

## **MAFFKAM MEDICARE**

A CHARITABLE INCORPORATED ORGANISATION (CIO)  
TRUSTEES' REPORT  
AND  
FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31 DECEMBER 2024

# **MAFFKAM MEDICARE**

## **LEGAL AND ADMINISTRATIVE INFORMATION**

**FOR THE YEAR ENDED 31 DECEMBER 2024**

**Trustees**

Eunice Davies-Ogunsanya  
Sakirat Braimoh  
Racheal Oluwatoyin Odetayo  
Sabaina Abel Conteh

**Charity Number**

1180567

**Registered Office**

174 GIPSY ROAD  
WELLING  
DA16 1JQ

# **MAFFKAM MEDICARE**

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# **MAFFKAM MEDICARE**

## **TRUSTEES' REPORT**

### **FOR THE YEAR ENDED 31 DECEMBER 2024**

The trustees present their annual report and financial statements for the year ended 31 December 2024.

#### **About Us**

Maffkam Medicare is a community-focused charitable organisation dedicated to promoting health, wellbeing, and social inclusion among vulnerable individuals and communities across London.

Founded and funded by Mrs Mary Kamara, a retired NHS Midwife, Maffkam Medicare operates under the guidance of a committed team of professionals, including registered managers, nurses, and support workers. Together, we aim to bridge the gap between healthcare and community support through education, advocacy, and direct outreach services.

#### **Our Mission**

Our mission is to enhance the health and wellbeing of individuals by providing accessible health education, delivering direct community outreach, and supporting those experiencing social or economic disadvantage. We believe that everyone deserves access to health information, essential support, and the dignity of care—regardless of their circumstances.

#### **Areas of Operation**

During 2024, Maffkam Medicare continued to deliver its programmes and outreach across five London boroughs:

- Bexley
- Hackney
- Newham
- Thurrock
- Waltham Forest

#### **Key Activities and Achievements**

##### **Health Education and Outreach Programmes**

Throughout the year, Maffkam Medicare reached over 400 individuals through community-based health education and advocacy initiatives. These sessions focused on improving awareness of key health issues, encouraging preventative health behaviours, and signposting individuals to appropriate support and healthcare services.

##### **Feeding the Homeless and Vulnerable**

Our weekly feeding programme, held every Tuesday from 7pm to 8pm at the Bootstrap Charity Building, 18 Ashwin Street, London E8 3DL, provided hot meals and compassionate support to more than 50 homeless and vulnerable people each week.

This initiative offered not only nourishment but also companionship, a sense of dignity, and connection to wider support networks.

##### **Community Support Hub - Walthamstow**

Our Community Support Hub and Charity Shop, located at Ground Floor, 112 Markhouse Road, Walthamstow, London E17 8GB, continued to operate as a vital community wellbeing centre.

Services delivered from the hub include:

- Health education and wellbeing sessions
- Shower and hygiene facilities
- Access to clothing and food support
- Community engagement and social inclusion activities

The hub provides a safe and supportive environment for individuals in need, promoting dignity, personal development, and social inclusion.

#### **Our Impact**

In 2024, Maffkam Medicare strengthened its community presence and deepened its impact across London. Our work provided immediate relief for those experiencing homelessness and hardship, while our ongoing educational and advocacy initiatives promoted long-term improvements in health awareness and wellbeing.

The positive feedback and growing participation in our programmes demonstrate the vital role our charity plays in supporting vulnerable populations and fostering healthier, more inclusive communities.

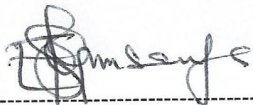
### **Acknowledgements**

The Trustees wish to extend heartfelt gratitude to Mrs Mary Kamara, our Founder and principal Funder, for her enduring dedication and generosity.

We also thank our Trustees, healthcare professionals, volunteers, and community partners for their ongoing commitment, compassion, and contribution to our mission.

Together, we remain committed to building a fairer, healthier, and more inclusive society for all.

This report was approved by the trustees and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Eunice Davies-Ogunsanya', is written over a horizontal dashed line.

