	<b>(21,546)</b>
At 31 December 2024	<b>2,465,000</b>	<b>1,356,088</b>	<b>79,748</b>	<b>56,795</b>	<b>3,946,852</b>
<b>Cost or valuation</b>					
Cost	—	—	79,748	46,016	<b>125,764</b>
Valuation	2,465,000	1,356,088	—	—	<b>3,821,088</b>
	<b>2,465,000</b>	<b>1,356,088</b>	<b>79,748</b>	<b>46,016</b>	<b>3,946,852</b>
<b>Depreciation</b>					
At 1 January 2024	—	12,825	71,523	49,503	<b>133,851</b>
Charge for year	49,300	3,263	2,842	1,615	<b>57,020</b>
Eliminated on disposal	—	—	—	(9,531)	<b>(9,531)</b>
Write back on revaluation	(49,300)	—	—	—	<b>(49,300)</b>
At 31 December 2024	—	<b>16,088</b>	<b>74,365</b>	<b>41,587</b>	<b>132,040</b>
<b>Net book values</b>					
At 31 December 2024	<b>2,465,000</b>	<b>1,340,000</b>	<b>5,383</b>	<b>4,429</b>	<b>3,814,812</b>
At 31 December 2023	2,465,000	1,364,809	2,358	7,292	3,839,459

Freehold land and buildings owned as at 31 December 2024 were revalued at that date by Gould Baxter, Chartered Surveyors, of Hamilton House, Mabledon Place, London WC1H 9BB in January 2025. The valuation was carried out in accordance with RICS Valuation Global Standards published by the Royal Institution of Chartered Surveyors, for the purposes of Statements of Asset Valuations. The Liverpool property, classified as a specialised property, was valued on a depreciated replacement cost basis due to the specialised nature, design configuration, size and location of the property, at £2,465,000. The non-specialised property, situated in London, was valued on a market value basis with vacant possession assuming existing use at £1,340,000.

The historic cost of the freehold land and buildings included above at 31 December 2024 and 2023 was £1,333,927.

### 13 Investments

	2024 £	2023 £
<b>Listed investments at market value</b>		
At 1 January 2024	4,345,438	4,623,239
Additions at cost	4,937,717	812,263
Disposals at book value		
. Sale proceeds	(4,897,025)	(1,477,597)
. Realised gains	227,652	96,962
	(4,669,373)	(1,380,635)
Foreign exchange losses	(43,326)	(39,014)
Net unrealised gains	206,186	329,585
	4,776,642	4,345,438
<b>Cash held by investment managers for reinvestment</b>	<b>257,352</b>	<b>366,856</b>
At 31 December 2024	<b>5,033,994</b>	<b>4,712,294</b>
<b>Cost of listed investments</b>	<b>4,391,108</b>	<b>3,668,147</b>

Listed investments held at 31 December 2024 comprised the following:

	2024 £	2023 £
Equities – UK	513,286	554,695
Equities – overseas	2,728,063	2,355,634
Fixed interest – UK	1,297,032	439,743
Fixed interest – overseas	—	700,426
Alternatives	238,261	294,940
	4,776,642	4,345,438

All listed investments were dealt in on a recognised stock exchange.

#### **Reconciliation of gains and losses on investments to the statement of financial activities.**

	2024 £	2023 £
Gains and losses as above		
. Realised gains (losses)	227,652	96,962
. Exchange (losses) gains	(43,326)	(39,014)
. Net unrealised gains (losses)	206,186	329,585
	390,512	387,533

## Notes to the accounts Year to 31 December 2024

### 14 Debtors

	2024 £	2023 £
Investment income receivable	10,950	19,171
Prepayments	10,193	10,779
Donations receivable (backdated Sisters' pensions)	—	59,439
Legacies receivable	—	13,661
	<b>21,143</b>	<b>103,050</b>

### 15 Creditors: amounts falling due within one year

	2024 £	2023 £
Amounts held on behalf of individual members of the Congregation	353,892	367,111
Social security creditor	7,365	7,089
Expense creditors	—	21,300
Accruals	42,897	43,754
	<b>404,154</b>	<b>439,254</b>

### 16 Endowment fund

Under a trust disposition and deed of settlement of James McLaughlan dated 15 July 1935, the charity holds monies to be held as permanent endowment to form a fund in memory of Sister Lidwina, her parents, and her brothers and sisters. The annual income from this fund is to be used for the general purposes of the charity.

<b>McLaughlan Trust Fund</b>	2024 £	2023 £
At 1 January 2024	74,456	71,019
Investment (losses) gains in the year	(1,220)	3,437
At 31 December 2024	<b>73,236</b>	<b>74,456</b>

### 17 Tangible fixed assets fund

	2024 £	2023 £
At 1 January 2024	3,839,459	3,660,169
Net movement in year	(24,647)	179,290
At 31 December 2024	<b>3,814,812</b>	<b>3,839,459</b>

The tangible fixed assets fund represents the net book value of the charity's tangible fixed assets and has been established in recognition of the fact that the tangible fixed assets are required for the charity's on-going work of the charity and as such their value should not be regarded as funds that would be realisable with ease, in order to meet future contingencies.

**18 Designated fund**

The income funds of the charity include the following designated fund which has been set aside out of unrestricted funds by the trustees for a specific purposes:

	2024 £	2023 £
<b>Retirement fund</b>		
At 1 January 2024	4,250,000	2,500,000
Designated (released) during the year	—	1,750,000
At 31 December 2024	<b>4,250,000</b>	<b>4,250,000</b>

The retirement reserve consists of monies designated by the trustees to provide for the sisters as they grow older and their needs change in relation to support and care. The calculations, based on actuarial principles, are reviewed annually by the trustees in the light of the resources available. The amount designated is constrained by the resources available.

**19 Analysis of net assets between funds**

	General funds £	Tangible fixed assets fund £	Designated fund £	Endowment fund £	Total funds 2024 £
<b>Fund balances at 31 December 2024 are represented by:</b>					
Tangible fixed assets	—	3,814,812	—	—	3,814,812
Fixed asset investments	710,758	—	4,250,000	73,236	5,033,994
Net current assets	118,607	—	—	—	118,607
<b>Total net assets</b>	<b>829,365</b>	<b>3,814,812</b>	<b>4,250,000</b>	<b>73,236</b>	<b>8,967,413</b>

	General funds £	Tangible fixed assets fund £	Designated fund £	Endowment fund £	Total funds 2023 £
<b>Fund balances at 31 December 2023 are represented by:</b>					
Tangible fixed assets	—	3,839,459	—	—	3,839,459
Fixed asset investments	389,328	—	4,250,000	72,966	4,712,294
Net current (liabilities) assets	225,951	—	—	1,490	227,441
<b>Total net assets</b>	<b>615,279</b>	<b>3,839,459</b>	<b>4,250,000</b>	<b>74,456</b>	<b>8,779,194</b>

The total unrealised gains as at 31 December 2024 constituted movements on the revaluation of investments and tangible fixed assets and were as follows:

	2024 £	2023 £
<b>Unrealised gains included above on:</b>		
Listed investments	385,534	677,291
Tangible fixed assets	2,471,073	2,500,157
	<b>2,856,607</b>	<b>3,177,448</b>
<b>Reconciliation of movements in unrealised gains</b>		
Unrealised gains brought forward	3,177,448	2,919,311
Realised gains on listed investments	(511,655)	(219,934)
Exchange losses on listed investments	(43,326)	(39,014)
Unrealised gains on listed investments	206,186	329,585
Unrealised (losses) gains on revaluation of tangible fixed assets	27,954	187,500
	<b>2,856,607</b>	<b>3,177,448</b>

## 20 Related party transactions

### ***The Cenacle Charity Incorporated (Ireland) (comparative information)***

The charity was connected to The Cenacle Charity Incorporated (Ireland) (a charity registered with the Charities Regulator Ireland – Charity Registration No 20012359) (the Irish charity) by virtue of the fact that the Provincial Superior was ex-officio the sole member of both charities and was responsible for appointing the trustees.

On 3 August 2022, the Provincial Superior gave her authorisation to transfer all assets of the Irish charity to the charity and to dissolve the charity in Ireland. After consulting with their advisors, the trustees of the Irish charity unanimously resolved by Written Resolution dated 11 August 2023 that a legal agreement be entered into to transfer the assets and liabilities of the Irish charity to the charity. The Transfer Agreement was signed by the trustees on the same date and it was agreed that the Irish Charity would be dissolved with effect from 31 August 2023.

The value of the Irish charity's assets and liabilities transferred to the charity were included as a donation received and are measured at the fair value of the net assets as at the date of the transfer. Details of the assets and liabilities transferred on 11 August 2023 (as reflected within note 1 to these accounts) were as follows:

	<b>Total £</b>
Tangible fixed assets (note 12)	
. Cost	<b>20,651</b>
. Depreciation	<b>(20,651)</b>
	<b>—</b>
Net current assets	
. Debtors: amounts falling due within one year	
.. Transfer of debtor due from the charity	<b>2,135,403</b>
.. Other debtors and prepayments	<b>2,013</b>
. Cash at bank and in hand	<b>36,405</b>
. Creditors: amounts falling due within one year	<b>(327,607)</b>
	<b>1,846,214</b>
<b>Total net assets</b>	<b>1,846,214</b>

### ***Transactions with trustees***

No trustee received any remuneration or reimbursement of expenses in connection with their duties as trustees (2023 – £nil). Consistent with other members of the Congregation, as beneficiaries of the charity, the personal and living costs of the trustees are borne by the charity.

**20 Related party transactions** (continued)

***Transactions with trustees*** (continued)

As members of the Congregation, none of the trustees have resources of their own as all earnings, pensions and other income have been donated to the charity under a Gift Aid compliant Deed of Covenant. During the year, the total amount donated by these trustees to the charity was £51,066 (2023 – £21,156).

***Other related party transactions***

There were no other related party transactions during the year requiring disclosure (2023 – none).

**21 Membership, ultimate control and liability of members**

The Provincial Superior for the time being is automatically, by virtue of holding that office, is ex-officio the sole member of the charity for as long as she holds office.

If the CIO is wound up, the member of the CIO has no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

**CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE**

England & Wales - Charity number 1180683

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# Accounts

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**Congregation of Our Lady  
of the Retreat in the  
Cenacle**

**Annual Report and Accounts**

31 December 2023

Charity Registration Number

1180683

## Contents

### Reports

Reference and administrative details of the charity, its trustees and advisers	1
Report of the trustees	2
Independent auditor's report	13

### Accounts

Statement of financial activities	18
Balance sheet	19
Statement of cash flows	20
Principal accounting policies	22
Notes to the accounts	29

**Reference and administrative details of the charity, its trustees and advisers**

<b>Trustees</b>	Sister Jacqueline Guieu Sister Winifred Margaret Morley Sister Katharine Mary Stogdon Sister Ann Janett Turner
<b>Provincial Treasurer</b>	Sister Jacqueline Guieu
<b>Administrative address</b>	Tithebarn Grove Lance Lane Liverpool L15 6TW
<b>Charity registration number</b>	1180683
<b>Auditor</b>	Buzzacott LLP 130 Wood Street London EC2V 6DL
<b>Bankers</b>	The Royal Bank of Scotland plc Parklands De Havilland Way Horwich Bolton BL6 47U
<b>Investment managers</b>	Quilter Cheviot Limited One Kingsway London WC2B 6AN  CBIS Global Funds plc Guild House Guild Street IFSC Dublin 1
<b>Solicitors</b>	Pothecary Witham Weld 84 Eccleston Square Pimlico London SW1V 1PX

## **Report of the trustees - Year to 31 December 2023**

The trustees present their report together with the accounts of the Congregation of Our Lady of the Retreat in the Cenacle (the “charity” or the “CIO”) for the year ended 31 December 2023.

The accounts have been prepared in accordance with the accounting policies set out on pages 22 to 28 of the attached accounts and comply with the charity’s Constitution, the Charities Act 2011 and Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **Introduction**

The Congregation of Our Lady of the Retreat in the Cenacle is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission (Charity Registration Number 1180683) and governed by a constitution dated 14 November 2018.

The Congregation of Our Lady of the Retreat in the Cenacle (the Congregation) is an International Roman Catholic Congregation founded in 1826 by Saint Therese Couderc and Jean-Pierre Etienne Terme in the village of Lalouvesc France, with the fundamental mission of providing accommodation for retreats and promoting spirituality. Today the Congregation has its Generalate in Rome and continues the mission of working ‘for the transformation of the world by awakening and deepening faith, with and for the people of our times’.

### **Objectives and aims**

The object of the charity, as set out in its Constitution, is the advancement of the Christian religion through the religious and other charitable work of the Congregation as the trustees with the approval of the Superior shall from time to time think fit.

The mission statement of the Congregation states, “We work for the transformation of the world by awakening and deepening faith, with and for the people of our times”. The charity’s trustees will strive to ensure a spirit of harmony between this mission statement and the objects described in the charity’s Constitution.

Collaboration is an important aspect of the charity’s work. This takes various forms in working with other religious, clergy, and laity within the Christian tradition in a variety of fields - retreats given in other centres, in parishes, and online; training in the art of spiritual direction; working on local parish Deepening of Faith programmes; supporting local events by sharing the gifts and talents of individuals; and working with other religious on committees and diocesan projects. The ecumenical field is also an area where collaboration is seen to be enriching and important for a better understanding and appreciation of each other. This is achieved through the various activities being open to all believers.

## Report of the trustees - Year to 31 December 2023

### **Objectives and aims** (continued)

Encouraging and supporting the laity is very important in training, enabling them, and encouraging them to take up various roles, especially in church-focused groups. Where possible the laity works alongside the sisters, as equals. This is especially true in the field of training.

### **Significant activities and achievements**

The charity aims to support the religious and other charitable works carried on by the Congregation and its sisters in England. When setting the aims of the charity, the trustees have complied with their duty under section 17 of the Charities Act 2011 to have regard to the Charity Commission's guidance on public benefit. The trustees believe that they have demonstrated in detail throughout this report how the charity has been faithful to this guidance.

The works of the charity fall into two main areas caring for the members of the Congregation and the advancement of religion by providing accommodation for retreats and by promoting spirituality through prayer and spiritual accompaniment. In 2023 this was divided between online and face-to-face meetings.

As reported in the accounts to 31 December 2022, as the Congregation's activities in Ireland, carried out by The Cenacle Charity Incorporated (Ireland) Charity Registration Number 20012359 (Republic of Ireland) (the Irish charity) had reduced considerably in recent years, the trustees of the Irish charity together with the Congregational Leadership team of the Europe/Togo Province reviewed the future plans for the care of the remaining members in Ireland. A decision was made to transfer the care of the sisters to this charity. On 3 August 2022, the Provincial Superior gave her authorisation to transfer all assets of the Irish charity to this charity and to dissolve the charity in Ireland. After consulting with their advisors, the trustees of the Irish charity unanimously resolved by Written Resolution dated 11 August 2023 that a legal agreement be entered into to transfer the assets and liabilities of the Irish charity to the charity. The Transfer Agreement was signed by the trustees of the Irish Charity on the same date and it was agreed that the Irish Charity would be dissolved with effect from 31 August 2023.

### **Overview**

There were seven sisters in England at the start of 2023, their ages ranging from 70 to 89, but sadly one from Liverpool Community has passed away during the year but one sister has joined Brixton Community from her role as Superior General in Rome in September 2023. So, there were still seven sisters in England at the close of 2023. In 2023 the houses in England were situated in London and Liverpool. One sister lives in rented accommodation to facilitate her work in the local parish. From September 2023, after the closing of the Irish Charity, the four Irish sisters based in Ireland have come under the care of the English CIO.

At the start of 2023 there were two sisters in the Brixton Community in London. Another sister joined the community in September 2023 from her role in Rome, so three sisters were resident as the year closed. The sisters are part of a European province and are involved in the local community which is very multicultural.

## Report of the trustees - Year to 31 December 2023

### Significant activities and achievements (continued)

#### *Overview (continued)*

The Sisters work with the South London Refugees Association, meeting weekly. One sister is a member of Faiths Together in Lambeth, an interfaith group. One sister is a member of the committee for catholic vocations project which offers on-line Advent and Lenten programmes. One sister is a member of the team for ongoing formation of priests for the Southwark diocese with special responsibility for spirituality. One sister is a member of the local parish pastoral council. Another sister is a member of the Southwark diocesan spirituality commission. One sister is a member of the Diocese of Arundel and Brighton supervision team for priests. With a new member of the community joining, the ministry is evolving and there is more networking in various local community groups.

The house in Brixton is also available for people seeking spiritual direction and supervision and the sisters, when requested, give retreats and days of prayer in other venues. Following the pandemic, there is a mixture of face-to-face and online ministry.

In the house in Liverpool, there were four sisters at the start of 2023. At the start of the year one sister needed full-time care and one needed some assistance with daily living, but as the year progressed this also became full-time care. Sadly, one sister died at the start of November. At the close of 2023, we had one sister needing full-time care. Another sister still lives in rented accommodation in North Liverpool and is part of the parish team there.

In Liverpool, one sister is available for spiritual direction and welcoming individuals and groups who wish to avail themselves of a space to 'stop and ponder' in the midst of their busy lives, whether it be for a few hours or a few days. Several groups of guests were welcomed to use the space for retreats and quiet days during 2023. The house is also available for ongoing training programmes for spiritual directors and supervision in conjunction with the Liverpool Anglican Diocese and one sister is a member of the spirituality team and is involved in training programmes.

There is a busy Prayer Enrolment office open to the public in Liverpool. Visitors can come and choose mass and prayer cards and may visit the Chapel on weekdays. There is also an online and phone facility, so all access levels are met and are available face-to-face, by phone, and online. Often whilst visiting, visitors will request a chat with one of the sisters, particularly during times of stress or crisis in their lives and they gain comfort from this ministry.

Since January 2021, the CIO had outsourced the management of the Liverpool house to Saint John of God Hospitaller Services (SJOG), and several lay people were employed by SJOG to work in the Prayer Enrolment office and reception and as house manager and support staff to care for the aging community. Towards the end of 2022, SJOG decided to withdraw its services from the Liverpool House from the end of June 2023.

In June 2023 the contract was terminated, and the local Team has picked up the reins. The Cenacle now employs the Prayer Enrolment Team, the Support staff, Receptionist and the Operations Manager many of whom are local and, in this way, the charity helps support the local community. There is a small chapel open when the office is open to the public, for quiet prayer. This is well used and much appreciated.

## Report of the trustees - Year to 31 December 2023

### **Significant activities and achievements** (continued)

#### **Overview** (continued)

In common with many religious congregations in Great Britain, the age profile of the members of the Congregation in England is increasing as existing members grow older and the number of new vocations becomes minimal.

The Congregation has a legal and moral obligation to provide care for its members, none of whom has resources of their own, and all have devoted a significant part of their lives to work for the Congregation including pastoral work with poorer members of society. As the age profile of the sisters increases so too does the cost of providing care. This has been a costly but very necessary expense as several sisters in 2023 required 24-hour care, which the sisters could no longer provide for each other. All the care staff are local women who are fully trained in support work, so again the sisters help provide employment for people in the area.

#### **Advancement of religion**

The charity's properties are available to the public as places where they can call in for a time of quiet and peaceful reflection, with a sister on hand to lend a listening ear should they wish. In Liverpool the telephone is a great means of offering support and sympathy, prayer, and a listening ear to the many callers who continue to call at all times of day and night.

During the year, eleven people availed themselves of a residential silent retreat and eight people availed the use of Zoom to find space within their daily lives. These varied in length from two days to thirty days. One sister was involved in 10 retreats in other retreat centres from 3 to 8 days in length. 185 people came for a day or evening to 'stop and be still' in the Cenacle. There were 26 quiet days followed by 185 people and, in the evenings, there were 37 sessions for 224 people. 158 people took part in the training for spiritual directors in 14 sessions which took place face to face. These sessions were all organised in conjunction with the Diocese of Liverpool.

We also had seven sessions for 99 people, an addition to the previous year, entitled 'Journey into Prayer'. During the year 120 persons availed themselves of spiritual direction over 21 sessions of about an hour's length, many online.

One sister works with the Liverpool Anglican Diocese in training spiritual directors. The course runs from Easter to Christmas, was for 158 participants across 14 sessions, and was held at the Liverpool house.

Several sisters represent the Congregation at general meetings of major superiors and bursars in England. Two sisters in England serve as trustees for the charity. leadership team and meet regularly and one sister holds the lead role for safeguarding in England/Ireland. The sisters at the Liverpool house cover the reception and respond to callers over the phone at the weekend and outside of staff working hours.

## Report of the trustees - Year to 31 December 2023

### **Key policies**

#### ***Donations policy***

Whilst the trustees give occasional support to organisations whose work is within the objects of the charity, the charity does not regard itself as a grant making entity and applications and requests for donations are not invited.

#### ***Raising funds***

The charity aims to achieve best practice in the way in which it communicates with donors and other supporters. The charity takes care with the tone of communications and the accuracy of its data to minimise the pressure on supporters. It applies best practice to protect supporters' data and never sells data, it never swaps data and ensures the communication preferences can be changed at any time. The charity manages its own activities for fundraising and does not employ the services of professional fundraisers. The charity undertakes to react to and investigate any complaints regarding its fundraising activities and to learn from them and improve its service. During the year the charity received no complaints about activities for fund raising.

#### ***Protection of children and vulnerable adults***

Along with all other organisations which serve in the community, the trustees recognise the absolute necessity of ensuring the protection and safety of all those the charity serves. This means that all sisters who are in any kind of ministry in Great Britain must obtain clearance from the Disclosure and Barring Service (DBS). The trustees are committed to implementing all policies and procedures of the Catholic Safeguarding Standards Agency (CSSA).

#### ***Investment policy***

The charity has listed investments. In respect to these investments the trustees aim to maximise the total investment returns whilst maintaining income and continuing to preserve the real value of the total investments.

The activities of the investment managers are reviewed regularly by the trustees to ensure that the investments are managed in accordance with the trustees' written guidelines and with the religious and ethical principles of the Congregation.

### **Financial review**

#### ***Results for the year***

During the year to 31 December 2023, the charity supported an average of 11 sisters in England. A summary of the charity's results for the year can be found on page 18 of this report and accounts.

## Report of the trustees - Year to 31 December 2023

### **Financial review** (continued)

#### **Results for the year** (continued)

During the year to 31 December 2023, income amounted to £2,393,180 (2022 - £442,155). One of the principal components of income in 2023 was donations and legacies. Donations in the current year include the transfer of the net assets of the Irish charity amounting to £1,846,214. Donations also include pensions and other earned income of members of the Congregation donated to the charity under Gift Aid or deed of covenant amounting to £170,186 (2022 - £128,128). Other categories of income comprised investment income and interest receivable totalling £75,814 (2022 - £70,549) and income from prayer enrolments totalling £191,147 (2022 - £188,736).

Total expenditure amounted to £794,331 (2022 - £765,893). The costs of supporting the sisters of the Congregation and their ministry amounted to £613,727 (2022 - £601,929) and expenditure on the provision of retreats and prayer enrolments totalled £153,245 (2022 - £140,558). Expenditure on managing the investments of the charity totalled £25,504 (2022 - £20,464).

Net income of the charity before investment gains was £1,598,849 (2022 – net expenditure before investment losses was £323,738). Gains on listed investments for the year amounted to £279,401 (2022 – losses of £455,487). After accounting for the gains (2022 – losses) on the revaluation of tangible fixed assets (including the write back of depreciation) of £233,500 (2022 – £32,000), exchange losses of £45,199 on listed investments (2022 – gains of £11,464), and exchange losses on investment cash, the net increase in funds was £2,056,751 (2022 – the net decrease in funds was £799,761).

#### **Investment performance**

The charity had two portfolios of listed investments with a market value at 31 December 2023 of £4,712,294 (2022 - £4,837,158) including cash awaiting investment of £366,856 (2022 - £213,919). The portfolios were and continue to be managed by Quilter Cheviot and CBIS Global Funds plc. At 31 December 2022, the investments included £2,034,624 held on behalf of The Cenacle Incorporated Charity (Ireland).

The market value of listed investments increased during the year in line with the performance of world markets following the partial recovery of investments after the volatility created by the macroeconomic and geopolitical climate in the previous year. Investment income from listed investments was £68,910 (2022 - £69,391).

Throughout the year, the investment managers continued to invest in accordance with the trustees' investment policy set out earlier in this report. Further details of the investment portfolio are detailed in note 13 to the attached accounts.

#### **Financial position and reserves policy**

The trustees consider that, given the nature of the charity's work, the level of free reserves should be sufficient to generate enough income to cover approximately nine months to one year's on-going expenditure and to provide for contingencies, unevenness in future income and volatility in the value of investments.

## Report of the trustees - Year to 31 December 2023

### **Financial review** (continued)

#### ***Financial position and reserves policy*** (continued)

As at 31 December 2023 the total funds of the charity amounted to £8,779,194.

Of these total funds, £74,456 related to an endowment fund, further details of which are given in note 16 to the attached accounts.

The tangible fixed assets fund represented the tangible fixed assets of the charity used to support the work of the sisters and totalled £3,839,459.

A further £4,250,000 represented a retirement reserve designated by the trustees to provide income to communities with elderly sisters to care for, and to provide for sisters generally in their retirement. Where sisters are employed by organisations independent of the charity, any earnings are covenanted to the charity. The number of new vocations to the Congregation is negligible and, as a result, the average age of the membership is increasing. Younger members, although taking up important charitable work, tend either to work within the charity or, if working outside, are in low paid jobs. As a consequence, in the future it is anticipated that there will be a general reduction in the income earned by sisters. The charity has a continuing commitment to support members of the Congregation, many of whom continue to carry out charitable work long past the normal age of retirement.

