

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020
FOR
NOTTINGHAM J CARE**

Haines Watts
Chartered Accountants & Statutory Auditor
10 Stadium Business Court
Millennium Way
Pride Park
Derby
DE24 8HP

NOTTINGHAM J CARE

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2020

	Page
Report of the Trustees	1 to 3
Report of the Chair of the Trustees	4 to 5
Report of the Independent Auditors	6 to 7
Statement of Financial Activities	8
Balance Sheet	9
Cash Flow Statement	10
Notes to the Cash Flow Statement	11
Notes to the Financial Statements	12 to 15
Detailed Statement of Financial Activities	16
Appendix to the Chair of the Trustees report	17 to 19

NOTTINGHAM J CARE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2020

The trustees present their report with the audited financial statements as a charitable incorporated organisation (CIO) for the period 01 January 2020 to 31 December 2020

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives and policies of the charity are as set out in the Trust Deed are as follows:

- To promote and protect the physical and mental health and social welfare of individuals who are in need of support and who live within Nottinghamshire and surrounding areas or within such other regions as the charity trustees in their discretion decide. This is achieved through the provision of financial assistance, counselling, social care and practical support and education and practical advice in accordance with Jewish value and traditions; and
- To promote any other exclusively charitable objects and purposes as the charity trustees see fit provided that they are regarded as charitable under the laws of England & Wales.

The trustees have referred to the guidance contained in the Charity Commission's guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Public benefit

The Trustees confirm that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers and duties. The public benefit of the Charity's activities is to promote and protect the physical and mental health and social welfare of individuals who are in need of support in the Nottinghamshire area .

Achievements and Performance

The trust continues to grow and is making a significant contribution to the lives of many individuals who live within Nottinghamshire and the surrounding areas, supporting those who are in need.

The Improving Lives support workers provide a variety of help and - depending on people's needs - they can:

- Make contact through phone calls and home visits
- Be a listening ear
- Give confidential information and advice
- Accompany people for medical appointments or shopping trips
- Organise regular Leisure & Pleasure (L&P) events and new opportunities to socialise

The charity does not carry out significant activities in the year

FINANCIAL REVIEW

Investment policy and objectives

The trustees pursue a policy that achieves long-term growth in capital and income. The trustees plan to achieve this through the appointment of professional investment advisors to investment in a diversified basket of securities covering the world's principal stock, bond and currency markets.

Reserves policy

All the funds of the trust are unrestricted. Although the use of all of the funds is entirely at the discretion of the trustees, capital funds are maintained in order to generate investment income to fund the charity's activities, as no other fund-raising activities are undertaken.

The trustees have identified no significant short or medium term financial risks to the charity's continued operations, and therefore the accounts have been prepared on the going concern basis.

FUTURE PLANS

The Trust believes it is already making a significant contribution to the lives of many Jewish people in Nottinghamshire and will continue to support those individuals who are in need. Further details of the future plans of the charity are included in the chairs report.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity was established as a Charitable Incorporated Organisation (CIO) on 12 November 2018 and is controlled by its governing document, a trust deed.

NOTTINGHAM J CARE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

The Trust currently comprises of 11 Trustees. The Trust does not actively fundraise and seeks to continue its work via careful stewardship of its existing resources and donations.

The appointment of Trustees is by way of a resolution of a meeting of the Trustees as long as they are satisfactorily able to perform their duties.

Organisational structure

Trustees are responsible for the day to day management of reserves and risk management. In the event of any major variation then a Trustees' meeting will be held to discuss this. Mr E Kochmann is responsible for the day to day administration.

