



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 06.04.22 To 05.04.23

Charity name: RIDING FOR THE DISABLED - EXETER GROUP

Charity registration number: 1180573

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects for which the charity is established are to promote the objects of the Riding for the Disabled Association incorporating Carriage Driving a charity registered under charity number 244108 ("RDA") by providing disabled children with the opportunity to ride to benefit their health and well-being in the Exeter area.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Weekly horse riding sessions are provided specifically for children with disabilities in order for them to gain therapeutic benefit and have the opportunity to achieve.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The Group works with children with a range of disabilities and reasons for taking part. The Group provides specialist tuition, training and support for people with disabilities to ride and take part in non-riding, equestrian-related activities. Without our support, most of our participants would be unable to take part in these activities.</p> <p>The core purpose of the charity is to benefit the health and well-being of children with disabilities through the delivery of effective and life enhancing therapy, the opportunity to learn new skills and achieve personal goals and ambitions and the chance to enjoy taking part in a social activity that promotes general well-being.</p> <p>We have complied with our duty to have due regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	We would like to thank our large group of extremely dedicated volunteers, without whom we would not be able to operate as we do.
Other		Not applicable.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We cater for young riders with a wide range of physical and mental disabilities, principally autism and cerebral palsy but also including deafness, learning disabilities, developmental delay and Down's syndrome.</p> <p>There are very few opportunities in the area we serve for children with disabilities to learn to ride within a supportive, RDA-approved environment, taught by RDA qualified instructors.</p> <p>During the course of 2023 we have introduced groundwork sessions for those children who don't wish to ride but would benefit from becoming more familiar with ponies through grooming sessions. We have also introduced "Tea with a Pony" sessions, a new meaningful activity to help those living with dementia and other long term conditions. RDA created Tea With a Pony in response to the growing number of people living with dementia, for whom horse-riding may not be suitable but who might be helped by some other form of animal-assisted activity involving horses.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Not applicable.
Performance of fundraising activities against objectives set	Para 1.41	Not applicable.
Investment performance against objectives	Para 1.41	Not applicable.
Other		Not applicable.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Total receipts on unrestricted funds were £9,157 and the main source of income continues to be from donations.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	It is our aim to have sufficient balance of unrestricted funds which equates to a total of about three years running costs.
Amount of reserves held	Para 1.22	£18,651
Reasons for holding zero reserves	Para 1.22	Not applicable.
Details of fund materially in deficit	Para 1.24	Not applicable.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Not applicable.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our principal source of funds is from donations.
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable.
A description of the principal risks facing the charity	Para 1.46	Not applicable.
Other		Not applicable.

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	We are a Charitable Incorporated Organisation (CIO) registered with the Charities Commission No: 1180573 dated 6 November 2018.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are elected through nomination by the voting members of the group at the AGM. Specific posts include Chairman, Treasurer and Secretary.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Not applicable.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Not applicable.
Relationship with any related parties	Para 1.51	Not applicable.
Other		Not applicable.

Reference and Administrative details

Charity name	Riding for the Disabled – Exeter Group
Other name the charity uses	Not applicable.
Registered charity number	1180573
Charity's principal address	Gulliford House Mamhead Exeter Devon EX6 8HH

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Robert Gaiger	Chairman		
2	Clive Richards	Treasurer		
3	Rebecca Wilkins	Secretary		
4	Jessica Williams			
5	Eleanor Kerr			
6	Helen Yazhecov			
7	Kristen Birt			
8	Clare Stubbins			
9	Caroline Steggles			
10	Stephanie Shanahan			
11	Camilla Melksham			
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
NONE		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
NONE		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NONE
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable.
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable.

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Not applicable.

Exemptions from disclosure

Reason for non-disclosure of key personnel details

Not applicable.

Other optional information

None

Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)		
Full name(s)	ROBERT GAIGER	CLIVE RICHARDS
Position (eg Secretary, Chair, etc)	CHAIRMAN	TREASURER
Date	05 January 2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
RIDING FOR THE DISABLED - EXETER GROUP

No (if any)
1180573

CC16a

Receipts and payments accounts

For the period from	Period start date 06.04.22	To	Period end date 05.04.23
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
DONATIONS	10,458	-	-	10,458	-
INTEREST	3	-	-	3	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	10,461	-	-	10,461	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	10,461	-	-	10,461	-
A3 Payments					
HIRE OF HORSES AND RELATED CHARITABLE ACTIVITIES	4,556	-	-	4,556	-
BANK CHARGES	193	-	-	193	-
INSURANCE	400	-	-	400	-
TRAINING COURSES	95	-	-	95	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	5,244	-	-	5,244	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5,244	-	-	5,244	-
Net of receipts/(payments)	5,217	-	-	5,217	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	13,434	-	-	13,434	-
Cash funds this year end	18,651	-	-	18,651	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	BANK	18,651	-	-
		-	-	-
		-	-	-
	Total cash funds	18,651	-	-

(agree balances with receipts and payments account(s))

OK

OK

OK

B2 Other monetary assets

Details

Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-
-	-	-

B3 Investment assets

Details

Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-
	-	-
	-	-
	-	-
	-	-

B4 Assets retained for the charity's own use

Details

Fund to which asset belongs	Cost (optional)	Current value (optional)
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-
	-	-

B5 Liabilities

Details

Fund to which liability relates	Amount due (optional)	When due (optional)
	-	
	-	
	-	
	-	
	-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

CLIVE RICHARDS

TREASURER

04.07.2023

ROBERT GAIGER

CHAIRMAN

04.07.2023