Free reserves as at 31 December 2023 were £615,279. At the date of the balance sheet, the trustees consider that the level of free reserves were slightly below the level demanded by the reserves policy following the volatility in investment markets as a result of the macroeconomic and geopolitical climate. However, the trustees are long-term investors and expect the reserves to recover as markets stabilise.

#### **Future plans**

Due to the number of Sisters resident in England reducing as they age, there will be reduced funds available from pensions and salaries going forward. The trustees are exploring ways to generate further income, particularly in Liverpool where there is an excess of capacity by way of space and manpower at this location.

The trustees are also exploring ways of expanding the revenues from the prayer enrolment activity in Liverpool and reducing the associated costs.

## Report of the trustees - Year to 31 December 2023

### Structure, governance and management

#### ***Governing document***

The charity is a Charitable Incorporated Organisation (CIO), governed by a constitution and registered with the Charity Commission on 14 November 2018.

As stated previously, the object of the CIO, as set out in its constitution, is the advancement of the Christian religion through the religious and other charitable work of the Congregation as the trustees with the approval of the Superior shall from time to time think fit.

The part of the Congregation known as the English Group is part of the European/Togo province and has two permanent locations in England.

#### ***Member***

The sole member of the Charitable Incorporated Organisation (CIO) is the Provincial Superior.

If the CIO is wound up, the member of the CIO has no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

#### ***Trustees***

The charity at the start of 2023 had four trustees. The trustees are a self-supporting body and are legally responsible for the overall management and control of the part of the province covering the activities in England and houses therein. The trustees had no physical meetings in 2023 and made great use of the telephone and electrical means to consult and evaluate activities of the charity, and to plan in conjunction with the wider Provincial Council.

Trustees endeavour to keep up to date with developments affecting charities and attend any appropriate training for trustees.

The trustees are ultimately responsible for the day-to-day work of the charity and work with the Provincial Council to manage the affairs of the houses in England and the concerns affecting the sisters in Liverpool. During the year much was made of electronic means for the sharing of financial matters and budgeting.

The names of the trustees who served during the financial year ended 31 December 2023 are set out as part of the reference and administrative details on page 1 of this annual report and accounts.

Brief biographical details on each of the trustees who served during the year to 31 December 2023 are given below.

***Sister Katharine Stogdon*** is the chairperson of the trustees from September 2022, residing in Paris, France. She has been a member of the Congregation for over 25 years. She took up the role of Provincial Superior in September 2022.

***Sister Winifred Morley*** lives in Liverpool and for many years was the treasurer for the charity. She has given active support to the Cenacle for over 60 years.

## Report of the trustees - Year to 31 December 2023

### **Structure, governance and management** (continued)

#### ***Trustees*** (continued)

**Sister Ann Turner** resides in London and has been a sister of the Cenacle for over 50 years. She has served as the chairperson of the English charity.

**Sister Jacqueline Guieu** lives in Paris and for many years was the treasurer for all legal entities within the province where the charity belongs. She has given active support to the Cenacle for over 10 years. She joined the Board in October 2022.

#### ***Key management personnel***

The trustees consider that they comprise the key management personnel of the charity and shared the responsibility of directing and controlling, running, and operating the charity on a day-to-day basis, with St John of God Hospitaller Services during the first half of 2023 and thereafter with the Team based in Liverpool. All the trustees are members of the Congregation and whilst their living and personal expenses are borne by the charity, they receive no remuneration or reimbursement of expenses in connection with their duties as trustees.

#### ***Risk management***

The trustees undertake an annual review of the principal risks and uncertainties that the charity faces categorizing the risks between those affecting the governance and management of the charity, operational risks, financial risks, reputational risks, and those that occur because of circumstances outside of the charity's control such as changes in government policy, laws and regulations. They regularly review the measures already in place, or need to be put in place, to establish policies, systems, and procedures to mitigate those risks identified in the annual review and ensure that action is taken to implement changes to those policies, systems, and procedures should they be needed to minimize or manage any potential impact on the charity if those risks materialise.

Having assessed the major risks to which the charity is exposed, the trustees believe that by monitoring reserve levels, by ensuring controls exist over key financial systems, and by examining the operational and business risks faced by the charity, they have established effective systems to mitigate those risks.

The trustees recognise their responsibility for the management of risks faced by the charity, and the sisters. The key risks for the charity, as identified by the trustees, are described below together with the principal ways in which they are mitigated.

- ◆ An analysis of the age profile of the members of the Congregation shows that the average age in England and Ireland on 31 December 2023 was 83 years. The trustees are aware that there is both a moral and legal obligation to care for the older members. None of the sisters have resources of their own as all earnings, pensions and other income have been donated to the charity under a Gift Aid compliant Deed of Covenant.

## Report of the trustees - Year to 31 December 2023

### Structure, governance and management (continued)

#### *Risk management (continued)*

As the age profile increases, so too does the need to provide care for the sisters. Key elements of the management of this risk are (a) ensuring the charity has the available financial resources to finance this care both now and in the years ahead by setting aside assets in a designated “retirement “ fund, the value of which has been based on actual principles; and (b) ensuring that processes are in place to review regularly the ministries and needs of individual sisters encouraging those who need it to take on less demanding ministries and for identifying those who need extra care and help. During recent years, the health of some of the sisters has deteriorated faster than was anticipated such that by the end of 2022 a couple of sisters required 24-hour care. During 2023 one of these sisters passed away, leaving one sister in need of 24-hour care. The need for care in the future can only be surmised but there is currently spare capacity by way of space and manpower should the need arise.

- ◆ Operationally the charity works with children and vulnerable adults including older people. The trustees recognize the absolute necessity of ensuring the protection and safety of all those that the charity serves. This means that sisters engaged in any ministry in Great Britain and Ireland and all those who work or volunteer for charity and work with children and vulnerable adults must obtain clearance from the Disclosure and Baring Service (DBS). The trustees are committed fully to implementing the policies of the Catholic Safeguarding Standards Agency (CSSA).
- ◆ The charity's principal assets comprise listed investments, the value of which is dependent on movements in the UK and world stock markets. The investments are managed by reputable investment managers who adhere to a policy agreed by the trustees. The trustees meet once or twice a year with the investment managers and the managers' performance and that of the portfolio are monitored. These meetings took place online. The investment strategy is assessed regularly to ensure it remains appropriate to the charity's needs – both now and in the future.

The properties owned and occupied by the sisters need to be safe, secure, and maintained such that their value is safeguarded. The service of a firm of Chartered Surveyors is used on an ongoing basis to inspect the properties and give advice on any works required to meet the charity's needs as well as meet safety and other regulatory requirements. Inspections take place at least every three years and the reports therefrom form the basis for an agreed rolling maintenance programme.

Having assessed the major risks to which the charity is exposed, the trustees believe that by monitoring reserve levels, by ensuring controls exist over key financial systems, and by examining the operational and business risks faced by the charity, they have established effective systems to mitigate those risks.

**Structure, governance and management** (continued)

***Trustees' responsibilities statement***

The trustees are responsible for preparing the trustees' report and accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare accounts for each financial year which give a true and fair view of the situation of the charity and of the income and expenditure of the charity for that period in preparing these accounts the trustees are required to:

- ◆ Select suitable accounting policies and then apply them consistently.
- ◆ Observe the methods and principles in Accounting and Reporting by Charities: Statement of recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the United Kingdom (FRS 102);
- ◆ Make judgements and estimates that are reasonable and prudent.
- ◆ State whether applicable United Kingdom Accounting Standards have been followed subject to any material departures disclosed and explained in the accounts; and
- ◆ Prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charities Act 2011, the applicable Charity (Accounts and Reporting) Regulations and the provisions of the charity's trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Volunteers, employees and donors**

The trustees gratefully acknowledge the significant contribution which sisters, volunteers, and employees make to the charity. They are also heartened by the efforts and donations of various persons and organisations which help the sisters in their work.

Approved by the trustees:

Trustee                      Winifred Morley

Date of approval:    27 March 2024

**Independent auditor's report to the trustees of The Congregation of Our Lady of the Retreat in the Cenacle**

**Opinion**

We have audited the accounts of The Congregation of Our Lady of the Retreat in the Cenacle (the charity) for the year to 31 December 2023, which comprise the statement of financial activities, the balance sheet, the statement of cash flows, the principal accounting policies and the notes to the accounts. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the accounts:

- ◆ give a true and fair view of the state of the charity's affairs as at 31 December 2023 and of its income and expenditure for the year then ended;
- ◆ have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- ◆ have been prepared in accordance with the requirements of the Charities Act 2011.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the accounts section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the accounts in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the accounts, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the accounts is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the accounts are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

## **Independent auditor's report** Year to 31 December 2023

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report and Accounts, other than the accounts and our auditor's report thereon. Our opinion on the accounts does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the accounts, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the accounts or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the accounts or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities Act 2011 requires us to report to you if, in our opinion:

- ◆ the information given in the trustees' report is inconsistent in any material respect with the accounts; or
- ◆ sufficient accounting records have not been kept; or
- ◆ the accounts are not in agreement with the accounting records and returns; or
- ◆ we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of accounts that are free from material misstatement, whether due to fraud or error.

In preparing the accounts, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

## Independent auditor's report Year to 31 December 2023

### **Auditor's responsibilities for the audit of the accounts**

Our objectives are to obtain reasonable assurance about whether the accounts as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these accounts.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

### ***How the audit was considered capable of detecting irregularities including fraud***

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- ◆ The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- ◆ We identified the laws and regulations applicable to the charity through discussions with management and from our knowledge and experience of the charity sector;
- ◆ We focused on specific laws and regulations which we considered may have a direct material effect on the accounts or the activities of the charity. These included but were not limited to the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the United Kingdom and Republic of Ireland (FRS 102) (effective 1 January 2019); and
- ◆ We assessed the extent of compliance with the laws and regulations identified above through making enquiries with management and those charged with governance and review of minutes of trustees' meetings.

We assessed the susceptibility of the charity's accounts to material misstatement, including obtaining an understanding of how fraud might occur, by:

- ◆ Making enquiries of management and those charged with governance as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- ◆ Considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

## Independent auditor's report Year to 31 December 2023

### **Auditor's responsibilities for the audit of the accounts** (continued)

#### ***How the audit was considered capable of detecting irregularities including fraud*** *(continued)*

To address the risk of fraud through management bias and override of controls, we:

- ◆ Performed analytical procedures to identify any unusual or unexpected relationships;
- ◆ Tested and reviewed journal entries to identify unusual transactions;
- ◆ Carried out substantive testing of expenditure;
- ◆ Assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- ◆ Investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- Agreeing accounts disclosures to underlying supporting documentation;
- Reading the minutes of meetings of trustees; and
- Enquiring of as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

We did not identify any irregularities, including fraud.

A further description of our responsibilities for the audit of the accounts is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

## **Independent auditor's report** Year to 31 December 2023

### **Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with section 144 of the Charities Act 2011 and with regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Buzzacott LLP  
Statutory Auditor  
130 Wood Street  
London  
EC2V 6DL

27 March 2024

Buzzacott LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

## Statement of financial activities Year to 31 December 2023

	Notes	2023			2022		
		Unrestricted funds	Endowment fund	Total funds	Unrestricted funds	Endowment fund	Total funds
		£	£	£	£	£	£
<b>Income from:</b>							
Donations and legacies	1	2,036,461	—	2,036,461	132,497	—	132,497
Investments and interest receivable	2	75,814	—	75,814	70,549	—	70,549
Charitable activities	3						
. Retreat and conference centre income		5,051	—	5,051	4,050	—	4,050
. Prayer enrolments		191,147	—	191,147	188,736	—	188,736
. Apostolic works		12,883	—	12,883	16,657	—	16,657
Other sources							
. Surplus on disposal of tangible fixed assets		930	—	930	1,874	—	1,874
. Foreign exchange gains		51,149	—	51,149	—	—	—
. Amounts receivable towards the care of members		19,745	—	19,745	27,792	—	27,792
<b>Total income</b>		<b>2,393,180</b>	<b>—</b>	<b>2,393,180</b>	<b>442,155</b>	<b>—</b>	<b>442,155</b>
<b>Expenditure on:</b>							
Raising funds	4	25,504	—	25,504	20,464	—	20,464
Charitable activities:							
. Support of members of the Congregation and their ministry	5	613,727	—	613,727	601,929	—	601,929
. Charitable works: Prayer enrolments and retreats	6	153,245	—	153,245	140,558	—	140,558
. Donations		1,855	—	1,855	2,942	—	2,942
<b>Total expenditure</b>		<b>794,331</b>	<b>—</b>	<b>794,331</b>	<b>765,893</b>	<b>—</b>	<b>765,893</b>
<b>Net income (expenditure) before net investment gains (losses)</b>	9	<b>1,598,849</b>	<b>—</b>	<b>1,598,849</b>	<b>(323,738)</b>	<b>—</b>	<b>(323,738)</b>
Net investment gains (losses) on listed investments	13	275,964	3,437	279,401	(445,392)	(10,095)	(455,487)
Exchange (losses) gains on listed investments		(45,199)	—	(45,199)	11,464	—	11,464
Exchange losses on investment cash		(9,800)	—	(9,800)	—	—	—
Gains (losses) on the revaluation of tangible fixed assets (including writeback of depreciation)		233,500	—	233,500	(32,000)	—	(32,000)
<b>Net movement in funds</b>		<b>2,053,314</b>	<b>3,437</b>	<b>2,056,751</b>	<b>(789,666)</b>	<b>(10,095)</b>	<b>(799,761)</b>
Fund balances brought forward at 1 January 2023		6,651,424	71,019	6,722,443	7,441,090	81,114	7,522,204
<b>Fund balances carried forward at 31 December 2023</b>		<b>8,704,738</b>	<b>74,456</b>	<b>8,779,194</b>	<b>6,651,424</b>	<b>71,019</b>	<b>6,722,443</b>

The statement of financial activities includes all gains and losses recognised in each of the financial years.

All of the charity's activities derived from continuing operations during both the above financial years.

## Balance sheet 31 December 2023

	Notes	2023 £	2023 £	2022 £	2022 £
<b>Fixed assets</b>					
Tangible assets	12		<b>3,839,459</b>		3,660,169
Listed investments	13		<b>4,712,294</b>		4,837,158
			<b>8,551,753</b>		8,497,327
<b>Current assets</b>					
Stock		<b>8,649</b>		13,732	
Debtors	14	<b>103,050</b>		39,535	
Short term deposits		<b>350,000</b>		—	
Cash at bank and in hand		<b>204,996</b>		415,127	
		<b>666,695</b>		468,394	
<b>Creditors:</b> amounts falling due within one year	15	<b>(439,254)</b>		(2,243,278)	
<b>Net current assets (liabilities)</b>			<b>227,441</b>		(1,774,884)
<b>Total net assets</b>			<b>8,779,194</b>		<b>6,722,443</b>
<b>Represented by:</b>					
<b>Funds</b>					
Endowment fund	16		<b>74,456</b>		71,019
Unrestricted funds					
. Tangible fixed assets fund	17		<b>3,839,459</b>		3,660,169
. Designated fund	18		<b>4,250,000</b>		2,500,000
. General funds			<b>615,279</b>		491,255
	19		<b>8,779,194</b>		<b>6,722,443</b>

Approved by the trustees  
and signed on their behalf by:

Trustee Winifred Morley

Date of approval: 27 March 2024

## Statement of cash flows Year to 31 December 2023

	Notes	2023 £	2022 £
<b>Cash flows from operating activities:</b>			
Net cash used in operating activities	A	<b>(450,689)</b>	(262,448)
<b>Cash flows from investing activities:</b>			
Investment income and interest received		<b>66,856</b>	75,568
Proceeds from the disposal of tangible fixed assets		<b>1,000</b>	151,874
Purchase of tangible fixed assets		<b>(13,042)</b>	(9,958)
Proceeds from the disposal of listed investments		<b>1,477,597</b>	773,316
Purchase of listed investments		<b>(812,263)</b>	(765,525)
Cash invested in short term deposits		<b>(350,000)</b>	—
<b>Net cash provided by investing activities</b>		<b>370,148</b>	225,275
<b>Amounts received from The Cenacle Incorporated Charity (Ireland)</b>			
		<b>36,405</b>	—
<b>Change in cash and cash equivalents in the year</b>			
Foreign exchange gains on operating activities		<b>(3,258)</b>	—
Effect of exchange rates on cash held by investment managers		<b>(9,800)</b>	1,279
<b>Cash and cash equivalents at 1 January 2023</b>		<b>629,046</b>	664,940
<b>Cash and cash equivalents at 31 December 2023</b>	B	<b>571,852</b>	629,046

### Notes to the statement of cash flows for the year to 31 December 2023.

#### A Reconciliation of net movement in funds to net cash used in operating activities

	2023 £	2022 £
<b>Net movement in funds (as per the statement of financial activities)</b>	<b>2,056,751</b>	(799,761)
<b>Adjustments for:</b>		
Donations received from Cenacle Incorporated Charity (Ireland) (note 20)	<b>(1,846,214)</b>	—
Depreciation charge	<b>56,140</b>	59,953
Gains on disposal of tangible fixed assets	<b>(930)</b>	(1,874)
(Gains) losses on the revaluation of tangible fixed assets (including writeback of depreciation)	<b>(233,500)</b>	32,000
Non-cash donation	<b>1,855</b>	—
Foreign exchange gains	<b>(51,149)</b>	—
Exchange gains on investment cash	<b>9,800</b>	—
(Gains) losses on listed investments	<b>(279,401)</b>	455,487
Exchange losses (gains) on listed investments	<b>45,199</b>	(11,464)
Investment income and interest receivable	<b>(75,814)</b>	(70,549)
Decrease (increase) in stocks	<b>5,083</b>	(3,645)
Increase in debtors	<b>(52,544)</b>	(443)
(Decrease) increase in creditors	<b>(85,965)</b>	77,848
<b>Net cash used in operating activities</b>	<b>(450,689)</b>	(262,448)

## Statement of cash flows Year to 31 December 2023

### B Analysis of changes in net debt

	At 1 January 2023 £	Cash flows £	Exchange movements £	Non-cash movements £	At 31 December 2023 £
Cash in hand and at bank	415,127	(206,873)	(3,258)	—	<b>204,996</b>
Cash held by investment managers	213,919	162,737	(9,800)	—	<b>366,856</b>
Change in cash and cash equivalents	629,046	(44,136)	(13,058)	—	<b>571,852</b>
Amounts due to the Cenacle Incorporated Charity (Ireland) (net debt)	(2,034,624)	(36,405)	54,407	2,016,622	—
<b>Total change in net debt</b>	<b>(1,405,578)</b>	<b>(80,541)</b>	<b>41,349</b>	<b>2,016,622</b>	<b>571,852</b>

## **Principal accounting policies** Year to 31 December 2023

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the accounts are laid out below.

### **Basis of preparation**

These accounts have been prepared for the year to 31 December 2023 with comparative figures stated for the year to 31 December 2022.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value with the exception of (a) freehold land and buildings included within tangible fixed assets and (b) investment assets both of which are included at valuation – as explained in the relevant accounting policies below or the notes to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The accounts are presented in sterling and are rounded to the nearest pound.

### **Critical accounting estimates and areas of judgement**

Preparation of the accounts requires the trustees to make significant judgements and estimates. The items in the accounts where these judgements and estimates have been made include:

- ◆ The allocation of governance costs between those categories of expenditure comprising expenditure on charitable activities;
- ◆ The useful economic lives attributed to tangible fixed assets and used to determine the annual depreciation charge;
- ◆ The valuation of land and buildings that form part of tangible fixed assets;
- ◆ The assumptions adopted by the trustees in determining the value of any designations required from the charity's general unrestricted funds; and
- ◆ Estimating future income and expenditure flows for the purpose of assessing going concern (see below).

## **Principal accounting policies** Year to 31 December 2023

### **Assessment of going concern**

The trustees have assessed whether the use of the going concern assumption is appropriate in preparing these accounts. The trustees have made this assessment in respect to a period of at least one year from the date of approval of these accounts.

The charity's investment income may be adversely affected because of the volatility in listed investments and there may continue to be increases in costs generally, both a response to the current geopolitical and macroeconomic situation. The trustees will continue to keep both income and expenditure under review but do not anticipate that the impact on the charity's finances will be material or impact on the charity's going concern.

With regard to the next accounting period (i.e. the year ending 31 December 2024), the most significant areas that affect the carrying value of the assets held by the charity are the level of investment return and the performance of the investment market.

### **Income recognition**

Income is recognised in the period in which the charity has entitlement to the income, the amount of income can be measured reliably and it is probable that the income will be received.

Income comprises donations and legacies, investment income, interest receivable, income from charitable activities (i.e. retreat centre income and income from prayer enrolments), income from miscellaneous sources and transfer of assets from The Cenacle Charity.

The net assets of The Cenacle Charity Incorporated (Ireland) Charity Registration Number 20012359 (Republic of Ireland) (the Irish charity) are included as donation received and are measured at the fair value of the net assets as at the date of the transfer.

Donations, including salaries and pensions of individual religious received under Gift Aid or deed of covenant, are recognised when the charity has confirmation of both the amount and settlement date. In the event of donations pledged but not received, the amount is accrued for where the receipt is considered probable. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

In accordance with the Charities SORP FRS 102 volunteer time is not recognised.

Legacies are included in the statement of financial activities when the charity is entitled to the legacy, the executors have established that there are sufficient surplus assets in the estate to pay the legacy, and any conditions attached to the legacy are within the control of the charity.

## Principal accounting policies Year to 31 December 2023

### **Income recognition** (continued)

Entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, but the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title of the asset having being transferred to the charity.

Investment income from listed investments is recognised once the dividend or similar distribution has been declared and notification has been received of the amount due. Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Retreat centre income, income from prayer enrolments and similar income is recognised to the extent that it is probable that economic benefits will flow to the charity and the income is capable of financial measurement. It is measured at fair value of the consideration received or receivable, excluding any relevant discounts or value added tax.

Any surplus or deficit on the disposal of either tangible fixed assets is calculated as the difference between the disposal proceeds and the net book value of the asset immediately prior to disposal less any direct costs of disposal. It is recognised on completion of the disposal.

All other income is recognised to the extent that it is probable that the economic benefits will flow to the charity and the revenue can be measured reliably. It is measured at fair value and accounted for on an accruals basis.

### **Expenditure recognition**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to make a payment to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses are allocated to the applicable expenditure headings. The majority of expenditure is directly attributable and any apportionment between headings is negligible.

## Principal accounting policies Year to 31 December 2023

### **Expenditure recognition** (continued)

Expenditure on charitable activities includes all costs associated with furthering the charitable purposes of the charity through the provision of its charitable activities and includes:

- ◆ Expenditure on the support of members of the Congregation and their ministry. Such expenditure enables the members to carry out the work of the charity in the areas of the advancement of the Roman Catholic faith.
- ◆ Expenditure on charitable activities includes costs associated with offering retreats and prayer enrolments.
- ◆ The provision of grants and donations relating, in the main, to the support of the Congregation's own work and the support of other Roman Catholic charitable organisations. Charitable grants and donations are made where the trustees believe there is a real need following a review of the details of each particular case and comprise single year payments rather than multi-year grants. Grants and donations are included in the statement of financial activities when approved for payment. Provision is made for any grants and donations approved but unpaid at the end of the financial year.

All expenditure is stated inclusive of irrecoverable VAT.

### **Allocation of support and governance costs**

Support costs represent indirect charitable expenditure, to enable the charity to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel, financial procedures, provision of office services and equipment and a suitable working environment. Governance costs comprise the costs involving the public accountability of the charity (including audit costs) and costs in respect to its compliance with regulation and good practice.

Such costs are not directly identifiable in respect to each charitable activity and hence they are apportioned using percentages based on the expenditure incurred directly on the charitable activities of the charity.

No support or governance costs have been allocated to donations payable as these are considered to be negligible.

### **Foreign currencies**

Assets and liabilities are translated at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the net movement in funds.

## Principal accounting policies Year to 31 December 2023

### Tangible fixed assets

All assets costing more than £1,000 and with an expected useful life exceeding one year are capitalised.

#### ◆ Freehold land and buildings

The trustees are the legal owners of a burial ground at the former Cenacle Convent adjoining St Joseph's Roman Catholic Church, Headley Road, Grayshott. The land is regarded as having a nil value for the purposes of these accounts since it will not and cannot be disposed of in the open market.

Freehold land and buildings are included in the accounts at valuation based on existing use or depreciated replacement cost basis, depending on the nature of the property to reflect their fair value. Valuations are updated on a "rolling basis" with each property's value being updated at least every five years.

Specialised buildings comprise large residential convents. Depreciation is provided at 2% per annum on a straight-line basis in order to write off the buildings over their estimated useful economic life to the Congregation.

Non-specialised buildings i.e. those designed as, and used wholly or mainly for, private residential accommodation are not depreciated. Their value and condition are reviewed annually by the trustees, to confirm that their residual value is not materially less than their book value. Where this is not deemed to be the case, an impairment provision is made.

Property improvements are stated at cost. Depreciation is provided on a straight-line basis in order to write off the improvements over their estimated useful economic life estimated to be 15 years.

#### ◆ Motor vehicles, fixtures, fittings and computer equipment

Motor vehicles, fixtures, fittings and computer equipment are included at cost.

Depreciation is provided on a straight line basis on assets held at the end of the year at the following annual rates in order to write off each asset over its estimated useful life:

Motor vehicles	25% reducing balance basis
Fixtures, fittings and computer equipment	20% to 25%

### Listed investments

Listed investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price.

The charity does not acquire put options, derivatives or other complex financial instruments.

As noted above the main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

## Principal accounting policies Year to 31 December 2023

### Listed investments (continued)

Realised gains (or losses) on investment assets are calculated as the difference between disposal proceeds and their opening carrying value or their purchase value is acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value at that date. Realised and unrealised investment gains (or losses) are combined in the statement of financial activities and are credited (or debited) in the year in which they arise.

### Stocks

Stock of supplies for prayer enrolments are valued at the lower of cost and net realisable value.