Induction and training of new trustees

Trustee training is provided for all new Trustees and whenever an applicable need is identified.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

CE015587 (England and Wales)

Registered Charity number

1180648

Registered office

11A Breckhill Road
Woodthorpe
Nottingham
NG5 4GP

Trustees

Mrs A B L Donen
Mrs N Bogod
Mrs P Scott
Prof. L Polnay
Mr E Kochmann
Dr M J Harris - Chair
Mrs A H Lee
Mr A H Hillary
Mrs C H Strauss
Mrs D H Lee-Coppel
Mr K D Liebling
Mr N Pike

Auditors

Haines Watts
Chartered Accountants & Statutory Auditor
10 Stadium Business Court
Millennium Way
Pride Park
Derby
DE24 8HP

Bankers

HSBC
26 Clumber Street
Nottingham
NG1 3GA

Investment advisors

Sarasin & Partners
Juxon House
100 St Paul's Churchyard
London
EC4M 8BU

NOTTINGHAM J CARE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2020

STATEMENT OF TRUSTEES' RESPONSIBILITIES

Law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charity's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information

AUDITORS

The auditors, Haines Watts, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 03 / 08 / 2021 and signed on its behalf by:



Mr E Kochmann - Trustee

NOTTINGHAM J CARE

REPORT OF THE CHAIR OF TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2020

It gives me great pleasure as Chair of the Nottingham JCare Trustees to write this report.

2020/2021 has been an incredibly challenging year across the whole world with the Covid 19 pandemic taking up much of our lives and energy. It has challenged all of us and led to some very sad and difficult outcomes for many people. However, among the many challenges there have also been some positives, the reduction in pollution at the start of lockdown with much reduced traffic, the massive widening of the use of social media allowing us to communicate with others from laptops, tablets, and smartphones. It showed us and challenged us to find ways to ensure that we kept in touch with others despite the social restrictions.

However, for some groups this was more challenging than for others. For the financially disadvantaged who were unable to afford the equipment to use social media, for those with ongoing physical or mental health problems who struggled with the increased social isolation and the sheer difficulties of not being able to see people, get food or get out. For the elderly who struggled with the use of technology and who lost many of their essential services. The most vulnerable were also the most deprived.

Throughout all this time, the dedicated team at Nottingham JCare have been extremely busy ensuring that we continue to provide a service to the whole of our community.

Nottingham JCare was formed in 2017 by the merger of the three local existing Jewish charities to enable the work of the Nottingham Jewish Women's Benevolent Society and the Nottingham Jewish Welfare board to continue with the funding from the Nottingham Jewish Housing Association.

The plan was to invest the capital sum and use the interest on the capital to fund a new service provided professionally and to run alongside the voluntary work by providing social events and opportunities to meet. Initially only approximately 50% of the capital was available to invest and I am pleased to report that very soon all the capital held by the NJHA will be reinvested to increase the income and with that the service we are providing. The 3 charities have been terminated.

Throughout the last 3 years many social events have been organised and the staff have been supporting many members of our community in a variety of ways.

However, the Covid 19 pandemic forced us to change the way we work.

We were unable to provide the social events because of the regulations and to protect the health of our community, so where possible people were contacted by phone or through social media. Whenever necessary the 1:1 service continued to ensure continued support.

We have occasionally sent cards or gifts to keep in touch with our L&P members.

In the last year, 64 people have received support from Nottingham JCare with a majority of ladies, mainly older but we also supported a significant number of people under the age of 50. Most service users experienced some form of physical health issue, and around half were identified as being socially isolated. Relatively smaller numbers needed support in relation to mental health, financial issues, or housing. Over the last year, because of the pandemic, service users' support needs changed considerably. Many found their normal support networks disappearing, leaving them much more isolated and vulnerable.

In April 2021, we commissioned 3 Worlds Consulting to produce an Evaluation Report on the Nottingham JCare project provided by Improving Lives.

Some of the conclusions are below and if anyone is interested in receiving either the full report or the summary version, please contact Mike Harris (see details at bottom of report).

Feedback from users

The key points to emerge were:

- glowing praise for the staff team, noting how helpful, professional and caring they are.
- the team balance warmth with professionalism, offering expert knowledge and advice
- universal agreement that the staff team listened to them, are reliable, and treat service users with respect.
- gratitude for the support given to meet the challenges of the last year, particularly where other services, such as Social Care, were unable to make home visits.