**Eunice Davies-Ogunsanya**  
**Trustees**

Date : **09 January 2026**

# MAFFKAM MEDICARE

## STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 DECEMBER 2024

Recommended categories by activity	Notes	Unrestricted funds £	Total Funds 2024 £	Total Funds 2023 £
<b>Income and endowments from:</b>				
Donations and legacies	2	19,977.00	19,977.00	200.00
<b>Total</b>		<b>19,977.00</b>	<b>19,977.00</b>	<b>200.00</b>
<b>Expenditure on:</b>				
Raising funds	3	1,476.00	1,476.00	-
Charitable activities	4	16,265.00	16,265.00	300.00
<b>Total</b>		<b>17,741.00</b>	<b>17,741.00</b>	<b>300.00</b>
<b>Net income/(expenditure)</b>		<b>2,236.00</b>	<b>2,236.00</b>	<b>(100.00)</b>
<b>Net movement in funds</b>		<b>2,236.00</b>	<b>2,236.00</b>	<b>(100.00)</b>
<b>Reconciliation of funds:</b>				
Total funds brought forward		19.00	19.00	119.00
<b>Total funds carried forward</b>		<b>2,255.00</b>	<b>2,255.00</b>	<b>19.00</b>

## MAFFKAM MEDICARE

### BALANCE SHEET

FOR THE YEAR ENDED 31 DECEMBER 2024

Recommended categories by activity	Notes	Total Funds 2024 £	Total Funds 2023 £
Current assets			
Cash at bank and in hand	6	2,755.00	19.00
<b>Total current assets</b>		<b>2,755.00</b>	<b>19.00</b>
Creditors: amounts falling due within one year	7	500.00	-
<b>Net current assets/(liabilities)</b>		<b>2,255.00</b>	<b>19.00</b>
<b>Total net assets</b>		<b>2,255.00</b>	<b>19.00</b>
<b>Funds of the Charity</b>			
Unrestricted funds	8	2,255.00	19.00
Restricted funds	8	-	-
Endowment funds	8	-	-
<b>Total funds</b>		<b>2,255.00</b>	<b>19.00</b>

The financial statements were approved by the trustees on 09 January 2026 and signed on its behalf by:

**Eunice Davies-Ogunsanya**  
Trustees

Date : 09 January 2026

# MAFFKAM MEDICARE

## NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2024

### 1. Accounting Policies

The principal accounting policies adopted by the Charity, which is a public benefit entity, in the preparation of the accounts are as follows.

#### 1.1 Basis of preparation

These accounts have been prepared under the historical cost convention, as modified by the inclusion of charitable properties and fixed asset investments and investment properties at valuation.

These accounts have been prepared in accordance with “Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)” (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

These accounts are presented in pounds sterling and rounded to the nearest pound.

#### 1.2 Going concern

The Trustees have prepared financial projections, taking into consideration the current economic conditions and have, at the time of approving these accounts, a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus they continue to adopt the going concern basis of accounting in preparing the accounts.

### 2. Income from Donations and Legacies

Analysis	Unrestricted funds	Total funds 2024	Total funds 2023
	£	£	£
Donation and gifts	19,977.00	19,977.00	200.00
<b>Total</b>	<b>19,977.00</b>	<b>19,977.00</b>	<b>200.00</b>

### 3. Expenditure on Raising Funds

Analysis	Unrestricted funds	Total funds 2024
	£	£
Rent collection, property repairs and maintenance charges	1,476.00	1,476.00
<b>Total</b>	<b>1,476.00</b>	<b>1,476.00</b>
Support Costs	-	-
	<b>1,476.00</b>	<b>1,476.00</b>

### 4. Expenditure on Charitable Activities

Analysis	Unrestricted funds	Total funds 2024	Total funds 2023
	£	£	£
Charity management & administration	385.00	385.00	300.00
Cost of services	14,450.00	14,450.00	-
Printing and stationery	930.00	930.00	-
<b>Total</b>	<b>15,765.00</b>	<b>15,765.00</b>	<b>300.00</b>
Support Costs	500.00	500.00	-
	<b>16,265.00</b>	<b>16,265.00</b>	<b>300.00</b>



## 5. Support Costs

	Total funds 2024
Analysis	£
Support Costs	
Governance Costs	
Accountants fees	500.00
	<u>500.00</u>

## 6. Cash at bank and in hand

	Total funds 2024	Total funds 2023
	£	£
Cash at bank and in hand	2,755.00	19.00
Total	<u>2,755.00</u>	<u>19.00</u>

## 7. Creditors: Amounts falling due within one year

	Total funds 2024
	£
Other creditors	500.00
Total	<u>500.00</u>

## 8. Charity funds

### 8.1 Details of material funds held and movements during the CURRENT reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
	£	£	£	£	£	£
Unrestricted funds						
	<u>19.00</u>	<u>19,977.00</u>	<u>17,741.00</u>	<u>-</u>	<u>-</u>	<u>2,255.00</u>

### 8.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund names	Fund balances brought forward	Income	Expenditure	Transfers	Gains and losses	Fund balances carried forward
	£	£	£	£	£	£
Unrestricted funds						
	<u>119.00</u>	<u>200.00</u>	<u>300.00</u>	<u>-</u>	<u>-</u>	<u>19.00</u>