### Debtors

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid. They have been discounted to the present value of the future cash receipt where such discounting is material.

### Cash at bank and in hand

Cash at bank and in hand represents such accounts and instruments that are available on demand or have a maturity of less than three months from the date of acquisition. Deposits which mature in more than three months but less than one year at the date of acquisition have been disclosed as short term deposits. Cash placed on deposit for more than one year is disclosed as a fixed asset investment.

### Creditors and provisions

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount the charity anticipates it will pay to settle the debt. They have been discounted to the present value of the future cash payment where such discounting is material.

### Funds structure

The endowment fund comprises monies which must be held indefinitely although any income generated therefrom may be used for general purposes. Details are provided in note 16.

The tangible fixed assets fund represents the net book value of the charity's tangible fixed assets.

Designated funds comprise monies set aside out of unrestricted general funds for specific future purposes or projects. Details of these are provided in note 18.

General funds represent those monies which are freely available for application towards achieving any charitable purpose that falls within the charity's charitable objects.

## **Principal accounting policies** Year to 31 December 2023

### **Services provided by members of the Congregation**

For the purposes of these accounts, no monetary value has been placed on care, administrative and other services provided by members of the Congregation.

### **Pension costs**

The charity offer their staff membership of a defined contribution pension scheme administered by the National Employment Savings Trust (NEST). Contributions to the scheme are debited to the statement of financial activities in the year in which they are payable to the scheme. The assets of the scheme are held by an independent corporate trustee, whose activities are governed by the National Employment Savings Trust Order 2010, made by the Secretary of State in exercise of powers confirmed under the Pensions Act 2008.

Contributions are also paid in respect of one member to personal pension plan held with Aviva.

## Notes to the accounts Year to 31 December 2023

### 1 Income from: Donations and legacies

	2023			2022		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Sisters' pensions and salaries	170,186	—	170,186	128,128	—	128,128
Donations from The Cenacle Charity Incorporated (Ireland) (note 20)	1,846,214	—	1,846,214	—	—	—
Other donations received	5,194	—	5,194	4,179	—	4,179
Legacies receivable	14,661	—	14,661	—	—	—
Mission alms	206	—	206	190	—	190
	<b>2,036,461</b>	<b>—</b>	<b>2,036,461</b>	<b>132,497</b>	<b>—</b>	<b>132,497</b>

### 2 Income from: Investments and interest receivable

	2023			2022		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Income from listed investments						
. Fixed interest UK	12,058	—	12,058	6,661	—	6,661
. Fixed interest - overseas	3,218	—	3,218	3,312	—	3,312
. Equities – UK	24,176	—	24,176	18,439	—	18,439
. Equities – overseas	19,840	—	19,840	24,056	—	24,056
. Alternative investments	9,618	—	9,618	16,923	—	16,923
	<b>68,910</b>	<b>—</b>	<b>68,910</b>	<b>69,391</b>	<b>—</b>	<b>69,391</b>
Interest on cash held by investment managers	5,711	—	5,711	1,158	—	1,158
Bank interest	1,193	—	1,193	—	—	—
	<b>75,814</b>	<b>—</b>	<b>75,814</b>	<b>70,549</b>	<b>—</b>	<b>70,549</b>

### 3 Income from: Charitable activities

	2023			2022		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Retreat income	5,051	—	5,051	4,050	—	4,050
Prayer enrolments	191,147	—	191,147	188,736	—	188,736
Other apostolic works	12,883	—	12,883	16,657	—	16,657
	<b>209,081</b>	<b>—</b>	<b>209,081</b>	<b>209,443</b>	<b>—</b>	<b>209,443</b>

## Notes to the accounts Year to 31 December 2023

### 4 Expenditure on: Raising funds

	2023			2022		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Investment manager fees – listed investments	20,087	—	20,087	15,457	—	15,457
Allocated support and administration costs (note 7)	5,417	—	5,417	5,007	—	5,007
	<b>25,504</b>	<b>—</b>	<b>25,504</b>	<b>20,464</b>	<b>—</b>	<b>20,464</b>

### 5 Expenditure on: Support of members of the Congregation and their ministry

	2023			2022		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Staff costs	224,257	—	224,257	130,790	—	130,790
Agency staff costs	50,662	—	50,662	100,860	—	100,860
Premises	133,919	—	133,919	140,097	—	140,097
Sisters' living and personal expenses	74,536	—	74,536	82,907	—	82,907
Allocated support and administration costs (note 7)	130,353	—	130,353	147,275	—	147,275
	<b>613,727</b>	<b>—</b>	<b>613,727</b>	<b>601,929</b>	<b>—</b>	<b>601,929</b>

### 6 Expenditure on: Charitable works: Prayer enrolments and retreats

	2023			2022		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
<b>Expenditure on Charitable works</b>						
Staff costs	78,101	—	78,101	84,687	—	84,687
Prayer enrolments	30,646	—	30,646	16,309	—	16,309
Premises	11,949	—	11,949	5,050	—	5,050
Other	—	—	—	121	—	121
Allocated support and administration costs (note 7)	32,549	—	32,549	34,391	—	34,391
	<b>153,245</b>	<b>—</b>	<b>153,245</b>	<b>140,558</b>	<b>—</b>	<b>140,558</b>

## Notes to the accounts Year to 31 December 2023

### 7 Support and administration costs

	2023			2022		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Staff costs	81,616	—	81,616	62,216	—	62,216
Office costs	3,047	—	3,047	14,064	—	14,064
Premises costs	14,509	—	14,509	13,388	—	13,388
Governance costs (note 8)	7,948	—	7,948	25,440	—	25,440
Other professional fees	7,186	—	7,186	14,004	—	14,004
Depreciation	6,565	—	6,565	7,678	—	7,678
Management charges	21,239	—	21,239	32,952	—	32,952
Other expenses	26,209	—	26,209	16,931	—	16,931
	<b>168,319</b>	<b>—</b>	<b>168,319</b>	<b>186,673</b>	<b>—</b>	<b>186,673</b>
<b>Allocated as follows:</b>						
Raising funds	5,417	—	5,417	5,007	—	5,007
Support of members of the Congregation and their ministry	130,353	—	130,353	147,275	—	147,275
Charitable works: Prayer enrolments and retreats	32,549	—	32,549	34,391	—	34,391
	<b>168,319</b>	<b>—</b>	<b>168,319</b>	<b>186,673</b>	<b>—</b>	<b>186,673</b>

### 8 Governance costs

	Unrestricted funds	
	2023 £	2022 £
Professional fees	7,948	25,440

### 9 Net income (expenditure) before net investment gains (losses)

This is stated after charging:

	Unrestricted funds	
	2023 £	2022 £
Staff costs (note 10)	434,636	378,553
Auditor's remuneration		
. Statutory audit services – current year	15,060	14,340
. Statutory audit services – previous year	960	—
. Other services: general advice – previous year	(8,072)	11,100
Depreciation (note 12)	56,140	59,953

**10 Staff costs during the year were as follows:**

With effect from 1 January 2021, the employment of the charity's staff, other than one member, was transferred to St John of God Hospitaller Services under the Transfer of Undertakings (Protection of Employment) Regulations 2006 (TUPE). As from 1 January 2021, the charity paid a fee to St John of God Hospitaller Services to cover all costs incurred in connection with the charity. From 1 July 2023, the employment of the charity's staff, was transferred back to the charity under TUPE. The disclosure of staff costs, therefore, reflects 'the substance over the form' of the transactions involved. The disclosure below does not differentiate as to whether staff at the charity are employed by the charity or St John of God Hospitaller Services.

	Unrestricted funds	
	2023 £	2022 £
Wages and salaries	355,836	253,024
Social security costs	20,214	12,033
Other pension costs	4,983	5,263
	<b>381,033</b>	270,320
Other staff related costs	2,941	7,373
Agency staff costs	50,662	100,860
	<b>434,636</b>	378,553

Staff costs by function were as follows:

	Unrestricted funds	
	2023 £	2022 £
Support of members of the Congregation (note 5)	274,919	231,650
Charitable work: Prayer enrolment and retreats (note 6)	78,101	84,687
Support costs (note 7)	81,616	62,216
	<b>434,636</b>	378,553

The average number of employees was 18 (2022 – 18) and the full-time equivalent (FTE) was 12.35 (2022 – 10.54). No employees earned £60,000 per annum or more (including taxable benefits but excluding employer pension contributions) during the year (2022 – none).

As noted in the trustees' report, the trustees consider that they comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day-to-day basis.

The trustees are all members of the Congregation and whilst their living and personal expenses are borne by the charity, they received no remuneration or additional reimbursement of expenses in connection with their duties to the charity.

**11 Taxation**

The Cenacle Charity is a registered charity and, therefore, is not liable to income tax or corporation tax on income or gains derived from its charitable activities, as they fall within the various exemptions available to registered charities.

## 12 Tangible fixed assets

	Freehold land and buildings					Total £
	Specialised £	Non- specialised £	Improvements to non- specialised buildings £	Fixtures, fittings, and computer equipment £	Motor vehicles £	
<b>Cost or valuation</b>						
At 1 January 2023	2,300,000	1,270,000	85,134	71,881	43,126	<b>3,770,141</b>
Additions	—	—	—	2,000	—	<b>2,000</b>
Disposals	—	—	—	—	(6,982)	<b>(6,982)</b>
Revaluation	165,000	22,500	—	—	—	<b>187,500</b>
Transfer from Irish charity (note 20)	—	—	—	—	20,651	<b>20,651</b>
At 31 December 2023	<b>2,465,000</b>	<b>1,292,500</b>	<b>85,134</b>	<b>73,881</b>	<b>56,795</b>	<b>3,973,310</b>
<b>Cost or valuation</b>						
Cost	—	—	85,134	73,881	56,795	<b>215,810</b>
Valuation	2,465,000	1,292,500	—	—	—	<b>3,757,500</b>
	<b>2,465,000</b>	<b>1,292,500</b>	<b>85,134</b>	<b>73,881</b>	<b>56,795</b>	<b>3,973,310</b>
<b>Depreciation</b>						
At 1 January 2023	—	—	8,550	68,112	33,310	<b>109,972</b>
Charge for year	46,000	—	4,275	3,411	2,454	<b>56,140</b>
Eliminated on disposal	—	—	—	—	(6,912)	<b>(6,912)</b>
Transfer from Irish charity (note 20)	—	—	—	—	20,651	<b>20,651</b>
Write back on revaluation	(46,000)	—	—	—	—	<b>(46,000)</b>
At 31 December 2023	<b>—</b>	<b>—</b>	<b>12,825</b>	<b>71,523</b>	<b>49,503</b>	<b>133,851</b>
<b>Net book values</b>						
At 31 December 2023	<b>2,465,000</b>	<b>1,292,500</b>	<b>72,309</b>	<b>2,358</b>	<b>7,292</b>	<b>3,839,459</b>
At 31 December 2022	2,300,000	1,270,000	76,584	3,769	9,816	3,660,169

Freehold land and buildings owned as at 31 December 2023 were revalued at that date by Gould Baxter, Chartered Surveyors, of Hamilton House, Mabledon Place, London WC1H 9BB in January 2024. The valuation was carried out in accordance with RICS Valuation Global Standards published by the Royal Institution of Chartered Surveyors, for the purposes of Statements of Asset Valuations. The Liverpool property, classified as a specialised property, was valued on a depreciated replacement cost basis due to the nature, design configuration, size and location of the property, at £2,465,000. The non-specialised property, situated in London, was valued on a market value basis with vacant possession assuming existing use at £1,365,000.

The historic cost of the freehold land and buildings included above at 31 December 2023 and 2022 was £1,333,927.

## Notes to the accounts Year to 31 December 2023

### 13 Listed investments

(Including cash held by investment managers)

	2023 £	2022 £
<b>Listed investments at market value</b>		
At 1 January 2023	4,623,239	5,268,025
Additions at cost	812,263	765,525
Disposals at book value		
. Sale proceeds	(1,477,597)	(773,316)
. Realised gains (losses)	96,962	(129,218)
	(1,380,635)	(902,534)
Exchange (losses) gains	(39,014)	134,243
Net unrealised gains (losses)	329,585	(642,020)
	4,345,438	4,623,239
<b>Cash held by investment managers for reinvestment</b>	<b>366,856</b>	213,919
At 31 December 2023	4,712,294	4,837,158
<b>Cost of listed investments</b>	<b>3,668,147</b>	4,016,585

Listed investments held at 31 December 2023 comprised the following:

	2023 £	2022 £
Equities – UK	554,695	516,222
Equities – overseas	2,355,634	2,719,416
Fixed interest – UK	439,743	226,603
Fixed interest – overseas	700,426	730,382
Alternatives	294,940	430,616
	4,345,438	4,623,239

All listed investments were dealt in on a recognised stock exchange.

At 31 December 2023, listed investments included the following individual holdings deemed material when compared with the overall listed portfolio valuation as at that date:

	Market value of holding £	Percentage of portfolio %
CBIS Global Funds:		
. World Bond Fund	519,616	12.0%
. World Equity Fund	941,594	21.7%

**Notes to the accounts** Year to 31 December 2023

**13 Listed investments** (continued)

(including cash held by investment managers)

***Reconciliation of gains and losses on investments to the statement of financial activities.***

	2023 £	2022 £
Gains and losses as above		
. Realised gains (losses)	96,962	(129,218)
. Exchange (losses) gains	(39,014)	134,243
. Net unrealised gains (losses)	<b>329,585</b>	<b>(642,020)</b>
	<b>387,533</b>	<b>(636,995)</b>
Amounts relating to investment held on behalf of The Cenacle Charity Incorporated (Ireland) (note 20) until August 2023 *		
. Realised gains (losses)	22,820	(4,796)
. Exchange gains	6,185	122,779
. Net unrealised gains (losses)	<b>124,326</b>	<b>(310,955)</b>
	<b>153,331</b>	<b>(192,972)</b>
Amounts relating to the charity and included within the statement of financial activities		
. Realised gains (losses)	74,142	(124,422)
. Exchange (losses) gains	(45,199)	11,464
. Net unrealised gains (losses)	<b>205,259</b>	<b>(331,065)</b>
	<b>234,202</b>	<b>(444,023)</b>

\* These gains and losses are reflected in the amount due to The Cenacle Charity (Incorporated) Ireland up to 11 August 2023 when title to the investments transferred to the charity. As such, they are not accounted for through the statement of financial activities.

**14 Debtors**

	2023 £	2022 £
Investment income receivable	19,171	10,213
Prepayments	10,779	6,462
Donations receivable (backdated Sisters' pensions)	59,439	—
Legacies receivable	13,661	—
Other debtors: amounts due from The Cenacle Incorporated Charity (Ireland) (note 20)	—	22,860
	<b>103,050</b>	<b>39,535</b>

**15 Creditors: amounts falling due within one year**

	2023 £	2022 £
Amounts held on behalf of The Cenacle Incorporated Charity (Ireland) (note 20)	—	2,034,624
Amounts held on behalf of individual members of the Congregation	367,111	83,653
Social security creditor	7,089	—
Amounts due to St John of God Hospitaller Services	—	91,018
Creditor in relation to capital works	—	11,042
Expense creditors	21,300	115
Accruals	43,754	22,826
	<b>439,254</b>	<b>2,243,278</b>

Amounts held on behalf of the Cenacle Incorporated Charity (Ireland) represented monies advanced by that charity for investment with CBIS Global Funds plc. The investments representing these funds were separately identifiable and all gains and losses arising on these investments were credited or debited to creditors.

As noted in the trustees' report, the assets and liabilities of The Cenacle Incorporated Charity (Ireland) were transferred to the charity on 11 August 2023 which effectively cancelled the creditor balance.

**16 Endowment fund**

Under a trust disposition and deed of settlement of James McLaughlan dated 15 July 1935, the charity holds monies to be held as permanent endowment to form a fund in memory of Sister Lidwina, her parents, and her brothers and sisters. The annual income from this fund is to be used for the general purposes of the charity.

<b>McLaughlan Trust Fund</b>	2023 £	2022 £
At 1 January 2023	71,019	81,114
Investment gains (losses) in the year	3,437	(10,095)
At 31 December 2023	<b>74,456</b>	<b>71,019</b>

**17 Tangible fixed assets fund**

	2023 £	2022 £
At 1 January 2023	3,660,169	3,881,122
Net movement in year	179,290	(220,953)
At 31 December 2023	<b>3,839,459</b>	<b>3,660,169</b>

The tangible fixed assets fund represents the net book value of the charity's tangible fixed assets and has been established in recognition of the fact that the tangible fixed assets are required for the charity's on-going work of the charity and as such their value should not be regarded as funds that would be realisable with ease, in order to meet future contingencies.

## Notes to the accounts Year to 31 December 2023

### 18 Designated fund

The income funds of the charity include the following designated fund which has been set aside out of unrestricted funds by the trustees for a specific purposes:

	2023 £	2022 £
<b>Retirement fund</b>		
At 1 January 2023	2,500,000	3,000,000
Designated (released) during the year	1,750,000	(500,000)
At 31 December 2023	<b>4,250,000</b>	<b>2,500,000</b>

The retirement reserve consists of monies designated by the trustees to provide for the sisters as they grow older and their needs change in relation to support and care. The calculations, based on actuarial principles, are reviewed annually by the trustees in the light of the resources available. The amount designated is constrained by the resources available.

### 19 Analysis of net assets between funds

	General funds £	Tangible fixed assets fund £	Designated fund £	Endowment fund £	Total funds 2023 £
<b>Fund balances at 31 December 2023 are represented by:</b>					
Tangible fixed assets	—	3,839,459	—	—	3,839,459
Fixed asset investments	389,328	—	4,250,000	72,966	4,712,294
Net current assets	225,951	—	—	1,490	227,441
<b>Total net assets</b>	<b>615,279</b>	<b>3,839,459</b>	<b>4,250,000</b>	<b>74,456</b>	<b>8,779,194</b>

	General funds £	Tangible fixed assets fund £	Designated fund £	Endowment fund £	Total funds 2022 £
<b>Fund balances at 31 December 2022 are represented by:</b>					
Tangible fixed assets	—	3,660,169	—	—	3,660,169
Fixed asset investments	2,267,625	—	2,500,000	69,533	4,837,158
Net current (liabilities) assets	(1,776,370)	—	—	1,486	(1,774,884)
<b>Total net assets</b>	<b>491,255</b>	<b>3,660,169</b>	<b>2,500,000</b>	<b>71,019</b>	<b>6,722,443</b>

**19 Analysis of net assets between funds (continued)**

The total unrealised gains as at 31 December 2023 constituted movements on the revaluation of investments and tangible fixed assets and were as follows:

	2023 £	2022 £
<b>Unrealised gains included above on:</b>		
Listed investments	677,291	606,654
Tangible fixed assets	2,500,157	2,312,657
	<b>3,177,448</b>	<b>2,919,311</b>
<b>Reconciliation of movements in unrealised gains</b>		
Unrealised gains brought forward	2,919,311	3,969,741
Realised gains on listed investments	(219,934)	(242,767)
Exchange (losses) gains on listed investments	(39,014)	58,875
Realised surplus on disposal of property	—	(144,518)
Unrealised gains (losses) on listed investments	329,585	(642,020)
Unrealised gains (losses) on revaluation of tangible assets	187,500	(80,000)
	<b>3,177,448</b>	<b>2,919,311</b>

**20 Related party transactions**

***The Cenacle Charity Incorporated (Ireland)***

The charity is connected to The Cenacle Charity Incorporated (Ireland) (a charity registered with the Charities Regulator Ireland – Charity Registration No 20012359) (the Irish charity) by virtue of the fact that the Provincial Superior is ex-officio the sole member of both charities and is responsible for appointing the trustees.

On 3 August 2022, the Provincial Superior gave her authorisation to transfer all assets of the Irish charity to the charity and to dissolve the charity in Ireland. After consulting with their advisors, the trustees of the Irish charity unanimously resolved by Written Resolution dated 11 August 2023 that a legal agreement be entered into to transfer the assets and liabilities of the Irish charity to the charity. The Transfer Agreement was signed by the trustees on the same date and it was agreed that the Irish Charity would be dissolved with effect from 31 August 2023.

The value of the Irish charity's assets and liabilities transferred to the charity are included as a donation received and are measured at the fair value of the net assets as at the date of the transfer. On transfer of the assets of the Irish charity to the charity, all liabilities due by the charity to the Irish charity and all amounts due from the Irish charity were eliminated. At 31 December 2022, the charity's debtors included £22,860 due from the Irish charity in relation to expenses paid by the English CIO on behalf of the Irish charity (see note 14).

At 31 December 2022, the charity was holding amounts on behalf of The Cenacle Charity Incorporated (Ireland) amounting to £2,034,624. These monies were included within the charity's portfolio of listed investments. Gains (losses) arising on revaluation of these investments were not accounted for through the charity's statement of financial activities but instead were treated as an addition to the amount owed each year.

**20 Related party transactions** (continued)

The movement in the amount due by the charity to the Irish charity during the year was as follows:

	Total £
Balance at 1 January 2023 (note 15)	2,034,624
Net gains and losses on investments (note 13)	153,331
Donations payable	1,855
Exchange gains	(54,407)
Balance at 11 August 2023 i.e. date of transfer	<u>2,135,403</u>

Details of the assets and liabilities transferred on 11 August 2023 are as follows:

	Total £
Tangible fixed assets (note 12)	
. Cost	20,651
. Depreciation	<u>(20,651)</u>
	—
Net current assets	
. Debtors: amounts falling due within one year	
.. Transfer of debtor due from the charity	2,135,403
.. Other debtors and prepayments	2,013
. Cash at bank and in hand	36,405
. Creditors: amounts falling due within one year	<u>(327,607)</u>
	<u>1,846,214</u>
<b>Total net assets</b>	<u><b>1,846,214</b></u>

***Transactions with trustees***

Two of the charity's trustees are members of the English Group of the Congregation and reside in England. Consequently, their living and personal expenses, all of which are consistent with amounts paid in respect to other members of the Congregation, are borne by the charity. No trustee received any remuneration or reimbursement of expenses in connection with their duties as trustees (2022 – £nil).

As members of the Congregation, none of the trustees who are members of the English Group of the Congregation have resources of their own as all earnings, pensions and other income have been donated to the charity under a Gift Aid compliant Deed of Covenant. During the year, the total amount donated by these trustees to the charity was £21,156 (2022 – £53,261).

***Other related party transactions***

There were no other related party transactions during the year requiring disclosure (2022 – none).

**21 Membership, ultimate control and liability of members**

The Provincial Superior for the time being is automatically, by virtue of holding that office, is ex-officio the sole member of the charity for as long as she holds office.

If the CIO is wound up, the member of the CIO has no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

**CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE**

England & Wales - Charity number 1180683

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# Accounts

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**Congregation of Our Lady  
of the Retreat in the  
Cenacle**

**Annual Report and Accounts**

31 December 2022

Charity Registration Number

1180683

## Contents

### Reports

Reference and administrative details of the charity, its trustees and advisers	1
Report of the trustees	2
Independent auditor's report	14

### Accounts

Statement of financial activities	19
Balance sheet	20
Statement of cash flows	21
Principal accounting policies	23
Notes to the accounts	30

**Reference and administrative details of the charity, its trustees and advisers**

<b>Trustees</b>	Sister Jacqueline Guieu (appointed October 2022) Sister Winifred Margaret Morley Sister Katharine Mary Stogdon Sister Ann Janett Turner Sister Veronique Fabre (resigned September 2022) Sister Jean Anne Page (resigned October 2022)
<b>Provincial Treasurer</b>	Sister Jacqueline Guieu
<b>Administrative address</b>	Tithebarn Grove Lance Lane Liverpool L15 6TW
<b>Charity registration number</b>	1180683
<b>Auditor</b>	Buzzacott LLP 130 Wood Street London EC2V 6DL
<b>Bankers</b>	The Royal Bank of Scotland plc Parklands De Havilland Way Horwich Bolton BL6 47U
<b>Investment managers</b>	Quilter Cheviot Limited One Kingsway London WC2B 6AN  CBIS Global Funds plc Guild House Guild Street IFSC Dublin 1
<b>Solicitors</b>	Pothecary Witham Weld 84 Eccleston Square Pimlico London SW1V 1PX

## **Report of the trustees Year to 31 December 2022**

The trustees present their report together with the accounts of the Congregation of Our Lady of the Retreat in the Cenacle (the “charity” or the “CIO”) for the year ended 31 December 2022.

The accounts have been prepared in accordance with the accounting policies set out on pages 23 to 29 of the attached accounts and comply with the charity’s Constitution, the Charities Act 2011 and Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **Introduction**

The Congregation of Our Lady of the Retreat in the Cenacle is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission (Charity Registration Number 1180683) and governed by a Constitution dated 14 November 2018.

The Congregation of Our Lady of the Retreat in the Cenacle (the Congregation) is an International Roman Catholic Congregation founded in 1826 by Saint Therese Couderc and Jean-Pierre Etienne Terme in the village of La Louvesc France, with the fundamental mission of providing accommodation for retreats and promoting spirituality. Today the Congregation has its Generalate in Rome and continues the mission of working ‘for the transformation of the world by awakening and deepening faith, with and for the people of our times’.

The assets of the Congregation in England were, until 31 December 2019, held by the CIO’s predecessor charity - The Cenacle Charity, (Charity Registration No 232928) (the charitable trust).

### **Objectives and aims**

The object of the charity, as set out in its constitution, is the advancement of the Christian religion through the religious and other charitable work of the Congregation as the trustees with the approval of the Superior shall from time to time think fit.

The mission statement of the Congregation states, “We work for the transformation of the world by awakening and deepening faith, with and for the people of our times”. The charity’s trustees will strive to ensure a spirit of harmony between this mission statement and the objects described in the charity’s constitution.