NOTTINGHAM J CARE

REPORT OF THE CHAIR OF TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2020

"The team are extremely generous, they never let anyone down. They are so professional and conscientious. They always look after me."

"They will consider anything that is asked and do whatever is reasonable."

"All I have to do is make a shopping list. She knows exactly what I like and what I need. If I've missed something off the list she'll call me to check if I need it."

"Being able to text and call, knowing that he will be there and listen. He recognises the burden that is there for me too, and asks how I'm doing!" (Family member)

Feedback about Leisure and Pleasure activities that took place in previous years was very positive, stating how welcoming the activities were, and how they were made to feel at home. It is hoped to resume these as and when the situation allows

The Future

Within the next year, we will have a greater income and can therefore expand our service both to more people and more activities. We need to recruit more community volunteers and we are looking for people able to help and ensure our community is strong and thriving.

I want to thank the Trustees of Nottingham JCare and in particular the finance subcommittee of Ernest Kochmann, treasurer, Tony Hillary and Kevan Liebling who between them have handled the sale of the assets of NHJA and the reinvestment of the funds to ensure the income and long-term future of this unique Nottingham project.

My thanks to Catherine Strauss who has monitored all of the referrals and chaired the subcommittee that commissions the service from Improving Lives and Dara Lee Coppel who, together with Catherine have undertaken a 3 monthly review of the service to ensure that it is meeting its contracted activity and quality.

I also want to thank the Trustees who have kept the social activities running until we were forced to stop and who have then organised the gifts.

Finally, I want to thank the staff of Improving Lives who have all gone over and above the contracted work to ensure that the service is seamless, especially Judith, Josh and Guy as well as Victoria, Kerry and Jenny.

Lastly can I make a plea for you to come forward to help us, either as volunteers to keep in touch with individual members of the community or as we come out of lockdown arrange social activities.

If you would like to know more about our work and are able to help, please contact Catherine Strauss catherine@capatex.com mob 0780 1964769

Wishing you all a very happy and healthy new year.

.....
Mike Harris
Chair of Trustees of Nottingham JCare
mikejharris48@gmail.com mob 07802 637123

The current trustees are:- Mike Harris, chair, Dara Lee Coppel, deputy chair, Angela Donen, secretary, Ernest Kochmann treasurer, Catherine Strauss, Chair of the commissioning subcommittee, Tony Hillary, Kevan Liebling, Paula Scott, Natalie Bogod, Leon Polnay, Adrienne Lee. We have recently been joined by Neil Pike.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NOTTINGHAM J CARE

Opinion

We have audited the financial statements of Nottingham J Care (the 'charity') for the year ended 31 December 2020 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 December 2020 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
NOTTINGHAM J CARE**

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

-Enquiring of trustees of any known or suspected instances of fraud, as well as considering trustees' assessment of the susceptibility of the financial statements to fraud.

- Reviewing the financial statement disclosures and testing to supporting documentation to assess compliance with provisions of relevant laws and regulations described as having a direct effect on the financial statements.

- We also communicated relevant identified laws and regulations and potential fraud risks to all engagement team members, and remained alert to any indications of fraud or non-compliance with laws and regulations throughout the audit.

Our audit did not identify any key audit matters relating to the detection of irregularities including fraud. However, despite the audit being planned and concluded in accordance with ISAs (UK) there remains an unavoidable risk that material misstatements in the financial statements may not be detected owing to inherent limitations of the audit, and that by their very nature, any such instances of fraud or irregularity likely involve collusion, forgery, intentional misrepresentations, or the override of internal controls

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

for and on behalf of Haines Watts
Chartered Accountants & Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
10 Stadium Business Court
Millennium Way
Pride Park
Derby
DE24 8HP

