



Trustees' Annual Report for the period

	Period start date				Period end date		
From	Day 06	Month 04	Year 2024	To	Day 05	Month 04	Year 2025

Section A Reference and administration details

Charity name	RIDING FOR THE DISABLED - EXETER GROUP
Other names charity is known by	EXETER RDA
Registered charity number (if any)	1180573
Charity's principal address	GULLIFORD HOUSE MAMHEAD EXETER EX6 8HH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Robert Gaiger	Chairman		
2	Clive Richards	Treasurer		
3	Eleanor Kerr	Secretary		
4	Caroline Steggles			
5	Helen Yazhekov			
6	Kristen Birt			
7	Stephanie Shanahan			
8	Clare Stubbins			
9	Catherine Rowlands			
10	Helen Edwards			
11	Camilla Melksham			
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	We are a Charitable Incorporated Organisation (CIO) registered with the Charity Commission No: 1180573 dated 5 November 2018.
Trustee selection methods (eg. appointed by, elected by)	Trustees are elected through nomination by the voting members of the group at the AGM. Specific posts include Chairman, Treasurer and Secretary.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Exeter RDA works with the parent organisation RDA UK (Charity No. 244108).

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects for which the charity is established are to promote the objects of the Riding for the Disabled Association incorporating Carriage Driving, a charity registered under charity number 244108 ("RDA"), by providing disabled children in the Exeter area with the opportunity to ride to benefit their health and well-being.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Weekly horse riding sessions are provided specifically for children with disabilities in order for them to gain therapeutic benefit and have the opportunity to achieve.

The Group works with children with a range of disabilities and reasons for taking part. The Group provides specialist tuition, training and support for people with disabilities to ride and take part in non-riding, equestrian-related activities. Without our support, most of our participants would be unable to take part in these activities.

The core purpose of the charity is to benefit the health and well-being of children with disabilities through the delivery of effective and life enhancing therapy, the opportunity to learn new skills and achieve personal goals and ambitions and the chance to enjoy taking part in a social activity that promotes general well-being.

We have complied with our duty to have due regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

We would like to thank our large group of extremely dedicated volunteers, without whom we would not be able to operate as we do.

Summary of the main achievements of the charity during the year

We cater for young riders with a wide range of physical and mental disabilities, principally autism and cerebral palsy but also including deafness, learning disabilities, developmental delay and Down's syndrome.

There are very few opportunities in the area we serve for children with disabilities to learn to ride within a supportive, RDA-approved environment, taught by RDA qualified instructors.

During the course of 2024/25 we ran groundwork sessions for those children who don't wish to ride but would benefit from becoming more familiar with ponies through grooming sessions.

We have also run "Tea with a Pony" sessions, a new meaningful activity to help those living with dementia and other long term conditions. RDA created Tea With a Pony in response to the growing number of people living with dementia, for whom horse-riding may not be suitable but who might be helped by some other form of animal-assisted activity involving horses.

Section E

Financial review

Brief statement of the charity's policy on reserves

It is our aim to have sufficient balance of unrestricted funds that equates to a total of about three years running costs.

Details of any funds materially in deficit

None.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Our principal source of funds is from donations and fundraising.

Total receipts on unrestricted funds were £4,289 and the main source of income continues to be from donations.

The funds are used to hire horses and ponies which support the key objectives of the charity to provide therapeutic riding sessions for disabled children.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

ROBERT GAIGER	CLIVE RICHARDS
CHAIRMAN	TREASURER

16 January 2026



Receipts and payments accounts

CC16a

For the period
from

Period start date
06.04.24

To

Period end date
05.04.25

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
DONATIONS	4,289	-	-	4,289	-
INTEREST	434	-	-	434	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	4,723	-	-	4,723	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,723	-	-	4,723	-
A3 Payments					
HIRE OF HORSES AND RELATED CHARITABLE ACTIVITIES	3,850	-	-	3,850	-
BANK CHARGES	60	-	-	60	-
INSURANCE	441	-	-	441	-
TRAINING COURSES	-	-	-	-	-
DBS CHECKS	122	-	-	122	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	4,473	-	-	4,473	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,473	-	-	4,473	-
Net of receipts/(payments)	250	-	-	250	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	22,086	-	-	22,086	-
Cash funds this year end	22,336	-	-	22,336	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Total of Bank Balances	22,336	-	-
		-	-	-
		-	-	-
	Total cash funds	22,336	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £

B2 Other monetary assets

	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
CLIVE RICHARDS	TREASURER	08.07.25
ROBERT GAIGER	CHAIRMAN	08.07.25