**Objectives and aims** (continued)

Collaboration is an important aspect of the charity's work. This takes various forms in working with other religious, clergy and laity within the Christian tradition in a variety of fields - retreats given in other centres, in parishes and on-line; training in the art of spiritual direction; working on local parish Deepening of Faith programmes; supporting local events by sharing the gifts and talents of individuals; and working with other religious on committees and diocesan projects. The ecumenical field is also an area where collaboration is seen to be enriching and important for a better understanding and appreciation of each other. This is achieved through the various activities being open to all believers.

Encouraging and supporting the laity is very important in training, enabling them and encouraging them to take up various roles, especially in church focused groups. Where possible the laity work alongside the sisters, as equals. This is especially true in the field of training.

**Significant activities and achievements**

The charity aims to support the religious and other charitable works carried on by the Congregation and its sisters in England. When setting the aims of the charity, the trustees have complied with their duty under section 17 of the Charities Act 2011 to have regard to the Charity Commission's guidance on public benefit. The trustees believe that they have demonstrated in detail throughout this report the ways in which the charity has been faithful to this guidance.

The works of the charity fall into two main areas of caring for the members of the Congregation and the advancement of religion by providing accommodation for retreats and by promoting spirituality through prayer and spiritual accompaniment. In 2022 this was divided between on-line and face to face meetings.

**Covid-19**

The Covid-19 pandemic has continued to affect the charity and its activities.

At the beginning of 2022 and before lifting of the restrictions, as most of the members of the Congregation are aged over 70, the sisters had to adhere to the stringent government advice regarding Covid-19. This has meant that their normal apostolic activities had to find new shape and the sisters had to find new ways of working. The apostolic activities have now evolved and are now part on-line, part by phone, part in person.

**Significant activities and achievements** (continued)

**Overview**

There were 12 sisters in England at the start of 2022, their ages ranging from 59 to 99, but sadly three from Liverpool Community have passed away during the year and two from Brixton Community took on new roles in France. There are now seven sisters in England. In 2022 the houses in England were situated in London and Liverpool. One sister lives in rented accommodation to facilitate her work in the local parishes. The charity sold the small 'quarter house' in Llandudno which was used by the sisters for retreats, holidays and breaks. Due to the ageing of the sisters the property no longer served its purpose.

At the start of 2022 there were four sisters in the Brixton Community in London but two moved Community to France during the year, so two remained as the year closed. The sisters are part of a European community and are involved in the local community which is very multicultural. They work with the Lambeth Welcome Refugees group, meeting monthly, and the South London Refugees Association, meeting weekly. One sister is a member of Faiths Together in Lambeth, an interfaith group. One sister is a member of the committee for catholic vocations project which offers on-line Advent and Lenten programmes. One sister is a member of the team for ongoing formation of priests for the Southwark diocese with special responsibility for spirituality. One sister is a member of the local parish pastoral council. One sister offered doctoral supervision for one person but this ended on her relocation to France in September 2022. This sister was the Spirituality Team Leader working with the London Jesuit Centre on retreats, spirituality course training and on-going supervision for spiritual directors' management until September 2022.

The house in Brixton is also available for people seeking spiritual direction and supervision and the sisters, when requested, give retreats and days of prayer in other venues. Following the pandemic there is a mixture of face to face and online ministry.

In the house in Liverpool there were seven sisters at the start of 2022. During the year two sisters needed full time care and one needed assistance with daily living. One sister had moved into the Liverpool Community at the end of 2021 and remained throughout 2022 as she was in need of care. This Sister was living in rented accommodation in New Brighton before moving into the Liverpool Community - the rental agreement was terminated in November 2022. Sadly, this sister died in December 2022. Another sister still lives in rented accommodation in North Liverpool and is part of the parish team there.

In Liverpool, two sisters are available for spiritual direction and welcoming individuals and groups who wish to avail themselves of a space to 'stop and ponder' in the midst of their busy lives whether it be a few hours or a few days. Several groups of guests were welcomed to use the space for retreats and quiet days during 2022. The house is also available for ongoing training programmes for spiritual directors and supervision in conjunction with the Liverpool Anglican Diocese and one sister is a member of the spirituality team and is involved in training programmes.

**Significant activities and achievements** (continued)

**Overview** (continued)

There is a busy Prayer Enrolment office open to the public in Liverpool. Visitors can come and choose mass and prayer cards and may visit the Chapel on weekdays. There is also an online and phone facility so all access levels are met and are available: face to face meetings, by phone and online. Often whilst visiting, visitors will request a chat with one of the sisters, particularly during times of stress or crisis in their lives and they gain comfort from this ministry.

Since January 2021, the CIO has outsourced the management of the Liverpool house to Saint John of God Hospitaller Services (SJOG). Several lay people are employed by SJOG to work in the Prayer Enrolment office and reception and as house manager and support staff to care for the ageing community. In this way they help support the local community. There is a small chapel open when the office is open to the public, for quiet prayer, this is well used and much appreciated.

Towards the end of 2022 SJOG decided to withdraw their services from the Liverpool House from the end of June 2023. An alternative arrangement is under discussion.

In common with many religious congregations in Great Britain, the age profile of the members of the Congregation in England is increasing as existing members grow older and the number of new vocations becomes minimal.

The Congregation has a legal and moral obligation to provide care for its members, none of whom has resources of their own, and all have devoted a significant part of their lives to work for the Congregation including pastoral work with poorer members of society. As the age profile of the sisters increase so too does the cost of providing care. This has been a costly but very necessary expense as several sisters in 2022 required 24 hour care, which the sisters could no longer provide for each other. All the care staff are local women so again the sisters help provide employment for people in the area.

**Advancement of religion**

The charity's properties are available to the public as places where they can call in for a time of quiet and peaceful reflection, with a sister on hand to lend a listening ear should they wish. In Liverpool the telephone is a great means of offering support and sympathy, prayer, and a listening ear to the many callers who continue to call at all times of day and night.

During the year, four people availed themselves of a residential silent retreat and thirteen people availed the use of Zoom to find space within their daily lives. These varied in length from two days to thirty days. Several people came for a day or evening to 'stop and be still' in the Cenacle. There were 20 quiet days followed by 96 people and, in the evenings, there were 22 sessions for 135 people and 18 sessions for 72 people. 15 people took part in the training for spiritual directors which took place face to face. These sessions were all organised in conjunction with the Diocese of Liverpool.

## Report of the trustees Year to 31 December 2022

### **Significant activities and achievements** (continued)

#### ***Advancement of religion*** (continued)

We also had five sessions for 76 people, an addition to the previous year, entitled 'Journey into Prayer'. During the year 42 persons availed themselves of spiritual direction over 183 sessions of about an hour's length, many on-line.

One sister works with the Liverpool Anglican Diocese in training spiritual directors, the course runs from Easter to Christmas, was for 11 participants and was held at the Liverpool house.

Several sisters represent the Congregation at general meetings of major superiors and bursars in England. Four sisters in England serve as trustees for the charity. One sister is a member of the provincial leadership team and meets regularly and this sister in September 2022 became the leader of the provincial team. One sister holds the lead role for safeguarding in England/Ireland. The sisters at the Liverpool house cover the reception and respond to callers over the phone at the weekend and outside of staff working hours.

### **Key policies**

#### ***Donations policy***

Whilst the trustees gave occasional support to organisations whose work is within the objects of the charity, the charity does not regard itself as a grant making entity and applications and requests for donations are not invited.

#### ***Raising funds***

The charity aims to achieve best practice in the way in which it communicates with donors and other supporters. The charity takes care with the tone of communications and the accuracy of its data to minimise the pressure on supporters. It applies best practice to protect supporters' data and never sells data, it never swaps data and ensures the communication preferences can be changed at any time. The charity manages its own activities for fundraising and does not employ the services of professional fundraisers. The charity undertakes to react to and investigate any complaints regarding its fundraising activities and to learn from them and improve its service. During the year the charity received no complaints about activities for fund raising.

#### ***Protection of children and vulnerable adults***

Along with all other organisations which serve in the community, the trustees recognise the absolute necessity of ensuring the protection and safety of all those the charity serves. This means that all sisters who are in any kind of ministry in GB must obtain clearance from the Disclosure and Barring Service (DBS). The trustees are committed to implementing all policies and procedures of the Catholic Safeguarding Standards Agency (CSSA).

## Report of the trustees Year to 31 December 2022

### **Key policies** (continued)

#### ***Investment policy***

The charity has listed investments. In respect to these investments the trustees aim to maximise the total investment returns whilst maintaining income and continuing to preserve the real value of the total investments.

The activities of the investment managers are reviewed regularly by the trustees to ensure that the investments are managed in accordance with the trustees' written guidelines and with the religious and ethical principles of the Congregation.

### **Financial review**

#### ***Results for the year***

During the year to 31 December 2022, the charity supported an average of 10 sisters in England. A summary of the charity's results for the year can be found on page 19 of this report and accounts.

During the year to 31 December 2022, income amounted to £442,155 (2021 - £418,118). One of the principal components of income in 2022 was donations and legacies (including pensions and other earned income of members of the Congregation donated to the charity under Gift Aid or deed of covenant) which amounted to £132,497 (2021 - £139,533). Other categories of income comprised investment income and interest receivable totalling £70,549 (2021 - £50,798), and income from prayer enrolments totalling £188,736 (2021 - £205,938).

Total expenditure amounted to £765,893 (2021 - £634,487). The costs of supporting the sisters of the Congregation and their ministry amounted to £601,929 (2021 - £446,700) and expenditure on the provision of retreats and prayer enrolments totalled £140,558 (2021 - £161,716). Expenditure on managing the investments of the charity totalled £20,464 (2021 - £26,071).

Net expenditure of the charity before investment losses was £323,738 (2021 - £216,369 before investment gains). Losses on listed investments for the year amounted to £455,487 (2021 - gains of £334,189). After accounting for the losses (2021 - gains) on the revaluation of tangible fixed assets of £32,000 (2021 - £240,315), exchange gains of £11,464 on listed investments (2021 - losses of £13,166) and gains on the disposal of investment property of £nil (2021 - disposal of investment property of £949), the net decrease in funds was £799,761 (2021 - increase in funds was £345,918).

**Financial review** (continued)

***Investment performance***

The charity had two portfolios of listed investments with a market value at 31 December 2022 of £4,837,158 (2021 - £5,466,530) including cash awaiting investment of £213,919 (2021 - £198,505). The portfolios were and continue to be managed by Quilter Cheviot and CBIS Global Funds plc. These investments include £2,034,624 (2021 - £2,223,375) held on behalf of The Cenacle Incorporated Charity (Ireland).

The market value of listed investments decreased during the year in line with the performance of world markets as a result of the exceptional circumstances created by the continuing the current macroeconomic and geopolitical climate. Investment income from listed investments was £69,391 (2021 - £50,798).

Throughout the year, the investment managers continued to invest in accordance with the trustees' investment policy set out earlier in this report. Further details of the investment portfolio are detailed in note 13 to the attached accounts.

***Financial position and reserves policy***

The trustees consider that, given the nature of the charity's work, the level of free reserves should be sufficient to generate enough income to cover approximately nine months to one year's on-going expenditure and to provide for contingencies, unevenness in future income and volatility in the value of investments.

As at 31 December 2022 the total funds of the charity amounted to £6,722,443.

Of these total funds, £71,019 related to an endowment fund, further details of which are given in note 16 to the attached accounts.

The tangible fixed assets fund represented the tangible fixed assets of the charity used to support the work of the sisters and totalled £3,660,169.

A further £2,500,000 represented a retirement reserve designated by the trustees to provide income to communities with elderly sisters to care for, and to provide for sisters generally in their retirement. Where sisters are employed by organisations independent of the charity, any earnings are covenanted to the charity. The number of new vocations to the Congregation is negligible and, as a result, the average age of the membership is increasing. Younger members, although taking up important charitable work, tend either to work within the charity or, if working outside, are in low paid jobs. As a consequence, in the future it is anticipated that there will be a general reduction in the income earned by sisters. The charity has a continuing commitment to support members of the Congregation, many of whom continue to carry out charitable work long past the normal age of retirement.

Free reserves as at 31 December 2022 were £491,255. At the date of the balance sheet, the trustees consider that the level of free reserves were slightly below the level demanded by the reserves policy caused by the continuing volatility of the investment markets during the current macroeconomic and geopolitical climate. However, the trustees are long term investors and expect the reserves to recover as markets stabilise.

## **Report of the trustees Year to 31 December 2022**

### **Future plans**

SJOG, the operating contractors for Liverpool Community since the start of 2021 are withdrawing their services at the end of June 2023 when their six month notice has been served. Alternative arrangements are being explored. The trustees do not foresee any risk caused by the transition.

Due to the number of Sisters resident in England reducing from 12 to 7 during 2022, there will be reduced funds available from pensions and salaries going forward. The trustees are exploring ways to generate further income particularly in Liverpool where there is an excess of capacity by way of space and manpower in this location.

The trustees are also exploring ways of expanding the revenues from the prayer enrolment activity in Liverpool and reducing the associated costs.

### **Structure, governance and management**

#### ***Governing document***

The charity is a Charitable Incorporated Organisation (CIO), governed by a Constitution and registered with the Charity Commission on 14 November 2018.

As stated previously, the object of the CIO, as set out in its constitution, is the advancement of the Christian religion through the religious and other charitable work of the Congregation as the trustees with the approval of the Superior shall from time to time think fit.

The part of the Congregation known as the English Group is part of the European/Togo province and has two permanent locations in England.

#### ***Member***

The sole member of the Charitable Incorporated Organisation (CIO) is the Provincial Superior.

If the CIO is wound up, the member of the CIO has no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

#### ***Trustees***

The charity at the start of 2022 had five trustees, now reduced to four. The trustees are a self-supporting body and are legally responsible for the overall management and control of the part of the province covering the activities in England and houses therein. The trustees had no physical meetings in 2022 and made great use of the telephone and electrical means to consult and evaluate activities of the charity, to plan in conjunction with the wider Provincial Council.

Trustees endeavour to keep up to date with developments affecting charities and attend any appropriate training for trustees.

## Report of the trustees Year to 31 December 2022

### Structure, governance and management (continued)

#### *Trustees (continued)*

The trustees are ultimately responsible for the day-to-day work of the charity and work with the Provincial Council to manage the affairs of the houses in England and, throughout the year, with SJOG as to the concerns affecting the sisters in Liverpool. During the year much was made of electronic means for the sharing of financial matters and budgeting.

The names of the trustees who served during the financial year ended 31 December 2022 are set out as part of the reference and administrative details on page 1 of this annual report and accounts.

Brief biographical details on each of the trustees who served during the year to 31 December 2022 are given below.

**Sister Veronique Fabre** was the chairperson of the trustees until Sept 2022, residing in Paris, France. She has been a member of the Congregation for over 25 years and a trustee for five years. She has taken up the role of General Leader in September 2022 and resigned then from the CIO Board.

**Sister Winifred Morley** lives in Liverpool and for many years was the treasurer for the charity. She has given active support to the Cenacle for over 60 years.

**Sister Ann Turner** resides in London and has been a Sister of the Cenacle for over 50 years. She has served as the chairperson of the English charity.

**Sister Katharine Stogdon** lived in London Community. She brings over 25 years of service in the Cenacle. Sr Kate has picked up the Chairperson role in September 2022 from Sr Veronique and has now relocated to France.

**Sister Jean Page** lives in Liverpool and has over 55 years as a Cenacle sister. For several years, she served as the chairperson of the charity. She resigned from the CIO Board in October 2022.

**Sister Jacqueline Guieu** lives in Paris and for many years was the treasurer for all legal entities within the province where the charity belongs. She has given active support to the Cenacle for over 10 years. She joined the Board in October 2022.

#### **Key management personnel**

The trustees consider that they comprise the key management personnel of the charity and shared the responsibility of directing and controlling, running and operating the charity on a day-to-day basis, with St John of God Hospitaller Services during 2022. This is likely to change during 2023 as SJOG are withdrawing their services. All the trustees are members of the Congregation and whilst their living and personal expenses are borne by the charity, they receive no remuneration or reimbursement of expenses in connection with their duties as trustees.

**Structure, governance and management** (continued)

***Risk management***

The trustees undertake an annual review of the principal risks and uncertainties that the charity faces categorising the risks between those affecting the governance and management of the charity, operational risks, financial risks, reputational risks and those which occur because of circumstances outside of the charity's control such as changes in government policy, laws and regulations. They regularly review the measures already in place, or needing to be put in place, to establish policies, systems and procedures to mitigate those risks identified in the annual review and ensure that action is taken to implement changes to those policies, systems and procedures should they be needed to minimise or manage any potential impact on the charity if those risks materialise.

Having assessed the major risks to which the charity is exposed, the trustees believe that by monitoring reserve levels, by ensuring controls exist over key financial systems, and by examining the operational and business risks faced by the charity, they have established effective systems to mitigate those risks.

The trustees recognise their responsibility for the management of risks faced by the charity, and the sisters. The key risks for the charity, as identified by the trustees, are described below together with the principal ways in which they are mitigated.

- ◆ An analysis of the age profile of the members of the Congregation shows that the average age in England on 31 December 2022 was in excess of 75 years. The trustees are aware that there is both a moral and legal obligation to care for the older members. None of the sisters have resources of their own as all earnings, pensions and other income have been donated to the charity under a Gift Aid compliant Deed of Covenant.

As the age profile increases, so too does the need to provide care for the sisters. Key elements of the management of this risk are (a) ensuring the charity has the available financial resources to finance this care both now and in the years ahead by setting aside assets in a designated "retirement" fund, the value of which has been based on actual principles; and (b) ensuring that processes are in place to review regularly the ministries and needs of individual sisters encouraging those who need it to take on less demanding ministries and for identifying those who need extra care and help. At the beginning of 2021 SJOG were employed to assist with the care of the sisters in Liverpool. As the year progressed this proved essential as the health of some of the sisters deteriorated faster than was anticipated such that by the end of the year a couple of sisters required 24-hour care. The need for care was heightened during 2022 as the sisters' health further deteriorated and sadly in 2022 three of the Sisters in Liverpool community passed away.

**Structure, governance and management** (continued)

***Risk management*** (continued)

- ◆ Operationally the charity works with children and vulnerable adults including older people. The trustees recognise the absolute necessity of ensuring the protection and safety of all those that the charity serves. This means that sisters engaged in any ministry in Great Britain and Ireland and all those who work or volunteer for the charity and work children and vulnerable adults must obtain clearance from the Disclosure and Baring Service (DBS). The trustees are committed fully to implementing the policies of the Catholic Safeguarding Standards Agency (CSSA).
- ◆ The charity's principal assets comprise listed investments, the value of which is dependent on movements in UK and world stock markets. The investments are managed by reputable investment managers who adhere to a policy agreed by the trustees. The trustees meet once or twice a year with the investment managers and the managers' performance and that of the portfolio are monitored. These meetings took place on-line. The investment strategy is assessed regularly to ensure it remains appropriate to the charity's needs – both now and in the future.

The properties owned and occupied by the sisters need to be safe, secure and maintained such that their value is safeguarded. The service of a firm of Chartered Surveyors are used on an on-going basis to inspect the properties and give advice on any works required in order to meet the charity's needs as well as meet safety and other regulatory requirements. Inspections take place at least every three years and the reports therefrom form the basis for an agreed rolling maintenance programme.

Having assessed the major risks to which the charity is exposed, the trustees believe that by monitoring reserve levels, by ensuring controls exist over key financial systems, and by examining the operational and business risks faced by the charity, they have established effective systems to mitigate those risks.

***Trustees' responsibilities statement***

The trustees are responsible for preparing the trustees' report and accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare accounts for each financial year which give a true and fair view of the situation of the charity and of the income and expenditure of the charity for that period in preparing these accounts the trustees are required to:

- ◆ Select suitable accounting policies and then apply them consistently;
- ◆ Observe the methods and principles in Accounting and Reporting by Charities: Statement of recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the United Kingdom (FRS 102);

**Structure, governance and management** (continued)

**Trustees' responsibilities statement** (continued)

- ◆ Make judgements and estimates that are reasonable and prudent;
- ◆ State whether applicable United Kingdom Accounting Standards have been followed subject to any material departures disclosed and explained in the accounts; and
- ◆ Prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charities Act 2011, the applicable Charity (Accounts and Reporting) Regulations and the provisions of the charity's trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Post balance sheet event**

As the Congregation's activities in Ireland have reduced considerably in recent years, the trustees of The Cenacle Charity Incorporated (Ireland) (a charity registered with the Charities Regulator Ireland – Charity Registration No 20012359) together with the Congregational Leadership team of the Europe/Togo Province have reviewed the future plans for the care of the remaining members in Ireland. A decision has been made to transfer the care of the sisters to this charity. On 3 August 2022, the Provincial Superior gave her authorisation to transfer all assets of the Irish charity to this charity and to dissolve the charity in Ireland.

**Volunteers, employees and donors**

The trustees gratefully acknowledge the significant contribution which sisters, volunteers, and employees make to the charity. They are also heartened by the efforts and donations of various persons and organisations which help the sisters in their work.

Approved by the trustees:

Winifred Morley

Trustee

Date of approval: 5/9/23

## **Independent auditor's report Year to 31 December 2022**

### **Independent auditor's report to the trustees of The Congregation of Our Lady of the Retreat in the Cenacle**

#### **Opinion**

We have audited the accounts of The Congregation of Our Lady of the Retreat in the Cenacle (the charity) for the year to 31 December 2022, which comprise the statement of financial activities, the balance sheet, the statement of cash flows, the principal accounting policies and the notes to the accounts. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the accounts:

- ◆ give a true and fair view of the state of the charity's affairs as at 31 December 2022 and of its income and expenditure for the year then ended;
- ◆ have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- ◆ have been prepared in accordance with the requirements of the Charities Act 2011.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the accounts section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the accounts in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **Conclusions relating to going concern**

In auditing the accounts, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the accounts is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the accounts are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

## **Independent auditor's report** Year to 31 December 2022

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report and Accounts, other than the accounts and our auditor's report thereon. Our opinion on the accounts does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the accounts, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the accounts or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the accounts or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities Act 2011 requires us to report to you if, in our opinion:

- ◆ the information given in the trustees' report is inconsistent in any material respect with the accounts; or
- ◆ sufficient accounting records have not been kept; or
- ◆ the accounts are not in agreement with the accounting records and returns; or
- ◆ we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of accounts that are free from material misstatement, whether due to fraud or error.

In preparing the accounts, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the accounts**

Our objectives are to obtain reasonable assurance about whether the accounts as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these accounts.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

***How the audit was considered capable of detecting irregularities including fraud***

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- ◆ The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- ◆ We identified the laws and regulations applicable to the charity through discussions with management and from our knowledge and experience of the charity sector;
- ◆ We focused on specific laws and regulations which we considered may have a direct material effect on the accounts or the activities of the charity. These included but were not limited to the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the United Kingdom and Republic of Ireland (FRS 102) (effective 1 January 2019); and
- ◆ We assessed the extent of compliance with the laws and regulations identified above through making enquiries with management and those charged with governance and review of minutes of trustees' meetings.

We assessed the susceptibility of the charity's accounts to material misstatement, including obtaining an understanding of how fraud might occur, by:

- ◆ Making enquiries of management and those charged with governance as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- ◆ Considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

## Independent auditor's report Year to 31 December 2022

### **Auditor's responsibilities for the audit of the accounts** (continued)

#### ***How the audit was considered capable of detecting irregularities including fraud*** *(continued)*

To address the risk of fraud through management bias and override of controls, we:

- ◆ Performed analytical procedures to identify any unusual or unexpected relationships;
- ◆ Tested and reviewed journal entries to identify unusual transactions;
- ◆ Carried out substantive testing of expenditure;
- ◆ Assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- ◆ Investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- Agreeing accounts disclosures to underlying supporting documentation;
- Reading the minutes of meetings of trustees; and
- Enquiring of us as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

We did not identify any irregularities, including fraud.

A further description of our responsibilities for the audit of the accounts is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

## **Independent auditor's report** Year to 31 December 2022

### **Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with section 144 of the Charities Act 2011 and with regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Buzzacott LLP  
Statutory Auditor  
130 Wood Street  
London  
EC2V 6DL

12 September 2023

Buzzacott LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

## Statement of financial activities Year to 31 December 2022

	Notes	2022			2021		
		Unrestricted funds	Endowment fund	Total funds	Unrestricted funds	Endowment fund	Total funds
		£	£	£	£	£	£
<b>Income from:</b>							
Donations and legacies	1	132,497	—	132,497	139,533	—	139,533
Investments and interest receivable	2	70,549	—	70,549	50,798	—	50,798
Charitable activities	3						
. Retreat and conference centre income		4,050	—	4,050	778	—	778
. Prayer enrolments		188,736	—	188,736	205,938	—	205,938
. Apostolic works		16,657	—	16,657	14,738	—	14,738
Other sources							
. Surplus on disposal of tangible fixed assets		1,874	—	1,874	—	—	—
. Amounts receivable under the Coronavirus Jobs Retention Scheme		—	—	—	5,943	—	5,943
. Amounts receivable towards the care of members		27,792	—	27,792	—	—	—
. Miscellaneous sources		—	—	—	390	—	390
<b>Total income</b>		<b>442,155</b>	<b>—</b>	<b>442,155</b>	<b>418,118</b>	<b>—</b>	<b>418,118</b>
<b>Expenditure on:</b>							
Raising funds	4	20,464	—	20,464	26,071	—	26,071
Charitable activities:							
. Support of members of the Congregation and their ministry	5	601,929	—	601,929	446,700	—	446,700
. Charitable works: Prayer enrolments and retreats	6	140,558	—	140,558	161,716	—	161,716
. Donations		2,942	—	2,942	—	—	—
<b>Total expenditure</b>		<b>765,893</b>	<b>—</b>	<b>765,893</b>	<b>634,487</b>	<b>—</b>	<b>634,487</b>
<b>Net expenditure before net investment (losses) gains</b>	9	<b>(323,738)</b>	<b>—</b>	<b>(323,738)</b>	<b>(216,369)</b>	<b>—</b>	<b>(216,369)</b>
Net investment (losses) gains on listed investments	13	(445,392)	(10,095)	(455,487)	324,612	9,577	334,189
Exchange gains (losses) on listed investments		11,464	—	11,464	(13,166)	—	(13,166)
Surplus on disposal of investment property		—	—	—	949	—	949
(Losses) gains on the revaluation of tangible fixed assets (including writeback of depreciation)		(32,000)	—	(32,000)	240,315	—	240,315
<b>Net movement in funds</b>		<b>(789,666)</b>	<b>(10,095)</b>	<b>(799,761)</b>	<b>336,341</b>	<b>9,577</b>	<b>345,918</b>
Fund balances brought forward at 1 January 2022		7,441,090	81,114	7,522,204	7,104,749	71,537	7,176,286
<b>Fund balances carried forward at 31 December 2022</b>		<b>6,651,424</b>	<b>71,019</b>	<b>6,722,443</b>	<b>7,441,090</b>	<b>81,114</b>	<b>7,522,204</b>

The statement of financial activities includes all gains and losses recognised in each of the financial years.