Date: 10/8/21

NOTTINGHAM J CARE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2020

		Year Ended 31.12.20 Unrestricted fund £	Period 1.1.18 to 31.12.19 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies		82,241	1,614,712
Investment income	2	<u>37,168</u>	<u>-</u>
Total		119,409	1,614,712
EXPENDITURE ON			
Charitable activities			
Charitable Activities		80,882	110,461
Other		<u>4,625</u>	<u>2,085</u>
Total		85,507	112,546
Net gains on investments		<u>85,261</u>	<u>9,986</u>
NET INCOME		119,163	1,512,152
RECONCILIATION OF FUNDS			
Total funds brought forward		<u>1,512,152</u>	<u>-</u>
TOTAL FUNDS CARRIED FORWARD		<u>1,631,315</u>	<u>1,512,152</u>

The notes form part of these financial statements

NOTTINGHAM J CARE

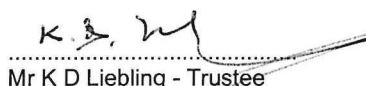
BALANCE SHEET 31 DECEMBER 2020

	Notes	2020 Unrestricted fund £	2019 Total funds £
FIXED ASSETS			
Investments	6	1,632,415	1,509,986
CURRENT ASSETS			
Cash at bank		700	3,966
CREDITORS			
Amounts falling due within one year	7	(1,800)	(1,800)
NET CURRENT ASSETS		<u>(1,100)</u>	<u>2,166</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>1,631,315</u>	<u>1,512,152</u>
NET ASSETS		<u>1,631,315</u>	<u>1,512,152</u>
FUNDS	8		
Unrestricted funds		<u>1,631,315</u>	<u>1,512,152</u>
TOTAL FUNDS		<u>1,631,315</u>	<u>1,512,152</u>

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:


Mr E Kochmann - Trustee


Mr K D Liebling - Trustee

The notes form part of these financial statements

NOTTINGHAM J CARE

CASH FLOW STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2020

	Notes	Year Ended 31.12.20 £	Period 1.1.18 to 31.12.19 £
Cash flows from operating activities			
Cash generated from operations	1	<u>33,902</u>	<u>1,503,966</u>
Net cash provided by operating activities		<u>33,902</u>	<u>1,503,966</u>
Cash flows from investing activities			
Purchase of fixed asset investments		<u>(37,168)</u>	<u>(1,500,000)</u>
Net cash used in investing activities		<u>(37,168)</u>	<u>(1,500,000)</u>
		<hr/>	<hr/>
Change in cash and cash equivalents in the reporting period		(3,266)	3,966
Cash and cash equivalents at the beginning of the reporting period		<u>3,966</u>	<u>-</u>
Cash and cash equivalents at the end of the reporting period		<u><u>700</u></u>	<u><u>3,966</u></u>

The notes form part of these financial statements

NOTTINGHAM J CARE

NOTES TO THE CASH FLOW STATEMENT FOR THE YEAR ENDED 31 DECEMBER 2020

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Year Ended 31.12.20 £	Period 1.1.18 to 31.12.19 £
Net income for the reporting period (as per the Statement of Financial Activities)	119,163	1,512,152
Adjustments for:		
Gain on investments	(85,261)	(9,986)
Increase in creditors	-	1,800
Net cash provided by operations	<u>33,902</u>	<u>1,503,966</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.1.20 £	Cash flow £	At 31.12.20 £
Net cash			
Cash at bank	<u>3,966</u>	<u>(3,266)</u>	<u>700</u>
	<u>3,966</u>	<u>(3,266)</u>	<u>700</u>
Total	<u>3,966</u>	<u>(3,266)</u>	<u>700</u>

NOTTINGHAM J CARE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Nottingham J Care is a charitable incorporated organisation registered with the Charity Commission in England & Wales. The office address is 11A Breckhill Road, Woodthorpe, Nottingham, NG5 4GP.

The charity constitutes a public benefit entity as defined by FRS102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS102), issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102), the Charities Act 2011 and UK Generally Accepted Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention modified to include certain items at fair value. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

The financial statements are presented in sterling which is the functional currency of the charity.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Listed investments

Listed investments are included in the balance sheet at their market value and realised and unrealised gains and losses are shown net in the statement of financial activities.

continued...