All of the charity's activities derived from continuing operations during both the above financial years.

## Balance sheet 31 December 2022

	Notes	2022 £	2022 £	2021 £	2021 £
<b>Fixed assets</b>					
Tangible assets	12		<b>3,660,169</b>		3,881,122
Listed investments	13		<b>4,837,158</b>		5,466,530
			<b>8,497,327</b>		9,347,652
<b>Current assets</b>					
Stock		<b>13,732</b>		10,087	
Debtors	14	<b>39,535</b>		44,111	
Cash at bank and in hand		<b>415,127</b>		466,435	
		<b>468,394</b>		520,633	
<b>Creditors:</b> amounts falling due within one year	15	<b>(2,243,278)</b>		(2,346,081)	
<b>Net current liabilities</b>			<b>(1,774,884)</b>		(1,825,448)
<b>Total net assets</b>			<b>6,722,443</b>		7,522,204
<b>Represented by:</b>					
<b>Funds</b>					
Endowment fund	16		<b>71,019</b>		81,114
Unrestricted funds					
. Tangible fixed assets fund	17		<b>3,660,169</b>		3,881,122
. Designated fund	18		<b>2,500,000</b>		3,000,000
. General funds			<b>491,255</b>		559,968
	19		<b>6,722,443</b>		7,522,204

Approved by the trustees  
and signed on their behalf by:

Winifred Morley

Trustee

Date of approval: 5/9/23

## Statement of cash flows Year to 31 December 2022

	Notes	2022 £	2021 £
<b>Cash flows from operating activities:</b>			
Net cash used in operating activities	A	<b>(262,448)</b>	(193,433)
<b>Cash flows from investing activities:</b>			
Investment income and interest received		<b>75,568</b>	107,976
Proceeds from the disposal of tangible fixed assets		<b>151,874</b>	—
Purchase of tangible fixed assets		<b>(9,958)</b>	(47,179)
Proceeds from the disposal of investment property		—	828,374
Proceeds from the disposal of listed investments		<b>773,316</b>	657,092
Purchase of listed investments		<b>(765,525)</b>	(1,658,757)
<b>Net cash provided by (used by) investing activities</b>		<b>225,275</b>	(112,494)
<b>Cash flows from financing activities:</b>			
Amounts advanced by The Cenacle Incorporated Charity (Ireland)		—	619,442
<b>Change in cash and cash equivalents in the year</b>		<b>(37,173)</b>	313,515
Effect of exchange rates on cash held by investment managers		<b>1,279</b>	(8,236)
<b>Cash and cash equivalents at 1 January 2022</b>		<b>664,940</b>	359,661
<b>Cash and cash equivalents at 31 December 2022</b>	B	<b>629,046</b>	664,940

### Notes to the statement of cash flows for the year to 31 December 2022.

#### A Reconciliation of net movement in funds to net cash used in operating activities

	2022 £	2021 £
<b>Net movement in funds (as per the statement of financial activities)</b>	<b>(799,761)</b>	345,918
<b>Adjustments for:</b>		
Depreciation charge	<b>59,953</b>	59,743
Gains on disposal of tangible fixed assets	<b>(1,874)</b>	—
Gains on the revaluation of tangible fixed assets	<b>32,000</b>	(240,315)
Surplus on disposal investment property	—	(949)
Losses (gains) on listed investments	<b>455,487</b>	(334,189)
Exchange (gains) losses on listed investments	<b>(11,464)</b>	13,166
Investment income and interest receivable	<b>(70,549)</b>	(50,798)
(Increase) decrease in stocks	<b>(3,645)</b>	3,949
Increase in debtors	<b>(443)</b>	(7,440)
Increase in creditors	<b>77,848</b>	17,482
<b>Net cash used in operating activities</b>	<b>(262,448)</b>	(193,433)

## Statement of cash flows Year to 31 December 2022

### B Analysis of changes in net debt

	At 1 January 2022 £	Cash flows £	Non-cash movements £	At 31 December 2022 £
Cash in hand and at bank	466,435	(51,308)	—	<b>415,127</b>
Cash held by investment managers	198,505	14,135	1,279	<b>213,919</b>
	<u>664,940</u>	<u>(37,173)</u>	<u>1,279</u>	<u><b>629,046</b></u>
Amounts due to the Cenacle Incorporated Charity (Ireland)	(2,223,375)	—	188,751	<b>(2,034,624)</b>
<b>Total change in net debt</b>	<u>(1,558,435)</u>	<u>(37,173)</u>	<u>190,030</u>	<u><b>(1,405,578)</b></u>

## **Principal accounting policies** Year to 31 December 2022

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the accounts are laid out below.

### **Basis of preparation**

These accounts have been prepared for the year to 31 December 2022 with comparative figures stated for the year to 31 December 2021.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value with the exception of (a) freehold land and buildings included within tangible fixed assets and (b) investment assets both of which are included at valuation – as explained in the relevant accounting policies below or the notes to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The accounts are presented in sterling and are rounded to the nearest pound.

### **Critical accounting estimates and areas of judgement**

Preparation of the accounts requires the trustees to make significant judgements and estimates. The items in the accounts where these judgements and estimates have been made include:

- ◆ The allocation of governance costs between those categories of expenditure comprising expenditure on charitable activities;
- ◆ The useful economic lives attributed to tangible fixed assets and used to determine the annual depreciation charge;
- ◆ The valuation of land and buildings that form part of tangible fixed assets;
- ◆ The assumptions adopted by the trustees in determining the value of any designations required from the charity's general unrestricted funds; and
- ◆ Estimating future income and expenditure flows for the purpose of assessing going concern (see below).

## **Principal accounting policies** Year to 31 December 2022

### **Assessment of going concern**

The trustees have assessed whether the use of the going concern assumption is appropriate in preparing these accounts. The trustees have made this assessment in respect to a period of at least one year from the date of approval of these accounts.

The charity's investment income may be adversely affected because of the volatility in listed investments both as a response to the pandemic and more latterly due to the current geopolitical situation. In terms of expenditure, it is anticipated that there may be a rise in living expenses due to rise in cost of living but such increases will be offset by reductions in other costs. The trustees will continue to keep both income and expenditure under review but do not anticipate that the impact on the charity's finances will be material or impact on the charity's going concern.

With regard to the next accounting period (i.e. the year ending 31 December 2022), the most significant areas that affect the carrying value of the assets held by the charity are the level of investment return and the performance of the investment market. This is particularly relevant at the current time given the volatility on world stock markets (see the investment policy and the risk management sections of the trustees' report for more information).

### **Income recognition**

Income is recognised in the period in which the charity has entitlement to the income, the amount of income can be measured reliably and it is probable that the income will be received.

Income comprises donations and legacies, investment income, interest receivable, income from charitable activities (i.e. retreat centre income and income from prayer enrolments), income from miscellaneous sources and transfer of assets from The Cenacle Charity.

The net assets of the charitable trust transferred to The Cenacle Charity, (Charity Registration No 232928), at midnight on 31 December 2019 and are included as income at the fair value of the net assets as at that date.

Donations, including salaries and pensions of individual religious received under Gift Aid or deed of covenant, are recognised when the charity has confirmation of both the amount and settlement date. In the event of donations pledged but not received, the amount is accrued for where the receipt is considered probable. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

In accordance with the Charities SORP FRS 102 volunteer time is not recognised.

## Principal accounting policies Year to 31 December 2022

### **Income recognition** (continued)

Legacies are included in the statement of financial activities when the charity is entitled to the legacy, the executors have established that there are sufficient surplus assets in the estate to pay the legacy, and any conditions attached to the legacy are within the control of the charity.

Entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, but the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title of the asset having being transferred to the charity.

Investment income from listed investments is recognised once the dividend or similar distribution has been declared and notification has been received of the amount due. Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Retreat centre income, income from prayer enrolments and similar income is recognised to the extent that it is probable that economic benefits will flow to the charity and the income is capable of financial measurement. It is measured at fair value of the consideration received or receivable, excluding any relevant discounts or value added tax.

Income from the Coronavirus Job Retention Scheme is recognised within the statement of financial activities when the charity is entitled to the income and the amount receivable is capable of being quantified.

Any surplus or deficit on the disposal of either tangible fixed assets is calculated as the difference between the disposal proceeds and the net book value of the asset immediately prior to disposal less any direct costs of disposal. It is recognised on completion of the disposal.

All other income is recognised to the extent that it is probable that the economic benefits will flow to the charity and the revenue can be measured reliably. It is measured at fair value and accounted for on an accruals basis.

## **Principal accounting policies** Year to 31 December 2022

### **Expenditure recognition**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to make a payment to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses are allocated to the applicable expenditure headings. The majority of expenditure is directly attributable and any apportionment between headings is negligible.

Expenditure on charitable activities includes all costs associated with furthering the charitable purposes of the charity through the provision of its charitable activities and includes:

- ◆ Expenditure on the support of members of the Congregation and their ministry. Such expenditure enables the members to carry out the work of the charity in the areas of the advancement of the Roman Catholic faith.
- ◆ Expenditure on charitable activities includes costs associated with offering retreats and prayer enrolments.
- ◆ The provision of grants and donations relating, in the main, to the support of the Congregation's own work and the support of other Roman Catholic charitable organisations. Charitable grants and donations are made where the trustees believe there is a real need following a review of the details of each particular case and comprise single year payments rather than multi-year grants. Grants and donations are included in the statement of financial activities when approved for payment. Provision is made for any grants and donations approved but unpaid at the end of the financial year.

All expenditure is stated inclusive of irrecoverable VAT.

### **Allocation of support and governance costs**

Support costs represent indirect charitable expenditure, to enable the charity to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel, financial procedures, provision of office services and equipment and a suitable working environment. Governance costs comprise the costs involving the public accountability of the charity (including audit costs) and costs in respect to its compliance with regulation and good practice.

Such costs are not directly identifiable in respect to each charitable activity and hence they are apportioned using percentages based on the expenditure incurred directly on the charitable activities of the charity.

No support or governance costs have been allocated to donations payable as these are considered to be negligible.

## Principal accounting policies Year to 31 December 2022

### Foreign currencies

Assets and liabilities are translated at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the net movement in funds.

### Tangible fixed assets

All assets costing more than £1,000 and with an expected useful life exceeding one year are capitalised.

#### ◆ Freehold land and buildings

The trustees are the legal owners of a burial ground at the former Cenacle Convent adjoining St Joseph's Roman Catholic Church, Headley Road, Grayshott. The land is regarded as having a nil value for the purposes of these accounts since it will not and cannot be disposed of in the open market.

Freehold land and buildings are included in the accounts at valuation based on existing use or depreciated replacement cost basis, depending on the nature of the property to reflect their fair value. Valuations are updated on a "rolling basis" with each property's value being updated at least every five years.

Specialised buildings comprise large residential convents. Depreciation is provided at 2% per annum on a straight-line basis in order to write off the buildings over their estimated useful economic life to the Congregation.

Non-specialised buildings i.e. those designed as, and used wholly or mainly for, private residential accommodation are not depreciated. Their value and condition are reviewed annually by the trustees, to confirm that their residual value is not materially less than their book value. Where this is not deemed to be the case, an impairment provision is made.

Property improvements are stated at cost. Depreciation is provided on a straight-line basis in order to write off the improvements over their estimated useful economic life estimated to be 15 years.

#### ◆ Motor vehicles, fixtures, fittings and computer equipment

Motor vehicles, fixtures, fittings and computer equipment are included at cost.

Depreciation is provided on a straight line basis on assets held at the end of the year at the following annual rates in order to write off each asset over its estimated useful life:

Motor vehicles	25% reducing balance basis
Fixtures, fittings and computer equipment	20% to 25%

## **Principal accounting policies** Year to 31 December 2022

### **Listed investments**

Listed investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price.

The charity does not acquire put options, derivatives or other complex financial instruments.

As noted above the main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

Realised gains (or losses) on investment assets are calculated as the difference between disposal proceeds and their opening carrying value or their purchase value is acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value at that date. Realised and unrealised investment gains (or losses) are combined in the statement of financial activities and are credited (or debited) in the year in which they arise.

### **Stocks**

Stock of supplies for prayer enrolments are valued at the lower of cost and net realisable value.

### **Debtors**

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid. They have been discounted to the present value of the future cash receipt where such discounting is material.

### **Cash at bank and in hand**

Cash at bank and in hand represents such accounts and instruments that are available on demand or have a maturity of less than three months from the date of acquisition. Deposits for more than three months but less than one year have been disclosed as short term deposits. Cash placed on deposit for more than one year is disclosed as a fixed asset investment.

### **Creditors and provisions**

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount the charity anticipates it will pay to settle the debt. They have been discounted to the present value of the future cash payment where such discounting is material.

## **Principal accounting policies** Year to 31 December 2022

### **Funds structure**

The endowment fund comprises monies which must be held indefinitely although any income generated therefrom may be used for general purposes. Details are provided in note 16.

The tangible fixed assets fund represents the net book value of the charity's tangible fixed assets.

Designated funds comprise monies set aside out of unrestricted general funds for specific future purposes or projects. Details of these are provided in note 18.

General funds represent those monies which are freely available for application towards achieving any charitable purpose that falls within the charity's charitable objects.

### **Services provided by members of the Congregation**

For the purposes of these accounts, no monetary value has been placed on care, administrative and other services provided by members of the Congregation.

### **Pension costs**

The charity offer their staff membership of a defined contribution pension scheme administered by the National Employment Savings Trust (NEST). Contributions to the scheme are debited to the statement of financial activities in the year in which they are payable to the scheme. The assets of the scheme are held by an independent corporate trustee, whose activities are governed by the National Employment Savings Trust Order 2010, made by the Secretary of State in exercise of powers confirmed under the Pensions Act 2008.

Contributions are also paid in respect of one member to personal pension plan held with Aviva.

## Notes to the accounts Year to 31 December 2022

### 1 Income from: Donations and legacies

	2022			2021		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Sisters' pensions and salaries	128,128	—	128,128	135,216	—	135,216
Donations and alms received	4,179	—	4,179	1,482	—	1,482
Missions alms	190	—	190	2,835	—	2,835
	<b>132,497</b>	<b>—</b>	<b>132,497</b>	<b>139,533</b>	<b>—</b>	<b>139,533</b>

### 2 Income from: Investments and interest receivable

	2022			2021		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Income from listed investments						
. Fixed interest UK	6,661	—	6,661	5,513	—	5,513
. Fixed interest - overseas	3,312	—	3,312	1,626	—	1,626
. Equities – UK	18,439	—	18,439	17,480	—	17,480
. Equities – overseas	24,056	—	24,056	18,823	—	18,823
. Alternative investments	16,923	—	16,923	7,356	—	7,356
	<b>69,391</b>	<b>—</b>	<b>69,391</b>	<b>50,798</b>	<b>—</b>	<b>50,798</b>
Interest on cash held by investment managers	1,158	—	1,158	—	—	—
	<b>70,549</b>	<b>—</b>	<b>70,549</b>	<b>50,798</b>	<b>—</b>	<b>50,798</b>

### 3 Income from: Charitable activities

	2022			2021		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Retreat income	4,050	—	4,050	778	—	778
Prayer enrolments	188,736	—	188,736	205,938	—	205,938
Other apostolic works	16,657	—	16,657	14,738	—	14,738
	<b>209,443</b>	<b>—</b>	<b>209,443</b>	<b>221,454</b>	<b>—</b>	<b>221,454</b>

#### 4 Expenditure on: Raising funds

	2022			2021		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Investment manager fees – listed investments	15,457	—	15,457	19,452	—	19,452
Investment property expenses	—	—	—	130	—	130
Allocated support and administration costs (note 7)	5,007	—	5,007	6,489	—	6,489
	<b>20,464</b>	<b>—</b>	<b>20,464</b>	<b>26,071</b>	<b>—</b>	<b>26,071</b>

#### 5 Expenditure on: Support of members of the Congregation and their ministry

	2022			2021		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Staff costs	130,790	—	130,790	72,706	—	72,706
Agency staff costs	100,860	—	100,860	39,614	—	39,614
Premises	140,097	—	140,097	136,750	—	136,750
Sisters' living and personal expenses	82,907	—	82,907	86,451	—	86,451
Allocated support and administration costs (note 7)	147,275	—	147,275	111,179	—	111,179
	<b>601,929</b>	<b>—</b>	<b>601,929</b>	<b>446,700</b>	<b>—</b>	<b>446,700</b>

#### 6 Expenditure on: Charitable works: Prayer enrolments and retreats

	2022			2021		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
<b>Expenditure on Charitable works</b>						
Staff costs	84,687	—	84,687	82,161	—	82,161
Prayer enrolments	16,309	—	16,309	24,965	—	24,965
Premises	5,050	—	5,050	6,087	—	6,087
Other	121	—	121	8,254	—	8,254
Allocated support and administration costs (note 7)	34,391	—	34,391	40,249	—	40,249
	<b>140,558</b>	<b>—</b>	<b>140,558</b>	<b>161,716</b>	<b>—</b>	<b>161,716</b>

## Notes to the accounts Year to 31 December 2022

### 7 Support and administration costs

	2022			2021		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Staff costs	62,216	—	62,216	19,930	—	19,930
Office costs	14,064	—	14,064	19,407	—	19,407
Premises costs	13,388	—	13,388	—	—	—
Governance costs (note 8)	25,440	—	25,440	18,918	—	18,918
Other professional fees	14,004	—	14,004	26,947	—	26,947
Depreciation	7,678	—	7,678	9,328	—	9,328
Management charges	32,952	—	32,952	32,952	—	32,952
Other expenses	16,931	—	16,931	30,435	—	30,435
	<b>186,673</b>	<b>—</b>	<b>186,673</b>	<b>157,917</b>	<b>—</b>	<b>157,917</b>
<b>Allocated as follows:</b>						
Raising funds	5,007	—	5,007	6,489	—	6,489
Support of members of the Congregation and their ministry	147,275	—	147,275	111,179	—	111,179
Charitable works: Prayer enrolments and retreats	34,391	—	34,391	40,249	—	40,249
	<b>186,673</b>	<b>—</b>	<b>186,673</b>	<b>157,917</b>	<b>—</b>	<b>157,917</b>

### 8 Governance costs

	Unrestricted funds	
	2022 £	2021 £
Professional fees	<b>25,440</b>	26,947

### 9 Net expenditure before net investment (losses) gains

This is stated after charging:

	Unrestricted funds	
	2022 £	2021 £
Staff costs (note 10)	<b>378,553</b>	214,411
Auditor's remuneration		
. Statutory audit services – current year	<b>14,340</b>	13,200
. Other services: general advice – previous year	<b>11,100</b>	5,718
Depreciation (note 12)	<b>59,953</b>	59,743

**10 Staff costs during the year were as follows:**

With effect from 1 January 2021, the employment of the charity's staff, other than one member, was transferred to St John of God Hospitaller Services under the Transfer of Undertakings (Protection of Employment) Regulations 2006 (TUPE). The disclosure below does not differentiate as to whether staff at the charity are employed by the charity or St John of God Hospitaller Services. As from 1 January 2021, the charity pays a fee to St John of God Hospitaller Services to cover all costs incurred in connection with the charity. The disclosure, therefore, reflects 'the substance over the form' of the transactions involved.

	Unrestricted funds	
	2022 £	2021 £
Wages and salaries	253,024	164,795
Social security costs	12,033	6,834
Other pension costs	5,263	3,168
	<b>270,320</b>	174,797
Other staff related costs	7,373	—
Agency staff costs	100,860	39,614
	<b>378,553</b>	214,411

Staff costs by function were as follows:

	Unrestricted funds	
	2022 £	2021 £
Support of members of the Congregation (note 5)	231,650	112,320
Charitable work: Prayer enrolment and retreats (note 6)	84,687	82,161
Support costs (note 7)	62,216	19,930
	<b>378,553</b>	214,411

The average number of employees was 18 (2021 – 13) and the full-time equivalent (FTE) was 10.54 (2021 – 6.52). No employees earned £60,000 per annum or more (including taxable benefits but excluding employer pension contributions) during the year.

As noted in the trustees' report, the trustees consider that they comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis.

The trustees are all members of the Congregation and whilst their living and personal expenses are borne by the charity they received no remuneration or additional reimbursement of expenses in connection with their duties to the charity.

**11 Taxation**

The Cenacle Charity is a registered charity and, therefore, is not liable to income tax or corporation tax on income or gains derived from its charitable activities, as they fall within the various exemptions available to registered charities.

**12 Tangible fixed assets**

Freehold land and buildings						
	Specialised £	Non- specialised £	Non- specialised building improvements £	Fixtures, fittings, and computer equipment £	Motor vehicles £	Total £
<b>Cost or valuation</b>						
At 1 January 2022	2,400,000	1,400,000	64,134	71,881	43,126	<b>3,979,141</b>
Additions	—	—	21,000	—	—	<b>21,000</b>
Disposals	—	(150,000)	—	—	—	<b>(150,000)</b>
Revaluation	(100,000)	20,000	—	—	—	<b>(80,000)</b>
At 31 December 2022	<b>2,300,000</b>	<b>1,270,000</b>	<b>85,134</b>	<b>71,881</b>	<b>43,126</b>	<b>3,770,141</b>
<b>Cost or valuation</b>						
Cost	—	—	85,134	71,881	43,126	<b>200,141</b>
Valuation	2,300,000	1,270,000	—	—	—	<b>3,570,000</b>
	<b>2,300,000</b>	<b>1,270,000</b>	<b>85,134</b>	<b>71,881</b>	<b>43,126</b>	<b>3,770,141</b>
<b>Depreciation</b>						
At 1 January 2022	—	—	4,275	63,705	30,039	<b>98,019</b>
Charge for year	48,000	—	4,275	4,407	3,271	<b>59,953</b>
Write back on revaluation	(48,000)	—	—	—	—	<b>(48,000)</b>
At 31 December 2022	<b>—</b>	<b>—</b>	<b>8,550</b>	<b>68,112</b>	<b>33,310</b>	<b>109,972</b>
<b>Net book values</b>						
At 31 December 2022	<b>2,300,000</b>	<b>1,270,000</b>	<b>76,584</b>	<b>3,769</b>	<b>9,816</b>	<b>3,660,169</b>
At 31 December 2021	2,400,000	1,400,000	59,859	8,176	13,087	3,881,122

Freehold land and buildings owned as at 31 December 2022 were revalued at that date by Gould Baxter, Chartered Surveyors, of Hamilton House, Mabledon Place, London WC1H 9BB in February 2023. The valuation was carried out in accordance with RICS Valuation Global Standards published by the Royal Institution of Chartered Surveyors, for the purposes of Statements of Asset Valuations. The Liverpool property, classified as a specialised property, was valued on a depreciated replacement cost basis due to the nature, design configuration, size and location of the property, at £2,300,000. The non-specialised property, situated in London, was valued on a market value basis with vacant possession assuming existing use at £1,350,000.

The historic cost of the freehold land and buildings included above at 31 December 2022 was £1,333,927 (2021 - £1,332,684).

## Notes to the accounts Year to 31 December 2022

### 13 Listed Investments

(Including cash held by investment managers)

	2022 £	2021 £
<b>Listed investments at market value</b>		
At 1 January 2022	5,268,025	3,810,278
Additions at cost	765,525	1,658,757
Disposals at book value		
. Sale proceeds	(773,316)	(657,092)
. Realised (losses) gains	(129,218)	30,411
	(902,534)	(626,681)
Exchange gains (losses)	134,243	(122,747)
Net unrealised (losses) gains	(642,020)	548,418
At 31 December 2022	4,623,239	5,268,025
<b>Cash held by investment managers for reinvestment</b>	213,919	198,505
At 31 December 2022	4,837,158	5,466,530
<b>Cost of listed investments</b>	4,016,585	3,835,459

Listed investments held at 31 December 2022 comprised the following:

	2022 £	2021 £
Equities – UK	516,222	605,314
Equities – overseas	2,719,416	3,217,858
Fixed interest – UK	226,603	266,920
Fixed interest – overseas	730,382	817,165
Alternatives	430,616	360,768
	4,623,239	5,268,025

All listed investments were dealt in on a recognised stock exchange.

At 31 December 2022, listed investments included the following individual holdings deemed material when compared with the overall listed portfolio valuation as at that date:

	Market value of holding £	Percentage of portfolio %
CBIS Global Funds:		
. World Bond Fund	515,136	11.1%
. World Equity Fund	812,282	17.6%
Thesis Unit Trust Management Ltd Climate Assets C Inc Nav	244,000	5.28%

**13 Listed Investments** (continued)

(including cash held by investment managers)

**Reconciliation of gains and losses on investments to the statement of financial activities.**

	2022 £	2021 £
Gains and losses as above		
. Realised (losses) gains	<b>(129,218)</b>	30,411
. Exchange gains (losses)	<b>134,243</b>	(122,747)
. Net unrealised (losses) gains	<b>(642,020)</b>	548,418
	<b>(636,995)</b>	456,082
Amounts relating to investment held on behalf of The Cenacle Charity Incorporated (Ireland) (note 21) *		
. Realised losses	<b>(4,796)</b>	—
. Exchange gains (losses)	<b>122,779</b>	(109,581)
. Net unrealised (losses) gains	<b>(310,955)</b>	244,640
	<b>(192,972)</b>	135,059
Amounts relating to the charity and included within the statement of financial activities		
. Realised (losses) gains	<b>(124,422)</b>	30,411
. Exchange gains (losses)	<b>11,464</b>	(13,166)
. Net unrealised (losses) gains	<b>(331,065)</b>	303,778
	<b>(444,023)</b>	321,023

\* These gains and losses are reflected in the amount due to The Cenacle Charity (Incorporated) Ireland and hence they are not accounted for through the statement of financial activities.

**14 Debtors**

	2022 £	2021 £
Investment income receivable	<b>10,213</b>	15,232
Prepayments	<b>6,462</b>	6,019
Other debtors: amounts due from The Cenacle Incorporated Charity (Ireland) (note 20)	<b>22,860</b>	22,860
	<b>39,535</b>	44,111

**15 Creditors: amounts falling due within one year**

	2022 £	2021 £
Amounts held on behalf of The Cenacle Incorporated Charity (Ireland) (note 20)	2,034,624	2,223,375
Amounts held on behalf of individual members of the Congregation	83,653	83,653
Amounts due to St John of God Hospitaller Services	91,018	20,545
Creditor in relation to capital works	11,042	—
Expense creditors and accruals	22,941	18,508
	<b>2,243,278</b>	<b>2,346,081</b>

Amounts held on behalf of the Cenacle Incorporated Charity (Ireland) represent monies advanced by that charity for investment with CBIS Global Funds plc. The investments representing these funds are separately identifiable and all gains and losses arising on these investments are credited or debited to creditors.

**16 Endowment fund**

Under a trust disposition and deed of settlement of James McLaughlan dated 15 July 1935, the charity holds monies to be held as permanent endowment to form a fund in memory of Sister Lidwina, her parents, and her brothers and sisters. The annual income from this fund is to be used for the general purposes of the charity.

<b>McLaughlan Trust Fund</b>	2022 £	2021 £
At 1 January 2022	81,114	71,537
Investment (losses) gains in the year	(10,095)	9,577
At 31 December 2022	<b>71,019</b>	<b>81,114</b>

**17 Tangible fixed assets fund**

	2022 £	2021 £
At 1 January 2022	3,881,122	3,653,371
Net movement in year	(220,953)	227,751
At 31 December 2022	<b>3,660,169</b>	<b>3,881,122</b>

The tangible fixed assets fund represented the net book value of the charity's tangible fixed assets and has been established in recognition of the fact that the tangible fixed assets are required for the charity's on-going work of the charity and as such their value should not be regarded as funds that would be realisable with ease, in order to meet future contingencies.

## Notes to the accounts Year to 31 December 2022

### 18 Designated fund

The income funds of the charity includes the following designated fund which has been set aside out of unrestricted funds by the trustees for a specific purposes:

	2022 £	2021 £
<b>Retirement fund</b>		
At 1 January 2022	3,000,000	3,000,000
Released during the year	(500,000)	—
At 31 December 2022	<b>2,500,000</b>	<b>3,000,000</b>

The retirement reserve consists of monies designated by the trustees to provide for the sisters as they grow older and their needs change in relation to support and care. The calculations, based on actuarial principles, are reviewed annually by the trustees in the light of the resources available. The amount designated is constrained by the resources available.

### 19 Analysis of net assets between funds

	General funds £	Tangible fixed assets fund £	Designated fund £	Endowment fund £	Total funds 2022 £
<b>Fund balances at 31 December 2022 are represented by:</b>					
Tangible fixed assets	—	3,660,169	—	—	3,660,169
Fixed asset investments	2,267,625	—	2,500,000	69,533	4,837,158
Net current (liabilities) assets	(1,776,370)	—	—	1,486	(1,774,884)
<b>Total net assets</b>	<b>491,255</b>	<b>3,660,169</b>	<b>2,500,000</b>	<b>71,019</b>	<b>6,722,443</b>

	General funds £	Tangible fixed assets fund £	Designated fund £	Endowment fund £	Total funds 2021 £
<b>Fund balances at 31 December 2021 are represented by:</b>					
Tangible fixed assets	—	3,881,122	—	—	3,881,122
Fixed asset investments	2,386,894	—	3,000,000	79,636	5,466,530
Net current (liabilities) assets	(1,826,926)	—	—	1,478	(1,825,448)
<b>Total net assets</b>	<b>559,968</b>	<b>3,881,122</b>	<b>3,000,000</b>	<b>81,114</b>	<b>7,522,204</b>

**19 Analysis of net assets between funds (continued)**

The total unrealised gains as at 31 December 2022 constituted movements on the revaluation of investments and tangible fixed assets and were as follows:

	2022 £	2021 £
<b>Unrealised gains included above on:</b>		
Listed investments	<b>606,654</b>	1,432,566
Tangible fixed assets	<b>2,312,657</b>	2,537,175
	<b>2,919,311</b>	3,969,741
<b>Reconciliation of movements in unrealised gains</b>		
Unrealised gains brought forward	<b>3,969,741</b>	3,896,926
Realised gains on listed investments	<b>(242,767)</b>	(128,287)
Exchange (losses) gains on listed investments	<b>58,875</b>	(122,747)
Realised surplus on disposal of property	<b>(144,518)</b>	—
Unrealised (losses) gains on listed investments	<b>(642,020)</b>	548,418
In respect of disposal of investment property	<b>—</b>	(419,607)
Unrealised (losses) gains on revaluation of tangible assets	<b>(80,000)</b>	240,315
Additional depreciation on revaluation uplift of tangible fixed assets	<b>—</b>	(45,277)
	<b>2,919,311</b>	3,969,741

**20 Related party transactions**

***The Cenacle Charity Incorporated (Ireland)***

The charity is connected to The Cenacle Charity Incorporated (Ireland) (a charity registered with the Charities Regulator Ireland – Charity Registration No 20012359) by virtue of the fact that the Provincial Superior is ex-officio the sole member of both charities and is responsible for appointing the trustees.

At 31 December 2022, the charity's debtors include ££22,860 (2021 - £22,860) due from the Irish charity in relation to expenses paid by the English CIO on behalf of the Irish charity (see note 14).

At 31 December 2022, the charity was holding amounts on behalf of The Cenacle Charity Incorporated (Ireland) amounting to £2,034,624 (2021 – £2,223,375) (see note 15). These monies are included within the charity's portfolio of listed investments. Gains (losses) arising on revaluation of these investments and not accounted for through the charity's statement of financial activities but instead are treated as an addition to the amount owed each year (see note 13).

**20 Related party transactions** (continued)

***Transactions with trustees***

Four of the charity's trustees are members of the English Group of the Congregation and, consequently, their living and personal expenses, all of which are consistent with amounts paid in respect to other members of the Congregation, are borne by the charity. No trustee received any remuneration or reimbursement of expenses in connection with their duties as trustees (2021 – £nil).

As members of the Congregation, none of the four trustees who are members of the English Group of the Congregation have resources of their own as all earnings, pensions and other income have been donated to the charity under a Gift Aid compliant Deed of Covenant. During the year, the total amount donated by these four trustees to the charity was £53,261 (2021 – £53,973).

***Other related party transactions***

There were no other related party transactions during the year requiring disclosure (2021 – none).

**21 Post balance sheet event**

As the Congregation's activities in Ireland have reduced considerably in recent years, the trustees of The Cenacle Charity Incorporated (Ireland) (a charity registered with the Charities Regulator Ireland – Charity Registration No 20012359) together with the Congregational Leadership team of the Europe/Togo Province have reviewed the future plans for the care of the remaining members in Ireland. A decision has been made to transfer the care of the sisters to this charity. On 3 August 2022, the Provincial Superior gave her authorisation to transfer all assets of the Irish charity to this charity and to dissolve the charity in Ireland.

**22 Membership, ultimate control and liability of members**

The Provincial Superior for the time being is automatically, by virtue of holding that office, is ex-officio the sole member of the charity for as long as she holds office.

If the CIO is wound up, the member of the CIO has no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

**CONGREGATION OF OUR LADY OF THE RETREAT IN THE CENACLE**

England & Wales - Charity number 1180683

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# Accounts

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**Congregation of Our Lady  
of the Retreat in the  
Cenacle**

**Annual Report and Accounts**

31 December 2021

Charity Registration Number

1180683

## Contents

### Reports

Reference and administrative details of the charity, its trustees and advisers	1
Report of the trustees	2
Independent auditor's report	14

### Accounts

Statement of financial activities	19
Balance sheet	20
Statement of cash flows	21
Principal accounting policies	23
Notes to the accounts	30

**Reference and administrative details of the charity, its trustees and advisers**

<b>Trustees</b>	Sister Veronique Fabre Sister Winifred Margaret Morley Sister Jean Anne Page Sister Katharine Mary Stogdon Sister Ann Janett Turner
<b>Provincial Treasurer</b>	Sister Jacqueline Guieu
<b>Administrative address</b>	Tithebarn Grove Lance Lane Liverpool L15 6TW
<b>Charity registration number</b>	1180683
<b>Auditor</b>	Buzzacott LLP 130 Wood Street London EC2V 6DL
<b>Bankers</b>	The Royal Bank of Scotland plc Parklands De Havilland Way Horwich Bolton BL6 47U
<b>Investment managers</b>	Quilter Cheviot One Kingsway London WC2B 6AN  CBIS Global Funds PLC Guild House Guild Street IFSC Dublin 1
<b>Solicitors</b>	Pothecary Witham Weld 84 Eccleston Square Pimlico London SW1V 1PX

## **Report of the trustees Year to 31 December 2021**

The trustees present their report together with the accounts of the Congregation of Our Lady of the Retreat in the Cenacle (the “charity” or the “CIO”) for the year ended 31 December 2021.

The accounts have been prepared in accordance with the accounting policies set out on pages 23 to 29 of the attached accounts and comply with the charity’s trust deed, the Charities Act 2011 and Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **Introduction**

The Congregation of Our Lady of the Retreat in the Cenacle is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission (Charity Registration Number 1180683) and governed by a constitution dated 14 November 2018.

The Congregation of Our Lady of the Retreat in the Cenacle (the Congregation) is an International Roman Catholic Congregation founded in 1826 by Saint Therese Couderc and Jean-Pierre Etienne Terme in the village of La Louvesc France, with the fundamental mission of providing accommodation for retreats and promoting spirituality. Today the Congregation has its Generalate in Rome and continues the mission of working ‘for the transformation of the world by awakening and deepening faith, with and for the people of our times’.

The assets of the Congregation in England were, until 31 December 2019, held by the unincorporated charity, The Cenacle Charity, (Charity Registration No 232928) (the charitable trust).

The charity was set up as a CIO to continue the religious and charitable works of the charitable trust. With effect from midnight on 31 December 2019, in accordance with a legal transfer of undertakings and a resolution of the trustees, the activities, assets and liabilities of the charitable trust were transferred as a going concern into the charity.

### **Objectives and aims**

The object of the charity, as set out in its constitution, is the advancement of the Christian religion through the religious and other charitable work of the Congregation as the trustees with the approval of the Superior shall from time to time think fit.

The mission statement of the Congregation states, “We work for the transformation of the world by awakening and deepening faith, with and for the people of our times”. The charity’s trustees will strive to ensure a spirit of harmony between this mission statement and the objects described in the charity’s constitution.

## **Report of the trustees Year to 31 December 2021**

### **Objectives and aims (continued)**

Collaboration is an important aspect of the charity's work. This takes various forms in working with other religious, clergy and laity within the Christian tradition in a variety of fields - retreats given in other centres, in parishes and on-line; training in the art of spiritual direction; working on local parish Deepening of Faith programmes; supporting local events by sharing the gifts and talents of individuals; and working with other religious on committees and diocesan projects. During 2021 much of this work was done online due to Covid-19.

The ecumenical field is also an area where collaboration is seen to be enriching and important for a better understanding and appreciation of each other. This is achieved through the various activities being open to all believers.

Encouraging and supporting the laity is very important in training, enabling them and encouraging them to take up various roles, especially in church focused groups. Where possible the laity work alongside the sisters, as equals. This is especially true in the field of training.

### **Significant activities and achievements**

The charity aims to support the religious and other charitable works carried on by the Congregation and its sisters in England. When setting the aims of the charity, the trustees have complied with their duty under section 17 of the Charities Act 2011 to have regard to the Charity Commission's guidance on public benefit. The trustees believe that they have demonstrated in detail throughout this report the ways in which the charity has been faithful to this guidance.

The works of the charity fall into two main areas of caring for the members of the Congregation and the advancement of religion by providing accommodation for retreats and by promoting spirituality through prayer and spiritual accompaniment. In 2021 much of this took place on-line due to Covid-19 restrictions.

### **Covid-19**

The Covid-19 pandemic has continued to change the shape and nature of the world. It has impacted not only the basic nature of social interactions but has also had a significant economic impact at every level in ways which have been outside of the charity's control.

As most of the members of the Congregation are aged over 70, the sisters have had to adhere to the stringent government advice regarding Covid-19. This has meant that their normal apostolic activities have had to find new shape or cease altogether. As a result of the social distancing rules, whilst largely remaining in lockdown, the sisters have tried to find new ways of working and supporting themselves and those with whom they work.

## Report of the trustees Year to 31 December 2021

### Significant activities and achievements (continued)

#### **Overview**

There are 12 sisters in England and their ages range from 58 to 99. In 2021 the houses in England were situated in London and Liverpool. Two sisters live in rented accommodation to facilitate their work in the local parishes. The charity also owns a small 'quarter house' in Llandudno which is used by the sisters for retreats, holidays and breaks.

The four sisters who live in Brixton, London, are part of a European community and are involved in the local community which is very multicultural. They work with the Lambeth Welcome Refugees Group which meets monthly, and the South London Refugee Association which meets weekly. One sister is a member of Faiths Together in Lambeth, a monthly interfaith group. One sister is a member of the committee for a catholic vocations project which offers on-line Advent and Lenten programmes. One sister is a member of the team for on-going formation of priests for the Southwark Diocese with special responsibility for spirituality. One sister is a member of the local parish pastoral council. One sister offers doctoral supervision for one person, and they have had nine sessions. One sister is the Spirituality Team Leader working 32 hours per week with the London Jesuit Centre on retreats, spirituality courses, training and on-going supervision for spiritual directors' management. The house is available for people seeking spiritual direction and supervision. The sisters host the occasional quiet day for people wanting space to step part from the daily routine for a few hours. These are held in the local parish setting. Due to Covid 19 regulations, for part of the year most of the activities took place on-line. The sisters also serve the Congregation in a number of different roles.

At the beginning of the year the house in Surrey Quays, an investment property, was sold.

In the house in Liverpool there are six sisters. During the year one began to need fulltime care and two others needed assistance with daily living. Two sisters are available for spiritual direction and welcoming individuals and groups who wish to avail themselves of a space to 'stop and ponder' in the midst of their busy lives, whether it be a few hours or a few days. During the year, due to Covid 19, we were unable to welcome many guests due to the fragility of the sisters.

The house is also available for on-going training programmes for spiritual directors and supervision in conjunction with the Liverpool Anglican Diocese. One sister is a member of the spirituality team and is involved in its training programmes. During the year, due to Covid 19 some of this work took place on-line.

The charity has outsourced the management of the Liverpool house to Saint John of God Hospitaller Services (SJOG) since 1 January 2021. Several lay people are employed by SJOG to work in the Prayer Enrolment office and reception, and as house manager and support staff to care for the ageing community. In this way, we help support the local community. There is a small chapel open when the office is open to the public for quiet prayer. This is well used and much appreciated. Sadly, during the past year, it has been open very little due to Covid 19 restrictions and staff sickness.

## Report of the trustees Year to 31 December 2021

### **Significant activities and achievements** (continued)

#### ***Overview*** (continued)

One sister lives in a parish in North Liverpool and is part of the parish team. Another sister lives in a parish in New Brighton, on the Wirral, and helps out in the parish. In the autumn she was unwell and spent time in the Cenacle in Liverpool where she received the help she needed.

In common with many religious congregations in Great Britain, the age profile of the members of the Congregation in England is increasing as existing members grow older and the number of new vocations becomes minimal.

The Congregation has a legal and moral obligation to provide care for its members, none of whom has resources of her own, and all have devoted a significant part of their lives to work for the Congregation including pastoral work with poorer members of society. As the age profile of the sisters increase so too does the cost of providing care. This has been a costly but very necessary expense as some sisters now require 24 hour care, which the sisters could no longer provide for each other. All this staff are local women so again we help provide employment for people in the area.

#### ***Advancement of religion***

The charity's properties are available to the public as places where they can call in for a time of quiet and peaceful reflection, with a sister on hand to lend a 'listening ear' should they wish. During the pandemic, in Liverpool, the telephone was a great means of offering support and sympathy, prayer and a listening ear to the many callers, at all times of day and night.

During the year, three persons availed themselves of a residential silent retreat and six persons availed the use of Zoom to find space within their daily lives. These varied in length from three to eight days. 100 people came for a day or evening to 'stop and be still' in the Cenacle, and 146 took part in on-line meetings of a few hours duration. 29 persons took part in the training for spiritual directors with three sessions held face to face and 80 persons continued the remaining six sessions on-line. These sessions were all organised in conjunction with the Diocese of Liverpool and the team of seven held four sessions on-line. 41 persons on-line were supported in eight supervision sessions.

One sister worked with a group for religious formation for 9 persons over 12 sessions. Another sister facilitated three meetings for two people preparing for leadership and also led a day and a half for eleven persons on the process of leadership.

The sisters offer spiritual direction or accompaniment for persons desiring to deepen their life of prayer or discerning their future. During the year 62 persons availed of this service with 423 sessions of about an hour duration. Some of these sessions were held on-line because of Covid 19 restrictions.

## Report of the trustees Year to 31 December 2021

### **Significant activities and achievements** (continued)

#### ***Advancement of religion*** (continued)

One sister works in a parish setting alongside the clergy to animate programmes, visiting the sick and house-bound and generally being available for the people – during 2021 as much as the restrictions allowed. Another sister does similar work in another local parish and she is commissioned to officiate at funeral services and burials. She also visits the bereaved to help them prepare the service for their loved ones and supports the family after the funeral. This was difficult and demanding during lockdown. Another sister works with the Lambeth Welcome Refugees Group in welcoming families and offering on-going support – this is a weekly commitment.

One sister works with the Liverpool Anglican Diocese in training spiritual directors and in 2021 most of the sessions were held on-line and 4 sessions were held in the garden. There were 10 participants continuing from the previous year

Several sisters represent the Congregation at general meetings of major superiors and bursars in England. Four sisters in England serve as trustees of this charity. One sister is a member of the provincial leadership team which meets regularly. One sister holds the lead role for safeguarding in England/Ireland. Another sister is part of the website editorial team. One sister gave a seminar for sisters in formation, on the history of the Congregation in England and Ireland. Another sister accompanies 2 lay members of the Cenacle family. Several of these meetings were held on-line.

During lockdown and furlough, while the staff were not working, three sisters covered the reception by responding to callers and answering the telephone. This has continued at weekends.

### **Key policies**

#### ***Donations policy***

Whilst the trustees give occasional support to organisations whose work is within the objects of the charity, the charity does not regard itself as a grant making entity and applications for grants and donations are not invited.

#### ***Raising funds***

The charity aims to achieve best practice in the way in which it communicates with donors and other supporters. The charity takes care with both the tone of communications and the accuracy of its data to minimise the pressure on supporters. It applies best practice to protect supporters' data and never sells data, it never swaps data and ensures that communication preferences can be changed at any time. The charity manages its own activities for fundraising and does not employ the services of professional fundraisers. The charity undertakes to react to and investigate any complaints regarding its fundraising activities and to learn from them and improve its service. During the year, the charity received no complaints about the activities for fundraising.

## Report of the trustees Year to 31 December 2021

### Key policies (continued)

#### ***Protection of children and vulnerable adults***

Along with all other organisations which serve in the community, the trustees recognise the absolute necessity of ensuring the protection and safety of all those the charity serves. This means that all sisters who are in any kind of ministry in Great Britain must obtain clearance from the Disclosure and Barring Services (DBS). The trustees are committed to implementing all policies and procedures of the National Catholic Safeguarding Commission (NCSC).

#### ***Investment policy***

The charity has both listed and (for part of the year) property investments. In respect to listed investments the trustees aim to maximise the total investment returns whilst maintaining income and continuing to preserve the real value of the total investments.

The activities of the investment managers are reviewed regularly by the trustees to ensure that the investments are managed in accordance with the trustees written guidelines and with the religious and ethical principles of the Congregation.

Property assets have traditionally been held with a view to generating an income but during the year the investment properties were disposed of.

### Financial review

#### ***Results for the year***

During the year to 31 December 2021, the charity supported an average of 12 sisters in England. A summary of the charity's results for the year can be found on page 19 of this report and accounts.

During the year to 31 December 2021, income amounted to £418,118 ((2020 - excluding the funds transferred from the charitable trust income amounted to £439,000). One of the principal components of income in 2021 was donations and legacies (including pensions and other earned income of members of the Congregation donated to the charity under Gift Aid or deed of covenant) which amounted to £139,533 (2020 - £128,436). Other categories of income comprised investment income and interest receivable totalling £50,798 (2020 - £76,369), and income from the provision of retreats and prayer enrolments totalling £205,938 (2020 - £185,550).

Total expenditure amounted to £634,487 (2020 - £533,805). The costs of supporting the sisters of the Congregation and their ministry amounted to £446,700 (2020 - £354,930) and expenditure on the provision of retreats and prayer enrolments totalled £161,716 (2020 - £151,125). Expenditure on managing the listed and property investments of the charity totalled £26,071 (2020 - £27,250).

Net expenditure of the charity before investment gains was £216,369 (2020 - £7,102,107 before investment gains and after the transfer from the charitable trust). Gains on listed investments for the year amounted to £334,189 (2020 - £77,840). After accounting for the gains on the revaluation of tangible fixed assets of £240,315 (2020 - £nil), exchange losses on listed investments of £13,166 (2020 - gains of £18,914) and gains on the disposal of investment property of £949 (2020 - impairment of investment property of £22,575), the net increase in funds was £345,918 (2020 - £7,176,286).

## Report of the trustees Year to 31 December 2021

### Financial review (continued)

#### ***Investment performance***

The charity had two portfolios of listed investments with a market value at 31 December 2021 of £5,466,530 (2020 - £3,931,815) including cash awaiting investment of £198,505 (2020 - £121,537). The portfolios were and continue to be managed by Quilter Cheviot and CBIS Global Funds plc. These investments include £2,223,375 (2020 - £1,477,110) held on behalf of The Cenacle Incorporated Charity (Ireland).

The market value of listed investments increased during the year in line with the performance of world markets as they recovered from the initial impact of the Covid-19 pandemic. Investment income from listed investments was £50,798 (2020 - £44,277).

Throughout the year, the investment managers continued to invest in accordance with the trustees' investment policy set out earlier in this report. Further details of the investment portfolio are detailed in note 13 to the attached accounts.

#### ***Financial position and reserves policy***

The trustees consider that, given the nature of the charity's work, the level of free reserves should be sufficient to generate enough income to cover approximately nine months to one year's on-going expenditure and to provide for contingencies, unevenness in future income and volatility in the value of investments. In particular, at the current time, the reserves need to be sufficient to enable the charity to operate in the exceptional circumstances created by the Covid-19 pandemic.

As at 31 December 2021 the total funds of the charity amounted to £7,522,204.

Of these total funds, £81,114 related to an endowment fund, further details of which are given in note 17 to the attached accounts.

The tangible fixed assets fund represented the tangible fixed assets of the charity used to support the work of the sisters and totalled £3,881,122.

A further £3,000,000 represented a retirement reserve designated by the trustees to provide income to communities with elderly sisters to care for, and to provide for sisters generally in their retirement. Where sisters are employed by organisations independent of the charity, any earnings are covenanted to the charity. The number of new vocations to the Congregation is negligible and, as a result, the average age of the membership is increasing. Younger members, although taking up important charitable work, tend either to work within the charity or, if working outside, are in low paid jobs. As a consequence, in the future it is anticipated that there will be a general reduction in the income earned by sisters. The charity has a continuing commitment to support members of the Congregation, many of whom continue to carry out charitable work long past the normal age of retirement.

Free reserves as at 31 December 2021 were £559,968.

## Report of the trustees Year to 31 December 2021

### Financial review (continued)

#### *Financial position and reserves policy (continued)*

At the date of the balance sheet, the trustees consider that the level of free reserves were slightly below the reserves policy. In particular, at the current time, the reserves need to be sufficient to enable the charity to operate in the exceptional circumstances created by the continuing Covid-19 pandemic.

### Future plans

The trustees do not anticipate any significant changes or developments to the charity's activities or finances over the forthcoming year.

As the activities of the Congregation in Ireland have reduced considerably in recent years, the trustees of the together with the Congregational Leadership team of the Europe/Togo Province have reviewed the future plans for the care of the remaining members in Ireland. A decision has been made to transfer the care of the sisters to the Congregation of Our Lady of the Retreat in the Cenacle CIO (Charity Registration No 232928 (England and Wales)) (the English charity). On 3 August 2022, the Provincial Superior gave her authorisation to transfer all assets of the charity to the English charity and to dissolve the charity in Ireland. The trustees have started the process of consulting their advisors and it is their intention to begin the process of winding up this particular charity.