NOTTINGHAM J CARE

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2020

2. INVESTMENT INCOME

	Year Ended 31.12.20 £	Period 1.1.18 to 31.12.19 £
Investment income	<u>37,168</u>	<u>-</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	Year Ended 31.12.20 £	Period 1.1.18 to 31.12.19 £
Auditors' remuneration	<u>1,800</u>	<u>1,800</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2020 nor for the period ended 31 December 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2020 nor for the period ended 31 December 2019.

There were no other related party transactions to disclose.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £
INCOME AND ENDOWMENTS FROM	
Donations and legacies	1,614,712
EXPENDITURE ON	
Charitable activities	
Charitable Activities	110,461
Other	<u>2,085</u>
Total	112,546
Net gains on investments	<u>9,986</u>
NET INCOME	<u>1,512,152</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>1,512,152</u></u>

continued...

NOTTINGHAM J CARE

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2020

6. FIXED ASSET INVESTMENTS

	Listed investments £
MARKET VALUE	
At 1 January 2020	1,509,986
Additions	37,168
Revaluations	<u>85,261</u>
At 31 December 2020	<u>1,632,415</u>
NET BOOK VALUE	
At 31 December 2020	<u>1,632,415</u>
At 31 December 2019	<u>1,509,986</u>

There were no investment assets outside the UK.

If listed investments had not been revalued they would have been included at the following historical cost:

	2020 £
Cost as at 2019	1,500,000
Additions	<u>37,168</u>
Cost as at 2020	1,537,168

Other Investments

The charity has a managed investment portfolio, at the year end the asset allocation was as follows:

	£
Fixed income	219,239
Equities	1,150,561
Property	40,954
Alternative investments	130,820
Liquid assets	<u>90,842</u>
Total	1,632,415

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Accruals and deferred income	<u>1,800</u>	<u>1,800</u>

continued...

NOTTINGHAM J CARE

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2020

8. MOVEMENT IN FUNDS

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General fund	1,512,152	119,163	1,631,315
TOTAL FUNDS	<u>1,512,152</u>	<u>119,163</u>	<u>1,631,315</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	119,409	(85,507)	85,261	119,163
TOTAL FUNDS	<u>119,409</u>	<u>(85,507)</u>	<u>85,261</u>	<u>119,163</u>

Comparatives for movement in funds

	Net movement in funds £	At 31.12.19 £
Unrestricted funds		
General fund	1,512,152	1,512,152
TOTAL FUNDS	<u>1,512,152</u>	<u>1,512,152</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	1,614,712	(112,546)	9,986	1,512,152
TOTAL FUNDS	<u>1,614,712</u>	<u>(112,546)</u>	<u>9,986</u>	<u>1,512,152</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2020.

NOTTINGHAM J CARE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 DECEMBER 2020

	Year Ended 31.12.20 £	Period 1.1.18 to 31.12.19 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	81,000	1,614,562
Donations	<u>1,241</u>	<u>150</u>
	82,241	1,614,712
Investment income		
Investment income	<u>37,168</u>	<u>-</u>
Total incoming resources	119,409	1,614,712
EXPENDITURE		
Charitable activities		
Care fees support	80,882	110,461
Support costs		
Management		
Insurance	1,213	-
Repairs and renewals	<u>520</u>	<u>-</u>
	1,733	-
Finance		
Sundries	1,092	255
Bank charges	<u>-</u>	<u>30</u>
	1,092	285
Governance costs		
Auditors' remuneration	<u>1,800</u>	<u>1,800</u>
Total resources expended	<u>85,507</u>	<u>112,546</u>
Net income before gains and losses	33,902	1,502,166
Realised recognised gains and losses		
Realised gains/(losses) on fixed asset investments	<u>85,261</u>	<u>9,986</u>
Net income	<u>119,163</u>	<u>1,512,152</u>