### Structure, governance and management

#### *Governing document*

The charity is a Charitable Incorporated Organisation (CIO), governed by a Constitution and registered with the Charity Commission on 14 November 2018.

As stated previously, the object of the CIO, as set out in its constitution, is the advancement of the Christian religion through the religious and other charitable work of the Congregation as the trustees with the approval of the Superior shall from time to time think fit.

The part of the Congregation known as the English Group is part of the European/Togo province and has two permanent locations in England.

#### *Member*

The sole member of the Charitable Incorporated Organisation (CIO) is the Provincial Superior.

If the CIO is wound up, the member of the CIO has no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

## Report of the trustees Year to 31 December 2021

### Structure, governance and management (continued)

#### **Trustees**

The charity has five trustees. The trustees are a self-supporting body and are legally responsible for the overall management and control of the part of the province covering the activities in England and houses therein. The trustees had one meeting in 2021 and made great use of the telephone and electrical means to consult and evaluate activities of the charity, especially as a result of Covid-19, to plan in conjunction with the wider Provincial Council.

Trustees endeavour to keep up to date with developments affecting charities and attend any appropriate training for trustees.

The trustees are ultimately responsible for the day-to-day work of the charity and work with the Provincial Council to manage the affairs of the houses in England and with SJOG as to the concerns affecting the sisters in Liverpool. During the year much was made of electronic means for the sharing of financial matters and budgeting.

The names of the trustees who served during the financial year ended 31 December 2021 are set out as part of the reference and administrative details on page 1 of this annual report and accounts.

Brief biographical details on each of the trustees who served during the year to 31 December 2021 are given below.

**Sister Veronique Fabre** is the chair of the trustees, residing in Paris, France. She has been a member of the society for over 25 years and a trustee for four years.

**Sister Winifred Morley** lives in Liverpool and for many years was the treasurer for the charity. She has given active support to the Cenacle for over 60 years.

**Sister Ann Turner** resides in London and has been a Sister of the Cenacle for over 50 years. She has served as the chairperson of the English charity.

**Sister Katharine Stogdon** lives in London. She brings over 25 years of service in the Cenacle.

**Sister Jean Page** lives in Liverpool and has over 55 years as a Cenacle sister. For several years, she served as the chairperson of the charity.

#### **Key management personnel**

The trustees consider that they comprise the key management personnel of the charity and shared the responsibility of directing and controlling, running and operating the charity on a day-to-day basis, with St John of God Hospitaller Services. All the trustees are members of the Congregation and whilst their living and personal expenses are borne by the charity, they receive no remuneration or reimbursement of expenses in connection with their duties as trustees.

**Structure, governance and management** (continued)

***Risk management***

The trustees undertake an annual review of the principal risks and uncertainties that the charity faces categorising the risks between those affecting the governance and management of the charity, operational risks, financial risks, reputational risks and those which occur because of circumstances outside of the charity's control such as changes in government policy, laws and regulations. They regularly review the measures already in place, or needing to be put in place, to establish policies, systems and procedures to mitigate those risks identified in the annual review and ensure that action is taken to implement changes to those policies, systems and procedures should they be needed to minimise or manage any potential impact on the charity if those risks materialise.

Having assessed the major risks to which the charity is exposed, the trustees believe that by monitoring reserve levels, by ensuring controls exist over key financial systems, and by examining the operational and business risks faced by the charity, they have established effective systems to mitigate those risks.

The trustees recognise their responsibility for the management of risks faced by the charity, and the sisters. The trustees note above the financial and operational effects of Covid-19. Over and above these, the key risks for the charity, as identified by the trustees, are described below together with the principal ways in which they are mitigated.

- ◆ An analysis of the age profile of the members of the Congregation shows that the average age in England on 31 December 2021 was in excess of 70 years. The trustees are aware that there is both a moral and legal obligation to care for the older members. None of the sisters have resources of their own as all earnings, pensions and other income have been donated to the charity under a Gift Aid compliant Deed of Covenant.

As the age profile increases, so too does the need to provide care for the sisters. Key elements of the management of this risk are (a) ensuring the charity has the available financial resources to finance this care both now and in the years ahead by setting aside assets in a designated "retirement" fund, the value of which has been based on actual principles; and (b) ensuring that processes are in place to review regularly the ministries and needs of individual sisters encouraging those who need it to take on less demanding ministries and for identifying those who need extra care and help. At the beginning of 2021 SJOG were employed to assist with the care of the sisters in Liverpool. As the year progressed this proved essential as the health of some of the sisters deteriorated faster than was anticipated such that by the end of the year a couple of sisters required 24-hour care.

- ◆ Operationally the charity works with children and vulnerable adults including older people. The trustees recognise the absolute necessity of ensuring the protection and safety of all those that the charity serves. This means that sisters engaged in any ministry in Great Britain and Ireland and all those who work or volunteer for the charity and work children and vulnerable adults must obtain clearance from the Disclosure and Barring Service (DBS). The trustees are committed fully to implementing the policies of the Catholic Safeguarding Advisory Service (CSAS).

**Structure, governance and management** (continued)

**Risk management** (continued)

- ◆ The charity's principal assets comprise listed investments, the value of which is dependent on movements in UK and world stock markets. The investments are managed by reputable investment managers who adhere to a policy agreed by the trustees. The trustees meet once or twice a year with the investment managers and the managers' performance and that of the portfolio are monitored. Due to the pandemic the meetings took place on-line. The investment strategy is assessed regularly to ensure it remains appropriate to the charity's needs – both now and in the future.

The properties owned and occupied by the sisters need to be safe, secure and maintained such that their value is safeguarded. The service of a firm of Chartered Surveyors are used on an on-going basis to inspect the properties and give advice on any works required in order to meet the charity's needs as well as meet safety and other regulatory requirements. Inspections take place at least every three years and the reports therefrom form the basis for an agreed rolling maintenance programme.

Having assessed the major risks to which the charity is exposed, the trustees believe that by monitoring reserve levels, by ensuring controls exist over key financial systems, and by examining the operational and business risks faced by the charity, they have established effective systems to mitigate those risks.

**Trustees' responsibilities statement**

The trustees are responsible for preparing the trustees' report and accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare accounts for each financial year which give a true and fair view of the situation of the charity and of the income and expenditure of the charity for that period in preparing these accounts the trustees are required to:

- ◆ Select suitable accounting policies and then apply them consistently;
- ◆ Observe the methods and principles in Accounting and Reporting by Charities: Statement of recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the United Kingdom (FRS 102);
- ◆ Make judgements and estimates that are reasonable and prudent;
- ◆ State whether applicable United Kingdom Accounting Standards have been followed subject to any material departures disclosed and explained in the accounts; and
- ◆ Prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

## Report of the trustees Year to 31 December 2021

### Structure, governance and management (continued)

#### Trustees' responsibilities statement (continued)

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charities Act 2011, the applicable Charity (Accounts and Reporting) Regulations and the provisions of the charity's trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

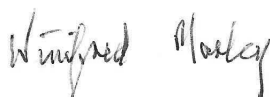
#### Post balance sheet event

As the Congregation's activities in Ireland have reduced considerably in recent years, the trustees of The Cenacle Charity Incorporated (Ireland) (a charity registered with the Charities Regulator Ireland – Charity Registration No 20012359) together with the Congregational Leadership team of the Europe/Togo Province have reviewed the future plans for the care of the remaining members in Ireland. A decision has been made to transfer the care of the sisters to this charity. On 3 August 2022, the Provincial Superior gave her authorisation to transfer all assets of the charity to this charity and to dissolve the charity in Ireland.

#### Volunteers, employees and donors

The trustees gratefully acknowledge the significant contribution which sisters, volunteers, and employees make to the charity. They are also heartened by the efforts and donations of various persons and organisations which help the sisters in their work.

Approved by the trustees:



Trustee

Date of approval:

24.10.22

**Independent auditor's report to the trustees of The Congregation of Our Lady of the Retreat in the Cenacle**

**Opinion**

We have audited the accounts of The Congregation of Our Lady of the Retreat in the Cenacle (the charity) for the year to 31 December 2021, which comprise the statement of financial activities, the balance sheet, the statement of cash flows, the principal accounting policies and the notes to the accounts. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the accounts:

- ◆ give a true and fair view of the state of the charity's affairs as at 31 December 2021 and of its income and expenditure for the year then ended;
- ◆ have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- ◆ have been prepared in accordance with the requirements of the Charities Act 2011.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the accounts section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the accounts in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the accounts, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the accounts is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the accounts are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

## **Independent auditor's report** Year to 31 December 2021

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report and Accounts, other than the accounts and our auditor's report thereon. Our opinion on the accounts does not cover the other information and we do not express any form of assurance conclusion thereon.

In connection with our audit of the accounts, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the accounts or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the accounts or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities Act 2011 requires us to report to you if, in our opinion:

- ◆ the information given in the trustees' report is inconsistent in any material respect with the accounts; or
- ◆ sufficient accounting records have not been kept; or
- ◆ the accounts are not in agreement with the accounting records and returns; or
- ◆ we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the accounts and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of accounts that are free from material misstatement, whether due to fraud or error.

In preparing the accounts, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the accounts**

Our objectives are to obtain reasonable assurance about whether the accounts as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these accounts.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below.

***How the audit was considered capable of detecting irregularities including fraud***

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- ◆ The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- ◆ We identified the laws and regulations applicable to the charity through discussions with management and from our knowledge and experience of the charity sector;
- ◆ We focused on specific laws and regulations which we considered may have a direct material effect on the accounts or the activities of the charity. These included but were not limited to the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the United Kingdom and Republic of Ireland (FRS 102) (effective 1 January 2019); and
- ◆ We assessed the extent of compliance with the laws and regulations identified above through making enquiries with management and those charged with governance and review of minutes of trustees' meetings.

We assessed the susceptibility of the charity's accounts to material misstatement, including obtaining an understanding of how fraud might occur, by:

- ◆ Making enquiries of management and those charged with governance as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- ◆ Considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

## Independent auditor's report Year to 31 December 2021

### **Auditor's responsibilities for the audit of the accounts (continued)**

#### ***How the audit was considered capable of detecting irregularities including fraud (continued)***

To address the risk of fraud through management bias and override of controls, we:

- ◆ Performed analytical procedures to identify any unusual or unexpected relationships;
- ◆ Tested and reviewed journal entries to identify unusual transactions;
- ◆ Carried out substantive testing of expenditure;
- ◆ Assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- ◆ Investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- Agreeing accounts disclosures to underlying supporting documentation;
- Reading the minutes of meetings of trustees; and
- Enquiring of us as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

We did not identify any irregularities, including fraud.

A further description of our responsibilities for the audit of the accounts is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our auditor's report.

## Independent auditor's report Year to 31 December 2021

### Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with section 144 of the Charities Act 2011 and with regulations made under section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Buzzacott LLP

Buzzacott LLP  
Statutory Auditor  
130 Wood Street  
London  
EC2V 6DL

25 October 2022

Buzzacott LLP is eligible to act as an auditor in terms of section 1212 of the Companies Act 2006

## Statement of financial activities Year to 31 December 2021

	Notes	2021			2020		
		Unrestricted funds	Endowment fund	Total funds	Unrestricted funds	Endowment fund	Total funds
		£	£	£	£	£	£
<b>Income from:</b>							
Donations and legacies	1	139,533	—	139,533	128,436	—	128,436
Investments and interest receivable	2	50,798	—	50,798	76,369	—	76,369
Charitable activities	3						
. Retreat and conference centre income		778	—	778	1,258	—	1,258
. Prayer enrolments		205,938	—	205,938	185,550	—	185,550
. Apostolic works		14,738	—	14,738	12,767	—	12,767
Other sources							
. Surplus on disposal of tangible fixed assets		—	—	—	4,391	—	4,391
. Amounts receivable under the Coronavirus Jobs Retention Scheme		5,943	—	5,943	29,063	—	29,063
. Miscellaneous sources		390	—	390	1,166	—	1,166
		<b>418,118</b>	<b>—</b>	<b>418,118</b>	<b>439,000</b>	<b>—</b>	<b>439,000</b>
Transfer from The Cenacle Charity, (Charity Registration No 232928)		—	—	—	7,124,968	71,944	7,196,912
<b>Total income</b>		<b>418,118</b>	<b>—</b>	<b>418,118</b>	<b>7,563,968</b>	<b>71,944</b>	<b>7,635,912</b>
<b>Expenditure on:</b>							
Raising funds	4	26,071	—	26,071	27,250	—	27,250
Charitable activities:							
. Support of members of the Congregation and their ministry	5	446,700	—	446,700	354,930	—	354,930
. Charitable works: Prayer enrolments and retreats	6	161,716	—	161,716	151,125	—	151,125
. Donations		—	—	—	500	—	500
<b>Total expenditure</b>		<b>634,487</b>	<b>—</b>	<b>634,487</b>	<b>533,805</b>	<b>—</b>	<b>533,805</b>
<b>Net (expenditure) income before net investment gains (losses)</b>	9	<b>(216,369)</b>	<b>—</b>	<b>(216,369)</b>	<b>7,030,163</b>	<b>71,944</b>	<b>7,102,107</b>
Net investment gains (losses) – listed investments	13	324,612	9,577	334,189	78,247	(407)	77,840
Losses on revaluation of investment property	14	—	—	—	(22,575)	—	(22,575)
Exchange (losses) gains on listed investments		(13,166)	—	(13,166)	18,914	—	18,914
Surplus on disposal of investment property		949	—	949	—	—	—
Gains on the revaluation of tangible fixed assets (including writeback of depreciation)		240,315	—	240,315	—	—	—
<b>Net movement in funds</b>		<b>336,341</b>	<b>9,577</b>	<b>345,918</b>	<b>7,104,749</b>	<b>71,537</b>	<b>7,176,286</b>
Fund balances brought forward at 1 January 2020		7,104,749	71,537	7,176,286	—	—	—
<b>Fund balances carried forward at 31 December 2021</b>		<b>7,441,090</b>	<b>81,114</b>	<b>7,522,204</b>	<b>7,104,749</b>	<b>71,537</b>	<b>7,176,286</b>

The statement of financial activities includes all gains and losses recognised in each of the financial years.

With effect from midnight on 31 December 2019, the activities, assets and liabilities of The Cenacle Charity, (Charity Registration No 232928), were transferred as a going concern into the Charitable Incorporated Organisation (CIO). Further details of the transfer are given in note 21 to the accounts. The charity's activities commenced on 1 January 2020.

All of the charity's activities derived from continuing operations during both the above financial years.

Balance sheet 31 December 2021

	Notes	2021 £	2021 £	2020 £	2020 £
<b>Fixed assets</b>					
Tangible assets	12		3,881,122		3,653,371
Listed investments	13		5,466,530		3,931,815
Investment property	14		—		827,425
			<u>9,347,652</u>		<u>8,412,611</u>
<b>Current assets</b>					
Stock		10,087		14,036	
Debtors	15	44,111		93,849	
Cash at bank and in hand		<u>466,435</u>		<u>238,124</u>	
		<u>520,633</u>		<u>346,009</u>	
<b>Creditors: amounts falling due within one year</b>	16	<u>(2,346,081)</u>		<u>(1,582,334)</u>	
<b>Net current liabilities</b>			<u>(1,825,448)</u>		<u>(1,236,325)</u>
<b>Total net assets</b>			<u>7,522,204</u>		<u>7,176,286</u>
<b>Represented by:</b>					
<b>Funds</b>					
Endowment fund	17		81,114		71,764
Unrestricted funds					
. Tangible fixed assets fund	18		3,881,122		3,653,371
. Designated fund	19		3,000,000		3,000,000
. General funds			<u>559,968</u>		<u>451,151</u>
	20		<u>7,522,204</u>		<u>7,176,286</u>

Approved by the trustees  
and signed on their behalf by:

*Wendy Morley*

Trustee

Date of approval:

*24.10.22*

## Statement of cash flows Year to 31 December 2021

	Notes	2021 £	2020 £
<b>Cash flows from operating activities:</b>			
Net cash used in operating activities	A	<b>(193,433)</b>	(136,882)
<b>Cash flows from investing activities:</b>			
Investment income and interest received		<b>107,976</b>	58,520
Proceeds from the disposal of tangible fixed assets		—	4,391
Purchase of tangible fixed assets		<b>(47,179)</b>	(1,260,182)
Proceeds from the disposal of investment property		<b>828,374</b>	—
Proceeds from the disposal of listed investments		<b>657,092</b>	1,382,075
Purchase of listed investments		<b>(1,658,757)</b>	(114,969)
<b>Net cash (used by) provided by investing activities</b>		<b>(112,494)</b>	69,835
<b>Cash flows from financing activities:</b>			
Amounts advanced by The Cenacle Incorporated Charity (Ireland)		<b>619,442</b>	—
<b>Change in cash and cash equivalents in the year</b>		<b>313,515</b>	(67,047)
Effect of exchange rates on cash held by investment managers		<b>(8,236)</b>	—
Cash transferred from The Cenacle Charity, (Charity Registration No 232928)		—	426,708
<b>Cash and cash equivalents at 1 January 2020</b>		<b>359,661</b>	—
<b>Cash and cash equivalents at 31 December 2021</b>	B	<b>664,940</b>	359,661

### Notes to the statement of cash flows for the year to 31 December 2021.

#### A Reconciliation of net movement in funds to net cash used in operating activities

	2021 £	2020 £
<b>Net movement in funds (as per the statement of financial activities)</b>	<b>345,918</b>	7,176,286
<b>Adjustments for:</b>		
Transfer of net assets from The Cenacle Charity (Charity Registration No. 232928)	—	(7,196,912)
Depreciation charge	<b>59,743</b>	58,294
Gains on disposal of tangible fixed assets	—	(4,391)
Gains on the revaluation of tangible fixed assets	<b>(240,315)</b>	—
Surplus on disposal investment property	<b>(949)</b>	—
Gains on listed investments	<b>(334,189)</b>	(77,840)
Losses on revaluation of investment property	—	22,575
Exchange losses (gains) on listed investments	<b>13,166</b>	(18,914)
Investment income and interest receivable	<b>(50,798)</b>	(76,369)
Decrease in stocks	<b>3,949</b>	3,220
Increase in debtors	<b>(7,440)</b>	(10,551)
Increase (decrease) in creditors	<b>17,482</b>	(12,280)
<b>Net cash used in operating activities</b>	<b>(193,433)</b>	(136,882)

## Statement of cash flows Year to 31 December 2021

### B Analysis of changes in net debt

	At 1 January 2021 £	Cash flows £	Non-cash movements £	At 31 December 2021 £
Cash in hand and at bank	238,124	228,311	—	<b>466,435</b>
Cash held by investment managers	121,537	85,204	(8,236)	<b>198,505</b>
	<u>359,661</u>	<u>313,515</u>	<u>(8,236)</u>	<b>664,940</b>
Amounts due to the Cenacle Incorporated Charity (Ireland)	(1,477,110)	(619,442)	(126,823)	<b>(2,223,375)</b>
<b>Total change in net debt</b>	<u>(1,117,449)</u>	<u>(305,927)</u>	<u>(135,059)</u>	<b>(1,558,435)</b>

## **Principal accounting policies** Year to 31 December 2021

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the accounts are laid out below.

### **Basis of preparation**

These accounts have been prepared for the year to 31 December 2021 with comparative figures stated for the year to 31 December 2020.

With effect from midnight on 31 December 2019, the activities, assets and liabilities of The Cenacle Charity, (Charity Registration No 232928), were transferred as a going concern into the Charitable Incorporated Organisation (CIO). Further details of the transfer are given in note 21 to the accounts. The transfer was in accordance with an Order issued by the Charity Commission and with a legal deed of transfer.

The accounts have been prepared under the historical cost convention with items recognised at cost or transaction value with the exception of (a) freehold land and buildings included within tangible fixed assets and (b) investment assets both of which are included at valuation – as explained in the relevant accounting policies below or the notes to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

The accounts are presented in sterling and are rounded to the nearest pound.

### **Critical accounting estimates and areas of judgement**

Preparation of the accounts requires the trustees to make significant judgements and estimates. The items in the accounts where these judgements and estimates have been made include:

- ◆ The allocation of governance costs between those categories of expenditure comprising expenditure on charitable activities;
- ◆ The useful economic lives attributed to tangible fixed assets and used to determine the annual depreciation charge;
- ◆ The valuation of land and buildings that form part of tangible fixed assets;
- ◆ The valuations applied to investment properties;
- ◆ The assumptions adopted by the trustees in determining the value of any designations required from the charity's general unrestricted funds; and
- ◆ Estimating future income and expenditure flows for the purpose of assessing going concern (see below).

## **Principal accounting policies** Year to 31 December 2021

### **Assessment of going concern**

The trustees have assessed whether the use of the going concern assumption is appropriate in preparing these accounts. The trustees have made this assessment in respect to a period of at least one year from the date of approval of these accounts.

The trustees acknowledge and recognise the continuing impact of the Covid-19 pandemic on the charity and have concluded that there will continue to be some negative consequences such as the impact on investment income. However, the trustees are of the opinion that the charity will have sufficient resources to meet its liabilities as they fall due.

The charity's investment income may be adversely affected because of the volatility in listed investments both as a response to the pandemic and more latterly due to the current geopolitical situation. In terms of expenditure, it is anticipated that there may be a rise in living expenses due to rise in cost of living but such increases will be offset by reductions in other costs. The trustees will continue to keep both income and expenditure under review but do not anticipate that the impact on the charity's finances will be material or impact on the charity's going concern.

With regard to the next accounting period (i.e. the year ending 31 December 2022), the most significant areas that affect the carrying value of the assets held by the charity are the level of investment return and the performance of the investment market. This is particularly relevant at the current time given the Covid-19 pandemic and its adverse impact on world stock markets (see the investment policy and the risk management sections of the trustees' report for more information).

### **Income recognition**

Income is recognised in the period in which the charity has entitlement to the income, the amount of income can be measured reliably and it is probable that the income will be received.

Income comprises donations and legacies, investment income, interest receivable, income from charitable activities (i.e. retreat centre income and income from prayer enrolments), income from miscellaneous sources and transfer of assets from The Cenacle Charity.

The net assets of the charitable trust transferred to The Cenacle Charity, (Charity Registration No 232928), at midnight on 31 December 2019 and are included as income at the fair value of the net assets as at that date.

## Principal accounting policies Year to 31 December 2021

### **Income recognition** (continued)

Donations, including salaries and pensions of individual religious received under Gift Aid or deed of covenant, are recognised when the charity has confirmation of both the amount and settlement date. In the event of donations pledged but not received, the amount is accrued for where the receipt is considered probable. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

In accordance with the Charities SORP FRS 102 volunteer time is not recognised.

Legacies are included in the statement of financial activities when the charity is entitled to the legacy, the executors have established that there are sufficient surplus assets in the estate to pay the legacy, and any conditions attached to the legacy are within the control of the charity.

Entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, but the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title of the asset having been transferred to the charity.

Investment income from listed investments is recognised once the dividend or similar distribution has been declared and notification has been received of the amount due. Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Investment income from investment properties is credited to the statement of financial activities once rental income is due under the relevant tenancy agreements.

Retreat centre income, income from prayer enrolments and similar income is recognised to the extent that it is probable that economic benefits will flow to the charity and the income is capable of financial measurement. It is measured at fair value of the consideration received or receivable, excluding any relevant discounts or value added tax.

Income from the Coronavirus Job Retention Scheme is recognised within the statement of financial activities when the charity is entitled to the income and the amount receivable is capable of being quantified.

## Principal accounting policies Year to 31 December 2021

### **Income recognition** (continued)

Any surplus or deficit on the disposal of either tangible fixed assets or investment properties is calculated as the difference between the disposal proceeds and the net book value of the asset immediately prior to disposal less any direct costs of disposal. It is recognised on completion of the disposal.

All other income is recognised to the extent that it is probable that the economic benefits will flow to the charity and the revenue can be measured reliably. It is measured at fair value and accounted for on an accruals basis.

### **Expenditure recognition**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to make a payment to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses are allocated to the applicable expenditure headings. The majority of expenditure is directly attributable and any apportionment between headings is negligible.

Expenditure on charitable activities includes all costs associated with furthering the charitable purposes of the charity through the provision of its charitable activities and includes:

- ◆ Expenditure on the support of members of the Congregation and their ministry. Such expenditure enables the members to carry out the work of the charity in the areas of the advancement of the Roman Catholic faith.
- ◆ Expenditure on charitable activities includes costs associated with offering retreats and prayer enrolments.
- ◆ The provision of grants and donations relating, in the main, to the support of the Congregation's own work and the support of other Roman Catholic charitable organisations. Charitable grants and donations are made where the trustees believe there is a real need following a review of the details of each particular case and comprise single year payments rather than multi-year grants. Grants and donations are included in the statement of financial activities when approved for payment. Provision is made for any grants and donations approved but unpaid at the end of the financial year.

All expenditure is stated inclusive of irrecoverable VAT.

### **Allocation of support and governance costs**

Support costs represent indirect charitable expenditure, to enable the charity to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel, financial procedures, provision of office services and equipment and a suitable working environment. Governance costs comprise the costs involving the public accountability of the charity (including audit costs) and costs in respect to its compliance with regulation and good practice.

## Principal accounting policies Year to 31 December 2021

### **Allocation of support and governance costs** (continued)

Such costs are not directly identifiable in respect to each charitable activity and hence they are apportioned using percentages based on the expenditure incurred directly on the charitable activities of the charity.

No support or governance costs have been allocated to donations payable as these are considered to be negligible.

### **Foreign currencies**

Assets and liabilities are translated at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are translated into sterling at the rate of exchange ruling at the date of the transaction. Exchange differences are taken into account in arriving at the net movement in funds.

### **Tangible fixed assets**

All assets costing more than £1,000 and with an expected useful life exceeding one year are capitalised.