NOTTINGHAM J CARE

APPENDIX TO THE CHAIR OF THE TRUSTEES REPORT FOR THE YEAR ENDED 31 DECEMBER 2020

In the year April 2020 to March 31st 2021 64 service users were engaged with the project. 71% were women, 57% were aged 81 or older and 12% were under 50. The majority of service users experienced some form of physical health issue, and around half were identified as being socially isolated. Relatively smaller numbers needed support in relation to mental health, financial issues or housing. Over the last year, as a result of the pandemic, service users support needs changed considerably. Many found their normal support networks disappearing, leaving them much more isolated and vulnerable

There were 7 new referrals, all screened by one of the JCare trustees and then referred to the team at Improving Lives

One-to-one support provided

Over the last year, the types of support provided by the project included:

Social and emotional support

- Social contact through regular home visits, aimed at reducing isolation
- Emotional support, helping service users to share their worries with someone who is independent
- Keeping service users informed about the pandemic

Promoting independence

- Helping service users to maintain independence and stay in their own homes, including addressing financial issues, dealing with paperwork and household bills, accessing home repairs and safety adaptations.
- Helping service users to meet basic needs, e.g. food shopping and organising meal deliveries

Engaging with services

- Helping service users attend appointments, particularly in relation to community and hospital healthcare services
- Helping service users to engage with external services, including raising awareness of the support available, making referrals and advocating on the service user's behalf

In addition, the staff team provided a considerable amount of support to service users' families and friends, particularly those with carer responsibilities. In some cases, family members live very far away, such that the project played an invaluable role in assessing service users' support needs and relaying this to family members. Providing this range of support ensures a holistic, and highly tailored service, meeting diverse individual support needs. However, this broad approach also presented some challenges in defining the boundaries of the project, particularly in light of varying expectations from service users.

Impact of the pandemic

The pandemic also had a considerable impact on the project over the last year. The team moved to remote working where possible, communicating with service users in whatever ways were possible. Some face-to-face support was, however, sustained where service users were particularly vulnerable. Additional support was required to help service users meet their basic needs and this was intensely time-consuming. Sustaining this level of activity may not be realistic once social distancing constraints are lifted and widespread home visiting restarts. Over the last year it has not been possible to run any L&P group activities. Efforts were made to run a group via Zoom but this was found not to work for this client group.

In order to measure the impact of the service we commissioned and independent consultant Anne-Marie Ainger to undertake the evaluation.

NOTTINGHAM J CARE

APPENDIX TO THE CHAIR OF THE TRUSTEES REPORT FOR THE YEAR ENDED 31 DECEMBER 2020

Stakeholder feedback

Stakeholders are pleased and impressed with the way the service has been developed and delivered, noting that it has not only met, but exceeded, expectations. They particularly note the professionalism of the project, which is both responsive and genuinely collaborative with its Commissioner, external professionals and the community it serves. Stakeholders particularly value the speed of the referrals process and how effective the staff team is at assessing support needs. The fact that the service offers long term support, and the ready availability of the staff team, were particularly noted. In the service user survey, 92% of respondents strongly agreed or agreed that they would recommend the service.

Stakeholders expressed glowing praise for the staff team, noting how helpful, professional and caring they are. The ability of the team to balance warmth with professionalism, offering expert knowledge and advice whilst allowing the service user to remain in control, was noted. Through the survey, service users reported universal agreement that support workers listened to them, are reliable, and treat service users with respect.

Service users were grateful for the range of different ways that they have been supported to meet the challenges of the last year, recognising the critical role the service has played, particularly where other services, such as Social Care, were unable to make home visits. External professionals reported a strong sense of reliance upon the project over the last year to meet service users' basic needs and maintain communication with vulnerable people.

Perceptions of support provided

Service users speak very highly of the support received. There is a strong sense that people will be looked after, whatever their support needs are. The availability of the staff team was particularly noted in this regard, especially in response to an emergency or urgent need. The value of long term support was also noted, a key component in allowing the support to match individual service users' needs, and working at a pace that suits them. As one service user stated, *"You gradually change, and things happen that make you think you need more help."*

Stakeholders noted how well staff team members know their service users, their particular likes and dislikes, their individual circumstances and support needs. As a result, staff members are able to pre-empt support needs, for example, recognising if important items are missing from a shopping list, and knowing the best way to introduce a new idea.