#### ◆ Freehold land and buildings

The trustees are the legal owners of a burial ground at the former Cenacle Convent adjoining St Joseph's Roman Catholic Church, Headley Road, Grayshott. The land is regarded as having a nil value for the purposes of these accounts since it will not and cannot be disposed of in the open market.

Freehold land and buildings are included in the accounts at valuation based on existing use or depreciated replacement cost basis, depending on the nature of the property to reflect their fair value. Valuations are updated on a "rolling basis" with each property's value being updated at least every five years.

Specialised buildings comprise large residential convents. Depreciation is provided at 2% per annum on a straight-line basis in order to write off the buildings over their estimated useful economic life to the Congregation.

Non-specialised buildings i.e. those designed as, and used wholly or mainly for, private residential accommodation are not depreciated. Their value and condition are reviewed annually by the trustees, to confirm that their residual value is not materially less than their book value. Where this is not deemed to be the case, an impairment provision is made.

Property improvements are stated at cost. Depreciation is provided on a straight-line basis in order to write off the improvements over their estimated useful economic life estimated to be 15 years.

## Principal accounting policies Year to 31 December 2021

### Tangible fixed assets (continued)

- ◆ Motor vehicles, fixtures, fittings and computer equipment

Motor vehicles, fixtures, fittings and computer equipment are included at cost.

Depreciation is provided on a straight line basis on assets held at the end of the year at the following annual rates in order to write off each asset over its estimated useful life:

Motor vehicles	25% reducing balance basis
Fixtures, fittings and computer equipment	20% to 25%

### Listed investments

Listed investments are a form of basic financial instrument and are initially recognised at their transaction value and subsequently measured at their fair value as at the balance sheet date using the closing quoted market price.

The charity does not acquire put options, derivatives or other complex financial instruments.

As noted above the main form of financial risk faced by the charity is that of volatility in equity markets and investment markets due to wider economic conditions, the attitude of investors to investment risk, and changes in sentiment concerning equities and within particular sectors or sub sectors.

Realised gains (or losses) on investment assets are calculated as the difference between disposal proceeds and their opening carrying value or their purchase value is acquired subsequent to the first day of the financial year. Unrealised gains and losses are calculated as the difference between the fair value at the year end and their carrying value at that date. Realised and unrealised investment gains (or losses) are combined in the statement of financial activities and are credited (or debited) in the year in which they arise.

### Investment property

Investment properties (i.e. those not occupied by the charity but rented out to third parties for a commercial rent), are included on the balance sheet at valuation based on current open market valuation. These properties are not depreciated.

Realised and unrealised investment property gains (or losses) are combined in the statement of financial activities and are credited (or debited) in the year in which they arise.

### Stocks

Stock of supplies for prayer enrolments are valued at the lower of cost and net realisable value.

## **Principal accounting policies** Year to 31 December 2021

### **Debtors**

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid. They have been discounted to the present value of the future cash receipt where such discounting is material.

### **Cash at bank and in hand**

Cash at bank and in hand represents such accounts and instruments that are available on demand or have a maturity of less than three months from the date of acquisition. Deposits for more than three months but less than one year have been disclosed as short term deposits. Cash placed on deposit for more than one year is disclosed as a fixed asset investment.

### **Creditors and provisions**

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the amount the charity anticipates it will pay to settle the debt. They have been discounted to the present value of the future cash payment where such discounting is material.

### **Funds structure**

The endowment fund comprises monies which must be held indefinitely although any income generated therefrom may be used for general purposes. Details are provided in note 17.

The tangible fixed assets fund represents the net book value of the charity's tangible fixed assets.

Designated funds comprise monies set aside out of unrestricted general funds for specific future purposes or projects. Details of these are provided in note 19.

General funds represent those monies which are freely available for application towards achieving any charitable purpose that falls within the charity's charitable objects.

### **Services provided by members of the Congregation**

For the purposes of these accounts, no monetary value has been placed on care, administrative and other services provided by members of the Congregation.

### **Pension costs**

The charity offer their staff membership of a defined contribution pension scheme administered by the National Employment Savings Trust (NEST). Contributions to the scheme are debited to the statement of financial activities in the year in which they are payable to the scheme. The assets of the scheme are held by an independent corporate trustee, whose activities are governed by the National Employment Savings Trust Order 2010, made by the Secretary of State in exercise of powers confirmed under the Pensions Act 2008.

Contributions are also paid in respect of one member to personal pension plan held with Aviva.

## Notes to the accounts Year to 31 December 2021

### 1 Income from: Donations and legacies

	2021			2020		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Sisters' pensions and salaries	135,216	—	135,216	114,139	—	114,139
Donations and alms received	1,482	—	1,482	7,707	—	7,707
Missions alms	2,835	—	2,835	6,590	—	6,590
	<b>139,533</b>	<b>—</b>	<b>139,533</b>	<b>128,436</b>	<b>—</b>	<b>128,436</b>

### 2 Income from: Investments and interest receivable

	2021			2020		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Income from listed investments						
. Fixed interest UK	5,513	—	5,513	4,652	—	4,652
. Fixed interest - overseas	1,626	—	1,626	927	—	927
. Equities – UK	17,480	—	17,480	17,773	—	17,773
. Equities – overseas	18,823	—	18,823	16,709	—	16,709
. Alternative investments	7,356	—	7,356	4,216	—	4,216
	<b>50,798</b>	<b>—</b>	<b>50,798</b>	<b>44,277</b>	<b>—</b>	<b>44,277</b>
Interest on cash held by investment managers	—	—	—	290	—	290
Bank interest receivable	—	—	—	208	—	208
Rent from investment property	—	—	—	31,594	—	31,594
	<b>50,798</b>	<b>—</b>	<b>50,798</b>	<b>76,369</b>	<b>—</b>	<b>76,369</b>

### 3 Income from: Charitable activities

	2021			2020		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Retreat income	778	—	778	1,258	—	1,258
Prayer enrolments	205,938	—	205,938	185,550	—	185,550
Other apostolic works	14,738	—	14,738	12,767	—	12,767
	<b>221,454</b>	<b>—</b>	<b>221,454</b>	<b>199,575</b>	<b>—</b>	<b>199,575</b>

#### 4 Expenditure on: Raising funds

	2021			2020		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Investment manager fees – listed investments	19,452	—	19,452	14,483	—	14,483
Investment property agent's fees	—	—	—	1,911	—	1,911
Investment property expenses	130	—	130	4,544	—	4,544
Allocated support and administration costs (note 7)	6,489	—	6,489	6,312	—	6,312
	<b>26,071</b>	<b>—</b>	<b>26,071</b>	<b>27,250</b>	<b>—</b>	<b>27,250</b>

#### 5 Expenditure on: Support of members of the Congregation and their ministry

	2021			2020		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Staff costs	112,320	—	112,320	28,825	—	28,825
Premises	136,750	—	136,750	150,794	—	150,794
Sisters' living and personal expenses	86,451	—	86,451	93,101	—	93,101
Allocated support and administration costs (note 7)	111,179	—	111,179	82,210	—	82,210
	<b>446,700</b>	<b>—</b>	<b>446,700</b>	<b>354,930</b>	<b>—</b>	<b>354,930</b>

#### 6 Expenditure on: Charitable works: Prayer enrolments and retreats

	2021			2020		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
<b>Expenditure on Charitable works</b>						
Staff costs	82,161	—	82,161	77,071	—	77,071
Prayer enrolments	24,965	—	24,965	25,509	—	25,509
Premises	6,087	—	6,087	8,584	—	8,584
Other	8,254	—	8,254	4,957	—	4,957
Allocated support and administration costs (note 7)	40,249	—	40,249	35,004	—	35,004
	<b>161,716</b>	<b>—</b>	<b>161,716</b>	<b>151,125</b>	<b>—</b>	<b>151,125</b>

Notes to the accounts Year to 31 December 2021

**7 Expenditure on: Support costs**

	2021			2020		
	Unrestricted funds £	Endowment fund £	Total £	Unrestricted funds £	Endowment fund £	Total £
Staff costs	19,930	—	19,930	15,188	—	15,188
Office costs	19,407	—	19,407	9,166	—	9,166
Governance costs (note 8)	18,918	—	18,918	21,235	—	21,235
Other professional fees	26,947	—	26,947	53,679	—	53,679
Depreciation	9,328	—	9,328	12,094	—	12,094
Management charges	32,952	—	32,952	—	—	—
Other expenses	30,435	—	30,435	12,164	—	12,164
	<b>157,917</b>	<b>—</b>	<b>157,917</b>	<b>123,526</b>	<b>—</b>	<b>123,526</b>
<b>Allocated as follows:</b>						
Raising funds	6,489	—	6,489	6,312	—	6,312
Support of members of the Congregation and their ministry	111,179	—	111,179	82,210	—	82,210
Charitable works: Prayer enrolments and retreats	40,249	—	40,249	35,004	—	35,004
	<b>157,917</b>	<b>—</b>	<b>157,917</b>	<b>123,526</b>	<b>—</b>	<b>123,526</b>

**8 Governance costs**

	Unrestricted funds	
	2021 £	r 2020 £
Professional fees	<b>26,947</b>	21,235

**9 Net (expenditure) income before net investment gains (losses)**

This is stated after charging:

	Unrestricted funds	
	2021 £	2020 £
Staff costs (note 10)	<b>214,411</b>	121,084
Auditor's remuneration		
. Statutory audit services	<b>13,200</b>	13,800
. Other services: general advice	<b>5,718</b>	—
Depreciation (note 12)	<b>59,743</b>	58,294
Operating lease payments – land and buildings	<b>—</b>	27,500

## Notes to the accounts Year to 31 December 2021

### 10 Staff costs during the year were as follows:

With effect from 1 January 2021, the employment of the charity's staff, other than one member, was transferred to St John of God Hospitaller Services under the Transfer of Undertakings (Protection of Employment) Regulations 2006 (TUPE). The disclosure below does not differentiate as to whether staff at the charity are employed by the charity or St John of God Hospitaller Services. As from 1 January 2021, the charity pays a fee to St John of God Hospitaller Services to cover all costs incurred in connection with the charity. The disclosure, therefore, reflects 'the substance over the form' of the transactions involved.

	Unrestricted funds	
	2021 £	2020 £
Wages and salaries	<b>164,795</b>	113,657
Social security costs	<b>6,834</b>	822
Other pension costs	<b>3,168</b>	525
	<b>174,797</b>	115,004
Agency staff costs	<b>39,614</b>	6,080
	<b>214,411</b>	121,084

Staff costs by function were as follows:

	Unrestricted funds	
	2021 £	2020 £
Support of members of the Congregation (note 5)	<b>112,320</b>	28,825
Charitable work: Prayer enrolment and retreats (note 6)	<b>82,161</b>	77,071
Support costs (note 7)	<b>19,930</b>	15,188
	<b>214,411</b>	121,084

The average number of employees was 13 (2020 – 13) and the full-time equivalent (FTE) was 6.52 (2020 – 4.90). No employees earned £60,000 per annum or more (including taxable benefits but excluding employer pension contributions) during the year.

As noted in the trustees' report, the trustees consider that they comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis.

The trustees are all members of the Congregation and whilst their living and personal expenses are borne by the charity they received no remuneration or additional reimbursement of expenses in connection with their duties to the charity.

### 11 Taxation

The Cenacle Charity is a registered charity and, therefore, is not liable to income tax or corporation tax on income or gains derived from its charitable activities, as they fall within the various exemptions available to registered charities.

## Notes to the accounts Year to 31 December 2021

### 12 Tangible fixed assets

Freehold land and buildings						
	Specialised £	Non- specialised £	Non- specialised building improvements £	Fixtures, fittings, and computer equipment £	Motor vehicles £	Total £
<b>Cost or valuation</b>						
At 1 January 2021	2,310,000	1,342,085	20,401	68,435	43,126	<b>3,784,047</b>
Additions	—	—	43,733	3,446	—	<b>47,179</b>
Revaluation	90,000	57,915	—	—	—	<b>147,915</b>
At 31 December 2021	<b>2,400,000</b>	<b>1,400,000</b>	<b>64,134</b>	<b>71,881</b>	<b>43,126</b>	<b>3,979,141</b>
<b>Cost or valuation</b>						
Cost	—	—	64,134	71,881	43,126	<b>179,141</b>
Valuation	2,400,000	1,400,000	—	—	—	<b>3,800,000</b>
	<b>2,400,000</b>	<b>1,400,000</b>	<b>64,134</b>	<b>71,881</b>	<b>43,126</b>	<b>3,979,141</b>
<b>Depreciation</b>						
At 1 January 2021	46,200	—	—	58,798	25,678	<b>130,676</b>
Charge for year	46,200	—	4,275	4,907	4,361	<b>59,743</b>
Write back on revaluation	(92,400)	—	—	—	—	<b>(92,400)</b>
At 31 December 2021	<b>—</b>	<b>—</b>	<b>4,275</b>	<b>63,705</b>	<b>30,039</b>	<b>98,019</b>
<b>Net book values</b>						
At 31 December 2021	<b>2,400,000</b>	<b>1,400,000</b>	<b>59,859</b>	<b>8,176</b>	<b>13,087</b>	<b>3,881,122</b>
At 31 December 2020	2,263,800	1,342,085	20,401	9,637	17,448	3,653,371

Freehold land and buildings owned as at 31 December 2021 were revalued at that date by Gould Baxter, Chartered Surveyors, of Hamilton House, Mabledon Place, London WC1H 9BB in March 2022. The valuation was carried out in accordance with RICS Valuation Global Standards published by the Royal Institution of Chartered Surveyors, for the purposes of Statements of Asset Valuations. The Liverpool property, classified as a specialised property, was valued on a depreciated replacement cost basis due to the nature, design configuration, size and location of the property, at £2,400,000. The non-specialised properties, situated in Llandudno, Wales and in London, were valued on a market value basis with vacant possession assuming existing use at £125,000 and £1,250,000 respectively.

The historic cost of the freehold land and buildings included above at 31 December 2021 was £1,332,851 (2020 - £1,289,118).

## Notes to the accounts Year to 31 December 2021

### 13 Listed Investments

(Including cash held by investment managers)

	2021 £	2020 £
<b>Listed investments at market value</b>		
At 1 January 2021	3,810,278	—
Transfer from The Cenacle Charity (Charity Registration No 232928) (note 21)	—	4,876,672
Additions at cost	1,658,757	114,969
Disposals at book value		
. Sale proceeds	(657,092)	(1,382,075)
. Realised gains	30,411	9,616
	(626,681)	(1,372,459)
Exchange gains	(122,747)	95,466
Net unrealised gains	548,418	95,630
At 31 December 2021	5,268,025	3,810,278
<b>Cash held by investment managers for reinvestment</b>	<b>198,505</b>	<b>121,537</b>
At 31 December 2021	5,466,530	3,931,815
<b>Cost of listed investments</b>	<b>3,835,459</b>	<b>2,675,096</b>

Listed investments held at 31 December 2021 comprised the following:

	2021 £	2020 £
Equities – UK	605,314	496,380
Equities – overseas	3,217,858	2,220,480
Fixed interest – UK	266,920	161,485
Fixed interest – overseas	817,165	813,873
Alternatives	360,768	118,060
	5,268,025	3,810,278

All listed investments were dealt in on a recognised stock exchange.

At 31 December 2021, listed investments included the following individual holdings deemed material when compared with the overall listed portfolio valuation as at that date:

	Market value of holding £	Percentage of portfolio %
CBIS Global Funds:		
. World Bond Fund	550,163	10.4%
. World Equity Fund	901,374	17.1%
Thesis Unit Trust Management Ltd Climate Assets C Inc Nav	447,789	8.5%

## Notes to the accounts Year to 31 December 2021

### 13 Listed Investments (continued)

(including cash held by investment managers)

#### **Reconciliation of gains and losses on investments to the statement of financial activities.**

	2021 £	2020 £
Gains and losses as above		
. Realised gains	30,411	9,616
. Exchange (losses) gains	(122,747)	95,466
. Unrealised gains	548,418	95,630
	<u>456,082</u>	<u>200,712</u>
Amounts relating to investment held on behalf of The Cenacle Charity Incorporated (Ireland) (note 21) *		
. Exchange (losses) gains	(109,581)	76,552
. Unrealised gains	244,640	27,406
	<u>135,059</u>	<u>103,958</u>
Amounts relating to the charity and included within the statement of financial activities		
. Realised gains	30,411	9,616
. Exchange (losses) gains	(13,166)	18,914
. Unrealised gains	303,778	68,224
	<u>321,023</u>	<u>96,754</u>

\* These gains and losses are reflected in the amount due to The Cenacle Charity (Incorporated) Ireland and hence they are not accounted for through the statement of financial activities.

### 14 Investment property

	2021 £	2020 £
<b>Market value</b>		
At 1 January 2021	827,425	—
Transfer from The Cenacle Charity (Charity Registration No 232928) (note 21)	—	850,000
Losses on revaluation	—	(22,575)
Disposal	(827,425)	—
At 31 December 2021	<u>—</u>	<u>827,425</u>

The asset was valued by J Gould & Company, Chartered Surveyors, of Museum House, 25 Museum Street, London WC1A 1JT. The valuation was carried out in accordance with RICS Valuation Global Standards 2017 published by the Royal Institution of Chartered Surveyors, for the purposes of Statements of Asset Valuations as at 31 December 2019. The property was sold in March 2021, realising a gain on disposal of £949. The historic cost of the above investment property was £407,818.

Notes to the accounts Year to 31 December 2021

**15 Debtors**

	2021 £	2020 £
Investment income receivable	15,232	72,410
Prepayments	6,019	7,039
Other debtors: amounts due from The Cenacle Incorporated Charity (Ireland) (note 21)	22,860	14,400
	<b>44,111</b>	<b>93,849</b>

**16 Creditors: amounts falling due within one year**

	2021 £	2020 £
Amounts held on behalf of The Cenacle Incorporated Charity (Ireland) (note 21)	2,223,375	1,477,110
Amounts held on behalf of individual members of the Congregation	83,653	83,653
Expense creditors and accruals	39,053	21,571
	<b>2,346,081</b>	<b>1,582,334</b>

Amounts held on behalf of the Cenacle Incorporated Charity (Ireland) represent monies advanced by that charity for investment with CBIS Global Funds plc. The investments representing these funds are separately identifiable and all gains and losses arising on these investments are credited or debited to creditors.

**17 Endowment fund**

Under a trust disposition and deed of settlement of James McLaughlan dated 15 July 1935, the charity holds monies to be held as permanent endowment to form a fund in memory of Sister Lidwina, her parents, and her brothers and sisters. The annual income from this fund is to be used for the general purposes of the charity.

<b>McLaughlan Trust Fund</b>	2021 £	2020 £
At 1 January 2021	71,537	—
Transfer from The Cenacle Charity (Charity Registration No 232928) (note 21)	—	71,944
Investment gains (losses) in the year	9,577	(407)
At 31 December 2021	<b>81,114</b>	<b>71,537</b>

## Notes to the accounts Year to 31 December 2021

### 18 Tangible fixed assets fund

	2021 £	2020 £
At 1 January 2021	3,653,371	—
Transfer from The Cenacle Charity (Charity Registration No 232928) (note 21)	—	2,451,483
Net movement in year	227,751	1,201,888
At 31 December 2021	3,881,122	3,653,371

The tangible fixed assets fund represented the net book value of the charity's tangible fixed assets and has been established in recognition of the fact that the tangible fixed assets are required for the charity's on-going work of the charity and as such their value should not be regarded as funds that would be realisable with ease, in order to meet future contingencies.

### 19 Designated fund

The income funds of the charity includes the following designated fund which has been set aside out of unrestricted funds by the trustees for a specific purposes:

	2021 £	2020 £
<b>Retirement fund</b>		
At 1 January 2021	3,000,000	—
Transfer from The Cenacle Charity (Charity Registration No 232928) (note 21)	—	3,500,000
Released during the year	—	(500,000)
At 31 December 2021	3,000,000	3,000,000

The retirement reserve consists of monies designated by the trustees to provide for the sisters as they grow older and their needs change in relation to support and care. The calculations, based on actuarial principles, are reviewed annually by the trustees in the light of the resources available. The amount designated is constrained by the resources available.

### 20 Analysis of net assets between funds

	General funds £	Tangible fixed assets fund £	Designated fund £	Endowment fund £	Total funds 2021 £
<b>Fund balances at 31 December 2021 are represented by:</b>					
Tangible fixed assets	—	3,881,122	—	—	3,881,122
Fixed asset investments	2,386,894	—	3,000,000	79,636	5,466,530
Net current (liabilities) assets	(1,826,926)	—	—	1,478	(1,825,448)
<b>Total net assets</b>	<b>559,968</b>	<b>3,881,122</b>	<b>3,000,000</b>	<b>81,114</b>	<b>7,522,204</b>

## Notes to the accounts Year to 31 December 2021

### 20 Analysis of net assets between funds (continued)

	General funds £	Tangible fixed assets fund £	Designated fund £	Endowment fund £	Total funds 2020 £
Fund balances at 31 December 2020 are represented by:					
Tangible fixed assets	—	3,653,371	—	—	3,653,371
Fixed asset investments	1,688,991	—	3,000,000	70,249	4,759,240
Net current (liabilities) assets	(1,237,613)	—	—	1,288	(1,236,325)
<b>Total net assets</b>	<b>451,378</b>	<b>3,653,371</b>	<b>3,000,000</b>	<b>71,537</b>	<b>7,176,286</b>

The total unrealised gains as at 31 December 2021 constituted movements on the revaluation of investments and tangible fixed assets and were as follows:

	2021 £	2020 £
<b>Unrealised gains included above on:</b>		
Listed investments	1,432,566	1,135,182
Investment property	—	419,607
Tangible fixed assets	2,537,175	2,342,137
	<b>3,969,741</b>	<b>3,896,926</b>
<b>Reconciliation of movements in unrealised gains</b>		
Unrealised gains brought forward	3,896,926	4,150,152
Realised gains losses on listed investments	(128,287)	(378,670)
Exchange (losses) gains on listed investments	(122,747)	95,466
Unrealised gains on listed investments	548,418	95,630
Unrealised losses on revaluation of investment property	—	(22,575)
In respect of disposal of investment property	(419,607)	—
Unrealised gains on revaluation of tangible assets	240,315	—
Additional depreciation on revaluation uplift of tangible fixed assets	(45,277)	(43,077)
	<b>3,969,741</b>	<b>3,896,926</b>

### 21 Related party transactions

#### *The Cenacle Charity Incorporated (Ireland)*

The charity is connected to The Cenacle Charity Incorporated (Ireland) (a charity registered with the Charities Regulator Ireland – Charity Registration No 20012359) by virtue of the fact that the Provincial Superior is ex-officio the sole member of both charities and is responsible for appointing the trustees.

At 31 December 2021, the charity's debtors include £22,860 (2020 - £14,400) due from the Irish charity in relation to expenses paid by the English CIO on behalf of the Irish charity (see note 15).

**21 Related party transactions** (continued)

***The Cenacle Charity Incorporated (Ireland)*** (continued)

At 31 December 2021, the charity was holding amounts on behalf of The Cenacle Charity Incorporated (Ireland) amounting to £2,223,375 (2020 – £1,477,111) (see note 16). These monies are included within the charity's portfolio of listed investments. Gains (losses) arising on revaluation of these investments and not accounted for through the charity's statement of financial activities but instead are treated as an addition to the amount owed each year (see note 16).

***Transactions with trustees***

Four of the charity's trustees are members of the English Group of the Congregation and, consequently, their living and personal expenses, all of which are consistent with amounts paid in respect to other members of the Congregation, are borne by the charity. No trustee received any remuneration or reimbursement of expenses in connection with their duties as trustees (2020 – £nil).

As members of the Congregation, none of the four trustees who are members of the English Group of the Congregation have resources of their own as all earnings, pensions and other income have been donated to the charity under a Gift Aid compliant Deed of Covenant. During the year, the total amount donated by these four trustees to the charity was £53,973 (2020 – £31,556).

***The Cenacle Charity (Charity Registration No 232928)***

The trustees of the charity are also the trustees of The Cenacle Charity, registered with the Charity Commission (Charity Registration Number: 232928) (the charitable trust). With effect from midnight on 31 December 2019, the activities, assets and liabilities of the charitable trust were transferred to the charity.

The net assets at that date comprised:

	£
Tangible fixed assets	
. Cost	2,552,480
. Depreciation	(100,997)
	<u>2,451,483</u>
Fixed asset investments	
. Listed investments (includes cash held by investment managers of £67,893)	4,944,565
. Investment properties	850,000
Total fixed assets	<u>8,246,048</u>
Stock	17,256
Debtors	65,449
Cash at bank and in hand	358,815
Creditors: amounts falling due within one year	(1,490,656)
	<u>7,196,912</u>

**21 Related party transactions** (continued)

***The Cenacle Charity (Charity Registration No 232928)***

The assets and liabilities were represented by the following funds:

	£
Endowment fund	71,944
Unrestricted funds	
. Tangible fixed assets fund	2,451,483
. Designated fund	3,500,000
. General funds	1,173,485
	<u>7,196,912</u>

***Other related party transactions***

There were no other related party transactions during the year requiring disclosure (2020 – none).

**22 Post balance sheet event**

As the Congregation's activities in Ireland have reduced considerably in recent years, the trustees of The Cenacle Charity Incorporated (Ireland) (a charity registered with the Charities Regulator Ireland – Charity Registration No 20012359) together with the Congregational Leadership team of the Europe/Togo Province have reviewed the future plans for the care of the remaining members in Ireland. A decision has been made to transfer the care of the sisters to this charity. On 3 August 2022, the Provincial Superior gave her authorisation to transfer all assets of the charity to this charity and to dissolve the charity in Ireland.

**23 Membership, ultimate control and liability of members**

The Provincial Superior for the time being is automatically, by virtue of holding that office, is ex-officio the sole member of the charity for as long as she holds office.

If the CIO is wound up, the member of the CIO has no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.