Family members expressed gratitude for the support they have received, noting how much it had helped having someone to talk to. They value the ability to have open and frank conversations about their loved ones and their support needs with someone who is independent and who can give an honest, informed opinion. Family members report using staff members as a confidant, sounding board and adviser when making difficult decisions. The importance of this role was all the more acute during the pandemic.

It should be noted that some service users reported a lack of clarity about what the project does. It is understood that an information leaflet was developed at the launch of the service, but that this needs to be updated. Stakeholders also noted they had looked for, but been unable to find, information about the service online.

With the introduction of new staff members, this would be an ideal time to refresh the information leaflet about the project. It is recommended that the staff team and Nottingham JCare trustees discuss the best way to complete this task. Once updated, it is recommended that the new leaflet be widely shared.

Comments include:

"The team are extremely generous, they never let anyone down. Once someone is on their books they are so professional and conscientious. They will always look after them."

"They will consider anything that is asked and do whatever is reasonable."

"All I have to do is make a shopping list. (My support worker) knows exactly what I like and what I need. If I've missed something off the list she'll call me to check if I need it."

"(They have) such a good relationship. Being able to text and call, knowing that (the support worker) will be there and listen. She recognises the burden that is there for me too, and asks how I'm doing!" (Family member)

NOTTINGHAM J CARE

APPENDIX TO THE CHAIR OF THE TRUSTEES REPORT FOR THE YEAR ENDED 31 DECEMBER 2020

Response to the pandemic

Stakeholders offer high praise as to how the project responded to the pandemic. As one stakeholder noted, *"They responded magnificently, always so positive and very generous with their time. They will always go the extra mile."*

Service users were grateful for the range of different ways that they have been supported to meet the challenges of the last year. They were saddened when face-to-face contact reduced during the lockdowns but appreciated how the staff team strove to maintain contact and in ways that suited them, such as telephoning or writing letters where individuals did not have access to email or the Internet. Service users reported a clear sense of confidence that the staff team would be there for them as and when required.

As noted by one service user:

"(My support worker) has helped me with online shopping, form filling, my entitlements, pharmacy, vaccination, updates on Covid rules, etc. I can call him when I have a problem and he will respond asap. I feel confident I will receive further support from Nottingham JCare should my situation deteriorate."

Stakeholders recognised the critical role that the service has played, particularly where other services, such as Social Care, were unable to make home visits. External professionals reported a strong sense of reliance upon the project over the last year to meet service users' basic needs and maintain channels of communication with vulnerable people. One individual described the staff team as a *"go-between element"*, able to stay in touch with individuals and relay appropriate information to Social Care practitioners as required. They noted that, without this role, service users may not be willing to engage with them, one stakeholder noting, *"It would be difficult for anyone to speak to someone that they've never met before."*

The only negative comment reported was a lack of perceived contact from the wider Community. Some service users noted that they would have liked a regular phone call or check-in from the Community at large.

Feedback about the L&P groups

Service users provided some comments about L&P groups that took place in previous years. The feedback was very positive stating how welcoming the activities were, and how they were made to feel at home. One service user stressed how much she enjoyed hearing other people's stories in the groups, including those who had a different life journey from herself.

The project may wish to seek funding to run an oral histories project, with a view to capturing the diverse and unique life stories of members of the project and the Nottingham Jewish Community at large. It is proposed that the purpose of this activity be to recognise and celebrate the community's living history and culture for the benefit of current and future generations

Impacts and outcomes

A wide range of outcomes were reported by service users. This was centred on reduced isolation and strengthened wellbeing, feeling safer, greater independence and autonomy, being better able to meet basic needs, strengthened social support networks, improved financial circumstances, and increased access to healthcare services. Key impacts are summarised in the diagram below:

